

September 14th, 2021 Volume 45, Issue 7 - e68

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**Melissa MacKay from Travel Chicks** 

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#### 2020-2021 Officers and Directors

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Rotary Club of Cochrane

## the e-Arch



### **ZOOM Meeting Minutes**

September 7th, 2021





President Rob opened our meeting at 12:05 by welcoming everyone and introducing an O Canada instrumental version which included numerous colourful pictures of Canada's famous locations. We had 31 participants on ZOOM today, including our guest speaker, Melissa MacKay.





Rob noted that today's scribe would be Paul G. We are in need of volunteers to help prepare our minutes each month, so please step up. Paul thanked Bob Montgomery for doing the minutes for July and August. Rob advised that Tammy has agreed to take care of our minutes for October, and Stephen takes care of February. A few more volunteers and we would be home free!

## Travelling Post Pandemic (or during) Melissa MacKay, Travel Chicks



Rob introduced our speaker Melissa MacKay, who is a Travel Agent in Calgary, a best selling author, an independent "mother on a mission", who has been featured on major media sites. She loves to help people survive through the power of travel. Her presentation today is entitled "Travelling Post Pandemic (or during)".

Melissa began by noting that the rules and regulations surrounding travel are changing weekly. This means that we need to have trustworthy information sources that will keep us updated on the latest requirements in all the locations we wish to visit. Her first piece of advice is to find a great travel agent. They will have your back, and will save you time and headaches, as they have existing contacts and relationships everywhere.

There are two very useful sites everyone should make note of and check into when you are planning to travel. The first is "COVID 19 Travel Guide" by Expedia. You simply insert the City you are travelling from and the one you are travelling to, and cont'd on page 2 ...

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## **September 7th ZOOM Meeting Minutes**

they will provide up-to-date COVID travel information. The other site is "Destination Canada" which provides COVID 19 guidance for travellers. There is also a third site provided by the federal government "voyage.gc.ca" which will provide guidance about certain countries, and tell you the level of risk involved with travelling there. Melissa advises to use your own judgement also, as she tells the story of her own recent travels to Mexico. The site advises caution due to potential violence yet her own experience showed no such concern and she felt quite safe. She advises that we check with our travel agent if such situations arise, or if you have any questions about a specific location.

Another site is "COVID 19 Travel: checklists for requirements and exemptions". Basically the rules are changing and are often interpreted differently at different locations. More information will provide more comfort and understanding as you travel. Mexico is a favourite travel location and is quite flexible regarding COVID. You will require a "tourist card" and a "health questionnaire", which should be filled out prior to travel. You can do them at your point of arrival but resulting line ups are formidable. Cruise bookings are filling up for 2022 as previous reservations which had to be cancelled, are now being re-booked to use existing credits.

A positive feature in current markets is that suppliers are allowing customers to cancel bookings up to 24 hours before travelling with a full refund. These more flexible terms basically eliminate the risk of future issues.

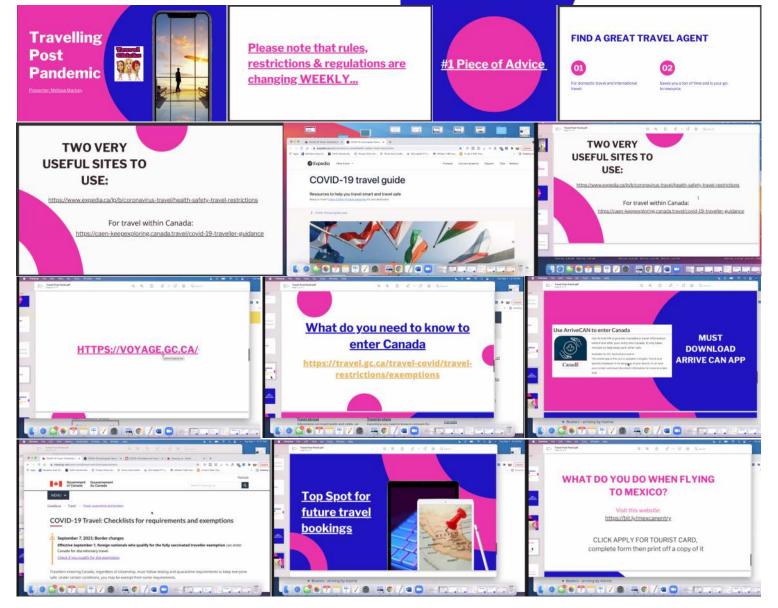
Melissa wrapped up her remarks by providing contact information for their agency. She then opened the floor to questions and we discussed the issue of how two different vaccines might effect your travel plans, how different cities in the same country might have different travel guidance, how travel by air vs car to the US is so different, what a vaccine passport is and how various provinces (in Canada) and countries are likely to employ it. For further information on these or other issues, give your travel agent a call.

Rob thanked Melissa for taking the time to provide us with this useful travel information. We will make our standard donation to Polio Plus in gratitude for her presentation.

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#### **Member News**

**Dr. Syed Sajjad Javed Ahmed**, Consultant Audiologist at Shifa International Hospital, activated the cochlear device implanted in a 3 year old patient at the ENT clinic, Shifa International Hospital, Islamabad.

1st cochlear implant procedure was performed by Dr. Muhammad Azeem, Consultant ENT Surgeon along with a multi-disciplinary team comprising of Audiologists, Anesthesiologists, Technicians and Nursing Staff. Cochlear implantation involves surgically placing a small and complex electronic device that helps provide a sense of sound to a person who is unable to hear, or faces extreme difficulty in hearing.

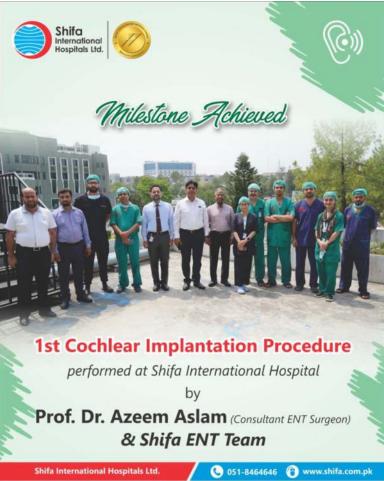
Shifa International Hospital, Islamabad, is among the few hospitals in the country providing this treatment and is committed in its endeavour to serve the people of Pakistan by offering healthcare services at par with international standards.















September 30th

October 19th

### What's Up!!

#### **Basic Education and Literacy Month**

September 21st ZOOM meeting @ noon ... be sure to join in!

Speaker: Grant Hanna, Toastmasters International

Dixon's Evening Meeting — on ZOOM @ 7pm

Speakers: Ron & Lise May — BelCanFran Youth Exchange Program

#### **Economic and Community Development Month**

October 5th ZOOM meeting @ noon ... be sure to join in!

Speaker: Dan Doherty — Diversity, Equity and Inclusion in Rotary

ZOOM meeting @ noon ... be sure to join in!

Speaker: Damen Heron, the 'man inside Darth Vader'

**Rotary Foundation Month** 

November 11th Rotary Remembers @ The Carriage House Inn

November 16th Gary Webster, Centennial Club — Child Adolescent Mental Health Park Project

# Rotary Remembers November 11th, 2021 The Carriage House Inn

## **September 7th ZOOM Meeting Minutes**

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It was then time for our **Chase the Ace** draw and it was Bev Tonkinson who was our weekly winner (earning \$84). She chose the king of hearts, so the big pot remains available! The Jackpot is over \$1,800! Don't forget to send in your \$20 to Al to take part in the draws for October.



Rob introduced our **Sunshine Report** by calling for any input from our members on the health of our Club. As there were no comments offered, he declared it a 'sunny' report.

Bev introduced our monthly **Birthdays and Anniversaries** feature by noting the seven members who have birthdays in September. These are Paul Gaudet, Ron May, Rae Campbell, Wayne Wiebe, Janet Popoff, Alex Soutar and Bill Stemp. We also have two spousal birthdays: Anne Pick and Muriel Wiebe. September was also a productive month for weddings as we have nine Anniversaries to celebrate: Fred and May Jessee (73rd), Harry and Verna Nazarchuk (60th), Paul and Connie Hussey (61st), Herb and Madeline Imler/Kinley (16th), Dean and Eeva White (25th), Dave and Ruth Wylie (56th), Pat and Joan Hutchinson (62nd), Alex and Nancy Soutar (53rd), Bob and Edith Montgomery (62nd).



As usual Rob and Bev set up a musical video including Birthday and Wedding photos, complete with best wishes to all. Once again an excellent monthly addition to our first meeting of the month! Photo collage will be in next week's Arch ...

President George stepped up to thank all our members who took

the time to respond to the questionnaire regarding our meeting location and options. The responses have been reviewed and will be discussed at tomorrow's Board Meeting. With our COVID situation continuing to evolve, it appears we will be "ZOOMing" for a while yet.



George then raised the subject of the Waterton Peace Park and Bev confirmed that it has been cancelled for this year. George then reported that the speaker at our next meeting on September 21st will be Grant Hanna from Toastmasters International.

Rob reported that our "Dixon's Pub" evening ZOOM meeting will be held on September 30th at 7pm. Our speakers will be our own Ron and Lise May discussing their youth exchange program involving France, Belgium and Canada.

Rob acknowledged the role being played by Anne Dale as our Club Facilitator for Martin's "Move for Polio" program. With Anne as our champion, Chinook is doing quite well in this District-wide effort. Anne just sent out a detailed email highlighting this project, and we refer everyone to this message. Any questions should be referred to Anne.

Our NFL "Loser Football Pool" is about to kickoff this weekend. It's a lot of fun and raises funds for our Club. Contact Rob if you would like to join. In addition, with the NHL starting soon, Rob advised that our usual "Purchase a Second" Pool will be set up shortly. Rob will be sending out an explanatory email soon.

In our **Good News/Bad News** section, Bev announced that their son Spencer and his wife have a new son, Anthony Roman, to go by Roman, born August 13th. Henry told us about a Skip the Dishes order which had an additional and unwarranted add-on, so he cautioned us to double check the invoice when your order arrives.



Rob thanked George K for arranging our recent Presidents' Dinner held at McKenzie Meadows on August 24th. It was a lovely event ... great weather, great food and great friends!

Our next meeting will be on Tuesday noon, September 21st, and our speaker will be Grant Hanna who represents Toastmasters International.

Rob wrapped our meeting by thanking all in attendance and wishing everyone a great Rotary Week.