



## INSIDE THIS BULLETIN

1. PABLO'S YEAR IN REVIEW
2. PABLO'S YEAR IN REVIEW
3. CLUB NEWS
4. CLUB NEWS
5. CLUB NEWS
6. SLAM POETRY
7. 2017 SMALL GRANTS CHARITY DAY
8. 2017 DREAM HOME KICKOFF
9. 2017 CASINO AND ROTARACT
10. ROTARY MATTAMY GREENWAY
10. PRESIDENT'S HOEDOWN PICS
11. PRESIDENT'S HOEDOWN PICS
12. PRESIDENT'S HOEDOWN PICS
13. PRESIDENT'S HOEDOWN PICS
14. RCCS CALENDAR & PARTNERS NEWS
15. CLUBRUNNER APP & WEBSITE INFO

**BULLETIN CHAIR: BEV OSTERMANN**

**EDITOR: SANDY DOUGALL**

**PHOTOGRAPHER: PAUL BRICK**

### **Rotary Club of Calgary South**

Riverbend Atrium One  
Suite 120, 200 Rivercrest Drive SE  
Calgary AB T2C 2X5

**Please remember to provide this address to  
anyone you deal with on behalf of RCCS**



Our Guest Speaker today was **Pablo Ruiz Beltri**.

Pablo, our exchange student from Spain was introduced by **Ron Prokosch**. Ron, resplendent in his red blazer, said how fortunate we have been to have had an exchange student who embodies all that an exchange student can be. At school, at the club and at the District level he has engaged, and represented himself, his country and Rotary in an enthusiastic and exemplary manner.

Wherever and whenever he had a chance to try something new he was always first to say "Yes". Perhaps the only difficulty he had was managing his double and even triple booked calendar.

Ron took this opportunity to thank the club for its continued support of the Youth Exchange Program and a special thanks to all the hosts and those who have taken him to events and activities around the Province.

Pablo started his slide presentation ...."My Year in Canada" with a big **THANK YOU**.

How do you cover an amazing year in 20minutes!!



- \*First of all a thank you to his counsellor **Chas Filipski**
- \*First trip to Montana.... Shy... quiet .... Problems speaking in public!
- \*Discovered Football, not Soccer, at St Mary's. Made the team.
- \*Worried about finishing in Hospital!
- \*Through hard work and practice they were City Champions
- \*Calgary Buildings are impressive
- \*So is the Mountain Landscape
- \*The streets are all on the square and easy to find your way once you know that we have a 6<sup>th</sup> Street East and 6<sup>th</sup> Street West!
- \*Thanksgiving in Edmonton
- \*Halloween costumes and Pumpkins
- \*Snow and cold
- \*Something is different when the Pizza man delivers in a car and not on a motor bike!
- \*St Mary's is a great School with lots of support for all students.
- \*Curling!

- \*Discovered Snowboarding
- \*Went to Kimberly.... More snowboarding
- \*Even tried his hand at target shooting
- \*More snowboarding
- \*Ice sculptures at Lake Louise
- \*Trip to San Diego and Mexico to build houses
- \*More snowboarding
- \*Attended Conferences
- \*Tried out as a High Jumper and for the Shotput
- \*Wakeboarding at Buffalo Lake.
- \*And Graduated two days ago.



Pablo is proud of his achievements and motivated to continue to University. Once again a big thank you to this club and all in Rotary for this great lifetime experience.

**Chas Filipski** thanked Pablo for his presentation ..... he really has come out of his shell. He is a true representation of what this is all about and thanked everyone for their help. A special thanks to **Ron Prokosch** for everything he does for the program.

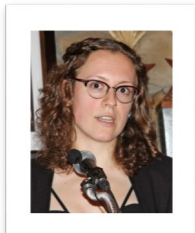
**President Ken** echoed the comments by Chas. Pablo "You are a credit to the program" and we all wish you well for the balance of your time here in Calgary. You are welcome back anytime.



**President Ken** opened the meeting...only 4 to go.... calling on Lisa Fernandes, oops **Glen Potter** who led us in O Canada and Rotary Grace.

**Head Table: Ron Prokosch** (President Elect), **Pablo Ruiz** (Our Speaker and Exchange Student), **Bryan Walton**, **Charlie Gouldsbrough** and **Bill LeClair** (upcoming President)

**Guests: Neil Fraser:** Sarah Kahn, Valeria Aya Cristancho, Allyxjandria Edmonds, Karla Tejada Iglesias, John Rawlek, Katie Yoner, Sophia Aya Cristancho, Natalie matsui, Tyler Hayden, Fraser Clarke, Chad Hason, Susan Brick, Bob McKendrick, Darren Marshall, Evangelina, Lucas Rasmussen and Pablo Ruiz.



**Rotaract: Sarah Khan:** brought us up to date on what they were doing. She reminded us of the Rotaract's Annual Midsummer Soiree, James Bond Edition on June 10<sup>th</sup> at Hillhurst Sunnyside Hall. Is only \$35.00 with proceeds to their School project in Honduras. See Page >>> of the Bulletin to Register.

**President's Hoedown:** **President Ken** thanked the Social Committee for the great Presidents Hoe Down last Friday. Great meal by **Michael Zacharki** and team and thanks to **Past President Murray Flegel** and **"THE FOG"** for the music. President Ken mentioned that they played until past eleven when 90 years young **George Adam** arrived with Lois for a dance. See Bulletin for Pictures

**Murray Flegel** tore a strip, oops red stripe off of **Sid Smith**

**Paul Harris Pins: Bryan Walton** standing in for **Jack Thompson** presented Paul Harris Pins to **Sherry Austin** with number 7 and **Phil Jackson** with number 6.



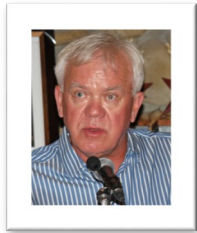
**Dream Home Moment: Charlie Gouldsbrough** standing in for **Craig Stokke**

He acknowledged Shellie Marshal's brother Darren, a guest today, and a long time ticket printer volunteer at the event.

Thanks to all who have filled 8 shifts. **We still have a few Sellers and Printers required along with Sales Managers.**

Contact [shifts@rotarycs.org](mailto:shifts@rotarycs.org) if you need any help to sign up.

Only 5 weeks until Sneak a Peak!

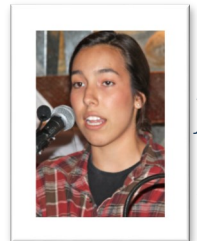


**Casinos:** Harry Pelton is looking after the June 12<sup>th</sup> and 13<sup>th</sup> Casino at Cowboys. He still has a few of the fun shifts available late at night. They have to be filled so if you can help out contact Harry.

**Rotary Mattamy Greenway:** Sherry Austin left info on the table for the Rotary Mattamy Greenway. It is the kickoff for the Greenway 150 Summer Challenge and you are urged to participate..... Walk roll, run the pathway this summer and enter the event. See Bulletin for more info

**St. Mary's Partnership:** Dorothea Schaab then took over to recognize our involvement in the St. Mary's School Partnership. It was a special meeting to celebrate all our involvement with Youth Programs with Sarah representing Rotaract, Pablo Ruiz and Lucas Rasmussen our International Exchange Students and the School Partnership representing speech and debate.

In the past we held a 4-Way Test Speech but the rules have changed and it has become an Audio Visual presentation along with readings of Slam Poetry and prose. Don't know what Slam Poetry is.....Dorothea found out for us.....



*"Slam Poetry was one of the most vital and energetic movements in poetry during the 1990's. It has revitalized interest in poetry in performance. This generation of spoken word poetry is often highly politicalized, drawing on racial, economic, and gender injustices as well as current events for subject matter. The work is judged as much on the manner and enthusiasm of its performance as its content or style, and many slam poems are not intended to be read silently from the page."*

We heard Sophia Aya Cristancho present her Slam Poem which is listed on Page 6 of the Bulletin.

In 2014 Karla Iglesias went to Germany on an Exchange from Chinook Club. She used this experience to develop her audio visual skills and take a look at the 4 Way Test Visually. Good presentation.

**Dorothea Schaab** thanked **Terry Allen, Stacy Johnson and Jamie Moorhouse** for judging the audio visual entries.

**President Ken** presented the following awards

- 4<sup>th</sup> Place \$50 to John Rawlek who used Slam Poetry and the 4 Way Test to find perspective on the Palm Sunday bombing of two Coptic churches.
- 3<sup>rd</sup> place \$100 to Allyxjandria Edmonds who used the 4 way test to challenge today's fashion industry to represent all people in designing clothes.
- 2<sup>nd</sup> place \$150 to Veleria Aya Cristancho, a Slam Poem opening the discussion on Suicide.
- 1<sup>st</sup> place \$200 to Karla Iglesias who will travel to Ottawa to start her role as a Parliamentary Page and study at U of Ottawa.

**We thanked the teachers from St Mary's, Natalie Mutsui and Tylar Hayden and presented a cheque for \$350 to continue the program.**





**Dorothea** introduced **Katie Yoner** who represented St Mary's at a National Speech competition in Winnipeg. She placed first in Interpretive Prose and 12<sup>th</sup> overall.

Time did not permit us to hear her speech but she gave us a short presentation on the importance of Speech. Her involvement in the Speech Club has inspired her to follow a career in Law and this year she was School Valedictorian. She thanked Rotary for supporting the Speech Club as we all know that Public Speaking does matter.

As she did not receive any funding to attend the Nationals we presented her with a cheque for \$150.00

President Ken thanked all the students and also Dorothea for coordinating this worthwhile program. He also reminded us of our involvement in RYLA and that we had assisted 7 students to attend camp.

**Jim Fitzowich** was the Sergeant and due to the lack of time he zeroed in on all those who have not supported Shelter Box recently. They have an event this weekend that is sold out!

**Michael Zacharki** looked after the 50/50 and we were all thrilled to see Pablo win \$145.00

The meeting ended on time with President Ken with the entire Board gathering for a group Photo outside the Building.



## Dream Home shifts need to be filled

- ⇒ Selling, printing and Sales Manager shifts are still available
- ⇒ Rotarians, Partners and friends are always our best volunteers so we'd love to fill the booths with as many of those volunteers as possible.
- ⇒ There is still a small number of Rotarians who have yet to book any shifts or meet their commitment to the club.

The earlier we can fill the shifts the sooner we can get gate passes distributed

If you require assistance booking shifts please email us by just clicking  
this link: [shifts@rotarycs.org](mailto:shifts@rotarycs.org)

Thanks for your tremendous support!!!

The Dream Home Committee

### The Reason I Push You Away

the reason I push you away is because I'm tired. Hell; I'm exhausted

I'd like to go ahead, Before speaking, say that It's not about sleeping it off, that a headboard and bedspread won't solve the homestead that is entirety of the over empowering fatigue that's been shadowing over me lately.  
And before interpreting it as the seven to nine hours that I am or should be getting,

Or of the sudden splitting in my shuteye because of offsetting place settings I can sometimes dream myself inside of. Or of the shoved thoughts I don't get to think of in the day that come back to hijack my "hitting the sack" at night, it's not an exhaustion I can just sleep off.

It's not about those late nights when I can't sleep and I begin to feel as if every second elongates the way when I take the gum I chew from my mouth and stretch it in my hands it's surface area becomes triple the length it once was. no  
It's a tiredness of a lackadaisical girl who can't seem to catch up to the days that keep passing by her.

Like in a hallway after that first bell goes. Those few minutes of going from math ratios to composing an la prose. Or from wearing lab coats to taking social notes. People going from point A to E, from D to C and F to G everyone getting places but not as organized as it would be if they went alphabetically. Students becoming pillars, columns, rows Of cluster. Everything and anything goes on but in reality. Nothing really happens.

And the Days keep passing me

I do this thing where I make a mental list in my head of the good things that have happen to me on days when I'm sad but I have nothing to add lately because everything is the same

Everything is the same

For instance,

I'll always be tempted to start my essays with "According to Webster's dictionary"

only to not carry through because who starts their essays with "According to Webster's dictionary.." anyway ?

And I'll always lose everything

My books

My pens, my papers

Oh and Don't forget to add, My shin pads and mouth guard,

I lose my phone so often that I've stopped looking for it when I've misplaced her. By the end of the day I'll infer she'll be behind a book stack in my backpack or patiently waiting for me to double check the wreck I call my locker...

I'm a forgetful person

I'm the kind of forgetful person who forgets to check her mental checklist on the things she needed to remember not to forget.

I'm the kind of forgetful that seriously googled "why do I keep forgetting things" only to find headlines on early onset Alzheimer's.

I am only a guest in this desk where people have and will continue to do their best on an identical 1992 test his aunt wrote years ago.

It wasn't curiosity that killed the cat. It was the overstimulation of explosive distractions of a 21st century polluted with empty colors and meaningless rubber.

And with every familiar person I see my dark circles worsen.

I feel as though everyday is like I'm watching the same episode of a show over and over, there's no roller coaster or thrill exposure. Just a safe, foreseeable day at a time.

I'm also the kind of forgetful to forget that people can be surprising.

You are surprising. And the reason I push you away is because what if your freshness regrettably becomes stale.

And I find an algorithm to your spontaneity and you somehow become predictable. And instead of being new and shiny and something to ogle at. All you are is dull.

I'm sorry I push you away—But I'm not sorry you push back.



***ROTARY CLUB OF CALGARY  
SOUTH  
SMALL GRANTS CHARITY DAY  
JUNE 15TH AT 11:30 AM  
CARRIAGE HOUSE INN***



**Please join us for our Regular Club Meeting on June 15th 2017 at the Carriage House Inn at 11:30 to 1:30 pm to celebrate the Charities that we offered Small Grants to**



**Please click this link to Register yourself and your Partner**

<https://www.crsadmin.com/EventPortal/Registrations/PublicFill/EventPublicFill.aspx?evtid=a72c50f2-4d8d-4b0e-96c4-942fef7b6c67>

**The cost is \$25.00 per person and the Menu is listed below:**

- \* Freshly Baked Rolls & Creamery Butter
- \* Mixed Spring Greens tossed with Honey Roasted Tomatoes, Shaved Almonds and Cracked Black Pepper Vinaigrette
- \* Braised Chicken Breast in a Tawny Port Wine Served with Cavatappi Pasta Tossed with Roasted Root Vegetables and Sautéed Garlic Broccoli Rabe
- \* Dark Chocolate Ganache Torte with Raspberry Marmalade, Crunchy Chocolate Pearls and Vanilla Crème Anglais Drizzle

*Join us for a toe-tappin, knee-slappin' doggone good time!*



Rotary Club of Calgary South

invites Rotarians, partners and volunteers to our annual

# Stampede Dream Home



# KICK-OFF!

Join us for a lunch-hour of traditional Stampede Yee-Haw!  
Food, fun and the famous Calgary Stampede Band.  
Meet Stampede Royalty and enjoy our Stampede photo booth!

---

**Thursday, July 6, 2017 11:00am-1:30pm**  
**Ranchman's Cookhouse & Dancehall Event Tent**  
**9615 Macleod Trail S.**

---

**PARKING:** Acadia Recreational Center overflow-Shuttles to event  
Rotarians: \$40, Rotary Volunteers: Be Our Guest

**ONLINE REGISTRATION WILL OPEN SOON.**



## CASINO

Approx. every 18 months we have a **Casino** that raises \$60,000 to \$80,000 for our club for 2 days work. 50 Shifts are required.

We make over \$1,000 per shift. **A great return for a few hours work.**

Our upcoming Casino is on **MONDAY JUNE 12 AND TUESDAY JUNE 13.**

I still need to fill approx. 6 shifts in the evening 7:30 pm to 3:00 am in the morning.

I also need spares to help out if someone cannot make it.

Please contact Harry Pelton at: [harryrpelton@gmail.com](mailto:harryrpelton@gmail.com) or: 403 585 2625.

Rotaract needs Rotarian support to make this event a success and we would love to get to know you all better by meeting you in a less formal setting than a Rotary meeting. I think there is great potential for us Rotaractors to learn from Rotarians but we need to make that connection first!

The event is sure to be lots of fun and a great opportunity to do just that! It's James Bond themed (dress as your favorite James Bond character and be ready to complete a secret mission and some fun games if you choose to). We will have some great live music there, delicious appetizers, cool drinks, a silent auction, and some awesome prizes! We hope to close ticket sales by June 3rd



HER MAJESTY'S SECRET SERVICE  
INVITES YOU TO

**ROTARACT'S ANNUAL MIDSUMMER  
SOIREE**

ON SATURDAY JUNE 10, 2017 FROM  
7 PM - 10 PM AT HILLHURST  
SUNNYSIDE COMMUNITY  
ASSOCIATION (1320 5 AVE NW)

General Admission: \$35/ Person  
Search "Rotaract's Annual  
Midsummer Soiree" on  
[www.eventbrite.ca](http://www.eventbrite.ca)  
Ticket Sales Close June 3, 2017

THIS IS YOUR MISSION IF YOU CHOOSE  
TO ACCEPT IT

## Travel the world's largest urban pathway system for the Summer Challenge

By Anna Junker

Want to take in the beauty of Calgary, visit all four quadrants of the city and win prizes while you're doing it?

**Parks Foundation Calgary** has launched Summer Challenge, an event in celebration of Canada 150. They are challenging Calgarians to walk, run, cycle or in-line skate 150 kilometres using the **Rotary/Mattamy Greenway**.

The Greenway is a 138 km network of paths and bikeways that circles the entire city. The greenway can be used year-round and is expected to be fully completed by the end of 2017.

Areas of the city still under construction include the path joining the northwest and northeast quadrants. There is also a wetland area in the southeast which will be completed in the winter when the water is frozen over.

The Greenway directly connects 55 communities around the city and connects to almost 1,000 kilometres of Calgary's existing pathways. It also links parks, natural areas, green spaces, river valleys and other amenities. It can be used to commute to work or for recreational activities.

"Many residents are unaware that Calgary boasts the longest urban pathway and park system in the world," said Sheila Taylor, executive director of Parks Foundation Calgary in a press release.

The Summer Challenge kicks off June 25 and runs through to August 28. People can register for free through Facebook or [greenway150.com](http://greenway150.com) as individuals or a team where they can add up everyone's kilometres throughout the summer.

For those with four-legged friends, their kilometres can be added to yours.

The entire pathway does not have to be completed, just enough to reach 150 km which encourages people to get out and explore other areas of the city.

Anyone participating can share their journey on social media, tagging Parks Foundation Calgary and using the hashtags #MyGreenway and #Greenway 150 where they will be eligible to win weekly prizes.

Parks Foundation Calgary will also be using social media and online tools to inform people about the progress, areas to avoid, detours and suggested routes while the pathway is still under construction.

Interactive maps are available to download at [greenway150.com](http://greenway150.com) and the Greenway is highlighted on the City of Calgary pathways and bikes app.

Summer Challenge medals and certificates will be awarded on Sept. 2 at four simultaneous events in each quadrant of the city.





















## JUNE 2017

# June 8 Stampede Board Foundation

**Jun 12/13 Casino at Cowboys (Contact Harry Pelton to volunteer)**

**June 15 Charity Day: Carriage House Inn: please register ASAP**

**June 15 Partners June Dinner and AGM**

**June 22 Rotary Profile: Ted Rowsell**

**June 29 Changing of the Guard and WCS/Large Grants Presentation**

## JULY 2017

**July 6 Dream Home Kick off: Ranchman's DanceHall and Cookhouse**

**July 13 No Meeting: Dream Home Operations**

**July 20 Michelle Gallant: Calgary Fringe Festival**

**July 27 No Meeting: Stay In School Golf Tournament**

## AUGUST 2017

**Aug 3 President Bill LeClair: Inaugural Address**

**Aug 10 TBA**

**Aug 13 Old Fashioned Country Picnic**

**Aug 17 TBA**

**Aug 24 Mount Royal University Library Tour**

**Aug 31 TBA**

## SEPTEMBER 2017

**Sept 2 Rotary Mattamy Greenway Celebration**

**Sept 7 TBA**

**Sept 14 TBA**

**Sept 21 TBA**

**Sept 22-24 Waterton Peace Park Assembly**

**Sept 28 TBA**



## HEALTH, WELLNESS & TRANSPORTATION



Contact Hugh Delaney at (403) 819 4872 or: [hughdelaney02@gmail.com](mailto:hughdelaney02@gmail.com)  
if you know of anyone that is not well or could use a visit

Contact Bonar Irving at [bon-ar@shaw.ca](mailto:bon-ar@shaw.ca) or 403 254 8476 if you know of anyone that may need a ride

*Calgary South Rotary Partners'  
June Dinner + Annual General Meeting*

June 15 at 5:00 pm  
Calgary Golf & Country Club  
Tickets \$50 (Guests Welcome)

RSVP by June 8 to  
Pat Cuthbert (403.252.0156 or  
[bill.cuthbert@shaw.ca](mailto:bill.cuthbert@shaw.ca))

Please send cheques payable to  
'Calgary South Rotary Partners'  
Donna Kennedy  
37 Mahogany Manor SE  
Calgary, AB T3M 0Y3

Do you require a ride?  
Please contact Karen Grant  
(403.239.8987)





The ClubRunner Mobile App is a must have for all members who clubs are subscribers to ClubRunner.

View and search your member directory and executives/directors. Access contact information, click to call, email or get directions, and add to your own personal contacts.

Even view the latest feed of stories from your story list and read about upcoming events and speakers and keep track of your attendance statistics.

Stay connected with your club, even on the go.

## What's New in Version 2.3

### Here is what's new:

- View your meeting day, time and venue complete with a Google map for directions through the new Club Info Page.

- Introducing My Attendance!

Keep track of your attendance statistics and banked makeups.

To download the app from the Apple App Store or from Google Play, simply type in 'ClubRunner' in the search bar. Our mobile app is compatible with all versions of the iPhone, iPad and iPod Touch sets that have iOS 8.0 or later and with versions of Android that are 4.0.3 or better.

## How to Contact Us

Administrator: Kathyann Reginato  
Rotary Club of Calgary South  
Suite 120, 200 Rivercrest Drive SE  
Calgary AB T2C 2V5  
(403) 244-9788

[kathyann@rotarycs.org](mailto:kathyann@rotarycs.org)

Visit us at: [www.rotarycs.org](http://www.rotarycs.org)

### 2016 2017 Club Officers

**President:** Ken Farn: [kgfarn@telusplanet.net](mailto:kgfarn@telusplanet.net)

**President-Elect:** Bill LeClair: [leclair@calgarylaw.com](mailto:leclair@calgarylaw.com)

**Past President:** Murray Flegel: [mjf@bosslubricants.com](mailto:mjf@bosslubricants.com)

**Club Secretary:** Ted Rowsell: [rowselle@telus.net](mailto:rowselle@telus.net)

**Treasurer:** Larry Kennedy: [treasurer@rotarycs.org](mailto:treasurer@rotarycs.org)

**Partners President:** Pat Farn: [patfarn@telus.net](mailto:patfarn@telus.net)

### 2016 2017 Directors

#### **Club Service: Operations**

Steve Mason

Email: [steve@talkinglightmedia.com](mailto:steve@talkinglightmedia.com)

#### **Club Service: Memberships and Social**

Glenn Potter

Email: [agpotter@telusplanet.net](mailto:agpotter@telusplanet.net)

#### **Club Service: Ways & Means**

Jack Haman

Email: [hamanj@telus.net](mailto:hamanj@telus.net)

#### **Community Service:**

Luanne Whitmarsh

Email: [luannew@kerbycentre.com](mailto:luannew@kerbycentre.com)

#### **Community Service: Ways & Means:**

Charlie Gouldsbrough

Email: [charlie@albertasleepcentre.com](mailto:charlie@albertasleepcentre.com)

#### **International & Vocational Service**

Bryan Walton

Email: [bwalton@cattlefeeders.ca](mailto:bwalton@cattlefeeders.ca)

#### **Youth Service**

Stacey Johnson

Email: [sjohnson@printthree.ab.ca](mailto:sjohnson@printthree.ab.ca)