

# THE BULLETIN of The Rotary Club of Calgary South

BE THE INSPIRATION

June 20th, 2019: Volume 64, Issue 48 Small Grants: Charity Day

Small Grants Chair: Mark Ambrose thanked all of the charities represented today and noted that the Small Grants Committee had the honour of giving back to the Community on behalf of the Club.



He explained their mandate was to obtain a budget from the Board and exercise due diligence in determining where the money should go.

He thanked both Terry Allen and Kathyann for their valuable assistance and the Board of Directors for giving them the budget to do their job.

He also asked the Committee to stand and receive the Club's thanks for their work. Mark then introduced the four speakers who would tell the Club about their charity and how their grant will be utilized.

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Do you want to watch this week's Meeting?

**CLICK THE LINK:** https://bit.ly/2IKLIVc





### Kim Martin, Fund Development Officer for Between Friends

Kim first thanked the Club for the purchase of wagons that allow them to transport their members with mobility issues during an outing.

Between Friends has been serving people with disabilities for 37 years. It started by serving children but now has members who are as young as 3 years to as old as 77 years.

Their programs provide social, recreational and skill development. Often their members can be isolated socially and their programs create opportunities to come together. In 2019 they have over 700 members using their services.

Between Friends relies heavily on donations as they only receive 20% of their funding from United Way.

The Small Grant received from the Club has greatly helped them provide the services they need to provide.



Maureen O'Connor, Director, Resource Development and Community Relations, Providence

Maureen thanked the Club for all we do in the community and for our support of Providence and their work for the past 16 years.

Providence provides programs and services for young children. There are two program streams: School based programs and community based programs. They operate 6 specialized preschools across the city with close to 800 students.



# THE BULLETIN of The Rotary Club of Calgary South Small Grants: Charity Day



Many of their students have autism, ADHD, dyslexia and various learning disabilities and can be very sensitive to fluorescent lighting. The small grant from our Club helped them to replace all of their fluorescent lighting in their main school with LED lighting. Not only will this create a better environment for their 350 students and staff, it will save them a considerable amount of money in terms of energy, maintenance & replacement costs.

Maureen concluded by thanking us for lighting the way for their young students.

# Veronica Lawrence, Resource Development Officer, Calgary Women's Emergency Shelter

Veronica noted that our Club was "close to the heart of CWES" as it has provided many years of support. CWES provides shelter and programs to 800 women and children every year. This year the request was for a grant to purchase safer kitchen equipment.



She told the story of a young boy Ethan who would not acknowledge he had turned 6 years of age as he had missed his birthday celebration due to a very difficult home situation. The Shelter decided to hold a surprise birthday party for him and as he blew out the candles of his cake he exclaimed "I'm 6 now!" This story illustrates the importance of food as nourishment for the soul and the belly. The Shelter is able to provide consistent, nourishing meals as well as celebrations such as Ethan's birthday that make a difference. Thanks again to the Rotary Club of Calgary South for making a difference.

### Doug Webb, Board President, Association for the Rehabilitation of the Brain Injured



For the past 40 years ARBI has been transforming the lives of individuals with acquired brain injury, through rehabilitation and community integration.

 $\label{thm:condition} Association for the \ Rehabilitation of the \ Brain \ Injured$ 



A brain injury can happen to anyone of us and it affects the entire family. At ARBI they strive to ensure everyone with a brain injury lives the best life possible.

ARBI offers three types of programming: On-site, Outreach and a Community Integration Program provided by 20 dedicated and passionate professionals. ARBI offers a multi-disciplinary approach to rehabilitation, providing complete wrap-around services for clients and families.

The combined resources of our 20 staff with 177 dedicated volunteers resulted in 150 clients and their families being supported by ARBI last year. The grant from your Club allowed us to purchase two mat tables . These are large, sturdy rehabilitation tables used by physical therapists for patient rehabilitation. They are adjustable in height, allowing easy access and provide a stable, safe surface for our clients.

Brain injuries and strokes are on the rise and the demand on our services continues to increase. With the support of this Club we are better able to meet our clients' needs. Thank you for your support which makes me proud to be a part of the Calgary Community and proud to be a fellow Rotarian.

### **Stan Cichon, Small Grants Committee Member**

**Mark Ambrose** asked **Stan Cichon** to share his experiences as a Small Grants Committee Member:

Stan first thanked Mark for his leadership as Chair of the Committee and ensuring the funds were carefully allocated on behalf of the Committee. He went on to say it was an excellent Committee to join and encouraged Rotarians to consider this Committee.



**President Ron** thanked Mark and Stan for their comments and thanked all of the charities for their continuing efforts in our community.



## THE BULLETIN of The Rotary Club of Calgary South **Small Grants: Charity Day**



These are the other Charitable Organizations that we supported this year with a Small Grant

# Thank you for all that you do













# children's link











## THE BULLETIN of The Rotary Club of Calgary South Club News



**President Ron** welcomed everyone to the Rotary Club of Calgary South for the June 20<sup>th</sup> meeting and remarked that Summer Solstice starts tomorrow.

Bulletin Editor: Carol Graham Photographer: John Shield

Head Table: Mark Ambrose (Small Grants Chair), Rudy Ruberto (New RCCS member), Past Pres. Ben Steblecki, Kim Martin (Between Friends); Maureen O'Connor (Providence); Doug Webb (Association for the Rehabilitation of the Brain Injured "ARBI") and Veronica Lawrence (Calgary Women's Emergency Shelter "CWES").

**President Ron** then asked the Club to join Lisa Fernandes in the singing of O Canada and Rotary Grace and enjoy lunch and fellowship.





**Visitors and Guests: Blake Pelham** introduced our many visitors and guests including all of the Charitable Organizations that were with us today. Thank you to all of you.

**50/50 Draw: Bryan Burt** asked our **Exchange Student Liisa** to draw the winning ticket for a pot worth
\$172.00. **Veronica Lawrence** was the lucky recipient of a ticket she had picked up from the floor!



**Health and Wellness: Hugh Delaney** welcomed **Larry Koper** back to the Club. **Leon Popik** is getting his staples out and resting at home-would appreciate phone

calls. **Don O'Dwyer** has just had his operation and will be using a walker for 6 weeks. **Teri LeClair** is in hospital for knee surgery. We wish Leon, Don and Teri quick recoveries.

**Stay In School Golf Tournament: Ted Stack**, Chair of the SIS Golf Committee reminded us it was 35 days to tee

off. Sponsor support has been great this year garnering \$10,000 more . June 28th is the cut-off date for sponsorships. Current golf registration is 144 golfers. Exciting live auction items including a 7 day golf cruise in Ireland and Scotland, a stay in the Richardson vacation home (thanks to **Glen and family**), a 10 game Flames package courtesy of **Don Bacon** and many more. Ted thanked **Mark Ambrose and his sister** for free advertising space in the Walrus. Thanks also to **Tony Fischer and Len Hamm**. **Christine Kyte** will be providing the catering. **Ken Copithorne** will once again offer his talents as Auctioneer. Go to the website if you wish to see further details.





**Dream Home Moment: Jim Bladon** announced that after tonight there will be **3 more training sessions (Saturday, Tuesday and Thursday).** 

Of the 1100 shifts required, 55 remain unfilled. He further advised that 60% of Rotarians have fulfilled their obligation to fill 8 shifts. 20% have no shifts.

He encouraged those who have not fulfilled their 8 shifts to sign up. If anyone needs assistance please contact Jim or email us at: <a href="mailto:shifts@rotarycs.org">shifts@rotarycs.org</a>

**Dream Home Kick Off Party:** July 4<sup>th</sup>. Heritage Park 10:30 am to 1:00 pm. Gates open at 10.00. am. Must confirm by: June 28 Volunteers free. Register them in Comment Box. Parking will be free. Remember your license plate number!



# **THE BULLETIN** of The Rotary Club of Calgary South Induction of Rudy Ruberto



**Glen Godlonton** began the introduction of Rudy Ruberto by saying that I would like to give you a few details about our newest member to be inducted. Rudy Ruberto has been attending Rotary as my guest since March, taking the initiative and showing up before knowing anyone here.

He heard about Rotary through his uncle, who was a Rotarian in Thunder Bay and was recently interested when fellow members of a group he belongs to the Tuesday Nooners spoke about it at their weekly Toastmasters meeting.

He is the oldest of 4 siblings, born and raised in Thunder Bay, Ontario. He graduated Lakehead University with a degree in Business Administration, and moved to Calgary shortly afterward, in search both opportunity and adventure. Eventually he found both.

12 years ago he started his own business, Invisible Windows – a people focused, window cleaning company. Rudy a True entrepreneur, started with a squeegee, scrub brush, and a positive attitude, he went door to local Calgary businesses and built himself a storefront window cleaning route.

Before he knew it, we were getting calls from not just Calgary, but also Airdrie, Okotoks, Chestermere, Cochrane, and beyond!-- now employing more than twenty team members.

When he's not contributing to his company, he enjoys scrambling mountains, connecting with friends, reading books, practicing yoga and travelling. He recently completed a backpacking trip along the West Coast Trail, a 75km trail along the Vancouver Island coast, with friends.

On one extreme he's completed multiple, 10 day silent meditations and on the other he's a regular participant at Burning Man social experiment. Burning Man is an social experience in Black Rock desert of Nevada that attempts to produce a positive change in the world with their 10 Guiding Principles that include Communal Effort, Civic Responsibility, Leaving no Trace, Participation and Immediacy

In his personal and professional life, Rudy has tried to live ethically and treat others the way he would like to be treated. He wants to make a difference in the world every day – it doesn't matter if it's great or small – and he wants to positively impact people's lives around him.

Rudy is excited to join our Rotary Community, give back and pitch in. He has already helped us serving dinner at the mustard seed and has his dream home shifts booked.

I give you **Rudy Ruberto** for induction into our Rotary Club of Calgary South

**Past President Ben Steblecki** did the honours of inducting Rudy into our Club.

**President Ron** welcomed Rudy and noted with gratitude that **Bev Osterman and Gena Rotstein** had completed a New Members Handbook which will be a helpful introduction for Rudy.

**Congratulations and welcome Rudy!** 





# THE BULLETIN of The Rotary Club of Calgary South Club News



Name Change for the Rotary Club of Calgary South: President Ron advised that the Strategic Planning Committee suggested making a name change in 2017 and this suggestion was included in the Strategic Plan provided to the Club in 2018. The Board determined that now is the ideal time to advance the matter of a name change to secure our future funding abilities to the community and to capitalize on our relationship with the Stampede. At a special meeting of the Board held on June 19, 2019, the Board agreed to the following motion:

"Rotary Club of Calgary South change its name to Rotary Club of Calgary Stampede Park effective July 1, 2019."

Next steps: Put the motion to the membership for a vote of ratification. The plan is to have the vote completed by July 18, 2019. Please discuss and forward any thoughts or inquiry to members of the Board and particularly to the line of Presidents (Ron Prokosch, Bill LeClair, Chas Filipski, Penny Leckie)

#### ROTARY T-SHIRTS: ROTARY PEOPLE OF ACTION

Incoming DG Christine Rendell sent an email to everyone in our district for orders of "Rotary People of

Action" t-shirts. An order form was circulated at meetings and we ordered 53 shirts of the over 500 + shirts ordered for our district. Final price per shirt was \$10.50.



Hans Tiedemann has been wearing his t-shirt at the last 2 meetings while distributing and collecting money for the pre- ordered shirts. Many people like the shirts and have asked if they could get one of these "Rotary People of Action" t- shirts and were disappointed when I told them they were pre-ordered. Hans is willing to try to get a second order done.

AS A PRELIMINARY INDICATION ONLY (not an official order) please send Hans an email to: <a href="https://https:

you will know once I know. Thanks-Hans Tiedemann

- Book your Dream Home shifts and training shifts if you haven't done so
- \* Remember to park in Lots 10 and 11 next week as our usual parking lot will not be available.



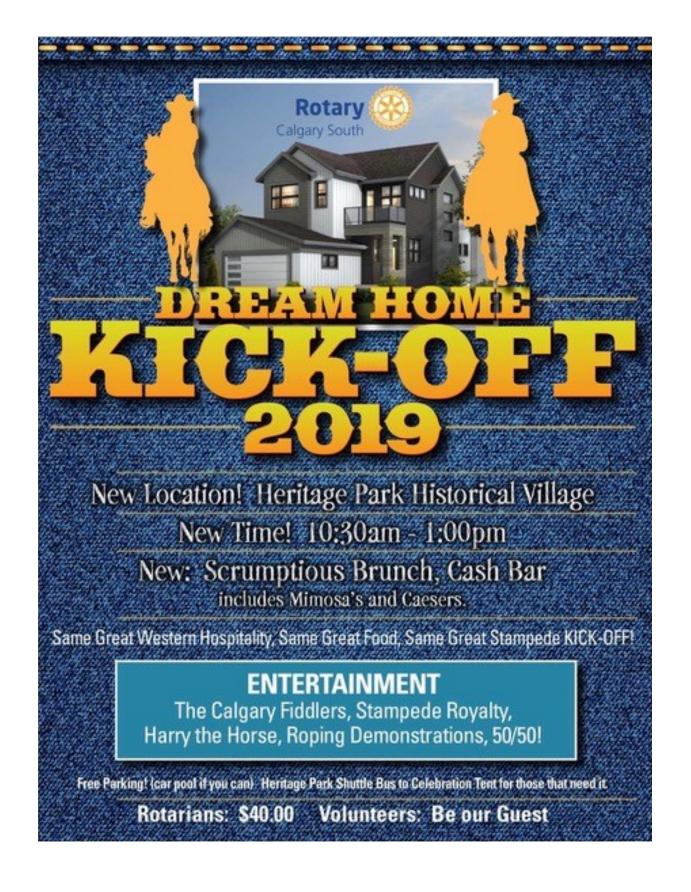




# THE BULLETIN of The Rotary Club of Calgary South 2019 Dream Home Kick off at Heritage Park



### Remember to list your Guests in the "Comments" Section





## THE BULLETIN of The Rotary Club of Calgary South Stay In School Golf Tournament



# Visit www.stayinschool.ca/ for more information



https://www.stayinschool.ca/

Thursday July 25, 2019 Cottonwood Golf & Country Club

# Take Action, Make a Difference

The Supreme Windows Amateur Golf Classic in support of the Rotary Club of Calgary South Stay in School Program.

Be part of the drive to boost a student's education. Become a Sponsor of this amazing program, or join us for a great day of golf to put these underprivileged, but academically gifted students on the path to a bright future.

Visit www.stayinschool.ca for more information on how you can help.

Proudly supported by million dollar shootout and platinum sponsors.







# THE BULLETIN of The Rotary Club of Calgary South Hiking Club and the Flegel's



HIKERS: Yesterday's hike was cancelled because of rain, We hope for dryer conditions next Wednesday. The long- awaited hike into the Stanley Glacier will be on JUNE 26. This is approximately 9km long, with a height gain of 365m. The first part takes us through an old burn, which is recovering nicely, then higher toward the toe of the glacier. The wide open vistas are beautiful, flowers abound, and a bat cave awaits the keeners. Please contact LARRY STEIN at: larry.stein@shaw.ca or 403-242-1613.

This was our welcome greeting at the Salzburg Airport by our former Exchange

Student, Hannah Schoendorfer along with her parents, Susanne & Dietmar

Schoendorfer when they picked us up at the Airport.

What a great Welcoming Committee

Submitted by: Murray and Arlene Flegel





# THE BULLETIN of The Rotary Club of Calgary South Liisa's Literary Lore





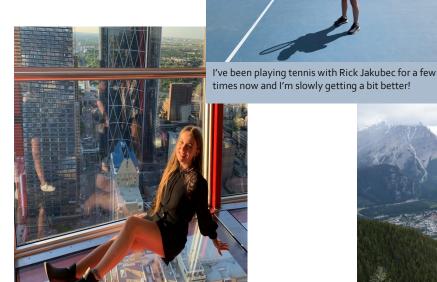
On Sunday I went to the zoo for the first time and really enjoyed it! The pandas were my favourite and the weather was amazing!



I watched all the NBA final games and was happy to see that the Toronto Raptors won! We were watching some of the games outside in Calgary's "Jurassic Park".



On Saturday we had our Shelter Box Fundraiser Dinner and we raised over 21000 dollars! All the exchange students designed aprons and we sold them in an auction. Mine sold for the highest price, 125 dollars! We had a great evening and I want to thank everyone who came and donated money!



On Monday Ron and Mary took me and another exchange student to a horseback riding trip and then for a dinner to the Calgary Tower!



Rick and Donna took me to Banff and we went up with the gondola! The weather was not the best but the view was beautiful!



## THE BULLETIN of The Rotary Club of Calgary South **RCCS Calendar**



### JUNE 2019: ROTARY FELLOWSHIP

# June 27: Changing of the Guard Must park in Lot 10 or 11: Golf Cart will shuttle

### **JULY 2019:**

July 4: Dream Home Kickoff Breakfast: Heritage Park Celebration Tent: 10:30 am

**July 11:** No Meeting: On Park: Dream Home Ticket Selling

East Village Centre: Walking Tour (Details to be announced soon) July 18:

**July 25:** No Meeting: Stay In School Golf Tournament

### **AUGUST 2019**

Aug 1: **Inaugural Address** 

Aug 8: Melissa D'Souza/Lucy Mrakawa: "gutChek" Presentation

Aug 15: Alberta Narratives Project
Aug 22: Outbound YEX Student Presentation: Kaylee Quinney

Aug 29: President Chas Birthday Celebration

### **SEPTEMBER 2019**

Sept 5: Glen Street (CEO): Street Characters

Sept 12: RCCS YouthLink Site Tour Sept 19: Janice McTighe: Renfrew Sept 26: CRCF Campaign Kick off

### OCTOBER 2019

Oct 3: **Returning YEX Student Presentation** Oct 10: **District Governor Visit: Christine Rendell** 

Oct 17: **Cambodian Dancers** 

Oct 24: **Kent Fraser: ShelterBox Presentation** 

Oct 31: Rotary International Foundation Campaign Kick off

### **NOVEMBER 2019**

Colin Glassco: Zambia Eye Clinics Nov 7:

**Nov 11: Rotary Remembers at the Carriage House** Nov 21: Sylvia Whitworth: Skilled Trades Training

Nov 28: **TBA** 

## **Health, Wellness & Transportation for June 2019**

Contact Hugh Delaney at: <a href="https://document.com">hughdelaney02@gmail.com</a> or: 403-255-0422 or 403-819-4872 if you know of anyone that is not well, that could use a visit or a ride to a Rotary Meeting.



## THE BULLETIN of The Rotary Club of Calgary South **Contact Information**



Visit us at: www.rotarycs.org

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## 2018 2019 Club Officers

**President: Ron Prokosch:** rprokosch@prokoschgroup.com chasfilipski@gmail.com **President-Elect: Chas Filipski** 

Past President: Bill LeClair leclair@calgarylaw.com larry.stein@shaw.ca Club Secretary: Larry Stein

**Treasurer: Don Mintz** treasurer@rotarycs.org / donmintz@shaw.ca

Partners Past President: Karen Grant lkgrant@shaw.ca

# **2018 2019 Directors**

Club Service: Operations: Len Kushner lkushner@drivesportswear.com

Club Service: Membership and Social: Glen Godlonton glen@godlonton.com dsy39@yahoo.com

Club Service: Ways & Means: David Young **Community Service: Jim Hutchens** 

imh calgary@hotmail.com drmuir@shaw.ca **Community Service: Ways & Means: Dana Hunter** 

International & Vocational Service: Kevin MacLeod kmacleod@moneyadvisor.ca

Youth Service: Dorothea Schaab schaabd@telus.net

# **Other Important Contacts**

Audit Chair: Penny Leckie

Communications & Public Image Chair: Toby Oswald-Felker toby@shawlink.ca Constitution, Bylaws and Governance: Sherry Austin

**Dream Home Chair: Jim Bladon** 

Health Wellness & Transportation Chair: Don O'Dwyer

**Large Grants Chair: Myrna Dube-Thompson** 

**Small Grants Chair: Mark Ambrose** Social Committee Chair: Keith Davis

Stay In School Golf Tournament: Ted Stack

Stay In School Scholarship Program Chair: Bill Sumner

**Programs and Tours Chair: Jim Fitzowich** 

**World Community Service Chair: Jamie Moorhouse** 

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