

## Think for Actions Committee Dr. Mukarran Zaidi, Chairman

### In This Issue

- 1 Speaker April 30th**  
Dr. Mukarran Zaidi  
Think for Actions Committee
- 2 Meeting Minutes April 30th**
- 3 Distinguished Rotarian of the Year Award**
- 4 Donation to Foothills Country Hospice**
- 5 What's Up !!**  
Meeting Minutes April 30th cont'd
- 6 Networking Night April 25th**  
Fairview Mentoring May 3rd  
Our Arch Supporters ... THANK YOU !!

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Dr. Mukarran Zaidi spent his earliest years in Kitchener / Waterloo Ontario where he completed his Grade 1. His family then returned to their original homeland and Dr. Zaidi continued his formal education in Karachi. Upon later returning to Canada, he pursued further education at , Laurentian University, University of Ottawa and the University of Toronto. During this time he worked as a security guard and did comedy acting. Graduating from the University of Toronto allowed him to follow in his family footsteps as Doctors and Engineers. He credits his privileged up-bringing to allowing him to achieve his education goals leading to his present social status. Dr. Zaidi is a professor at the University of Calgary, as well as operating a clinic in Signal Hill.

It was this privileged background that inspired Dr. Zaidi to become a founding member of Think For Actions. This is a Calgary-based not for profit think tank aimed at empowering and encouraging youth, and helping to develop their leadership skills. He credits his parents for pushing him to advance his education, a push that less advantaged youth do not always get. Think For Actions seeks to provide this push through youth mentorship.

Think for Actions is a National Think Tank focussed on Muslim affairs, with a focus on community research and professional development of youth. The aim is to engage the government and public at local and national levels to offer new and effective solutions. Dr. Zaidi focussed his attention on improving education in the Muslim community, and is active in dispelling misunderstandings that exist between Muslim and Canadian communities.

The vision is to strengthen youth by providing mentorship opportunities from professionals in the community, and in the longer term develop a research institute. The group arranges workshops for youth where they can meet with professionals and receive career guidance by pairing highschool and university students with professionals in different fields.



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**Visitors:**  
Ted Wada introduced Nick Blanchet from Fish Creek and our guest speaker Dr. Mukarran Zaidi.



**Sunshine Report:**  
Jim Thompson attended the meeting today after his artery surgery that kept him from his usual Mesa AZ sojourn.



## Minute Men:



- Dean White is looking for volunteer judges to assess projects by students at the Roots 2 STEM organization. Times required are on Friday, May 10 at 1:00 pm.
- Paul Gaudet reports 28 people signed up for the Okotoks baseball evening on June 27th.
- Joe Hooper presented Anthony Tonkinson with the



"B" Division curling trophy that he helped win this past season. Even though Anthony was away on vacation for the final game.

[cont'd on page 5 ...](#)



## Nominate a Deserving Club Member for the Distinguished Rotarian of the Year Award

In Rotary year 2011-12, our Club initiated this annual award to honour one club member who personifies "Service Above Self" both inside and outside of Rotary, at a level above that exhibited by most Rotarians. The award recognizes a member's overall contribution to service during his or her entire time in our Rotary Club, and not just the contribution of the current year. A member must have accumulated at least ten years of service with Chinook Rotary to be eligible to win this award. Jim Thompson, Ron May, Ian Burgess, Bob Montgomery, Joe Hooper, Ron Smith (posthumously) and Hank Popoff have each been bestowed with this honour in past years.. An Awards Committee evaluates all the nominations that it receives, and recommends its choice to the Board of Directors for approval. Past recipients are not eligible to receive the award a second time. The current Awards Committee is comprised of Ron May, Bob Montgomery, Pat Hutchinson, Jim Thompson and Hank Popoff.

Nominations for this award should be made in writing (email acceptable) and directed to Hank Popoff, the Chair of the Awards Committee, to be received no later than **May 14, 2019**. Any club member in good standing may make a nomination. To avoid embarrassment, it is important to keep the nomination confidential as the Awards Committee may not recommend your nominee. The Awards Committee will separately nominate its own candidate before ranking all the nominations, including its own, utilizing the preset criteria detailed below. **You do not have to complete the selection criteria form when submitting a nomination; the Awards Committee will do this.**

A nameplate engraved with the name of the person selected for this honour will be added to the trophy which is prominently displayed beside the lectern at our weekly meetings. Additionally, the award recipient will be presented with an attractive recognition piece suitable for display in his or her home or office. The award will be presented at one of our meetings or gatherings when a number of Rotary partners are in attendance.

Please direct any questions you may have about submitting a nomination to any one of the Award Committee members.

Activity Credits	
1. Attended one District Conference	1
2. Attended more than one District Conference (additional to Item 1)	1
3. Attended one Peace Park Assembly	1
4. Attended more than one Peace Park Assembly (additional to item 2)	1
5. Attended one Rotary International Convention	1
6. Attended more than one Rotary International Convention (additional to Item 3)	2
7. Hosted a Rotary International Friendship Exchange	1
8. Contributed a minimum of \$1,000 to the Annual Programs Fund of The RI Foundation	2
9. Introduced 2 new members who remained in club for 2 consecutive years	3
10. Served on 3 or more Club Committees	2
11. Served as a Director of the Club	2
12. Served as Club President	2
13. Served as Club President more than once	2
14. Served on a zone or international committee (beyond District)	2
15. Served on a District Committee for 2 to 4 years	2
16. Served on a District Committee for 5 or more years (additional to Item 11)	3
17. Hosted 2 exchange students, each for 2 months or more	3
18. Hosted more than 2 exchange students, all for 2 months or more (additional to Item 13)	2
19. Served as a Student Exchange Counsellor for one or more years	2
20. Traveled to a developing country to serve on a Rotary humanitarian project	3 to 5
21. Conceived, developed and led a significant club project	0.5 to 5
22. Volunteered for one or more not-for-profits outside of Rotary for at least 5 years while a Rotarian	0.5 to 3
23. Personifies "Service Above Self"	2
Maximum possible credits	50
MANDATORY REQUIREMENTS:	
1. 10 years as a current or honourary member in good standing in the Rotary Club of Calgary Chinook	
2. Total credits from above listing must be greater than 22	



The Club presented a donation of \$2,500 to the Foothills Country Hospice north of Okotoks. This is in recognition of the care they are providing to Lyle Davidson's wife, Anne

Lyle and Anne, and the Foothills Country Hospice, are extremely appreciative of this support from the Club.

Anne is currently doing well, and enjoys the beautiful views from her room, and the exceptional care she is receiving.

[countryhospice.org](http://countryhospice.org)

The Foothills Country Hospice is a place of refuge where all of us – staff and volunteers – work to create an atmosphere of care and dignity for those we serve, including offering bereavement support to loved ones.

Our eight bed, 13,500 sq. ft. rural hospice home is located 1.5 km north of Okotoks on an 8-acre parcel of land, in the midst of neighbouring golden canola fields, and nestled among forested landscapes with mountain views.

Our specially trained, professional staff and volunteers provide around-the-clock end-of-life and bereavement care. Attention is paid to physical needs, expert pain and symptom management, and emotional and spiritual well-being as patients prepare for the completion of their life's journey.

The focus of our care is on quality of life and we welcome patient and family input into all aspects of our program.

*Unlike the sobering atmosphere of a hospital, the Foothills Country Hospice emanates sweet solitude and soulful comfort, welcoming terminally ill patients and their families into the warm embrace of hospice care. It is a merciful stopover on the homestretch of life.*

– Pat Fream, Journalist - Routes Magazine



- 1100 — Patients have called our hospice home
- 31 — Days is the average length of stay
- 127 — Volunteers give their time and talents
- 0 — There is NO COST to patients for their stay



## Youth Service Month

May 7th	John Hufnagel, GM, Grey Cup Champion Calgary Stampeders
May 10th	Fairview Mentoring at ROOTS 2 STEM
May 14th	Jeromy Farkas, Calgary City Councillor
May 21st	Abdulfatah Sabouni, Owner of Aleppo Soap, a Canadian success story
May 23rd	Networking & Social Gathering @ Limerick's, 5:30-7 pm — contact Rob Wolfson
May 28th	Jim Riege, Senior Director, Cannabis Calgary Cooperative Society

## Rotary Fellowships Month

June 11th	James Maxim, Vice President, Calgary Winston Churchill Society
June 18th	Joan Lee, CEO Vecova Centre for Disability Services and Research



## Meeting Minutes

.... cont'd from page 2

- The call for more parking vests resulted in some showing up at today's meeting. Bev Tonkinson said she could still accept more from those who forgot by bringing them to her house by this Friday, May 3rd.

### Chase the Ace:

\$55 was won by Anne Dale. \$300 was not won by Anne because she drew the Two of Diamonds.



### Sargent at Arms:



Ian Burgess collected fines from Wayne Wiebe because he feared Ian would drop the bottle of wine he was carrying. Also everyone who promised to bring their parking vest but forgot, plus Joe Hooper who exaggerated Anthony's age.

### Good / Bad News:

- George Van Schaik remarked on his brother-in-law's good fortune for winning the Grande Prairie Dream Home. He had previously won cash and cars on two other lottery draws.
- Sydney Richmond divulged her bad luck in having her home in Mexico broken into with a number of contents stolen.

### Recognition Pin:

Bob Montgomery was introduced to this club in 1996 by Tom Ranson and holds the classification of "Petroleum Products/Marketing".

Bob had the unusual delay at being inducted as a member due to the fact that Tom left for the winter shortly after introducing Bob. Five months later with the help of Walter



Lindenbach, Bob became a member.

In 2008 Bob served as Club President, and added several thousand hours of parking at Spruce Meadows, in addition to working on the Lobsterfest and Pro-Am Golf tournament events. He served on committee work including program chair, membership, Int'l Service, fund raising, donations, Fairview mentoring, Rotary Friendship Exchange, strategic plan and the by-laws update. Two of Bob's more rewarding experiences were being part of a team visit to the Dominican Republic with Jan Tollefson on the water filters and solar lighting project, and organizing Rotary Friendship Exchanges from different countries. He is a proud supporter of The Rotary Foundation having earned the status of Paul Harris Fellow +2.



*Photos courtesy George Van Schaik*

## Lost at Sea

Two Irishmen, Patrick and Michael, were adrift in a lifeboat following a dramatic escape from a burning freighter. While rummaging through the boat's provisions, Patrick stumbled across an old lamp. Secretly hoping that a genie would appear, he rubbed the lamp vigorously. To the amazement of Patrick, a genie came forth.

This particular genie, however, stated that he could only deliver one wish, not the standard three.

Without giving much thought to the matter, Patrick blurted out, "Make the entire ocean into Guinness Beer!"

The genie clapped his hands with a deafening crash, and immediately the entire sea turned into the finest brew ever sampled by mortals. Simultaneously, the genie vanished.

Only the gentle lapping of Guinness on the hull broke the stillness as the two men considered their circumstances.

Michael looked disgustedly at Patrick whose wish had been granted. After a long, tension-filled moment, he spoke: "'Nice going Patrick! Now we're going to have to pee in the boat!"



## Networking Night April 25th



## Fairview School Students Mentoring May 3rd



## Arch Supporters

To help support publication and distribution of the Arch to members, please contact Stephen Pick at 403-938-2876 or [stephen.rotary@ontheridge.ca](mailto:stephen.rotary@ontheridge.ca)

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