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MATERNAL & CHILD HEALTH MONTH

Rotary
Beats, Bucks & Hearts

APRIL IS

Rotary International

"What is the value of the life of one child saved? No one will ever know, but if the child were our own, the price tag would be marked: Not for Sale - this life is invaluable."

James I. Simpson Jr
81 President 1979-80

2023-2024 Officers and Directors

Anthony Tonkinson, President
Rob Wolfson, President Elect
Bev Tonkinson, Past President
Dale Perret, Secretary
Vlad Sasarman, Treasurer

Pam Montgomery, International Service
Dean White, Youth Service
Ted Wada, Community Service
Sharon Fraiman, Club Service
Neil Beatty, Club Operations
Paul Gaudet, Club Financial
TBD, Membership Chair
TBD, Rotary Foundation Chair

RI President Gordon R. McNally
Rotary Club of South Queensferry, Lothian Scotland

District 5360 Governor Kurt Kowalchuk
Rotary Club of Calgary Downtown

District 5360 Governor Visit Kurt Kowalchuk, District Governor

Bob M introduced our speaker, District 5330 District Governor, Kurt Kowalchuk.

Kurt was born and raised in Winnipeg, where he graduated in Computer Science and Business Administration. He has lived and worked as an IT consultant in a number of Canadian cities, and in London England and Houston Texas. He has made his home in Calgary for the last 30 years. He has been a Rotarian for 13 years, joining because of his passion for international service. He has been a club president, secretary for two clubs, and membership director. He is currently a member of Calgary Downtown.

He is a runner, skier, kayaker, cyclist, hiker, scuba diver and world traveller. His partner, Manon Mitchel is also an active Rotarian. She is a past president of the Downtown club and Calgary Sarcee, and our District Governor Designate.



Presentation

Kurt said that he was going to talk about 3 things as follows:

1. one of his stories
2. RI theme — Create Hope in the World
3. District 5360

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Public Service in Calgary Dan McLean, City Councillor, Ward 13

Our speaker, Dan McLean, was introduced by Sharon Fraiman. He is Calgary's Ward 13 City Councillor and has lived in Southwest Calgary for over 20 years. He brings a business background to City Hall. He was raised on a farm outside of Camrose, and attended the university of Alberta. In 1998 he started his own business called McLean Golf. Initially, it was just a small operation selling golf carts from his acreage, however within a few years, he expanded his business and secured distribution rights for Alberta and British Columbia to the number one selling golf cart in the world. He quickly expanded to Calgary and made it his home base.

Over the past 20 years Councillor McLean worked very hard to grow the business while



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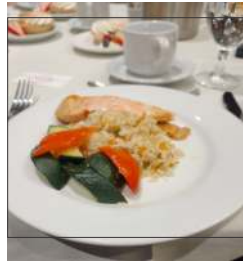


Greeters : Bev Tonkinson and Bob Montgomery

Attendance :



25 including **Guests** DG Kurt Kowalchuk, and Heim Fraiman



Moe Tynan gave a summary of her time with Chinook, as follows:

- joined in 1992, sponsored by Jim Thompson
- familiar with Rotary organization as her father was a member of the Downtown club for 57 years
- Moe runs her family's furniture business, which has been in existence for 95 years
- she has served on several committees and has been a Director and Club Secretary



Prez Anthony opened the meeting by announcing that this meeting was taking place on the **47th Anniversary** of the founding of our club. The two Charter Members still with Chinook are Jim Thompson and Dr. Ian Burgess.

Photos courtesy George Van Schaick



Anthony announced that Chinook gives a **\$2,000 Bursary** in the name of our first club president, Father Greg McLellan. This year's winner was Amber Rehman, a woman in her 40s, with 3 children, who spent 20 years working with troubled kids. She is taking a psychology degree.

*Father Greg McLellan
Memorial Bursary
Recipient Amber Rehman*



Good News :

- Hank celebrates 15 years with Chinook, having transferred from the Downtown club
- Tammy was named Volunteer of the Year by the Calgary Grey Cup Committee

Speaker :

Bob M introduced District 5330 District Governor, Kurt Kowalchuk.



Congratulations Tammy !!!

cont'd on page 3 ...



District Governor ... cont'd from page 1

1. Story

Kurt and Manon visited Bhutan in 2009. This is a Bhuddhist Kingdom that measures its wealth by gross national happiness, rather than GDP. They added Nepal to the trip and trekked to the Mt. Everest base camp. They were heart broken when seeing the porters carrying materials, for which they are paid \$2 per day with a load, and no pay if nothing to carry. They were touched by this and raised several hundreds of dollars, which were donated to the International Porter Protection Agency. In 2010 they joined a medial mission to Nepal.

2. RI Theme

Telling positive, hopeful stories is one way to follow RI's theme — Create Hope in the World. Today, Kurt is asking each of us to tell our Rotary stories.

3. District 5360

Due to our membership committees and dedicated clubs, membership has stabilized compared to historical trends of big losses every year (11 last year compared to 60 to 80 annually). He also mentioned the good work of several district committees, including Foundation, Indigenous, Youth services and New Generations, all of which are Creating Hope in the World.

This year's District Conference is being held in Drumheller on May 4th/5th. It is a two day event, helping to celebrate Drumheller's 100 years of Rotary.

Kurt's final words to us were "I plan to continue to Create Hope in the World and I am asking you to join me".

Hank enthusiastically thanked Kurt for his address to us.



James Wheeler Davidson Lunch

All Clubs Event, June 5th @ The Carriage House

First Annual James Wheeler Davidson lunch!

The Speaker is the CEO of the TRANS MOUNTAIN PIPELINE, Dawn Farrel. Given this enterprise's historical impact on Alberta and Canada, we are confident of a sold-out attendance, especially with your support for this initiative.

You may have already seen the announcement details in the District 5360 events publication. There will be many more to come.

I appreciate your consideration,
 Bob Holland, Chair
 All Clubs James Wheeler Davidson Celebration Annual Event Committee
 bobgholland@gmail.com
 m. 403 606 0683

James Wheeler Davidson (14 June 1872 – 18 July 1933) was an American-born Canadian businessman, diplomat, explorer, journalist, and philanthropist. He is noted for greatly aiding the internationalisation of Rotary International. In Canada, he became involved in the lumber business, making his fortune and becoming a pillar of the local community. Davidson was an enthusiastic member of the Rotary Club in Calgary, and when the organisation wanted to extend its reach throughout the Mediterranean, Middle East, Southeast Asia and Australasia, he was the logical choice as envoy to the region because of his prior international experience. Leaving in 1914, he spent CAN\$250,000 of his own money to establish branches of Rotary International in Australia, New Zealand, Turkey, Greece, Egypt, Jerusalem, Burma, Siam (Thailand), Java, and in several of the Malay states including Seremban, Kuala Lumpur, Malacca, Penang, Ipoh, Klang and Singapore. In total his trip lasted two and one-half years, and he was responsible for founding over twenty branches of the organisation around the world.





President Anthony called our meeting to order at 12:15, welcoming all in attendance. He noted that our Rotary Theme is "Create Hope in the World", then led us in the singing of O Canada.

We had 28 participants at our meeting today which included 3 **Guests**: our guest speaker Dan McLean, and Josette Fraiman and Michael Perez, both guests of Sharon.

Jack Steen and Moe Tynan did a great job today as **Greeters**, and Jack was called on to introduce our guests.



Anthony **thanked** Paul for being our Scribe today, as well as our Greeters (noted above) for making everyone feel welcome. He also thanked Stephen and Anne for all they do for our Club, notably the regular production of our e-Arch. He also thanked both Neil and Hank for operating our payment system.

Anthony thanked George VS for all his work with the Carriage House administration in arranging all our regular meetings, and also for taking photos during our meetings.

Club Business

- Rob Wolfson announced that there will not be an **evening meeting** next week as both Anthony and Rob will both be out of town.
- George K reported that our recently completed **Farmers Market Project** went fairly well. We had good discussions with many interested visitors and told them about Rotary. We plan on doing it again fairly soon, and hope we will have



additional volunteers participate. This time we had 24 shifts to fill and had 12 members volunteer.



- Sharon spoke to us about the EMS system in Israel which has 34,000 highly trained medical volunteers operating their emergency medical system. That's correct, they don't get paid. On June 2nd at the Carriage House, CMDA (Sharon is their Western Regional Director) is holding an appreciation event to thank all these EMS volunteers for all they do (including risking their lives on a daily basis). Sharon hopes our Rotarians will consider attending this event. Cocktail Reception starts at 6:00pm.

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- Tammy recommended that everyone should be sure to read the recently circulated report on amending our existing **Bylaws** so that our discussion and vote will go as smoothly as possible at our April 9th meeting. She also highlighted that if anyone would like to vote but cannot attend the meeting, they can provide their voting preference to another member who will be attending, and they can vote for them, by proxy.

- Stephen Pick noted that he and Anne will be heading out to the West Coast to visit family friends and do some sightseeing. Then there will be two days of Directors' meetings for Stephen in Oregon. They will be leaving Calgary on April 5th and will not be back until month end. As a result, any information you would like to have in the **e-Arch** will have to be in their hands prior to the April 2nd meeting, and failing that, it will be delayed until our May 7th meeting.

Sergeant at Arms



Neil was our Sergeant today and singled out our many members who had (or will have) the opportunity to travel on holiday this Winter/Spring. He led the way with a \$20 donation for their recent trip to Maui. Hank noted that he had donated at our previous meeting for their recent Cruise, but agreed to pay again today (\$5) due to Neil's request. Anthony suggested that all the weekly Chase the Ace winners could donate for their good fortune.

Guest Speaker's Presentation

Our speaker, Dan McLean, was introduced by Sharon Fraiman.



Dates to Remember

- March 28th Networking/Fellowship Meeting on March 28th has been cancelled
- April 2nd Regular noon meeting at the Carriage House
- April 9th Special noon meeting at the Carriage House (GM and Bylaw Amendment discussion & vote)
- April 16th Regular noon meeting at the Carriage House

Anthony thanked everyone for attending today, and asked all to help close our meeting with a reading of Rotary's 4 Way Test. Remember, "Create Hope in the World". Have a great Rotary week! Our meeting adjourned at 1:05pm.

Public Service in Calgary ... cont'd from page 1

at the same time raising a family. They have three children and 4 grandchildren. Dan ran for city councillor in Ward 13 as he wanted to give back to the community that supported his business and his family for over 20 years.

Dan thanked us for asking him to speak at our Club today. He considers it a great honour to be involved in City politics, and describes himself as a fiscal conservative who cares about low taxes and keeping people safe.

Unfortunately, Dan had to limit his presentation today as he had a meeting back at City Hall shortly after 1pm. As a result his comments today were brief but interesting. He wants to reverse the out of control spending in the city of Calgary, the endless tax hikes, and bring a more business friendly attitude to Council.

He is among the Council group who wants to make the current re-zoning (city-wide Land Use Designation (zoning) Amendment approved by City Council) an election issue. He believes that we should look at immigration from a federal perspective as we might be taking in too many applicants. He suggests that we support local trades training so we can ease our current labour shortage. Overall, Dan wants to reclaim Calgary as the best city in the world to live, work, and raise a family.



Brennen Pell thanked Dan for speaking to us today, and for doing his best to make positive changes in Calgary. He presented Dan with our Certificate of Appreciation, noting our donation to Polio Plus in appreciation of his presentation.

- When one door closes and another door opens, you are probably in prison.
- To me, "drink responsibly" means don't spill it.
- Age 60 might be the new 40, but 9:00 pm is the new midnight.
- It's the start of a brand new day, and I'm off like a herd of turtles.
- The older I get, the earlier it gets late.
- When I say, "The other day", I could be referring to any time between yesterday and 15 years ago.
- I remember being able to get up without making sound effects.
- I had my patience tested. I'm negative.

Fairview Mentoring March 1st



Maternal and Child Health Month

April 2nd
April 9th

Rabbi Glickman — Recent Travel to Israel
Special Meeting re Vote on amended Bylaws
Cam Stuart, District Indigenous Relations Chair, one of six world wide Rotarian recipients of the People of Action Award 2023
Andrea Hill, Personal Story of a Professional Opera Singer

April 16th

Youth Service Month

May 4th - 5th
May 7th

District 5360 Convention — Drumheller — www.discon5360.ca
Dale Perret — GlobalFest



CMDA Appreciation Event

June 2, 2024 at the Carriage House Hotel & Conference Center is our CMDA Annual Appreciation Event for donors, supporters and MDA workers in Israel, with "A Special Israeli Mediterranean Kosher Dinner".

Join our CMDA Calgary chapter event for an exclusive evening celebrating the lifesaving work of Magen David Adom. There will be a special ambulance donation from Lenny Shapiro to honour his wife Faigel for her 90th birthday.

Please purchase tickets through this link:
www.cmdai.org/calgalala/

Am Israel Chai
CMDA appreciation event to the donors, supporters and MDA workers & volunteers

Sunday June 2, 2024

The Carriage House Hotel & Conference Center
Cocktail Reception 6:00 p.m. | Main Event 7:00 p.m.
Kosher dinner reception | Semi-formal/business attire

Join the CMDA Calgary chapter for an exclusive evening celebrating the lifesaving work of Magen David Adom

ENTERTAINMENT

Dor Shimon
Israeli musical sensation
Runner-up on Israel's "Next Star to Eurovision"

Violinist Steven Klevsky
Born in the city of Gomel, Belarus. He began to learn music at the age of six. At 14, he began his studies at the State Music College, majoring in classical violin.

KEYNOTE SPEAKER

Raphael Herbst
Deputy Director, International Relations Magen David Adom
Testimonial on the attacks of October 7th.

TICKETS \$125 per person
cmdai.org/calgalala

Sharon Fraiman
Western Region Director
C: 587-435-5808
E: sfraiman@cmdai.org

Casino Fundraiser

We have the dates for our next Casino Fundraiser !!
August 26th & 27th
@ 'Pure Casino Calgary'
NE Calgary near the 16th Avenue & Barlow interchange

Let's make this a huge success!

Contact Bruce Bohnet to sign up for your shifts



Rotary 

FOUR-WAY TEST
FOUR QUESTIONS – 24 WORDS

<p>THE UNIQUE STEP-BY-STEP PROCESS</p> <p>IS IT THE TRUTH?</p> <ul style="list-style-type: none"> Clarity Transparency Fact checking Ethical behaviour 	<p>PROCESS TO ACHIEVE DESIRED OUTCOMES THAT ARE ETHICAL, FAIR AND BENEFICIAL TO ALL</p> <p>That we do our homework to collect information and to apply critical thinking by asking questions to know the difference between facts, beliefs, assumptions, and opinions as well as know what we don't know.</p>
<p>IS IT FAIR TO ALL CONCERNED?</p> <ul style="list-style-type: none"> Inclusion Empathy Acceptance Belonging Accountability 	<p>That we use empathy to see other points-of-view in the context of the problems to be solved and the goals to be reached.</p>
<p>WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?</p> <ul style="list-style-type: none"> Trust Do good Feel good Have fun 	<p>That the process is civil, and there is a feeling of respect and openness to ask the "dumb" question, they can lead to creative and innovative answers. Also, people prefer to work with people they like, respect and trust.</p>
<p>WILL IT BE BENEFICIAL TO ALL CONCERNED?</p> <ul style="list-style-type: none"> What if scenarios Trade-offs Being creative and innovative Better decision making 	<p>That these are the conflict transformative answers and decisions that can lead to mutually satisfying solutions, that are sustainable and scalable. This can be an iterative process as we learn more from doing and continuously improving with time.</p>

Upcoming RI Conventions

2024	June 8 - 12	Singapore
* 2025	June 21 - 25	Calgary Alberta *