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Mix 'n Mingle Evening Rob Wolfson, MC



After allowing time for fellowship and checking out the cash bar, our MC for the evening, Rob Wolfson, opened up the meeting. This was followed by the singing of O Canada and welcoming the guests. Thankfully Ruth was there and accompanying us on the piano!



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President George took the podium (hopefully he will return it), and handled the business portion of the meeting. It was a fairly casual affair with the introduction of guests. This week started the second round of Chase the Ace, this time the red cards rule the day. Bev Tonkinson won the draw, but did not draw the Ace of Diamonds so the new pot begins to grow.

Early Childhood Development Network Blythe Butler



Bart introduced our speaker, Blythe Butler. She has been a member of "The First 2000 Days" organization for 6 years, and before that she was involved with a Network Organization in St. Albert for 23 years. She is married to Dave and they have two children.



"The First 2000 Days" group is concerned about the first 2,000 days of a child's life, as it is during that period that the brain develops quickly, and their personality is established. Sadly, 1 in 4 children struggle in their development with adverse experiences. According to an expert, an early investment in childhood development pays a 7-10% return to society. (This I didn't understand) In any event, helping children in their first 5 years of life is important for the child and for society. This

"The gains are significant because quality programs pay for themselves many times over. The cost of inaction is a tragic loss of human and economic potential that we cannot afford." Learn more about the value of #ECE investments
@heckmanequation: <https://bit.ly/2mFl3lf>

Thank you to our supporters!

An Anonymous Donor

calgary reads

Burns Memorial Fund

CALGARY FOUNDATION FOR COMMUNITY DEVELOPMENT

United Way Calgary and Area Building a great city for all

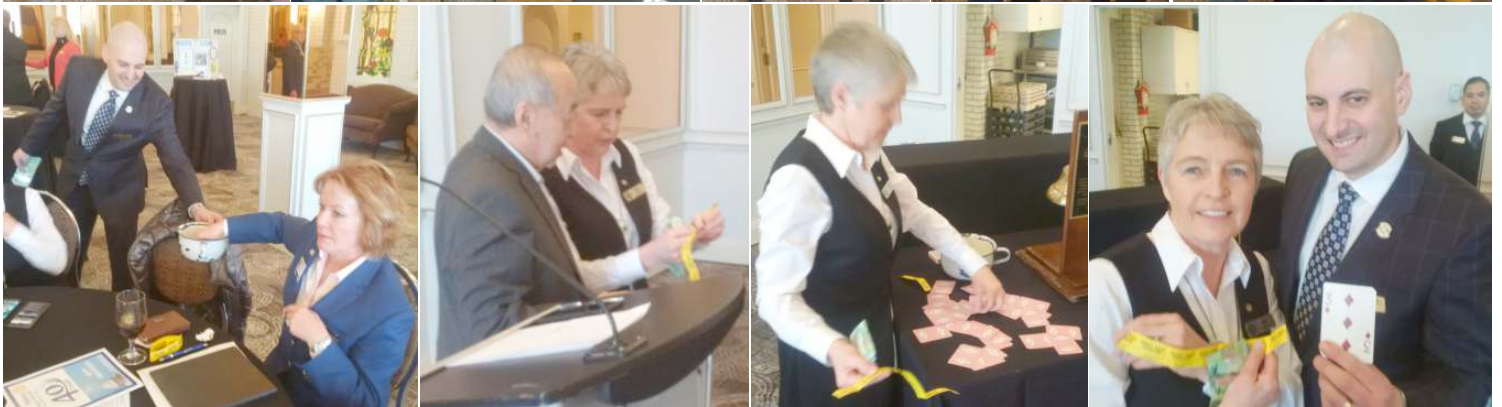
Community Coalitions

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Rotary
Club of Calgary Chinook





Hank Popoff, the lucky winner of the draw AND the Chase the Ace pot, received a cheque from George for the amount of his winnings.

MC Rob took over the podium and started the presentation part of the meeting. He spoke to What is Rotary? — *"an international membership organization made up of people who share a passion for and commitment to enhancing communities and improving lives across the world"*. Rob then presented information on our District 5360 (47 clubs and 1748 members) and our Club.

The Chinook Rotary Club was Chartered in 1977, when Rob was 3 years old. We had the honour of having two Charter Members present at the Mix 'n Mingle event and Rob recognized Ian Burgess and Tom Sorenson. Rob then reminded us of the goings on in 1977.

Paul Gaudet then came up and spoke on the activities of Chinook Rotary. These included our participation in a number of local and international projects. We belong to a club that has been very active over the years.



particular the mentoring of Fairview School students through a program at Roots 2 STEM.



Anthony Tonkinson spoke on the Fellowship activities of the Club. From bowling to scotch tasting, from pizza nights to Rosebud Theatre outing. And finally our hosting of the Calgary Clubs' Remembrance Day event for many years.

Rhea Graham spoke about our outstanding Youth Service work, in



John Fortona, from the Fish Creek Rotary Club spoke on his Rotary experiences. Building homes in Mexico and delivering Ambulances being two moments for him.

Our DG Elect, Christine Rendell, spoke about some of her Rotary experiences, her

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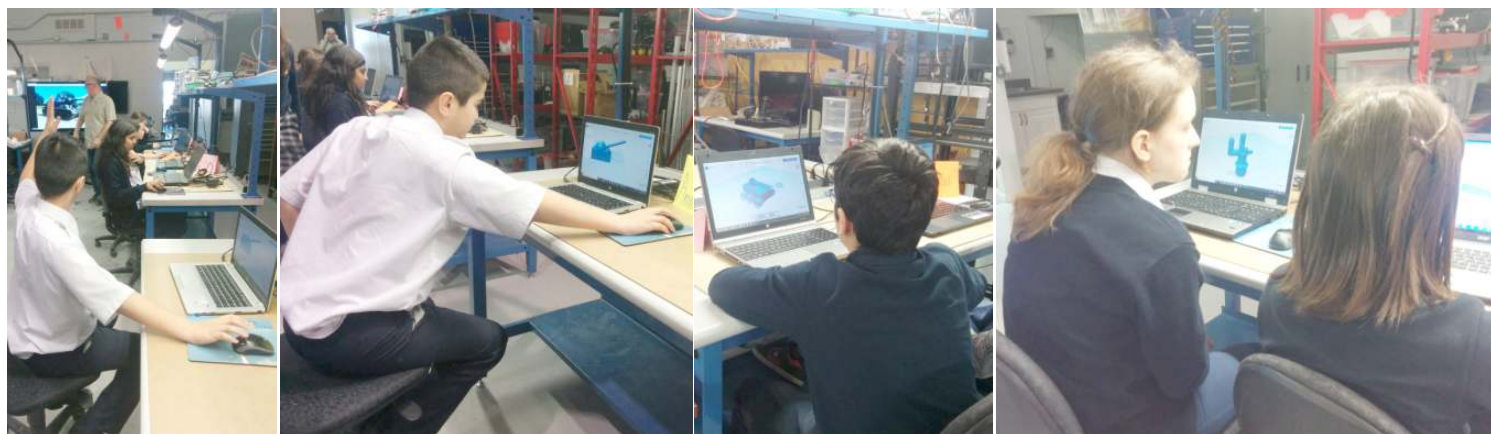
March 8th at Roots 2 STEM we learned about casting aluminum. Dean did a demonstration of melting aluminum bars in a crucible, and pouring it into a mold to create — in this case — an aluminum “muffin”. Wow ... it roars, and does it ever get HOT !!



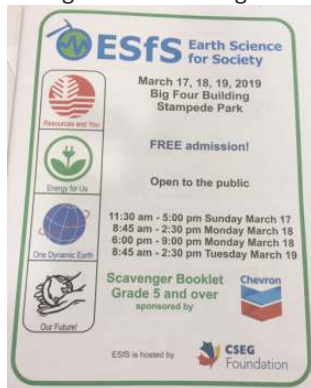
Afterwards it was time to learn about electricity and conductivity, and create sparkling crowns, soldering wire into shapes, and adding tiny light bulbs and a battery to make them glow, with a break halfway through for some pizza and some fun word games.



March 15th we were back at Roots 2 STEM to learn about designing for 3-D printing! It entailed computer work manipulating shapes in 3 dimensions and combing them to first create a tank, and then something of their own choosing. Dean will run their designs through the 3-D printing process, and they will get to take their creations home next time.



Club Member Dean White is a volunteer with Earth Science for Society, and had a booth at the Exhibition March 17-19th at the Big Four Building. Below are questions the students had to answer and then get their Scavenger Booklet stamped.




ESfs Vision

The Earth Science for Society exhibition will inspire an understanding of Earth Science which is fundamental to public appreciation of responsible consumption, resource management, natural hazards, climate science, and environmental issues. Knowledge of Earth Science is crucial for responsible collaboration by geoscientists, governments, and companies to find and develop resources for the products and infrastructure that we use in our daily lives.

Increased science literacy is essential for the students of today as they are the decision-makers of tomorrow and the future caretakers of the Earth.

Test yourself! Are you as smart as an elementary student!? Maybe Dean should give us a weekly quiz to keep us on our toes!



 **Our Future!**
Grade 4 and under

Journey 2050
How many people will there be on earth in 2050?
☐ 10 Million ☐ 10 Billion ☐ 10 Trillion

Lafarge Canada Inc.
Where do you find everyday uses for sand and gravel?
☐ Buildings (house, school, etc) ☐ Roads ☐ Sidewalks ☐ All of these


Roots 2 STEM
What is the name of Canada's astronaut currently on the International Space Station?
☐ Julie Payette ☐ David Saint-Jacques ☐ Marc Garneau

Rothney Astrophysical Observatory
What does the sun send to the earth?
☐ Light ☐ Solar rays ☐ Heat ☐ Energy ☐ All of these

Royal Astronomical Society of Canada
What is a simple thing could you look for if you think a rock is a meteorite from space?
☐ Fossils ☐ Air bubbles ☐ Magnetic minerals

Our Future! is sponsored by APEGA Foundation and ESfs

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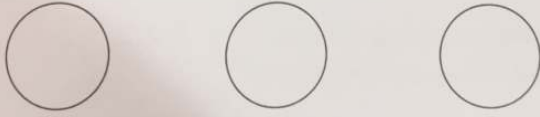
 **Our Future!**
Grade 5 and over

Lafarge Canada Inc.
Which natural process would help to deposit sand and gravel?
☐ Glaciers ☐ Rivers ☐ Wind ☐ All of these

Roots 2 STEM
What is the name of Canada's first satellite?
☐ Alouette I ☐ Telstar ☐ Cassiope

Rothney Astrophysical Observatory
What causes the Earth's magnetic field?
☐ Electric currents caused by the flow of iron deep in the earth's core, along with the earth's spin
☐ Magnetic energy coming from space
☐ Iron deposits at the north and south poles

Royal Astronomical Society of Canada
Which are correct answers to "Why are impact craters more common on the Moon than on the Earth even though both bodies sit within the inner Solar System?"
☐ Most smaller asteroids and comets burn up in the Earth's atmosphere but the Moon has no atmosphere to do this
☐ There is essentially no erosion on the Moon and thus just about any impact can be preserved forever
☐ The Moon's compact size means that its gravity is stronger than that of the Earth
☐ Plate tectonics on Earth helps erase some older craters



Our Future! is sponsored by APEGA Foundation and ESfs

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Greeters were Gordon and eventually Bart, who had been detained counting his cribbage winnings, with Lyle filling in for him.

Peter and David I were selling tickets on "Chase The Ace". This was the second meeting with the new deck after Hank pulled the winner a few weeks past.



Ruth led us in the singing of O Canada and the usual Grace.



me as I haven't done this job for several Happy months. I am doing it today because

President George introduced the two visitors, including the speaker and another whose name escaped me. Please excuse



Ruth related her experience of attending US Past President Obama's speech here in our city. She was very impressed with him as a speaker and his relaxed demeanor.

Ruth was a busy person today as



she followed this report with playing "Irish Eyes" as a few brave souls tried to sing along.

President George advised that this meeting marked the 43rd !!! Birthday of the Club.

Jim Thompson gave a brief Club history recognising the four charter members who are still involved: Tom Sorenson, Herb Imler, Ian Burgess and himself. The members attended their first RI Convention in 1979, on their own \$ as there was no budget. One of the first community projects was planting trees in South Glenmore Park.



President George advised that Ed MacLean (former Member) is in a personal care centre in Winnipeg. Bob Montgomery has a phone number if any would like to call him. Tammy has sent an email on Dick Snel who is not ready for visitors at this time.



Dave Wylie is searching for the originator of the Application for Membership contained in our web site as it needs to be revised.

Paul Gaudet won today's pot of \$43, and pulled the King of Hearts from the Chase the Ace deck. The pot has built up to \$89 — keep buying to win the daily award, build the pot and have a chance to win the pot!



Al Pettigrew acted as the Sargent-at-Arms. He told us an Irish joke and fined several for transgressions. In

cont'd on page 7 ...

Photos courtesy George Van Schaick





Water and Sanitation Month

March 26th
March 28th

Anne Dale — Days For Girls
Networking Night @ Limerick's, 5:30 - 7pm — contact Rob Wolfson
Cribbage Club @ Horton Road Legion — contact Peter Bickham

Maternal and Child Health Month

April 2nd
April 5th
April 9th
April 12th
April 16th
April 20th

Syed Ahmed, Community Hearing Outreach Program
Fairview Mentoring at Roots 2 STEM
Christina Hassan, Full Soul Project
Fairview Mentoring at Roots 2 STEM
Youth Night Dinner — evening meeting
Community Service at Ronald McDonald House, 10:30am - 12:30pm — contact Wayne Wiebe
Cribbage Club @ Horton Road Legion — Wind-Up
Lucia Piazza, US Consulate General
Networking Night @ Limerick's, 5:30 - 7pm — contact Rob Wolfson
Dr Mukarran Zaidi, Chairman, Think for Actions Committee

Youth Service Month

May 3rd
May 7th
May 10th

Fairview Mentoring at Roots 2 STEM
John Hufnagel, GM, Grey Cup Champion Calgary Stampeders
Fairview Mentoring at Roots 2 STEM



Mix 'n Mingle

.... cont'd from page 2



participation in the Rotary / United Nations Day, Rotary being one of the groups that was instrumental in creating the UN. She highlighted the need for Rotary to diversify its membership, to serve other communities. This diversification she sees as key to Rotary's future.

Rob then closed out the formal part of the meeting speaking about Rotary's role in Polio Plus, the Areas of Focus (*Promoting*

Peace, Fighting Disease, Providing Clean Water, Saving Mothers and Children, Supporting Education and Growing Local Economies). He highlighted the need for our club to grow our membership. We do a great job as a Club in all our good works, but we are currently doing a poor job in asking and inviting in new members.

During the event, the cash bar was open and the Carriage House staff circulated with a great variety of tasty finger food. It was a very enjoyable evening for all present.

Photos courtesy George Van Schaick

Meeting Minutes

.... cont'd from page 5

the good news area, Jim T is on his way to Arizona for seven weeks to soak up some sunshine, Rob's daughter won a Provincial bowling event and is on her way to the Nationals, George V was pleased about something that I missed so he can tell you about it at the next meeting.

President George presented Gerald Langereis with a well-deserved Service Recognition pin. Congrats and thanks Gerald!!



Mark Your Calendars !!

Fun Casino Night Fundraiser
October 3rd @ the Carriage House Inn



CASINO NIGHT

Chose



as of March 19th

of cards left

24

Current Pot: \$ 89.00

in excess of
+ 30% of next day's sales

group wants to establish an integrated organization that would include all groups involved in helping children in their first 5 years. Improved effectiveness with proper coordination would result. Manitoba and Nova Scotia do have such a commission.



President George thanked Blythe with the Polio Plus certificate in her name.

Paul Gaudet passed on a web site if you desire more information on their documentation, complete with background research:

www.2000days.ca/an-intergrated-approach-to-early-childhood-development



first 2000 days
Early Childhood Development Network

Rotary's Six Areas of Focus

Rotary is dedicated to six areas of focus to build international relationships, improve lives, and create a better world to support our peace efforts, and end polio forever.



Promoting peace — Rotary encourages conversations to foster understanding within and across cultures.

Fighting disease — We educate and equip communities to stop

the spread of life-threatening diseases like polio, HIV/AIDS, and malaria.



Providing clean water, sanitation, and hygiene — We support local solutions to bring clean water, sanitation, and hygiene to more people every day.



stronger.

Supporting education — More than 775 million people over the age of 15 are illiterate. Our goal is to strengthen the capacity of communities to support basic education and literacy, reduce gender disparity in education, and



Saving mothers and children — Nearly 6 million children under the age of five die each year because of malnutrition, poor health care, and inadequate sanitation. We expand access to quality care, so mothers and their children can live and grow



increase adult literacy.

Growing local economies — We carry out service projects that enhance economic and community development and create opportunities for decent and productive work for young

Arch Supporters

To help support publication and distribution of the Arch to members, please contact Stephen Pick at 403-938-2876 or stephen.rotary@ontheridge.ca

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