

ZOOM Meeting Minutes

April 6th, 2021

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Calgary Women's Emergency Shelter

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April Birthdays & Anniversaries



Chinook Rotary had 35 members and guests join on ZOOM for this informative and interesting meeting. On a very positive note, Henry and Janet Popoff along with Anthony Tonkinson had just returned today from receiving their second dose of COVID-19 vaccine. As the younger scribe, I will say that this is definitely one of those times that it pays to be older! 😊



2020-2021 Officers and Directors

Rob Wolfson, President
President Elect, George Van Schaick
Paul Gaudet, Past President
Dale Perret, Secretary
Al Holt, Treasurer

Bev Tonkinson, International Service
Dean White, Youth Service
George Van Schaick, Community Service
Michael Spears, Club Service
Bill Stemp, Club Operations
Bob Gentles, Club Financial

RI President Holger Knaack
Rotary Club of Herzogtum Lauenburg-Mölln, Germany

District 5360 Governor Mary Turner
Rotary Club of Olds



Today's guest speaker was Veronica Lawrence, Resource Development Associate for past 5 years with Calgary Women's Emergency Shelter. She gave an excellent presentation on this organization, and shared the sad grim statistics of how many women and children are helped right here in Calgary.



Programs and Services include:

- 24-Hour Family Violence Helpline
- Wellness Centre
- Court Program
- Community Services Counselling Program
- Men's Counselling Service
- Emergency Shelter
- Child, Youth and Family Program
- Healthy Relationships
- Take a Stand Initiative

STATISTICS AND RESEARCH

- In our last fiscal year, the Calgary Women's Emergency 24-Hour Family Violence Helpline received more than 10,450 calls.

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Calgary, Alberta T2J 7A6
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In our last fiscal year, the total number of clients Calgary Women's Emergency Shelter served was more than 15,000.

- 1 in 2 women will experience one incident of physical or sexualized violence.
- In Canada, a woman is killed by her intimate partner every 5 days.
- Family violence and abuse costs Canada an estimated \$7.4 Billion every year.
- Calgary Police Service responds to approximately 20,000 domestic violence calls each year.

WHY VIOLENCE PREVENTION PROGRAMMING MATTERS FOR YOUTH

- Youth who experience dating violence are up to 2x more likely to experience physical, intimate partner violence later in life.
- Children who witness 10 or more incidents of parental domestic violence before the age of 16 are at least twice as likely to attempt suicide.
- Each year in Canada, it is estimated that up to 362,000 children witness or experience family violence.
- Dating violence is the highest among the 15-24 age group.
- Youth under 18 represented 22% of the Canadian population in 2004 but made up 58% of victims of sexual offences.
- 1 in 3 youth report knowing a friend or peer who has been physically abused by their partner.
- 1 in 5 girls who have been in a relationship have had their boyfriend threaten violence or self-harm if presented with a break-up.
- Approximately 19% of teens experienced dating violence in the last year



YOUR ROLE IN ENDING ABUSE

Ending family violence and abuse is a community issue and all of us play a role in the solution.

An Alberta survey showed that 90 per cent of Albertans polled believe that family violence prevention should be an urgent priority for the Government of Alberta. ~2012, Ipsos Reid Survey

Take A Stand and Against Family Violence and Abuse — Ways to help end abuse in our community:

- Seek Help, Hope and Safety

Are you living with family violence and abuse?

Contact the Calgary Women's Emergency Shelter's 24-Hour Family Violence Helpline at 403.234.7233 (SAFE), Email: help@cwes.ca, Text: 403-604-6689. Services are free of charge and trained counsellors are available 24 hours a day, 7 days a week, 365 days a year to help answer your questions.

- Learn More About Family Violence

There are a lot of myths and stereotypes that exist around family violence. The more you learn about it, the better able you are to understand the complexity and need for change. Family violence is not OK, no-one ever "asks" to be abused, and it affects everyone.

- Help Someone You Know or Think is Being Abused

If you have witnessed abuse or suspect that someone you know is being abused, help out by supporting them — let them know you are there for them.

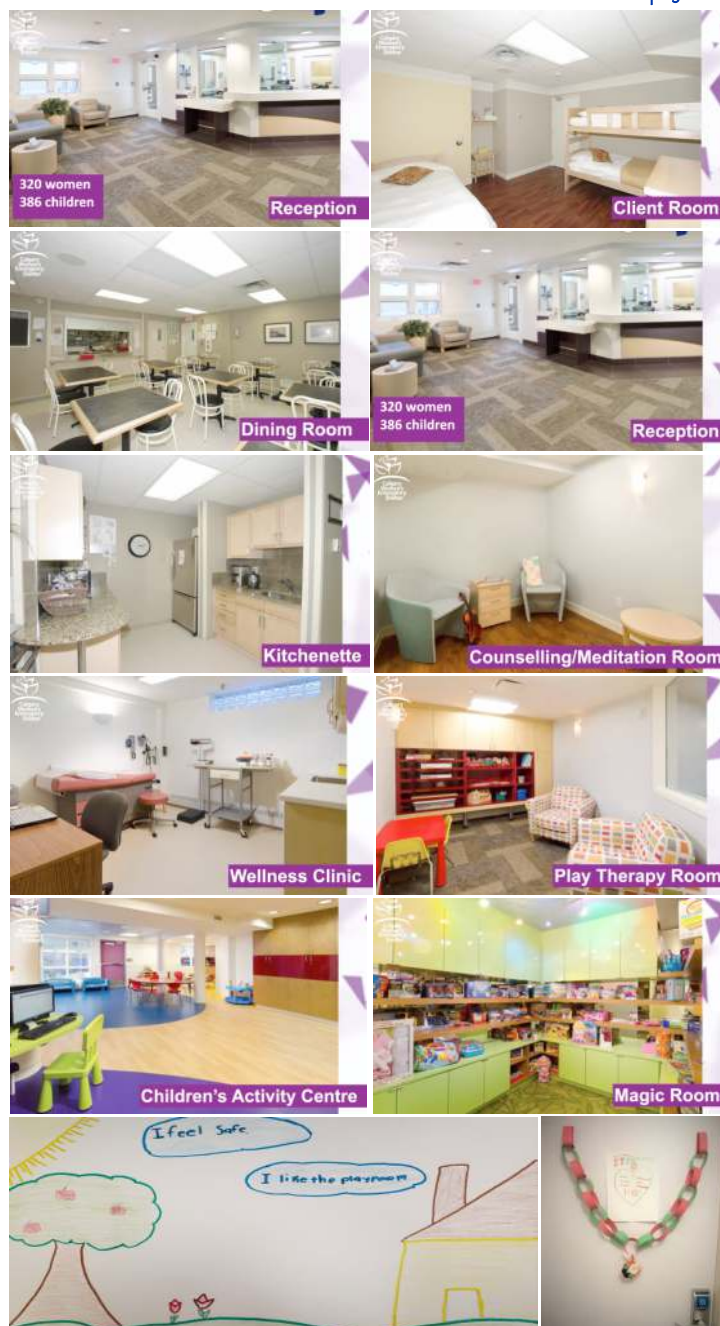
- Take a Stand Against Family Violence and Abuse

Taking a Stand means standing up and stating that family violence and abuse is never acceptable. This is a serious community issue. We all have a role to play in helping end it. Help us increase awareness and change the conversation.

Strengthening our education and awareness, along with "Taking a stand" to address this growing issue is critical. We are committed to ending family violence and abuse — we hope you will join us.

On that note CWES is no stranger to Chinook Rotary and lots of its members. The Rotary Curling League of Calgary, of which we have many members from our club, do an annual auction as part of the Christmas dinner. We started in 1998 and now after 23 years we have contributed a total amount of \$87,342 to CWES. Our personal club Christmas party also made a nice donation and in next month's Arch you will hear from Dale Perret and our donations committee on another donation we are going to make.

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This month's **JUST BECAUSE** award was presented to Bev Tonkinson. In addition to being our current International Service director, Bev gives so much more. Their home has been the host to many gatherings over the years from social events, pizza parties, card games or making new Rotarians feel extra welcome. Since COVID arrived Bev has now offered her driveway for various fundraising initiatives, and recently made it available as a drop-off for items going to the Homeless Shelter. In charge of Birthdays and Anniversaries, Bev makes everyone feel extra special and that's why she was picked to feel extra special this month as well.



Speaking of **birthdays** ... April not only brings us spring flowers, it brought us: Ian Burgess, Dale Perret and Ruth Wylie on April 1st, Roberta Gentles on April 18th and Connie Hussey on April 25th. Hope you all had or have a wonderful day and may the coming year be full of good health and happiness!

Anniversaries for the month of April are: Neil and Lois Beatty 55 years, Alberta and Laurinda Amaniampong 29 years, Gord and Mary Billings 62 years, George and Carol Van Schaick 30 years, and Bill and Maria Stemp 19 years.



Chase the Ace and 50/50 weekly winner was Paul Gaudet. So he went home with a few dollars in his jeans, but did not pick the right coloured Ace. It's getting very exciting now and pot is increasing!



Peter Bickham chatted about the **Rotary Foundation** and presented Paul Harris Fellow pins to Alex Soutar with a plus 6, and to Ruth Wylie with a plus 7. Kudos to both of you for making a difference in the world with these donations.



Sergeant at Arms



Good News and a Tidbit

Hank and Janet Popoff made a \$100 donation to the foundation in thanks for having received both their COVID vaccinations. Neil Beatty shared his daughter is moving to Edmonton from BC ... will be so nice to have her closer to home. Just for fun, Dave and Ruth Wylie shared a photo of Ruth's first sewing machine.

Speaker's Presentation

24-HOUR FAMILY VIOLENCE HELPLINE

- Call: 403-234-SAFE (7233)
- Text: 403-604-6698
- Email: help@cwes.ca
- Last year, we received 10,459 calls on the Helpline.



COMMUNITY SERVICES COUNSELLING

- Short-term, crisis-oriented support
- Up to 12 months of long-term counselling
- 600 women attended last year



HEALTHY RELATIONSHIPS PROGRAM

- School and community based program for youth
- Provides prevention and early intervention, group and individual counselling to youth aged 12+
- Last year, more than 800 youth participated in this program.



TAKE A STAND INITIATIVE

- Teaches community members how to support those affected by family violence and abuse
- Learn about:
 - Different types of abuse
 - How to recognize, respond and refer
 - Myths and misconceptions
- Presentations offered to organizations and community groups



COURT PROGRAM

- Helps women experiencing family violence and abuse to navigate the complex legal system
- Last year, this program helped 215 women.



MEN'S COUNSELLING SERVICE

- Men concerned their anger and abusive behaviours are negatively impacting their family members
- Respectful, non-judgmental, one-on-one and group counselling
- Counselling and safety planning are offered to the man's partner
- Last year, 524 men and 137 women were helped through their journey



WAYS YOU CAN TAKE A STAND AGAINST FAMILY VIOLENCE AND ABUSE

- **LEARN** More about family violence and abuse
- **SPEAK UP** Sign the commitment about family violence and abuse
- **CONTRIBUTE** Donate and/or volunteer
- **HELP** Someone who is in crisis or at risk of being abused
- **PARTICIPATE** In community supported initiatives and events

Contact Us

info@cwes.ca
www.calgarywomensshelter.com
Donations Hotline: 403-234-1130
24-Hour Family Violence Helpline: 403-234-7233(SAFE)



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Find us on:



Gala & Tailgate for The Foundation

Do something different !!! Join us for a special Gala and Tailgate on May 12 and co-incidentally get some tax advantage and do good. It'll make you feel better!

Take a look at this link for all the details: www.bit.ly/TRF-Gala

Peter Bickham



Join Director, Valarie Wafer, and Dean Rohrs, Trustee of The Rotary Foundation, our hosts for this 2021 virtual event. The program begins with our special guest, Rotary International President Nominee, Jennifer Jones, at the 'Red Carpet' pre-event:

Celebrating our Foundation!

Wednesday 12 May 2021, 8:00pm ET (5:00pm PT)

This will be a ~60 minute fast-paced virtual Gala fundraiser for TRF designed to help the leadership in every one of our 43 Districts in Zones 28 and 32 help promote fundraising for both the Annual Funds and PolioPlus with their members. It is easy for districts to participate, as the show will be created for you and all you have to do is promote it!

Our Gala evening will feature a 'Red Carpet' pre-show that kicks off at 8:00pm ET sharp hosted by Rotary International's first female President, Jennifer Jones! This will lead us into the variety show with Master of Ceremonies Past RI Director Jeffrey Cadorette, distinguished speakers, entertainers, inspiring stories about service supported by TRF and much more!

Tickets to the virtual event are available at trellis.org/rotary-gala

They are \$110 USD plus applicable fees, of which \$100 is a fully credited donation to TRF — you get a charitable tax receipt and 100 Paul Harris Fellowship points, and your District gets credit towards their Foundation goals. This gives Rotarians their clubs and Districts the opportunity to DO MORE GOOD, and meet the goals they have all set for Foundation donations this year. The donation will be directed 75% to the Annual Fund of TRF, and 25% to the PolioPlus fund. The program continues to evolve but we already have some great things lined up for you! Check them out at: www.bit.ly/TRF-Gala

- Whatever you do, always give 100% ... unless you're donating blood.
- I've finally told my suitcases there will be no holiday this year. Now I'm dealing with the emotional baggage.
- If you're not supposed to eat at night, why is there a light bulb in the refrigerator?
- What did Snow White say when she came out of the photo booth? "Someday my prints will come."

Raffle for Inclusion Alberta



Here's how Rotary is involved with Inclusion Alberta:

ROTARY EMPLOYMENT PROGRAM — Promoting Employment for People with Development Disabilities — a collaboration of District 5370 and 5360 with Inclusions Alberta a non profit, voluntary association of more than 40 organizations across Alberta representing the interests of children and adults with developmental disabilities and families for almost half a century. Approximately 80% of adults with developmental disabilities are unemployed and under-employed

Inclusion Alberta 50/50 Cash Raffle Fundraiser Support Inclusion Alberta and Win Up to \$2,500!

We are excited to announce the launch of our online 50/50 Cash Raffle Fundraiser, in conjunction with the 2021 Virtual Inclusion Alberta Family Conference!

Purchasing a ticket will support Inclusion Alberta to continue to make a real and positive difference in the lives of children and adults with developmental disabilities and their families across Alberta.

You have a chance to win a guaranteed payout of \$1,000 up to a maximum of \$2,500!

Ticket Packages:

- A 1 for \$10.00 (limit 20)
- B 4 for \$20.00 (limit 75)
- C 20 for \$50.00 (limit 26)
- D 100 for \$100.00 (limit 20)



Purchase tickets at: www2.rafflebox.ca/raffle/inclusionalbarta



@rotarianevanburrell



Rotary Opens Opportunities

Mark your calendars for an exciting opportunity to connect with Rotary members worldwide at the 2021 Virtual Convention: Rotary Opens Opportunities, 12-16 June. Registration will open in mid-April at a special rate of \$49. After 21 days, you will pay \$65 to register.

You can also join us early at a pre-convention for inter-country committees, Rotaract, and Rotary Youth Exchange officers, 10-11 June. Each pre-convention costs an additional \$20.

The 2021 Virtual Rotary Convention and pre-convention events are open to all Rotary members and participants. Both the convention and pre-convention fees include access to the virtual House of Friendship.

Don't forget to visit the convention event page on Facebook to connect with others and stay up-to-date on event news and program highlights!

The Rotary International Convention, scheduled for 12-16 June 2021, in Taipei, Taiwan, will now be a virtual event in response to the ongoing threat of COVID-19. We are sorry that we will not see you in Taipei this year, but this decision, made by the Rotary Board of Directors, is necessary to protect the health of everyone involved. We will share more details about the 2021 Rotary International Virtual Convention soon.

Our virtual House of Friendship is where convention attendees gather to learn about Rotary products and services, share project information, and shop. Those interested in showcasing their product or service should email exhibitor@rotary.org for more information or to request an exhibit application.

Convention, pre-convention, and ticket refunds: RI is currently in the process of automatically cancelling and refunding all existing registrations. This includes purchases made for Rotaract, Youth Exchange, and Inter-country Committees pre-convention events, and ticketed meal events.

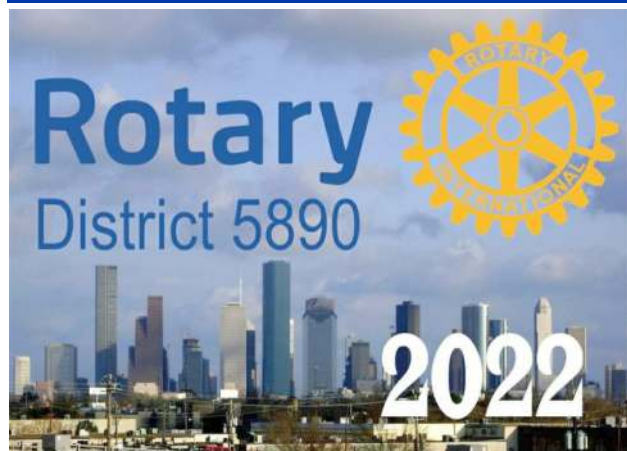
We kindly ask that you NOT contact RI Registration to inquire about registration, ticket, or housing cancellations as they work diligently on finalizing the process of those cancellations and refunds. Those who had already cancelled prior to today will receive a refund of the \$50 processing fee.

Host Organization Committee (HOC) ticketed event registrations: The HOC event ticket fees will be refunded by the Taipei HOC. For more information, please visit www.rotarytaipei2021.org

Hotel rooms: No action is required from those attendees who made accommodations secured within Rotary's official housing block. Maritz, formerly Experient and Rotary's official housing partner, has already cancelled all individual and group room block reservations and refunded the groups who made partial payments.

We will post more details as they become available.

RI Convention Houston 2022



You're not fat, you're just... easier to see.

If you think nobody cares whether you're alive, try missing a couple of payments.

Money can't buy happiness, but it keeps the kids in touch!

I can't understand why women are okay that JC Penny has an older women's clothing line named, "Sag Harbor".

My therapist said that my narcissism causes me to misread social situations. I'm pretty sure she was hitting on me.

My 60 year kindergarten reunion is coming up soon and I'm worried about the 175 pounds I've gained since then.



Maternal and Child Health Month

April 20th ZOOM meeting @ noon ... be sure to join in!
Speaker: Francis Akinnouye — Youth Issues

April 29th Dixon's Evening Networking Meeting — via ZOOM @ 7pm
Guest Speaker: Heather Andrews — How to Write Your Own Book

Youth Service Month

May 1st DisCon 2021 on-line — Mark your calendar and plan on joining in!

May 4th ZOOM meeting @ noon ... be sure to join in!
Guest Speaker: Kevin McInnis — Youth Services and the Teen Challenge Program

May 18th ZOOM meeting @ noon ... be sure to join in!
Directors' updates and new RI President video

May 27th Dixon's Evening Networking Meeting — via ZOOM @ 7pm
Guest Speaker: Brad Field, Calgary Mayoral candidate

Rotary Fellowships Month

June 1st ZOOM meeting @ noon ... be sure to join in!
Guest Speaker: Randy MacDonald, Regional Manager, Donor Ministries — Samaritan's Purse

June 12th - 16th 2021 Virtual Rotary International Convention — details coming soon!

June 15th ZOOM meeting @ noon ... be sure to join in!
Guest Speaker: Kirby England — Beavers in Fish Creek Park



April Birthdays & Anniversaries



Ian Burgess
April 01



Dale Perret - April 01



Ruth Wylie
April 01

Connie Hussey
April 25th

WISHING YOU A
HAPPY CORONA
BIRTHDAY FROM
A SAFE SOCIAL
DISTANCE!!!



Neil & Lois Beatty
Apr 02/1966
55 years



Albert & Laurinda Amaniampong
April 03, 1992
29 years



**Our anniversary is just
A momentary celebration
But our marriage
Is a timeless one...**

Happy Anniversary



Bill & Maria Stemp
April 05/2002
19 years



Gord & Mary Billings
April 11/1959
62 years



George & Carol Van Schaick
April 27/1991
30 years

