



March 1st, 2018: Volume 63, Issue 32

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Simulation on in Healthcare;

SIM for Life: A Global Health Initiative to Save Lives in East Africa;

Kangaroo Mother Care Project

Mirette Dube RRT MSc

Myrna Dube-Thompson introduced our guest speaker; her daughter Mirette Dube

Mirette's Introduction: Mirette is a critical care Respiratory Therapist by background and has worked in healthcare for 20 years in both British Columbia and here in Alberta. Her clinical interests were often focused on working in the Emergency room and Intensive care unit.

She has managed multiple quality improvement and medical simulation initiatives; and is the lead for the Medical Simulation program at Foothills Medical center where she trains health care teams, including physicians, in simulation based education and debriefing.

Her second position is with the University of Calgary where she is leading two large scale simulation projects under an initiative called SIM for Life: a global health initiative to save lives in east Africa. Collectively, these are the largest scale simulation projects undertaken in eastern Africa.

Mirette states: She is a proud wife and mom of three beautiful children and enjoys triathlon in her free time. She especially loves her mom and is so grateful to have such a wonderful role model in life!

Mirette's Presentation: Mirette started by saying she was honored to be introduced by her Mom.

Presentation Highlights: Simulations origin was in aviation: training pilots in high risk, low frequency events.

Medical Simulation is a technique where educators recreate real life clinical experiences for the purpose of training in a safe environment. The mannequins shown in the photo have the ability to help re-create clinical events or presentations. They have the ability to talk, blink, breathe, have heart sounds, accept medications, and some can even birth a baby or "bleed" in simulation so that medical teams can practice hands-on life saving skills.

This type of training helps maintain competence and confidence, supplements clinical experience, and there is no risk to actual patients during the simulation process.

Mirette showed several photos of real simulations taking place where teams in a complex healthcare environment can practice their communication skills, improving processes, and make improvements to patient safety.

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Sim for Life: A Global Health Initiative to Save Lives in East Africa: this work is currently happening in Mbarara, Uganda.

Some of the project work happening in SIM for life includes: the re-modelling of a Simulation Center of Excellence in East Africa; training facilitators in simulation based education and debriefing; training medical and nursing students in maternal and newborn health scenarios; and training rural healthcare providers from 36 healthcare centers in Uganda in "Helping Babies Survive" courses, "Peer to Peer learning" to practice and maintain skills, and teamwork concepts.

Many successes were highlighted to include the co-development and facilitation of courses, the engagement of simulation in Uganda, and the continued development of their simulation program.

Challenges were few and were overcome including: the logistics of training many rural healthcare providers from many locations; and the infrequent wifi and power at times.

The Mbarara Hospital: is located right beside the Simulation lab. It is a 460 bed hospital that serves 7 million people in southwestern Uganda and neighboring countries. To put this into context the Rockyview General hospital in Calgary is approximately a 660 bed capacity hospital.

In Mbarara, the Post Partum Unit still has women on the floor with lack of space and beds for all women and newborn babies after birth.

The Mbarara Newborn Unit accommodates, on average, 40 neonates in a space suitable for 15 with two or more babies often sharing the same incubator or mattress. There are 2000 births annually with approximately 800 of them being premature. There are 200 newborn deaths annually with approx.. 70% of them being premature. Mom's often have to sit on a concrete floor with little space to accommodate all mothers on the unit. There is increased risk of transmitting infections & one nurse may have to care for 20 or more babies at a time.

As evidenced from the Mbarara hospital head of Pediatrics, many premature babies are dying from being too cold (hypothermia), unable to keep themselves warm and not having the ability to be close to their mothers. There is a lack of space, and education, and the average hospital stay for those that survive is six weeks causing additional burden to the families and healthcare system to feed and care for mothers as well. Mirette made the correlation to the Canadian NICU where 95% of admissions survive and under normal circumstances babies don't die from hypothermia or not being fed. Mom's & otherwise healthy babies sleep together.

Kangaroo Mother Care is recommended by the World Health Organization as an inexpensive solution allowing for skin to skin care to keep babies warm, allow for rapid weight gain and growth, and reduce exposure to infections. Mom (or Dad) can care for their own baby and feed regularly. A partnership has been developed with the Calgary South Rotary Club and the Rotary Club in Mbarara to collaborate on a Kangaroo Mother Care room proposal for Mbarara. A Rotary Club in Halifax is also committed to this initiative. The goal of this proposal is to reduce morbidity and mortality of premature babies, remodel a section of the neonatal ward to accommodate up to 1000 premature babies annually, equip the room with the necessary equipment and toilet block, and provide staff training. The anticipated results are to reduce preterm deaths by up to 50%, & decrease hospital stay from 6 weeks to 3 weeks.

Mirette expressed thanks for the opportunity to present this work on behalf of the Rotary club in Mbarara, the SIM for Life team, and partners in Simulation in Alberta and East Africa. She is especially grateful for the support of the Rotary Club of Calgary South in fundraising for this very worthwhile initiative.

Acknowledgements to: All Rotarians involved, Dr. Nalini Singhal, Doug McMillan, Bob Wiens, Jamie Moorhouse, Dr. Adam Cheng, The SIM for Life Team, Allan Aswinge, Dr. Data Santroino, Dr. Elias Kumba, and University of Calgary

Jim Fitzowich thanked Mirette by saying he was stumped for words, which he admitted is odd for him. His immediate thought is WOW – what an education we have had today. The work that Mirette is doing, what the University of Calgary is doing and Mirette's work in Uganda was all news to Jim. Bless you for doing it and for opening our eyes, Mirette. **President Bill** echoed Jim's comments. \$100 has been donated to Stay in School in Mirette's name.

UPEI: President Bill confided that what he was about to tell us, he struggled with. But several of our members have been involved so he told us.

Twenty years ago Bill was asked by his alma mater, University of PEI, to see if he could raise funds to do something for the university. He and some local PEI graduate friends took that challenge, realized they had no students going there, no PEI diners, and no funds.

Twenty years later his small PEI team has raised \$1,090,000 and has provided UPEI scholarships for Calgary and Alberta kids who want to go to a smaller institution.

They have contributed \$500,000 to scholarships. On that journey with Bill for 20 years has been Len Hamm, Guy Salazar, Ben Steblecki, John Fitzsimmons, Norm Legare, Bruce McDonald, Tony Fisher, Sherry Austin, Larry Kennedy, Penny Leckie and Corinne Wilkinson.

Well - the big news? Yesterday President Bill was made an Honourary Doctor of Laws at the University of PEI. A rousing standing ovation! He has also been asked to deliver one of two convocation addresses.

PEI to confer four honorary degrees at Convocation 2018

Recognizing exceptional leaders Posted: Wednesday, February 28, 2018



Photo: (L to R) William (Bill) LeClair, Anne Love, Anne Smith, and Wes MacAleer will receive honorary degrees at UPEI Convocation on May 12.

Dr. Alaa Abd-El-Aziz, President and Vice-Chancellor of the University of the Prince Edward Island, announced today that four exceptional leaders in their respective fields will be awarded honorary Doctor of Laws degrees at the University's Convocation ceremonies on May 12, 2018.

Honorary degrees will be conferred upon William (Bill) LeClair, Anne Love (née Michael), J. Weston (Wes) MacAleer, and E. Anne Smith.

"Each of our recipients is a distinguished individual who has made a significant impact in their respective fields and their University community," said President Abd-El-Aziz. "They are excellent role models for our graduates. By conferring them with honorary Doctor of Laws degrees, we acknowledge and thank them for their many contributions to society."

The UPEI Senate approved the honorary graduands at a meeting earlier this year in accordance with the University's policy that states honorary doctorates of laws will be presented "to individuals who display the highest levels of achievement in public and community service."

The Convocation ceremonies will take place on Saturday, May 12, in the Chi-Wan Young Sports Centre with the morning ceremony beginning at 10:00 am and the afternoon ceremony at 2:30 pm.

William (Bill) LeClair is an alumnus of UPEI, graduating in the University's first class in 1970. He was president of the student union and was named life-president for the class of 1970 by his fellow students. Mr. LeClair was a varsity athlete during his time at Saint Dunstan's University, one of the University's two founding institutions, and later UPEI, playing men's hockey.

In 2001, Mr. LeClair was named a distinguished alumnus by the UPEI Alumni Association. He has been a long-time volunteer with the Calgary Friends of UPEI, being the driving force behind a \$1 million endowment to support Alberta students to attend UPEI. On top of his volunteer fundraising activities, Mr. LeClair created an award for a varsity athlete. He is a huge advocate of UPEI, recruiting students through his passion for his alma mater. That passion extends to his family; his daughter attended UPEI.

President Bill opened the meeting with “This day in History”

- ♦ March 1, 1949: Heavyweight Boxing Champ Joe Louis retired
- ♦ March 1, 1969: Mickey Mantel retired
- ♦ March 1, 1988: Wayne Gretzky surpassed Gordie Howe with his record 1,050th NHL assist

The weekly joke that we all look so forward to!

An Honest Lawyer

A little boy was in a cemetery with his mother. “Mommy” asked the boy, “do they ever bury two people in the same grave?”

“Of course not dear”, replied the mother. “Why would you think that?”

“The tombstone back there says, “Here lies a lawyer and an honest man”

President Bill then asked **Lisa Fernandes** to lead us in the singing of O’Canada and Rotary Grace.

Head Table: Myrna Dube Thompson, Mirette Dube, Chloe Dusser, Christine Holstine, Carol Rosdobutko

Bulletin Editor Corinne Wilkinson Photographer John Shield

Guests: Jim Smith reintroduced himself to the club as a “guest” because “I just haven’t been here for awhile”.



Round of applause to warmly welcome Jim back! Mirette Dube (Guest Speaker) Jim was first introduced to Mirette as the “kitchen help” in December – welcome back Mirette!, Shamir Wallace (Guest: Stan Cichon), Pat Deegan (Guest: George Deegan), Victoria Coffin (Jim Hutchens had a lot of fun with our guest at the check in table, asking if her email address might be: Victoria@cemetary.ca ? Jim Smith apologized on behalf of Mr. Hutchens and expressed hope to Victoria that she would give us a second chance and come back to visit our club again in future). Rhonda and Ernie Eskawitch (Guests of Myrna Dube and Jack Thompson), Espy (Guest: Sam Switzer), Brett Albers (Guest: Dilan Perera – who was mysteriously away today! Jim asked Brett if he had to pay his own meal which Britt said “yes, that’s perfectly fine!” Hmmm, we all think Dilan will be addressed quite formally by the Sergeant at Arms when he returns from his vacation).

50/50: Jim Hutchens Jim shared a critically important example on why one should never ask a question that you don’t know the answer to.

During a trial in a small southern town, the Prosecutor called his first witness – an elderly woman was asked to stand up. “Mrs. Jones, do you know me?” To which she replied: “why yes, since you were a small boy. You are a cheater, poor marks in school, always getting into trouble, you have cheated on your wife – overall you are a big disappointment to me. I always knew you would never amount to anything.”

Quite red-faced, he pointed to the Defense Attorney – “do you know him?” To which she replied: “why yes, I have also known Mr. Bradley since he was a youngster. I know he has a drinking problem, he can’t build a relationship, he has cheated on his wife with 3 women – one of them being your wife and again, someone I knew from the start would never amount to anything.”

Suddenly the Judge called both lawyers to the bench and said, “if either of you two idiots asks Mrs. Jones if she knows me – I’ll send you both to prison myself!”

After much laughter, the winning number was drawn – congrats to **Sid Smith**



President Bill proudly announced that **Sam Switzer** turned 92 on Sunday – a huge round of birthday applause to Sam!

What greatness can happen as a result of a very bad day. The 4-way test was formulated by Chicago Rotarian Herbert J. Taylor who, in the summer of 1932, had a serious business problem. How he solved it is a legend of Rotary. Taylor later wrote in 1968 that "I leaned over my desk, rested my head in my hands, and prayed. After a few moments, I looked up and reached for a white paper card. Then I wrote down the twenty-four words that had come to me: "Is it the truth? Is it fair to all concerned? Will it build good will and better friendships? Will it be beneficial to all concerned?" The "Four Way Test" was adopted by Rotary International in January of 1943.



NEW MEMBER *Celebration!*

New Member Celebration: **Chloe Dusser** promoted the New Member Celebration which will be on April 19th when everyone is invited to the Blue Room at Stampede Park. Our club has a record of new members this year – Chloe asked them to please stand. Each has been assigned a handful of current members – they will be contacting all members to collect auction prizes and come to the celebration. See Bulletin for more information. Tickets go on sale next week

President Bill also reminded everyone to help out **Chloe and her committee** with the April 19th New Member Celebration. If you don't get a call from Chloe or one of her team, please take the initiative to call or email Chloe.

John Fitzsimmons Sergeant At Arms

"Well – there goes all my material." John was going to share this news about President Bill. One thing President Bill forgot to mention is that UPEI introduced all gender washrooms on campus!

Rocky View Weekly: a feature on Myrna doing more volunteer work with Glenbow Ranch: Jack fined \$10!

Curlers in the bonspiel last week were asked to stand. We had a lot of winners, most of these people standing won. Charged with 5% of their winnings.

John and Joe Connelly ran the next series of "Guess The Rotarian" - see photos in Bulletin. There were many fines given out and a lot of laughter shared by all. Well done Fitzie and Joe! A lot of effort put into today's Sergeant of Arms.

Please send in your photos to be featured in this great fun!!!!

The meeting concluded at 1:25 pm. President Bill thanked everyone for coming today, and said we were all welcome to stay longer if we liked.

See you next week!



Chloe Dusser gave her Classification talk today by stating she has been a member for 1.5 years so this is slightly overdue. Her badge says “Yoga and Youth Services. Chloe owns and operates a day care and preschool in Bridgeland.

She was first introduced to Rotary through RYLA as she was asked to facilitate a talk. Geoff Hughes then insisted she join Rotary Calgary South. “You will fit right in!” Chloe doesn’t know if the joke was on her or us – but decided to “bring it on.” Her Grandfather was a Rotarian in France for 66 years and her Grandma reminds her always that it took YEARS for women to be accepted into Rotary.

Chloe grew up in Paris, Vancouver and Chicago. She graduated from McGill University – then travelled to India to work for a non-profit. After 6 months she realized she needed real skills – coached to do so by her dad, so she completed a Masters in Finance at Concordia. From there she lived out of a suitcase working in many different and far away countries for six months.

Until one day she was sent to Calgary in 2013 for a 5-day layover. Three days after landing here, she called her boss in Istanbul and said “I love it here, I can’t leave, I have to resign.” Chloe has no spouse, no partner, and no children, but a small dog named Harry Winston. What attracted Chloe to Calgary is the strong consumer and business culture. She decided Calgary was the place to become an entrepreneur and started in a field where she was completely untrained with no experience. What started four years ago with child yoga and day-care is today a thriving business with 42 employees and 160 kids.

Chloe didn’t tell her parents for 2 years that she had ventured out of her safe finance job and into self employment – since her dad had said she needed to get “real” skills like becoming a lawyer or an accountant. Chloe is a leader in the field believing that her staff must be treated and valued for their roles and responsibilities. The average child spends 40 hours a week in their care – so really - half the time with their parents, half their time in child care. Hence the saying, it truly does take a village to raise a child.

While her grandfather didn’t say a lot, he has left Chloe with three wisdoms: be useful, take only what you need, give as much as you can. As a healthy able educated person, Chloe applies her skills, gives back to our city, and gives back in a very meaningful, effective and impactful way.

Chloe looks forward to working with all of us. Chloe has a big task ahead of her as she is Chairing the New Member Celebration Evening. Let’s all support Chloe in this endeavor.

President Bill congratulated Chloe on a great classification talk.



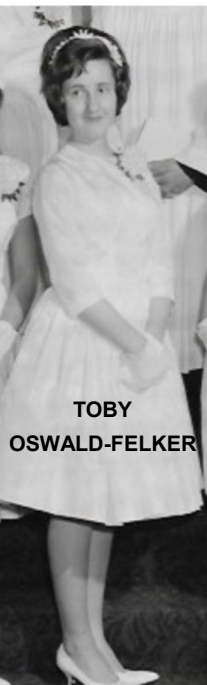
CHEESE!



Sergeant-At-Arms John Fitzsimmons played a great game of "Guess The Rotarian" today.

We want you to submit your photos to Jamie Moorhouse or John Fitzsimmons in order to continue with the next round!!!

LARRY STEIN



TOBY
OSWALD-FELKER



JOHN FITZSIMMONS



MARTIN BUNTING



LEN KUSHNER



JAMIE MOORHOUSE



JOE CONNELLY



JIM FITZOWICH



DON TAYLOR

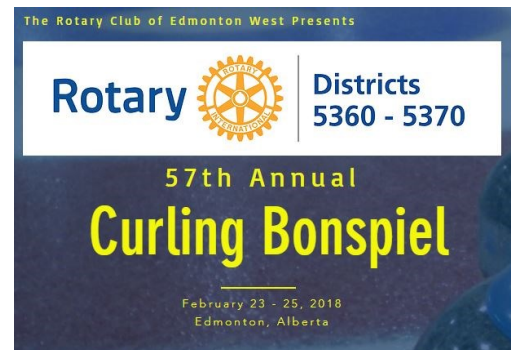
Two teams from Calgary South headed to Edmonton to participate the Annual 5360/5370 Bonspiel on the weekend of Feb 23-26.

TEAM AUSTIN

Sherry Austin
Al Johnson
Penny Leckie
Jim Hutchens

TEAM KENNEDY

Larry Kennedy
Mark Ambrose
Lynn Topp
Roselyn Jack



Jim Fitzowich also attended and played with Calgary Heritage.

Team Austin lost in the A semi Final the eventual Champions and current Rotary International World Champions from Grand Prairie.

Team Kennedy lost in the B Final. They won a Calcutta for having the team who beat them.

All in all it was a great weekend with tremendous fellowship. The entertainment on Saturday night was superb.

Please check the link to get a flavor of the weekend. **Mark Ambrose** is a star and a good guy.

<https://vimeo.com/257752417>

Career Mentoring at St. Mary's High School

St Mary's High School will hold its career mentoring sessions on Friday mornings starting **February 9th**. The information will be presented to small groups of interested students and provides an opportunity for good dialogue with the students.

The weekly sessions will run from **February 9th to May 25th** with the exception of these school dates: March 23, March 30, April 6, April 20, and May 18.

Sessions will be held at the high school and run from 9 am to 9:45 am under the direction of Susan Huvenaars.

Please contact **Dorothea Schaab** to book a time to speak about your career or business entrepreneur experience.

4-Way Test Public Speaking Competition

St. Mary's High School will hold its annual public speaking competition focused on Rotary's 4-Way Test on the evening of **Tuesday, March 13th**. The event will run from **6:00 pm to 9:00 pm**.

The winning entries will be presented at Calgary South's May 10th luncheon.

The Rotary Club of Calgary South will provide judges to adjudicate the students' presentations and if you are **available to assist in this event March 13th**, please contact **Stan Cichon**.



You are Invited!

THE ANNUAL NEW MEMBERS CELEBRATION

COUNTRY CASUAL GATHERING

APRIL 19TH, 2018
THURSDAY
| 6:30PM



Blue Room, Stampede Park
Tickets \$45
Silent Auction, Cash Bar,
Entertainment, Western Buffet

SIMON HOUSE RECOVERY CENTRE

Bernie Benning presented a cheque on behalf of The Rotary Club of Calgary South for \$8340.00 to **Simon House Recovery Centre CEO Trevor Lauria**



BETWEEN FRIENDS AND YOUTH UNLIMITED

Earl Huson was out and about giving cheques to: **Kelsey Claeys, Community Development Lead at Between Friends** and **Greg Hutchinson, Executive Director for Youth Unlimited**





Dear Fellow Rotarians,

We would like to thank you and your Rotary club for your commitment to the **Guatemala Literacy Project in 2017-2018**. We are currently in the process of submitting Global Grant #1752923 for approval by TRF for the **largest GLP year ever** and wanted you to know what your contribution will provide once the grant is approved. Projects are slated for implementation in 2019.

GG1752923 Project Highlights:

- Culture of Reading Program (CORP) — Teacher training and provision of children's reading books will impact 236 teachers and approximately 6,600 students in 42 primary schools.
- Textbook Program for middle-school students — Teacher training and textbooks for 40 teachers and 1,620 students in 10 schools, plus an additional 120 teachers who will also receive training to help them engage students in the learning process.
- Computer Centers — State-of-the-art technology and teacher training for 3 new schools, benefiting approximately 900 students.
- Youth Development — Designed to help keep promising middle- and high-school students in school, this program provides opportunities to learn about leadership, service, and future career opportunities in Guatemala.

We are applying for the maximum World Fund match of US\$200,000 from TRF. We have already raised a total of US\$494,000 which includes US\$149,000 from the Canadian Government! Our total project, pending TRF approval, will be US\$694,000!

We would appreciate it if you would please share this update with your club.

Thank you for making a difference.

Barbara Young, Rotary Club of Calgary, Canada
Esther Brol, Rotary Club of La Reforma, Guatemala
www.guatemalaliteracy.org



Wonderful Fun and Fellowship for All to Enjoy!

2018 Invermere Getaway Weekend

Our annual Windermere Valley Getaway Weekend is coming up fast. Our dates this year are:

June 1st, 2nd and 3rd 2018

This year the activities will once again be centered at Copper Point Golf Club, Invermere's most luxurious and breathtaking golf and dining facility. The theme of this year's event will be "Something for Everyone" and will include dining, golfing, hiking, shopping, sight-seeing or just socializing and relaxing.

Activities include our traditional Friday evening mixer, with dinner on Saturday and a hosted private Sunday brunch.

Costs are:

\$150 per person for the entire Saturday golf/weekend dining package

(including carts) excluding accommodations, or

\$85 per person for a Weekend Dining and Fellowship package.

Please save the date and start your planning now.

More details to come!

If you wish to attend, please RSVP markambrose@shaw.ca

Tickets will go on sale soon, so start your planning now.

More details to come!

MARCH 2018

March 8: Diabetes Speaker



March 15: St. Patrick's Day
March 22: Art Borzel: Rotary Profile
March 29: To Be Determined

APRIL 2018

April 5: Ken Farn: Rotary Bethany Update
April 12: David Docherty: Mount Royal University
April 19: New Member Celebration Evening Meeting (6:30pm) at the Blue Room
April 25: Fireside Event for New Members: Calgary Golf & Country Club
April 26: Terry McDonough (Deceased): Rotary Profile
April 30: Mustard Seed Dinner Prep (need 20 volunteers)

MAY 2018

May 3: Dream Home Registration Kick off
May 10: St. Mary's 4 Way Test Contest
May 17: Copithorne Family History
May 24: Stay In School Luncheon: Carriage House Inn
May 25: President's Party: Acadia Rec Centre
May 28: Mustard Seed Dinner Prep (need 20 volunteers)
May 31: Dick Shaw: Rotary Profile



JUNE 2018

June 7: To Be Determined
June 14: Stampede President Presentation
June 21: Small Grants Charity Day Presentation
June 28: Changing of the Guard, WCS and Large Grants Presentation



JULY 2018

July 5: Dream Home Kickoff
July 12: No Meeting Due to Dream Home Operations
July 19: To Be Determined
July 26: No Meeting Due to SIS Golf Tournament



AUGUST 2018

Aug 2: Inaugural Address
Aug 9: To Be Determined
Aug 16: To Be Determined
Aug 23: To Be Determined
Aug 30: To Be Determined

Health, Wellness & Transportation:

Contact **Tony Ng** at: tng@cirrealty.ca or: 403-861-1306 if you know of anyone that is not well, that could use a visit or a ride to a Rotary Meeting.

Don O'Dwyer: Chair: Health Wellness and Transportation Committee

Rotary Club of Calgary South

Rotary International President: Ian H.S. Riseley

District 5360 Governor: Rick Istead

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2017 2018 Club Officers

President: Bill LeClair:

President-Elect: Ron Prokosch:

Past President: Ken Farn:

Club Secretary: Don Bacon:

Treasurer: Larry Kennedy:

Partners President: Karen Grant:

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2017 2018 Directors

District 5360 Representative: Sherry Austin

Club Service: Operations: Steve Mason

Club Service: Membership and Social: Glen Godlonton

Club Service: Ways & Means: Gordon Weicker

Community Service: Jim Hutchens

Community Service: Ways & Means: Dana Hunter

International & Vocational Service: Kevin MacLeod

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Other Important Contacts

Audit Treasury and Finance Chair: Don Mintz

Dream Home Chair: Craig Stokke

Health Wellness & Transportation Chair: Don O'Dwyer

Large Grants Chair: Bob Brawn

Small Grants Chair: Mark Ambrose

Social Committee Chair: Toby Oswald-Felker

Stay In School Scholarship Program Chair: Bill Sumner

Programs and Tours Chair: Jim Fitzowich

World Community Service Chair: Jamie Moorhouse

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