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# the e-Arch



### **ZOOM Meeting Minutes**

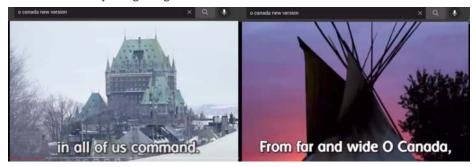
September 21st, 2021





Scribe: Paul Gaudet

President George opened our meeting at 12:05 by welcoming everyone and introducing 'O Canada'. We had 30 participants on ZOOM today. George noted our two guest speakers from Toastmasters International; Grant Hanna and Rebecca Klepic, as well as Syed joining us from Islamabad, Pakistan and Ron Hardy from Vancouver Island (the wonders of ZOOM). It was nice to see Karen Murray from Inclusion Alberta joining us again.



George noted that today's scribe would be Paul G and noted that Tammy would be our Scribe during October. He thanked Stephen and Anne for all their work preparing and distributing our e-Arch each Tuesday.

## Toastmasters and the Toastmasters/Rotary Alliance Grant Hanna & Rebecca Klepic from Toastmasters

George then introduced Grant Hanna as our first **Guest Speaker**. Grant was born in Winnipeg and first joined Toastmasters in 1975. He retired in 2015 however has stayed active in Toastmasters for over 40 years. He has been in every leadership role including President, Treasurer and as a multi year Director. He advised that he and Rebecca Klepic would be sharing today's presentation.

Grant advised that he thought he was a good speaker, but upon joining Toastmasters he discovered that he really wasn't that good.



During his years in the Club he realized that communication ability was important to everyone, whether it was at home, as a parent or at the office. He also developed his leadership skills, learning the value of delegation and follow up.

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## **ZOOM Meeting Minutes**

Rebecca was asked to speak about the value of the alliance between Toastmasters and Rotary. She was already a Toastmaster and ultimately decided to join Rotary because she was at a place in her life when she wanted "to give something back" to the community in which she has developed her business. Her speaking and leadership skills developed at Toastmasters will provide an excellent platform for her Rotary

activities. She went on to discuss the value of Rotary's Learning Centre and noted that it contained a number of courses and modules featuring Toastmaster content; such as Professional Development and how to structure a speech.

Grant then took over to speak about how to prepare a speech, breaking it down into a number of steps. Firstly, decide what you are going to speak about, what is your topic? Then decide what it is you want your audience to take away, what is your message? Thirdly he suggests that you decide how you want to end your speech, establish this up front, so as you prepare the other parts you know where you want to be upon wind up. Fourthly you craft an appropriate title as this is your invitation which will invite an

The Professional Development

The Professional Development

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audience into your presentation. Fifth you craft your beginning and the balance of your content.

Rebecca advised that her favourite type of speech is an "inspirational" one, and proceeded to give us a couple of examples from Rotary ... talks by members of their travels, projects and experiences which are based on personal activities and are most often very moving and emotional. She loves the alliance of Rotary and Toastmasters and feels strongly that it will work well for both organizations. We should be encouraging members of one to join the other.

Grant then outlined 4 types of speeches: the inspirational type previously discussed by Rebecca, the speech designed to inform, the speech designed to persuade, and lastly and probably the most difficult, the speech designed to entertain. He suggested that you use stories if possible because most people enjoy a personal story.

Rebecca believes that there is a world of opportunity in the alliance between the two organizations which will make both more effective. More effective communicators and leaders will provide improved service projects within our communities. Grant invited all Rotarians to attend a Toastmasters meeting and see how they work. So google Toastmasters in Calgary and find a meeting which is convenient in time and place and show up. Be sure to tell your Rotary friends how it went. The floor was then opened to questions. Asked about the ages of members, they replied that it was a wide range, from young people coming out of college to "lifers" like Grant. They meet once a week and generally use a standard agenda including some impromptu talks, prepared speeches and feedback thereon.

Rhea reported that she had just met Rebecca at the Calgary Club's "Stay in School" golf tournament fundraiser, and further that Anne Dale has visited a Toastmaster meeting recently. Rob thanked Rebecca for employing the Learning Centre as part of her presentation.

President George thanked both Grant and Rebecca for presenting to us today and told them that we would be making a donation to Rotary's Polio Plus program in appreciation of their participation.

George asked our members if they had any information to share on the health of our membership and once again they did not. Another "healthy" **Sunshine Report**, the best kind.

It was then time for our Chase the Ace draw (26 cards remaining) and it was Neil Beatty who was our weekly winner (earning \$84). Neil was not in attendance so Rob will be contacting him to see if he can select the Ace of Spades. The Jackpot is up



to \$1,967! Don't forget to send in your \$30 to Al to take part in the three draws scheduled for October. The price has gone up to \$30 as we have decided to host a Chase the Ace at our third (evening) meeting each month.

contd on page 3 ...



#### **Rotary Minutes:**



Rob introduced his "gambling report" by noting that our NFL Losers Pool was underway and added the personal note that he was out already after only two weeks (oops!). On the positive side, the pool has earned \$170 for the Club, and is providing

lots of fun for those participating.

The NHL season is only three weeks away so we will be conducting our regular scoring pool whereby one purchases a second (00 to 59), for \$20 each and based on the timing of the Flames' last goal of each home game. You can win \$20. If your time wins again in their next game then you win again and so on throughout the season. Please email Rob and pick your winning number and then send him \$20 per second picked.

Paul G donated a pair of tickets to the upcoming Flames Exhibition Game on Friday, October 1st at 7pm vs the Vancouver Canucks. Rob conducted a "hands in the air" raffle, and we had 14 people participate at \$5 per play. The winner was Bruce Bohnet and Paul will be forwarding the electronic tickets to him shortly.



Rob reported that he has received feedback from Justine Wilde regarding the Summer Book Bag Project which was a project of her Interact Club (supported with a \$1,000 donation from Chinook). They had planned on creating 100 book bags during their first summer, and are delighted to report that they achieved the 117 bag level. Justine thanked our Club for supporting them. Further details on this project are in this week's e-Arch.



Bev advised that she has collected some books for next year's Summer Book Bag Project, so if anyone has some books which they would like to donate then they can give them to Bev and she will collect for our Club.

Bev reported that our third Bottle Recycling Fundraiser has been scheduled for Wednesday,

October 27th. We are asking our members, friends and family to please plan on dropping off their bottles on the 25th or 26th at the home of Anthony and Bev in Lake Bonavista (same place as our first two events).

Rob had a great line after the bottle drive announcement: "You can blame me for anyone's gambling problems, but it's Bev who is responsible for anyone's drinking problems". It's our 'pool boy' vs our 'bottle drive girl'.

Next up was our Sergeant at Arms for which Rob played a video of humorous cartoons, followed by a story (provided by JT) about an Italian boy in the confessional speaking to a priest.

George VS reminded everyone that our next ZOOM meeting would be an evening one on Thursday, September 30th at 7pm. Be sure to join in as our guest speakers will be Ron and Lise May telling us about the exchange program they are involved with which operates in Belgium, France and Canada.

**ZOOM Meeting Minutes** 



Our next noontime ZOOM meeting is scheduled for Tuesday, October 5th at which Dan Doherty will be speaking to us about inclusion within Rotary.

George reported on the results of our survey about our 'in person' meetings re-starting at the Carriage House. He advised that almost everyone is anxious to get back to the Carriage House and also that C.H. Management want to work with us to get this done. However due to the resurgence of COVID variant cases and recent restrictions, we will be continuing with ZOOM until the end of October, and we'll see what develops in November.

George wrapped the meeting by thanking all those in attendance.



The address is 12119 Lake Louise Way SE, in the community of Lake Bonavista. (phone # 403 271 4026)

Please put your bottles in plastic bags ... the bigger the better! Consider reaching out to family, friends and neighbours to

increase your collection!

If you have bottles but not the means to deliver them, please contact Paul G and we will try to arrange pick up. Any members who can help pick up bottles for delivery to Tonkinsons' driveway, please advise Paul.

Special thanks to Bev and Anthony for once again hosting the pick up site at their home.



October 19th

October 25th / 26th

## What's Up!!

#### **Basic Education and Literacy Month**

September 30th Dixon's Evening Meeting — on ZOOM @ 7pm

Speakers: Ron & Lise May — BelCanFran Youth Exchange Program

#### **Economic and Community Development Month**

October 5th ZOOM meeting @ noon ... be sure to join in!

Speaker: Dan Doherty — Diversity, Equity and Inclusion in Rotary

ZOOM meeting @ noon ... be sure to join in!

Speaker: Damen Heron, the 'man inside Darth Vader' "Skip the Depot" Bottle Drive #3 — drop your empties off on

on Tonkinsons' driveway - 12119 Lake Louise Way SE



BOTTLE

#### **Rotary Foundation Month**

November 11th Rotary Remembers @ The Carriage House Inn

November 16th Gary Webster, Centennial Club — Child Adolescent Mental Health Park Project

## **Sergeant at Arms**













## **Vaccine Record Card**

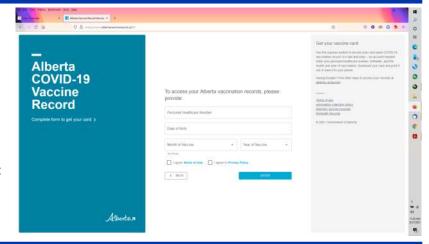
by Paul Gaudet

Take advantage of the new Alberta Government vaccine record confirmation card. It is very simple to use and I believe will be accepted everywhere.

You simply go to

#### www.albertavaccinerecord.ca

and enter your Alberta Health Card number, and the month and year you received your second vaccine and bingo, it produces your record card for use online, or it can be printed for your wallet if you prefer.



## **Made in Canada**

#### **Birchbark** Canoe

Long ago, before roads crisscrossed the country, the most efficient way to travel in Canada was by water.

Eastern First Nations developed

lightweight birchbark canoes so that they could navigate rivers and lakes with ease.

#### Canadarm

In 1981 a group of Canadian engineers in Brampton, Ontario, finished building the Canadarm.

This 15-metre robotic "arm"

reaches out from a space shuttle to launch or retrieve objects in outer space.

