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District 5360 Governor Christine Rendell Rotary Club of Calgary East

the e-Arch



Our meeting is on ZOOM this week ... Join in today at noon!

Polio and Covid-19

Polio vaccine set off a wave of relief, and a wave of resistance. The COVID-19 era may be similar

Excerpt from an article by Padraig Moran, CBC News

Announced 75 years ago, the story of polio vaccine bears similarities to COVID-19. On April 12, 1955, journalists were summoned to the University of Michigan for the results of an 18-month trial of a promising potential vaccine for polio — an announcement that resonates with many people living through COVID-19 today.

Polio peaked in North America in the early 1950s, putting people under lock-down conditions in the spring and summer when the disease was most prevalent. The news of a vaccine — from a team led by medical researcher Dr. Jonas Salk — led to an incredible, incredible swell of relief. But alongside that elation there was a resistance, which may be repeated in the search for a viable treatment for COVID-19.

Already people are ready to fight the battle to defeat compulsory coronavirus vaccination. Anti-vaccination movements gained momentum in the early 20th century, questioning the state's authority to require parents to get their children vaccinated. We don't even have a vaccine for coronavirus yet, but already anti-vaccination forces are lining up to oppose it.

An online video that went viral in May claimed the COVID-19 pandemic was a plot by billionaires to deploy a vaccine capable of controlling people. The video was debunked and removed from major social media platforms, but continued to be available on alt-tech platforms, many of which position themselves as alternatives to the popular mainstream social media platforms.

The scale of the current pandemic will push many people towards accepting a vaccine, but clear communication is needed to ensure trust. Mistrust grows as memory fades and disinformation grows. Anti-vaccination sentiment persists because of the decades that pass between major disease outbreaks. A COVID-19 vaccine could ease immunization hesitancy, or be hindered by the same mistrust.

The three charts on page 2 (January 10, April 1 and May 21 - a 132 day period) show the growth of COVID-19 from a single reported case, to the dominant position in terms of causes of Global Deaths.

cont'd on page 2 ...

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Polio and Covid-19

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*Except COVID, causes of death shown account for ~7% of global deaths annually

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Global Deaths Due to Various Causes and CO... By Tony Nickonchuk on 25 May 2020



U/1/2020 1/27/2020 2/23/2020 3/21/2020 4/17/2020 5/14/2020 Source: Global Burden of Disease study, Worldometers populations, Johns Hopkins

COVID repository

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ZOOM Happy Hour June 12th



While just 10 of us (13 including spouses of members) turned out for the ZOOM Happy Hour, it was a fun event.

We learned about how many cars one has to sell to support a farming habit, how mothers can be the toughest landlords when it comes to COVID commercial rent reductions, how a global pandemic can destroy dreams of bowling greatness, how virtual backgrounds work, or not ... and that Anthony is great at doing laundry. And the topping moment was when Angela, taking time off from renovating a bowling alley, instructed us on how to make garden fertilizer, OK, she called it a smoothie (see page 3 for the details).

But seriously it lasted for over an hour. Lots of jokes and humor, so come on and join in for some fellowship next time!

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This and That

Garth's Garden

This rose should be in every garden! It is a favourite of mine and many gardeners. It is named 'Winnipeg Parks' and was bred in Morden Manitoba in 1981, as part of the federal government's plant breeding station, to breed tough plants that can survive most anywhere in Canada.

It grows about 30 inches tall and wide. Gorgeous deep pink with red shading and has large blooms. I have 4 in my yard. It has a mild, tea fragrance. Also one of the rare roses I find that is almost always in bloom. It is highly healthy in my experience. Give it some good soil and compost, water when needed, and the reward will be noticed. Maybe try it in a larger planter!!



Eat raw garlic every day ... it won't improve your health, but it will keep everyone at a safe distance!



Angela's Favourite

The things we hear about during the on-line Happy Hour last Friday!! Angela (Wolfson) loves this for lunch!! It's from Reese Witherspoon's cookbook.

GREEN SMOOTHIE

2 heads romaine lettuce 1/2 cup spinach 1/2 cup coconut water 1 whole banana 1 whole apple 1 whole pear 1 whole lemon celery (optional) almond butter (optional)

Made in Canada !

Robertson Screw

Metal screws, used for fastening two objects together, have been around for hundreds of years. But some types of screws are better than others!

In 1908, a tool

salesman named Peter I. Robertson, from Milford, Ontario, cut his hand while trying to use a typical slotheaded screw and screwdriver. The injury led him to invent a new type of screw — one with a square-shaped head.



What's Up !!

Meetings		
Tuesday, June 16th	ZOOM meeting at noon be sure to join in today at noon! Guest Speaker: Kari Richardson — "Variety - the Children's Charity of Alberta" and our donation in respect of their program "Go Baby Go"	
Tuesday, June 30th	ZOOM meeting at noon be sure to join in! President Paul Gaudet's final meeting — Year End Wrap Up, and hand over to the new Board	· · · · · ·
Tuesday, July 14th	ZOOM meeting at noon be sure to join in! Guest Speaker: Ken Keelor, CEO, Calgary Co-op	
Tuesday, July 28th	ZOOM meeting at noon be sure to join in! Guest Speaker: Gail Urguhart, Executive Director, Bethany Care Foundation	
Tuesday, August TBA	Annual Picnic in the Nature Park	
RI Virtual Convention		
Saturday, June 22nd and Sunday, June 21st	2020 RI Virtual Convention General Session — 8am CST for 60-75mins	
Monday, June 22nd through Friday, June 26th	2020 RI Virtual Convention Breakout Sessions — 8am, 12pm, 6pm CST	
Networking Meetings		
Thursday, June 25th	ZOOM e-Networking Meeting, 7-8(ish) pm Guest speaker: Barbara Larsen, Rotary Club of Calgary Fish Creek. She has an on-line wellness products business.	•
President's Dinner	•	

President's Dinner

Saturday, September 19th

@ MacKenzie Meadows Golf Club — contact George Kimura

June is Rotary Fellowships Month

Have YOU joined a Fellowship!?

Rhea joined the Bird Watching one at the RI convention in Atlanta. Stephen and Anne joined the Recreational Vehicle one after meeting them at the Montreal convention.

But ... you don't need to wait for a convention! Just go on-line and find one that fits your interests, and get in contact with likeminded Rotarians around the world.

Join the ZOOM Networking meeting on June 25th (see Rob's link) and share and promote your fellowship then.

www.rotary.org/en/our-programs/more-fellowships

RI Foundation Update

Annual Fund Goal	\$14,000		
Contributions through May	\$12,178		
(we will just miss our goal I believe)			
Total Contributions	\$16,842 this Rotary Year		
(includes annual fund, polio plus, permanent fund plus			
approved grants club contributions) total			
Annual Fund per capita	\$203		
District average	\$139		
(we are one of the higher contributing clubs)			

In summary 34 of 60 members have contributed this year. 17 of them use Rotary direct on line.

4 active members have remembered the Foundation in their wills. Peter Bickham

Did You Know?

Jim Thompson, Charter Member, Club Historian

Did You Know? When I test my memory of the 40 plus years of being a member of this club, and one of the four remaining Founding Members, a flood of events and people enter this aging mind. Some a little cloudy, but most as clear as can be because they are positive and good.

For example, I was thinking about former member Fred James, now deceased. He was very fit, as a former star of the CFL. He fasted on only lemon water every Wednesday and never ate red meat, didn't drink, and had his whole office décor dedicated to the actor John Wayne! He came on one of our Panorama Ski trips, ate some chicken, no steak, no beer and seemed kind of uncomfortable with a group of fun loving members. He had marital problems shortly after and resigned from the club.

George Raham, a charter member, was an Active member for many years before retiring to Canmore, and becoming a member of that club. He was amazingly fit, would ski all day with us at Panorama, and when the lifts shut down, he would put on his cross country skis, with climbing skins and spend another hour getting even more exercise, while we enjoyed Happy Hours. George placed our club banner at the Mt Everest base camp site, later acknowledged as the highest a Rotary club banner had ever been on earth.

David Wiebe, a former member some years ago, had the annoying habit of throwing metal washers, into the fines potty passed around by the Sergeant at Arms, at meetings. I don't think he ever paid the fine levied in real currency. Very strange behaviour, very annoying. You would ask, "Is it fair to all concerned?"