



ZOOM Meeting Minutes

June 30th, 2020

Scribe: Paul Gaudet

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2019-2020 Officers and Directors

Rob Wolfson, President
President Elect — vacant
Paul Gaudet, Past President
Dale Perret, Secretary
Al Holt, Treasurer

Bev Tonkinson, International Service
Dean White, Youth Service
George Van Schaick, Community Service
Michael Spears, Club Service
Bill Stemp, Club Operations
Bob Gentles, Club Financial

RI President Holger Knaack
Rotary Club of Herzogtum Lauenburg-Mölln, Germany
District 5360 Governor Mary Turner
Rotary Club of Olds

At this meeting, for the first time, we used "Break-out Rooms" whereby members were initially assigned to a 'room' with a lesser number of fellow members with whom they could visit. Promptly at noon all members were transferred to the actual meeting. This process made it easier to visit and chat, as trying to do so in the larger format quickly became quite chaotic.

President Elect Rob hosted our seventh zoom regular meeting. He opened our meeting at 12:05 by welcoming everyone to the last meeting of our Rotary year. He introduced a new video of "O Canada" performed by REVV 52, complete with a prelude by Richard Harris — an inspiring version for sure. We had 40 participants which included a number of guests. He announced that Paul would be acting as Scribe for this meeting so if anyone wished to have something noted in the minutes to kindly contact him. We attempted to welcome our guests with our standard "welcome song", and all I can say is that we need a taped version, or we should wait until we come together once again, to use this method of welcome!



Rob asked our members in attendance for any information about the health of our Club. Tammy reported that she had been chatting with Madeline Imler and that their family is currently looking for the best suited care home for Herb to reside. She will let our Club know when a site is chosen. Bart reported that Gary Ladd is in the hospital (Foothills) with heart issues and that he is stable at present.



Paul confirmed that our District has entered into a partnership with "Propellus: Volunteer Centre of Calgary" which is a charity providing volunteer engagement opportunities for all potential volunteers who sign up. They hosted a second webinar on June 22nd and provided further details. We had 7 of our members participate in this meeting, and we will discuss the possible benefits of registering our Club. Further developments to follow.

Paul was reminded this week of a project by the Rotary Club of Calgary West whereby they are collecting and donating artwork to the Bethany Care Society (27 pieces donated to date) which, in the words of Diane Kashuba, Director of Development, "these will make a wonderful impact in helping create a home-like environment for Bethany residents". The extra good news to this is that our own charter member, Jim Thompson, has taken part in this project and has donated 3 pieces of original artwork to Bethany through the Calgary West project. Congratulations and appreciation to Jim. Not only did he donate them, he created them. Who knew we have an artist amongst us!

Rob then made a few announcements:

- Apparently our zoom meetings will have enabled Break-Out

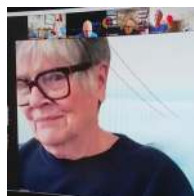
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P.O. Box # 42041
Southland Crossing RPO
Calgary, Alberta T2J 7A6
info@chinookrotary.org
www.ChinookRotary.org

Rooms commencing July 19th as a security measure.

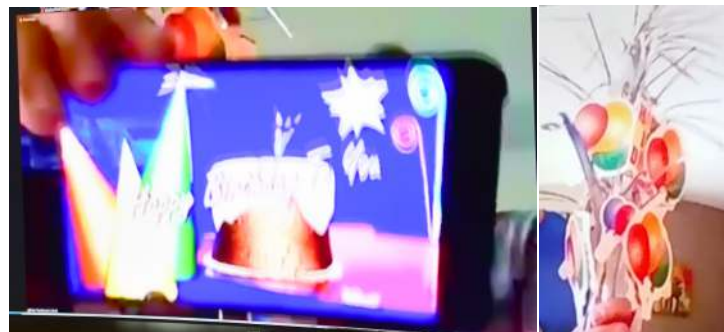
- Our dues (\$300) are payable effective July 1st.
- While RibFest has been cancelled, we are planning to co-host (with Centennial) a two day food truck and drive-in movie event on July 24th and 25th. Further information to follow.

Peter Bickham reported that Chinook members have donated \$19,305 to the Rotary Foundation this year, an amazing amount in Peter's opinion. He noted that a good reason to support the Foundation is that such funds help sustain our varied International projects. He then proceeded to present (virtually, actual pins mailed) Paul Harris pins to Fred Jessee (PHF +6), Rhea Graham (PHF +3), and as well noted recent pins which were sent to former members David Saunders and Terry Craig. Paul congratulated and thanked these individuals for their commitment to the programs of the Rotary Foundation.



Rhea noted that she will forward information about a new youth program to Stephen for inclusion in the e-ARCH. It involves youth volunteers being eligible to earn funds for their upcoming school year.

Bev presented our monthly Birthday and Anniversary Report for the month of July. Birthdays included Bart Dailley, Jim Thompson, Bob Montgomery, Bev Tonkinson, Herb Imler and Gerald Langereis. Happy Birthday to all!



Anniversaries include Terry and Faye Green (48 yrs), Paul and Beti Gaudet (46), Ron and Lise May (24), Rob and Angela Wolfson (20), Jack and Patsy Steen (52), Anne and Michael Dale (25), and Bart and Barbara Dailley (49). Best wishes to all!

After a rendition of Happy Birthday, Rob showed all the pictures which Bev had collected from the folks celebrating, great to see!

Rob then turned the meeting over to Paul who introduced three of our Directors to provide brief year-end reports: Rhea for Youth Service, Anne for International Service, and Bob Montgomery (standing in for George V. S.) for Community Service.

Rhea highlighted that most of our Youth activities are tied into the school year, and as



a result, are under constant change in recent times due to the Pandemic, and it is uncertain what the Fall season will look like. She asked all our members to consider helping out with Youth activities and membership growth as we work through this upcoming year.

We are seeing our Fairview students move on to high school and become Interact students, and then on to University to become Rotoract students — an exciting situation and we wish to continue to promote these relationships. Rhea will be preparing a more detailed Annual Report and will be circulating it to our members later in July.

Anne told us about our three International Projects which are all awaiting approval from Rotary International. See details on page 4 of this e-Arch. Anne finished her report by thanking Graham Boone for all his support and guidance over the year.



Bob Montgomery reported on Community Service, which includes our "Hands-on" volunteer activities, as well as the donations from our Club to local charities. See details on page 3 of this e-Arch.

Paul thanked all our committees for their efforts, and pointed out that we had accomplished a great deal of service and community support in a challenging year.

Passing of the Gavel

Paul reviewed the goals which he had set at the beginning of his year which included improved communication, more Fellowship, continued strong Community Service, and a new Fund Raising Project. He noted that while we had made some positive moves in these areas, more progress was needed and he had confidence in the leadership which Rob would bring to the job.



Paul wrapped up his remarks by thanking his Board of Directors, and noting those who would be leaving the Board: Rhea, Anne, Anthony and George K. He thanked them all for providing guidance and leadership through 2019 - 2020 and then handed the meeting back to Rob.



Rob reminded our members about volunteering to join some of our committees through which they can help our Club successfully reach our goals of service, fellowship and

growth. He has sent out a list of committees to everyone and asks them to get involved. Please advise Rob of your choices as soon as possible.

Rob played a video from our new RI President at the International Conference, who talked about how Rotary provides many opportunities to serve, from big goals like ending polio to smaller ones like planting a tree. It provides opportunities to lead, and to live a richer, more meaningful life. He introduced the new theme for 2020 - 2021: "Rotary Opens Opportunities".



Rob wrapped up the meeting by requesting everyone to participate in our Strategic Planning process by reviewing

Peter's email and then joining us on zoom next Tuesday (July 7th) in the evening, when we will discuss meeting structures from 7 to 7:45pm, and how to increase our membership effectively, from 7:50 to 8:30pm.

Our next Board Meeting is scheduled for July 8th.

Our next regular meeting by zoom will be held on Tuesday, July 14th, at noon, which will be President Rob's first meeting as President. Our guest speaker will be our new District Governor, Mary Turner, from the Olds Club. We hope you can participate.



Community Service Report - Year End June 30th, 2020

Our volunteering was going well until COVID arrived. We had events at the Mustard Seed, Drop-In Centre, Salvation Army, and were about to work at Brown Bagging for Kids when the Pandemic forced it's cancellation.

Our donations were varied and include:

Leftover Foundations — \$2,500.00 (cheque issued) — This is the replacement for the Calgary Food Bank Produce space construction cheque and District grant (\$7,500.00) which was cancelled due to space needed for warehousing. Through a joint venture with 3 other clubs (West, Heritage Park, Sarcee), we have re-purposed this to the above organization that picks up food from various facilities, restaurants etc and distributes to various charities for distribution in their programs. They were in need of a refrigerated truck due to the volume (and success) of their endeavours.

Variety — The Childrens Charity of Alberta — \$3,000.00 (cheque issued) — This charity provides children with disabilities of all ages with specialized mobility equipment that allows the children to be able to integrate with other children in a meaningful way. The E.D. Kari Richardson, was a guest speaker on our June 16th ZOOM luncheon meeting, and the presentation of their programs was awesome. In particular we are supplying a "GoBabyGo" buggy for a child from the toddler age group. The buggy will have our Rotary logo, and there is a planned presentation event although when and how is still under consideration.

Epilepsy Association of Alberta — \$2,000.00 (cheque issued) — This group was in need of a new computer in order to communicate with their base/members, and ensure that they were able to provide the necessary services needed particularly with the Pandemic issues.

Inclusion Alberta — \$2,000.00 (cheque issued) — This is an organization that works on behalf of those with disabilities to create positive employment opportunities for individuals such as Autism, Downs Syndrome etc. This gives the individual economic security, as well as providing employers with the support they need to ensure that the work opportunity is successful for both parties. Bev Tonkinson is our Club Champion for this organization, and each year they hold a Breakfast which we are invited to attend. Parents who participate in this program are part of the event along with their son/daughter and the stories of success are amazing. Our member, Tammy Truman, also employs one of these young adults and it is a great match according to Tammy. Along with the financial contribution from our club, we invite those of our members in the business world to share the story of providing opportunities for those that have a possible prospect of employment for these individuals.

Redefin'd Calgary — \$5,000 (cheque issued) — Redefin'd Calgary is a trauma recovery program for young adults that have barriers to mental health and employment. Since the start of quarantine, and through our recovery program for young adults, they have been assembling food boxes for members of the community, and the number of people they support ranges from 150 to 215 people per week, including families and seniors.

Kerby Rotary Shelter — \$3,000 (cheque issued) — Kerby Rotary Service is the first purpose-built shelter in North America for older adults facing elder abuse. There are only three shelters in Alberta dedicated to older adults. Kerby Rotary Shelter provides a safe place for older men and women over 55 years fleeing elder abuse, and supports them to settle in at the Shelter through services designed and adapted to meet their express needs and make their move in process as trauma free as possible. The average stay of older adults at the Shelter is 60 days. Kerby Rotary Shelter helps older adults who are victims of physical, psychological, financial, emotional and sexual abuse.

Calgary Kitchens / Bowcroft Elementary School Lunch Program — \$2,500 (cheque issued) — This program continues an existing school lunch program, which was a valuable resource for the children of this school. They have been feeding kids and their families since the start of the pandemic, but want to carry the program through the summer months. They are providing 175 to 200 lunches per day and the need is growing. 20 volunteers regularly help out by picking up meals and handing them out to those in need.

Meetings

Tuesday, July 7th

ZOOM meeting at 7pm re the Strategic Plan — give this some thought and join in to voice your opinion

Tuesday, July 14th

ZOOM meeting at noon ... be sure to join in!

Guest Speaker: Mary Turner, District Governor

Tuesday, July 28th

ZOOM meeting at noon ... be sure to join in!

Guest Speaker: Gail Urquhart, Executive Director, Bethany Care Foundation

Tuesday, August 18th

Annual Picnic in the Nature Park

Events/Happenings

July 24th and 25th

Food Truck and Drive-in Movie Event co-hosted with Calgary Centennial — watch for details as they developed

Networking Meetings

On hold until the fall

Stay tuned for potential impromptu get-togethers

President's Dinner

Saturday, September 19th

@ MacKenzie Meadows Golf Club — contact George Kimura



International Service Report - Year End June 30th, 2020

Rancho de los Ninos — Sandy Swan has been developing a global grant to install a 50KW 124 solar panel system at Rancho de los Ninos, an orphanage and training centre in Mazatlan, Mexico. The system will cost \$91,250 USD and will achieve savings for the orphanage of at least \$500,000 over the subsequent 25 years. The funding for the project includes funds from Chinook Rotary (\$4,000), funds from our District, funds from our host club in Mazatlan, a \$15,500 donation from a Rotarian couple that live in Carmel, Indiana, a Government of Canada grant, and a matching grant from the Rotary Foundation (\$35,750). This project represents a great solution to the centre that will permit it to use the savings to carry out its humanitarian endeavours to help disabled children for many years into the future. We expect to receive the Rotary Foundation approval of this global grant in July or August.

Hearing Assessment and Rehabilitation — Syed Ahmed has been developing a global grant to carry out a Hearing Assessment and Rehabilitation project in Islamabad, Pakistan. The project should run over two years and cost \$92,000 USD. The funding for this project includes funds from Chinook Rotary (\$4,000) and our host club Rotary Club Islamabad Metropolitan, a Government of Canada Grant, and a matching grant from the Rotary Foundation (\$37,340). The funds will be used to carry out hearing assessments for children aged 5 to 9, and to train primary health care local personnel to carry out those assessments. The Government of Canada grant and the District Grant have been approved. We are forwarding our application to the Rotary Foundation for its approval.

Save Lake Atitlan — We are also contributing to a sanitation project at Lake Atitlan in Guatemala, sponsored by the Rotary Club of Calgary Heritage Park. This long-term program will improve human waste management, supply well water to some communities, provide for construction of new pour/flush latrines, and supply small-scale multi-family septic systems.

APUGirls' School — Lethbridge Rotary Club sponsored the construction of a teacher's housing unit at the APU girl's school in Malawi. By contributing \$5,000 of club funds, we were able to apply for a \$7,500 grant from our District. This enabled us to contribute \$12,500 towards this \$65,000 project. Construction of the building is underway.

Calling All Scribes !!

ZOOM Scribes needed!!

Paul has done an amazing job of being scribe for the last couple of months. He is looking for someone to take the task on, or share the load with.



Please help!!

Contact Rob Wolfson or incoming Director of Club Operations Bill Stemp if you can help out in July and August.

Our meeting is on ZOOM next week on July 14th ...

Guest Speaker will be Mary Turner District Governor 5360



Join in at noon!

July Birthdays and Anniversaries

Happy Birthday Fellow Rotarians
Happy Birthday to You!!



Bart Dailley July 5th



Herb Imler July 18th



Gerald Langereis July 25th

You are older today than Yesterday...
But Younger than Tomorrow



Jim Thompson July 12th
This was taken when I was about 4, at our first home in Calgary, 75 years ago!



Bob Montgomery July 15th
This is a school pic from grade 11 in Hartland New Brunswick. It was taken in 1954, when I was 16.



Bev Tonkinson July 17th
This photo was taken in Golden B.C. which is where I was born. I'm thinking I was about 5 years old.

Happy Anniversary to our July newlyweds



Paul & Beti Gaudet
46 years, July 6th, 1974
Our wedding occurred in the United Church in Charlottetown. On our honeymoon to the Cabot Trail in Nova Scotia, I discovered that I had a fear of heights!



Jim & Josie Hennessy
54 years
July 16th, 1966



Bruce & Bernice Bohnet
48 years, July 6th, 1972
Our wedding took place in Lethbridge. After carefully placing Bernice's wedding ring in the glove box of my car the previous night, I mysteriously forgot its location at the church. After creating a lot of consternation amongst the bridesmaids, the church Pastor and anyone else who heard the reason for the delay, my brain re-engaged and to everyone's relief the marriage was performed.



Ron & Lise May
24 years, July 6th, 1996
Lise and I were married at the Springbank United church on July 6/2006 at 7:00pm on a beautiful Saturday evening. The reception followed at Heavens Gate restaurant in Bragg Creek with family and close friends. It was a night to remember with a great disc jockey who also served as photographer. We vacated our log home to spend our wedding night in a secret location at a local Bragg Creek B&B. Lise and I hot tubbed into the early morning. Family members from Montreal and Medicine Hat stayed overnight in our home. Our celebration ran over three days. Our honeymoon was spent on the Gaspé Bay coast where I started to improve my French. My puns in French needed a little work.



Jack & Patsy Steen
July 26th, 1968
52 years

Anne & Michael Dale
July 30, 1995
25 years

Bart & Barbara Dailley
July 31, 1971
49 years

Enjoy your special days filled with love, laughter and family!!



Rob & Angela Wolfson
20 years, July 22nd, 2000

We were married in The Alberta Room at the Palliser Hotel, with the reception at what was then Drink Waters Grill (in the Arts Common building across from Olympic Plaza). We had a live swing band.

Interesting fact — the delivery truck driver from Cakeworks was cut-off on delivery, so our wedding cake fell over and they had to remake it the same day before we arrived for our reception!



Ruth's Diner

The Resurgence of Banana Bread

It has been amusing for me to hear the stories of celebrities and their attempts to make banana bread during the Covid 19 isolation. Some have been successful and some have had some pretty bad experiences.

What is amusing to me is that when I was a kid, banana bread was staple in our house. My brother worked for Scott National and would sometimes bring home a whole case of bananas that were too ripe to sell to a store. My Mom just took it in her stride and made dozens of loaves. Some she would freeze and some she would give away. But I always knew that if unexpected company was coming for tea, a banana loaf would be taken out of the freezer and sliced. (By the way, my brother was George Van Schaick's Dad!)

I think she made the same recipe all her life, but I get bored quickly and I don't like to make the same thing too many times (just ask Dave)! A few years ago, my Aunt, who was 93, was visiting, and I was so complimented when she asked me for my recipe as "it was the best banana bread she had ever tasted". She was still baking at that age — I can only hope I can do that! This is the recipe I gave her.



Best-Ever Banana Bread

- | | |
|-------------------------------------|-------------------|
| 1 c butter | 2 ½ c flour |
| 2 c sugar | 2 tsp baking soda |
| 3 c mashed ripe bananas (about 6) | 1 tsp salt |
| 4 eggs, well beaten | 1 tsp nutmeg |
| 1 ½ c frozen blueberries (optional) | |

Preheat the oven to 350. Cream butter and sugar until light and fluffy. Add bananas and eggs and beat well. Mix dry ingredients together and blend into banana mixture. Do not overmix. Fold in blueberries if using. Pour into 2 lightly greased loaf pans and bake for 55-60 minutes, or until a toothpick (or raw spaghetti) comes out clean when inserted in the middle. Let cool on a rack for at least 10 minutes before removing from the pan.

Although I still make this one sometimes, I have found a new one that has become our favourite!

Cinnamon Swirl Banana Bread

- | | |
|-----------------------------|-------------------|
| 1 c unsalted butter, melted | 2 c flour |
| 1 c sugar | 1 tsp baking soda |
| 2 large eggs | 4 mashed ripe |
| bananas (about 1 ½ c) | 1 tsp vanilla |

Cinnamon-Sugar Swirl

- | | |
|--------------------------------|-----------------|
| 2 tbsp unsalted butter, melted | 3 tbsp sugar |
| 3 tbsp brown sugar | 2 tbsp cinnamon |

Preheat oven to 350. Lightly grease and flour a loaf pan. In a large bowl, melt the butter and let cool slightly. Whisk in sugar, eggs and vanilla. Stir in the flour and baking soda. Fold in the mashed bananas until just combined.

In a small bowl, use a fork to mix the swirl ingredients. Spread about ¼ of the batter in the loaf pan. Dollop about ¼ of the swirl mixture on top and swirl into the batter with a knife. Repeat the layers, making sure there is cinnamon swirled on the top.

Bake for 60-70 minutes and let cool on a rack for at least 30 minutes before removing.

Enjoy with a cup of tea or coffee. **Nummmmmmm!**