





Editor: Glenn Potter
Photography: Paul Brick
Videography: Steve Mason / Jamie Moorhouse

Welcome to the March 3rd 2022 meeting of the Rotary Club of Calgary at Stampede Park. I am the Club's President, Craig Stokke. Happy International Women's Day!!



We are honoured to have **Mayor Gondek** with us today. Thank you for taking the time out of your busy schedule. Personally, I am very blessed to have amazing, strong, smart women in my life. I live with three, I work with many, and I see the tremendous contribution women make to Rotary, our city, and our community.

Like all men, I like to think I've learned a thing or two about women over the years. I'd like to share some of my wisdom with you. Here are a few interesting facts and observations:

Women live longer than men: Statistics show that women out live men by approximately ten years. Of the 43 people world-wide who have made it past the age of 110 years, only one was a man. 85% of centurions are women.

Women are prudent investors: A study of 100,000 investment portfolios showed that women's investment returns outperform men's. Experts say that women are more successful because they're more cautious with their investment decisions. Also, they tend to think longer term. Ok, let's think about this for a moment. Men don't need to think as long term because apparently we don't live as long as women. Plus, women get to cash in our life insurance, so of course their portfolios are going to be better.

Taxis and busses actually stop for women: It's true. I've seen it myself.

Woman are better talkers: Multiple studies have proven that women are far more likely than men to talk through their problems. 53% of women talk to their friends about what's going on in their lives, as opposed to 29% of men. My personal observation is that 95% of men are happy to give women the win on this one.

Women are better dancers: Nothing to add here

Women handle stress better than men: Studies have shown that women perform better than men in intelligence tests when being stressed at the same levels as men. I totally see that.

Personal grooming: This one really bugs me... woman can get rid of leg hair without pretending to be a competitive swimmer or a cyclist.

And the number one reason why women are better than men: And this I can say with 100% certainty; if Vladimir Putin's mother was still alive, none of this crap would be happening in Ukraine... and you know damn well she would be kicking his ass right now with a wooden spoon.



And with that, please join **Glenn Potter** and myself for the singing of O Canada followed by Rotary Grace.

HEAD TABLE: Pat Neuman, Gail McDougall, Wendy Giuffre, Melanie Todd, PP Penny Leckie, Luanne Whitmarsh, Mayor Jyoti Gondek

GUESTS: I would like to extend a huge welcome to everyone in person and on Zoom! Let's sing the "Welcome Song"

OUR THOUGHTS ARE WITH THE UKRAINE: Craig Stokke: Many members have been asking how Rotarians can support the Ukraine crisis. At this time, Rotary International does not have a fundraising campaign set up. It usually takes a few weeks to do that. In the meantime, RI is recommending donations to the Canadian Red Cross or a long-time Rotary partner, ShelterBox. As many of you know, ShelterBox provides emergency shelter to families who have lost their homes to disaster or conflict. In recent days, thousands of homes in Ukraine have been damaged or destroyed. The UN is predicting as many as 12 million people may need humanitarian assistance. Recovery starts with shelter. It starts with having a private place for your family to be together. Because a family cannot begin the process of recovery if they don't know where they will sleep. We will try to keep you up to date with opportunities to support Ukraine, and we information in this bulletin available to

you.







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5050 50/50: Michael Zacharki: \$195.00 was awarded to Corinne Wilkinson

INTERNATIONAL WOMEN'S DAY: Neil Fraser: I want to take the opportunity to talk about the women in my life. The first lady in my life was my Mother. She was a farm girl in the early 1900's. There was no electricity or running water. We described her as "one tough gal!" She was the only female in three generations of the family She had her father, her brothers and she had 5 sons and I was the middle one.

The second lady in my life is my wife Freda. She inherited me and that isolation from female family members. After 60 years she has informed me that I've done OK and have graduated! We have a daughter, a daughter-in-law, four granddaughters, plus 1 son, a son-in-law and one grandson. Together this group has 14 University degrees from 9 Universities. I have been truly blessed by the WOMEN in my life. I'd like to change the focus for a moment and tell a short story:

There were three men walking in the wilderness and they came to a raging river which they needed to cross. The first man got down on his knees and prayed that he would have the strength to make the crossing. Poof – the Lord appeared and gave him his wish and he crossed over. The second man got down on his knees and prayed that he would have the strength and tools to make the crossing. Poof – the Lord appeared and granted his wish as well. The third man got down on his knees and prayed that he would have the strength, the tools and the intelligence to make the crossing. Poof – the Lord changed him into a woman; she read the map, walked upstream and crossed the bridge and made the crossing ©

MELANIE TODD: New Member Introduction: Wendy Giuffre: I feel like *Melanie Todd* has already been a member for awhile. Also as most of you know she has been actively involved in our new **Business Club** already willing to put up her hand and take the initiative. I have thoroughly enjoyed getting to know Melanie and would like to say she's not only a fellow Rotarian but a friend. Goodness knows she's been "welcomed" enough times not that she doesn't love that song! They say a picture is worth a thousand words and I feel that's so true with Melanie so Steve if you could cue up the presentation!

Melanie Todd's Induction: PP Penny Leckie: Good afternoon Rotarians, Guests, Mayor Gondek & Councillor Penner: We appreciate you joining us to recognize International Women's Day. I've been given the privilege of inducting **Melanie Todd** as the newest member of our Club.

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Rotary is a global network of 1.4 million problem-solvers who unite & take action to make positive impact both in our community & around the world.

- We see differently: Our multidisciplinary perspective helps us see challenges in unique ways.
- We think differently: We apply leadership and expertise to issues, to find unique solutions.
- We act responsibly and our passion and perseverance create lasting change.

The Rotary pin you receive today, is a globally recognized symbol that will identify you as a problem-solver uniting with others to take action for positive change. You may attend Rotary meetings anywhere in the world. Your Rotary pin will be your ticket. I encourage you to visit other clubs and have meaningful experiences with fellow Rotarians.

I attended a Rotary meeting in Washington, DC. The speaker at that meeting was the Ambassador to the United States from the Ukraine. His words resonated with me and are particularly poignant right now. While preparing for this induction that I realized Rotary International was founded the same year Alberta became a province. 50 years later, our Club was chartered as the Rotary Club of Manchester. As we all know, it is now called The Rotary Club of Calgary at Stampede Park.







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By joining this Club, you are standing on the shoulders of 67 years of history of individuals who give time and treasure elsewhere in their personal or business lives, but still find time and energy, and as the Rotary motto states, they put "Service Above Self" to commit to fundraising & community service in our Rotary Club. Why would they do this? Because of tremendous fellowship that comes through Rotary, because of the impact they see us making and because of the "can do", "make it happen" attitude that defines & differentiates this Rotary Club. In addition to Rotary's Four Way Test that Rotarians use as a guide for how to live their lives, I know members of our Club also believe in the expression "A Community is only as good as its Citizens". I had lunch with Melanie last week. She's truly delighted her father is here today. Her mother isn't able to join in person, but will watch the recording later.

I asked Melanie why she chose real estate for a career. She said she watched her father in real estate and saw he was happy in his career. She wanted to be happy in that career, as well. I'm sure Melanie's father is proud that Melanie followed his footsteps in both her career and her choice of community service clubs. I said to Melanie, "We're recognizing International Women's Day, how did your mother inspire you?" She said, "Mom inspired me to be a loving mother, to care for others and to be giving to others in the community."

Melanie, it sounds to me that if your father would have been a member of our Rotary Club, your mother would have been a perfect fit in our Partners group. This group started out as wives of Rotarians, but now include friends and other special people who want to connect with others giving back to the community. Membership is not limited to women, but currently, all members are women. I know some members of our Partners group are here today, and as part of International Women's Day, I'd like to acknowledge them. As you become involved in our Club, you will realize the important role the ladies play in community service and are a



major support group. You'll learn to respect them and be grateful for all they do. You will enjoy spending time with them. I think they have more fun than us. Speaking of Partners, often our Club makes its largest impact in Calgary through partnerships. In the approximately 15 years I have been with the Rotary Club of Calgary at Stampede Park, I have observed the following:

- The Rotary Flames project injected just over \$10MIL into projects identified by the Calgary Health Foundation.
- By collaborating with the Calgary Parks Foundation, the Rotary Mattamy Greenway was built.
- We worked with Bethany to build the Rotary Bethany Atrium at their Riverview care facility.
- Currently we are partnering with Calgary Stampede Foundation to rejuvenate Oliver House on the Stampede grounds to become a centre for youth and leadership. As well, we are funding bursaries so young people may become involved in the music and other arts education programs operated by the Stampede.

Young people have always been a focus of our Club. For the past 20 years, our Stay in School golf tournament has raised over \$4.5 million to pay for post-secondary tuition fees of bright individuals from financially challenged families. These funds combined with mentorship from our Club members changes lives of these students. I hope you'll consider becoming a mentor to a student. It provides you with the privilege of having a personal connection with a student & family, so you can see the change we're making in their lives. With the transition of the focus of our golf tournament to the new Kids at Heart initiative, young people will continue to be the main beneficiary of our Club's amazing ability to fundraise.

Beyond the projects & partnerships I've mentioned, through time dedicated by volunteers selling Dream Home tickets & legacy endowments generous Rotarians & friends have created for our Club at the Calgary Rotary Clubs Foundation, our Club is entrusted with the responsibility of distributing significant funds annually into the Calgary community through various granting programs. Our Members improve the lives of countless Calgarians, and you will, as well, Melanie.

Our work isn't limited to Calgary. The World Service committee has an innate ability to access & match Rotary District & International funding to multiply funds from our Club into inspiring projects around the world, bringing water, shelter & safety to many who wouldn't otherwise have the basics of life. Speaking of the world you're joining our Club at an exciting time. Pres. Stokke led the initiative to secure the R.I. Convention for Calgary in 2025.







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I hope you'll get involved with Craig as he leads Rotarians & Calgary citizens in welcoming an expected 35,000 delegates from around the world to show off our fabulous city, right next door in the revitalized BMO Centre. I hope you will consider attending one of the Rotary International Conferences between now and then. There is still time for you to join the many members of our Club who have already signed up for this year's Convention in Houston, to start spreading some Calgary spirit and hospitality.

Going back to International Women's Day for a moment, it is at this year's convention in Houston that the first female president of Rotary International, Jennifer Jones, will be sworn in. We should all be very proud that Ms. Jones is Canadian. If you pay attention to rumours, keep an eye out for Ms. Jones in this year's Calgary Stampede parade.

Melanie, your Rotary experience will be like anything else, you will get out of it what you put into it. During our visit last week, you told me how much you enjoy connecting with people and learning from their stories. This is a Club full of members, both past and present, who have stories worth hearing. I am delighted you are already actively involved in our Business Club committee, and I was even more delighted to see you at the J. W Davidson Legacy lunch hosted by the Downtown Rotary Club earlier this week. Our Rotary Club is much more than a weekly meeting. By participating in the activities, you will experience the joy of our Club's fellowship.

Bring your ideas & share your passions. As a Club we continue to learn & grow through new members. New members bring new perspectives, create new opportunities & identify new possibilities for ways to give back to the community. By joining our Club, Melanie, you will be one of the Rotarians who is making Calgary a better community.

At this time, I would like to congratulate Melanie, say welcome to our Rotary Club, and ask President Craig and Mayor Gondek to complete the induction.











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WELLNESS Health and Wellness Contact for March is Hugh Delaney

Larry Stein: On Valentine's Day Larry Stein injured his left knee while skiing. He gets around with a knee brace and cane. Larry had an MRI on Tuesday and expects recovery will take some time. **George Adam:** is still recovering in the hospital. He can't accept visitors because they keep moving him around.

Sharyl Madigan: Sharyl's husband is getting stronger each day and the medical team are doing a phenomenal job.

Tony Ng: it was great to have you back with us today, Tony.

Chad Hason: It was great to see Chad back today. His family had a run with covid but all is well now. **Todd and Natasha Richardson** are quarantining in Scottsdale with covid and couldn't be with us today but Todd sent quite a crew to Rotary House today and they "zoomed in" for the meeting. We wish everyone health and happiness!!

NEXT WEEK'S MEETING:

We are back at Rotary House. We have the Calgary Stampeders Head Coach Dave Dickenson speaking to us. This should be another amazing meeting. For those who have been attending on Zoom, now that the restrictions have lifted we would love to see you back at Rotary House. If you have a friend or Rotarian from another club who may be interested please consider inviting them to our meeting. And just a reminder that you must register by 9:00 am tomorrow morning to attend.



Go to: www.rotarystampedepark.com to register—scroll down to upcoming events

Final words: As always, I finish by encouraging you to ask yourself:

What do you need from our Rotary Club this Week?

What does our Club and Community need from you this week?

And with that, our meeting is adjourned Thank you for coming. Have a great week!

MEETING LINK: https://youtu.be/vDHgc5PcR6g







INTERNATIONAL WOMEN'S DAY: MAYOR JYOTI GONDEK

Speaker Introduction: Luanne Whitmarsh: Jyoti was sworn in as Calgary's 37th mayor and the first woman to be elected to this role on October 25, 2021. Prior to being elected as mayor, she served as city councillor for Ward 3 from 2017 to 2021. She holds a Ph.D. in urban sociology, and an M.A. in organizational sociology.



Throughout her career, Mayor Gondek has taken a big picture approach to pressing challenges. Often, she has found processes and policies exist simply because they have never been questioned. She has come to understand that by probing and chipping away at issues, we move forward with improvements that have meaning in our everyday lives.

Mayor Gondek's professional background includes leading the Westman Centre for Real Estate Studies at the University of Calgary's Haskayne School of Business where she examined the challenges facing Calgary's commercial sector as property values in the core plummeted. She knew then that this issue would be a big one for Calgary. She also ran a successful consulting practice for 12 years helping clients in the energy and city-building sectors evolve their business models to fit a changing regulatory and economic environment. She has an impressive depth of her knowledge on issues like poverty, homelessness and food insecurity.

When she was campaigning to become the mayor she said "I am running because I'm qualified, I have the experience, I have the character to do this job—and I want people to understand that as the primary reason I'm running," she said. As we celebrate International Women's Day, please welcome Calgary's first female mayor to the podium!

SPEAKER: MAYOR GONDEK

Mayor Gondek thanked the club for the invitation. She indicated that her speech was going to be about her life and how it was full of familiarity and surprise that are part of living.

The Early Years:

In 1973 her family was living in London where her father was a turbaned Barrister (with a turban). Earning a living and providing for family was proving difficult and the family decided to move to Canada and chose to settle in the middle, in a place called Winnipeg. She became an average prairie "kid" enjoying the many cultural differences between east and west. She learned to play "backyard" curling. One day when her father came to pick her up one of her new friends thought that her father was a "genie" because of his turban. She was amazed when sometime later he removed the turban and cut his hair. "It was tough to be a turbaned lawyer." During this period the family moved to several towns, farm life was good with very little racism. She learned the similarities in cultures and they finally settled in Brandon.

The University Times:

After high school she decided to headed to Vancouver to study and enjoy life in the big city. After two years of enjoyment with grades not where they needed to be, she headed back to Winnipeg and continued her studies. She was working at the Keg when a dinner guest told her about a job opening, which she won and she began a new and unexpected career. In this role she became acquainted with the spectrum of "domestic violence" with a particular focus on the members of the Indigenous community. She learned about the need to address these "issues in society" and to lead with humility and compassion.

The Career:

Marriage lead to being "whisked away" from Winnipeg to Wainwright, AB. Not having a job she applied at the library only to find that avenue closed when someone with a library degree won the position. She was volunteering with a welcome wagon when someone from a medical clinic informed her about a position at the local Credit Union. They needed someone to do their "marketing". She was very grateful for this opportunity and appreciated the fact that they took a chance on her.

The family moved to Calgary in 1997 and she took a job with Greyhound, however it was still nagging her that she had not finished her degree and so back she went to finish. The course she wanted to follow was really not offered and there was a period of time where she was quite angry at the inflexibility of higher education. However, someone finally listened and she was able to get her degree at the U. of Calgary.







INTERNATIONAL WOMEN'S DAY: MAYOR JYOTI GONDEK

On the day she received her degree her father passed away and she became her mother's companion for the next twelve years, someone she had taken for granted for many years. This relationship was vitally important to her growth as an individual. She learned more about both her faith and her home language. There were two things which her father had left undone and she picked up the mantel of teaching about her religion and worked to get the CBE to implement a course in the language of Punjab.



In a conversation in 2007 she was encouraged to consider running for city council. However, she decided instead to become much more involved in municipal affairs and to become more engaged in her community. The raising of a family, pursuing further education leading to the Ph.D really meant she learned the art of "multitasking". She was involved with the Calgary Planning Commission and ultimately implemented a program in the Haskayne Business School at U. of C which addressed many issues found in our Calgary society.

Public Service:

In 2016 she did run for council and won the seat in Ward 3. In council she found herself focused on the issue of mental health. A lady who raised chickens in her backyard became the focus for developing one of the strongest bylaws in North American relating to the raising of pets for mental health purposes. As a councillor she found several areas that concerned her – council meetings on the first day of school, the need for more childcare spaces in the city and a growing awareness of becoming more familiar with the lives of her fellow councillors.

In her capacity as Mayor she is focused on the role of women in our society and to make improvements here. She would like to be known for creating and furthering our understanding about each other and to have a "sense of compassion" in dealing with our diversity. Our world is very fragile and in Calgary we're working towards build a better place.

SPEAKER THANKS: Kathy Demorest: On behalf of Rotary, our guests and myself, I'd like to thank you, Your Worship Mayor Gondek, for enriching our 2022 International Women's Day celebration. Since your journey from England to Canada at the tender age of 4, to becoming the 37th mayor of Calgary, and the 1st woman to serve as Mayor of our incredible city, you have demonstrated perseverance, resilience and courage in your efforts to understand every facet of what it means to embrace community.

You are a living witness, that women and girls need not let gender deter them from achieving success in whatever it is they choose to do in their lives. You are leading by example with the 2022 Theme for International Women's Day to build a world free of bias, stereotypes and discrimination; A world that is diverse, equitable and inclusive; a world where difference is valued and celebrated. We recognize the pressures on your schedule in overseeing the complexities of serving the needs of over 1.3 million Calgarians, and we appreciate the extra effort applied in order to free up enough time for you to share and attend our full meeting today. It is indeed an honor to have you here today, and thank you for your encouraging message."

IN CLOSING: President Stokke: Your Worship, thank you for taking the time to visit us today. We are proud you are our City's first female Mayor. I know we could have kept you here all afternoon. In recognition of your time today, our Club will make a \$100 donation to the Calgary Rotary Clubs Foundation. This gift will help support our community. Thank you.

MEETING LINK: https://youtu.be/vDHgc5PcR6g







MARCH 3RD MEETING: MAYOR GONDEK VISITS ROTARY HOUSE FOR INTERNATIONAL WOMEN'S DAY























Join Rotary as we come together to help districts affected by the worsening Ukrainian humanitarian crisis





As one of the world's largest humanitarian organizations, Rotary has made peace the cornerstone of our global mission. We are deeply concerned about the Ukraine crisis and need your help.

Rotary is made up of people of action, especially in difficult times. In response to the deepening refugee crisis, The Rotary Foundation Trustees have decided to prioritize contributions made to the <u>Disaster Response Fund</u> until 30 April 2022 to support disaster response grants for districts affected by these events. These expedited <u>disaster response grants</u> can be used to supply water, food, medicine, shelter, and clothing.

DONATE



Half a million people have fled Ukraine and are in dire need of emergency aid. The United Nations estimates that number of refugees could grow to as many as 5 million people displaced. Rotary clubs in Europe and around the world have stepped up their relief work, some working on the ground to help displaced families.

With your donation to our <u>Disaster Response Fund</u>, we can support communities and help rebuild lives during this tragic time

Sincerely, John Germ, Trustee Chair, 2021-22 The Rotary Foundation













In recent days, homes in

Ukraine have been damaged or destroyed. Innocent civilians are being killed, families and lives are being torn apart. The UN is reporting hundreds of thousands of people on the move inside the country or trying to leave. They are predicting as many as 12 million people may need humanitarian assistance inside Ukraine.

Additionally, the UN predicts that as many as 4 million refugees may be seen as a result of this crisis. More than 874,000 people are reported to have already fled Ukraine to neighboring countries [as of Tuesday 1 March 2022].

ShelterBox is responding to the Ukraine crisis. A team is on their way. We will be sending aid and are working to understand who is doing what so we can avoid duplication and get as many people as possible the support they need.

We are liaising with Rotary and Rotaract leadership and members in the region to coordinate information and better understand the situation. We have connected with District 2231 in Poland and with the wider regional coordination framework under RI Director Katarina Kotsalis.

We need your help

Your Club's support today will provide lifesaving aid for families affected by the Ukraine crisis. Any additional money raised will help ShelterBox provide emergency shelter to families affected by disaster around the world.

As official Project Partners in international disaster relief, Rotary and ShelterBox work together to ensure no one is left without shelter after disaster. Donating to ShelterBox is the best way Rotarians can take immediate action to help families affected by disasters around the world.

Please, donate now.

Donations can be made online through the 'DONATE" buttons on this page or mailing a cheque to: ShelterBox Canada
159 Jane Street, Office 2

Toronto, ON M6S 3Y8

DONATE

Gratefully yours, Stephanie Christensen, Executive Director ShelterBox Canada





DISTRICT 5360 GRANT REFRESHER WEBINAR

It is almost District Grant season. Are you ready? Join the District Grants Team on **March 9th** for a quick refresher on what is available, timelines and expectations. If you are planning to be a part of a District grant (Community Development, Scholarship, Youth) or a global grant (Lead Club, Supporting Club) attending this refresher will help make the process a little easier. There will be time for a Q & A so bring your questions. Register Now at https://rotary5360.ca/event/grants-application-refresher/

Submitted by: JAMIE MOORHOUSE, District Foundation Chair Rotary Club of Calgary at Stampede Park C: (403)-819-7397 rotaryjamie@gmail.com

DISTRICT 5360 CONFERENCE: MAY 14th, 2022

Registration for the **District Conference 2022** is at 173 members from 33 clubs. We do have Sponsorship Opportunities and are looking for Projects for the Tents of Friendship. Your Club President has all the information so do reach out. Click here to see what's going on and register at www.discon5360.ca. It is going to be a wonderful event.

ROTARY INTERNATIONAL CONFERENCE: JUNE 4TH TO 8TH 2022

convention.rotary.org

REGISTRATION

Our convenient online system makes registering easy for all attendees. REGISTER >

CONVENTION HOTELS

Find and reserve your hotel room in Houston.

HOST ORGANIZATION COMMITTEE EVENTS

Discover what events the Host Organization Committee has planned and more

CALGARY ROTARY CURLING LEAGUE: TUESDAYS

We always say 'Rotarian's working together make things happen', and this is no different in our curling league. Some 23 years ago this Curling League started to raise monies for the Calgary Women's Shelter.



We raised \$3,005.00 this past year and in total to date we have contributed \$90,347.00 to assist the Calgary Women's Shelter. The funds have been raised at our Christmas Banquet where the curlers donate items such as Dinner for 8, Golf rounds, Special Cheese, as well has having a wine raffle.

A big thank you to all our curlers for supporting this very worthy cause; but a Special Thank You to **Greg Martin and Tammy Truman** who came up with this great idea and helped get it all started.

This is a great sport and a wonderful group of people, men and women, who enjoy friendly rivalry, comradeship, and just have fun on **Tuesdays at 4:30 pm.** We always welcome new members from all Calgary and surrounding area Clubs. - **Submitted by Al Johnson**



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The Salvation Army

Canada and Bermuda Alberta & Northern Terrisones Division

Community Services (Calgory)

420 9* Avenue SF Calgacy AB T2G 0R9 Tel: 403-410-1111 Fea: 403-410-1096



ving Hope Today

February 11, 2022

Rotary Club of Calgary @ Stampede Park 224064 – 210 Avenue West Foothills, AB T0L 1W4

Attention: Allan Johnson

Greetings:

On behalf of The Salvation Army, the thousands of volunteers and the clients we serve thank you very much for your generous donation of toys to the 2021 Christmas Toy Program.

With the kindness of many companies and individuals, The Salvation Army is looking forward to putting smiles on the faces of over 2,800 children this holiday season.

The Salvation Army gives hope and support to vulnerable people today and everyday in 400 over communities across Canada and more than 132 countries around the world. Our hope and prayer is that those experiencing homelessness will be housed and clothed, hungry mouths fed, children schooled, families reunited, and struggling parents will find employment.

The need in Calgary continues to be great, especially in these uncertain economic times. When you give to The Salvation Army, you are investing in the future of marginalized and overlooked people in your community.

Your commitment will truly make a difference and we are looking forward to you being a part of our 2022 Christmas Toy Program.

Wishing you and yours many blessings and a prosperous 2022.

WY

Cliff Wiebe Executive Director

William and Catherine Borch Foundes Brico Peddle General Floyd J. Tidd Leritorial Commander







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STAY IN SCHOOL REPORT CARDS ARE NEEDED ...

We need you to CONTACT your <u>STAY IN SCHOOL PROGRAM STUDENT</u> to get Report Cards for Semester One which ended in December / January. We have a few but need more. This also includes post-Secondary Students. We still need last June Report Cards for some Students.

Please send to me and let me know if I can assist.

Earl Huson (403) 686-0828/ ehuslink@telusplanet.net



Getting to know <u>Sarah</u> Brown:

Sarah has been assisting the <u>Social Media Committee</u>. She is <u>Don Bacon's Granddaughter</u>. Sarah is on the hunt for a paying gig and we would like to thank her for the volunteer work she is doing for our Club by supporting her in this.

SARAH'S SKILL SET:

I have a Business Diploma in Finance, a Bachelor of Management majoring in Marketing with a double minor in International Bus. (I have been on 2 international exchanges) & New Media. I graduated with a Digital Marketing Cert. The combination of schooling have contributed to my knowledge of Education, Marketing, Business, Digital Marketing, International Business, different cultures, and Finance. I want to pass on my knowledge and offer my services.

Tutoring: I can tutor students of all ages. I specialize in students with ADHD as I have found ways to navigate my own disability (which I call my superpower)

Basic Finance: I can budget, prepare taxes, financial plan, provide financial literacy and saving strategies.

Business/Marketing/Digital Marketing: Marketing is very digital now. I focus on digital marketing but print & paper is in my wheel house. I'm able to start from the beginning to help with: business plans, website building, domain registration, Google business setups & everything after: basic search engine optimization, ads, analytics, social Media where I increase followers, gain interactions, increase visibility, increase customers/ sales, I do mystery shopping if you have a business or client looking to evaluate anonymously.

Computers: I can help with anything on computers. Microsoft programs, basic computer functions, emails, basic design, typing, internet capabilities & anything else one could struggle with digitally. I'm happy to help

Basic help: I can pet sit, house sit, walk dogs, prep meals, drive and transcribe. My grandparents / parents are my biggest supporters. I help them and I'm willing to share my services for anyone that needs any kind of assistance.

Don't hesitate to reach out. No problem is too small. I'm confident I can solve any inquiry you have.

CALL: 403-510-7347 EMAIL: sarah brown 106@hotmail.com I look forward to assisting you!

CHAS FILIPSKI'S TESTIMONAL:

I was having formatting issues with a file that was time sensitive. I reached out to Sarah Brown and she jumped on my request. By end of day I had my completed document just as I envisioned. Sarah was responsive and a delight!





HIKING CLUB:

This week a group of 9 Rotarians, Partners and Friends, ventured out to the beautiful Black Prince Cirque Trail up to Warspite Lake. It was a perfect day with an abundance of fresh fallen snow and a temperature of +4! We stopped for lunch at the lake and enjoyed being surrounded by mountains, snow angels by Donna Kennedy and the warmth of mulled wine for all!. The return leg of the Cirque was supposed to be a "ride", the perfect sledding hill, except "that abundance of fresh snow" made it near impossible to slide! We all enjoyed conversation, camaraderie, new friends and fresh air!! Ahhh, and MUCH LAUGHTER!!



Submitted by Kathy Demorest



























DISTRICT 5360 GRANT REFRESHER WEBINAR ON MARCH 9TH

7:00 pm to 8:30 pm

https://rotary5360.ca/event/grants-application-refresher/



LUNCH AT ROTARY HOUSE ON MARCH 10TH

Dave Dickenson: Calgary Stampeders

www.rotarystampedepark.com register by March 4 at 9:00 am



COMMUNITY KITCHEN VOLUNTEERING SHIFT ON MARCH 15TH

1:00 pm to 4:00 pm Sign Up



LUNCH AT ROTARY HOUSE ON MARCH 17th

St. Patrick's Day

www.rotarystampedepark.com



LUNCH AT ROTARY HOUSE ON MARCH 24TH

Dr. J. Alex Fitzowich: The Road to the Olympics

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LUNCH AT ROTARY HOUSE ON MARCH 31ST

Scott Rennie, CEO Vault 4401: Alberta Carbon Capture Industry

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LUNCH AT ROTARY HOUSE ON APRIL 7TH

Rollie Cyr: Calgary Flames



LUNCH AT ROTARY HOUSE ON APRIL 14TH

Neil Edwards, CEO: Honens International Piano Competition



LUNCH AT THE "BLUE ROOM" AT STAMPEDE PARK ON APRIL 21ST

Don Bacon: Rotary Profile



LUNCH AT ROTARY HOUSE ON APRIL 28TH

Janelle Wakaruk: OWNcancer









SKIPTHEDEPOT FUNDRAISING: Download the SkipTheDepot App



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you book a pickup time and the depot will come to your home / office and pickup your recyclables (including old electronics and clothing). https://skipthedepot.com/locations/calgary-recycling

COMMUNITY KITCHEN

VOLUNTEERING OPPORTUNITY

On March 15th We're building Good Food Boxes and need 20 volunteers._Your help is needed! Volunteers are required. Click on <u>Sign Up</u> to view available slots and book yourself directly online.

Tuesday March 15th: 1:00 pm to 4:00 pm **Monday April 4th:** 5:00 pm to 8:00 pm **Tuesday May 17th:** 1:00 pm to 4:00 pm **Monday June 13th:** 5:00 pm to 8:00 pm Tuesday July 12th: 1:00 pm to 4:00 pm **Monday September 12th:** 5:00 pm to 8:00 pm **Tuesday October 18th:** 1:00 pm to 4:00 pm **Monday November 21st:** 5:00 pm to 8:00 pm Tuesday December 6th: 1:00 pm to 4:00 pm

Contacts: Earl Huson (403) 686-0828/ ehuslink@telusplanet.net

Ken Farn: (403) 560-6770/kgfarn@telusplant.net

THANKS FOR VOLUNTEERING!!!

2021/2022 BOARD OF DIRECTORS

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Partners President

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Member Experience Director Meeting and Events Director

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