

November 26th, 2019 Volume 43. Issue 13

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the Arch



### **The Way In** Annika Triantafillou, Agent

Today's speaker was Annika Triantafillou who is the Central Team Supervisor for the Way In Program with 'carya' (formerly Calgary Family Services).



The Way In program is a community outreach for vulnerable older adults. To connect with an outreach worker. it is as simple as calling 403-SENIORS (403-736-4677). The outreach worker will provide referrals to the appropriate services needed. This service is free and confidential.

The outreach worker will complete an assessment, identify goals and create a service plan based on client needs. Some of these needs deal with health, age, financial, or cultural barriers. Outreach provides information, helps access eligible services and benefits, assistance with forms and applications, and supportive counselling.

Some of the common needs are affordable housing, transportation, medical resources, transportation, elder abuse, food security, and housekeeping.

The Way In is funded by Family & Community Support Services, and 403-SENIORS is funded by the United Way of Calgary and Area.

President Paul thanked Annika for her presentation and adjourned the meeting.



### What is 403-SENIORS (403-736-4677)

- 403-SENIORS is often the first step to get connected with an Outreach Worker from The Way In
- 403-SENIORS is a 24/7 city-wide phone line that can:
- Connect older adult with an Outreach Worker
- Answer questions/concerns over the phone
- Provide referrals/directions to other appropriate services

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**Common Presenting Needs** 

- Housing (affordable housing, moving, home maintena
- Financial Federal, Provincial & Municipal program Homecare and other medical resources
- Transportation (Access Calgary, Escorted Transportation)
- Social Isolation (joining groups, churches, volunteer connections) · Food Security (Food bank, Meals On Wheels, Grocery delivery
- programs)
- Elder Abuse (EART, prevention) • In home supports (Housekeeping)
- Crisis (Eviction prevention, Mental Services)





# **Meeting Minutes**

November 19th 2019

Scribe: Alex Soutar















We were welcomed by today's greeters David Irving, and Bob Gentles.



President Paul called our meeting to order at 12:15 pm with O Canada, and Rotary grace, accompanied by Ruth Wylie on the piano.



Our guests included Hans Tiedemaniy (South), Farkhanda Jabeer (Islamabad Metropolitan), Alina Opera, proposed new member, and our guest speaker Annika Triantafillou.

#### Minute Speakers were:

• Ted Wada reminding us to volunteer for the Christmas Kettles program at Southcentre Mall.

Rob commented on the Thursday evening Networking • meeting next week with the Calgary East Club at the Cat 'N Fiddle Pub, 540 - 16th Avenue NW. The main topic will be membership.

As well, Rob reported on the Loser Pool with David Irving and Hank Popoff splitting the \$162.50 prize money, and the



Bart reminded club members of the • final deadline for shoe boxes this year.

•

Joe Hooper reported Chinook will be cont'd on page 3 ...



remaining \$235.00 to the club coffers.



# Rotary 🋞

# What's Up !!

#### **Rotary Foundation Month**

November 26th	Barry Berman — Prehistoric Aliens
November 28th	Networking Night $-$ in conjunction with the Calgary East Club from 5:30-7pm
	at the Cat 'N Fiddle Pub, 540 - 16th Avenue NW — contact Rob Wolfson 🥌
November 28th	Cribbage @ Horton Road Legion — contact Peter Bickham
	Fellowship @ 5:30, games @ 6:30
November 30th	Glow in the Dark Five Pin Bowling $-$ 4-6:30 @ Toppler Bowl, 7640 Fairmount Drive SE
	Cost \$25 pp. includes 2 hrs bowling, shoe rental, pizza — contact Rob Wolfson

#### **Disease Prevention and Treatment Month**

December 3rd	Seniors Christmas Party
December 10th	No meeting re Christmas Party
December 11th	Club Christmas Party
December 12th	Cribbage @ Horton Road Legion — contact Peter Bickham
	Fellowship @ 5:30, games @ 6:30
December 17th	Mike Colborne — Rotary Employment Partnership
December 24th	No meeting
December 31st	No meeting



2020

#### **Vocational Service Month**

January7th	Bart Dailley — Macdonald's History
January 14th	Club Assembly
January 9th	Cribbage @ Horton Road Legion — contact Peter Bickham
	Fellowship @ 5:30, games @ 6:30
January 14th	Club Assembly
January 21st	Stephen and Anne Pick — Northern Travels
January 23rd	Cribbage @ Horton Road Legion — contact Peter Bickham
	Fellowship @ 5:30, games @ 6:30
January 28th	Ane Marie Lurie, Chief Economist, Calgary Real Estate Board



.... cont'd from page 2

## **Meeting Minutes**

receiving a deposit from the previous casino of \$68,332.92.

• Jim Hennessy reported some appreciative comments from an American Military Serviceman on how well Canadians honour and respect Remembrance Day.

**Sunshine Report** — Pat Hutchinson was taken to hospital suffering chest pains, and following several tests nothing serious surfaced. He is now resting at home. Stay well Pat. No other Sunshine Reports were available.





President Paul held the winning **Chase the Ace** ticket this week, and claimed the daily

amount of \$80. The grand prize remains for another week!

**Sergeant** duties this week were handled by Dave Wylie, and several donations at each of the tables

were due to wrong answers to Dave's questions.



President Paul recognized Past President George Kimura for **Outstanding Service** to Chinook. George joined Chinook Rotary in 1993, and was club President in 2009 /10, and again in 2018/19. During this time George introduced 6 new members, and served as Assistant District Governor to Al Bergsma, Mike French, and Fran Leggett.

George attended the International Conference in Calgary, and several District Conferences, as well as working countless hours parking cars at Spruce Meadows. George is a competitive curler, and enjoys meeting Rotarians and supporting Rotary membership.



Thank you George for an outstanding contribution to the success of Chinook Rotary.

# Rotary

### **Christmas Events**

by Tammy Truman



#### Seniors Lunch December 3rd

Thanks to those who already have signed up. Currently the only openings left are for 17 people to be table servers.

Please read the file before you sign up. I want to make sure you are aware that if you would

like to be a part of this day, and just come and enjoy the turkey dinner, live music and Stampeder guests you are very welcome. The cost is just \$25.00 per person and this should be paid ahead of time to Connie. As well, I MUST know as we need an official head count for table settings and food supply.

Attire is white top and black bottom, and we will provide the Christmas Tie. The buses are scheduled to arrive between 11.20am and 11.40am, but as you are aware, many come extra early and it takes awhile to get our group organized. So please try to come early (10.30-10.45) if you are working the event ... and remember to come with a full stomach as you will have no opportunity to sit and eat like usual. In the past if there have been cancellations or Carriage House has extra turkey, they may offer it after the event, but there is no guarantee on this.

Some of you have expressed concern that the people we are serving may not be really worthy. Please try to attend the meeting on November 19th so you can hear first hand from Annika, the director of Carya on how these people are selected.

I also plan on having media around this day so please be on your best behaviour ...





#### **Christmas Party Dinner December 11th**

Who wouldn't want to go out on a Wednesday night, have a delicious 3-course meal, be entertained by Elvis, and have a chance to dance and socialize all for \$50.00 per person !?! PS you will also be home in bed by 10.30 if you want!

Email me to sign up with your food choice, or look for file that goes around at the club meetings.

I would really appreciate payment by **cutoff which is December 3rd**. You can write a



cheque payable to Chinook Rotary, pay cash, or use your cc and give it to Connie. It's just so much easier to have this done ahead of time. Otherwise 50 of you show up at same time and I won't have a machine or change etc — payment in advance would make the evening flow much easier upon arrival!

Thanks for your support and looking forward to a couple of great events.

Any questions, please email me at tammy truman@cooperators.ca



