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40 Years*

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Assisted Dying Mary Valentich



Mary Valentich, our guest speaker, was introduced by President David. She presented her topic of "Assisted Dying" by describing the journey of one early participant, who helped to move our government along the path of developing a coherent road for candidates to follow in their search of relief from intolerable life conditions.

Mary developed the case of Hannah Shaeffer who approached her in search of "assisted dying" protocols available in 2014. Her patient/client had significant knowledge of death and dying from her life experiences. When she herself began to develop signs of ALS (Lou Gehrig's disease / Amyotrophic Lateral Sclerosis), and concomitant signs of lymphatic leukemia, she felt

in need of Physician Assisted Dying. At the time she began her search, there was no availability in Canada except in Quebec.

We were given a précis of Hannah's disease history and what led her to going through the courts. The Supreme Court gave the government a limited amount of time to draft and pass legislation enabling citizens to obtain sanctioned "physician assisted death" (this is normally inhibited by the Criminal Code listing of such practices).

The legislation was in place in time to facilitate Hannah's case, but only because the Alberta government managed to get the appropriate mechanisms in place promptly. In fact Hannah's death occurred in B.C. and was somewhat complicated by the need for *cont'd on page 4*

Calgary Mosquito Society Richard de Boer

Richard de Boer, our guest speaker, was introduced by ?Gwyneth. Richard was a sky diver at age 17. At age 12 he biked from Elbow Park to the airport to take pictures. He was first curator of Calgary's Aero Space Museum and later formed the Calgary Mosquito Aircraft Society. They are currently owners of a de Havilland Mosquito bomber and a Hawker Hurricane fighter aircraft.

The de Havilland was designed in the late 30's, and when built, was able to fly in excess of 400 mph. As such, it could fly faster than the Spitfire and the Messerschmidt fighters. It was the safest aircraft in the second world war, because it could outrun almost all the planes of the time. It was versatile and could function at 42,000 feet. It was built in Downsview, ON from 1941 to 1945. Of the 7,781 built, some 1,184 were built in Canada.

Besides their wartime versatility as bombers, fighters, reconnaissance and utility planes, the Mosquitoes played a large part in the mapping of Canada. The Spartan Aerial mapping company began to map greater Canada in the 1950's. They initially used P38 fighters, but they were unsatisfactory and were replaced with Mosquito bombers. A group of 15 were used. The Mosquitoes did the mapping in the 30 to 35 thousand feet altitude. This involved using oxygen, by mask, and was very difficult on the pilots. However, by the time this was finished, Canada and its aerial mappers were sought after worldwide.

Richard took us through the ins and outs of developing the Aerospace Museum, and extracting \$800,000 from the city of Calgary to fund it and the restoration of the current Mosquito. The plane is now undergoing *cont'd on page 4*



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Rotary
Club of Calgary Chinook





President David was available to call the meeting to order at 12:16 pm.

Ruth Wylie kept us on key with her piano accompaniment of O Canada, followed by the Rotary Grace.

Rhea Graham introduced our guests and visitors, in the persons of



Lew Chistie (Graham Boone) and Dr. Mary Valentich, guest speaker.

The President announced a Board meeting to be held in his private sewing (serving?) room. He then told us exactly how many meetings and hours and minutes until the end of the year (June 30th, 2017).

Minute Men were called up:

- Peter Bickham reiterated the invitation to play cribbage on Saturday, April 15 at 10:00am at the Horton Road Legion. Mrs. McGillicuddy will be in attendance.



- John Charrett repeated his invitation to the Club's Youth Dinner. He proceeded to make a real sales pitch, and asked us to invite guests and visitors to join us in recognizing the great work the youth do for us and Rotary.

- Bev Tonkinson reminded us that we are hosting the SRI Lankan Rotary

exchange group. She reminded us that there were nine men and one woman in the group, and that we needed beds for them all for three days. They will be



renting a minibus, so transportation will not be a great hardship.

- George Van Schaick reported no "Sunshine News" this week.



The 50/50 draw was won by Maureen Tynan.

Sergeant at Arms was that great favourite, Ron May, back by special request. Ron began with a quiet quiz about our youth and reminded us of the Hockey Pool. Then he examined our knowledge of Vimy Ridge and its history, relevant to Canada. The Vimy Memorial's towers represent

"Peace and Justice" and are situated close to the city of Givenchy. He then explored our knowledge of the age group represented by the Canadian Army at Vimy, and by the mix of "new Canadians" in the battalions and brigades. We were also reminded of the number of Canadians who lost their lives at Vimy and in the war in total.



Mary Valentich, our guest speaker, was introduced by President David.

April Networking Night



Maternal and Child Health Month

April 25th 'Youth Dinner' evening meeting
 April 29 - 30th Parking at Spruce Meadows for the Horticultural Show — sign-up via the new system through ClubRunner — details TBA

Youth Service Month

May 2nd Dawn Rennie and Dustin Rennie — Director's Report re Club website
 May 5 - 7th DisCon 5360 "Strength in Numbers" — register at www.discon5360.ca
 @ Sheraton Red Deer Hotel
 May 9th John Hufnagel, Calgary Stampede
 May 10th Kickin' It Country — Charity Concert with Lindsay Ell in support of the UofC Inflammatory Bowel Disease Unit
 @ Ranchman's Cookhouse & Dancehall, 9615 Macleod Trail SE, doors open @ 6pm
 May 16th Dave Reid — Future Calgary Flood Concerns and Solutions
 May 23rd Julia-Maria Becker, Pembina Institute
 May 27th Year-end Celebration Dinner 6pm @ the Carriage House Inn
 May 30th Larry Albrecht — Ethics

Rotary Fellowships Month

June 3rd Grillin' and Servin' for 700! — Brain Sprint, Edworthy Park — contact Hank to sign up
 June 6th Dr. J. Silvius, Provincial Medical Director
 June 7th - 11th Parking at Spruce Meadows for "The National"
 June 10th-14th Atlanta 2017 RI Convention
 June 14 - 17th Rotary Friendship Exchange group from Sri Lanka — contact Bev Tonkinson or David Irving if you can be a host or have any questions
 June 18th Grillin' and Servin' for 500! — Tri for Evan, Elbow Valley — contact Hank to sign-up



KICKIN' IT COUNTRY



Meeting Minutes

April 18th, 2017

Scribe: Ian Burgess



President Dave, despite his announced "disposition", called us to order at precisely 12:15pm. The club responded to the playing of O Canada by Ruth Wylie with a remarkably tuneful rendition of Calixa Lavallee's old stand-by! (and President Dave responded by upgrading his disposition, visibly!)

After our meal was served, David asked Linda Colclough to introduce our guests for this meeting.

Rob Wolfson's friends, the Trudells (Rob and Pat?) were first, and then our guest speaker, Richard de Boer, was asked to stand also. The club's welcoming ditty was more full bodied than usual.

The President reminded the meeting that May 27 was set aside for our year end celebration including our 40th year anniversary.

Minute men were called up including:

- Rob Wolfson paid out the last of the hockey

cont'd on page 4

Assisted Dying

further planning, but it went off with compassion and grace despite the rough edges of the system.

As of this date, in Alberta, we currently have at least one practitioner who has assisted at 46 deaths. It appears that the services are still in demand and are not diminishing, apparently.

Mary, who is a member of CARP (Canadian Association of Retired Persons) suggested that we could write to our MLAs or MPs, or both, with respect to our thoughts on the current state of laws and rules regarding MAID (Medical Assistance in Dying) as it is known to government bureaucracies.



There were a number of questions and they were answered appropriately.

President David awarded our Polio Plus certificate, in appreciation of Mary's presentation.

Calgary Mosquito Society

restoration at the Bomber Command Museum of Canada in Nanton, where the Lancaster is being restored.

In the end Richard stated that the restoration may be the aim, but the journey there following the principles of Retain, Restore, Honour, and Educate was the principle benefit of the Mosquito project.

Within the allotted time, Richard turned the microphone over to President David who presented him with a Polio Plus certificate.

Richard remained to answer additional questions.



Photos courtesy George Van Schaick

Meeting Minutes

.... cont'd from page 3



pool money. He noted that another pool for the Stanley Cup series is up and running.

- Rob also arranged a draw for the tax receipt "Friends of Rotary" forum to the tune of \$380.
- Dave Wylie, speaking on behalf of RI's position



on youth projects, reiterated that all Rotarians working on youth projects had to have completed the three steps approved by Rotary including: a) application and references; b) abuse and harassment program (RI); and c) police check. Dave suggested that it could all be completed online (even the police check). It was suggested that this was "best practices" and Tammy said that this helped get best insurance coverage and rates.

- John Charrett reiterated that next Tuesday, an evening meeting, was our annual Youth Night with some 20 students involved. He asked us to

bring friends if we could, but reminded us that the club had to pay for the number who said they would be there. Cut off date is Friday April 21.

- Rob Wolfson spoke again and suggested that the Thursday Night Limerick Networking night was on. Rhea who is retired suggested that it was good to have some more "learned" members at these meetings.
- Rob also pointed out that our "Kickin' It Country" event starring Lindsay Ell, also had Linda Ortega as an opening act.



50/50 draw was won by Stephen Pick

Sergeant at Arms, Linda Colclough, took us on a tour through the club roster before telling us a joke, and then lowering the collection boom. Fun was had by all ... especially the club treasurer!



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KICKIN' IT COUNTRY

Our headline performer for Kickin' It Country received fantastic press across the city last week as she was highlighted in the Calgary Herald on Thursday. Excerpted below for those who did not see it or did not recognize the connection with our event.

I know the ticket price is higher than normal but our club will be supporting a fantastic medical facility which our city truly needs. The Rotary Club of Calgary Chinook will be publicly promoted and recognized for our efforts (more details to be announced). With the higher cost of the ticket, I do not expect all members to attend, but I would hope you strongly consider it, or at a minimum, pass along the details through out your family/friends/contacts. Approximately 50% of all ticket costs will generate a tax receipt ... for the other half, we have a quality entertainer and the event is going to be extremely fun. I hope you will be as proud as our committee is, and help us promote and fill this event and support the IDB Centre. Our contact there is working diligently to market and promote across the same.

Tickets available at <http://rotarychinook.ca/kickin-it-country/>

Yours in Rotary,
Robert Wolfson, Co-Chair Kickin' It Country

New beginning: Lindsay Ell takes Nashville by storm with EP, Worth the Wait

Eric Volmers, Calgary Herald April 13th

When country singer Lindsay Ell began talking with Sugarland's Kristian Bush about producing her EP, he gave her a daunting homework assignment.

He began by asking her what her favourite record was of all time. "That would be Continuum by John Mayer, it's my desert island record," says Ell, in a phone interview from her home in Nashville. "He said 'OK, perfect, I want you go record the whole thing. The only rules are you have to do it by yourself, you need to play all the instruments, you need to do it at your studio and you have two weeks.' I cleared my schedule for two weeks and from 8 am to 3 am, I was recreating my favourite record of all time. I learned so much from it. By the end of two weeks, I handed over the CD to Kristian, which we called the Continuum Project, and said 'Kristian I'm speechless. I've learned more about my guitar playing, about John Mayer's guitar playing. This record I thought I knew a lot about, I found out I didn't.'"

"I've waited, it feels like, 16 years to release my first official EP," Ell says. "It does feel like a different conversation for sure. I think within our music community I feel like I've released a group of real songs which I haven't really done before. It feels like the most honest music I've made. I'm super proud of the EP and I feel like I was able to be the most vulnerable I have ever been as a songwriter and I think the industry respects that."

For those who have followed the Calgary native's career, it may seem strange that she considers Worth the Wait to be her formal introduction to the world. Postmedia has been dutifully following her career now for more than a decade, starting with her emergence as a precociously gifted 15-year-old guitar player discovered by Randy Bachman.

Alongside other Nashville up-and-comers Jessie James Decker and Chase Bryant, Ell hosted the red carpet segment of the American Country Awards in Nashville a few weeks back. She has been featured in Billboard and Rolling Stone magazine. As early as 2014, she joined one of her heroes, Keith Urban, on stage at the Saddledome to sing We Were Us. She went on tour with both Brad Paisley and Luke Bryan. Last month, she teamed up with Melissa Etheridge to perform on Skyville Live, an online music series.

"There have been so many times over the past few years where I'm pinching myself and asking 'Is this really happening right now?'" Ell says. "It feels so surreal. Even getting to play with Melissa Etheridge, and get on stage with Keith, and play the CMA Awards with Carrie Underwood, and be on tour with Brad Paisley, it's so crazy to even say that sentence. But Nashville just lets you

see everybody else as human beings. I mean, they're amazing human beings, but they put on their pants one leg at a time, and we all have a pretty cool job."

Ell has a history of impressing impressive people, of course. The oft-told tale of her discovery in Calgary by the Guess Who's Randy Bachman has become a major part of her backstory. His guidance helped Ell develop some formidable guitar chops in the blues-rock vein. Ell's fretwork helps give Worth the Wait a distinctive edge not always apparent in country-pop, from the almost reggae lilt she gives Criminal or lyrical fingerpicking on the title track.

But Ell was determined not to have her guitar playing dominate the record.

"My favourite artists are Keith Urban and Brad Paisley and John Mayer, and all of them are incredible guitar players," says Ell. "But it is the way they write songs, the way they sing their songs, the way they play guitar, and the way they perform that makes them who they are. When I was making this EP, it was a huge thing to be able to communicate the package of who I am as an artist. For sure I'm playing guitar, absolutely. The guitar is still another limb on my body and it's a huge, important thing for me. But I wanted to make sure we also communicated that I'm first and foremost an artist who writes songs and sings them and performs them. Yes, I also play guitar on the side. But I'm first and foremost an artist."

"When you look at the greats, a.k.a. Garth Brooks and Jason Aldean and Miranda Lambert, they all have incredible songwriters writing songs for them every single day," Ell says. "In a way, it's kind of crazy not to listen to outside material to see if there's something there. However, songwriting is such an important part of my art and creating a record and message that you want your friends to hear. Songwriting is my main focus, however when we do make a record we listened to 2,000 songs because it just takes that much, especially when you are a newer artist and you don't have songwriters pitching (your songs). You need to listen to a lot of songs, but you can find really great songs. The way I look at it, the best way is to have a balance. I'm obviously going to write more of my record than I will cover other songs. But if you find special ones out there, there's nothing wrong with including them on your record."



Lindsay Ell at the 52nd Academy of Country Music Awards in Las Vegas April 2.