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District 5360 Governor Christine Rendell
Rotary Club of Calgary East

the e-Arch



ZOOM Meeting Minutes

June 2nd, 2020

President Elect Rob hosted our fifth zoom regular meeting. He started our meeting at 12:05 by introducing our video of 'O Canada'. We had 34 participants which included a number of guests. He announced that Paul would be acting as Scribe for this meeting, so if anyone wished to have something noted in the minutes to kindly contact him.



Scribe:

'Wexit' and the Independence Party Speaker, Craig Chandler, PGIB



In order to allow more flexibility for the speaker, we asked that he go first. Michael Spears then proceeded with an introduction of Craig Chandler. Craig is a co-founder and Executive Director of the Progressive Group for Independent Business. He was a candidate at the Federal 2003 Progressive Conservative leadership convention, and has been a candidate for Member of Parliament in Ontario and Member of the Legislative Assembly in Alberta.

Craig proceeded to make the case for a plebiscite of independence for Alberta, possibly in conjunction with Saskatchewan and Manitoba. He advises that the Federal Government does not give Alberta credit for its contribution to confederation, and consistently refuses to assist our Oil and Gas industry through the downturns which form a part of this cyclical industry. He also reminds us of the ongoing need for re-distribution of Government seats, given that the Maritime provinces have too many seats given their relatively small population. He points to the U.S. which has found a way to protect the importance of their lower populated central states through their unique Senate system and their electoral college. Canada has not been able to do so.

He states that Albertans are fed up and frustrated and want a fair deal. He believes that Jason Kenney has let us down by not being tough enough. He feels that Kenney may be preparing to become the Prime Minister, and is going easy on the Provinces of Ontario and Quebec. Apparently the Wexit movement will be merging with the Independence Party later this month, after which Craig believes there will be many UCP members join the Independence Party. He says they have \$1 million in the bank, and are polling in the 10% range.

He says that a vote on independence might not mean a separation would take place. It's all about trying to gain leverage on the Federal Government, a position that Quebec has developed so well to their advantage. The UCP's "Fair New Deal" initiative needs to become much more active and push for more Provincial authority. He closed by stating that this movement is real, not just a knee jerk reaction to Federal indifference. He would be pleased to answer any questions contid on page 2...

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ZOOM Meeting Minutes

or provide further details through direct contact. Michael Spears has his email address and telephone number, and will relay any such questions through to Craig. Rob thanked Craig and advised him about our Speaker Certificate and standard donation to Polio Plus.

Rob asked Paul if he had any announcements. Paul noted two items from the District.

- Firstly the upcoming Virtual District Conference being held on June 6th from 1:00pm to 5:00pm. Christine Rendell has sent out registration info to all, however if anyone needs help, please contact Rob or Paul. There will be two panel presentations: "Covid-19 Facts and Fiction" and "People of Action Crushing the Curve", followed by a "Happy Hour". This is a unique opportunity to participate in a District Conference from the comfort of your home.
- Secondly, the District has circulated information about a proposed partnership with "Propellus: Volunteer Centre of Calgary". We will investigate this situation further and will report back to you when we have a better feel about how it works.

Rob then made a few announcements:

- He is working with Rick on presenting a webinar on June 17th to explain the potential of Rotary International's "Learning Centre". Rob will send out further details on this opportunity.
- Our next Limerick's Networking zoom event is planned for Thursday, June 25th from 7 to 8:15pm. Everyone is



welcome and Rob will be forwarding further details soon.

- We will also be hosting a Happy Hour zoom get together on Friday, June 12th, from 4 to 5 pm. This will be a great chance to visit with your Rotary friends and hear what is new in their lives.
- Rob advised that the concept of a "RibFest Drive Through" will not be proceeding in July, as the Ribbers are from outside our Province and the AHS would not approve the project.

Our Strategic Plan Committee (with Peter Bickham as Chair) has begun working on a revision to our Plan by identifying our strengths and weaknesses. The Committee plans on focussing on our weaknesses, and asking our membership to join in the process of finding solutions to these challenges. We will be hearing more on this process shortly.

Rob highlighted our desire to help any of our members not currently on zoom to set up their computers to allow them to join in. We really wish to encourage all of our members to join in on these meetings while we await the opportunity to return to "normal".

Rob reported that our new Board (for the upcoming 2020-2021 Rotary Year) has begun working on the establishment of new committees for their term. The key to this process is our members volunteering to become a part of two or three committees through which they can help our Club successfully reach our goals of service, fellowship and growth. We will be sending out a list of committees soon and ask everyone to get involved.

Ian Burgess presented a Rotary "Minute" to tell us about Hetty Alexander, spouse of Tom Alexander, a long time Chinook member. They were both very active in Chinook and were a big part of our Club. Hetty recently passed away, just a few months short of her 100th birthday.

Paul noted that he had received a call from Pat Hutchinson who advised that he was looking forward to joining our zoom meetings in the near future. He had talked to Keith Hansen's wife who let him know that Keith was doing reasonably well.

Bev Tonkinson presented our monthly Birthdays and Anniversaries report.

Birthdays for June include Syed Ahmed, Terry Green, Alina Oprea, Dave Wylie, Joe Hooper, Al Pettigrew and Rhea Graham ... Happy Birthday to all! Anniversaries for June



include Peter and Sharon Bickham, Al and Jeanette Holt, and Anthony and Bev Tonkinson ... Happy Anniversary to all!

Bev and Rob arranged for childhood pictures where possible from these members and it was quite a sight, lots of fun to see. Great job guys!

Rob then played a video of his son Aden performing a Rap Song which he had written about self quarantine. Aden did an excellent job and it was fun watching him perform.



Rob followed this video up with a humorous story about a patient diagnosing his health by peeing in his yard (you had to be there!).



Rob called for any "Good News/Bad News" from our members: Dean reported that he has taken possession of his newly leased premises and had received a Government Grant to hire five people for the summer season. Things are looking up. (Great to hear!)

Our next Board Meeting (for June) is scheduled for June 10th at noon by zoom. Our next "Happy Hour", no agenda, entirely social, is scheduled for Friday, June 12th between 4 and 5pm.

Our next regular meeting by zoom will be held on Tuesday, June 16th, at noon. Our guest speaker will be Kari Richardson who is Director of Partnerships & Marketing with Variety Alberta. Her focus with our group is supporting their "Go Baby Go" Toddler Mobility program here in Calgary. This program supports children living with limited mobility using ride-on adaptive cars. It allows children to be more independent and play with other kids in their neighbourhood in a non-stigmatized way.

Our meeting was adjourned at 1:00pm.



June Birthdays and Anniversaries











Dave Wylie June 12th I was born in the Holy Cross in Calgary, Dad was in the Air Force here. My family moved to a farmstead 45 miles NW of Edmonton in September '45. We became poor dirt farmers. (Terry McDunagh was in the Holy Cross at the same time, and our paths crossed twice since then before we met at Rotary.)



Al Pettigrew June 22nd This picture was taken when I was about a year old, in Saskatoon where I was born. We found the picture in my Mom's stuff after she died at 103. Note the hair as a before/after comparison to see one of the ravages of 86 years!



Rhea Graham June 28th This picture was taken when I was a 19 year old student nurse (1961) on affiliation for Paediatrics at Montreal Children's Hospital and a \$ 5 dollar coupon was in my mailbox from a photographer studio. First time I had ever had a professional picture taken.





Peter and Sharon Bickham 49 years, June 5th, 1971 The photo depicts the reception at the country club in Waltham Lincolnshire. The high point was meeting all the far fluna relations on the dis-staff side ... we Bickhams were outnumbered but not outgunned. The bride was sparkling in her finery, not in her usual mini skirts of the time, showing legs that should have been insured!





Al and Jeanette Holt 47 years, June 16th, 1973 We got married downtown at St Francis Catholic Church. Since I'm not Catholic, we had one priest (since married) and a United Church minister presiding. We did our own vows, had no attendants and our fathers were our witnesses. We had about 145 guests. Seven were from my side. I'm still working on figuring out how all the other 138 fit in.





Anthony and Beverly Tonkinson 42 years, June 17th, 1978 We were married in Squamish BC and had the reception in Britannia Beach. Amusing ... my father in law came on our honeymoon with us (from England of course, so what the heck do you do with him!?) Maid of honour was my sister Patti, Anthony's best man was Michael Broadhurst - a long time friend and also a Rotarian. They married years later in 1996.





June Is Rotary Fellowships Month

Why join a Rotary Fellowship?

Excerpt from an article by Lisa Cook, Rotary Service and Engagement Staff

Rotary Fellowships are international groups that share a common passion. Being part of a fellowship is a fun way to make friends around the world, join a global community built around a hobby or profession, and enhance your Rotary experience. Currently, 91 fellowships unite members in friendship and expand opportunities to enjoy their favourite recreational activities, sports, and professions. These groups range from cycling to skiing, Latin culture to jazz, doctors to photographers, and even wine-tasting to beer.

1) Connect with like-minded Rotary members and make friends around the world

While you regularly attend club meetings, Fellowships give you an opportunity to connect with members outside your club and district.



ROTARY FELLOWSHIPS

International groups that share a common passion. Being part of a fellowship is a fun way to make friends around the world, explore a hobby or profession, and enhance your Rotary experience.

Learn more: on.rotary.org/fellowships



REASONS TO JOIN A ROTARY FELLOWSHIP

- CONNECT WITH LIKE-MINDED ROTARY MEMBERS AND MAKE FRIENDS AROUND THE WORLD
- IMPLEMENT SERVICE PROJECTS
- RECRUIT YOUR NON-MEMBER FRIENDS TO ROTARY
- DEVELOP LEADERSHIP SKILLS

Learn more: on.rotary.org/fellowships



2) Implement service projects

new friends around the world.

Rotary members are committed to service, so naturally they find new ways to serve through Fellowships. Many Fellowships take on service projects, leveraging their networks and resources.

They allow you to meet people within the Rotary network that you already have something in common with, making it easier to make

3) Recruit your non-member friends to Rotary

A recent policy change allows anyone to join a Rotary Fellowship, including non-members! Invite your friends that you share a similar hobby or interest with to join a Fellowship with you. This is a great opportunity to introduce them to Rotary.

4) Develop leadership skills

Fellowships offer members and participants leadership opportunities by creating inclusive environments to participate in activities, exchange ideas, and build a community in every corner of the world. From serving on a Fellowship's board of directors to heading committees such as planning a special event or managing the group's social media presence, there are so many ways to get involved.

June is Rotary Fellowships Month!

www.rotary.org/en/our-programs/more-fellowships

Paul Harris Fellows

I have just received two Paul Harris Pins from RI for two of our former members who have continued to support the Rotary Foundation and the wonderful work it does around the world.

Terry Craig has earned a PH +3 pin and David Saunders has earned a PH +2 pin. I will be forwarding these pins to Terry and Dave with the sincere thanks of our Club. These two former members continue to lead by example by continuing to donate to the Rotary Foundation. We hope this encourages others to begin, or continue, supporting our Foundations (see Peter Bickham or Bev Tonkinson to support our Foundations).

Paul Gaudet





What's Up!!

Meetings

Tuesday, June 16th ZOOM meeting at noon ... be sure to join in!

Guest Speaker: Kari Richardson — "Variety - the Children's Charity of Alberta"

and our donation in respect of their program "Go Baby Go"

Tuesday, June 30th ZOOM meeting at noon ... be sure to join in!

President Paul Gaudet's final meeting — Year End Wrap Up, and

hand over to the new Board

ZOOM meeting at noon ... be sure to join in!

Guest Speaker: Ken Keelor, CEO, Calgary Co-op

ZOOM meeting at noon ... be sure to join in!

Guest Speaker: Gail Urquhart, Executive Director, Bethany Care Foundation

Annual Picnic in the Nature Park

RI Convention

Tuesday, July 14th

Tuesday, July 28th

Tuesday, August TBA

Saturday, June 22nd and Sunday, June 21st 2020 RI Virtual Convention General Session — 8am CST for 60-75mins Monday, June 22nd

through Friday, June 26th 2020 RI Virtual Convention Breakout Sessions — 8am, 12pm, 6pm CST

Networking Meetings

Thursday, June 25th ZOOM e-Networking Meeting, 7-8(ish) pm

Guest speaker: Barbara Larsen, Rotary Club of Calgary Fish Creek. She has an

on-line wellness products business.

Happy Hour

Friday, June 12th ZOOM fellowship, 4-5pm

President's Dinner

Saturday, September 19th @ MacKenzie Meadows Golf Club — contact George Kimura

Ruth's Diner

Summer — Covid or not, it's barbecue season!

We love barbecuing in the summer ... some friends call us the barbecue masters. We're willing to try almost anything on the grill. I grew up with a Mom that was always cooking something, but they never barbecued. I'm not sure where my fascination for the barbecue started or when, but in the summer we use the grill at least once a day, if not twice.

Everything from breakfast to pizzas to hamburgers, racks of lamb to roast beef, chicken to pork, are prepared at some point. We have some of the new grilling mats that are perfect for meats, they keep the juices in and brown the outside of steaks, pork chops, etc. We have a grilling pan that is perfect for roasted potatoes, done with olive oil, minced garlic and fresh rosemary that is cut from my herb garden.

This is one of our favourite salads that is the perfect accompaniment to any meat dish, or by itself. It always wows our guests and can be made according to your own taste and the amount you need.



Grilled Vegetable Salad

Chop peppers, mushrooms, zucchini and asparagus in fairly large pieces. Toss them in a bowl with olive, oil — a flavoured one is great — and sprinkle with sea salt and freshly ground pepper.

Grill in a vegetable grilling pan until al dente. If they get slightly charred, it just adds to the flavour!

Toss into a bowl that has a mixture of lettuce — I use a Spring Mixture — and add chunks or crumbles of Feta cheese, and a chopped or sliced avocado.

It's ready to eat! Serve in a clear glass bowl to show off the ingredients. Healthy, easy and tasty — the perfect salad for a summer day, and with a delicious rack of lamb — perfect!

