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2019-2020 Officers and Directors

Paul Gaudet, President
Rob Wolfson, President Elect
George Kimura, Past President
Anthony Tonkinson, Secretary
Al Holt, Treasurer

Anne Dale, International Service
Rhea Graham, Youth Service
George Van Schaick, Community Service
Michael Spears, Club Service
Pat Wierzbza, Club Operations
Bob Gentles, Club Financial

RI President Mark Daniel Maloney
Rotary Club of Decatur, Alabama, USA
District 5360 Governor Christine Rendell
Rotary Club of Calgary East

Please join us for our Rotary Club of Calgary Chinook's inaugural ZOOM meeting.

Tuesday March 31st from 12:00pm - 12:45pm
during our regular scheduled meeting time

You do NOT need a ZOOM account. Just click the following link to join the online meeting room from your own computer.

Join Zoom Meeting <https://zoom.us/j/163562220>

Meeting ID: 163 562 220

• ONLINE VIDEO CHATQUETTE •

HOSTING WELCOMING, INCLUSIVE GATHERINGS ON THE INTERNET



HIT THE MUTE BUTTON IF YOU'RE NOT TALKING

This gives whoever is speaking the space to be heard. It also means you can say 'ooh big stretch' when your dog wakes up from their nap... and no one will hear it.



WAVE AT PEOPLE AS THEY ENTER THE CHAT

A friendly wave and a smile is a non-interruptive but welcoming way to greet people as they enter the video chat, especially if someone else is already speaking!



BE KIND TO ONE ANOTHER

This one probably seems a bit obvious, but it's important to recognise that some people are more confident with technology than others and for some, your gathering may be their very first. Be patient, gentle and kind. But probably don't blow kisses.



TAP YOUR EAR IF YOU CAN'T HEAR SOMEONE

There's a high chance that someone might forget they've muted themselves at some stage, so a gentle, non-intrusive way to remind them that they're muted is to tap your ears. Hopefully they won't think you're initiating a game of Charades.



RAISE YOUR HAND IF YOU WANT TO SPEAK

If there are quite a few of you on a video chat and the conversation is booming, it might be handy ('scuse the pun) to raise your hand when you have something to say. A bit like an invisible talking stick.



PROP YOUR SCREEN UP IN ONE SPOT

The last thing you want to do is cause your fellow video buddies some sea-sickness by moving around too much. We recommend propping up your phone or laptop in one spot so you reduce the amount of motion and hopefully avoid seeing these kinds of faces looking back at you.

Looking for that elusive book of ZOOM? Our friends at Lions have kindly provided this handy manual. Download a copy here:

www.lions105ce.org.uk/.../10Dummies-Guide-to-Zoom.pdf

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Rotary
Club of Calgary Chinook



Member News and Happenings...

Tammy Truman

I'm working ... non stop ... Insurance is considered an essential service. My doors are locked but the phone calls and emails don't stop. Many people need help and guidance on what can be done with removing or reducing coverage while no paycheck is coming in. So it's a massive amount of work!

I really don't mind driving to office every day as it then feels like some normalcy to this new world we are living in, but it sure keeps me busy.

So I'm well and all my staff gals are well too. We say hello and thanks for the notes.

Stay safe and healthy everyone and hopefully soon we can meet again.

Cheers and a hug, 😊
Tammy

Tom McKee

(Florida Rotarian Tom is a summer 'member' of our club)

At this point our plan is to be in Calgary around June 15th. Last year we could not go to Calgary because Linda needed physical therapy from Medicare, and they don't pay for services out of country. This year those Medicare services won't be needed.

We have now lined up a place to stay in Calgary. The bottom line is that we will be coming if we are allowed to by Canada. I expect the travel issues to be resolved by June, but that is our only problem at the moment. It will be nice to see everyone again.

Here's hoping the coronavirus issue will be long gone by June.

Anne Dale

Currently My Sewing Room is open as phone and online orders only, which takes a considerable amount of time as our customers are not used to it. We ship, or offer curbside pickup, and this seems to be working and falls within the current governmental (govern Mental 😊) guidelines — we have diminished our hours, 11-7 Tuesday to Friday to minimize impact to our staff. We laid off many to survive this in a safe and healthy way. The rest of us need the 3 days off to decompress, gather and regroup.

I have a facebook live conversation with My Sewing Room www.facebook.com/MySewingRoomCalgary every day at 4:15 to help raise people's spirits. Many of us have become frozen in fear and depression. I try to lift them up and sometimes they lift me up.

Such a surreal event.

Stephen and Anne Pick (your editors)

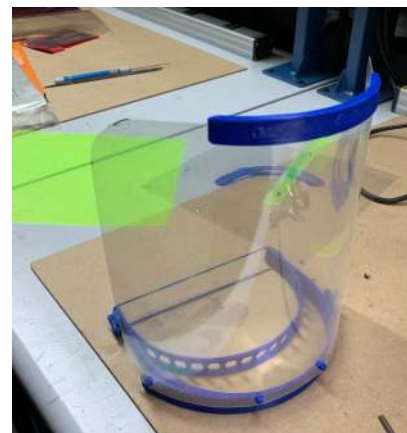
With our motorcoach trip south cancelled, we are out here "On The Ridge" wondering, like everyone, when this will pass and we can all get back to a "new" normal. Fortunately we have a well-stocked larder, so trips into town are unnecessary. However our son works at Safeway so we retain a bit of exposure even though he takes stringent steps to wash up after his shift.

Keep well everyone! and send us a note to include in a future issue.

Dean White

Here at Roots2STEM, I am now busy building much needed medical equipment for emergency rooms. A lot of their equipment is getting stolen and we are making some masks.

Here is one of the first off the line.



Sandy Swan

We're still in Mazatlan and are wondering when we'll be home. We had booked a flight for May 16th, but we're thinking that WestJet will most likely cancel it. They've cancelled all flights from March 22 to April 22 and we think May will be next. They're sending planes for repatriation, but what a fiasco! No one knows whether or not they've got a seat, and the flights/seats available change on an hourly basis. We're supposed to be hearing from the Canadian government and/or WestJet but so far not a word.

My friend in Calgary called and said there was an extra flight from Mazatlan to Calgary tomorrow. I called WestJet, finally got through and the agent told me that there was one, and it had 7 seats available. I had to talk to Jim first, and after I did (in the space of 5 minutes) the flight had disappeared. It's so frustrating.

We're able to stay here because we have Permanent Resident cards, but we'd like to eventually get home to see the kids and grandkids. We saw them all at Christmas time, but that seems so long ago.

Bottom line is, we don't know how long we'll be here, but if the opportunity pops up we'll fly home. Not sure how safe a plane or the airport are, but we'll take our chances. We own a Mexican plated car, so we could drive that back to Canada, but that poses another set of potential problems.

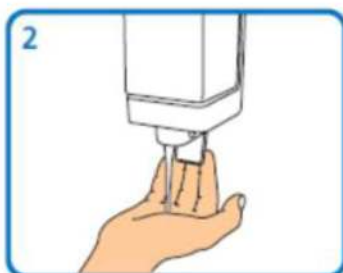
There's a lot of discussion about Covid-19 here in Mexico, but there don't seem to be too many cases. Lots of hotels, restaurants, bars etc. are closed. It seems that the government is trying to be pro-active, so that's good. We seem to be in a little "bubble" down here and I'm sure it will be a shock to us when we get back to Calgary.

Hand-washing technique with soap and water

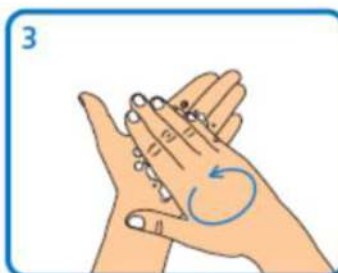
The 4 Way Test



1 Is it the



2 TRUTH?



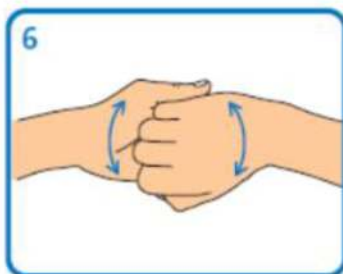
3 Is it FAIR



4 to all



5 concerned?



6 Will it



7 build



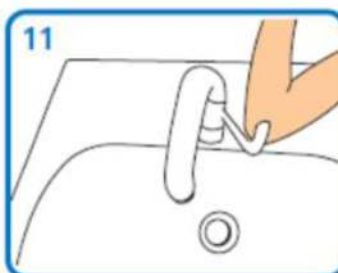
8 GOODWILL and



9 BETTER



10 FRIENDSHIPS?



11 Will it be



12 BENEFICIAL



13 to all concerned?

On-line Networking Meeting

Please join the Rotary Club of Calgary Chinook at our monthly Limericks Networking meeting on
Wednesday April 1st from 7-8pm.

This is no April Fool's joke, as we are replacing Limericks with ZOOM. The one caveat is you must have a beverage of your choice in front of you, served by your in house bartender. We are keeping social distancing top of mind as we invite you to join us in a Rotary social.

As always feel free to extend the invitation and please send me a quick note if you are planning on joining the session.

Join Zoom Meeting
<https://zoom.us/j/629598247>
Meeting ID: 629 598 247



Did You Know? ... A Re-Run

Did you know? ... Our Club was chartered March 14th 1977, but formation began in 1976, sponsored by the South and Downtown Clubs. Six original members remain active, as Honourary Life Members.

The first RI convention we were represented at was Rome in 1979. Greg McLellan, Jim and Judy Thompson attended representing our Club.

The Club bylaws were amended February 5 1990, in accord with RI directive to eliminate gender, clearing the way for women to join. The first was Moe Tynan, proposed by Jim Thompson. Moe remains active and contributing to our club to this day.

Did you know? ... Shortly after our club received it's charter at a ceremony held in the ballroom of the Palliser Hotel, we lost our first charter member. Dr David Chevalier, classification Chiropractic Medicine, was drowned in a swimming accident in Mexico.

Sergeant at Arms

Well I guess I need to fine myself for mis-spelling Sergeant, or is it Serjeant ... the dictionary is unclear. Of course Anthony Tonkinson should put in a loonie for criticizing the Sergeant!

If you did not send in some fodder for the Sergeant, or Good News/Bad News, that will cost you a loonie.

And just for Anne Dale (who should tossing a loonie for criticizing this ancient Club tradition!), here is a bad joke ... *We are 11 days into self-isolation and it is really upsetting me to witness my wife standing at the living room window gazing aimlessly into space with tears running down her cheeks. It breaks my heart to see her like this. I have thought very hard about how I can cheer her up. I have even considered letting her in – but rules are rules.*



Sunshine Report

Remember to contact Pat Hutchinson with any updates and information on the Health of the Club!
pnhutchinson@shaw.ca

Condolences

I just heard from Rhea that David Irving has passed away. Sincere sympathies to your members and to David's family from Rotary District 5360 leadership.

In Rotary Spirit,
Christine Rendell , District Governor 2019-2020
ChristineRendellRotary@gmail.com
403-999-3700

Rotary



Good News / Bad News

The **Bad News** is the Club has now cancelled all April meetings, the **Good News** being we are testing out a ZOOM meeting this Tuesday at noon.



Good News is that Bart Dailley continues to send out his C2Q messages. They make for a good read in this trying time.

What does physical distancing look like?

(also known as "social distancing")

← stay one caribou apart →



(or 2 metres/6 feet)

Note: please stay at least 90 metres/300 feet away from an actual caribou!