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### 2020-2021 Officers and Directors

George Van Schaick, President  
Bev Tonkinson, President Elect  
Rob Wolfson, Past President  
Dale Perret, Secretary  
Al Holt, Treasurer

Syed Ahmed, International Service  
Dean White, Youth Service  
Neil Beatty, Community Service  
Bruce Bohnet, Club Service  
Sandy Swan, Club Operations  
Garth Plunkett, Club Financial

RI President Shekhar Mehta  
Rotary Club of Calcutta-Mahanagar, West Bengal India

District 5360 Governor Martin Parnell  
Rotary Club of Cochrane

**Our meeting is on ZOOM ...**  
**Join in**  
**today @ noon!**



### Kerby Center Danielle Murphy and Lori Wilson

Our two speakers Danielle Murphy and Lori Wilson work in the Fund Development Department at Kerby Centre. They proceeded to provide an outline of the services that the Centre provides. These are outlined in the attached slides from their presentation. These services for seniors cover the gamut of assisting seniors in abusive situations (financial and physical), food security, info services, education, and an adult day program providing support and respite..

The pandemic has had a significant impact on the Centre. They had to close their doors and move online to ZOOM and other such digital services. Food security and social isolation became a concern and a focus. Many seniors experienced a loss of their support system, and Kerby Centre tried to fill that gap providing checks on seniors and food delivery. Elder abuse increased with neglect and financial exploitation.

A number of programs are run focusing on the mental, physical, spiritual and social well being of their senior clients.

Questions addressed the number of abuse beds (nine plus one emergency). They have space to increase this but lack the funding for more staffing at present. COVID drove then to shift to a single accommodation model, but the experience has shown the benefits of this structure, and it will likely be the focus moving forward.

As mentioned above, seniors abuse is an issue. Primarily financial and scams, but also neglect and food security. Micro aggressions are also common given the stress we are all under currently.

**Kerby Centre**  
for the 55 plus



The speakers were not aware of the origin of the Kerby name.  
Prior to

cont'd on page 3 ...

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**Rotary**  
Club of Calgary Chinook



February 1st, 2022

Scribe: Stephen Pick



President George started the meeting promptly at 12:02 with wishes for an early spring. Then he played the national anthem performed by the 3 tenors. He then mentioned that February is Peace and Conflict Resolution Month, and felt that was rather timely.

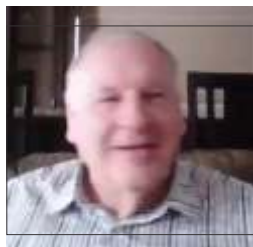


There were three guests: our two speakers Danielle and Lori from Kerby Center, and Genevieve Johner. We also had the pleasure of Anthony and Bev Tonkinson joining in from Mexico.

Our two speakers were Danielle Murphy and Lori Wilson from the Kerby Centre who work in the Fund Development Department there.

## Sunshine Report

No news from active members, but it was mentioned that past member Connie Trotter has died. Bruce Bohnet mentioned that Marion Depledge was in hospital, but has now returned home and is recovering. It was also reported that the Club has made a donation to the Calgary Rotary Clubs Foundation in memory of Tom Sorenson



## Chase the Ace

Rob shuffled the 44 remaining cards and Janet Popoff won the daily draw for \$93, but drew the 9 of Spades, so the \$789 pot rolls over until the next meeting.



## Birthdays and Anniversaries

With Bev Tonkinson away in sunny Mexico, Rob handled the Birthdays (no anniversaries) ... see slides. The one Spousal Birthday was Verna Nazarchuk. Rotary Membership Anniversaries included Bruce Bonhet (36), Rae Campbell(42), George van Shaick (16), Dean White (6), and Neil Beatty (17). President George related his story of joining the Club in 2005, which started with parking cars at Spruce Meadows, and thanked all who welcomed him in to Rotary.

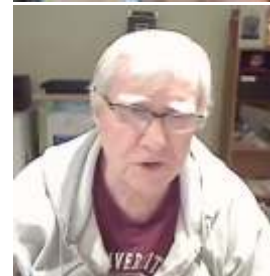


## Rotary Minutes

- Rob Wolfson got us up to date with the Flames Seconds with money going to December and January winners.
- John Charret talked about our Fairview Junior High School partnership. The Roots-2-STEM mentorship program is on hold for now due to Omicron. Eight members signed up to be mentors, and John and Rhea did a presentation to the UofC Rotaract group seeking their assistance.
- Bev Tonkinson talked about their soon-to-end vacation in Mexico and having met up with Sandy Swan, and also a chance encounter with past members Cam and Linda Colclough. She also reported that our past "summer" member Sydney Richmond remains very active in her home club in Mexico.
- The long absence from face to face meetings, and that some members do not join in on ZOOM has made it hard to keep track of everyone. President George volunteered to send out an updated roster to everyone.
- Bart Dailey reported that Tammy Truman was the recipient of two well deserved awards, one related to her efforts with the Rotary Employment Partnership, and one — for the 4th time — from The Co-operators honouring her Community work.

Rob Wolfson closed things off with an anatomy lesson and the benefits of football vs weddings. He then related the sad tale of his dog having a torn ACL so 100 pounds has to be carried up and down stairs frequently. He was successful at the city bowling trials, and will now go to provincials.

President George then wrapped up the meeting at 1:05pm, reminding us of the next meeting on February 15th, the Bottle Drive that same day, and the evening networking meeting on the 24th.



## 'Skip the Depot' Fundraiser

**Today's the Day !!**

**Bring us your empties !!**

Members and Friends, drop off your bottles/cans in  
Tonkinsons' driveway **Today !!**

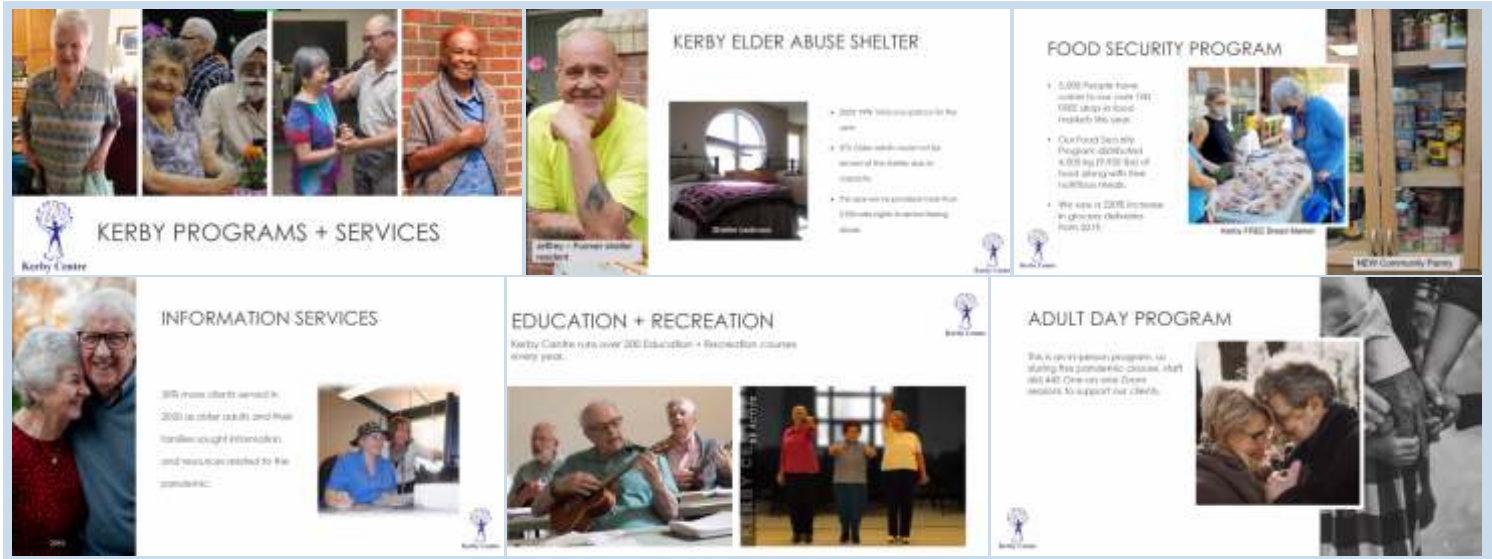
**Fundraiser**



The address is **12119 Lake Louise Way SE**, in the community of Lake Bonavista.  
(phone # 403 271 4026)

Special thanks to Bev and Anthony for  
once again hosting the pick up site at their home.





**KERBY PROGRAMS + SERVICES**

**KERBY ELDER ABUSE SHELTER**

- 2021-22 MY 100th birthday for the year.
- It's 100th birthday celebration for the year of the shelter due to capacity.
- The year will be a special one for the 100th birthday celebration.

**FOOD SECURITY PROGRAM**

- 5,000 People have been helped by the program.
- Our Food Security Program distributed 4,000 lbs of food along with free nutritious meals.
- We have 10,000 lbs of food in storage (donations from 2021).

**INFORMATION SERVICES**

30th years of service in 2021 to older adults and their families through information and resources related to the pandemic.

**EDUCATION + RECREATION**

Kerby Centre runs over 200 Education + Recreation courses every year.

**ADULT DAY PROGRAM**

This is a very popular program, so starting free pandemic classes, start with 400. One very nice event was to support our clients.

becoming a seniors' support centre, the building was the old Mount Royal campus and they just kept the name.

To support the Kerby Centre and use its services, one can become a member for \$25/year (\$30 to add parking). You can contact them at 403 265 0061 ext 256, or go online to their site to sign up at [www.kerbycentre.com](http://www.kerbycentre.com)

President George thanked them for the presentation, and presented them with Polio Plus certificates. The Club was invited for a behind the scenes tour in future when they fully open up.

## February Birthdays (no Anniversaries !)



**HAPPY BIRTHDAY Rotarians**

Albert Amaniampong  
Feb 19th

Pat Hutchinson  
Feb 20th

Gord Billings  
Feb 22nd

Ron Hardie  
Feb 26th

**I'M SO OLD THAT**  
I HAVE DIALLED A ROTARY PHONE (THAT DIDN'T HAVE AN ANSWERING MACHINE),  
RECORDED A SONG THAT I LOVE OFF A  
TRANSMITTER RADIO INTO A TAPE RECORDER,  
WATCHED A BLACK AND WHITE TV (WITH LESS  
THAN 10 CHANNELS) THAT HAD POOL ON THE  
BASKET BALL ANTERIOR, TAKEN A LONG WALK  
WITHOUT COUNTING THE STEPS, AND EATEN  
FOOD THAT I DIDN'T TAKE PICTURES OF.

**a birthday TOAST to you**

## RI Convention Houston 2022



**Rotary District 5890 2022**

**Rotary HOUSTON 2022**

**WE ♥ HOUSTON**

**June 4 - 8, 2022**

[www.houstonri2022.org](http://www.houstonri2022.org)

## Peace and Conflict Prevention/Resolution Month

February 15th

**Remember today!**

February 24th

Natasha Guillot, Calgary Horticultural Society

**"Skip the Depot" Bottle Drive — drop your empties @ Tonkinsons'**

Dixon's Networking Night, 7 - 8:30pm — on ZOOM

Speaker: Dr. Lal Mattu, Calgary Fish Creek — Third Academy

## Water and Sanitation Month

March 1st

March 22nd

Genevieve Johner, Calgary Humane Society

Richard Moxley, Debt Counsellor and Author

## Maternal and Child Health Month

April 19th

April 27th

Mike Moore, VP of the Calgary Roughnecks and Calgary Hitmen

FunDrive Fundraising Project delivery date — collect gently

used clothing, books and other household items!



## You May Want to Know!

*Jim Thompson, President 81/82, Charter Member*

Here we are, end of January 2022 enjoying, likely briefly, some spring like weather. In less than 2 months, we will celebrate our Club's 45 th year since we were chartered as a club in the Rotary International roster on March 14th 1977). A few of us, just 4 until a few days ago, were part of that charter night celebration at the Palliser on April 12 1977, hosted by our sponsor clubs, The Rotary Club of Calgary (downtown) and The Rotary club of Calgary South.

We had begun our formation in the summer/fall of 1976 ... in fact our very first newsletter, prepared by Charter President Greg McLellan for the 25 members designated, was dated November 16 1976. Greg listed among other items of organization, that we "start kicking around suggestions for a regular meeting place". It seems that after more than 2 years of COVID disruption, we are back again, kicking around ideas for a regular meeting place to accommodate a club in the rebuilding stage.

Lately, this scribe has encountered sadness in our ranks. With aging members comes failing health, recording of passings of former members, and lack of fellowship as we honour the social distancing mandate imposed. I was saddened to see the obit for Constance Trottier, "Connie", who had been a great member of our club and later the Calgary club, passing at the age of 75. And now a Charter Member of our Club, one of the only 4 left, Tom Sorenson, has passed away at age 82 just a few days ago. Tom, I knew well, a dedicated Rotarian, a respected educator, father and all round good guy. He served our club as President in 83/84, and when we had a need, he made it happen. More will be said about Tom soon, I will miss his friendship.

Now we are 3 ... Herb Imler, Ian Burgess and I, the last of the founders still part of our club. We have seen a lot of members come and go, and know many more Rotarians in other clubs we have visited with. Rotary continues as an enjoyable, fulfilling indulgence in our lives that we hope other active members find likewise in their lives ... "Service above Self" and the Four Way Test always as the guides to good fellowship and the betterment of community.



An MIT linguistics professor was lecturing his class. "In English," he said, "a double negative forms a positive. However, in some languages, such as Russian, a double negative remains a negative. But there isn't a single language, not one, in which a double positive can express a negative."

A voice from the back of the room said, "Yeah, right."

## Spring Cleaning 'FunDrive'

### April 27th Delivery

Before then, consider spring cleaning, or just plain clearing out things you no longer need or have space for! Collect "gently used" soft goods (clothing items), books and other items, and deliver them to the club for delivery to Value Village. The goods will be separated into categories, weighed and we will be paid by the pound.

So go ahead, get some big bags and find an out of the way place to start collecting those old clothes which don't fit anymore or that you know that you just won't wear. We've got lots of time to collect and perhaps your family or friends might add to your collection?

We have begun bagging clothing and other items ... we need some sort of space where we can collect these large bags as they accumulate over the next few months. Any ideas or suggestions? Contact Paul G.



FEBRUARY IS



**PEACE AND CONFLICT PREVENTION/RESOLUTION MONTH**

*"Peace is not the absence of conflict but the presence of creative alternatives for responding to conflict — alternatives to passive or aggressive responses; alternatives to violence." Dorothy Thompson*



**TAKE ACTION:** Engage Rotary, Change Lives