



Our meeting is on ZOOM ...

Join in today @ noon!



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2020-2021 Officers and Directors

George Van Schaick, President
 Bev Tonkinson, President Elect
 Rob Wolfson, Past President
 Dale Perret, Secretary
 Al Holt, Treasurer

Syed Ahmed, International Service
 Dean White, Youth Service
 Neil Beatty, Community Service
 Bruce Bohnet, Club Service
 Sandy Swan, Club Operations
 Garth Plunkett, Club Financial

RI President Shekhar Mehta
 Rotary Club of Calcutta-Mahanagar, West Bengal India

District 5360 Governor Martin Parnell
 Rotary Club of Cochrane

Kerby Center Danielle Murphy and Lori Wilson

Our two speakers Danielle Murphy and Lori Wilson work in the Fund Development Department at Kerby Centre. They proceeded to provide an outline of the services that the Centre provides. These are outlined in the attached slides from their presentation. These services for seniors cover the gamut of assisting seniors in abusive situations (financial and physical), food security, info services, education, and an adult day program providing support and respite..



The pandemic has had a significant impact on the Centre. They had to close their doors and move online to ZOOM and other such digital services. Food security and social isolation became a concern and a focus. Many seniors experienced a loss of their support system, and Kerby Centre tried to fill that gap providing checks on seniors and food delivery. Elder abuse increased with neglect and financial exploitation.



A number of programs are run focusing on the mental, physical, spiritual and social well being of their senior clients.

Questions addressed the number of abuse beds (nine plus one emergency). They have space to increase this but lack the funding for more staffing at present. COVID drove then to shift to a single accommodation model, but the experience has shown the benefits of this structure, and it will likely be the focus moving forward.

As mentioned above, seniors abuse is an issue. Primarily financial and scams, but also neglect and food security. Micro aggressions are also common given the stress we are all under currently.



The speakers were not aware of the origin of the Kerby name. Prior to

cont'd on page 3 ...

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 Calgary, Alberta T2J 7A6
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 www.ChinookRotary.org

February 1st, 2022

Scribe: Stephen Pick



President George started the meeting promptly at 12:02 with wishes for an early spring. Then he played the national anthem performed by the 3 tenors. He then mentioned that February is Peace and Conflict Resolution Month, and felt that was rather timely.

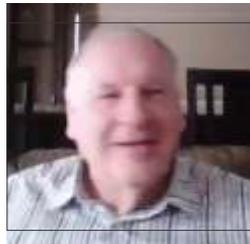


There were three guests: our two speakers Danielle and Lori from Kerby Center, and Genevieve Johner. We also had the pleasure of Anthony and Bev Tonkinson joining in from Mexico.

Our two speakers were Danielle Murphy and Lori Wilson from the Kerby Centre who work in the Fund Development Department there.

Sunshine Report

No news from active members, but it was mentioned that past member Connie Trotter has died. Bruce Bohnet mentioned that Marion Depledge was in hospital, but has now returned home and is recovering. It was also reported that the Club has made a donation to the Calgary Rotary Clubs Foundation in memory of Tom Sorenson



Chase the Ace

Rob shuffled the 44 remaining cards and Janet Popoff won the daily draw for \$93, but drew the 9 of Spades, so the \$789 pot rolls over until the next meeting.



Birthdays and Anniversaries

With Bev Tonkinson away in sunny Mexico, Rob handled the Birthdays (no anniversaries) ... see slides. The one Spousal Birthday was Verna Nazarchuk. Rotary Membership Anniversaries included Bruce Bonhet (36), Rae Campbell(42), George van Shaick (16), Dean White (6), and Neil Beatty (17). President George related his story of joining the Club in 2005, which started with parking cars at Spruce Meadows, and thanked all who welcomed him in to Rotary.



Rotary Minutes

- Rob Wolfson got us up to date with the Flames Seconds with money going to December and January winners.
- John Charret talked about our Fairview Junior High School partnership. The Roots-2-STEM mentorship program is on hold for now due to Omicron. Eight members signed up to be mentors, and John and Rhea did a presentation to the UofC Rotaract group seeking their assistance.
- Bev Tonkinson talked about their soon-to-end vacation in Mexico and having met up with Sandy Swan, and also a chance encounter with past members Cam and Linda Colclough. She also reported that our past "summer" member Sydney Richmond remains very active in her home club in Mexico.
- The long absence from face to face meetings, and that some members do not join in on ZOOM has made it hard to keep track of everyone. President George volunteered to send out an updated roster to everyone.
- Bart Dailey reported that Tammy Truman was the recipient of two well deserved awards, one related to her efforts with the Rotary Employment Partnership, and one — for the 4th time — from The Co-operators honouring her Community work.



Rob Wolfson closed things off with an anatomy lesson and the benefits of football vs weddings. He then related the sad tale of his dog having a torn ACL so 100 pounds has to be carried up and down stairs frequently. He was successful at the city bowling trials, and will now go to provincials.

President George then wrapped up the meeting at 1:05pm, reminding us of the next meeting on February 15th, the Bottle Drive that same day, and the evening networking meeting on the 24th.

'Skip the Depot' Fundraiser

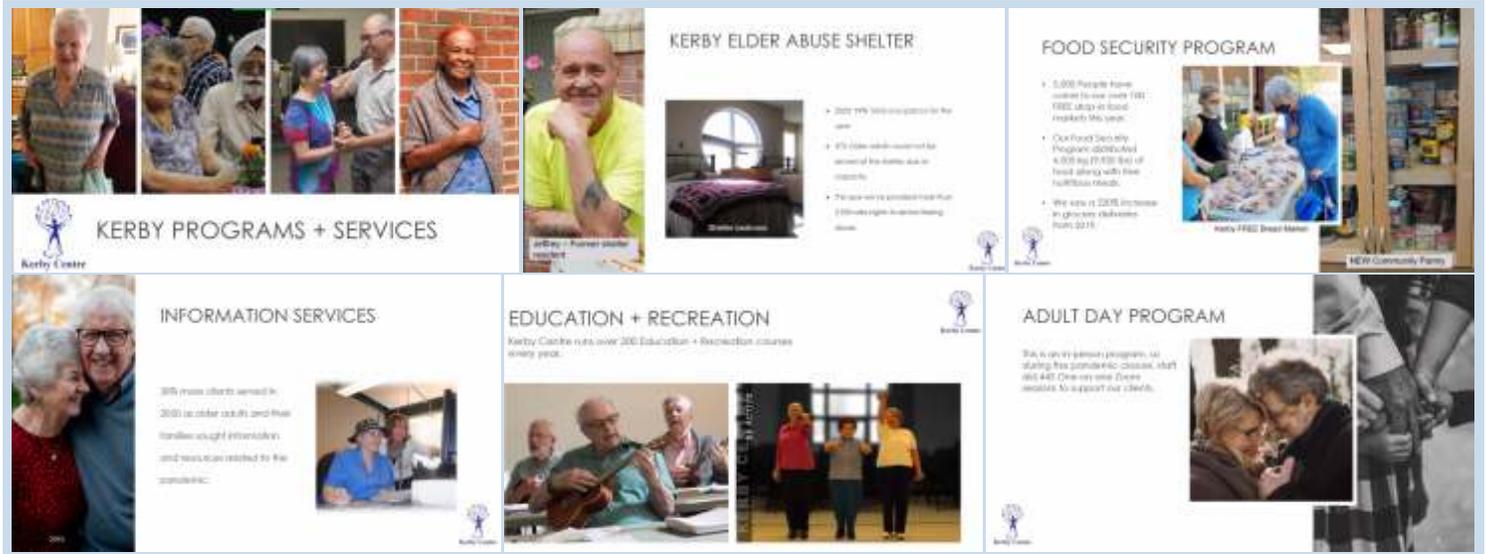
Today's the Day !!
Bring us your empties !!

Members and Friends, drop off your bottles/cans in
 Tonkinsons' driveway **Today !!**



The address is **12119 Lake Louise Way SE**, in the community of Lake Bonavista.
 (phone # 403 271 4026)

Special thanks to Bev and Anthony for once again hosting the pick up site at their home.



KERBY PROGRAMS + SERVICES

KERBY ELDER ABUSE SHELTER

- 2022 19% increase in calls for help
- 17% older adults reported for sexual abuse in the last 12 months
- The shelter can accommodate up to 12 people in a safe and secure environment

FOOD SECURITY PROGRAM

- 5,000 People have access to our weekly FREE FOOD bags in food markets this year
- Our Food Security Program (started 4,000 sq ft) is up next along with free healthcare needs
- We serve 15,000 lbs of food in groceries from 2015

INFORMATION SERVICES

300 years of history served in 2021 to older adults and their families through information and resources related to the community.

EDUCATION + RECREATION

Kerby Centre runs over 200 Education + Recreation courses every year.

ADULT DAY PROGRAM

It's a senior's program, so starting free problem-solving classes, start the day with yoga and dance classes to support our clients.

becoming a seniors' support centre, the building was the old Mount Royal campus and they just kept the name.

To support the Kerby Centre and use its services, one can become a member for \$25/year (\$30 to add parking). You can contact them at 403 265 0061 ext 256, or go online to their site to sign up at www.kerbycentre.com

President George thanked them for the presentation, and presented them with Polio Plus certificates. The Club was invited for a behind the scenes tour in future when they fully open up.

February Birthdays (no Anniversaries !)



HAPPY BIRTHDAY Rotarians

Albert Amaniampong
Feb 19th

Pat Hutchinson
Feb 20th

I'M SO OLD THAT
I HAVE DIALLED A MOBILE PHONE (THAT DIDN'T HAVE AN ANSWERING MACHINE), RECORDED A SONG THAT I LOVE OFF A TRANSDUCER BASS INTO A TAPE RECORDER, WATCHED A BLACK AND WHITE TV (WITH LESS THAN 10 CHANNELS) THAT HAD PUL ON THE BARRIT DAE ANTIMIAL, TAKEN A LONG WALK WITHOUT COUNTING THE STEPS, AND EATEN FOOD THAT I DIDN'T TAKE PICTURES OF.

Gord Billings
Feb 22nd

Ron Hardie
Feb 26th

a birthday TOAST to you

RI Convention Houston 2022



Rotary  HOUSTON 2022

Rotary District 5890

2022

WE ♥ HOUSTON

June 4 - 8, 2022

www.houstonri2022.org

Peace and Conflict Prevention/Resolution Month

February 15th

Natasha Guillot, Calgary Horticultural Society

Remember today!

"Skip the Depot" Bottle Drive — drop your empties @ Tonkinsons'

February 24th

Dixon's Networking Night, 7 - 8:30pm — on ZOOM

Speaker: Dr. Lal Mattu, Calgary Fish Creek — Third Academy

Water and Sanitation Month

March 1st

Genevieve Johner, Calgary Humane Society

March 22nd

Richard Moxley, Debt Counsellor and Author

Maternal and Child Health Month

April 19th

Mike Moore, VP of the Calgary Roughnecks and Calgary Hitmen

April 27th

FunDrive Fundraising Project delivery date — collect gently used clothing, books and other household items!



You May Want to Know!

Jim Thompson, President 81/82, Charter Member

Here we are, end of January 2022 enjoying, likely briefly, some spring like weather. In less than 2 months, we will celebrate our Club's 45 th year since we were chartered as a club in the Rotary International roster on March 14th 1977). A few of us, just 4 until a few days ago, were part of that charter night celebration at the Palliser on April 12 1977, hosted by our sponsor clubs, The Rotary Club of Calgary (downtown) and The Rotary club of Calgary South.

We had begun our formation in the summer/fall of 1976 ... in fact our very first newsletter, prepared by Charter President Greg McLellan for the 25 members designated, was dated November 16 1976. Greg listed among other items of organization, that we "start kicking around suggestions for a regular meeting place". It seems that after more than 2 years of COVID disruption, we are back again, kicking around ideas for a regular meeting place to accommodate a club in the rebuilding stage.

Lately, this scribe has encountered sadness in our ranks. With aging members comes failing health, recording of passings of former members, and lack of fellowship as we honour the social distancing mandate imposed. I was saddened to see the obit for Constance Trottier, "Connie", who had been a great member of our club and later the Calgary club, passing at the age of 75. And now a Charter Member of our Club, one of the only 4 left, Tom Sorenson, has passed away at age 82 just a few days ago. Tom, I knew well, a dedicated Rotarian, a respected educator, father and all round good guy. He served our club as President in 83/84, and when we had a need, he made it happen. More will be said about Tom soon, I will miss his friendship.

Now we are 3 ... Herb Imler, Ian Burgess and I, the last of the founders still part of our club. We have seen a lot of members come and go, and know many more Rotarians in other clubs we have visited with. Rotary continues as an enjoyable, fulfilling indulgence in our lives that we hope other active members find likewise in their lives ... "Service above Self" and the Four Way Test always as the guides to good fellowship and the betterment of community.

An MIT linguistics professor was lecturing his class. "In English," he said, "a double negative forms a positive. However, in some languages, such as Russian, a double negative remains a negative. But there isn't a single language, not one, in which a double positive can express a negative."

A voice from the back of the room said, "Yeah, right."

Spring Cleaning 'FunDrive'

April 27th Delivery

Before then, consider spring cleaning, or just plain clearing out things you no longer need or have space for! Collect "gently used" soft goods (clothing items), books and other items, and deliver them to the club for delivery to Value Village. The goods will be separated into categories, weighed and we will be paid by the pound.

So go ahead, get some big bags and find an out of the way place to start collecting those old clothes which don't fit anymore or that you know that you just won't wear. We've got lots of time to collect and perhaps your family or friends might add to your collection?

We have begun bagging clothing and other items ... we need some sort of space where we can collect these large bags as they accumulate over the next few months. Any ideas or suggestions? Contact Paul G.



FEBRUARY IS

