

BULLETIN FOR FEBRUARY 20TH, 2020 VOLUME 65, ISSUE 30 CANNABIS— FROM ROOTS TO (STOCK) TIPS







Dana Hunter introduced our Guest Speaker and Rotarian, Chad Hason.

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ONLINE MEETINGS: https://bit.ly/2IKLIVc

CLUB PRESIDENT: E. Chas Filipski, Jr. DISTRICT GOVERNOR: Christine Rendell RI PRESIDENT: Mark Daniel Maloney

Chad has been working within the legal cannabis industry since before legalization.

His resume includes dozens of LPs, retail, product and event brands across the cannabis industry and includes local and international brands

In addition to his professional involvement, Chad has been an advocate for both medical cannabis and decriminalized recreational use for decades.

He currently represents five cannabis brands across Canada, is a member of the Canadian Cannabis Association, is a regular blogger on topics surrounding the cannabis industry and cohosts a cannabis-focused podcast.

Today he is here to provide us with a basic education on cannabis as a plant, the industry as it exists today and the future potential for new products and how they will reshape the market.

He assures me that he has already heard every joke about cannabis as it relates to munchies, being dumb and addiction, and encourages anyone that wants to heckle to please speak up.



CANNABIS- FROM ROOTS TO (STOCK) TIPS



In lieu of additional notes in this bulletin from Chad he has provided useful links to more detailed information via his cannabis education blog which are available on the next page of this Bulletin.

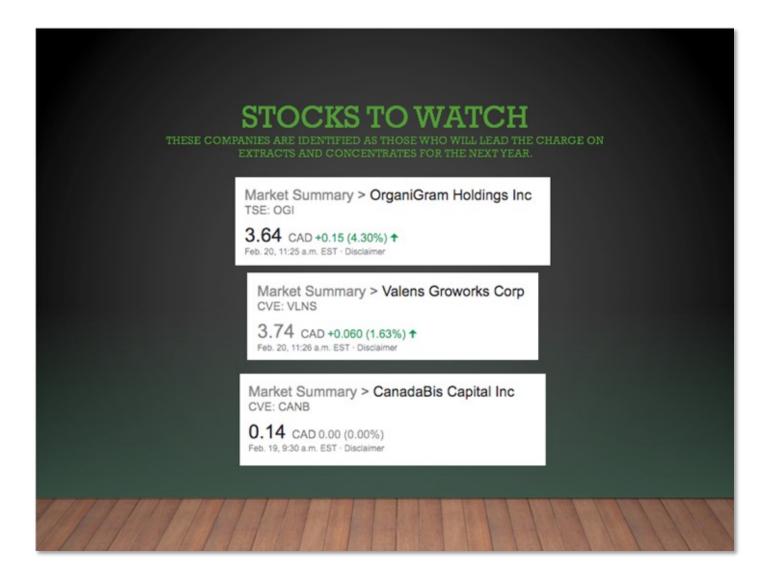
Chad also wanted to provide the following slide which was skipped in the presentation, as many people came up to Chad after the meeting to ask which stocks he believes are destined to rise in the near future

Here is a link to the full meeting:

https://www.youtube.com/watch?v=zhclMy4Z4is&feature=youtu.be

Here is a link to the Presentation Slides (in pdf format): <u>2020 RCCSP - Cannabis Presentation</u>

Please see Chad's reading notes on the last two pages of this link





CANNABIS- FROM ROOTS TO (STOCK) TIPS



If you would like more information on anything Chad spoke about today, you can read his blogs:

Concentrates versus Dry Flower:

https://www.stigmagrow.ca/cannabis-concentrates-versus-cannabis-dry-flower-what-suits-you-best/

Extract and Concentrates Stigmas to Ignore:

https://www.stigmagrow.ca/extracts-concentrates-5-stigmas-to-ignore/

Historic Benefits of Cannabis Roots:

https://www.stigmagrow.ca/exploring-the-historic-and-potential-beneficial-qualities-of-cannabis-roots/

Difference between CBD and THC:

https://www.stigmagrow.ca/whats-the-difference-between-thc-and-cbd/

Intro into Cannabis Cannabinoids:

https://www.stigmagrow.ca/intro-to-the-major-cannabinoids-in-cannabis/

Is cannabis a Gateway Drug:

https://www.stigmagrow.ca/does-cannabis-use-pave-the-way-to-harder-drug-use/

Edibles:

https://www.stigmagrow.ca/edibles-what-you-can-expect-from-canadas-upcoming-legalization/

Seniors and Cannabis:

https://www.stigmagrow.ca/seniors-and-cannabis/

Effects of Cannabis on Developing Minds:

https://www.stigmagrow.ca/the-effects-of-cannabis-on-teens-and-adolescents/

Christine Kyte said that she wanted to thank Chad for providing us with an education we can build on. Too many people today speak out against things they don't understand out of fear or ignorance, and while cannabis certainly isn't for everyone, making personal decisions from a place of understanding is the only way for us to truly grow.

Thanks to Chad for taking the time to help us all understand a little more – I am sure many of us will take this as a jump-off point for our own personal decisions.





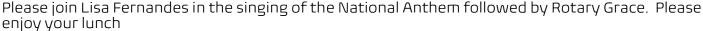
CLUB NEWS



Good afternoon Rotarians and friends. My name is **Chas Filipski** and as Club President on behalf of our membership I welcome you all to the FEBRUARY 20th meeting of the Rotary Club of Calgary AT STAMPEDE PARK!

This day in History:

- ⇒ 1962: John Glen (orbits the Earth 1st American-Friendship 7)
- ⇒ 1971: Gordie Howe scores his 1,800th point (1670 games)
- ⇒ 1974 : Gordie Howe comes out of retirement to play with his sons on Houston Aeros (also \$1M) (5.56M)
- ⇒ 2020: new 20 pound note released today (replaced Adam Smith (2007) Economist with Artist JMW Turner) watercolour and landscape



Head Table: Chad Hason, Dana Hunter. President Chas apologized for the lack of people sitting at the head table, and blamed it on his extremely busy schedule as of late – he proved the point by showing off his popped blood vessel in his eye.

President Chas welcomed **GR (Glenn Richardson**) back and complimented him on his tan. **President Chas** shared a story about how nice it is to have children grow up to become smarter than you via an example where he texted his son about the toxicity of a substance.

Bulletin Editor: Chad Hason Photographer: Steve Mason

Health and Wellness:

- Dan Dunlop had successful back surgery so successful, he took a trip
- Jeanette King is still in recovery
- Mary McPhee had a health scare in Mexico but is fine now

Visitors and Guests: **John Shield** introduced Gord Forsyth (Millennium Club), Tony Deegan (Guest of George Deegan), Harold Alsop (Guest

of Mel Gibson), Simone Morgan (Guest of Christine Kyte)

50/50 Draw Winner: Past President Bill LeClair

Sergeant-At-Arms: **John Fitzsimmons** fined the following people:

- Bill LeClair was fined 10% of 50/50 winnings and 10% of Superbowl winnings
- Darlene Whitmore was fined 10% of last week's winnings
- Bill Sumner was charged 10% of his Chinese New Year winnings
- Corinne Wilkinson was charged 10% of Superbowl winnings
- Everyone not wearing their Rotary pin was fined a dollar.
- Everyone sitting at their "regular" table was fined \$2

ByLaws: The bylaws came out as a rather intimidating 2y page read and **President Chas** tasked **Larry Stein** with providing a summary that will highlight the eight articles that were addressed in the long-form copy. There is a copy of this in the bulletin

Communications Plan: Communications Committee is addressing the name change, logo and a full, integrated strategy to help disseminate an accurate story about Rotary and the work we do, in the interest of raising our stature and attracting good-fit new members, all in time for the upcoming convention.

BOD meeting: At Ranchmen's Feb 24 5:30







RCCSP CLUB BYLAW SUMMARY



SUMMARY LIST OF MAJOR CHANGES TO CURRENT BYLAWS

1. General observations:

- The Articles in the draft bylaws are presented in a more logical way and the entire document is more clearly enumerated for ease of reference.
- · Article 1 of the draft bylaws adds new definitions, removes stale categories and now includes Rotary Partners.
- · Article 2 provides for gender neutrality and reference to the Club Constitution.

2. Article 6 Board Vacancies and Removal

- Article 3, section 7 of the current bylaws requires the President- elect to assume the role of President. It is recognized to be too onerous a task. The draft bylaws provide that the Past President's Committee will meet to recommend to the Board of Directors one or more suitable Club members to fill the vacant position. The nomination will be ratified by a majority vote of members of the Board of Directors.
- The current bylaws identify a Secretary Nominee and Treasurer Nominee. The draft bylaws have removed both categories in favour of simply calling them Secretary and Treasurer.
- The current bylaws are silent on removal from office. Clauses to that effect have been added.

3. Article 7 Membership-Life-Long Category

· A new category of a membership award, along with process, has been added to provide for recognition of former club members who meet certain enumerated criteria.

4. Article 8 Finance updates

· Updates have been included in the draft bylaws in order for the club to be assured that better control of income and expenditures occurs and that the club is fully compliant with applicable legislation. By way of example, the Treasurer is more accountable; committees with money responsibilities have a member appointed by the chair to perform specific financial responsibilities. Electronic transfer of funds is allowed. The Treasurer must file financial statements with the CRA. The budget process must commence at the beginning of each fiscal year.

5. Article 8.8 Community Service grants

· Guiding principles for community service grants have been articulated in the draft bylaws. Different grants are listed, expanded upon and their financial expenditures are circumscribed. This is especially noteworthy for Legacy grants, large grants and SIS.

6. Article 12 Standing Committees

• There are no standing committees in the current bylaws. The draft bylaws contain four (4) standing committees that the club must have. Each committee has a specific duty to the membership at large. The President-elect is still empowered in the draft bylaws to establish any other committees.

7. Article 14 Voting

· With the exception of Article 3 section 6 on elections where a permissive bylaw speaks to email votes, Article 9 of the current bylaws (Method of voting) only provides for the "viva voca" vote. The draft bylaws, expands voting methods and provides general guidance to the Board.

8. Concluding Articles

· Articles 13, 14, 15, 16 and 17 of the current bylaws were amended and improved upon by draft Articles 16,17,18,19 and 20. In particular draft Article 20 provides for a new clause should the club seek to be wound up, dissolved or amalgamated.



CLUB ANNOUNCEMENTS



Hello Fellow Wine Aficionados!

This is a reminder that Chas and I will be hosting the Rotary Wine Club on Thursday, March 12th at 7:00 pm

I am out of town next Friday until March 3rd thus the early reminder!

The Theme is Italiano!

Please let me know if you are attending by email so I can prepare enough food for everyone!

Here is the email address: flipclan@shaw.ca

Grazie!

Terri & Chas



ClubRunner Mobile App The key to connect to your Club and District on the go!

- . View an UP TO DATE Member Directory
- . Call, Text or Email Club Members directly from your device
- . View your Attendance
- View Upcoming Events
- Connect with Members from other Rotary Clubs
- Download ClubRunner APP from the Apple App Store or Google Play
- Type 'ClubRunner' in **Search** Bar of the App Store or Google Play
- ClubRunner APP is compatible with all versions of the iPhone, iPad and iPod Touch sets that have iOS 8.0 or later and versions of Android that are 4.0.3 or better.
- You will need your Club Login and Password

View this link for more a more detailed tutorial:

https://site.clubrunner.ca/Page/clubrunner-mobile-app-now-available

Many Rotarians at **The Rotary Club of Calgary at Stampede Park** use this invaluable APP. It keeps you in touch with all of your Club Members at the touch of a button on your SmartPhone. Contact **Kathyann Reginato** if you need assistance





PARTNERS IN PRINT



Champion: Rhonda Yaskowich

Organization: Sonshine Community Services
Cheque Amount: \$4,200.00
Presented to: Monica Ercolessi by Maureen Hutchens Use of Funds: Purchase a Nexus commercial dishwasher



Champion: Maureen Hutchens Organization: Making Changes Cheque Amount: \$2,500.00 Presented to: Catherine Coutts

Use of funds: Purchase intimate apparel to supplement clothing program



Champion: Maureen Hutchens

Organization: Calgary Drop in Centre Cheque Amount: \$5,000.00 Presented to: Cord Bulloch and Sandra Clarkson, Executive Director)

Use of Funds: Client Move out Program, which assists people in

providing permanent housing solutions



Champion: Karen Grant

Organization: Resicare Society of Calgary

Cheque Amount: \$3,000 Cheque presented to: Malone Jenkinson, Executive Director and 50

year Resident Ross Mair

Use of Funds: Repair of maintenance free baseboards and corner

guards in wheelchair accessible homes.



Champion: Candy Struthers Organization: Wings of Hope

Cheque Amount: \$4,000 Cheque presented to: Rhonda Aiello, Director, Fund Development

Use of Funds: To support Augmented Financial Program which will ease burden of daily expenses for individuals going through Cancer treat-

ments by helping them with rent, groceries, transportation





RCCSP CLUB CALENDAR



| DATE | EVENT | LOCATION |
|---------|--|----------------------|
| Feb 27 | Ken Keelor: Calgary Co-op | Rotary House |
| Mar 5 | Jeff Davison: New Arena Deal | Rotary House |
| Mar 12 | St. Patrick's Day Celebration | Rotary House |
| Mar 12 | Wine Club: Chas Filipski's House: Theme is Italian | Chas' House |
| Mar 19 | Glen Street: CEO Street Characters | Rotary House |
| Mar 26 | Bob Wiens: Colombia Projects Update | Rotary House |
| Apr 2 | Gus Yaki: Alberta Southern Prairie Orthinology | Rotary House |
| Apr 9 | Tom Leppard: Field of Crosses | Rotary House |
| Apr 16 | Alberta Health Minister: Tyler Shandro | Rotary House |
| Apr 22 | Partners Spring Luncheon | |
| Apr 23 | Calgary Philharmonic (CPO) Presentation | BLUE ROOM |
| Apr 27 | Wine Club: Brett Albers | Brett's House |
| Apr 30 | Bethany Atrium Tour | Bethany Riverview |
| May 7 | Stuart Cullum: Olds College | Rotary House |
| May 14 | Annual St. Mary's 4 Way Test | Rotary House |
| May 22 | President Chas' Cocktail Social | Lazy S: Grandstand |
| May 21 | Annual Stay In School Luncheon | TBA |
| May 28 | Annual Dream Home Kick off | Rotary House |
| May 29 | Invermere Golf and Social Weekend (May 29-31) | Invermere |
| June 4 | Annual Stampede Board Presentation | BLUE ROOM |
| June 11 | U of C Vet School Offsite Tour | U of C |
| June 18 | Annual Charity Day Presentations | Rotary House |
| June 25 | Changing of the Guard, Large Grants and WCS | Rotary House |
| July 2 | Annual Dream Home Kickoff Party | Heritage Park |
| | | |



HEALTH, WELLNESS AND TRANSPORATION COMMITTEE

Hugh Delany will be your contact for Health and Wellness during February: Cell **403 819 4872** or: hughdelaney02@gmail.com



RCCSP EXECUTIVE



RCCSP 2019 2020 Officers and Directors

President: E. Chas Filipski, Jr. **Past President:** Ron Prokosch **Penny Leckie President-Elect:** Larry Stein **Club Secretary:**

Treasurer: **Don Mintz**

Partners President: Denise MacLeod Club Service Operations: Bryan Walton Club Service Membership & Social: Gena Rotstein **Club Service Ways & Means: David Young Community Service Local: Michael Ruttan Community Service Ways & Means: Ted Stack**

International & Vocational Service: **Jamie Moorhouse**

Youth Service: **Dorothea Schaab**

ROTARY CLUB OF CALGARY AT STAMPEDE PARK **WEBSITE:** www.rotarycs.org

OFFICE ADDRESS:

Rotary Club of Calgary at Stampede Park Suite 120, 200 Rivercrest Drive SE Calgary AB T2C 2V5

ADMINISTRATOR: Kathyann Reginato

PHONE: 403 244 9788

EMAIL: kathyann@rotarycs.org