

BULLETIN FOR APRIL 23rd, 2020 VOLUME 65, ISSUE 39



MESSAGE FROM PRESIDENT CHAS

My Fellow Rotarians of Stampede Park

Today we are honored to hear from representatives of the Calgary Philharmonic Orchestra. I believe it is a serendipitous presentation for us! If you are like me, just the thought of the CPO brings a calming effect that only wonderful ageless music can inspire.

As we continue to plod through this labyrinth we call daily life as of late, let's use today's topic to remind us all to take advantage of the priceless music that is within our grasp at anytime.

"Music gives soul to the Universe, wings to the mind, flight to the imagination, and, life to everything!" Plato

Again, it is inspiring to "see" familiar friendly faces during our virtual meetings. I urge everyone to continue to reach out to fellow members and maintain contact. It is essential for your good mental health as well as those you connect with.

As a matter of fact - I ask you to think of someone very special right now. Got them in mind? Good!..... Now go get in touch with that person!

Please enjoy the bulletin and Be Well!

E. Chas. Filipski, Jr. President





MESSAGE FROM PRESIDENT ELECT PENNY LECKIE



We may not be meeting at Rotary House for our regular weekly meetings, but my observation is **our Rotary Club is not just alive, it is THRIVING.** Our Committees are meeting, and we are moving forward. Nothing can stop our "Can Do", "Make it Happen", "Pick up a Glove and Get in the Game" Members. I cannot say I am surprised. It's just who we are. I know I am going to miss someone, so I apologize in advance, but just in the last week, I have observed the following:

- Rotary Business Owners Weekly Zoom meeting. It was a lively discussion and I took away a couple of tips to improve my business. Thinking it might be helpful to keep this forum going, in some format, even after we are back to regular meetings... Thanks to John Fitzsimmons for kickstarting, but thanks also to all the participants for making it so productive and interesting.
- President Chas took great efforts to bring humour to our weekly Club Zoom meeting. Not an easy task, but much appreciated. It brought a smile to my face. Bob Wiens is changing and saving the lives of many. We were long overdue to hear about his projects and the difference he is making in the world.
- Our Stay in School Golf Tournament Committee needs to be commended on time spent and their efforts in making a tough decision. When I saw the names of the people on this Committee, I knew that even though the tournament would fall in my year as President, I didn't need to be involved in the decision process because there was great bench strength and wisdom already at the table. I knew the right decision would be made. It was, and they displayed tremendous leadership, which I applaud.
- The **Stay in School Student/Finance Committee** has been staying on top of things in spite of all the moving parts, and because of this, was able to give the golf tournament committee the comfort of knowing we could miss the tournament for a year, and it would not impact any of our students. **Kudos and Kisses** to everyone on this committee.
- The **Communications Committee** has been working diligently to create and strengthen our Club's brand. This Committee is an initiative that **President Chas** wanted as a differentiator during his year as President. It got off to a slow start, but is finishing very strong, and again, I just need to make sure I stay out of the way. **President Chas** and every member of this Committee should be commended. Our general membership may not have seen much from this Committee yet, but just wait...They are going to "**WOW**" us.
- Under **Jim Fitzowich's** guidance, the **Programs Committe**e is literally hustling to adapt to our changed meeting format and to bring interesting speakers and programs to our meetings. I think you will be thrilled and impressed with the content of our upcoming meetings. You won't want to miss.
- Our **Board** held its regular monthly meeting on Monday evening. The Board is being proactive, creative and positive in regard to the current circumstances. It's wonderful to work with individuals who have so much talent. Every challenge has a hidden opportunity. Our Board sees numerous opportunities for our Club and its Members. We are evolving accordingly, and I know you will continue to be proud to be a Member of our Club.
- Gena Rotstein has been organizing and facilitating our Executive Zoom meetings, through the gracious and generous use of her business platform. In addition, Gena invited me to join a Zoom meeting of various private and family foundations, which helped me gain a better understanding of how needs in our community are likely to be met over the next while. Gena has the pulse of the not for profit sector in our community and will be able to provide valuable insights as we consider how our Club can make an impact going forward.
- Neil Fraser, Jim Fitzowich and I participated in the Calgary Rotary Clubs' Foundation quarterly Board meeting. The Foundation's portfolio is weathering the storm well. There will not be any change to our Club's disbursements from CRCF at the beginning of July. Because of past commitments to this Foundation, by some extremely generous donors from our Club, the CRCF disbursement will play a major role in getting our Club through a challenging period. Thank God for Wise Men (and Women)...
- So many **Members are reaching out and connecting with other Members**, and when Members tell me these stories, they are **grinning from ear to ear**.

As I said at the beginning, there are too many stories to tell, and I know I have missed many. I just really wanted to share how vibrant and lively our Rotary Club is in spite of the fact that we are not having our normal meetings at Rotary House. The energy is tangible. We are all very privileged and blessed to be part of this exceptional community of individuals.

Finally, I can't say enough about how Kathyann is helping to keep the boat afloat. I have started shopping for a halo for Kathyann to wear. Having trouble finding one to match my tiara. (am I joking, or am I serious?) The sun is shining as I write this, and I hope everyone is enjoying its warmth. Sending warm wishes to everyone.





Club of Calgary at Stampede Park





Riverbend Atrium One Suite 120, 200 Rivercrest Drive SE Calgary AB T2C 2X5

(403) 244 9788

April 23rd, 2020

A message from your President and President Elect

Dear Fellow Rotarians and more appropriately; our dear friends

By now it is likely that you have heard or have been told of today's heartbreaking announcement from Calgary Stampede President, Dana Peers.

Our beloved Calgary Stampede has been cancelled for 2020. While there are a multitude of emotions that leap to the surface when I simply write those words, our focus as Rotarians whose fundraising efforts are so closely tied to this amazing event is, "Now what?"

Well, after a few deep breaths and a great conversation between the two of us, President Elect Penny and I say, "Here's what!"

Firstly, the Dream Home funds. We will prepare for those funds to be significantly changed from previous years. This will be our focus until we hear differently from the CS and Stampede Lottery people. They are examining all alternatives available.

Your BOD will cultivate alternatives and will lead our Club as we continue the good work we do in the Community. This may mean we are contributing more physically than monetarily. We can and will do this.

That leads us to the topic of our Club's Funds. Because of sober anticipation of this decision that is now a reality, we can assure you our obligations for next year - namely funds for the Oliver House legacy project - are in place.

Some delicate discussions surrounding certain funding modes are being examined. We will share details of them at the appropriate moment.

Remember that with every challenge there is an opportunity.

It is going to be a tough year ahead, but we will be a stronger Rotary Club on the other side of this. We know there are many things we can do. Because of the wisdom of past presidents, we have nothing to fear with respect to our Club's finances. We will build, grow and expand on that wisdom.

As sad as today's announcement is; we now know the worst. Let's go forward.

In Rotary Spirit

E. Chas. Filipski, Jr.	Penny Leckie
President: 2019/2020	President- Elect: 2019/2020



CALGARY PHILHARMONIC ORCHESTRA PRESENTATION



Janet Matthews began today's presentation by introducing our Speakers:

In Calgary we are very fortunate to have a world class Philharmonic with 66 full-time musicians from all over the world – an orchestra which is tremendously supported and loved by our Calgary community. The Calgary Phil is also the resident Orchestra for Alberta Ballet, Calgary Opera and Honens International Piano Competition. It offers creative programming from Classics to Pops, Soloists to the music of Elton John, Chicago and Queen. From children's specials to orchestral accompaniment of films such as Star Wars and La La Land and much more!

I am very pleased today to introduce our two guest speakers: Alex Klein, Principal Oboe and Karl Hirzer, Associate Conductor. Also attending this meeting from the Calgary Philharmonic Orchestra are: Paul Dornian, President & CEO and Jim Campbell, Director of Development. Welcome to all of you.

Alex Klein was born in Brazil and is one of the world's leading oboists and is the only solo oboist to receive a Grammy Award. He was with the Chicago symphony for many years, has won countless international awards and has worked for the advancement of talented young players from Latin America who come from disadvantaged communities.

Karl Hirzer is currently the Associate Conductor and the Assistant Chorus Master at the Calgary Phil. He has conducted the Nova Scotia and Regina Symphonies and is a regular guest with the Land's End Ensemble. Last year he debuted with the Struzen Philharmonic in Poland. He went to the University of Victoria and took his masters at McGill University and obtained his Associate Diploma from the Royal Conservatory of Music at the age of 17!

Today the Calgary Philharmonic Orchestra has kindly donated 4 tickets to one of their performances next season. After our meeting, we will be doing a random draw of 2 names from the attendees, who will each receive 2 tickets. You will be notified if you are a lucky winner.

As a way of introducing the Calgary Philharmonic Orchestra and our guest speakers, I wanted to share with you a 3-minute video of the introduction of the new season as well as a snippet of Alex Klein, our speaker today, playing his cherished oboe. I apologize in advance in having to cut Alex off in his performance, since I wanted to leave time for him to speak, however I will provide links in the Bulletin, to this full video, along with another link to a recent collaboration of the Calgary and Edmonton Orchestras. Here is the video:



https://vimeo.com/410402445

Calgary Philharmonic Orchestra 2020/2021 Season Announcement https://www.youtube.com/watch?v=0UdWi9SBWIo&feature=youtu.be

CPO & ESO Quarantine 2020 Project: Elgar - Nimrod <u>https://www.youtube.com/watch?v=ZXeA2--_4eE</u>





CALGARY PHILHARMONIC ORCHESTRA PRESENTATION



Alex Klein – Principal Oboe

One of the world's leading oboists, Alex Klein is to date the only solo oboist to be bestowed a Grammy Award, for his recording of the Richard Strauss Oboe Concerto with Daniel Barenboim and the Chicago Symphony. Klein was Principal Oboe with the Chicago Symphony under Daniel Barenboim, being awarded the position of "Principal Oboe Emeritus" by Riccardo Muti in 2017. Klein won the First Prizes in the Geneva, New York and Fernand Gillet International Oboe Competitions, the top prize in the Tokyo International Oboe Competition and other awards in the Czech Republic and Brazil. Klein has taught at Northwestern University and at his alma mater, Oberlin Conservatory of Music, as well as master classes in leading music schools around the world, such as the main Conservatories in Beijing, Geneva, Paris, Lyon, Moscow, Toronto, Saint Petersburg, and Manchester, and at the Juilliard School. Klein has been a member of the judging panel for the international competitions in Geneva, Isle of Man/England, Tchaikovsky Conservatory/Moscow, Fernand Gillet Competition, and the Japan International Oboe Competition.

After leaving the Chicago Symphony Klein devoted his career to the advancement of talented young players from Latin America and from disadvantaged communities. As founder and Artistic Director of FEMUSC - Santa Catarina Music Festival, Klein created what would become the largest music festival -school in Latin America, bringing together thousands of young musicians from forty countries, and putting them in contact with instructors of renowned music institutions. As a conductor, Alex Klein led Brazil's top symphony orchestras and directed ensembles in the USA, Mexico, Costa Rica, Europe and China.

Alex Klein founded and was General Director of the El Sistema-inspired PRIMA, Program of Social Inclusion though Music and the Arts in the State of Paraiba in Brazil, establishing youth and children's orchestras in the public school system beginning with the areas hardest hit by social instability.

Klein is Principal Oboe of the Calgary Philharmonic, Adjunct Professor of Oboe at DePaul University, a member of the Chicago Pro-Musica Reed Trio, teaches and performs at the Aspen Mu- sic Festival, a regular instructor at the New World Symphony, and a regular recording artist with over 25 Cds released as a soloist and chamber musician.

KARL HIRZER - Associate Conductor and Assistant Chorus Master

Since September 2016, Karl Hirzer has been Resident, then Associate Conductor of the Calgary Philharmonic Orchestra. He has conducted the Nova Scotia Symphony and Regina Symphony Orchestra, and is a regular guest conductor with Land's End Ensemble. In 2019, American composer John Corigliano, who collaborated with the ensemble on his song cycle *Mr. Tambourine Man*, stated: "Mr. Hirzer brought a combination of detailed accuracy and intense musical feeling to the work, resulting in an absolutely marvelous performance."

In the 2019/2020 Season, Hirzer debuts with the Szczecin Philharmonic in Poland, and takes on the additional role of Assistant Chorus Master with the CPO. He was previously Assistant Conductor for the National Academy Orchestra of Canada and the McGill Contemporary Music Ensemble, and worked with the Gstaad Festival Orchestra. He was also a Conducting Fellow at the 2017 Cortona Sessions for New Music. Hirzer has performed with diverse soloists such as Evelyn Glennie, Jonathan Crow, Chris Botti, Owen Pallett, and others. As an educator, he was on faculty at the 22nd Morningside Music Bridge program in Warsaw, Poland. Hirzer trained as a pianist and holds bachelor's (University of Victoria) and master's (McGill University) degrees, as well as an ARCT obtained at age 17.



ALEX KLEIN

KARL HIRZER

PAUL DORNIAN

JIM CAMPBELL

Alex Klein, Principal Oboe: My father was a Rotarian and I attended meetings with him and learned of all the good works that Rotary does. The 4 way test formed my path to success.

I was almost expelled from school in 3rd grade (attention Deficit causing havoc in classroom). Music saved me. I was performing professionally by age 11. I achieved international awards in Geneva, Tokyo, Prague, US. and played in the Chicago Symphony as principal oboe by age 30. I developed focal hand dystonia at age 36, abandoned performing career three years later and dedicated my life to youth at risk through music. I gradually regained abilities and continue to work towards full recovery. I have started recording again, second CD recording is postponed due to quarantine, and am already working on the third.

Why did I choose to come to Calgary Philharmonic? First and foremost: family. Brazil is impossible for musicians US is not advisable for me because my family could not be with me. Canada is a wonderful country, and Calgary Philharmonic had an opening. CPO is much better than what it is known for. It's a Canadian conundrum to look at places "out West" as frozen prairies void of top-level artistic institutions. This must change. I foresee growth in CPO as it quickly receives the proper recognition as one of Canada's and North America's greatest orchestras and institutions, with a keen eye to the several audiences it serves. Life in Calgary is spectacular for us. My kids are happy in school. One of the best standards of living in the world. Healthcare. Mountains. Entertainment.

Quarantine has been a busy time. Musicians are usually too busy with myriads of projects and often incapable of working on all of them simultaneously. Staying at home has granted me an opportunity to catch up. Besides teaching online and assisting my students I am writing etude books for oboe, which is taking me the better part of the days for several weeks now. Two books have been sent to the publisher and a third will go this weekend. A fourth will complete the cycle but that will take a bit longer as it demands a bit more research. So happy to be with you today.

Karl Hirzer, Associate Conductor: Karl expressed gratitude for being involved in a large social activity again noting it was the first time in a while he had put on a tie! He also expressed thanks for Rotary's work in the community to ensure Calgary is an enriched and vibrant city. He didn't appreciate until he moved here what a world class city it is with the architecture, people, arts and culture scene and as well as a charitable city which he is honoured to call home.

He stumbled into his current position and it is a huge privilege to work with musicians like Alex Klein. Many of the musicians are in the top tier of the industry and it is great to be accepted with open arms by the Philharmonic but also by the City which still has a small town feel and sense of community.

Unlike cities like Paris, Rome, etc. when we play 300 year old music here it is for many listeners the first time they have heard that particular piece. The orchestra plays at a high level and it is a special thing to see the audience reaction. The orchestra creates a great standard for the arts community here, bringing vibrancy to the city and adding to the quality of life. During these difficult times, it is moving to see the amount of music and art being put out and playing a strong role in bringing us together. We hope you will be able to join us when we are open again





Question and Answer Period

Question for Karl: Do the different hand movements Conductors make mean something?

Answer: These movements keep the rhythmic pulse, provides the expressive qualities and hopefully facilitates the performance of the musicians. An orchestra can play without a Conductor but he/she acts as a collaborator with the musicians.

Question for Paul Dornian: How will the Philharmonic be reaching out to the community during this time?

Answer: It is a very frustrating time. We take every opportunity to collaborate. We've put together a family series with 4 episodes. We are involved in a project with Tom Jackson. We are planning to provide virtual concerts for school children if schools remain closed in the fall. We are continuing to look at ways to create music without putting the musicians and public at risk. Paul also recommended going to the Philharmonic website and view the jazz performance.

Question for both Karl and Alex: How did they choose their profession?

Karl: He grew up playing piano and even as a young child was always interested in conducting. At 18 he became more serious about pursuing music as a career and to get involved in music where the piano is not featured he wanted to conduct.

Alex: As he noted in his initial remarks, to avoid further disruption in the classroom, the School Social Worker advised his parents to get him involved in either sports or music. His parent took him to a concert and he was taken with the oboe. It was a very difficult instrument to play but he loved it and it kept him out of trouble. He advises that kids should choose their instruments. The oboe chose him and after that he did well in school.

Question for Alex: Why do we often have outstanding musicians from South America? e.g. Brazil, Venezuela etc.

Answer from Alex: Political, social and cultural circumstances makes us take the first bus out of town and we end up here, there and everywhere.

Answer from Paul Dornian:

Certain countries - very much including Brazil, Argentina, Chile and Venezuela place a high value on music as part of their culture and the social make-up of their society have produced many outstanding instrumentalists, composers, and conductors - some of them take the first bus out of town.

Gena Rotstein offered her thanks to the Speakers: As the granddaughter of a concert pianist, I grew up going to concerts here. We have a wonderful opportunity here in Calgary to jump into the arts. To Alex, Karl and Paul, thank you for sharing with us today.

President Chas added his thanks from his virtual podium at the Jack Singer stage. He noted his twin sons also got into music-at first making noise and then making music.

He thanked the speakers for giving us a sense of calm and serenity and gracing us with your talents.





President Chas welcomed everyone to the Rotary Club meeting for April 23rd, 2020. With the background of the Jack Singer Concert Hall; President Chas, resplendent in a tux, welcomed everyone to the Zoom meeting. He also welcomed some special guests joining us today from the Calgary Philharmonic: Alex Klein, Principal Oboe, Karl Hirzer, Associate Conductor, Paul Dornian, President & CEO and Jim Campbell, Director of Development.

President Chas went on to remind us that we were at the 6 or 7th week point in our isolation and urged us to keep our spirits up and if things are getting to you, call someone. If you have no one else call Chas (who we all know is "glass ¾ full") He also commented that with less things to do you can fill up your time with Rotary but cautioned us that this sometimes means more workload on Kathyann so please resist that urge.

Stay in School Golf Tournament: Ernie Yaskowich advised the Club that his Committee met in September to begin the planning for the 20th tournament and raised the bar once again on what they hoped to raise. By January-February of this year they were well on their way with the planning and everything was on track. In March all this changed with Covid 19 and by April the Committee had a Zoom meeting to discuss the viability of moving forward with the tournament. The decision, although difficult was unanimous. The various sponsors and participants were very positive about the news of cancellation and are committed to supporting the 2021 tournament.

Invermere Golf Fellowship: **President Chas** On behalf of **Mark Ambrose** announced the cancellation of the Annual Invermere Golf Fellowship Weekend which will be postponed until 2021.

Calgary Stampede: Sherry Austin and Craig Stokke have been in constant contact with the Stampede and we thank them for this.

Board of Directors: President Chas reported that the Board had a Zoom meeting on Monday April 20th and that there was nothing major to report, just some housekeeping issues.

National Anthem: President Chas reported that **Lisa Fernandes** is willing to lend her skills to our Zoom meetings so we can sing the National Anthem. **President Chas** asked everyone to email their thoughts on this. An alternative would be to wait until we can meet in person at Rotary House.

Health and Wellness: President Chas reported that **Marianne Jost** is recovering at home in the care of a friend and is feeling frustrated with her lack of energy. We wish her well on her continuing recovery. **Murray Flegel** is doing well as are **Paul and Susan** Brick. **President Chas** also noted the tragic deaths in Nova Scotia and asked us all to keep the victims and their families in our thoughts and prayers.

Sergeant At Arms: Jack Thompson: Following up from **John Fitzsimmons** SOA "routine" last week, Jack demonstrated a beer bottle and the difficulty of putting paper cash in and even more difficulty in getting it out! He then went on to show us (with the help of his better half Myrna) the better vessel (a large bucket) to put your money in and asked us all to consider making a contribution to the SOA Committee. He also encouraged us to do so any day of the week and in any amount. **Thanks Jack (and Myrna!)**

NEW MEMBER PROPOSAL

Please be advised that **Marilyn Balfour** has been proposed for active membership in the Rotary Club of Calgary at Stampede Park as Sponsored by **Wendy Giuffre** and Seconded by **Dilan Perera** with a proposed Classification of Career Coach

Marilyn Balfour's membership has been approved by the Board of Directors on the basis of the recommendation of the Membership, Qualifications & Classifications Committee subject to completion of a formal application and communication of her name and proposed classification to the membership.

If any Member objects to Marilyn Balfour joining our Club or to her proposed classification an objection must be filed in writing with the Club Secretary at <u>larrystein@shaw.ca</u> prior to <u>May 7th, 2020</u>



STAYING CONNECTED ... WITH HEALTH AND WELLNESS





Hello from Dorothea Schaab and everyone involved with <u>The Health and Well-</u> <u>ness Committee!!</u>

WE ARE STRONGER WHEN WE ARE TOGETHER

Many of us could use a hand, many of us want to offer a hand ... It's okay to reach out and ask ... Is there anything that our Health, Wellness and Transportation committee can assist you with? Please reach out to us if you are in need of assistance.

 Dorothea Schaab:
 403 660 6232

 David Read:
 403 271 5856

 Kathyann Reginato:
 403 244 9788

<u>schaabd@telus.net</u> <u>nread@telusplanet.net</u> <u>kathyann@rotarcycs.org</u>

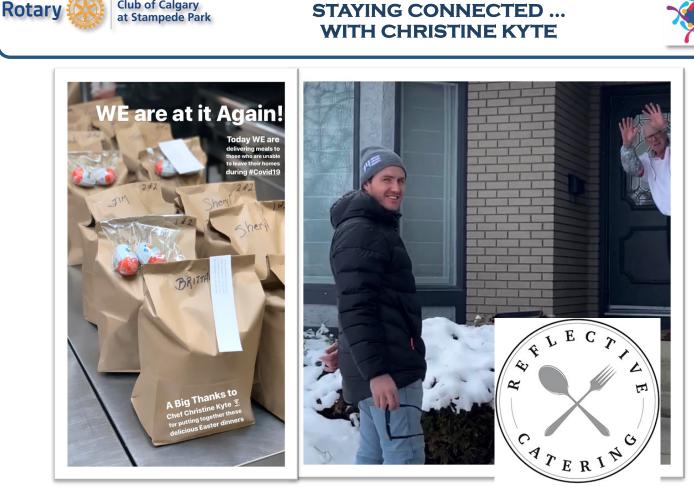
Maybe you need information, groceries or medication. Maybe you just need to talk to someone. <u>We are here to</u> <u>help you.</u>

There are several volunteers from the Club just waiting to assist you or anyone that you know that might be struggling , no questions asked ...

Items can be dropped at your door iF you can't see anyone right now

Do you need a break from cooking? We can help there as well.

Please keep us posted as to how you are doing



No-Contact Delivery of Comfort Food - Delivery Date: Friday, May 1

We are facing a difficult time during the COVID-19 pandemic and everyday tasks can suddenly become overwhelming, especially if we're trying to manage remote working, care of school age children and many other tasks. Some are not well, and others are caring for their loved ones. Eating well and staying healthy is critical but it's not always easy or possible to leave the house, shop and prepare food. As a chef and caterer, I am offering to deliver hearty, healthy and comforting food to your doorstep. Please note: Delivery dates are dependent on the availability of my commercial kitchen so please double check dates posted.

This week's offer:

2-3 portions Shepherd's Pie 1L (4 cups) Creamy Mushroom Soup Apple Blueberry Crumble \$25 (includes delivery)

Club of Calgary

Please order by Wednesday, April 29 for Friday, May 1 Delivery

Please email: info@reflectivecatering.com if this is something you would like to do.

Christine Kyte, Head Chef and Proprietor 403.831.4498 Website: www.reflectivecatering.com

STAYING CONNECTED ... WITH NANCY SPENCE



Flowerboxyyc is a small pop-up business that my daughter and I have decided to provide locally during COVID-19.

Club of Calgary at Stampede Park

Rotary

The intention is to assist people who are quarantined and socially distancing and are trying to source garden centre plant material from the store.



www.flowerboxyyc.ca

FlowerboxYYC is a student-led pop-up business which delivers pre-made flats of flowers, vegetables and / or Herbs from Calgary Garden Centres to people who want to garden but need a safe, contactless, delivery option.

Each flat contains at least \$100 in retail plant material delivered to your door with a 20L bag of soil for \$ 99.00 + GST.

We will be featured on "Let's Talk Gardening" this Sunday at 10:00 am chatting about it!

If you know of anyone who could benefit from this service do not hesitate to contact me

Nancy Spence

(403) 862 1013

nspence@green-harvest.ca



STAYING CONNECTED ... WITH MUSIC, ART & LAUGHTER



President Chas asked for quotes, music and thoughts so we have created a Music Playlist on youtube that can be listened to by clicking the link below. Remember you can skip ads, go to next song, pause or listen later if you want to



Quarantina With Friends Playlist

PLEASE NOTE: mp3 / mp4 files do not convert well with the Bulletin. For those of you that submitted these types of files they can not be included. If you can see the clip on youtube and copy the link that will work.

Here is an interesting link from <u>Bob Wiens</u>

For those starved for entertainment, Cirque du Soleil has a free 1 hour special - look for it at: <u>https://www.cirquedusoleil.com/cirqueconnect</u>

Here is a really amazing piece of work that <u>Lisa Fernandes</u> has been working on. She was kind enough to share with us. It is called: I Will Praise You In The Storm ...

This has been added to the Quarantina With Rotary Friends Playlist

https://youtu.be/6XbINjvBMUA

Here is a clip on **7 Tips For Using Zoom with an Iphone or Ipad**:

https://youtu.be/KIdodM2dvxA

Dennis DeYoung (Formerly of Styx) sings "The Best of Times" from Home: <u>https://youtu.be/vVzx-VO0Rpl</u> this has been added to the Quarantina with Rotary Friends Playlist

<u>Rudy Ruberto</u> found this cute video on how to make a DIY mask that he wanted to share:

https://m.youtube.com/watch?v=9YLXEhSjVsw&feature=youtu.be

Penny Leckie thought you might enjoy watching this: <u>https://www.instagram.com/tv/B-xdJu6FCR9/</u>



Club of Calgary at Stampede Park

STAYING CONNECTED ... WITH WINE CLUB



****************************** This month's WINE CLUB theme is brought to you by our "Hosts" Brett Albers & Carey-Ann Ramsay **Quarantine Comforts** 4 * What is your go-to bottle to get you through these V days? 1 V * Perhaps you have discovered a new favourite? • 1 Maybe you decided now is as good a time as any to crack open that special wine that you have quarantine one sip at a tim distancing. quarantine wire o' clock 4 been holding on to. from peop not profe en you're * Join us on Zoom for a virtual wine evening. 4 Please RSVP to **Gena Rotstein** so she can send you the calendar invite, or copy the information below into your calendar for a reminder on when and how to join the party! 1 **Topic: Rotary Wine Club** 4 Time: Apr 30, 2020 07:00 PM https://zoom.us/j/96247341071?pwd=M2pBRjJWUIV6OEZVbnFxSVJvajZBUT09 4 Meeting ID: 962 4734 1071 Password: 705629 1 4 BY PHONE: One tap mobile +17789072071,,96247341071#,,#,705629# Canada +14388097799,,96247341071#,,#,705629# Canada Dial by your location +1 778 907 2071 Canada +1 438 809 7799 Canada +1 587 328 1099 Canada +1 647 374 4685 Canada +1 647 558 0588 Canada 1 4 Meeting ID: 962 4734 1071 Password: 705629 \checkmark Find your local number: https://zoom.us/u/adgDEZeBmA \checkmark \checkmark 4



STAYING CONNECTED ... WITH THE PARTNERS

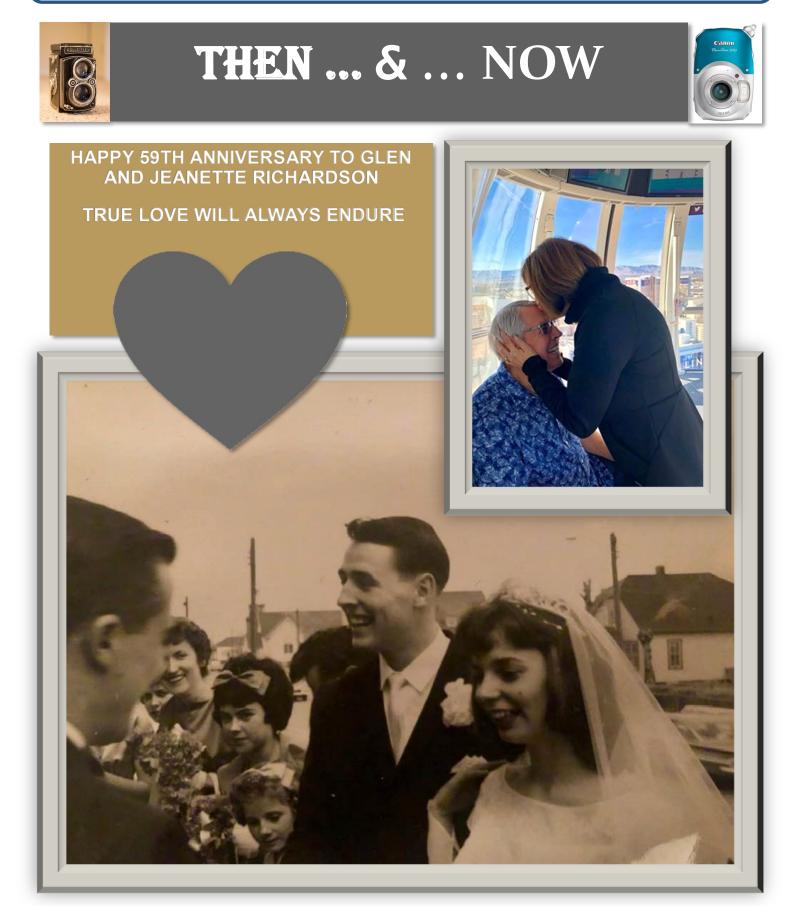


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Hello eve	ryone:
have me stay the upcoming	ve Committee had a zoom meeting on April 13th and a motion was made to y in the position as President instead of operating as a Modified Board for g year as I was not able to complete a full year due to the outbreak of the happy to serve for another year!
President. that she is and deserves	
be a great a We can oper	cowich had agreed to come in as 2 nd Vice-President but has since stepped up st Vice-President! I am very happy to have her on board and know she will asset. <u>With this decision, I am now looking for a 2nd Vice-President.</u> Pate with this position not being filled but it is not what any of us prefer. ct me if you would like to discuss joining us.
	n is staying on as Secretary and Donna Mintz as Social Chair. Susan Brick e Board as the Executive Advisor and we are honored to have her with us.
than 100% t	has agreed to stay on as Treasurer and Past President. Karen gives more to the Partners Club and is personally one of the greatest ladies that I s my mentor and my dear friend.
This does no	oking for people to be on the Family Bereavement Assistance Committee. It require contacting the family. The Committee members would share du- d if the family uses our services.
would like to	atson would like to step away from being Chair of "Lunch Bunch" if anyone take that over. It's a good way to get involved. If you and another Part- a to share it, that is an option as well. Please contact me.
I wish you al	I the very best. Stay safe, happy and healthy.
Denise M	



STAYING CONNECTED ... WITH THE RICHARDSON'S





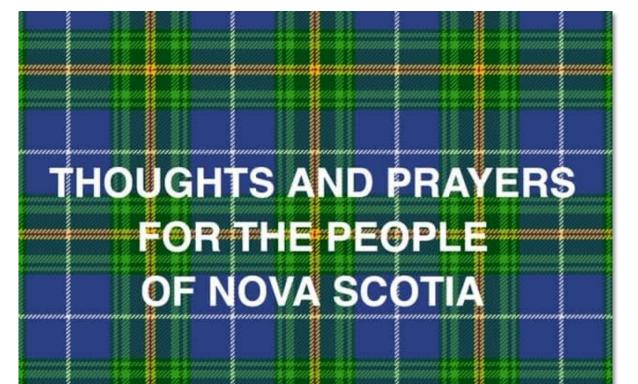


Club of Calgary at Stampede Park

STAYING CONNECTED ... WITH ALLAN AND WENDY JOHNSON









STAYING CONNECTED ... WITH JOHN SHIELD

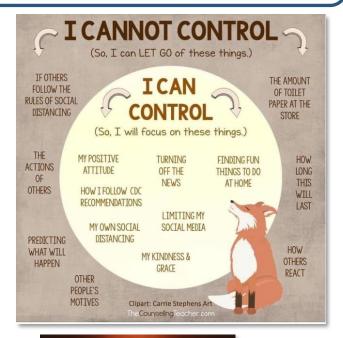




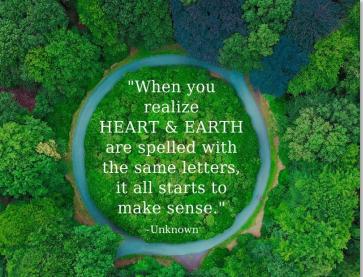


DAILY QUARANTINE QUESTIONS:

- 1. What am I GRATEFUL for today?
- 2. Who am I CHECKING IN ON OV CONNECTING WITH today?
- 3. What expectations of normal "am I LETTING GO OF today?
- 4. How am I GETTING OUTSIDE today?
- 5. How am I MOVING MY BODY today?
- 6. What BEAUTY am I either creating, cultivating, or inviting in today?









Club of Calgary at Stampede Park

STAYING CONNECTED ... WITH MARY MCPHEE



Day 9 quarantine.... 😁 🍘 😂 😂



Anyone else's car getting 3 weeks to the gallon at the moment ?



Three weeks of home schooling my 7, 9 and 12 year olds went surprisingly well! They have all graduated High School and are now ready to move out and get jobs when quarantine is over!



It's like being 16 again Gas is cheap and I'm Grounded.



I was so bored last night I called JAKE from State Farm just to talk to somebody! He asked me what I was wearing?

turns out my top 3 hobbies are:

- 1. eating at restaurants
- 2. going to nonessential businesses
- 3. touching my face



STAYING CONNECTED ... WITH SMALL GRANTS



From: "Veronica Lawrence" <VeronicaL@cwes.ca> Sent: Tuesday, April 21, 2020 11:19:22 AM Subject: Spring Newsletter - Calgary Women's Emergency Shelter

Good morning Rotarians,

I am thrilled to also share that we have featured your clubs and quotes in our Donor Spotlight article! I hope you like it. Please let me know if you would like any paper copies of the newsletter for your records or for fellow Rotarians.

We wish to reaffirm our immense gratitude for your support of our clients. We truly could not do this work without you. If you have any questions about any of the content in this newsletter or any of our agency's programming, please do not hesitate to reach out and connect with me at veronical@cwes.ca or 403 669 5791

DONOR SPOTLIGHT



With more than 35,000 clubs around the world, Rotary International is an organization which gathers together individuals for the purposes of service and philanthropy.

To embrace the ideals of Rotary International, the Rotary Clubs of Calgary contributes to a better city and a better world through significant service. It is an organization of community

leaders who come together through commitment and fellowship to create opportunities and a better future for generations who follow. The Calgary Women's Emergency Shelter is grateful for the generous support of the Rotary Clubs of Calgary.

Last year, we approached Christine Rendell, District Governor of Rotary District 5360 and member of the Rotary Club of Calgary East, and **Stan Cichon** of the Rotary Club of Calgary at Stampede Park (formerly Calgary South), about a need to build security fencing around the covered parking lot at our Emergency Shelter. We knew it was a big, costly project, and we wanted to work together with Rotary Clubs around the city to raise the funds to build it. Christine and Stan jumped at the chance to support this endeavour.

"The care and counsel given to these victims of abuse at the Calgary Women's Emergency Shelter who have endured some of the most damaging and yet repairable life-changing circumstances, are essential to the healthy development of their families and our communities. On a personal note, this service resonates strongly with me," says Christine Rendell.

Through their efforts we were able to bring together the Rotary Clubs of Calgary East and Stampede Park as well as the Rotary Clubs of Calgary West, and Sarcee. Thanks to their support, we received full funding for a very secure fencing system and accompanying security upgrades. All of the clubs saw the value in supporting a project that would allow our clients to feel safe at the Emergency Shelter.

"It is difficult to know that the Shelter is in such high demand. We at the Rotary Club of Calgary West are excited to join with other Rotary Clubs to help make the facility more secure. For the children who reside there as well as the women who have been disadvantaged because of their circumstances," said Bill Lawless of the Rotary Club of Calgary West.

We are fortunate to have received extensive support from many of Calgary's Rotary Clubs over the years, especially the **Rotary Club of Calgary at Stampede Park**. In recent years, the club has funded everything from vital kitchen appliances to upgraded security equipment at the Shelter. In fact, the Emergency Shelter parking lot is a pet project for the club, as they funded the installation of increased security lighting in the parkade just a few years ago.

"One of our club's mandates is to support the most vulnerable in our society and the clients served by the agency certainly falls in this category. Mothers and their children fleeing abusive situations need to feel safe at all times, while in and around your property," said **Jim Hutchens**, Chair of the Small Grants Committee for the Rotary Club of Calgary at Stampede Park.

We are grateful to the Rotary Clubs of Calgary for collaborating on this project to ensure the safety of our clients, and for all of their dedicated work in the community. Thank you for taking a stand against family violence and abuse.



Club of Calgary at Stampede Park

STAYING CONNECTED ... WITH BRYAN WALTON



DON'T WASTE THIS CRISIS Let's Not Get Back to Normal

In college, while on the track team, I was inspired by the university's volleyball coach. He had a mantra that guided all his practices. Every time the ball came on your side of the net he would say, "use it."

"The ball is not your enemy," he would continually remind his team. "Don't be in a hurry to get rid of it. Use it as a way of developing your capacity."

The ball of COVID-19 has been served to our side of the net and just as in volleyball where you have three touches before you return it, three leadership opportunities arise today. Our response to these opportunities enables us to develop new capacity so we won't waste this time afforded to us.

1. **Community.** Being thrown into chaos has elicited a response of *community*. We see this all over the planet as people open their hearts to each other in the midst of separateness. This is a time for leaders to build community by reaching out and connecting (even if it is virtual and imperfect). It is a tremendously important time to stay together while being apart. Forgiveness and patience are called for as we stumble forward through this uncertain and unfamiliar terrain. Many employees are juggling trying to homeschool their children while managing the demands of their work. We are dealing with economic uncertainty and layoffs. If there was ever a time for compassion and grace, it is now.

Don't compromise accountability, but don't push for productivity; it will emerge naturally from your best people. Extend trust. Most importantly, find any way you can to express appreciation. Of course, our health care professionals and grocery store clerks need our gratitude. But all those who are working tirelessly to provide essential services in the background - electricity, gas, water, and internet, waste removal, to name a few - also need our appreciation right now. Let's be a little more kind to ourselves and everyone around us. Remember that just because we are expected to have social *distance*, doesn't mean we have to be socially *disconnected*. It's a time to deepen our community.

2. **Creativity.** The second authentic response to crisis and accompanying chaos is *creativity*. While productivity will surely wain at this time, what is spreading as fast as the fear and the virus is human creativity. From John Krasinski's Good News Stories to the myriad creative responses to isolation, to the writing of poetry and performance of music, celebrating and expressing the human experience helps keep us entertained and enlightened, and brings light into such potentially dark times.

In a recent coaching call, I was speaking with an owner of a feedlot who is in the middle of reforming her business model. Ordinarily she would be sitting with her team to get their input. And she can't do it virtually. Only two of her entire team even have computers. So she gave each of them a piece of paper with an initial vision sketched out, along with a request to provide input. What she is getting back is remarkable creativity and innovation. Most importantly, the introverts on the team who ordinarily would be quiet in a group setting have risen to the occasion and are shining brightly for the first time.

In times of crisis, authentic leadership opportunities emerge. How can we help our teams and our families access their creative side amidst the challenge of uncertainty? It's all there if we simply step aside and allow it to come forth.



STAYING CONNECTED ... WITH BRYAN WALTON



3. **Contemplation**. There is a third equally important response required in this time of chaos and uncertainty: *contemplation*. There is a huge difference between surviving this crisis and actually allowing it to change us. To change we must allow ourselves to really s-l-o-w d-o-w-n, get our bearings and allow ourselves to be fully impacted by what is happening.

We live in a time of profound disruption – when something is ending and dying and something else is wanting to be born. How we have been living and working has not been working. It is becoming evident that it is not sustainable. What is dying is a civilization built on a mind-set of excess, of bigger is better, of confusing standard of living with quality of life, and of organized irresponsibility.

What is being born is less clear. It is a future that requires us to connect with a deeper level of our humanity and discover who we really are and how we want to be as a society. We are already seeing changes emerge – both within ourselves and in the environment.

People in the northern Indian state of Punjab are reacting with awe at the sight of the Himalayan mountain range, which is now visible from more than 100 miles away due to the reduction in air pollution as a result of the Coronavirus lockdown. Indians in the city of Jalandhar haven't seen the peaks of the Himalayas for decades.

There might be a few extra endangered sea turtles in the ocean thanks to the Coronavirus after lockdowns in Brazil left nearly 100 new hatchlings with a clear path across the beach and into the waves. Wildlife officials were the only humans on the beach in the town of Paulista last week when 97 endangered hawksbill sea turtles hatched in front of their eyes.

In Italy, the lockdown is giving the outdoors — which is typically flooded with tourists — a chance to recharge. In Venice, the city's canals are clearer because there is less boat traffic, allowing the sediment to stay at the bottom. And, with fewer water taxis and boats ferrying tourists and residents along the canals, the air has also become cleaner.

What are we allowing to see more clearly and cleanly in our own lives? All social change – from Gandhi to Martin Luther King Jr. - began with a connection to a deeper essence of what our life and our work is about. Nelson Mandela's capacity to influence came, in large part, from the contemplation amid years of being unjustly imprisoned and emerging with the power of forgiveness. Such movements share an understanding that creating sustained change in the world requires us to connect with an inner authentic self.

If we stop, reflect, and make room for contemplation in order to connect with a deeper side of our nature, the world will change. While it is important to connect with each other and connect with our creative side, it is also vitally important to connect with our inner, most authentic self, to reset the inner compass, and be guided by a life that may well have been buried in the busyness and tyranny of the urgent.

Like the ball that has come to our side of the net, this COVID crisis is not our enemy. Let us use it. While distraction is, at times, part of the journey, let's be careful not to distract ourselves to the point that we waste this huge opportunity before us. Authenticity asks us to embrace what is in front of us so it will change what lies ahead of us. This crisis truly is a terrible thing to waste

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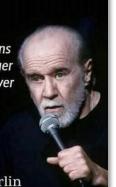
STAYING CONNECTED ... WITH BEV OSTERMANN



A Message from the Late George Carlin:

The paradox of our time in history is that we have taller buildings but shorter tempers, wider Freeways, but narrower viewpoints. We spend more, but have less, we buy more, but enjoy less. We have bigger houses and smaller families, more conveniences, but less time. We have more degrees but less sense, more knowledge, but less judgment, more experts, yet more problems, more medicine, but less wellness.

We drink too much, smoke too much, spend too recklessly, laugh too little, drive too fast, get too angry, stay up too late, get up too tired, read too little, watch TV too much, and pray "Trying to be happy by accumulating possessions is like trying to satisfy hunger by taping sandwiches all over your body."



- George Carlin

too seldom. We have multiplied our possessions, but reduced our values. We talk too much, love too seldom, and hate too often.

We've learned how to make a living, but not a life. We've added years to life not life to years. We've been all the way to the moon and back, but have trouble crossing the street to meet a new neighbor. We conquered outer space but not inner space. We've done larger things, but not better things.

We've cleaned up the air, but polluted the soul. We've conquered the atom, but not our prejudice. We write more, but learn less. We plan more, but accomplish less. We've learned to rush, but not to wait. We build more computers to hold more information, to produce more copies than ever, but we communicate less and less.

These are the times of fast foods and slow digestion, big men and small character, steep profits and shallow relationships. These are the days of two incomes but more divorce, fancier houses, but broken homes. These are days of quick trips, disposable diapers, throwaway morality, one night stands, overweight bodies, and pills that do everything from cheer, to quiet, to kill. It is a time when there is much in the showroom window and nothing in the stockroom. A time when technology can bring this letter to you, and a time when you can choose either to share this insight, or to just hit delete...

Remember; spend some time with your loved ones, because they are not going to be around forever.

Remember, say a kind word to someone who looks up to you in awe, because that little person soon will grow up and leave your side.

Remember, to give a warm hug to the one next to you, because that is the only treasure you can give with your heart and it doesn't cost a cent.

Remember, to say, 'I love you' to your partner and your loved ones, but most of all mean it. An embrace will mend hurt when it comes from deep inside of you.

Remember to hold hands and cherish the moment for someday that person will not be there again.

Give time to love, give time to speak! And give time to share the precious thoughts in your mind.

AND ALWAYS REMEMBER:



STAYING CONNECTED ... WITH CORINNE WILKINSON'S ADVENTURES: "FROM THE FRONT LINES" WEEK 6



Well, I guess if this is a war, I have enlisted. I may as well! My deployment has been to the front line essential services called food.

There are a number of our members volunteering at the Food Bank – my day is Monday. My job is distribution which is gathering and packing hampers into the trunks of clients who are not allowed in the building. The Food Bank worked diligently to redesign their entire distribution system in a matter of days. For all of you who have distributed at Christmas, it looks NOTHING like it.

I know some of you have donated financially to the Food Bank and you need to know the difference you are making – even though you can't see it for yourself. A week before Easter, the fruit and vegies I was handing out consisted of a cucumber, a small handful of tomatoes and green grapes. This week I was thrilled to be packing every single hamper, regardless of family size, with carrots, lettuce, premade salads, tomatoes, red peppers, cucumbers, lemons, apples and oranges. I know I was on the receiving end of the smiles that belong to donors - even though your own business might be facing very challenging times. To all of you who are making such a difference, I am collecting client smiles and gratitude for you, and I will repay it in hugs in the near future.

Some of us are volunteering to drive **Christine Kyte's** healthy hampers to the most appreciative people across the city. They even put thank you signs in their windows! Christine and her kitchen volunteers are making it happen and we are the

ones getting all the heartfelt thank-you smiles on the doorsteps. My hat is off to you **Christine and all your helpers.**

For a few days a week, I have enlisted temporarily at a major food store to assist with the onslaught of purchasing groceries online and picking up curb-side. This includes picking items off shelves, barcoding bags and totes to ensure they get to their proper owner, loading on large dollies, delivering curb side, and lifting into awaiting popped open trunks.

My new mask and gloves are the only important fashion statements these days. My masks were made by Karen and Lynn Grant who have donated their quilting fabric, elastic, time, and talent. By last week they had made 250 masks, selling them for \$5, and donating the money to charity. Bonar and Sharon's daughter, Kelly Brittain, is doing the same. More people truly making a difference in so many ways – keeping us safe, and donating to charity.

The dog tags I wear are my parents' thumbprints – they are the people who taught me that the more I give away, the more I have. If they could only see what is happening today.

I thought I would share a glimpse into how grocery stores have turned themselves inside out to keep up with online orders, while at the same time, allowing public shoppers.

You could be tempted to say business as usual, but it definitely is not. 98% of us are wearing masks. There are large decals six feet apart on the floors that say "stand here". There is staff whose 8.5 hour shift is guiding people where to stand. There is more staff

whose 8.5 hour shift is to wipe down every piece of equipment after every single transaction. There are announcements every 15 minutes reminding customers and staff of social distancing, and asking customers to send only one household member to do the shopping. In an 8.5 hour shift, I can recite this verbatim.

Non-essential merchandise has been jammed together to create large makeshift areas that look like triage centers. But rather than an emergency dealing with patients, it is an emergency dealing with the most efficient means there is right now to build food supply.

Team members pull from fridges, freezers, produce, and from the larger category simply called groceries. If you have travelled through YYC, you understand the barcoding and scanning of your ticket and your luggage, so at any given time authorities can determine the location of all related barcodes. Online shopping works the same way.

We select the food items, bag and tote them, barcode them, and all finished totes are then put back where they belong until the customer arrives – in the massive fridges, freezers, or the new triage area. The barcode not only shares the physical location of the items, but also automatically prepares the final tally of what is owed by the customer and most charge it to "the card on file".

When a customer arrives at the curb for their time slot, we are given their full order to pull together from the fridge, freezer, produce and grocery locations. This helps ensure eggs stay fresh, and ice cream does not melt before its owner arrives. A team member is handed a name and receipt, we grab our trolley, and crisscross the store to gather all his/her barcoded hampers that now FINALLY unite the customer with their groceries.





STAYING CONNECTED ... WITH CORINNE WILKINSON'S ADVENTURES: "FROM THE FRONT LINES" WEEK 6



My colleagues are a third my age – young enough to believe they are completely invincible. They join willingly and permanently for low wage compensation, and their cultural backgrounds cross the globe – Philippines, Mexico, India, Europe, Africa, Canada and more. I wonder as I work alongside if some might be the family hero – particularly if their parents are laid off – like so many are.

From my perspective, grocery shopping has never been so good. I have a feeling this emergency scenario might stick around post COVID. Think about it - shoppers sit in the comfort and safety of their home, choosing their essentials with a mouse click any time day or night, while our team picks, packages and delivers curb side. When a first choice is not on the shelf, we do our best to substitute it which really means reading the minds of total strangers and their eating preferences. Shoppers receive an email prior to arriving advising of each substituted item, asking if they are OK with our choices on their behalf. If yes, great. If no, we cheerfully remove the items that were decided somewhere between a mouse click and curb side arrival that are no longer wanted.

I admit, my HUGE weakness is the grocery picking. I shop at markets, where a carrot looks like a carrot, a potato looks like a potato, and if I am looking for a chicken breast, I go to the stand that sells chicken. Virtually everything is grown locally and still comes with dirt on it. Today, the choices we have in grocery stores is completely mind boggling. I dread every single aisle where there can be 9 versions of Tide laundry soap, 15 flavours of Triscuit crackers, a dozen different shapes of nacho chips, and cereal boxes for miles. We have multiple flavours, quantities, shapes, container preferences, screw tops, pop tops, easy-open tops, full salt, half salt, no salt, caffeine free, sugar free, caffeine AND sugar free, gluten free, air freshener that sprays, sits idle, melts, lights, or just plain looks pretty sitting on a toilet lid – AHH! And now, the baking supplies shelves look like the toilet paper shelves – empty! Next will be the magically disappearing garden soil bags. My palms get sweaty just thinking of the thousands of barcodes I am trying to read so I put the right product in my customer's tote. I silently wonder (and ok, silently swear sometimes) - do we really need this much choice?

So I report for duty, hoping it's my lucky shift and I get to gather the finished hampers, and load them into vehicles. We are affectionately named "pickers" and "loaders". At least as a loader I don't make the mistake of picking popcorn that is no butter, partial butter, full butter, flavoured butter and 2-pack, 6-pack, 10-pack or Boy Scout size. Yikes! And that's just the popcorn!

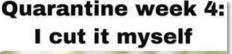
Why do I think mouse-click/curb side is here to stay? The first time an online shopper actually touches their groceries is when they lift them out of their own vehicle that is safely parked at home, and brings them inside. Really, all they have to do is eat them. Who wouldn't want that to continue – most people really dislike grocery shopping! But it is what's happening behind the scenes to make it all work that is so amazing to me - chalk it up to one more thing learned. And witnessing a well-oiled machine built in days.

I have belonged to many teams – sports, school, work, and volunteer efforts. But today, I have never felt more proud to belong to my new little and young team serving on the front lines, smiling all the while. As Rotarians and business owners, we are all working so hard right now to be creative in our selling, packaging and delivery because it is a matter of life or death of our businesses and our livelihood. My young colleagues will be the ones to determine if our current emergency measures simply become their new way of life. Like this crazy phenomenon called mouse-click order / curb-side pick-up grocery shopping.

For those of you still interested in the puzzles, this week is a different type – these are the names of our wonderful Rotary Partners who are not listed in the main Directory – their names are simply scrambled letters for you to de-code.......have fun!

Corinne Wilkinson: Biggest hugs everyone, love and miss you. If you ever feel like connecting or need anything 403.471.2101 corinne@whitehathospitality.com











Rotary Partners (Not in Main Club Roster) Word Scramble

- 1. ACSNNMNNOYAO
- 2. ANGBRNEENMIENU
- 3. RUEIDWACSL BA
- 4. TLRLBETAKNIIY
- 5. NLALEMCLBPEHE
- 6. OONLRMCALRAR
- 7. ONIAHCSNECTRAN
- 8. GCOREACEL
- 9. TCRTTIPARCABIUEH
- **10. NNLWALEGOYSD**
- **11. NKILAAFRTPN**
- 12. GRAGLBEUARENRHKALT
- 13. RNBGREAOIAMR
- 14. DRWAOHENARDA
- **15. RMIESNOTANAJ**
- **16. ARIKBBNRGAA**
- **17. GKNOAWNJTE**
- **18. EELDEEI**
- **19. TDRSEEOLBUTY**
- 20. ACMJLDNCAHULYA
- 21. ALNLABMEVIO
- 22. AYRRERNHGACMT
- 23. OTCEYLCRMRL
- 24. NIKMAGZAEEENCM
- **25. DNMIALNEACW**
- 26. HMYRCEAEMP
- 27. NMDYEIWELS
- 28. RRONEAEINNLLOS
- 29. EGESRUOBS
- **30. AURAYPREEDCE**
- **31. NYEOAREARRIJUPD**
- **32. AITAENNRIKR**
- **33. AANMLMUAJS**
- 34. AAHSHTBLU
- **35. OROTEIENLVRHSLIS**
- 36. MNHOTSASII
- **37. BTTETEINSY**
- **38. YSNEHCRSTRADUT**
- **39. ITTISLRHERRL**
- **40. TNAJHPAER**
- **41. TAUEORNMAENWS**



STAYING CONNECTED

WITH ZOOM



Zoom Tips for Participants

Before a videoconference:

1. You will need a computer, tablet, or smartphone with speaker or headphones. You will have the opportunity to check your audio immediately upon joining a meeting.

2. You will receive a link / password to "register on Zoom." This simply means to sign in to Zoom to access the meeting. Once you sign in to Zoom you will receive a

message with a link to "Join via computer" as well as phone numbers for a phone call option. You can also join a meeting by opening Zoom and typing in the password.

To join the videoconference:

At the start time of your meeting, click on the link in your invitation to **join via computer**. You may be instructed to download the Zoom application if you have not used it before.

You may also join a meeting without clicking on the invitation link by going to join.zoom.us on any browser and entering the password.

You will have an opportunity to test your audio at this point by clicking on "Test Computer Audio." Once you are satisfied that your audio works, click on "Join with computer audio."

Participant controls in the lower left corner of the Zoom screen:

Using the icons in the lower left corner of the Zoom screen, you can:

Mute/Unmute your microphone (far left)

View Participant list

Change your screen name that is seen in the participant list and video window

Somewhere on your Zoom screen you will also see a choice to toggle between "speaker" and "gallery"

view. "Speaker view" shows the active speaker. "Gallery view" tiles all of the meeting participants.









DATE	EVENT	LOCATION	
	- WE WILL CONTINUE TO UPDATE YOU AS THINGS EVOLVE -		
April 30	ZOOM MEETING: University of Calgary / Large Grants Pres.	ONLINE MEETING	
April 30	WINE CLUB MEETING BY ZOOM: Brett Albers/CareyAnn Ramsey	ONLINE	
May 7	ZOOM MEETING: Stuart Cullum: Olds College	ONLINE MEETING	
May 14	ZOOM MEETING: To Be Determined	ONLINE MEETING	
May 21	ZOOM MEETING: Rotary Peace Park Presentation	ONLINE MEETING	
May 28	ZOOM MEETING: TBA	ONLINE MEETING	
June 4	ZOOM MEETING: TBA	ONLINE MEETING	
June 11	U of C Vet School Offsite Tour?	U of C	
June 18	Annual Charity Day Presentations	Rotary House?	
June 25	Changing of the Guard, Large Grants and WCS	Rotary House?	
July 2	ТВА		
July 9	ТВА		
July 16	ТВА		
July 23	ТВА		
July 31	ТВА		

RCCSP 2019 2020 Officers and Directors

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