



## In This Issue

- 1 Speakers May 30th**  
Christian Farrier and Larry Albrecht  
'Ethics in Health Care'
  
- Speaker June 6th  
Dr. James Silvius  
'Medical Assistance in Dying'
  
- 2 Meeting Minutes May 30th**  
  
Meeting Minutes June 6th
  
- 3 Fairview Mentoring Highlights**
  
- 4 Rotary International Convention**
  
- 5 What's Up !!**  
  
Meeting Minutes June 6th cont'd  
  
Ron Southern Scholarships
  
- 6 White Hatting the RFE Sri Lankans**  
  
Our Arch Supporters ... THANK YOU !!

## 2016-2017 Officers and Directors

Alex Soutar, President  
George Kimura, President Elect  
David Wartman, Past President  
Paul Gaudet, Secretary  
Al Holt, Treasurer

Jim Hennessy, International Service  
Rhea Graham, Youth Service  
Wayne Wiebe, Community Service  
Anne Dale, Club Service  
Dawn Rennie, Club Operations  
Rob Wolfson, Club Financial

RI President Ian H.S. Riseley  
Rotary Club of Sandringham, Australia

District 5360 Governor Rick Istead  
Rotary Club of Fish Creek

## Ethics in Health Care

### Christian Farrier and Larry Albrecht

Our guest speakers for today's meeting were Christian Farrier and Larry Albrecht. Christian Farrier is volunteering as a patient advisor with Alberta Health Services, and is a member of the Clinical Ethics Committee at the South Health Campus. Larry Albrecht has recently retired from a successful teaching career, and at the present time helps manage some health clinics, as well as serving as chair of the Prairie Mountain Health Advisory Council, and is a member of the South Health Campus Clinical Ethics Committee.

Healthcare ethics impact families trying to decide on the correct course of action to be taken for family members in need of medical care or selected treatment. Patient and family centred care should focus on respect, dignity, collaboration, and participation. Ethics asks the question: What should be done? Ethics committees can help in some of these situations with team care, discussions and planning with family members. This is an ongoing third party service that offers team care, and spiritual care to help families decide the best path to follow for their family members.

Hank Popoff thanked both Christian and Larry for their presentation.

## Medical Assistance in Dying

### Dr. James Silvius, Provincial Medical Director

Today's speaker was Dr. James Silvius, Provincial Medical Director, and an Associate Professor in the Department of Medicine, Division of Geriatric Medicine and University of Calgary.

Dr. Silvius spoke on the topic of Medical Assistance in Dying. While no one is ever turned away, there must be a collaborative partnership and transparency in the planning decision.

As of June 17, 2016 legislation to amend the Criminal Code took effect, and MAID (Medical Assistance In Dying) is now in place. The eligibility requirements are: 18 years of age and competent, have a serious and incurable medical condition, physical or psychological suffering caused by a medical condition, and natural death is reasonably foreseeable. The request may be withdrawn at any time. This is part of the safeguard standard by Alberta Health Services.



AHS policy includes the Care Coordination Service which is available to support patients, families and care teams through the process. The coordination service is in three zones, one in Edmonton and North, one in Calgary and Central, and one in the South zone. These services link with medical leads in each zone. There remains a need to educate on social issues and to respect differences.

President David thanked Dr. Silvius for his presentation.

P.O. Box # 42041  
Southland Crossing RPO  
Calgary, Alberta T2J 7A6  
chrotary.secretary@gmail.com  
www.RotaryChinook.ca

May 30th, 2017

Scribe: Alex Soutar

Wayne Wiebe and Steve McAuley greeted our members and guests at today's meeting.

President David opened the meeting at 12:15 pm followed by the singing of O Canada and Rotary grace accompanied by Ruth Wylie on the piano.

Steve McAuley introduced our guests including our guest speakers Christian Farrier and Larry Albrecht.

Minute People included:

- Hank Popoff reminding the club of the Lobster Boil in High River, and the upcoming Grillin' and Servin' on June 3, 2017.
- Dale Perrett gave an update on outstanding shifts for the school tours at Spruce Meadows, and urged members to help fill in the spaces.
- Paul Gaudet commented on the outstanding parking shifts at Spruce Meadows, and helped with a demo of the updated ClubRunner on the Chinook web site.
- Peter Bickham announced the winner of the Year End Cribbage Trophy, and he presented the trophy to Paul Hussey.

Rob and Tammy announced the final figures for the Kickin' It Country fund raiser for the IBD Wellness Centre. This was the largest and a very complex plan put into place by the committee of Rob Wolfson, Tammy Truman, Bev Tonkinson, and Dawn Rennie resulting in a donation of \$71,276 for the IBD Wellness Centre !! Tammy had a special thank you to Stephen and Anne Pick for the print work they supplied for the promotion.

The Sunshine News reported Pat Hutchinson was to receive back surgery in the near future.

Joe Hooper was the Sergeant at today's meeting and relieved most members of funds for the club, with number draws for additional prizes. Good News: George Kimura reported on his granddaughter's school graduation. Bad News: Gord Billings was forced to put his dogs down.

The winner of the 50 / 50 draw today was Ernie Hawrylyshen.

Our guest speakers for today's meeting were Christian Farrier and Larry Albrecht from the South Health Campus.

President David closed the meeting at 1:30 pm.

June 6th, 2017

Scribe: Alex Soutar



Norm Moro and Dave Wylie welcomed our members and guests at today's meeting.

President David opened the meeting at 12:15 pm followed by the singing of O Canada and Rotary grace accompanied by Ruth Wylie on the piano.

Norm Moro introduced our guests including Bill Steggles guest of Neil Beatty, Rob Whitfield from High River, and Emily Tedesco-White from the Rotaract Club.

Minute People included:

- Jim Hennessy requesting extra effort to increase the shifts available for Spruce Meadows this week.
- John Charrett reported on the completion of the Mentoring Program at Fairview Junior High School, involving nine sessions throughout the year. The eight students chosen by the school gained in self confidence and self esteem as the program progressed. John thanked the committee mentors for a very positive effort this year.
- Hank Popoff reminded the club members of the next Grillin' and Servin' events on June 18th and June 24th, requesting some additional help for these events.



cont'd on page 5 ....

## Educational Partnership with the Fairview Junior High School Mentoring Program

We have just completed the Mentoring Program at Fairview Junior High School that ran for 2 hours every second Friday afternoon from January 6th to June 2nd. There were nine sessions in total including trips to Anne Dale's "My Sewing Room", Dean White's Technology Training Facility, and a Nature Walk at Fish Creek Park organized by Faye Green. Also included were a Drumming Circle and a talk on Finance by Ryan Maclean. They also attended and mixed with Rotarians at the "Youth Dinner" along with Chris Guerin, the staff coordinator.

The eight students in the program, chosen by the school as needing extra support, gained in both self-esteem and self-confidence according to parents and staff as the program progressed. Two students in particular impressed the club when asked to say a few words on the program and their experience at RYPEN at the Youth Dinner.

A special thanks go to the mentors Patricia Garner (program chair), Bob Montgomery, Terry Green, Faye Green, Anne Dale, Rhea Graham, Dean White, Ryan Maclean, Hank Popoff and John Charrett.



A long time friend and Rotary member in the USA for 50+ years, wrote the following article regarding the Atlanta convention. It's a great summary of what Rotary is, and does. *submitted by Bob Montgomery*



From June 10-14, I attended the 2017 Rotary International Convention in Atlanta with nearly 40,000 Rotarians from over 35,000 Rotary Clubs in 200 countries that was simultaneously translated in 8 languages. Rotary was started in 1905 by 4 business and professional leaders in Chicago who rotated their meeting places for networking purposes.

Rotary evolved into a "Service Above Self" service organization and a Foundation with a \$26.50 donation at the 1917 Rotary Convention. The first contribution went to support crippled children that became Easter Seals as a first effort to improve lives and make lasting change to communities around the world which now includes six areas of focus (Peace & Conflict Resolution; Disease Prevention, Clean Water; Maternal and Child Health; Education and Literacy; and Economic and Community Development).

On the 100th anniversary of the Rotary Foundation (recently earning the number one Foundation Award from The Association of Fundraising Professionals), Rotary has become a mini United Nations being the largest non-government, nonreligious, and nonpolitical service organization in the world, donating more than \$3 billion toward various service projects and scholarships while raising almost \$1 billion for future needs. The 35,000 individual local Rotary clubs probably raise over twice that amount for their local communities with hardly any fundraising expenses.

Georgia Governor Nathan Deal, a Rotarian and Past Rotary Club President, opened the Rotary Convention and Bill Gates, Jack Nicklaus (a polio survivor), US Senator Bob Corker; the President of Coca-Cola, and Dr. Martin Luther King's daughter were some of the many international speakers along with about 150 breakout sessions and over 300 booths representing Rotary projects, Fellowships, Rotary partners and sponsors.

During the 2017 Rotary Convention, the global community came together to renew its commitment to end polio. This included the exciting news of an expanded match agreement with the Gates Foundation, its longtime partner. Rotary has raised over \$1.6 billion to almost eliminate polio, a dreaded disease, which had as many as 360,000 cases per year to as few as 5 today.

Over 1.2 million people have received Rotary scholarships, fellowships, foreign individual and group study exchange trips, etc. over the past many years.



### ROTARY ALUMNI:

These Rotary Alumni are considered prime Rotary prospects to grow the Rotary legacy and brand. A new "Rotary People Of Action" campaign has been developed which will help Rotarians tell their story around the world to inform the 60% of our world population that is not aware of the Rotary story. We must be able to imagine "optimistic Rotary Solutions" to present challenges using Rotary's core values and its "Four Way Test". Everyone should listen to Brittany Arthur, Rotaract Club of Berlin President, as soon as it is posted on the Rotary.org website, to hear the best convention speaker talk about "The Future Of Rotary".

We must reach out and engage and involve our youth in more Interact and Rotaract Clubs for young leaders.

Rotarians must "be bold, nimble and flexible" and "think outside the box" in developing strategic priorities and goals based on "Fun, Fellowship, Service, Integrity and Diversity".

### ROTARY CLUB STRATEGIC PLAN:

In addition to developing a Rotary Club "Strategic Plan" we were encouraged to give our Rotary Clubs a "Health Check" that can be downloaded from [www.Rotary.org](http://www.Rotary.org) along with reviewing Rotary's "Membership Tools" and the 10 Areas of a "Vibrant Rotary Club".

### 2018 ROTARY INTERNATIONAL CONVENTION IN TORONTO:

Hundreds of Rotarians already have signed up for the 2018 Rotary International Convention from June 23-27, 2018 in Toronto which is safe, clean, walkable, and one of the most inspiring truly global cities in the world.

The Toronto convention next year will be the last chance for you to attend a meeting in North America probably for a number of years! Conventions overseas make the cost really significantly greater. Flying for 10 to 16 hours is a real challenge and no fun so if you haven't already done so, think about signing up now for next year's convention and save a considerable amount of cash, time and energy!

I can guarantee you ... you won't be sorry or disappointed!

*Chuck Sawicki*

*Photos courtesy Stephen Pick*



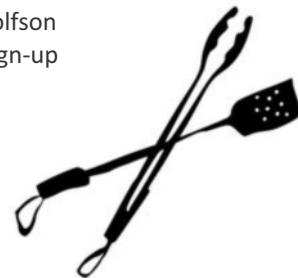
## New Rotary Year Begins

July 4th	Passing of the Gavel and President's remarks
July 5th-9th	Parking at Spruce Meadows for "The North American"
July 6th	Appreciation Dinner at Spruce Meadows
July 11th	Carriage House Inn Stampede Breakfast
July 18th	Ron Freckleton — Dealing with Dementia
July 20th	Rotary Networking Night, Limericks Traditional Public House, 5-7pm — contact Rob Wolfson
July 23rd	Grillin' and Servin' for 1,250!!! — Ironman, Arbour Lake — contact Hank Popoff to sign-up



## Membership and New Club Development Month

August 8th	Annual Nature Park Picnic
August 12th	Grillin' and Servin' for 600! — SuperStore, TBD — contact Hank Popoff to sign-up
August 15th	Dr. Mark Kostash, Medecins sans Frontieres
August 26th	Grillin' and Servin' for 600! — SuperStore, TBD — contact Hank Popoff to sign-up



## Meeting Minutes June 6th

... cont'd from page 5



- Rob Whitfield spoke on the Lobster Boil event at the High River Rotary club, and the golf tournament on July 20, 2017.

Bev Tonkinson reported on the June birthdays: Terry Green, Dave Wylie, Joe Hooper, Dawn Rennie, Al Pettigrew, and Rhea Graham. Spouse birthdays are



Michael Dale, Jean McKenzie, Madelene Kinley-Imler, Katherine van Kooy, Janice Hay, and Barbara Plunkett.

George Van Schaick gave the Sunshine Report commenting on the progress of Pat Hutchinson recovering from recent back surgery. This recovery may take longer than first thought, however the progress is very positive.

The 50 / 50 draw was won by George Van Schaick.

There was no Sergeant segment today, as time was shortened to allow our speaker his full time allocation.

Today's speaker was Dr. James Silvius, Provincial Medical Director, and an Associate Professor in the Department of Medicine, Division of Geriatric Medicine and University of Calgary.

President David closed the meeting at 1:30 pm.

*Photos courtesy George Van Schaick*

## Networking Evening

The next Limericks Networking meeting will be on Thursday July 20th from 5 - 7pm.

If you are planning on attending please also make an effort to bring a guest so we can introduce our new 'Friends of Rotary' membership type.

Rob

## Ron Southern Scholarship

Last Sunday we had the opportunity to present the first Ronald D Southern Scholarship Recognizing Excellence to two amazing recipients, Joseph Carruthers and Nicholas Shank.

To say that they were both overjoyed at this honour would be an understatement. Both young lads and their parents expressed their appreciation and gratitude in being awarded this Scholarship, and you can see a short video on Joe Carruthers if you go to the Spruce Meadows site:

[https://www.youtube.com/watch?list=PL4vcsE649VUoGorYEmElcFbF6Khq3b4jM&v=4SyKqzGVQ\\_I](https://www.youtube.com/watch?list=PL4vcsE649VUoGorYEmElcFbF6Khq3b4jM&v=4SyKqzGVQ_I)

The Southern family were so appreciative and honoured by our club creating this recognition of Mr Southern. Linda Southern-Heathcott spoke highly, at the awards ceremony, of Chinook Rotary's contributions to parking throughout the many years. There was a resounding applause from the International Arena audience when she mentioned us!

I had the pleasure of meeting Joe, Nicholas and their parents after the awards were presented, and I can assure our members that their selection by the Southern's is well deserved. They are amazing young lads and we look forward to hearing good things about them as they travel down the road in life.

I mentioned future Rotary opportunities as well as our youth involvement at our club, and hopefully will see one, if not both, at our Youth Dinner in the fall of this year.

We done good!!!! Thanks to all for making this a reality.

Dale

## Golf Truisms

- Golf is the perfect thing to do on Sunday because you spend longer praying than you would do in church.
- A good golf partner is one who's always slightly worse than you are ... that's why I get so many calls to play with friends.
- If there's a storm rolling in, you'll be having the game of your life.
- Golf balls are like eggs. They're white. They're sold by the dozen. And you need to buy fresh ones each week.

Photos courtesy Rob Wolfson



**Arch Supporters**

To help support publication and distribution of the Arch to members, please contact Stephen Pick at 403-938-2876 or [stephen.rotary@ontheridge.ca](mailto:stephen.rotary@ontheridge.ca)

 **Scotia Wealth Management™**

**Robert Wolfson**  
Wealth Advisor

Ellis Financial Group

ScotiaMcLeod®  
a division of Scotia Capital Inc.  
Suite 1600, 700 - 2nd Street SW  
Calgary, AB T2P 2W1

Tel: 403.213-7342  
Fax: 403.298-7811  
Toll Free: 1.800.372-9274  
[robert.wolfson@scotiawealth.com](mailto:robert.wolfson@scotiawealth.com)  
[www.ellisfinancialgroup.ca](http://www.ellisfinancialgroup.ca)

**Stemp & Company**  
Lawyers, Patent & Trade Mark Agents

Services provided in the areas of:  
Wills • Estates • Real Estate • Mortgages  
Litigation • Corporate Commercial Transactions

**1-403-777-1122**  
Toll Free 1-800-665-4447

[www.stemp.com](http://www.stemp.com) email: [bill@stemp.com](mailto:bill@stemp.com)  
#233, 1100 - 8th Avenue SW, Calgary, AB T2P 3T8



 **the co-operators**  
A Better Place For You™

**TAMMY M. TRUMAN**  
Agent/Owner

**TRUMAN INSURANCE AGENCY INC.**  
19 - 8720 Macleod Tr. SE Calgary AB T2H 0M4  
Bus: 403-221-7021 Fax: 403-221-7279  
email: [tammy\\_truman@cooperators.ca](mailto:tammy_truman@cooperators.ca)



Home Auto Life Group Business Travel

 **Transitions**  
Moving you with care

[www.movewithtransitions.com](http://www.movewithtransitions.com)  
**403-975-7949**

**Dawn Rennie**  
President  
Transitions Inc.

35 Stradwick Place SW  
Calgary, Alberta T3H 1T3

Head Office  
Email [transitions.dawn@shaw.ca](mailto:transitions.dawn@shaw.ca)

**BARRY & CYNTHIA**  
KORPATNISKY



BARRY: 403.819.4886  
[bckoro62@gmail.com](mailto:bckoro62@gmail.com)

CYNTHIA: 403.804.5349  
[bckoro@telus.net](mailto:bckoro@telus.net)



[www.calgarysouth.com](http://www.calgarysouth.com)  
[www.realestateprofessionalsinc.com](http://www.realestateprofessionalsinc.com)  
100 - 5810 - 2nd Street SW, Calgary, AB T2H 0H2

*This space  
available  
for you!  
Call or email Stephen!*