

Club of Calgary at Stampede Park

BULLETIN FOR JUNE 18TH, 2020 VOLUME 65, ISSUE 47

MESSAGE FROM PRESIDENT CHAS



My Fellow Rotarians and Friends:

This week we will hear from representatives of two organizations (Calgary Women's Emergency Shelter and Sagesse) that we have funded this year through our Small Grants Committee lead by **James "the Scot" Hutchens**.

It is a chance for us to pause and recognize that we do make a difference in many ways within our community. Let us also pause and do something that we don't often do; that is to allow ourselves to be thanked for the good work we do and the impact we have. In my view we are so busy doing as much as we can for all that we can, that we occasionally miss the opportunity to receive the feedback from those that directly benefit from what we do. It is as much for them as well. We are proud of what we do just as they are proud of what they have done with our funds. We celebrate together!

There is no shortage of needs and many more to come. **President-Elect Penny** is already out in front of this - reshaping and invigorating next year's committees to respond to that need. I know we are all eager to support her and, in turn, our Club in the new year.

Today - and spread out over the Fall - we will invite more recipients to address our Club. Our purpose in aiding our community is our prime directive and we look to enjoy the well- deserved thanks from those we have helped. It is a motivator and will help drive us forward in the year ahead.

One last thought. Please keep **Past President Ron Prokosch** in your prayers. He is battling valiantly.

E. Chas. Filipski, Jr., President







As you know, Rotary International's Theme for the 2020/2021 Rotary Year is "Rotary Opens Opportunities".

Well, the Opportunities start with my very first meeting as President of our Rotary Club. For the first time, at least while I have been a member, our Rotary Club has an Opportunity to Celebrate Canada Day.

On Thursday, July 2nd, make sure you are wearing your red and white colours proudly. Make sure you have the maple leaf flag and other memorabilia visible on the ZOOM meeting.

We live in one of the greatest nations on earth, and we are going to celebrate as proud Canadians on Thursday, July 2nd.

To help us celebrate, the Programs Committee, led by Jim Fitzowich, and assisted in this case by Dilan Perera have made arrangements to have Senator in Waiting, Mike Shakh as our speaker on Thursday, July 2nd.

Mike was born in Pakistan in 1948 and immigrated to Canada in his 20's. Professionally, Mike is a Fellow of the Chartered Professional Accountants of Alberta, having run an accounting practice for over 30 years. He is Past Chair of the Calgary Police Commission, is on the Board of Directors for three public companies and is a Director of several private companies and not for profit organizations. Mike has received numerous community awards, but most notably for our Rotary Club, Mike received the Integrity Award from Rotary International when the International Conference was held in Calgary. Mike will speak to us about a number of topics, including why it is great to be Canadian.

It is a distinct honour and privilege to have Mike speak to us. Let's seize this Opportunity and show Mike what proud Canadians we are. On Thursday, July 2nd, please plan to attend our first ever, Canada Day Celebration

Penny Leckie, President Elect





Club of Calgary at Stampede Park

SMALL GRANTS: CHARITY DAY



Jim Hutchens (Small Grants Chair) opened the presentations today. He mentioned the difficult task in making decisions this year and unfortunately ; we could not hear from everyone who received funds. They had asked two organizations to present and it was very appropriate that both were severely impacted with the COVID pandemic. It was also worthy to note that one of the Grants involved a cooperative effort involving four clubs. Going forward this type of effort was going to be encouraged in the future.

Calgary Women's Emergency Centre

Jim introduced Veronica Lawrence. Veronica was born and raised in Vancouver, BC and she moved to Calgary about 12 years ago so she could be closer to her husband's family. She has been working for



non-profits for over a decade and worked as an Arts and City reporter before that. The Calgary Women's Emergency Shelter was formed in 1974 and since then has served more than 230,000 Albertans in their efforts to end family violence and abuse. Funds provided were for a fencing project and they received funding from the Rotary Clubs of Calgary Sarcee, East and West in addition to ourselves. They also received a contribution directly from Christine Rendell. We provided \$14,000 to fund a total project of \$30,000.

Veronica opened with thanking our Club and other Rotarians for a long history of contributions to her organization. She acknowledged Christine for championing the Shelter and also Stan Cichon for shepherding the present application through ours and other participating Club processes. By Power Point she gave us a virtual tour of the centre ending in the Security Fence we had funded. Along the way she pointed out the use of our previous contributions, in the kitchen area, and then walked us through the Centre. She highlighted all of their various services and programs provided to Women and Children. For instance last year their Violence Help Line received 10,459 calls with another 60 cases in Community Counselling. She also talked about the need of the Security Fence that we assisted with. Veronica told us that like other Agencies they have seen the increase in demand for their services since the start of Covid.

She was asked what they do when they get a call and have no room available?. She told us about the contact system established with other Agencies to make immediate referrals in emergency situations.

Stan Cichon thanked Veronica Lawrence:

Bob Dylan sang in a folk song of the 60's "The times, they are a 'changing". For each of us in the past 4 months this has never been truer.

Veronica, as a staff member at the Calgary Woman's Emergency Shelter, you are experiencing this perhaps almost daily or even hourly in your responsible priceless care of some of our most vulnerable citizens.

Please know that your organization with each individual associated with CWES, is making this world and our community a better place for everyone. For this and on behalf of all Rotarians involved in this project and especially all of us at the Rotary Club of Calgary at Stampede Park we say thank you. Thankyou Veronica Lawrence, you have made a difference.

I would be remiss if I did not recognize our District Governor Christine Rendell for her personal commitment and driving energy to see this project to completion. Today is a great day in Rotary. Thank You



SMALL GRANTS: CHARITY DAY



Jim Hutchens then introduced Andrea Silverstone. Andrea is the Executive Director of Sagesse Domestic Violence Prevention Society, an organization committed to breaking the cycle of violence for individuals, organizations and communities. Our grant to Sagesse was \$15,000 to purchase tablets for their clients to communicate with their councillors. They provide continual feed back and both are able to track their progress and in particular react to any deterioration.

Club of Calgary

at Stampede Park

Andrea is a Registered Social Worker and Mediator. Andrea's commitment and engagement in non-profit organizations and committees reflects her strong belief in the value of a collaborative, grassroots community approach to ending domestic violence and abuse. She believes that this is ultimately the most effective way to provide healing and hope to all those affected by this issue.

Andrea believes in innovation, creating program models and structural policy that elevates untold experiences of domestic violence. For example, Andrea has implemented a collective impact initiative to address domestic and sexual violence province-wide, she has developed programming to address the systemic nature of domestic violence in under-studied communities such as women of affluence and strives daily to ensure individuals affected by abuse and gender inequality are made visible and know that they have an ally in her. Her entire presentation is on line.

Wendy Giuffre thanked Andrea: I have known Andrea for probably about 10 or so years and have worked with and volunteered for Sagesse just as long. The work you do is so important in our world at any time but in the current reality we are all living in, I believe the demand for your support in domestic violence has skyrocketed. Sagesse is a thought and action leader in domestic violence providing innovative education initiatives as in the Real Talk program and various other programs and media presence. Your model of empowerment and inclusiveness is enviable. As a Rotarian I am proud to sponsor such a progressive and professional organization that reaches people in so many ways. Thank you Andrea for sharing a little of the Sagesse story.

Both Jim and Chas added their thanks to both organizations for their presentations today and for the fine work and the difference they make in the Community.

President Chas then introduced **District Governor Christine Ren**dell. Chas thanked her for all the help she has given our club over the past year. In particular with the change of name!

Christine was appreciative of the chance to speak today and in particular when we were highlighting Rotary contributions to two organizations that she holds near and dear. She then told us her history..... we recommend that you view the video of her short presentation. Chas thanked her for her courageous presentation and this was echoed by many comments from members in the Chat Room.

Here is the link for the Presentations from **Sagesse and Calgary Women's Emergency Shelter**:

June 18 2020: Small Grants Presentations

Here is the link for the full meeting: June 18 2020: Zoom Meeting: Small Grants Charity Day

Here is the slideshow of all the Organizations the **Rotary Club of Calgary at Stampede** Park supported in the 2019/2020 year: <u>RCCSP Small Grants - Organizations We Supported</u>







CLUB NEWS





Welcome Rotarians, Friends and Guests to the June 18th, 2020 Rotary Club of Calgary at Stampede Park Meeting.

A special welcome to **District Governor Christine Rendell**, Andrea Silverstone (Sagesse) and Veronica Lawrence (Calgary Women's Emergency Services) - 70 members were Zooming today!

Everyone unmuted themselves and sang an "enthusiastic" Happy Birthday to Dick Shaw on his 92nd Birthday. President Chas advised everyone that this is why we "mute" ourselves during the singing of O'Canada. Steve Mason then queued up Lisa Fernandes' virtual rendition of the National Anthem and we sang in silence.

A few thoughts for the Club: *Simple things: Clearer vision. Proximity. Family. Spirit. Strength.*

- ⇒ June 18, 1940: Winston Churchill "Finest Hour" speech
- ⇒ 1942: Paul McCartney is 78!
- ⇒ 1966: Kurt Browning Alberta native son. Imaginative skaters ever.1st to do a quadruple toe loop in competition. Appreciate Athletic ability. His Singin' in the Rain tribute is must see.

Bulletin Editor: Sandy Dougall Photographer: Paul Brick

Meals With Christine Kyte: Next week's Meal promises to be a BBQ Bonanza—please see Page 7 of this Bulletin for details.

Sergeant at Arms: John Fitzsimmons stepped in for Jack Thompson today and quizzed everyone on some interesting Dick Shaw facts in light of it being Dick's 92nd Birthday.

Health and Wellness: For the month of June, please contact Dorothea Schaab 403 660 6232 or Hugh Delaney 403 255 0422

Prayers for Ron Prokosch who is in the hospital
Wish all our members and partners well
We urge you to Continue reaching out with visits and phone calls to our members that need our support.
Get outside - get mobile

Have a great Rotary week



STAYING CONNECTED ... WITH CHRISTINE KYTE



ANOTHER FANTASTIC IDEA FROM CHRIS TINE KYTE AT REFLECTIVE CATERING GET THAT BARBECUE GOING ...



NO-CONTACT DELIVERY MENU DELIVERY ON JUNE 26

BBQ KIT

2 TERIYAKI CHICKEN SKEWERS
2 TERIYAKI PRAWN SKEWERS
2 SEASONED VEGGIE SKEWERS
2 BABY POTATO SKEWERS WITH
WATERMELON CUCUMBER SALAD

SKEWERED, SEASONED, READY TO BBQ! (or cook in the oven)

\$30 per order

E M A I L info@reflectivecatering.com P H O N E

4 0 3 - 8 3 1 - 4 4 9 8

PLACE ORDERS BY TUESDAY JUNE 23



Club of Calgary at Stampede Park 2020 VIRTUAL DISCON INFO



The Virtual District Conference video, Rotary Crushes the Curve is now available for viewing CLICK HERE! District 5360

And stay for the Party!

The Happy Hour video is available too! CLICK HERE!









Name that ROTARIAN





Which Rotarian is a famous mixologist?

Which Dr. in our Club flies and dives?





Which Rotarian got lost on their first cross country flight?

Please email Kathy Demorest at: <u>kathylynne@shaw.ca</u> To receive your ZOOM invite

STAYING CONNECTED WITH ... MEMBERS





Club of Calgary at Stampede Park

Rotary

Happy Birthday Rotarians

Larry Koper	June 4
Earl Huson	June 6
Martin Struthers	June 7
Sandy Dougall	June 10
Dick Shaw	June 18
Carol Rosdobutko	June 21
Jamie Moorhouse	June 25
Glen Richardson	June 26
Jan McLeod	June 27
Luke daSilva Curiel	June 30
Kathy Demorest	June 30

If I've missed a birthday, please contact Corinne Wilkinson at corinne@whitehathospitality.com

Peacock photo taken by Corinne at our wonderful Calgary Zoo which opened last week with timed tickets.





Happy June Birthdays!

STAYING CONNECTED ... WITH HUGH DELANEY



Hate when Walmart doesn't have what I need & I have to go home, change out of my pajamas & brush my hair so I can go to Target

Club of Calgary at Stampede Park

Rotary

COBTHEMURDERHORNETS



When the quarantine ends and you have to put on your work clothes again..



When parents start to crack during lockdown



Home schooling science lesson went really well this week.



Next week - marketing and distribution.





STAYING CONNECTED ... WITH HUGH DELANEY





Do you know how lucky we are this virus won't spread at grocery stores, big retailers and hardware stores? It's crazy how it only spreads at small businesses?



THE WORLD IS NOW VEGAS. EVERYBODY'S LOSING MONEY, IT'S ACCEPTABLE TO DRINK AT ALL HOURS AND NO ONE HAS ANY IDEA WHAT DAY IT IS.

Whoever decided a liquor store is more essential than a Hair Salon is obviously a bald-headed alcoholic!





STAYING CONNECTED ... WITH JOHN SHIELD



NOTRIPHOBIA: THE FEAR OF NOT HAVING ANY TRIPS BOOKED.

Some people think because they don't support you, that it'll hold you back.. Let me just tell you, GOD will put total strangers in your path to get you where you're supposed to be



MATURITY LEVEL: Don't put me on Speakerphone

"It's been a long week."

Me in the middle of a Tuesday







STAYING CONNECTED ... PARTNERS IN PRINT





As the weeks go on, we all try and keep positive and pray for this virus to be on the downside and start socializing again.

Like most of you, I've been getting ready for Summer. Most of the cleaning is done and we have been spending some wonderful time outside in the backyard. We have had a few social distancing visits and it feels good to do something "normal". We are venturing out a little more and spending time with my parents which is a big delight for all of us.

You have seen my email that we were not able to hold the June dinner. I am sad to not see any of you to close out my "year" but our main priority is keeping everyone safe and healthy. We will plan for the Book Sale and jewelry raffle to be held at the September event.

My Theme for the year was "Fellowship Through Generations" and even though I wasn't able to complete this theme for half of the year (at events), I hope you saw it in my newsletters. I want to thank the following amazing ladies for being my "speakers" on *What Being a Rotary Partner Means to Me*: Kelly Brittain, Jeanette King, Norma Carroll, Terri Filipski, Mary McPhee, Maureen Watson, Susan Brick, Donna Kennedy, Maureen Hutchens, Lorna Hamm and Karen Grant.

We all have our fingers crossed that we will be holding our September 16th luncheon at Canyon Meadows Golf & Country Club. More information will be available in August.

I have wonderful news! We have a 2nd Vice-President for our 2020-2021 year. **Joan Walton** is joining the Executive and I am very pleased to have her on Board. I know she will be a great asset and I am looking forward to working alongside her.

The new Board List, Event Dates and Activity Schedule will go out in mid-August.

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STAYING CONNECTED ... HIKING CLUB



Our hike to Snagmore on June 17th treated us to many flower like this Heart Leafed Arnica. Hazel was on a mission to find as many flowers as she could. They included Pussytoes, Old Man's Whiskers, Paint Brush, Bunch Berry, Clematis, Venus's Slipper, Early Blue Violets, Canada Violets, False Solomon Seal, Baneberry, Strawberry and this Tall Lungwort which was everywhere on the trail. Good job Hazel. The set of North of 60 is still there and there is activity around it - maybe a new series? One of the views was the dramatic redirection of the Elbow River after the flood. Our group of eight had lunch on a couple of logs. Getting them to look at the camera is like herding cats! There were bridges over rushing creeks and small waterfalls and some crossing were on logs across muddy, wet ditches. On one, I lost my balance; Ted tried to save me; I ended up on Ted's lap with both of us in the mud! No one got a picture. A new tradition seems to have replaced our ice cream treats. Sophia and Hazel, with their Grandma Glenda, make cookies and share with all of us.











DATE	EVENT	LOCATION
WE WILL CONTINUE TO UPDATE YOU AS THINGS EVOLVE		
June 25	ZOOM MEETING: Changing of the Guard & WCS Presentation	ONLINE MEETING
July 2	ZOOM MEETING: Dominion Day Celebration and Senator In Waiting Mike Shaikh	ONLINE MEETING
July 9	ZOOM MEETING: Stampede Spirit: Celebration of Cowgirls	ONLINE MEETING
July 16	ZOOM MEETING: President's Inaugural Address	ONLINE MEETING
July 23	ZOOM MEETING: James McAra Foodbank Update	ONLINE MEETING
July 30	ZOOM MEETING: Alice Reimer: Creative Destruction Lab	ONLINE MEETING
Aug 6	TBA	
Aug 13	TBA	
Aug 20	ZOOM MEETING: Bethany Presentation	ONLINE MEETING
Aug 27	TBA	

RCCSP 2019 2020 Officers and Directors

- President Past President President-Elect Club Secretary Treasurer Partners President Club Service Operations Club Service Membership and Social Club Service Ways & Means Community Service Local Community Service Ways and Means International and Vocational Service
- E. Chas Filipski, Jr. Ron Prokosch Penny Leckie Larry Stein Don Mintz Denise MacLeod Bryan Walton Gena Rotstein David Young Michael Ruttan Ted Stack Jamie Moorhouse