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MARCH



2024-2025 Officers and Directors

Rob Wolfson, President
Wayne Wiebe, President Elect
Anthony Tonkinson, Past President
Dale Perret, Secretary
Vlad Sasarman, Treasurer

Pam Montgomery, International Service
Dean White, Youth Service
Brennen Pell, Community Service
Neil Beatty, Club Service
Keith Wellon, Club Operations
Peter Bickham, Club Financial
Sharon Fraiman, Membership
John Charrett, Rotary Foundation

RI President Stephanie Urchick
Rotary Club of McMurray, Pennsylvania USA
District 5360 Governor Christina Hassan
Rotary Club of Calgary Fish Creek

AlphaHouse Society



Pres Rob introduced our speaker, Shaundra Bruvall, Director of Communications at AlphaHouse. She gave her presentation before our business items, as she had another commitment.

AlphaHouse is a non profit organization, established in 1981, to provide shelter, care and support for those affected by alcohol and drugs, primarily the homeless. They have a staff of 300 and provide shelter in 7 buildings of 23 to 31 units each. The following slides tell her story better than your scribe.

AlphaHouse welcomes volunteers and donations of hygiene products and socks/underwear.

Pres Rob thanked Shaundra and presented the polio certificate.



ALPHA HOUSE SOCIETY

2023

ALPHAHOUSE



cont'd on page 4 ...

P.O. Box # 78084 **Note our new mailing address !!**
Calgary RPO Heritage
Calgary, Alberta T2H 2Y1
info@chinookrotary.org
www.ChinookRotary.org

Rotary
Club of Calgary Chinook



120
YEARS OF ROTARY



Attendance: 23 including our guest speaker

Greeter: Bruce B.

Following lunch, Pres Rob introduced our **Speaker**, Shaundra Bruvall, Director of

Communications, AlphaHouse. She gave her presentation before our business items, as she had another commitment.

Following the speaker, we had a social break to catch up on member news, followed by our regular meeting.

Rob presented **Indigenous Facts and This Day in History**.

According to the 2021 Census, more than 1.8 million people in Canada identify as Indigenous, which represents 5% of Canada's total population.

Indigenous Peoples are:

- the fastest growing population in Canada – grew by 9.4% between 2016 and 2021
- the youngest population in Canada – about 28% were under the age of 25 in 2021

On This Day in History:

- 1745 The Siege of Inverness — Bonnie Prince Charlie's troops occupy Inverness, Scotland
- 1814 The Battle of Montereau; victory of the French under Napoleon Bonaparte against Austrians and Württembergers under the King of Württemberg
- 1879 French Sculptor Frédéric-Auguste Bartholdi is awarded a US patent for his design for the Statue of Liberty
- 1861 Confederate President Jefferson Davis inaugurated at Montgomery, Alabama (US Civil War)
- 1885 Mark Twain publishes the "Adventures of Huckleberry Finn" in the US
- 1902 Jules Massenet's opera "Le jongleur de Notre-Dame"

(The Hunchback of Notre Dame) premieres in Monte Carlo

1928 Sonja Henie of Norway wins the women's figure skating gold medal at the St. Moritz Winter Olympic Games; her first of 3 consecutive titles in the event

1980 Pierre Elliott Trudeau's Liberal Party wins Canadian elections

1983 In a 5-1 loss to the Buffalo Sabres Right wing Lanny McDonald becomes the first player in Calgary Flames' history to score 50 goals in a season

And ... Happy Birthdays to John Travolta (71), Molly Ringwald (57), and Vanna White (68)

Announcements:

- Rob - Marlene Doherty is recovering from surgery, resulting from a brain bleed, due to a fall.
- Bev - will coordinate donations for AlphaHouse
- Anthony - Keith Wellon has accepted the position of President-Elect for the next Rotary year, beginning July, 2025.
- Dean W - Roots to STEM mentoring beginning Friday, February 21st. Volunteers needed ... please help!
- Sharon - a social gathering for members and guests will be held on Thursday, March 27th, 5:30 - 7:00 pm. The aim is to interest potential new members. Member costs \$33. Cash bar.

Chase the Ace

February 11th - Al Holt won \$66. The pot of \$1,905 lives for another day.

February 18th - Al Holt won again! with the same results.

Good News

- Sharon has received the King Charles 111 medal for her fund raising successes. Also her Sheriff son has returned from the border and her daughter bought a new car.
- Bev announced that Marco, an exchange student from many



cont'd on page 3 ...

years ago, will be visiting. He is now a successful lawyer.

- Bill S mentioned his daughter, who is a pilot for Alaskan Airlines, ... (your scribe missed the reason ... oops!)

Pres Rob closed the meeting with the 4 Way Test.

Photos courtesy Sharon Fraiman



Rotary Connections!

A photo of Mikko, our Rotary Club's Exchange Student from 1989/90. He is meeting here with Kevin, who is Wayne Wiebe's granddaughter's husband, who is the head sommelier for the Co-op wine stores.

Mikko is a very successful lawyer, not only in his country of Finland, but in Europe as well.

He purchased a winery in Barcelona a couple of years ago, and is having great success. He travels all over promoting his wine and having great success. He has been to Canada at least 3 times. We have been fortunate to host him each time he is in Calgary.

While sitting with Wayne last week at Rotary, we were speaking about Mikko, and Wayne told me about Kevin. Wayne made a connection with Kevin and Mikko. They met and had a very positive experience.

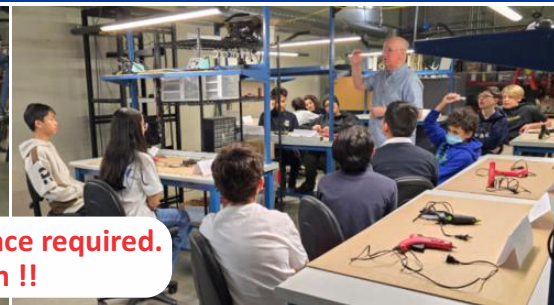
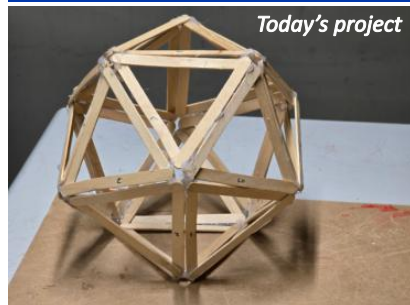
The power of Rotary! I will update the club on the outcome of this connection.

Bev Tonkinson



Fairview Mentoring February 21st

by Stephen Pick



**Mentors needed ! No experience required.
Come on out ... it's fun !!**



ALPHA HOUSE **1**

OVERVIEW



ESTABLISHED IN 1981 AS AN ALTERNATIVE TO CITY CELLS OR HOSPITALS FOR MEN AND WOMEN STRUGGLING WITH ADDICTION AND LIVING ON THE STREETS OF CALGARY

MISSION: TO PROVIDE SAFE AND CARING ENVIRONMENTS FOR INDIVIDUALS WHOSE LIVES HAVE BEEN IMPACTED BY ALCOHOL AND OTHER DRUG DEPENDENCIES

ALPHAHOUSE

ALPHA HOUSE **2**

GOALS



- REDUCE HARM
- IMPROVE QUALITY OF LIFE
- BUILD RAPPORT THROUGH UNDERSTANDING
- UPHOLD CLIENTS PERSONAL AGENCY
- MEET PEOPLE WHERE THEY'RE AT

ALPHAHOUSE

ALPHA HOUSE **3**

CONTINUUM OF CARE



SHELTER

- ACCESSIBLE 24/7
- FOOD, SLEEPING MATS, SHOWERS, LAUNDRY

DETOX

- MEDICALLY SUPPORTED 24/7
- REFERRALS FOR LONG-TERM TREATMENT

HOUSING

- COMMUNITY HOUSING
- PERMANENT SUPPORTIVE HOUSING

OUTREACH

- H.E.L.P. (FORMERLY DOAP) TEAM
- NEEDLE RESPONSE TEAM
- ENCAMPMENT TEAM
- AMBASSADOR TEAM

ALPHA HOUSE **8**

SUMMARY

- Our goal is to **REDUCE HARM & IMPROVE QUALITY OF LIFE** while building relationships with our clients to gain a deeper understanding of their goals
- We believe in each individual's right to make decisions for their own life and we work with each client to **SUPPORT & EMPOWER** them in making choices that will improve their circumstances
- Our staff are highly skilled and able to provide **QUALIFIED & COMPASSIONATE** care to clients displaying a wide range of complex behaviours

HOPE. SERVICE. WELL BEING.

ALPHA HOUSE **9**

RESOURCES



SHELTER: 403-234-7388 ext. 1
DETOX: 403-234-7388 ext.2

OUTREACH

H.E.L.P. (FORMERLY DOAP) TEAM: 403-998-7388
ENCAMPMENT TEAM: 403-805-7388
NEEDLE RESPONSE TEAM: 403-796-5334

ALPHAHOUSE

ALL ALPHA HOUSE RESOURCE LINES ARE OPEN TO THE PUBLIC AND FREE TO CALL

ALPHA HOUSE **10**



ALPHAHOUSE

HOPE. SERVICE. WELL-BEING.

AlphaHouseCalgary
 AlphaHouseCalgary
 AlphaHouseYYC
 Alpha-House-Society
www.alphahousecalgary.com

Did You Know?

In a few weeks we, the members of our Rotary Club of Calgary Chinook, will celebrate our most important date ... the 48th Anniversary of the Charter of the Club and acceptance by RI.

49 years ago, in the fall, 30 men recruited and sponsored by Rotarians in other Clubs, were meeting regularly with the 30 candidates selected to form the all new Chinook Club based in SW Calgary, focused on growing the membership along the Macleod Trail Corridor and in businesses in the area.

We were a super enthusiastic group of many classifications. The Tradewinds Hotel became our meetings' home, later The Carriage House, where we have stayed to this date. Women became eligible to join in 1995.

Over the years we have had many unusual and successful fund raisers — projects that involved our members actively and fellowship that tied us together in fun endeavours. Our

community footprint, the Nature Park in Fish Creek Provincial Park, was a good fortune opportunity presented by the land custodian, Mackenzie Meadows GC. The park is a casual walk-about natural park, replacing a gravel extraction site. The structures salute the motto of Rotary and the 4-Way Test. Opened officially in June 2002, we celebrate there every year with a casual picnic, and revisit the natural surroundings we have preserved in an urban park setting.

I am a Charter Member of this Club, having now been a Rotarian for 48years, and hope to celebrate many more Club Anniversaries. Congratulations everyone!!

*Jim Thompson, Charter Member,
Past President 81/82*

Water, Sanitation and Hygiene Month

March 4th Laura Chambers — 'How Calgary Residents Can Impact Change in Our City'
 March 11th Lager @ The Legion
 Bottle Drive Drop-Off @ Tonkinsons' driveway
 March 18th Jordan Guildford — Gems for Gems
 March 27th Membership Mingler at Carriage House Inn @ 5:30pm, \$33 per member, cash bar

Environmental Month

April 1st Michelle Eng, Refugee Ministries Pastor, FAC Calgary



Message from Former Member Syed Ahmed

Greetings from Islamabad and hope you are keeping well too. We are in Pakistan these days, busy with working at Shifa International Hospital, Islamabad. Just sharing some pics from our recent volunteer work at a village near Islamabad, our home town in Pakistan.

Best regards, Dr. Syed Sajjad Ahmed

Rotary Club of Islamabad (Metropolitan) District 63 (Former 3272)

FREE MEDICAL CAMP & POLIO IMMUNIZATION CENTRE
 By **ROTARY CLUB OF ISLAMABAD (METROPOLITAN)**
 In Collaboration with **Anjuman Behbood-e-Marezan Fateh Jang (Regd)**
 With Specialist Doctors from Islamabad
 Dr. Syed Sajjad Ahmed (Consultant Audiologist, Shifa International Hospital Islamabad)
 Dr. Irfan Ullah Kundi (Consultant Eye Surgeon, Al-Ain International Eye Hospital, Islamabad)
 Dr. Sana Rehman (Medical Specialist, Fateh Jang)
 Polio Information Desk & Immunization Centre
 Inaugurated by **Chaudhry Sher Ali Khan**
 Member Punjab Assembly, Chairman Monitoring Committee Attock & Member Public Accounts Committee, Punjab
 February 15, 2025, Fateh Jang



RI Convention 2025



MAGIC ALL AROUND

21-25 JUNE 2025 • CALGARY, CANADA

Register today at convention.rotary.org

#Rotary25

Bottle Drive Fundraiser

Bring us your empties!!

Members and Friends, drop off your bottles/cans in Tonkinsons' driveway **on or before Tuesday March 11th !**

The address is **12119 Lake Louise Way SE**, in the community of Lake Bonavista. (phone # 403 271 4026)

Please put your bottles in plastic bags ... the bigger the better! Consider reaching out to family, friends and neighbours to increase your collection! If you have bottles but not the means to deliver them, please contact Paul G and we will try to arrange pick up. Any members who can help pick up bottles for delivery to Tonkinsons' driveway, please advise Paul.

Special thanks to Bev and Anthony for once again hosting the pick up site at their home.

