

District Governor Visit Christine Rendell, DG



Rob introduced our District Governor and speaker, Christine Rendell. Christine was born in a small town in Newfoundland, moving to Alberta in 1979 to start her career with the ATB. In 2006, she retired from the ATB and took on another career doing administration for oil and gas companies. After 10 years, she retired again. She and Brian have two sons and a granddaughter who is nearly 3 years old.

Christine joined the Rotary Club of Calgary East in 1999 with a desire to give back to the community. She convinced Brian to join her Club in 2001 and has served on most leadership positions, being president in 2006-2007. She has also served as a Director on the 5360 District Board. The family has hosted nine exchange students, attended 18 District Conferences, and 6 International Conferences. Christine is a Paul Harris Fellow, Major Donor, and a Bequest Society Member.

Vision: Together, we see a world where people unite and take action to create lasting change — across the globe, in our communities, and in ourselves.

District Theme & RI President Mark Maloney's

Rotary's 5-year Action Plan has 4 top Priorities to Grow Rotary. We ARE People of Action so:

1. **Increase our Impact** — seek new ways and put our skills to use to Make a Difference!
2. **Expand our Reach** — inspire one another to build connections and opportunities that will allow others who share our drive to do the same.
3. **Enhance Participant Engagement** — strive to understand the needs of others. Our members need to feel that they are seen and heard! Respect each other.



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2019-2020 Officers and Directors

Paul Gaudet, President
Rob Wolfson, President Elect
George Kimura, Past President
Anthony Tonkinson, Secretary
Al Holt, Treasurer

Anne Dale, International Service
Rhea Graham, Youth Service
George Van Schaick, Community Service
Michael Spears, Club Service
Pat Wierzb, Club Operations
Bob Gentles, Club Financial

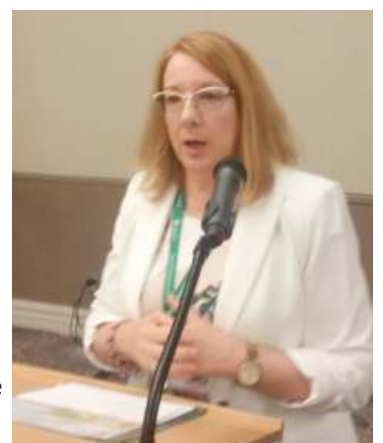
RI President Mark Daniel Maloney
Rotary Club of Decatur, Alabama, USA

District 5360 Governor Christine Rendell
Rotary Club of Calgary East



Alexandra Kushliak ,BA, BSW, RSW is an Education Consultant with Advance Care Planning and Goals of Care, Calgary Zone, ALberta Health Services. Her education and experience has involved working as a Social Worker in the medical field, including acute care, rehab settings and supportive living.

Alexandra has brought her social work expertise in running educational groups for stroke units and the Cancer Society in Winnipeg. Since coming to Calgary 19 years ago, she has worked on several transition units, long term care, hospice and Supportive Living.



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Greeters were Stephen and eventually Francis. Garth S stood in for Francis until Francis could get away from his law practice.

Stephen and Anne are heading north for their annual venture into Canada's wilderness — not to the Arctic Ocean like last year, but to places not many of us have ventured into.

Francis introduced Sandy Swan's spouse Brian, George Graham from Canmore (former Charter Member of our Club), Martin Parnell (District Governor Nominee) from the Cochrane Club, and our District Governor, Christine Rendell.



Pres Paul and Anthony handed out a survey to ask members to describe the use they make of Club Runner. These were to be completed,



and then left on the table, or returned to Paul or Anthony.



Pat H called John McBean who is doing fine while visiting family.

Rob asked us to read Anthony's email regarding the ALCB course. Members of the RIBFEST Committee

visited Lethbridge to witness their event where 20,000

attended. He wants us to use social media to attract attention to our event. Rob is on the District Club Runner Committee and he recommended that members visit the RI.org site of our mother organization.



Bruce B, who is running our casino, needs 5-6 more volunteers for the two day event on September 28th and 29th.



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4. Increase our Ability to Adapt — People of Action are inventive, entrepreneurial and resilient! Throughout history our leaders have excelled in their mission for positive lasting change. Let's find fresh opportunities and paths to leadership for our young professionals and aspiring leaders!! Let's have our families compliment rather than complicate our Rotary journey.

District 5360's 3-year Strategic Plan has 3 top Priorities:

- 1. Build Vibrant Clubs** — invest in youth development, new members and grow Rotary. Let's ensure our Assistant Governors build strong relationships with the clubs under their care through continuous communication and support.
- 2. Collaborate with other Rotary, Rotaract and Interact Clubs** — why compete when together we can do more!
- 3. Collaborate with other community groups and service organizations** — at the end of the day, we all are more alike than we know, with a desire to make a difference and create lasting positive change! We CAN do more by partnering, and may even add new Rotarians in the process! So let's Connect, Communicate and Collaborate with each other, and with other Rotary Clubs and other organizations!!

This year we introduced some new District Committees for Diversity, New Clubs, Community Partnerships and International Partnerships, all led by diverse young professionals. These will be key along with our existing Youth Services, Membership and Foundation Committees in building a bright sustainable and engaged Rotary District 5360!

Every club has its own culture and I get that. I love the members of my club dearly but if meeting them for the first time today, I must admit that I would have some reservations! Rotary International's Council on Legislation has given clubs autonomy on membership, attendance, and meeting schedules. It is up to our clubs to decide who it wants as members, how often they want to meet, and the format of the meetings. So let's honour our traditions, yet embrace positive change.

When I became a Rotarian in 1999, I had no clue about what Rotary was about, and I hadn't done any research before I joined. All I knew was that a work colleague told me "Rotary did good community service work". I had a desire to give back to my community, plus network in my role as a business banker. Also as a single mom raising two rambunctious sons, it gave me something to do in my "spare" time.

I met Brian around the same time I joined Rotary, and within a month we attended the President's passing of the "wheel". We were perplexed by acronyms, traditions yet intrigued. Brian and I and our family embraced Rotary and it became intertwined in our lives in a very big way ...

- we witnessed the broad smiles of children when we flipped pancake s for breakfast
- It's a Crime not to Read ... the warm hugs, from so many children from so many different cultures, given to CPS volunteers in the program as parents nervously watched!
- we have hosted exchange students from many different countries and cultures, watched them mature before our eyes, and become members of our family. We have visited them and they have come back with their families
- Under the Tom Jackson Stay in School program for Urban Aboriginals, I mentored a 12-year-old Indigenous girl, Jolesa, and was blown away by the terrible poverty-stricken conditions of her family and our first nations peoples.

Her mom worked tirelessly to provide for Jolesa and her brother, she did not smoke, drink alcohol or drugs. We embraced Jolesa into our big happy family, I picked her up after school once a week and would take her shopping for clothes that she really needed, school supplies, got her hair done. She attended my Rotary Club events and was embraced by our club in a positive way. We brought her to our place in Invermere. She attended Rotary Youth Program of Empowerment. Her 18 year old sister was in prison in Saskatchewan. When she was released and moved back, the home life imploded — men, drugs, drinking, violence. By then Jolesa was 13 and she started rebelling in a gangster tough girl type of behaviour. To get her away from her older sister's influence, her mom sent her to BC to live with her father. I reconnected with her recently. She's now 15 and has a baby.

This thing called Rotary has changed our lives in a very meaningful way. We have described Rotary to friends outside Rotary who kid us and say we've joined a cult. Thinking about it, we have joined an awesome cult with a mission to do good in the world.

- Through attending District Conferences (May 1-3 2020 Calgary), reconnecting with our friends and getting recharged.
- the International Conventions (June 6-10 2020 Honolulu) we have witnessed tens of thousands...
- The excitement is building because our own District 5360 hosting the International Convention in 2025!

Brian and I never cease to be amazed the extent of Rotary and the vast amount of positive change that it has done, and will to continue to do in our world!

Thank-you for joining Rotary.





Casino Fundraiser !!



September 28th and 29th
at Calgary Casino



Contact
Bruce Bohnet
or
Joe Hooper



Greeters: Bill Churchward and Ron Hardie

Guests were introduced by Ron Hardie: Amy Contreras, Martha Henry, and John Beatty — all guests of Paul Gaudet; Faye



Green, guest and wife of Terry Green; and Alexandra Kushliak, Guest Speaker.



President Paul Gaudet opened the meeting and after the

usual singing of our national anthem and grace, the members and guests settled in to dine and converse.



Sunshine Report: Pat Hutchinson reported that our former member John Barrett who now resides in South Africa is doing better.



Minute persons:

- Dale Perret — Globalfest commencing next week and volunteers needed
- Jim Thompson — reminded us that next week the luncheon was at our Nature Park
- Rob Wolfson — mentioned the RIBFEST event starting September 6th, and encouraged members to sign up for ProServe as it is an important



aspect of volunteering for this event. George Kimura is willing to assist those in the process.

Birthdays, Anniversaries and Membership: In place of Bev, who couldn't attend today, Anthony Tonkinson read the details and we sang Happy Birthday. It is always amazing and heart-warming to

hear of the longevity of so many of our members in wedded bliss.



Chase the Ace:

Ticket sellers were Anthony Tonkinson and Anne Dale. Hank Popoff was the lucky winner of the weekly pot of \$48.00, and the ACE wasn't chosen again this week, so better luck next time?



Sargent At Arms:

Bob Gentles wrestled a few coins from us with his test of Canadian History.



August 13th, 2019

Scribe: Dale Perret

The annual luncheon, hosted by McKenzie Golf Club and Jim Thompson, was held this year in the Cart Barn due to sketchy weather. It did turn out to be pleasant after all, but last minute changes were not possible to revert back to holding it at the Park.

Jim shared that while there was a major clean up earlier this year, a second is needed because the paths were overgrown again. Could that be a result of all the rain we have had!!?

Many thanks are due to Jim and his staff for not only providing a tasty lunch as usual, but for not charging us for our expected attendance of 40. No doubt to the possibility of inclement weather, only 23 members were in attendance.

Hopefully members with friends and family will take the time to enjoy the park on another day.

Photos courtesy George Van Schaick



Submitted by Jim Thompson

On August 13th, we were scheduled to have our annual "Picnic in the Park" meeting at the main gazebo in our NATURE PARK in Fish Creek. This has been an annual alternative meeting site once a year for over 15 years, in the urban park our club developed 20 years ago with ongoing custodial commitments to Alberta Provincial Parks. The weather didn't look promising ... as most of August to that date had been. We usually get about 40 members and guests out for this relaxed gathering ... catering, based on that number, is arranged via the neighbouring McKenzie Meadows Golf Club Food & Beverage Department (Paul McGowan, Manager). They volunteer to supply us with chairs, an on-site staffer and a golf cart for use at this event ... all at no charge. PLUS they do our spring pathway grooming with their mower equipment and staff at NO CHARGE.

The morning of the 13th the weather looked very iffy! Paul McGowan was in touch with me, several times, suggesting we may have to move to the golf course event centre ... erring on the side of caution, we agreed. Once again this was a NO CHARGE alternative and we quickly got out emails to all members advising of the change.

In the end we had 23 attendees in the comfortable Cart Barn Event Centre for a terrific picnic luncheon, based on 40 expected, the caterers rolled back the charge to just 25 billed in attendance. This was the four way test at its best! So glad I had my son Miles there, a RYLA recipient of the club in the 90s and a Paul Harris fellow, who through his former employer, donated \$15,000 to the Park development. It was a feel good day !!



Greeters: Pat Wierzba and Terry Green

Guests: Linda Guse, guest of Anne Dale; Don Campbell, Downtown Rotary; Rick Istead and John Crosser of Fish Creek Rotary; and Paul McDowell, Olympic Rotary.

It was so nice to see a long term member Ernie able to join us today. He has been "under the weather" for a while.



- Dale Perret — Globalfest in progress and should anyone desire tickets, see her after the meeting.
- Rob Wolfson mentioned the start of the NFL Pool which is \$20.00 to join, and the folder will be circulated today and down the road.

Sunshine Report: Nothing to report at this time. GOOD NEWS!

Chase the Ace:

Ticket sellers were Rhea Graham and Anne Dale. Harry was the lucky winner of the week's pot of \$37.00, but no ACE was chosen (with a pot of \$408.00) again this week, so better luck next time ?



President Elect, Rob Wolfson opened the meeting on behalf of our President Paul Gaudet, and after the usual singing of our national anthem and grace, the members and guests settled in to chat and dine on Roast Beef or Waldorf Salad.



Invite: Paul McDowell of Downtown Rotary gave us an update on a Program called "Walk a Mile in My Shoes". Many male Rotarians have been marching and he invited our male club members to get involved. It is being held

at the Southcentre Mall on September 14th, and any of the female members, while not in the march, are encouraged to donate to the cause.



Minute Persons:

- Al Holt reminded members that dues are due before the end of the month to avoid a penalty.



Sargent At Arms:

Bob Gentles again wrestled a few coins from us, continuing with his test of Canadian History. We were all woefully ignorant of the knowledge required, and obviously out of school a long time ... even if we knew it then!!

Speaker:

Rhea Graham, Director of Youth Services, along with

Dean White of Roots 2 Stem, did a presentation for this meeting regarding what Roots 2 Stem is, and how we as a Rotary Club are involved.



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New Rotary Year Begins

September 17th Irene Herremans — School Solar projects in Mexico
 September 24th Communication — Getting on to Clubrunner, and Why You Should Do So
 September 26th Networking Meeting @ Limerick's, 5:30 to 7pm — contact Rob Wolfson
 September 28th & 29th Casino Fundraiser @ Calgary Casino — contact Bruce Bohnet or Joe Hooper

Economic and Community Development Month

October 1st Dr. Kathryn Schneider — Concussions in Sports
 October 8th Ryan Fairweather and Phillip Bandura — Glassblowing
 October 15th Christopher Usih, Chief Superintendent, CBE
 October 22nd Community Service Agenda
 October 29th Village Brewery Tour

Rotary Foundation Month

November 5th Foundation
 November 11th All Clubs Remembrance Day Meeting
 November 12th No meeting
 November 26th Society AGM



Meeting Minutes

.... cont'd from page 2

Ian won the daily pot and pulled the 9 of Clubs. John C and Jim H sold me the wrong ticket ... AGAIN! They are finished their month of selling so perhaps the new team will bring me more luck.



Garth S was our Sargent-At-Arms and asked all to donate \$2 to our Club because we are fortunate to belong to such an Organization that does so much good in the World.

Jim Thompson reminded us of the meeting at the Rotary Club of Calgary Chinook Nature Park on August 13th.

Photos courtesy George Van Schaick

Networking September 26th

Now that the leaves are turning yellow, it is time once again to re-connect at our monthly Rotary Networking Pub Meeting, Thursday September 26th from 5:30 – 7:00/15 at Limericks Traditional Public House at 7304 MacLeod Trail SE. We have 'The Locke' room booked on the 2nd floor.

All Rotarians (and Rotarian guests) welcome that want to talk about their business or Rotary project. This is a great way for Rotarians to promote their own business, and also learn about other members' business lines. It is also a more casual way than our formal club meetings, to introduce potential new Rotarians to existing members to ask questions and learn why they are in Rotary in a more relaxed environment (and of course they have beer!).

Please let me know if you are thinking of attending. Everyone will have an opportunity to provide a summer update on their business, so please think about 2-3 minutes on what has been keeping you busy, or what you have upcoming to promote.

Our guest speaker will be Hyder Hassan (Calgary Fish Creek) who is the CEO at Immigration Services Calgary.

Rob Wolfson



Board of Directors Hard at Work



Green Sleeve Project

.... cont'd from page 1

Her presentation today was on a passion she has for client's rights to advance care planning. Members were provided with a "Green Sleeve" package that referenced Advance Care Planning documents and the need to ensure these documents were with you at any hospitalization and remain with you as the patient. Anyone over 18 should ensure they have one in place.



This program has been working with Fairview School students regarding a mentoring program under Youth Services with great success. Anthony Tonkinson mentioned how impressed he was as a mentor involved with it.



Rhea also gave an update of the various programs under Youth Service and the success of it.

*Photos courtesy
George Van Schaick*



Arch Info

The minutes and photos from the meetings August 28th, September 3rd and September 10th will be in the next issue!

Dinner Club !!

After 9 successful years, I hope there will again be interest from our club members and friends of Rotary to continue with the Dinner Club activity. If you participated in the 2018 -2019 season, you are totally familiar with the program. (If you didn't, you missed a great experience! Call me for details.)

Please join us for the upcoming 2019-2020 season!



Confirm your intentions no later than SEPTEMBER 22nd by emailing popoffjm@telus.net or calling me at 403-271-0131

Hank Popoff



Rotary South Club Fundraiser

**Tuesday, September 24th
6pm - 10pm in the
Big 4 Building in
Stampede Park**



The Rotary Club of Calgary South is putting on **Rock'em Sock'em Ribfest** to support the Club to ensure that they are able to continue to do the charitable programs and work that they do in the community.

Seats for the event are \$300 each or tables of 8 for \$2,400.

The Hanson Brothers from the movie Slap Shot will be there. There will be Flames Alumni and hockey celebrities in attendance. Mark Astley, Chris Cedarstrand and Tony Stiles will be there too! The Heebie-Jeebies will be performing, as well as the Perfect Storm Athletics' Junior Team Canada Cheer Team. There will be time to mingle with the athletes, and get autographs and pictures with the Hanson Brothers. The Hanson Brothers will be deciding who is the best look alike as well ! This is going to be an amazing event with great food, beer, fantastic guests and entertainment!

Questions ... contact Calla Caffyn, for Murray Flegel

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