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the e-Arch



Evening ZOOM Meeting

March 25th, 2021

Scribe: Paul Gaudet

As this is the fourth week of the month, we are hosting an evening meeting to which visiting guests and Rotarians from other Clubs are regular attendees. Our tradition for this meeting usually includes a guest speaker and also encourages attendees to outline their own personal or business activities.



Rob opened the meeting by welcoming all participants and then introduced a delightful version of our Anthem, presented by a large choir of young Canadians. He then noted a few of our visitors: 4 or 5 from the Fish Creek Rotary Club, Catherine Leonard (Friend of Chinook Rotary), and our guest speaker Scott Orban.





As part of his introduction of Scott,

Rob noted that he has signed up for a 6 week Spring Special of golf lessons and has already had his first, requiring only a 7 iron but no golf balls? He then presented several golf themed cartoons which set the scene for Scott.

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> District 5360 Governor Mary Turner Rotary Club of Olds











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You May Want to Know!

Check it Out!

Chase the Ace



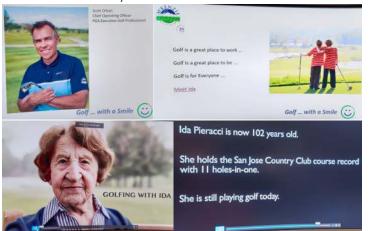
Evening ZOOM Meeting



Scott is a PGA
Executive
Professional who
works with McKenzie
Meadows Golf
Course and also
writes columns in the
media. He is married
with three children.
His talk today will tell
us about golf

generally, and how the industry is dealing with COVID.

Scott began his talk by telling us how fortunate he is to be employed in the golf industry, "golf is a great place to work". People generally come to the course with a fantastic attitude as they are there to have fun. To highlight the value of golf he showed a video of a 101 year old lady named Ida. She lives beside (on the 2nd hole) a golf course and continues to walk the short distance 3 or 4 times a week to play a few holes or perhaps more. She has been doing this for most of her life and has amassed 11 holes in one over the years.



When the pandemic hit in March of 2020, the golf course industry was just coming off their winter shut down, and was looking forward to opening the season and generating cash flow. Not so much. However they were fortunate to have a business model which called for outside activity in small groups, which gave them a basis to build on when dealing with AHS to receive approval to play. They got busy developing a plan to limit 'touches", and worked with the authorities, successfully getting approval to play on May 4th (on 5 days notice).

Their business model called for a number of new protocols starting with booking online (no walk ups), full payment online at the time of booking, had to stay in your car (no clubhouse facilities available) until 15 minutes before your tee off, move to driving range, then to putting green, then to the first tee right on time. All these moves were managed by an employee host whose job it was to welcome everyone, but to ensure everything moved smoothly. To speed up the pace of play they played winter rules (improve your lie), cancelled raking the sand traps, and no one could touch the flag, instead using a lift device to retrieve your ball. While all events and restaurant facilities were closed, you



could still access the half way house for snacks and drinks as you played through the ninth hole. Management put all these protocols in a video message, and communicated it to members and guests so they would know what to expect when they arrived to play. Their retail sales of clubs, clothing and accessories, like their food services, took a big hit. Their money management led to reduced marketing activity however, as it turned out, people's desire to get out and play during times when so many things were cancelled, took over and drove their booking of tee times.

Scott advised that the protocols forced upon them by COVID have actually improved the speed of play and enjoyment of the game, and will likely continue to be a part of the game after COVID is dealt with.

More generally, Scott talked about what's new in the game. He advised that historically many golfers tried to emulate the swings of the famous pros. However these days it is more accepted that there are many unique swings, and they all can work for the individual. Just learn to be consistent and develop a swing that you can count on. As an example he showed a video of Matt Wolfe (who is a pro) which showed his swing which looked awkward but worked for him. Scott also spoke of Dechambeau's swing which is also very unique but has made him the longest driver on the PGA Tour.

Scott wrapped up his presentation by inviting everyone out to McKenzie Meadows to enjoy the game (make a reservation, pay up front). He then opened the floor to questions. He noted that golf lessons have adapted over time as they used to have a four step process; first work on putting, then chipping, then pitching, and finally on the full swing. Now they introduce the full swing from the beginning, recognizing that most learners really enjoy the full swing ... it's more fun.



Scott has a display of golf balls on the wall of his office and Rick Istead asked him to share a story or two from his collection. He singled out his favourite ball as a memento of his son's being part of a memorial cup win while playing hockey in Edmonton. He explained a unique ball which had inverted dimples (referred to as a Cayman ball) as it was constructed for use on shorter courses (such as the Cayman Islands) due to a shorter flight course.

McKenzie Meadows Golf Course has three hundred members, however is considered a public course and everyone is welcome, subject to tee time availability. They expect a strong year for golf operations and look forward to the time restaurant and event operations are reopened.

Rob thanked Scott for all the support that McKenzie Meadows has provided to Chinook Rotary over the years, and specifically our regular summer picnic lunch at our Nature Park, which is catered by their food services. Scott replied that they really enjoy and appreciate the partnership with Chinook Rotary.

Rob then gave Karen Murray, representing Rotary Employment Partnership (Inclusion Alberta) an opportunity to introduce the

Evening ZOOM Meeting

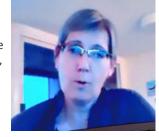
concept of hiring a person with a disability. She explained the rewards of doing so and offered to provide additional information to Scott or anyone would like to look closer at this alternative.

B La Fi

Barbara Larsen, a

Fish Creek member, introduced her wellness business and would be pleased to help any Rotarian to a better life. Check out her products and services at LarsenWellness.ca.

Catherine
Leonard (Friend of Chinook Rotary)
continues to work (from home) for the
University on medical school research,
specifically on orthopaedic services.
She reports that virtual technology
allows her work to proceed
successfully.



Henry from Fish Creek is working with our Rhea on the experimental virtual youth exchange program currently taking place in our District. We are welcoming a young lady from São Paulo, Brazil to visit various cities and clubs in Southern Alberta for a two month period, wrapping up in Lethbridge at the end of April. She is currently visiting Calgary. In his day

job, Henry works in the service side of the oil patch and he reports that things are looking a little more positive now that oil prices have recovered somewhat.



Rick Istead, also with Fish Creek, noted that our District has two additional webinars planned for April, the first on April 7th about protecting vulnerable people, and the second on April 21st when Rob will be co-hosting a discussion on Rotary's Learning Centre. Rick took the opportunity to thank Rob for all his work on promoting the use

of this information source (District usage has tripled).

President Darren, also of Fish Creek, noted that their 25th Anniversary Golf Tournament is planned for July 17th this year and yes, it is being held again at McKenzie Meadows. He would love to see a team or two from Chinook Rotary. He reports also that their membership remains consistent, and that they are beginning to restart some "hands-on" service work, as COVID allows.



Rob thanked everyone for attending this evening, and noted that our next "Limericks" evening meeting will be held on Thursday, April 29th, at which Heather Andrews will be speaking on "How to Write Your Own Book".

Have a great Rotary week!

District 5360 Learning Webinar March 24th

The focus of the presentation was "Exploring Rotary's New Area of Focus, the Environment". This District 5360 Learning Webinar was hosted by Brian Callaghan. Using a question and answer format, Brian led us through the presentation.

R. (Bob) Sandford looked at the transformational moment we are in, the impact of COVID 19 on progress, and future projections. He took us through the impact of climate change on the arctic and the social impact worldwide.

It was a very interesting presentation on where we now are, and forward looking at the climate we will see in future.













District 5360 Learning Webinar March 24th ... cont'd from page 3





Our Rotary Bursary/Scholarship program for 2020 has come to a close and, along with many others, we are hoping that this coming graduation year will see us back to our normal program. Due to the Pandemic the schools were unable to have their normal Award Ceremonies which required not only changes for the schools, but also for those that provided the Bursaries.

Chinook Rotary has supported 7 Calgary High Schools for the past many years, and Tom Sorenson as past Chair (and originator) of this Committee, has created a bond with the teachers and schools that is valued by all of us going forward with the program.

While we normally would have various Chinook Rotarians volunteer to attend the individual Award Ceremonies, it was not possible this past year. At these events, our Chinook Rotarian would say a few words about Chinook Rotary and our commitment to youth through Interact in our High Schools, and Rotaract in many post secondary Institutions, and present the Keeper Plaque as well as a letter of congratulations from our President to the student. There is also a large trophy updated with the recipient's name and year, retained by the school in its Trophy case. We often had the opportunity to take pictures with the student and sometimes family.

As the current Chair, I felt that we needed to try to make this year's awards meaningful even without the inperson ceremony. To that end, I ordered the Keeper Plaques, prepared the Congratulation letter and hand delivered to all the students — masked and social distanced, of course. I also asked the students to share their goals and future ambitions as well as how they have provided 'Service Above Self' in keeping with our motto. While we want our recipients to achieve academically, we also want to ensure that the award is based equally on their contributions to others when needed and where possible.

My sincere thank you to all our members for their support of our youth as an Avenue of Service, as well as those that share their time in presenting at the Award Ceremonies. Also a special thanks to the teachers who are responsible for making the Award Ceremonies happen. Their work load is onerous in doing this, but so gratifying to the students and those that provide the Bursaries. We will be providing a link to our website to the student recipients, as well as the teachers with whom we have worked during the past year.

I hope you enjoy the photos of past ceremonies, as well the bios of our current winners.





In Appreciation

We appreciate the hard work and dedication of the following individuals who work many hours to put these ceremonies together, and ensure that the students receive the recognition they so rightly deserved. As you can see from the bios of the students that have been awarded the Rotary Award of Academic Achievement and Service, their efforts have not been without excellent results.

Alternative High School
Eric Perrault
Bishop Grandin High School
Lynnette Dionne-Maier
Dr E.P. Scarlett High School
Julie Nishamura
James Fowler High School
Hannah Latek
J.G. Diefenbaker High School
Hannah McDonald
Lord Beaverbrook High School
Robert C. Hicks
St. Mary's University

Heather Haddon

Libby-Jane Toliver

St Mary's University

Father Greg McLellan Memorial Scholarship

Bachelor of Arts/English

My name is Libby-Jane Toliver, and I am a twenty-three-year-old student from St. Mary's University. The Chinook Rotary Scholarship has greatly impacted my life and facilitated my ability to serve the community to the best of my ability.

I aspire to become an English teacher and would love to travel around the world teaching English to children. I find this career particularly intriguing as it would fulfil my personal desire to educate and serve others, as well as have long-term effects of benefiting communities and help them develop, as fluency in the English language can become a profitable asset.

Alongside serving the community, I actively volunteer with Hull Services working with at-risk individuals in order to foster meaningful relationships. These relationships establish healthy understandings of trust and honesty which benefit these individuals in life.

I'd like to thank the Chinook Rotary for their generous scholarship which has further encouraged my desire to serve the community.



Sohil Agrawal

John G Diefenbaker High School

University of Calgary Bachelor of Commerce



Sohil was our Students Council President and took his role very much to heart.

For three years Sohil has been actively engaged in a variety of leadership roles within the building through Students Council and Junior Achievement. He is a natural leader who inspires others and leads by example, respected by teachers and students alike. He was a key player in our Ride of the Chiefs program, was vice president of the JASA Company, and co-chaired the Horizon Leadership Conference. He has devoted well over 1000 hours of his personal time to service. He truly puts service ahead of self.

Amina Alfahl

James Fowler High School

University of Calgary Bachelor of Chemistry Science



Amina arrived to Calgary as Syrian refugee. She started her schooling at James Fowler as an ELL student, learning the English language. Amina worked extremely hard and was very dedicated to her studies. Amina also had a passion for helping others and giving back to the community.

In grade 11, Amina became a mentor in the Bridges after school program where she helped other students with their schooling and adjustment to Canada. She also volunteered at the YMCA youth programs, CIWA and women in need. Amina made a point of giving back and especially supporting immigrant youth.

Amina is a very strong and dedicated academic student who goes above and beyond in all she does.

Andreea Crisan

Lord Beaverbrook High School

Lethbridge College/University of Lethbridge Bachelor of Nursing



I was involved in my high school's Honour Society, the Student Wellness Action Team, Volunteer Club, Linkages, and I was part of my graduating class Historians. I really enjoyed giving back to not only the school but the community as a whole through Linkages and collecting donations for various shelters through the Honour Society.

I am currently in the NESA BN program at Lethbridge College and work as a health care aide. My ultimate goal is to graduate as an RN and work on a labor and delivery unit.

Kaylee James

Alternative High School

British Columbia Institute of Technology Marine Engineering Degree

Ever since I can remember, I have always loved getting my hands dirty. I am a kinaesthetic learner, which presented a challenge when attending mainstream schools. But I have always been persistent — stubborn, some may say. I soon found my niche in maths and auto body, one a mental puzzle and the other a physical puzzle.

Along with my endeavours in school, I also participated in many extracurricular activities. My love of the outdoors was evident early on, so my parents enrolled me in Scouts at five years old. I could not be more grateful for what I've learned. Through Scouts, I've attended Jamborees from sunny British Columbia to the incomparable Finland. One of the most memorable was when we went to Holland for a Steampunk-themed Jamborette. We visited four countries (Holland, France, Belgium and Canada via Vimy Ridge) all in the same day. Scouts also helped greatly with personal development, and I earned multiple awards including the Chief Scout Award and the Duke of Edinburgh Award Bronze Level. Both awards required many skilled achievements, though volunteering and community service were heavily emphasized. This is how I got involved in helping groups such as The Field of Crosses, The Poppy Fund, Edgemont Community Association, and many other smaller organizations.

Alternative High School, lovingly referred to as Alti, let me continue volunteering with small community projects such as raking leaves, cleaning the fields of garbage, or fixing up Christmas trees for charity competitions. I was afforded many opportunities at Alti and have enjoyed their innovative approach. Some of my favourite times have been performing at the open houses, graduations and most recently, our Transgender Remembrance Day ceremony.

While at Alti, I started welding classes at SAIT, and Autobody classes at the CTC, and continued them until graduation.

Attending these courses gave me an appreciation of the trades. When choosing my career path I knew that the 9-5 office job was not in my future. I have always loved challenging my brain with sciences and math. After some soul searching and plenty of hours googling programs and job descriptions, I landed on Marine Engineering. It is the perfect middle ground between hands-on trade jobs, and more math and physics based work. Marine Engineers are officers who live at sea for months at a time, fixing and maintaining everything you find on board ships, from the main engine to the air conditioning. It mixes mechanic type work with finer electrical engineering and thermodynamics. The first semester of Marine Engineering school has met and exceeded my expectations.

To finish, one of my favourite quotes, "If my life is going to mean anything, I have to live it myself", comes from a character who went through much hardship in her life but came out the other side stronger. There are still many obstacles in my path and many problems I will have to overcome, but I know because of everything I've already faced, I will be able to succeed. I would like to thank all of you for helping me in my schooling and my future. There are many opportunities on the horizon and no matter how hard or scary they are, I am very eager to take them.



Manvi Pant

Dr. E.P. Scarlett High School

University of Calgary Bachelor of Biological Science

I am currently a grade 12 student at Dr. E.P. Scarlett High School, soon pursuing a degree in Biological Sciences at the University of Calgary. I am an enthusiastic and ambitious student, collecting experiences today to build a bright future for myself and others tomorrow.

In the last 3 years I was involved in numerous clubs and extracurriculars, such as the Model United Nations Club, the Junior Achievement Program, the School Spirit Club, Graduation Committee, Creative Writing Club and many more. I was a part of the Principal Advisory Council, ultimately receiving the Principal's Ambassador Award, awarded to students who represent the school in their actions. I was also co-chair of the Relay for Life Committee at the school, an initiative in partnership with the Canadian Cancer Society, which raises money and awareness for cancer through multiple fundraisers. My most significant involvement, however, was as an athletic trainer in the Sports Medicine Program, in which I volunteered over 250 hours of my time during athletic practices and games.

I have also enrolled in numerous AP courses, and maintained honours with distinction all 3 years. I am a recipient of the Student of the Year Award (all 3 years of high school), which is awarded to students who show outstanding contributions in academic achievement, extra-curricular involvement, citizenship, and leadership.

Elyse Willis

Bishop Grandin High School

University of Alberta Undergraduate Honours Degree Neuroscience

My name is Elyse Willis, and I was the recipient for last year's overall achievement award at Bishop Grandin.

I did competitive Irish dance from the age of six through to the end of grade 12. I love it so much, and I actually got the opportunity several times over the years to attend the National and World Championships for Irish Dance.

During my last two years of high school, I also worked as an assistant dance instructor with my dance school, which was amazing because I got to know so many adorable kids and see them learn to love dance.

In terms of volunteer experience, I have worked with the store 10,000 Villages, the charity Dare 2 Dream, and, most recently, the organization Calgary Reads. I was eager to work with Calgary Reads at the Reading Place, because this house is dedicated to encouraging literacy in children by inspiring them to read. This cause is very important to me, as I personally feel that reading played a massive part in my childhood.



Olivia Wutzke

Lord Beaverbrook High School

University of Calgary Engineering Student



During high school I was dedicated to learning, but also helping my school and community. I focused a lot of my time into the Honours Society, a club for like-minded students to get together and not only volunteer for the school, but also for people in need in the community. I volunteered to put together school events, including awards ceremonies, such as Lord Beaverbrook's Celebration of Excellence and Honours Award Night, where I helped to set up, tear down, and present multiple awards to grade 12 students. I helped organize multiple donations to charities, including putting together baskets for the women's shelter for Easter, and donating 'Socks for the Mustard Seed', where we filled pairs of socks with essentials for those in need. I was involved in the Historians Club, a group dedicated to compiling footage and images of the graduating class from grade ten to twelve to be presented on our graduation night. With this club I volunteered numerous times at athletic events, taking videos and photos, as well as staying many hours after school to edit and compile the media together.

My aspirations moving forward shine a light on the things most important to me, my thirst for knowledge, and my desire to help those in need. I want to be constantly learning, researching, and discovering new things, and with that discovery, I want to be able to help people. That's why I am moving towards completing a bachelor's degree of science in Biomedical Engineering, with my dream to be able to innovate and discover exciting ways to improve human and animal health through biotech, pharma, and med-tech.









These pictures are from two High Schools from previous years that we wanted to share with you to show the efforts that the schools make to create a meaningful Award Ceremony for the students. It is wonderful to see that so many students attend to support their fellow students regardless of whether they are the recipients or not. The teachers, principal and staff take great pride and attention to make this occasion one of remembrance.

This set of pictures is from Lord Beaverbrook with last year's Rotary Bursary winner, Amina Khan and her family.



This second set of pictures is from the Alternative High School, which has a unique approach to their Award Ceremonies. It is a breakfast with the Bursary winner and their family prior to the ceremony in their auditorium. The atmosphere and comraderie shown by the students, combined with the showcasing of their talents, is amazing and heart-warming to see. The bond between the teachers and students is remarkable, and one in which they certainly thrive. While these pictures are from a previous year, the young student performing in the picture is this year's Bursary recipient, Kaylee James.





What's Up!!

Maternal and Child Health Month

April 6th Veronica Lawrence, Calgary Women's Emergency Shelter

April 20th Francis Akinnouye — "Youth Issues"

April 29th Dixon's Evening Networking Meeting — via ZOOM @ 7pm

Guest Speaker: Heather Andrews — "How to Write Your Own Book"

Youth Service Month

May 1st DisCon 2021 on-line — Mark your calendar and plan on joining in!

Rotary Fellowships Month

June 12th - 16th 2021 Virtual Rotary International Convention — details coming soon!



You May Want to Know!

Jim Thompson, Past President 81/82, Club Historian

The four Club Presidents that served the club before me have passed away, as have many that came afterwards ... I guess that makes me a bit of a dinosaur! I am joined by three other surviving charter members, Ian Burgess, Herb Imler and Tom Sorenson, all of whom served as Club President as well.

I enjoy sharing stories about our club, its members and contributions to "Service above Self" in our community and afar, and as well the fellowship, the first OBJECT OF ROTARY. The second, third and fourth OBJECTS OF ROTARY are clearly being adhered to by our members and have created a legacy of great success for us all.

Travel — extensive travel — has been a huge part of Judy's and my life. We started well before I was asked to be a Rotarian, 45 years ago, but becoming a Rotarian added another dimension to our travels, attending other Rotary meetings throughout the huge world of Rotary. Our international travels always involved several weeks at a time, sometimes more than a month, giving ample time to fit in a meeting as a 'make-up', and exchange of a club banner for our club's collection. Seeing what other clubs were doing to serve their community, the fellowship they enjoyed, and the diversity of their members was fascinating.

Away from North America, I attended meetings in France twice, England, Mexico, New Zealand, Australia, Japan, and Fiji and made unfulfilled attempts in many other places where circumstance didn't provide opportunity. In Adelaide Australia, the club I visited held their meetings at the Australia Rugby Rules stadium, a dual opportunity to see such a unique facility. Japan was a huge club in Tokyo, no English, the same case in Paris France, no English. In Fiji, I ended up as the guest speaker, as the one booked didn't make the meeting. I was the only visitor and the members wanted to know about our 88 Olympic experience. That club was equally divided — half Australian residents of Fiji and half native island residents. The entire Australian group came back to our hotel for an afternoon of beer drinking and laughter. The Mexico meeting was at Manzano, no one showed up, there was just a table to sign in on, and a note of apology. I tried the Cook Islands without success due to current typhoon destruction while we were there. If you add to the list our attendance at RI conventions in Rome Italy in 1979, Dallas Texas in 1982, and of course our own 1996 RI Convention right here, you have a good broad exposure to RI fellowship we have enjoyed to the fullest. We hosted 14 exchange student visits, the longest for 3 months (presented serious challenges), the others for shorter times. One involved 4 students for a week during Stampede (a bit more of a test than expected). These were not so much RI member experiences, but were certainly cultural and memorable, each in a different way .

Check it Out!

New Financial Podcast:
"Dollars & Sense with a couple of gents"

Available on Apple, Spotify, TunedIn by Alexa, or on our website:
www.ellisfinancialgroup.ca

Pob Wolfs

Rob Wolfson



Chase the Ace March 23rd



Ron May, Chase the Ace was the winner, but wasn't in attendance to choose a card then. When he did choose, he came close but got the wrong suit ... the pot is now \$812.



Money is due by April 5th to be eligible for April's draws. Email \$20 to Al Holt at info@chinookrotary.org

