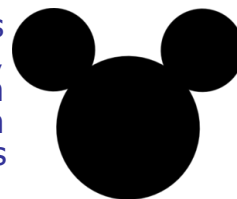


About this time of year, a few years ago, my family went on a Disney Cruise. As much as I love being with my family, and as wonderful as the experience was, there were moments during the Cruise when I had conflicted emotions and even conflicted values. I questioned if the children were being given a false impression of the world, ie, everyone's always happy, life is always fun, the princess always gets the prince, etc.



But then, as often does, and even though I was on vacation, the accountant in me took over, and I realized the marketing genius of Walt Disney. Walt Disney really did figure out how to package "happiness", and how to sell it. Rather than being concerned about the false impression being given to the children, it became almost a business case study. What a business and marketing wizard Disney was. Because of his brilliance and leadership, the Disney brand and Disney corporate success continues today, decades after Walt Disney's passing in 1966.

My family shared some fabulous experiences on our Disney cruise, and have many happy memories, and yes, even the accountant had fun... Because of Disney's ability to package happiness, I thought I would share a few inspirational quotes from him, in the hopes of making you happy at this dull time of year.

"If you can dream it, you can do it."

"Happiness is a state of mind. It's just according to the way you look at things."

"The greatest moments in life are not concerned with selfish achievements, but rather with the things we do for the people we love and esteem."

"In bad times and in good, I have never lost my sense of ZEST for life."

"That's the real trouble with the world, too many people grow up."

"I like the impossible, because there's less competition."

"The more you are in a state of gratitude, the more you will attract things to be grateful for."

"Laughter is timeless; Imagination has no age; and Dreams are forever."

In addition to Disney's personal quotes, there are so many, many quotes from Disney characters. My all time favourite Disney character is Tinkerbell. I will leave you with a couple of her quotes.

"All you need is faith, trust and a little pixie-dust."

"I don't have an attitude problem, I just have a personality you can't handle."

"When life gives you a hundred reasons to cry, show life that you have a thousand reasons to smile."



I hope something in this note has made you smile and helped you to be happy. Everyone has a favourite Disney character. Maybe it's time for a visit with your favourite character.



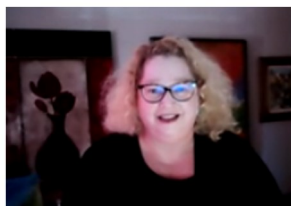
President Penny Leckie

Good afternoon Rotarians and Guests. Welcome to the January 21st meeting of the Rotary Club of Calgary at Stampede Park. I am the Club's President for 2020/2021 – **Penny Leckie**

Today is National Hug Day.

We have a number of guests on today including Minister Tyler Shandro, Tasha Schindel, Bruce Williams, Saadat Keshavjee & Darlene Switzer-Foster

We are delighted that **Rabbi Ilana Krygier** has offered to sing O Canada today for us.



It's Hug Day...
And I just hugged you
in my thoughts...



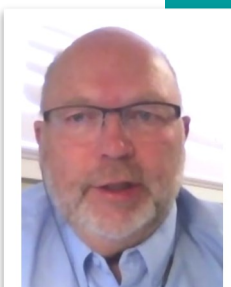
Hope you felt
the squeeze!

KrazyinLove.com



Songs and Stunts: Deb Sands announced that we will sing Camp Songs on February 4th. She gave us a wonderful verse of The Quarter Master store.

Peace Day Initiative: Bryan Walton reminded us that September 17th 2020 will be Peace day at the International Peace Park Centre. District 5080 are holding a peace conference Feb 6 from 9:00 am to Noon. Please see link and poster in Bulletin.



Social Committee: Kathy Demorest told us all that just like you all the social committee is missing fellowship. To celebrate Larry Kwong Chinese New Year a package will be delivered to your home. We will say hello and chat a bit. Thanks to RBC for the red envelopes, **Corinne Wilkinson** for the goodies, to the drivers and the Social Committee. You are awesome. A very special thanks to **Glen and Jeannette Richardson** as our sponsor!!



Sergeant-At-Arms: Spencer Tonkinson let us know that today is the actual day of Robbie Burns Day so that is the focus. He had some great jokes and the trivia questions were all about Robbie!

Bulletin Editor: Luanne Whitmarsh **Bulletin Photographer: Paul Brick**

Health and Wellness: The contact for Health and Wellness for January and February is **Dave Read** at: 403 921 5856 or 403 271 5856 or email: nread@telusplanet.net. **Dave Read** advised that **Roger Jarvis** is up and about and will soon attend meetings again.

Rotaract: the Youth Budget has some money so we have given some to Rotaract. At the Board meeting this week we passed a motion to approve \$250 for Pitch Night. More details in the Bulletin.

Rotary face masks: Our order has been shipped and should be in Penny's office on Monday.



Stan Cichon introduced **Minister Shandro: President Penny**, Fellow Rotarians and Guests:

From before 1905 and continuing to today's date our province, our government has faced and overcome many significant challenges. Currently COVID-19 is just one of many. This current Covid pandemic with all its moving parts certainly is on all our minds today. We all recognize the difficult task it is for public officials to deal with the complexities involved.

Today we are pleased to have with us a politician with the credentials that certainly can measure up to this challenge.

Prior to serving with the Legislative Assembly, Mr. Shandro was a practicing lawyer in Calgary. He has also been a member of the Calgary Police Commission and a facilitator and evaluator for the Canadian Centre for Professional Legal Education.

Active in his community, Mr. Shandro served as a board member with the Canadian Association of Police Governance, Calgary Parking Authority and Calgary Ukrainian Festival. He has also volunteered with the University of Calgary Senate and the Calgary Stampede.

Mr. Shandro previously served as a member of the National Parole Board, Alberta's Criminal Injuries Review Board, Alberta's Municipal Government Board and Alberta's Disaster Advisory Committee.

He and his wife, Andrea, and their two children are long-term residents of Calgary.

Ladies and Gentlemen I am pleased to present the Minister of Health for Alberta the Honourable Mr. Tyler Shandro.

Guest Speaker Minister Tyler Shandro thanked the Club for the invite. I look forward to engaging. It has been a challenging year for Alberta and it will keep being challenging with Pfizer delaying vaccines as we continue to respond to the most vulnerable.

As well, there is the price war of oil and gas and the lower demand for oil and gas. I would love to use this form to answer your questions that you have.

Question and Answer Period Summary

Provincial designated care homes getting vaccinations versus non regulated ones

- ⇒ Part of the issue in continuing care is that it has a wide definition. Continuing care home on one end of the support to long term care (LTC).
- ⇒ There are 28,000 Albertans in LTC and they still need congregate living lodges. 100% of LTC are contracted and they employ 36,000 staff. These are the most vulnerable.
- ⇒ Phase 1A is for the most vulnerable 28,000 in LTC and 36,000 staff
- ⇒ Phase 1B is for all seniors regardless of where they live that are 75 and over. We are in 1B now, but the lack of vaccines is making it a challenge.
- ⇒ We thought 24,000 doses we were receiving every week would continue, so now we pausing the first doses but there is enough to do second doses.
- ⇒ Moderna is going to continue providing 24,000 doses bi-weekly.

People who cannot use computers how else can appointments get through?

- ⇒ We are going to use pharmacists to administer the vaccine.



Why is the government initiating health care reform during a pandemic?

- ⇒ We weren't doing this during COVID. We paused it. There are recommendations for contracting out for laundry for example (this is extending what is already in place). We already have lots of contracts and renewals that will be in 2022-23. RFP's have gone out but the criteria is COVID first. We don't want to have a reduction of surgery capacity.
- ⇒ We want to move forward with discussion with physicians. The doctors are not paid by contract. We have 11,000 contracted doctors that are independent. We want to continue to meet with AMA and the new framework that was presented in Feb 2020. That framework is very similar as previous one. Ministry changing a rate or budget and we continue to meet with them so that we can keep compensation and that framework would have in master framework for the AMA. Privately there have been better discussions than the media portrayed. We feel good about having expectations in writing.

Why are Doctors retiring and moving then

- ⇒ AMA conversations are very constructive and going well. And in 2018 there was 10,600 doctors and now there is 11,200 – we have had an increase. Doctors are choosing to stay.
- ⇒ There are only 700 doctors in rural areas and that is a problem. Last April we met to try to recruit and maintain doctors in rural Alberta. Taking off a cap on the premium would help and paying for medical school spots with agreement of working in rural Alberta. Sundry – while a doctor left, other one moved there. We continue to have doctors come to our province – they want to raise their families here. We will continue to work with AMA.

With the number of older Albertans being very ill and dying what is the plan to redevelop congregate care models?

- ⇒ Continuing care – is often overlooked and forgotten. It needs a full review. Husbands and wives being split, aging in place – live where you like, etc. In 2019 we started a review of continuing care, DSL and LTC.
- ⇒ MLA Richard Godfried is leading the review and interviewing patients, loved ones, nurses, operators, etc. Also, the inventory was built in 50's and 60's and needs refurbishment – more spaces in LTD for people who needs it. We need 2,000 beds per year to catch up – COVID has highlighted this.
- ⇒ We need to provide the capital grants to improve their facilities. All people's mental health and isolation are at a long term low. Continuing care is increasing mental health supports and addictions by \$53M. We know the consequences will last a long time.

Mental Health: 70 child psychologists are needed and we have 40

- ⇒ Education made a funding decision that I may not fully agree with. RCSD money speech, OT, psychology, etc., and then Health did not have the contracts to do the work. We just funded a grant to fund these positions in AHS and now how do we get them in schools? Health ADM is working on this now. I agree there is a silo between these ministries. We hope to announce something soon.

Are people in food processing plants going to be vaccinated soon?

- ⇒ Started to talk Special Advisory Committee – CMHO look at the data and make recommendations – how many vaccinations receiving each month and prioritizing. We are waiting to get the next set of recommendations.

Transparency: Many business owners (restaurants, gyms, hair salons, how can they continue when they might be shut again?

- ⇒ We had a spring relaunch strategy – and now we have different health measures. Every activity and assessed high, to low and looked at all things in between. As we did that we pushed for some type of mechanism and how we would focus on protecting our AHS and hospitals. And we looked at zone by zone numbers. When the numbers go down then we review that and make any adjustments. We are going to be presenting to COVID Committee Monday on what relaunch 2.0 will look like. Next measures we hope will have kids back in recreation activities, fitness (low risk), so we hope to start there.

Over run in the hospitals – then we hear stories docs have not seen their patients for a long time.

- ⇒ System capacity – we have people who have not seen their family doctors in office for some time. There is lots of stress and frustration and seeing less volume. In the emergency rooms people are delaying medical health (cancer, heart issues, etc.) as COVID is affecting system capacity. We are getting caught up with emergency surgery and treatment. We are caught up on the delayed procedures. We want to make sure we continue to treat all Albertans and those who have COVID related care needs. Everyone who needs critical care should get it and we know there have been challenges with the high numbers of COVID. We are still focusing on AHS not being overwhelmed.

Complimented AHS COVID testing

- ⇒ The rapid test works only if the person is already symptomatic. Antibody tests can't be used for diagnosis as it takes 14 days. It only tells you if it was a positive 14 days ago.

New COVID variant

- ⇒ We should all be concerned. We made changes to the border landing pilot. You used to be tested and if negative you can go, now you have to mandatory isolate for 14 days. We have increased the testing through the UC to do a more comprehensive testing.

What is a nice lawyer doing in a place like this? How is your mental health?

The spring was tough because people say things that are not true. I want to get the truth out but this is still a rewarding job. Being able to work remotely more makes it great to see my family

Murray Flegel thanked Minister Shandro. Thank you on behalf our Club for taking the time to share information and bring us up to speed – keep up the good work and stay safe!

President Penny: Thank you and we will be donating \$100 to Calgary Rotary Foundation on behalf of your talk today!

***Bulletin Editor's Note: This is a summary of the meeting today.
You can review the meeting link for more info: <https://youtu.be/jRcLb1bw36I>***



NEXT WEEK:

Jim Hutchens will perform the Robbie Burns Celebration

**Response from U of C Rotaract Co-President on learning
The Rotary Club of Calgary at Stampede Park will provide a \$250 prize**

This is the email received from U of C Rotaract Danny Vera

Hello

Thank you! We are ecstatic that your club will contribute to our Pitch Night! In the past, the winner of the prize has served as a liaison between the donor and the charity, and we are thinking that something like that will also occur this year. We will keep you updated as to what we decide to do with regards to how to transfer the funds. Additionally, the winner has presented at a meeting of the donor club, inviting a representative of the charity as well so that both can speak about the charity, and that will likely happen again this year.

Our Pitch Night is on February 26th, 2021. We will send an email with a Google Form later this week where Rotarians interested in attending can put down their email so that we have the contact info needed to pass along pertinent info like the Zoom link for the event. I will make sure that both of you get that email with the google form.

Best,

Danny Vera, UCalgary Rotaract Co-president

Rotary Curling League of Calgary

For the past 21 years our Curling League has come together at Christmas and participated in a fund raiser for the Calgary Women's Emergency Shelter.

This being our 22nd year I was very worried that we would not be able to continue our tradition as all sports, including Curling have been postponed and no social gatherings allowed.

I'm so proud of this group!! They still came together, like Rotarians always do, and proud to share that I just sent a cheque to the Calgary Women's Emergency Shelter in the amount of \$3175.

This brings our grand total over the past 22 years to \$87,342.



Thanks for all your support and making the lives so much better this year for some, We continue to "take a stand" against family violence and abuse.

Tammy Truman (Calgary Chinook)

SUBMITTED BY BRYAN WALTON



Rotary

District 5080



Peacebuilding Conference

Today for Tomorrow

06 February 2021, 09:00—12:00 (Pacific)

Via ZOOM

Objectives and Agenda

- ♦ Open a conversation about the 8 Pillars of Positive Peace.
- ♦ Define steps to transform D5080 Clubs into Action-Oriented Peacebuilding Clubs.
- ♦ Set the stage to transform D5080 into a Peacebuilding District.



OPENING KEYNOTE

Patricia Shafer
Executive Director,
NewGen Peacebuilders,
Rotary Peace Activator



CLOSING KEYNOTE

Al Jubitz
Co-Founder, Rotary
Action Group for Peace



Register for the Conference at <https://tinyurl.com/D5080Peacebuilding>

BLACK, John (Jack) Forrest
October 23, 1925 - Nordegg, Alberta
January 5, 2021 - Calgary, Alberta



It is with profound sadness we announce the peaceful passing of John (Jack) Forrest Black on Tuesday, January 5, 2021 at the age of 95.

Jack was born on October 23, 1925 in the coal mining town of Nordegg, AB, the son of Rachel Wright Forrest and Malcolm McKenzie (Mac) Black. Jack was extremely proud of his Nordegg heritage and of his deep roots in Alberta. His dad was born in 1899 in Fort Macleod (then NWT). His grandfather and namesake John Black, was a politician and entrepreneur in southern Alberta in the late 1800's. His storefront sign in Fort Macleod read: "OLD JOHN BLACK, ADVENTURER & AGITATOR, GROCERIES & GUFF". Jack came by his sense of humor honestly.

Jack left Nordegg in 1943 to join the Royal Canadian Air Force during WWII and became a Flight Sergeant Air Gunner. After the war Jack returned to Alberta and settled in Calgary where he met Myrtle Julia Johnson at Penley's Ballroom. They were married on May 20, 1948 and spent sixty-nine happy years together until Myrt's passing in 2017. After Jack's graduation in Pharmacy from the University of Alberta in 1951, he started in business in Calgary, owning a number of successful independent drugstores until his retirement after selling Britannia Pharmacy. Jack provided outstanding customer support and many of his customers became his friends.

Jack was always active, skiing and curling in his younger years and playing golf (including 2 holes-in-one) until his 94th year. He was an avid fan of the Calgary Flames (inaugural season ticket holder) and the Calgary Stampeders. One of the most important parts of Jack's life was his involvement with The Rotary Club of Calgary at Stampede Park including his stint as President.

Jack was a very special person who connected with people of all ages and backgrounds. Growing up in Nordegg instilled in him the importance of hard work, community and family. With these pillars, and his good fortune to connect with Myrt, he lived a rich, happy and full 95 years. He contributed to his professional world and to the broader Rotary world. He loved his kids and they loved him and he was blessed with grandchildren and great-grandchildren, all of whom gave him such joy. Jack was always so inclusive, generous and energetic with a sincere interest in others. He was a role model for his family and he will be missed.

Jack is survived by his loving family: his four children, Doug (Linda), Cathy Buckle (Doug), Wayne (Daimi) and Michael (Diane). He is also survived by seven adoring grandchildren, Sarah Black MacNiven (Andrew MacNiven), Ian Black (Julia Miller), Melissa Bartlett (Cody Anderson), Chelsea Limoges-Black, Dylan Black Martinez, Kaitlyn Black (Peter Soroka) and Andrew Black (Ella Rosquist). Jack also leaves seven great-grandchildren, Sophie, Liam and Hugh MacNiven, Henry and Oscar Black, and Mason and Avery Bartlett. He is also survived by numerous nieces and nephews, many of whom he was very close to. Everyone will miss Uncle Jack. Also left to mourn is his dear cousin and friend, Eleanor Coates in Australia. Jack was predeceased by his wife Myrt, his three sisters, Francis D'Amico, Lois Bailey and Marguerite Brooker; and all his brothers and sisters-in-law.

Because of Covid there will be no funeral at this time. You can toast Jack with a rum and coke any Friday at 3:30 p.m. at his weekly Happy Hour. If friends so desire memorial tributes in Jack's name would be gratefully accepted by The Calgary Rotary Clubs Foundation (www.canadahelps.org/charities). Condolences, memories and photos may be shared and viewed on Jack's obituary at www.McInnisandHolloway.com.

The family would like to extend their deepest gratitude to the staff and residents of The Manor Village at Signature Park where Jack (and Myrt) resided for the past eleven years. They provided companionship and kind, compassionate assistance. The family would also like to thank the caring staff of Unit 72 at the Foothills Hospital where Jack spent his final days.

In living memory of Jack Black, a tree will be planted in the Ann & Sandy Cross Conservation Area.

MORE STORIES

ABOUT LORRAINE MacDONALD

Will miss Lorraine very much. She brought laughter and happiness with her wherever she went, and she was thoughtful and kind. We were blessed to know her many years as our sons were in school together. - *Noelle Read*

In the early years of meetings of the Partners Investment Club, now known as Money Madames, I had hosted the meeting for the 20 plus members (at that time) in my walkout room, and Lorraine volunteered to host the next monthly meeting at her home. This required a re-arrangement of tables in her home in order to accommodate our large group, I casually said to Lorraine that we should try to find somewhere other than homes to host our meetings. In a split second she was on her feet and announced "Norma Carroll just volunteered to find a place to hold our meetings! Kris at the Country Club was happy to accommodate us just as he had agreed earlier to do the same for our Bridge Club.

Lorraine was a special lady. She had a spontaneous wit, a kind heart, and a love of life. She loved playing bridge with us at the Golf Club, and always at Christmas or last day of playing in the Spring she would give to Carol Cairns (my bridge co-worker) and me, a thank-you gift of chocolates, or some other token of appreciation for our organizing the lunch and bridge and "for letting her play bridge with the group". Those were her words. She was a true friend. I will miss her! - *Norma Carroll*

Lorraine was a "force of nature." She was so beautiful, inside and out; always dressed in such a distinctive and lovely way. I always looked forward to seeing what she was wearing when we got together. She was so "put together!" She was full of fun and always thinking up the most wonderful & outrageous things to do. I think of the many times we got together over the years to rehearse for skits to be shown at Partners' social events. One of the funniest memories was "The Twelve Days of Christmas." Lorraine was just a "STAR" in anything she was involved with - and we had so many happy & memorable times together. I will miss her. - *Betty Stein*

My first memory of meeting Lorraine was at my first event in 2013 while I was assisting at the registration table. I stood up and introduced myself and she smiled, greeted me warmly and said, "It's wonderful to have you with us". That smile stayed with me for quite awhile and I watched her greet others with such enthusiasm and genuine fondness. When I asked about her, everyone smiled and told me how much they adored her. She was always full of spunk and you could see the love everyone had for her.

- *Denise MacLeod*



January Baby Fun Facts

January Babies Have a Fiery Birthstone: While their birth month is all things snow and ice, January babies' birthstone, the garnet, is a deep, fiery red. This stone is said to symbolize friendship and trust (two traits that hopefully your baby will inherit, too!).

January Babies' Horoscope Sign Is Capricorn or Aquarius If your baby is born before January 20th they'll be a Capricorn, a sign thought to be hard-working, ambitious, and practical. January babies who make their debut January 20th or later will fall under Aquarius, a sign believed to be intelligent, quirky, and independent.

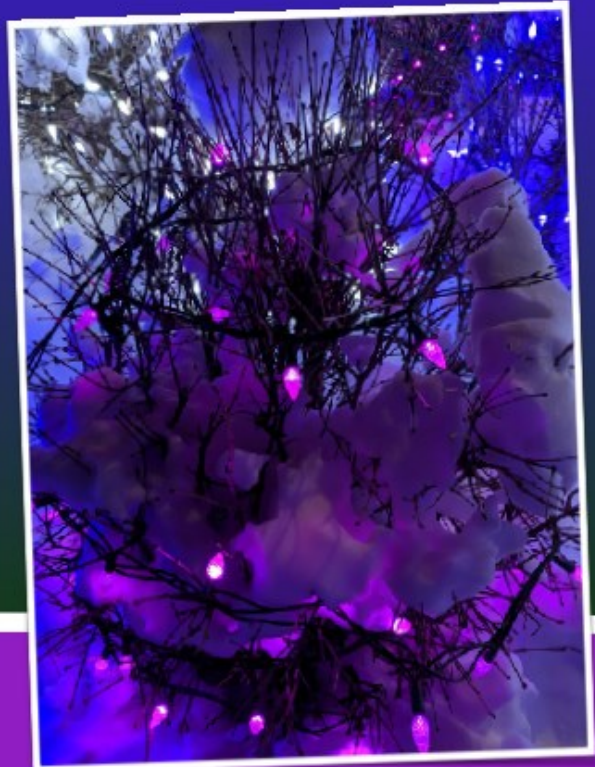
January Babies Are Pretty Chill: The weather of their birth month isn't the only thing that's cool! Babies born in winter months are less irritable than people born in other seasons, according to [a European study](#).

Happy Birthday !

Don Whalen (spouse of Dana Hunter)	Jan 2
John Fellows	Jan 4
Penny Leckie	Jan 4
Bryan Walton	Jan 7
Tom Jezersek	Jan 9
Dilan Perera	Jan 16
Christine Martin	Jan 23
Imma Dike-Shittu	Jan 24
Sherry Austin	Jan 30
Clive Pringle	Jan 30

*"While the snow came quickly,
so did the beauty"*

Photo taken by Corinne at Calgary Zoolights



Happy January Birthdays

NEXT WEEK'S MEETING

Jan 28th Burns Day Celebration



Feb 4th Dr. Ted Morton

Feb 11th Annual Valentines Day Luncheon with Partners

Feb 18th Legacy Project Update: Stampede Foundation

Feb 22nd RCCSP Board Meeting: 5:30 pm

Feb 25th Rotary Profiles: Hugh Delaney

**Mar 4th International Women's Day:
Leela Aheer, Minister of Culture & Status of Women**

Mar 11th St. Patrick's Day Celebration

Mar 18th Sue Ozdemir, CEO: Exro Technologies

Mar 25th TBA

Apr 1st Virgil Lowe: Telus Agriculture

Apr 8th TBA

Apr 15th Large Grants Presentation

Apr 22nd TBA

Apr 29th Rotary Profile: Jim Burns

WEEKLY ZOOM MEETINGS

- A link will be sent out every Monday or Tuesday
- There is a reminder an hour before the meeting
- Save the link and join us at 11:45 am On THURSDAYS
- Please don't request the link after 11:45 am as the meeting is already in progress
- This meeting is recorded
- If anyone would like to join but struggles with Zoom please either help them or reach out to the Tech Committee or Kathyann for assistance

c/o: 4420 52 Street NW
Rotary Club of Calgary AB T3A 0L1
Club of Calgary at Stampede Park
Email: kathyann@rotarycs.org
(403) 618 5598

President	Penny Leckie
President-Elect	Craig Stokke
Past President	Chas Filipski
Club Secretary	Larry Stein
Treasurer	Don Mintz
Partners President	Denise MacLeod
Club Service Operations	Gena Rotstein
Club Service Membership and Social	Tony Fisher
Club Service Ways & Means	Ted Stack
Community Service Local	Jamie Moorhouse
Community Service: Ways and Means	Mark Ambrose
International and Vocational Service	Mike Ruttan
Youth Service	Wendy Giuffre