

Christina Hassan: FullSoul

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President Ron began by saying that Christina Hassan is the co-founder of FullSoul Canada; A not for profit organization aimed at equipping hospitals in Uganda with medical supplies to protect the health and safety of mothers, babies and practitioners during childbirth. Christina is a dedicated Public Health Professional, social entrepreneur and currently a law student at U of C. She additionally holds a Master in Public Health from the University of Waterloo. Her work experiences are diverse, including but not limited to, applied cancer research at St. Michael's hospital, public health planning and evaluation at the Chatham-Kent Public Health Unit (Peel Region), and an Internship with Save the Mothers in Uganda.

She has presented her research internationally throughout Canada, the U.S. and Europe and it has been published in various scientific medical journals. She is an avid Rotarian at Calgary Fish Creek Rotary Club and is a past president of the University of Waterloo Rotaract Club in 2010. In all her work, Christina embodies the Rotary Moto of "Service above Self" and looks to her Rotary mentors for support with various socially responsible initiatives.

Most recently both co-founders of FullSoul, Christina and her husband Hyder Hassan have been recognized in The Avenues Top 40 under 40. In late 2018 Christina Hassan was chosen among 1 of 6 in the world for United Nations People of Action Young Innovator Award from Rotary International. Christina's passion and dedication has driven the success of her personal and professional milestones with more to come.

Meeting & Bulletin Requirements

If you wish to / or are asked to speak at a meeting:

- Advise Pres. Ron you wish to make an announcement on Monday before meeting by email
- Provide digital copy of notes to Bulletin Editor in advance of meeting. If you can't then immediately after the meeting
- At a minimum give Editor your hand written notes
- Try to encourage weekly speakers to send out advance copies of presentations
- Anything for the Bulletin needs to be submitted by 2:00 pm on Thursdays in order to go into the current Bulletin

Thank you for your assistance.

It's difficult for the Bulletin Editors to take accurate Notes at a busy and loud meeting so let's help them out

Do you want to watch this week's Meeting?

CLICK THE LINK: <https://bit.ly/2IKLIVc>

Christina's life took a turn in focus one day in Uganda when she heard her name called out from the delivery room of the hospital she was teaching maternity classes at.

Little did she know at the time, but the next few hours would change her life forever. Because in that room, she watched a woman, Alice, pass away from hemorrhaging as a result of childbirth. As she and five others spent Alice's last minutes willing her to stay with them, she watched the life drain from her eyes and knew right then that something drastic needed to happen in her own life as a result of the situation: she either needed to go home, or go hard. Lucky for the thousands she's since helped, she decided to go all-in.

Christina's FullSoul organization puts hospital kits into hospitals in Uganda, ensuring maternity wards have the gloves, forceps, dishes and needle holders they need to properly care for new mothers.

Christina's efforts, along with her husband Hyder and son Harris have led to acclamation both locally and internationally. She won a spot in Avenue Magazine for Top 40 Under 40 and was 1 of six individuals nominated for a United Nations *People of Action Young Innovator Award* from Rotary International.

She was invited to the UN in Kenya along with five other young leaders from around the world. They included (from left to right):

Ludavil from Australia: uses robots to clean rivers

Albert from Australia: Building houses in Bosnia

Sheddy from Kenya: Building school pit latrines

Paul from The Congo: Started a Rotaract club in Uganda

Charlie Ruth: Skills Education Training



Christina ended her presentation with a look to the future for herself as well as a call to action for all of us to continue to "SINDICA" in our own lives. Which means "PUSH". (preferably spoken with some 'oomph').

Jamie Moorhouse thanked Christina for coming and mentioned that our own group is connected to Uganda via two world community service projects in the works.



Christina@FullSoul.ca

#Sindica
@FullSoul_Canada



Good afternoon and Welcome to the Rotary Club of Calgary South for March 28th. Please join Lisa Fernandes in the singing of O Canada and Rotary Grace

Head Table: Christina Hassan (Speaker), Gail Urquhart (Bethany Foundation), Jeanette King, David King, Linda Maslechko, Kimberley King

Bulletin Editor: Chad Hason
Photographer: John Shield



Visitors and Guests: Shellie Marshall welcomed our Guests

50/50 Draw: Jim Hutchens drew and Allan Johnson took home the \$180.00 pot.



Sergeant-At-Arms: John Fitzsimmons was in fine form.

He gave out many rapid-fire fines and happy dollar donations included Christine, Norm, Glen, Kathy, Bill, Allan and Brenda.



New Member Celebration: Carol Rosdubutko

A reminder that tickets are still available for the New Member Celebration on April 11th.



Tickets will however go up in price next week – so the time to commit and buy is now. And why wouldn't you, as the night promises to be filled with engagement, education and entertainment – with all the great food and drink you want!

- 50/50 draw that will blow your mind
- A wine barrel draw that will...well, also blow your mind.
- An entertainment lineup that can only be described as mind blowing and
- An auction that is sure to take your in-tact mind, and blow it to bits.

Red Stripe Removal: John Lamming's removal was postponed as we have received wonderful news that he and his wife Meagan are welcoming a new baby – details to follow as they come in.

Walter Flores: Ron Prokosch: We all congratulated Walter as his red stripe was removed by sponsor Ron.



The RCCS Dim Sum Luncheon group met this week at the Central Grand Restaurant.

Present were (clockwise from lower centre): Guillermo Salazar, Michael Ruttan, Harry Pelton, Don Bacon, Don Taylor, George Deegan, Paul Brick (hidden), Keith Davis and Howard Shikaze from the Rotary Club of Calgary.



Before **President Ron** adjourned the meeting **John Fitzsimmons** advised that: **Dr. Allan Jones: African Eye Clinics** will be speaking next week and John asked that club members dig around at home for unused or unwanted prescription eyeglasses (any condition) that they would be willing to donate to a good cause and we will surprise Dr. Allan Jones by presenting him with the glasses. **Please bring them to the meeting next week** and there will be a prize for whomever brings the most pairs.



Here is the link to the CBC Report on Amy Giang. Amy graciously referred to Rotary Club of Calgary South. Take a moment to enjoy this please!

https://www.cbc.ca/listen/shows/the-homestretch/segment/15682056?fbclid=IwAR1Xlq3ABpCW-y2VmX9lo4jB5VhLigQ4Z0Qd_qo1OwZPWT8HHd5EJVsYuhw

President Ron Prokosch adjourned the meeting. **HAVE A GREAT ROTARY WEEK**



NEW MEMBER PROPOSAL

Please be advised that **Imma Dike-Shittu** is a current Rotarian wanting to transfer to the Rotary Club of Calgary South. She has been proposed for active membership as Sponsored by **Brenda McKinley** and Seconded by **Carol Rosdobutko**

Imma's membership has been approved by the Board of Directors on the basis of the recommendation of the Membership, Qualifications and Classifications Committee. Her Classification is Accountant. If any Member objects to **Imma Dike Shittu** joining our Club or to the classification an objection must be filed in writing with the Club Secretary at: larrystein@shaw.ca prior to **April 4th, 2019**



THE BULLETIN of The Rotary Club of Calgary South King Family Dining Room Dedication

Dedication of The King Family Dining Room at Bethany Riverview On April 12th from 1:30 pm to 3:00 pm

The Estate of Frank King made a bequest to the club for use on a community service project. The bequest came to us in the form of shares which were then sold and in the end gave the club \$103,000 to use on a project decided in consultation with Jeanette King and family.

Frank had a particular interest in the Bethany, so it was decided to create the King Family Dining Room at the Bethany.

We hope you will join us on April 12 from 1:30 to 3:00PM at the Bethany Atrium for the dedication of the Dining room. Please register on line at:

<https://portal.clubrunner.ca/952/Event/frank-king-bequest--bethany-riverview-dining-room>

Special thanks and respects were given to the members of the King family; **David King, Jeanette King, Linda Maslechko, Kimberley King and Steve King (absentia)**

Jeanette's daughter spoke a few words of thanks to the Rotary Club of Calgary South and to the Bethany for their consideration, recognition, love and support that the club has shown the King family in general over the past year, and throughout their time as members.



Both **President Ron** and **President-Elect Chas** shared heartfelt statements about the club's love and respect for Frank King and his family. Frank was remembered again as a man we could all look up to as someone that truly gave his all and made an extraordinary difference in so many of our lives.





Friday, April 12, 2019

1:30 pm – 3:00 pm

Bethany Riverview is a state-of-the-art, not for profit care centre that is purpose built for complex dementia care.

Through a generous bequest to Rotary Club of Calgary South by Mr. Frank King, Bethany Riverview will name its private family dining room in honour of Frank's legacy of community building.

Refreshments and Light Luncheon

Remarks at 2:00pm

Note: On-site and street parking is extremely limited. Some overflow parking will be available at St. Luke's Anglican Church, 2951 26 Ave SE. Carpooling is strongly encouraged. A 2-3 block walk may be required. Individuals with mobility issues can be dropped off at Bethany Riverview entrance.

Please RSVP by **April 5th** to:

<https://portal.clubrunner.ca/952/Event/frank-king-bequest-bethany-riverview-dining-room>

bethany
CARE FOUNDATION

Bethany Riverview • 200, 2915 – 26 Avenue SE Calgary, AB T2B 2W6

Rotary
Calgary South

Join us for an Evening of Laughter,
Celebration &
Shopping as we go

Up, Up & Away!

To new heights of Fearless Fundraising!!!
Rotary Club Calgary South Annual
New Member Fundraising



Dinner & Auction
Thurs. April 11th, 2019
The Hangar Flight Museum

5:00pm: Cocktails – Silent Auction

6:00pm: Delicious Buffet Dinner

by fellow Rotarian Christine Kyte of Reflective Catering

7:00pm: Entertainer – star of stage, TV screen & banquet ballroom,
the hilarious stress management expert & certified credit card utilization consultant, Dr. Shirley Best

8:15pm: Live Auction

Tickets only \$65 until April 4th - Worth every penny!
(\$75 after April 4th)

Win big! 50/50 draw, bring a bottle of wine – 'win a barrel' draws
Come, Fly High With Us! Buy your tickets online NOW!

Hangar Flight Museum - 4629 McCall Way NE, Calgary T2E 8A5

(Please advise of allergies or dietary restrictions.)

Only 98 days to the Stampede 2019 Kickoff. The Dream Home is up and at the drywall stage! Homes by Avi have developed another gorgeous home.

Home: \$1,060,000 Dream Home Package which includes \$100,000 Cash. Home will be located in Walden again

Rotary Team & Rotary Volunteer reminder:

there are a couple of significant changes for Calgary Stampede 2019...

Split Em 50 is now called **“Showdown 50-50”** (minimum prize will be \$500,000 take home)



- This now aligns with the rodeo and chucks prizes and Champions... daily winners and a Grand Prize drawn in the eve of Sunday July 15
- Still a cumulative 50-50 (winner gets ½ of the pot) with added 10 daily winners drawn (with an additional daily prize of approx. \$1,000 value) to get us to “Showdown Sunday” where the Grand Prize winner will be drawn and take home ½ of the cumulative pot cash.

Ticketless! Rotary and Kinsmen all ticketless in 2019 – It’s a GO!!!

Technology: iPads and Thermal Printers with ability to scan driver’s licenses and also do manual entry

•The new technology will be touch screen, menu driven and provide for an awesome seller and purchaser “buying experience”. This will include the ability to sell “packages” of prizes...

Comprehensive Training Sessions are planned for Rotarians and our Volunteers:

Sales Managers	Sellers & Sales Ambassadors
Cashiers & Accounting	Technology experts

- We have booked 3 Training Sessions per week for the entire month of June (every Tues, Thurs (evenings), and Saturday (during the day) in June – additional details and dates to follow)
- We will have 35-40 sellers per shift required & no printers (we are developing several key and exciting new roles for our Rotary volunteers under 18 years of age)

Stay tuned over the next coming weeks for more specific details, training schedules, launch dates, etc!!

Here’s to another incredible Calgary Stampede in 2019!!

World Community Service Committee working with Winners



Rotary Club of Monteria II (Colombia D4271) won almost all the prizes at their recent District Conference on San Andreas Islands. This club has participated with RCCS on safe water projects (filters) since 2011. They received Best Overall Club, Best in Membership Growth and Top sales of a District fundraiser.

President Isabel Lobo holds the plaque for Best Club in the group photo. No lack of strong women in Colombian clubs!!! On an individual basis, our project leader Maria Moscuza (white top next to RI President Barry Rassin), won Best Assistant to the Governor and Best Meeting Chairperson. They only missed out on "Most Impactful Project" which they won 2 years ago for their filter project (partnered with RCCS).

Submitted by: Bob Wiens



Volunteers Needed



MUSTARD SEED: APRIL 16TH

***We need 4 to 5 servers from
6:30 to 8:30 pm***

Volunteers Needed



Please contact Harry Pelton if you can assist

Email: harrypelton@gmail.com Cell: (403) 585 - 2625 Home: (403) 244 - 9140

FUN IN THE SUN IN SCOTTSDALE ARIZONA

The photo below was taken on March 25th, 2019. There were a number of Calgarians and Rotary Club of Calgary South Participants. This is for the Annual Rotary Sunrise Charity Golf Tournament at Ancala Golf and Country Club in Scottsdale. Everyone raised money for "Special Day for Special Kids".

Can you spot them? Don and Donna Mintz, Glen and Jeanette Richardson, Bonar and Sharron Irving, Janet and Rick Matthews, Greg and Joanne Martin, Mary McPhee, Norm and Linda Legare, Ed Gallagher, Eldon and Karen Maronda and Marilyn and Norm Gossett



Several members of The Rotary Partners Lunch Bunch group enjoyed a really delightful lunch on Thursday March 21st, 2019 at the **Atco Blue Flame Kitchen Café** at: 5302 Forand Street SW. at their new building just off Crowchild.

The menu is not large but the food was delicious, the company was a lot of fun and the décor of the café is outstanding. I highly recommend you take a friend out for lunch.

Submitted by: Maureen Watson



Calgary South Rotary Partners' Spring Luncheon

Wednesday, April 24, 2019 at 11:30 A.M.

Willow Park Golf & Country Club

639 Willow Park Drive SE

Tickets \$40.00 — Guests Welcome!

Please R.S.V.P. by April 15 to Millie Huson 403-686-0828 or ehuslink@telusplanet.net

Send cheques payable to "Calgary South Rotary Partners" to: Karen Grant,

3927 Vancouver Cres NW Calgary AB T3A 0M2



Book Sale! Jewelry Draw! 50/50 Draw!



APRIL 2019: MATERNAL AND CHILD HEALTH

**Apr 4: Dr. Allan Jones: African Eye Clinics
(Donate your used eyeglasses at this meeting please)**

**New Members
Celebration**

Apr 11: New Member Celebration: Evening Meeting: Hangar Flight Museum
Apr 12: RCCS/Bethany Riverview: Frank King Dining Room Dedication
Apr 16: Mustard Seed Dinner Prep and Service: Need 4 or 5 more volunteers
Apr 18: Ann Maria Sysiak: Canadian Parks Society
Apr 24: Partners Luncheon: Willow Park Golf and Country Club: 11:30 am
Apr 25: Bob Sartor: Calgary Airport Authority: Blue Room

MAY 2019: MATERNAL AND CHILD HEALTH

May 2: To Be Determined
May 7: Ronald McDonald House Dinner
May 9: St. Mary's 4 Way Test Contest
May 16: Art Borzel Tribute
May 23: Stay In School Luncheon: Carriage House Inn
May 30: Dream Home Kick off
May 31-June 2: RCCS Invermere Golf and Fellowship Weekend



JUNE 2019: ROTARY FELLOWSHIP

June 6: Liisa Lehtio: YEX Presentation and Farewell
June 12: Annual Partners Dinner: Willow Park Golf and Country Club: 5:00 pm
June 13: Stampede President Presentation: Club House
June 20: Small Grants Charity Day Presentation
June 27: Changing of the Guard: Must park in Lot 10



JULY 2019:

July 4: Dream Home Kickoff
July 11: No Meeting: On Park: Dream Home Ticket Selling
July 18: East Village Centre: Walking Tour
July 25: No Meeting: Stay In School Golf Tournament



AUGUST 2019

Aug 1: Inaugural Address and District Governor Visit
Aug 8: Melissa D'Souza/Lucy Mrakawa: "gutChek" Presentation
Aug 15: TBA
Aug 22: Returning YEX Student Presentation
Aug 29: TBA

SEPTEMBER 2019

Sept 5: Glen Street (CEO): Street Characters
Sept 12: TBA
Sept 19: Janice McTighe: Renfrew
Sept 26: CRCF Campaign Kick off

Health, Wellness & Transportation for March and April 2019

Contact **Dorothea Schaab** at: 403-238-1730 or: schaab@telus.net if you know of anyone that is not well, that could use a visit or a ride to a Rotary Meeting.

Rotary Club of Calgary South
Rotary International President: Barry Rassin
District 5360 Governor: Dan Doherty

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Visit us at: www.rotarycs.org

Office Administrator: Kathyann Reginato email: kathyann@rotarycs.org

2018 2019 Club Officers

President: Ron Prokosch
President-Elect: Chas Filipski
Past President: Bill LeClair
Club Secretary: Larry Stein
Treasurer: Don Mintz
Partners Past President: Karen Grant

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2018 2019 Directors

Club Service: Operations: Len Kushner
Club Service: Membership and Social: Glen Godlonton
Club Service: Ways & Means: David Young
Community Service: Jim Hutchens
Community Service: Ways & Means: Dana Hunter
International & Vocational Service: Kevin MacLeod
Youth Service: Dorothea Schaab

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Other Important Contacts

Audit Chair: Penny Leckie
Communications & Public Image Chair: Toby Oswald-Felker
Constitution, Bylaws and Governance: Sherry Austin
Dream Home Chair: Jim Bladon
Health Wellness & Transportation Chair: Don O'Dwyer
Large Grants Chair: Myrna Dube-Thompson
Small Grants Chair: Mark Ambrose
Social Committee Chair: Keith Davis
Stay In School Golf Tournament: Ted Stack
Stay In School Scholarship Program Chair: Bill Sumner
Programs and Tours Chair: Jim Fitzowich
World Community Service Chair: Jamie Moorhouse

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