



This week, our meeting had a Scottish theme. In July, 2019 to recognize my Father's 80<sup>th</sup> birthday, he and I travelled to Scotland and explored the country for three weeks. His grandmother had immigrated to Canada, from Scotland, with six children, when her husband passed away. For years I had wanted to travel there with my father, to learn about the land of my ancestors. He was less interested in learning about his ancestors, but he was very eager to play golf at St. Andrew's.

One of the things I have been most grateful for throughout the pandemic is that my father and I made this trip in 2019. Who knows when it will be possible to travel like this again, and after the pandemic, I doubt I could get my father to consider international travel. We had a fabulous trip, and I will cherish these memories forever.

When it was time to fly home and return to Canada, I felt physical pain, and my heart actually ached at the thought of leaving Scotland. I couldn't understand why I would feel the way I did. It was very disconcerting.

When I returned home, I told my friends about the strange ache, and how it had bothered and upset me. Most of my friends said, "I know what you mean. I have been on vacations before and didn't want to come home."

I said, "No, I have had the feeling where I wanted to stay longer on a vacation, and I have fantasized about staying because I loved the place I was visiting, but that's not what this was. This was different. It was true and real pain in my heart.

It wasn't until a few months later, one day when I was having lunch with fellow Rotarian, **Amy Giang**, that I received an explanation.

When I told Amy my story, she said, "Oh, a 'Fish in Water' story. I love those."

I said, "What do you mean, a 'Fish in Water'?"

Amy said, "I was born in Vietnam and my father was born in Vietnam, but my grandfather was born in China. I have no connection to China, but when I go there, I feel like I am a fish and I have finally found my water. I am in my natural state. I am where I should be." "A Fish in Water."

It was like I finally understood. I am a Fish, and Scotland is my water.

If anyone else has a "Fish in Water" story, I apologize for speaking on behalf of Amy, but she and I would love to hear your stories.



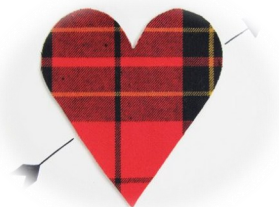
*President Penny Leckie*

Good afternoon Rotarians and Guests. Welcome to the January 28th meeting of the Rotary Club of Calgary at Stampede Park. I am the Club's President for 2020/2021 – **Penny Leckie**

Today is Bell Let's Talk Day. This is the world's largest conversation about mental health. More Canadians than ever are reporting anxiety and depression as they deal with dynamics related to COVID. A term I recently heard used was "echo pandemic" referring to all the mental health issues that will be created by the current pandemic. Today, Bell is donating money for various interactions and communications. Please check it out, and for no cost to you, you can generate funds from Bell to causes related to mental wellness.



Ok, now, Let's Talk about what's going to happen in our meeting today. We are profiling a few Scottish things. We will launch our golf tournament. We will have our Burns Day Celebration, and I hope most of you brought a wee dram of scotch with you so you can enjoy the celebration even more. I have my wee dram with me, at least this is what I am calling a wee dram these days.



I travelled to Scotland with my father in 2019. Our ancestors hale from there. What do you say about a country that has a unicorn as their national animal? They have a mythical monster called "Nessie" in their largest loch. Drinking is an art form. The sports of curling and golf, both games of camaraderie and fellowship, at least if you play them like I do, were created there. Everyone enjoys a wee bit of skulduggery, has their own version of the local folklore to tell and will flat out tell you "The truth should never interfere with a good story."

What's not to love about Scotland? But even more, as my ancestors learned when they immigrated, what's not to love about Canada?

Ilana, can you please lead us in O Canada? Please rise.

**Guests:** Welcome to our guests. I am scrolling through on my screen and see that **Wendy Giuffre's son, Darlene Switzer-Foster and Karen Murray (Rotary Employment Partnership)** are here.

Bulletin Editor: **Luanne Whitmarsh** Photographer: **Paul Brick**

**Health and Wellness:** **Pat Farn** is recovering from a broken leg which happened while skiing at Lake Louise. Ken is taking care of her and she welcomes calls.

The Board has approved the application for Darlene Switzer Foster to become a Member of our Club. The next step is that Darlene's application will be posted in the Bulletin for two weeks. If there are no objections received, arrangements will be made to induct Darlene as a member.

### NEW MEMBERSHIP PROPOSAL

Please be advised that **Darlene Switzer-Foster** has been proposed for active membership in the Rotary Club of Calgary at Stampede Park as Sponsored by **Stan Cichon** and Seconded by **Roger Jarvis** with a proposed Classification of **Administrative Trustee Philanthropy**.

**Darlene Switzer-Foster's** membership has been approved by the Board of Directors on the basis of the recommendation of the Membership, Qualifications & Classifications Committee subject to completion of a formal application and communication of her name and proposed classification to the membership.

If any Member objects to **Darlene Switzer-Foster** joining our Club or to her proposed classification an objection must be filed in writing with the Club Secretary, Larry Stein at [larrystein@shaw.ca](mailto:larrystein@shaw.ca) prior to February 11<sup>th</sup>, 2021

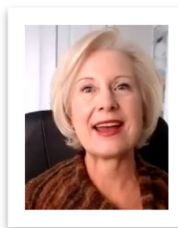
**Facemasks:** Masks have arrived in our office on Monday, but my assistant Eve has been caught in the change to the rapid entry rules at YYC, so she has had to return to quarantine, even though she was in the office three days last week and on Monday this week... just saying... Eve will be back in the office on Monday and she will be reaching out to everyone who ordered a mask to make delivery and payment arrangements, accordingly.

**Perennial Fund:** The Board has approved the establishment of The Perennial Fund. I spoke of this in my midyear update. This fund is intended to be available for anyone who would like to contribute funds to our Club account to be invested and the income generated on the capital will be applied toward Club operations. Anyone who has any questions or who might like to make a contribution can contact **myself** or **Don Mintz** for details.

**Songs and Stunts: Deb Sands:** Deb gave us another rendition of The Quartermaster's Store. Next Thursday Songs and Stunts will be doing camp songs

Stay In School Golf Tournament 2021: **Ernie Yaskowich**, Chair of this year's Stay in School Golf Tournament.

**Thank you President Penny** for making today's 2021 Stay In School Golf Tournament 2021 rollout possible.



Fellow Rotarians and Guests: Well here we are in the middle of a COVID 19 winter and I'm going to be talking to you about golf. Specifically the 20th anniversary of the SIS fund raising golf tournament. Planning is well underway with a tournament date of July 22nd set. Cottonwood will again be the host course. We're being very optimistic that the COVID 19 restrictions will be relaxed enough or lifted so we can not only facilitate 144 golfers on course but in the dining room as well. The approach we're taking is that we will constantly monitor and modify our plan as current conditions dictate. The SIS golf tournament website has recently been updated and is available for viewing,

it will answer any "day of" type questions you may have.

**The website can be accessed by going to: [www.stayinschool.ca](http://www.stayinschool.ca)**

This year's "Celebration of Success" theme is not only going to facilitate the 20th anniversary celebrations but the recognition of reaching a major milestone for the Golf Tournament and the Stay in School Fund, that being the achievement of the original goal of \$4.5 Million. This will ensure the Fund will facilitate the programs self-sustainability and carry it forward indefinitely. Ann MacKenna of our "Featured Sponsor" Supreme Windows has extended a challenge of raising \$200k to mark the 20th anniversary. With your continued support we will hit that mark.

I feel very privileged to be part of the 2021 golf tournament committee that's working so hard to achieve this milestone. Furthermore, I can't say enough about the many members of this club who over the past 19 years were the driving force to get to this point. I thank you and the SIS program thanks you.

Even though this financial milestone will be reached the golf tournament story doesn't end there. Working with **Len Hamm** and the Strategic Planning Committee a new model will evolve and our support of youth in our community will continue. Stay Tuned!!!!!! Primarily for the sake of our newer members we've decided to run an edited version of the video that's found on the recently updated SIS golf tournament website. Hopefully it will give you a bit of an insight to the SIS program and a taste of the supporting golf tournament.

<https://vimeo.com/505905713/96d2d8b92b>

**Jamie Moorhouse:** Thank you Jamie, and thank you again for all of your recent work on the website updates.



I searched high and low through all sorts of sites looking for a golf joke that would be appropriate for this audience and was hard pressed to find one that was appropriate. What I did find was this:

***It is now generally accepted that golf did not originate in Scotland. Evidently no Scotsman would invent a game in which it was possible to lose a ball.***

Having said that, I'm going to turn this over to **Brett Albers** to say a few words about Sponsorship opportunities. Brett will be followed by **Corinne Wilkinson** who will introduce our new improved Auction and subsequent Donations. **Spencer Tonkinson** will close with a new registration update. Thank you and please stay healthy. Happy Robert Burns Day!!!

**Brett Albers:** What great hair he had today!!

The Stay in School Golf committee has done a great job securing our sponsors for our 20th anniversary. The tournament is being held on **July 22nd** at **Cottonwood Golf Course**. With our continued support from you, our Rotarians, we will make this year our greatest year yet!

**Azeem Virjee** and I have been reaching out to discuss interest with each sponsors from last year, if you are new to the club and interested in supporting the tournament please give us a call for more information.

I have an "ask" to my fellow Rotarians, keep us front of mind when visiting with friends and family on your zoom and facetime. Should you hear of someone looking to support a great cause pass on the information which will be included in this week's bulletin. In a perfect world (what's that now a days??) it would be nice to have our tournament inclusive to sponsors. I believe we can get there in 3-5 years so let's try!

Again everyone on the SIS Golf Committee wants to thank you for your continued support of such a great cause and look forward to another amazing day of changing the lives of some great kids!!

**Click here for info on sponsorships for 2021:** <https://www.stayinschool.ca/sponsorship-2020>

**Corinne Wilkinson:** I have the GREAT pleasure to talk about something we all can't wait for – and that is a new way we will raise money at this year's Stay in School golf tourney. We are going to host our annual \$10,000 plus 50/50 draw AND an ONLINE auction! Imagine! If we have ALL learned something this year – it is how to shop online.

**What does this mean for Stay in School?**

#1: It means we can raise a lot more money without adding a single minute of time at the tournament – the only auction at the tournament will be a half dozen AMAZING large donations that we will auction live. Items like **Glen Richardson** and family's beautiful condo in Mexico – that should be your FIRST trip when we are all allowed to travel again. And **Don Bacon's** prime seats at next season's Flames games - imagine the burning ring of fire – live and in person!

#2: It means we can invite so many more people to bid. We aren't restricted to our golfers & volunteers on the day of the tournament. We have the site ready to go now and we've received a few donations already! Imagine this snowy January day and we are already raising money for our July 22 golf tournament. We will provide the link to the auction site in the bulletin so you can check it out. And the way we will get more bidders is when you share that link with your family and friends. Suddenly we have HUNDREDS of bidders!

#3: It means we could use your help in securing auction items. You can donate. You can invite your friends, colleagues and family to donate. Go ahead and ask them! We can auction 100 items – the more the merrier. It doesn't matter what the item is, nor its value. Just let **Janet Matthews, Roselyn Jack** or myself know if you would like to contribute. The sooner you let us know, the sooner we'll get it up on the auction site.

#4: The link to the auction site will also be on the new Stay In School website, plus you'll find photos and descriptions of the live auction items there as well.

So, think about anything you might like to donate. then get on our auction site and start shopping – you online shopper experts! Thanks everyone! Stay warm but think golf!!

**Spencer Tonkinson** Is going to be handling the registration (not today) using new software. When it opens up we will announce it!



## IMMORTAL MEMORY Presented by Jim Hutchens

Fellow Rotarians, and guests it is my pleasure today to speak to you and propose a toast to the Immortal Memory of Robert Burns.

Robert Burns: Born Jan. 25, 1759  
Our monarch's hindmost year but one  
Was five-and-twenty days begun,  
'Twas then a blast o' Janwar' win'  
Blew hansel in on Robin.

Died July 21, 1796 at the young age of 37.  
His death was announced to the public by a local lad with these three words: "The Poet's Died".

A short life indeed, but when you consider he wrote his first love poem as an adolescent and didn't start writing seriously and prolifically until his early manhood, it makes his life and works all that more remarkable. He not only wrote well over 300 poems and songs, he composed hundreds of letters, which have been preserved to be shared with the world.

Thaw Massed Pipe Bands as they leave Edinburgh Castle down the High Street on their return to Barracks: <https://youtu.be/jkUNU5qjf14>

***A wife comes home late one night and quietly opens the door to her bedroom. From under the blanket, she sees four legs instead of just her husband's two. She reaches for a baseball bat and starts hitting the blanket as hard as she can. Once she's done, she goes to the kitchen to have a drink. As she enters, she sees her husband there, reading a magazine. He says, "Hi darling, your parents have come to visit us, so I let them stay in our bedroom. Did you say hello?"***

The Poet lived in an age when Scotland was the most literate country in the world and lived during what many see as the country's greatest of times, the Scottish Enlightenment. A time when Europe's eyes were focused on Scotland's capital, Edinburgh, and her pre-eminent scholars and thinkers of the day. Leaders in Modern Philosophy, Adam Smith and his philosophy of Modern Economics, George Campbell who prescribed to the Philosophy of Common Sense, Francis Hutcheson and David Hume believed in Moral Philosophy whereby we each possessed a moral compass to please and help others.

Robert Burns was no doubt influenced by these great thinkers of his day and indeed crossed paths with one or more in his time in the capital. Rarely is there someone who can influence so many, not just in their own lifetime but for years and generations to come. Since his death Burns has become a great source of inspiration to world leaders, romantics, politicians, paupers, intellectuals, scholars, and this Rotarian.



You may wonder what I could come up with to connect Robert Burns to Rotary and could he pass the Four Way Test. His truthfulness, especially to himself and his shortcomings. His sense of fairness, equality, and benevolence. His desire to create goodwill and fellowship among his friends, peers and contemporaries. His feeling that no individual should enjoy greater benefits than others based on their personal wealth or standing within the community. Based on what I just said, "Could Robert Burns pass the Four Way Test?"

It was his hopes for a better place, a better world with better people that likely inspired him to write "A Man's a Man for A' That"

When we refer man, it is not to the male of the human race, but rather mankind itself.

Is there for honest Poverty  
That hings his head, an' a' that;  
The coward slave-we pass him by,  
We dare be poor for a' that!  
For a' that, an' a' that.  
Our toils obscure an' a' that,  
The rank is but the guinea's stamp,  
The Man's the gowd for a' that.

In this, the first stanza of the poem we are reminded to remain charitable to others as anyone of us could be the slave, regardless of wealth, or position the MAN, the PERSON is GOWD, GOLD and should be valued as such. Not as a chattel or property.

What though on hamely fare we dine,  
Wear hoddin grey, an' a' that;  
Gie fools their silks, and knaves their wine;  
A Man's a Man for a' that:

Regardless of what we can put on our table or what clothes we wear; food and fashion do not define the who we are.

For a' that, and a' that,  
Their tinsel show, an' a' that;  
The honest man, tho' e'er sae poor,  
Is king o' men for a' that.

Wealth or station in life are not what will define us. It is on our honesty and integrity we shall be judged. Honesty is a virtue we should all possess and is the virtue which raises us above all others and is the measure of who we are. And above all we must begin by being honest with ourselves.

Ye see yon birkie, ca'd a lord,  
Wha struts, an' stares, an' a' that;  
Tho' hundreds worship at his word,  
He's but a coof for a' that:

The man who professes to know all, to think his self-worth is greater than those he perceives to lord above, but really knows little, is the fool among men and does not understand people are not there to serve their "leader", but their "leader" must serve the people.

For a' that, an' a' that,  
His ribband, star, an' a' that:  
The man o' independent mind  
He looks an' laughs at a' that.

And these words "The man of independent mind he looks and laughs at a' that." are in my opinion among The Poet's most profound.

We are all individuals with freedom of thought, of aspiration, freedom to love, to be loved and to live as we choose. It is the independent mind which should never be denied or relinquished and should be nourished and cultivated for eternity.

A prince can mak a belted knight,  
A marquis, duke, an' a' that;  
But an honest man's abon his might,  
Gude faith, he maunna fa' that!

Honesty is the foundation of Rotary and without honesty there can be no morality.

For a' that, an' a' that,  
Their dignities an' a' that;  
The pith o' sense, an' pride o' worth,  
Are higher rank than a' that.

We should all understand we have a value, not financially, but rather a of value to our fellow beings. Each of us has a moral duty to do the best we can, not just for ourselves, but for society as a whole.

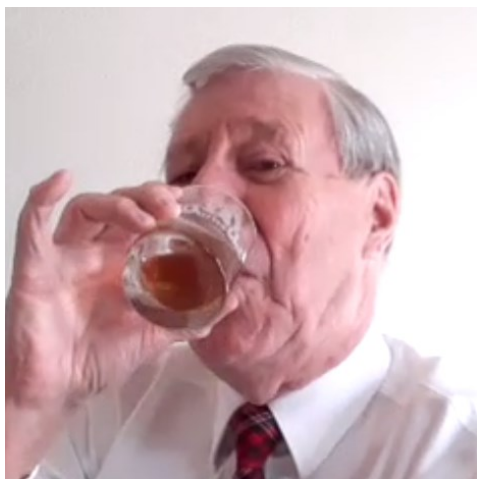
Then let us pray that come it may,  
(As come it will for a' that,)  
That Sense and Worth, o'er a' the earth,  
Shall bear the gree, an' a' that.

The time will come when society's senses of equality and fairness shall prevail.

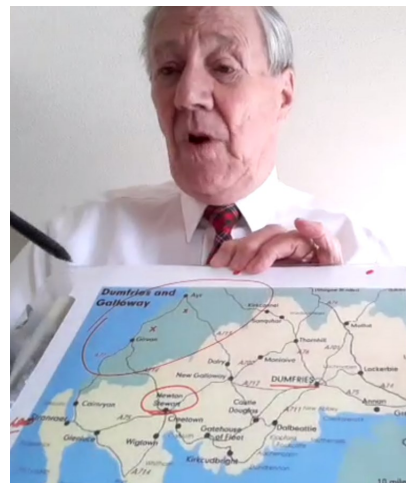
For a' that, an' a' that,  
It's coming yet for a' that,  
That Man to Man, the world o'er,  
Shall brothers be for a' that.

The time will come when we ALL can accept and respect each other's opinions no matter where we live, which culture we belong to or differences which may separate us socially, politically, ethnically or financially, and collectively make a difference to this world.

This from a man who lived in the late 18th century. You can now judge for yourself if Robert Burns could pass the Four Way Test. Please join me in a toast to the Immortal Memory of Robert Burns.



**Sandy Dougall:** The Stampede team would be serving the haggis right now if we were at Rotary House! And here I am; the entertainment! Sandy shared a few lovely stories of him growing up in Scotland, demonstrating on a map and showing us where he lived. We were all surprised to learn that Sandy sings and dances! Sandy and many other Scottish Rotarians have a friendship history that goes back many years. Unfortunately Sandy had some technical difficulties out of his control but he did stay on at the end and sang to us all which was entertaining and appreciated. Nice work Sandy!





Burns Day Celebration wrap up from Editor Luanne Whitmarsh and Kathyann Reginato:

There was not a live piper this year but what a fun program Jim Hutchens, Sandy Dougall and Maureen Hutchens developed! There was a lot of historical stories and worldly advice for us all. The tradition lives long with helping us to know the historical value of Robbie Burns Day! There was even haggis (unfortunately we can't pass this around on Zoom). If you were fortunate to stay behind after the meeting you were able to hear Sandy sing Bonnie Jean and the Hutchens' sang a few verses of Annie's Song by John Denver it sure made you miss live music. Who knew Sandy could sing? ☺

### I'll Go Home with Bonnie Jean

I used to be a rovin' lad.

A rovin' an' wanderin' life I had.

On any lass I'd frown, who would try to tie me down.

But then one day, I saw a maid,

Who held out her hand, an' I stayed an' stayed.

An' now across the green, I'll go home with Bonnie Jean.

Go home, go home, go home with Bonnie Jean!

Here is the meeting link for what couldn't be captured here: <https://youtu.be/fcYiZYX8oI4>

**President Penny:** What an afternoon, Thank Jim and Maureen, Sandy and thanks to Ernie and the committee for getting us excited about golf...

Next week, Dr. Ted Morton is our speaker. With Dr. Morton's extensive public service and experience, I am sure he will interesting insights and perspectives to share with us.

Now, before we close, Ken, I want to tell a story about when you were District Governor. Are you nervous? Anyways, most of you will know, but for the newer members, Ken Copithorne served as a District Governor for Rotary in 2005.

While Ken was District Governor, a fellow District Governor from Scotland came to visit the area. Ken was born and raised in this region, and he is very proud of his heritage. He thought the District Governor from Scotland should have an opportunity to visit a western Canadian ranch.

Ken invited the Scottish Rotarian out by saying, you know, my family has ranched in the Foothills of Alberta since before Alberta was a province. I would love to show you some of the prettiest country in the world.

Of course, Ken is very impressive to meet, and the District Governor from Scotland could see this was a unique opportunity, and after all, he was sporting a new white cowboy hat that he had been presented with on his arrival, so he said, "I would be absolutely delighted. It would be an honour and a privilege"

So, they made arrangements, and the next day, they started the tour. Ken said to the Scottish fellow. "You know my family's holdings are very extensive. I could drive all day and never get to the end of our property." The Scottish Rotarian thought about what Ken said, and he said, "I had a car like that once, too."

Love you, Ken, and thanks for all you have done and continue to do for Rotary.

Have a great week everyone. Fabulous meeting! Have some fun!!!

**Don Mintz** shared a great joke that you must hear on the recording (it is one that had everyone roaring!)







Riverbend Atrium One  
Suite 120, 200 Rivercrest Drive SE  
Calgary, Alberta T2C 2X5

## Supreme Windows Amateur Charity Golf Classic Golf

# 174 DAYS TO GO

2021 has finally arrived & things are looking up. With the development and distribution of a vaccine underway, we can see the light at the end of the tunnel. Hope is in the air!

The Supreme Windows Amateur Golf Classic is only 174 days away. The Tournament Team is planning a 20<sup>th</sup> Anniversary Celebration of our success over the years and making sure this year's event is one to remember. As always the tournament promises a great day of golf at the beautiful Cottonwood Golf & Country Club and

a fun day while supporting a great cause. Tee-off is at 9:00 am and the day will start with a delicious breakfast and a shotgun golf start, The Peloton Million Dollar Hole in One Competition at 2:00 pm, a 50/50 draw, and a banquet and a fabulous live auction to finish out the day. Stay tuned for updates as the day and Celebration details develop.

### New this year:

- Updated Website [www.stayinschool.ca](http://www.stayinschool.ca)
- Online Registration
- Online Auction in addition to Event Live Auction

### Sponsorship

Becoming a sponsor provides you with a fantastic opportunity to promote your business to the 144+ golfers who attend the tournament, to the Volunteers, Rotarians and beyond through our website and this year's Online Auction. Your company will receive additional promotional benefits as you are recognized as a sponsor in all our pre and post-tournament advertising. You can promote your business while giving back to the community through this very worthwhile cause. Bronze level and higher will be recognized in newspaper thank-you ads after the tournament. Remember, your support could completely change the outcome for a young person. As part of the sponsorship package, you will receive complimentary registration(s) based on the level of sponsorship. Contact: Brett Albers: [Brett.Albers@nbpcc.com](mailto:Brett.Albers@nbpcc.com)

### Register to Play

The registration fee for individual golfers is \$400. Foursomes are \$1,600. Golfing fees include green fees, cart rentals, breakfast and banquet dinner, Live auction and more:

### A Chance to Compete in our unique Million Dollar Hole in One Competition Hole in One Prizes

**Team Prizes:** 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup> place teams

**Proximity, Skill, Hole Prizes:** such as Men's Long Drive, Women's Long Drive, Longest Putt, Closest to the Pin, Ball in Sand

### Donate

**Do you want to support the tournament but can't come?** Consider making a donation and receive a charitable tax receipt. Donations of items that will appeal to our golfers in our auction or as golf prizes (groups of four) are also appreciated.

To donate items for on-line and Live auction Contact: Janet Matthews: [janrickmatthews@gmail.com](mailto:janrickmatthews@gmail.com)

**We are again extremely fortunate to have our Title Sponsor Supreme Windows once again lending their support to our charity golf tournament.**

*Supreme Windows has been the Title Sponsor of the Stay in School Golf Tournament for 20 years. In that time we have seen young, excited, fresh faced Grade six students inducted into the scholarship program and proudly watched as they graduated from high school, went on to enter and finish their post-secondary education of choice and then successfully begin their careers as contributing, confident members of our community. The program truly is about changing lives and fulfilling dreams. As a corporate sponsor of this amazing event, I can't think of a better way to support the community in which we live work and play. I challenge everyone to achieving the goal of raising \$200,000 in this year's tournament in support of our kids".*

Anne McKenna, Supreme Windows



Hello Rotarians!



the University of Calgary Rotaract Club is hosting a Pitch Night event via Zoom on Friday February 26 from 6-7pm.

Presenters will give a short (5 minute) presentation on the organization / charity that they are passionate about.

The audience members will choose their favourite, and the first prize winner will receive a monetary prize to be given as a donation for the organization/charity that they presented on.

Your Club has sponsored this and we want as many Rotarians to attend as possible! If you would like to attend, please fill out this short Google form:

[https://docs.google.com/forms/d/e/1FAIpQLScMjjo\\_VFQDOeqcyjWD6CleUfABFOhWgNhANNBTgrpzvIFPAow/viewform](https://docs.google.com/forms/d/e/1FAIpQLScMjjo_VFQDOeqcyjWD6CleUfABFOhWgNhANNBTgrpzvIFPAow/viewform)

If you have any questions about our event, please do not hesitate to ask me

Best,  
Danny Vera, UCalgary Rotaract co-president  
E: [oscar.vera@ucalgary.ca](mailto:oscar.vera@ucalgary.ca) T: (403) 701-7918



Submitted by Dorothea Schaab

*There is an opportunity to volunteer for an emergency shift on Tuesday, February 9<sup>th</sup> covering for an organization that cancelled their shift.*

*Please contact either **Jim Hutchens**: [jmh\\_calgary@hotmail.com](mailto:jmh_calgary@hotmail.com) or **Bill Lawless** of Calgary West at: [lawless1947@gmail.com](mailto:lawless1947@gmail.com)*

On Tuesday January 26<sup>th</sup>, I had the opportunity to volunteer with 19 Rotarians from 5 clubs at the northeast warehouse of Community Kitchens of Calgary (CKC). Our task was to box produce (fruits and vegetables) into 3 sizes of boxes. It was a slower day as we only boxed 425 boxes which is lower than their recent average of 750 boxes.

This is the **Good Food Box Program** and it is the only CKC program requiring volunteers. It is the only program for which CKC makes purchases of fresh produce which are then made available in three sizes of boxes (Large: 40 to 45 lbs for \$35; Medium: 30 to 35 lbs for \$30; and Small: 25 to 30 lbs for \$25). The boxes are sold to clients at a discount of around 50% off retail prices. These boxes are distributed to about 150 depots around Calgary and area (as far as Claresholm, Cochrane, Chestermere). Clients pick up their pre-ordered and prepaid boxes. A depot could be a church, community center, a social agency or, in some cases, a private home. One box is expected to be a month's supply of produce. CKC expects to deliver over 30,000 boxes in 2021.

Other programs offered by Community Kitchens of Calgary are the original **Community Kitchens program** started in 1989 which was designed to teach groups how to realize better results of cooking from a limited budget.

With the **Spinz -A-Round program** more than 70 agencies, churches and community centers are involved. Each organization pays \$100/year to be able to access the donated food products that Community Kitchens receives. **Tummy Tamers** is a program that provides children during the summer months a hot meal which is delivered to playgrounds and summer camps around Calgary. The **Souper Stars Program** is a youth program also. Classes are delivered by the Community Kitchens Youth Programs facilitators to grade four and five students in designated schools.

Since 1989, CKC has become one of the largest organizations to provide solutions to Food Security issues in Calgary with an estimated 280,000 individuals reached in 2020.

**As you can see from the photos the Volunteers were well distanced on the assembly line to meet COVID distancing requirements and the packed boxes are the fruits of our labour which were ready for distribution.**





SUBMITTED BY BRYAN WALTON



# Rotary

## District 5080



### Peacebuilding Conference

### Today for Tomorrow

06 February 2021, 09:00—12:00 (Pacific)

Via ZOOM

### Objectives and Agenda

- ♦ Open a conversation about the 8 Pillars of Positive Peace.
- ♦ Define steps to transform D5080 Clubs into Action-Oriented Peacebuilding Clubs.
- ♦ Set the stage to transform D5080 into a Peacebuilding District.



#### OPENING KEYNOTE

Patricia Shafer  
Executive Director,  
NewGen Peacebuilders,  
Rotary Peace Activator

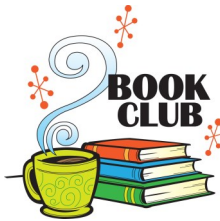


#### CLOSING KEYNOTE

Al Jubitz  
Co-Founder, Rotary  
Action Group for Peace



Register for the Conference at <https://tinyurl.com/D5080Peacebuilding>



### Rotary Partner's Book Club Zoom Meeting

Our next Zoom meeting will be on **February 8<sup>th</sup>**. We will be Zooming at 9:30 am. Please email Maureen Hutchens at: [m.hutch@hotmail.com](mailto:m.hutch@hotmail.com) by February 6<sup>th</sup> and she will send out the link to invite you. Please be ready to share a book or two with us. We miss you and hope you are staying safe.

Submitted by: Jane Topp and Maureen Hutchens

### DONATION PRESENTED TO VETERANS FOOD BANK

The Veterans Food Bank of Calgary is a service provided by Calgary Veterans Service Society to serve food security and other resource needs of veterans from Calgary and the surrounding area.

Karen Grant and myself met with Donna Boechier, the Operations Manager and presented her with \$1,600. in donations collected from the Rotary Partners. She was sincerely thankful for the donations and stated it would be put to good use. Donna gave us a comprehensive tour of the facility. All of those who work there including Donna and Allan Reid, the President, are volunteers.



The food bank itself is equipped with two full stocked lanes of groceries presented like a grocery store; as well as a huge cooler for fresh produce, a walk-in freezer for meats and freezers for breads and pastries. Veterans are not given "hampers" but are allowed to shop for their 10-14 day supply of groceries therefore giving them the ability to choose what they prefer to eat. If for some reason they are unable to come to the facility, they can call in with a grocery list and it will be filled and delivered to them by a volunteer. Nothing goes to waste as products that are not being consumed are forwarded to the Community Kitchen and Mustard Seed for their use.



There is a kitchen, donated by IKEA, which will be used to give cooking classes when COVID is over. Also, a washer and dryer are provided for those who need the use of one. There is a therapy room and services of a therapist to help with PTSD issues. An 80-acre parcel of land, Veterans Ranch, has been acquired where the veterans can go and get back to nature. Cabins are being built and camping is free of charge for the veterans and supporters.

Donations of food, small appliances such as coffee makers, toaster ovens and crockpots, men's underwear (XL, L, M, S) as well as paper towels, garbage bags, laundry and dish soap, body washes, shampoo and conditioners are always needed.

There is also a need of volunteers for either sorting of groceries or sanitizing so if you are interested please call Donna at 403-277-8387 or visit the facility at #1, 4619 - 6<sup>th</sup> Street NE.

Submitted by Rhonda Yaskowich



## January Baby Fun Facts

**January Babies Have a Fiery Birthstone:** While their birth month is all things snow and ice, January babies' birthstone, the garnet, is a deep, fiery red. This stone is said to symbolize friendship and trust (two traits that hopefully your baby will inherit, too!).

**January Babies' Horoscope Sign Is Capricorn or Aquarius** If your baby is born before January 20th they'll be a Capricorn, a sign thought to be hard-working, ambitious, and practical. January babies who make their debut January 20<sup>th</sup> or later will fall under Aquarius, a sign believed to be intelligent, quirky, and independent.

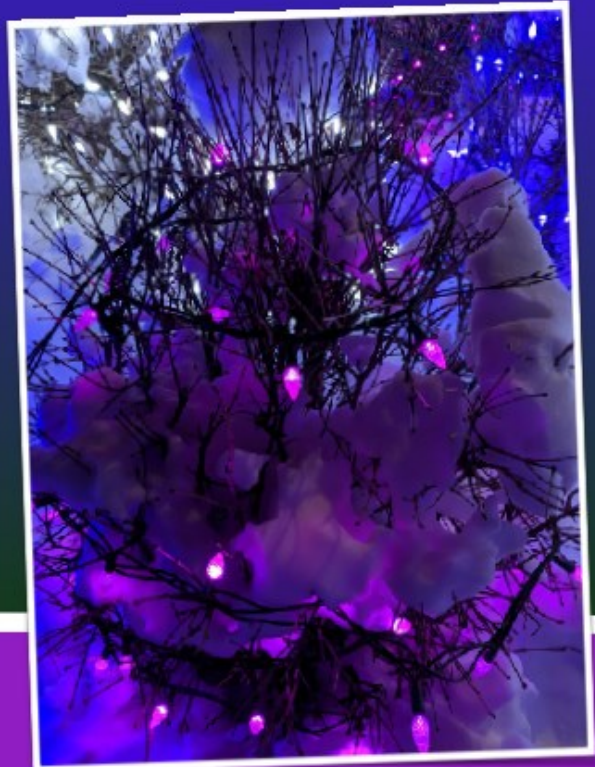
**January Babies Are Pretty Chill:** The weather of their birth month isn't the only thing that's cool! Babies born in winter months are less irritable than people born in other seasons, according to [a European study](#).

## Happy Birthday !

Don Whalen (spouse of Dana Hunter)	Jan 2
John Fellows	Jan 4
Penny Leckie	Jan 4
Bryan Walton	Jan 7
Tom Jezersek	Jan 9
Dilan Perera	Jan 16
Christine Martin	Jan 23
Imma Dike-Shittu	Jan 24
Sherry Austin	Jan 30
Clive Pringle	Jan 30

*"While the snow came quickly,  
so did the beauty"*

*Photo taken by Corinne at Calgary Zoolights*



## Happy January Birthdays

### NEXT WEEK'S MEETING

Feb 4th Dr. Ted Morton



Feb 11th Annual Valentines Day Luncheon with Partners

Feb 18th Legacy Project Update: Stampede Foundation

Feb 22nd RCCSP Board Meeting: 5:30 pm

Feb 25th Rotary Profiles: Hugh Delaney

Mar 4th International Women's Day:  
Leela Aheer, Minister of Culture & Status of Women

Mar 11th St. Patrick's Day Celebration

Mar 18th Sue Ozdemir, CEO: Exro Technologies

Mar 25th TBA

Apr 1st Virgil Lowe: Telus Agriculture

Apr 8th TBA

Apr 15th Large Grants Presentation

Apr 22nd TBA

Apr 29th Rotary Profile: Jim Burns

May 6th

May 13th



### WEEKLY ZOOM MEETINGS

- A link will be sent out every Monday or Tuesday
- There is a reminder an hour before the meeting
- Save the link and join us at 11:45 am On THURSDAYS
- Please don't request the link after 11:45 am as the meeting is already in progress
- This meeting is recorded
- If anyone would like to join but struggles with Zoom please either help them or reach out to the Tech Committee or Kathyann for assistance

**President**  
**President-Elect**  
**Past President**  
**Club Secretary**  
**Treasurer**  
**Partners President**  
**Club Service Operations**  
**Club Service Membership and Social**  
**Club Service Ways & Means**  
**Community Service Local**  
**Community Service: Ways and Means**  
**International and Vocational Service**  
**Youth Service**

**Penny Leckie**  
**Craig Stokke**  
**Chas Filipski**  
**Larry Stein**  
**Don Mintz**  
**Denise MacLeod**  
**Gena Rotstein**  
**Tony Fisher**  
**Ted Stack**  
**Jamie Moorhouse**  
**Mark Ambrose**  
**Mike Ruttan**  
**Wendy Giuffre**