

November 25th, 2021  
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### In This Issue

#### 1 ZOOM Meeting Minutes November 16th

Speakers: Gary Webster, Sarah Salus and  
Christine Rendell  
'Child and Adolescent Mental Health Park'

#### 2 ZOOM Meeting Minutes November 16th cont'd

#### 3 ZOOM Meeting Minutes November 16th cont'd

#### 4 What's Up !!

ZOOM Meeting Minutes November 16th cont'd  
Park Project Presentation



### 2020-2021 Officers and Directors

George Van Schaick, President  
Bev Tonkinson, President Elect  
Rob Wolfson, Past President  
Dale Perret, Secretary  
Al Holt, Treasurer

Syed Ahmed, International Service  
Dean White, Youth Service  
Neil Beatty, Community Service  
Bruce Bohnet, Club Service  
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Garth Plunkett, Club Financial

RI President Shekhar Mehta  
Rotary Club of Calcutta-Mahanagar, West Bengal India

District 5360 Governor Martin Parnell  
Rotary Club of Cochrane

## Rotary on the Road (also on-ZOOM) Meeting tonight at 7pm at



### ZOOM Meeting Minutes

November 16th, 2021

Scribe: Paul Gaudet



Past President Rob opened our meeting at 12:04 by welcoming everyone and introducing O Canada. This week's rendition highlighted pictures of Canada's beautiful vistas and animals ... very entertaining. We had 32 participants on ZOOM today.



Rob acknowledged three special guests: Gary Webster from Calgary West, Sarah Salus from the Parks Foundation, and Christine Rendell, former DG and member of Calgary East. They are all participants in today's presentation regarding the Child Adolescent Mental Health Park.

He then noted that today's scribe would be Paul G, and thanked Stephen and Anne for all their work preparing and distributing our e-Arch each Tuesday.



Rob introduced Gary Webster to tell us all about an exciting new Park Project which will soon be constructed adjacent to the Child and Adolescent Mental Health Centre. To begin, a few details on the Centre itself might be useful. Alberta Health Services, in partnership with the Alberta Children's Hospital Foundation, is currently constructing a \$50 million centre for

*cont'd on page 2 ...*

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child and adolescent mental health in Calgary. Once built, the new facility will provide community-based mental health services to help ensure mentally healthy futures for children and adolescents in our community. Completion is scheduled for the summer of 2022, with patients being able to access the facility later that year.

By offering these services in the community, clients and their families will have access to more readily available services to help meet their mental health needs. The new facility will be home to a mental health walk-in service, intensive out-patient therapy, and a day hospital program.

## "A Park with Wellness at its Heart" "Brawn Family Foundation Rotary Park"

1 in 5 Canadian children will experience a diagnosable psychiatric concern in their youth. Research has proven there's a direct link between nature and positive mental health, which is why Rotary District 5360, the City of Calgary, the Parks Foundation, Alberta Health Services, and the Alberta Children's Hospital Foundation have partnered to develop a park adjacent to the new Centre for Child and Adolescent Mental Health (CCAMH) in 2022. The centre, and thus the Park, is located in the community of Hounsfield Heights / Briar Hill.

The Park is being supported by the Brawn Family Foundation and as a result the Park will bear its name. The Brawn name is well known to Calgarians and Rotarians, as Bob's leadership and support is well known and greatly appreciated by Albertans. The goal is to raise \$925,000 to complete this Park. Fundraising will be directed towards covering the park's capital costs, as well as an endowment to increase the sustainability and longevity of the park. Proposed features of the park include a trellis gateway, central flex space, medicine garden, meditation garden, activity area, community pathway and swing benches. They are currently 50% of the way to their fundraising goal and are confident it will be reached. Interestingly, it is a Parks Foundation requirement that 100% of the total program costs be raised before they will start construction.



Sarah (with the Parks Foundation) advised that they have worked closely with many groups to design this Park so that it will be able to accommodate the needs of the many varied mental health patients, as well as community needs. Development plans are going out to tender shortly as they anticipate completing their fundraising in February.

Check out further details by visiting their website:

[www.parksfdn.com](http://www.parksfdn.com)

Christine requested that Chinook join many of our District Clubs and consider making a donation in order to bring this project to life. Donations are also welcome from individual Rotarians. All on-line donations will receive a tax receipt via email. They have created many donor opportunities such as Park entries, swings or sign sponsorships.



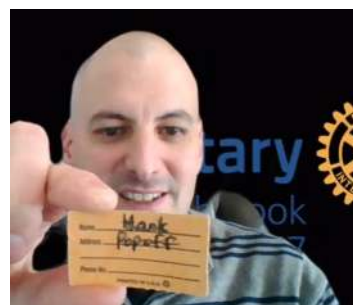
Christine highlighted the importance of adolescent mental health through a personal story about an indigenous young lady who she was mentoring, having both physical and mental challenges. She was taken to the Children's Hospital but it was difficult to diagnose and treat the mental issues. Anything we can do as Rotarians to help those with mental health issues is a good thing. This might be the first Park in Canada to be specifically designed for mental health improvement.

The presentation wrapped up with an open portion to provide time for any questions from attendees. We were advised that there will not be volunteering opportunities in this Park because it will be managed and maintained by the City. The Park will be open to the public at all times, notwithstanding its proximity to the Health Centre.

Rob thanked our three speakers for participating in today's presentation about an extremely important addition to our city's mental health development, with both the Centre and its adjoining Park.



It was then time for our **Chase the Ace** draw (50 cards remaining), and it was Hank Popoff who won the weekly prize of \$84. The good news for the rest of us is that he did not choose the Ace of Spades, so our pot (currently \$280) will continue to grow.



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Our **Sunshine Report** was next on the agenda, and once again there was no bad news reported (which in itself is good news). Dave Wylie reported that he and Ruth are celebrating the arrival of their 2nd great-grandchild, a girl, named Melissa Anne.



## Rotary Minutes



- Paul reported on our new fundraising project, which is asking for donations to thank the teachers and support staff of four local schools with which our Club has developed a strong relationship. They were all greatly challenged during COVID, and we believe a hearty thank you is warranted. We are asking the parents of the children who attend these schools, as well as our members (and members of other Clubs), to donate by purchasing roses (\$10 each) through our Campaign Page. We will be presenting these Roses together with a Thank You Card to the teachers and other staff at the end of the campaign period. Paul asked anyone who would like to help prepare the flowers for presentation (2pm to 5pm on the afternoon of Thursday, November 25th at the No. 285 Legion on Horton Road) to contact him. Paul also thanked Stephen and Anne for designing our Campaign Poster, and also our thank you card (which they will also print).

- John Charrett told us about next week's regular evening meeting, which involves a visit to Dean White's new campus for Roots 2 STEM. There will be wine and cheese on hand and Dean will be conducting tours of his educational facility. This operation is an important part of our Chinook Society through which we are funding scholarships for underprivileged youth, including indigenous youth, in our community. All our members are encouraged to join us at this event, and everyone is asked to confirm your attendance directly to Rob as numbers are necessary to arrange for the food and drinks. There will also be an opportunity to attend virtually through ZOOM, and Rob has to be advised so he can provide the appropriate link. All people who will be attending in person need to be double vaccinated with the standard QR code verification. Feel free to invite your family and friends to join you.



- Rhea advised that this event will be our first "in person" meeting, and will provide an opportunity to celebrate the fact that we are entering our 25th year of mentorship partnership with Fairview Junior High. Their students have been attending Roots 2 STEM workshops for a number of years now. We also hope that a number of Rotarians from other Clubs will be attending.

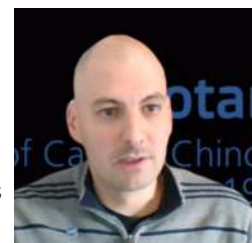
- In his role as Past President and Chair of this year's Nomination Committee, Rob announced that our AGM is scheduled for December 7th, and at this meeting we would (if required) hold an election to decide our three Directors (two year

terms) and President Elect (one year term) for Rotary year 2022/23. Our Nomination Committee is delighted to announce a slate of nominees for these positions. We thank both Stephen Pick and Ted Wada for agreeing to be our nominees for Directorships next year. The third position is still in discussion and we look forward to announcing our nominee shortly. With regard to the position of President Elect, Rob announced that Anthony Tonkinson has agreed to accept our nomination. So yes, you are correct that we will be having next year's President and the following year's President living under the same roof. Talk about continuity! Rob thanked all our nominees for agreeing to invest their time and energy into the future of Rotary Chinook.

If any further nominees come forward then we will require an election at our AGM. Any such additional nominations have to be in our Secretary's hands one week prior to our AGM.

## Good News / Bad News

- Rob advised that he took his daughter Kaiya to a youth bowling competition and she came in second. We didn't realize that bowling ability was passed on to our children, but the results don't lie. Congrats to Kaiya!
- Christine told us about her family being trapped on Highway 93 this weekend in the snow event, and taking 12 hours to travel from Invermere to Calgary. They were interviewed on local television and related their experience.
- Bill Stemp has been travelling south recently visiting family, and was proud to advise that their oldest daughter is joining Alaskan Airways as a first officer.
- Jim Thompson advised that his son is currently on a 10 day business trip to Dublin, Ireland and is having a wonderful experience.
- Sandy Swan told us about her daughter being first in Saudi Arabia and then in Dubai on business. She reports that apparently Tim Hortons is the coffee of choice in these countries.
- Anthony provided a report on the recent "Rotary Remembers" event on November 11th at the Carriage House. They had in excess of 130 attendees (142 had confirmed) and an additional 90 or so participated in the virtual presentation by ZOOM. All in all it was a good turnout considering the uncertainties of COVID.
- Rob thanked Anthony for all his work in helping to arrange our "Rotary Remembers" event, and reported that it went very well, including the post event beer at "Peanuts".
- Rob then announced that our NFL Loser Pool has ended and that two of his friends had split the first place prize and that, more importantly, we (those who participated) have raised \$120 for our Club.





## Rotary Foundation Month

November 24th & 25th

Salvation Army Kettles @ Chinook Centre  
5 shifts — contact Ted Wada to volunteer

Prep session for the Roses Presentation — 2-5pm at #285 Legion on Horton Road  
— contact Paul Gaudet to volunteer

## Disease Prevention and Treatment Month

December 1st & 2nd

Salvation Army Kettles @ Chinook Centre  
5 shifts — contact Ted Wada to volunteer

December 7th

ZOOM Meeting @ noon ... be sure to join in!  
AGM & Election of President Elect & 3 Directors  
Speaker: TBD or Classification Talks

December 14th

Club Assembly — Directors' updates



## ZOOM Meeting Minutes

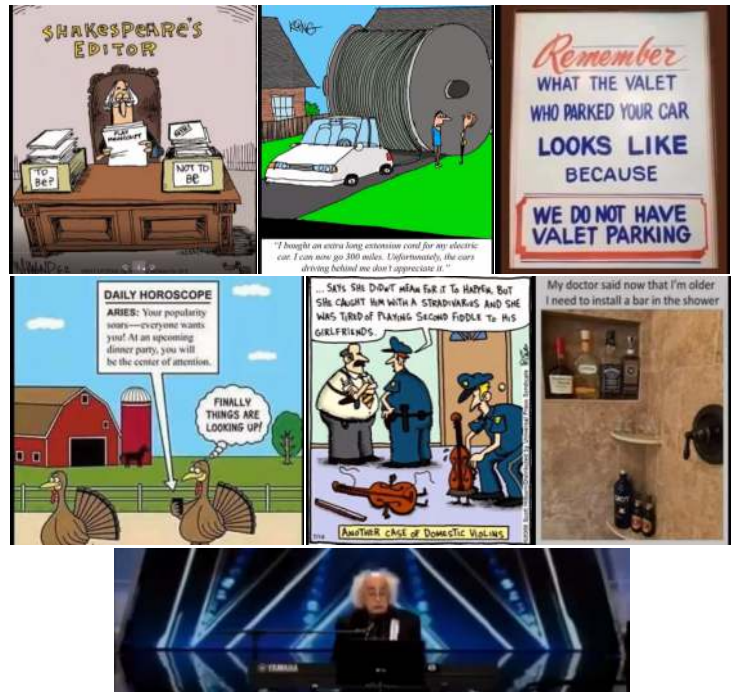
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Next up was our **Sergeant at Arms** for which Rob played a video of humorous cartoons and a video of an elderly contestant on "America's Got Talent" who did a humorous song about his wife (or was it about his daughter?). Suffice it to say it was quite unique and got lots of laughs from the audience.

Rob reminded everyone that our meeting next week will be our regular evening meeting, and that it is being held both "in person" and by ZOOM, and is being hosted at the Roots 2 STEM Campus at 7pm. Everyone is encouraged to attend in person or virtually, and is asked to confirm their attendance (either way) with Rob directly.

Rob reminded everyone that our next noon-time ZOOM meeting is scheduled for Tuesday, December 7th which will be our **Annual General Meeting**. There will not be a meeting on November 30th (5th Tuesday of the month). There is a possibility that the December meeting might be "in person" ... no promises, however discussions with the Carriage House are ongoing. We may have to confirm attendance and prepay, but we might be able to get it done.

Rob wrapped the meeting by thanking all those in attendance and wishing everyone a great Rotary week.



## Parks Project Presentation

**What is the Center for Child and Adolescent Mental Health?**

**SITE OVERVIEW**