

## THE ATRIUM: A BETHANY ROTARY PARTNERSHIP



**Luanne Whitmarsh** introduced our guests from Bethany Care Society, **Jennifer McCue and her associate Gail Urquhart.**

Luanne reminded us that we are all aging and that this Club and other clubs in the City are continually looking for opportunities to serve and what better way than **"Service to Seniors"**. You will see how this connects at the end of Jennifer's Presentation.

Jennifer took us through some very sobering statistics on Dementia. She brought a very human touch to it, telling us about her aging mother and her stepfather who passed away a few years ago.

### **Did you know that ..... ?**

- The prevalence of dementia is 1 in 11 people by the age of 55
- The prevalence increases with each 5 year increment of aging
- By age 90 more than 50% of individuals have some form of dementia.
- And it is just not seniors..... 15% of people diagnosed are under the age of 65

Dementia in our loved ones is also about the Care-givers. Each diagnoses of dementia directly impacts at least 12 people.

**This is a picture of Jennifer McCue's Parents with her why ...**

**My Why!**

**Who's Yours?**



## INSIDE THIS BULLETIN

1. ATRIUM: ROTARY BETHANY PARTNERSHIP
2. ATRIUM: ROTARY BETHANY PARTNERSHIP
3. CLUB NEWS
4. CLUB NEWS
5. CLUB NEWS
6. D. RICHARDSON MEMORIAL DISC PARK
7. PRESIDENT'S PARTY
8. PARTNERS IN PRINT
9. CLUB CALENDAR ETC ...
10. CLUB RUNNER AND CONTACT INFO

**Bulletin Chair:** Bev Ostermann  
**Editor:** Sandy Dougall  
**Photographer:** Mel Gray

## THE ATRIUM: A BETHANY ROTARY PARTNERSHIP

### *A Rising Tide.... Tells the story*

#### **About Bethany ...**

- Calgary – 13,000 people living with dementia and approximately 2000 dedicated dementia beds across a number of providers
- Bethany - 70 years of operation – from 19 beds in 1945 to operating in 7 communities and serving 2000 residents and their families
- Bethany opened the first residential style dementia care site 15 years ago in the community of Harvest Hills

Bethany is a Faith Based Not for Profit and for background and scope of services we recommend that you visit the web site Bethany Seniors .com. to get a better feel for this organization. This is from the web....

*Established in 1945, Bethany Care Society is a voluntary, not-for-profit organization dedicated to building caring relationships with the residents and clients we serve. We offer continuing care, housing and support services that celebrate the independent spirit of seniors and persons with disabilities throughout central and southern Alberta.*

Bethany is about to start construction of a 210 bed facility dedicated to the Complex care of Dementia patients. It will be located in Dover adjacent to existing Bethany facilities and will provide a continuum of care on the one site. Cost is some \$61million and they expect to break ground soon. The design of the building is dictated by the need to have a fully locked down facility but to enhance the facilities for clients the plan includes a large Atrium. It will be covered and useable all year round.

Bethany are about to embark on a Capital Campaign and the possibility of Rotary participating in “The Atrium” is being explored. This will be a big undertaking but as Luanne points out it fits with the “Service to Seniors” theme of Rotary. This is our first introduction to this idea and we will be seeing more as time goes on and a possible commitment is worked out.

**Gena Rotstein** thanked Jennifer and Gail and mentioned that in her business she runs into family situations where they are dealing with loved ones who are suffering from Dementia and she has seen the effects on everyone involved.

**President Murray** thanked Jennifer from Bethany and donated \$100. to our Stay in School Program.

Today	Within a Generation (by 2038)
500,000 Canadians with dementia	1,100,000
\$15 billion annual cost	\$153 billion annual cost
231 million informal caregiver hours/yr	756 million caregiver hours/yr
47,000 dementia bed shortage estimate	157,000 dementia bed shortage

Source: Rising Tide: The Impact of Dementia on Canadian Society

### The Rotary Challenge





## CLUB NEWS

**President Murray** opened the meeting with his now famous ... On This Date in History:

- 1896: Dow Jones begins index with 12 Industrial Stocks. Of the 12 only General Electric remains
- 1906: Saskatoon incorporated as a City
- 1937: Golden Gate Bridge opens
- 1969: John & Yoko begin second Bed-in at QE Hotel in Montreal
- 1988: Oilers beat Bruins to win 4<sup>th</sup> Stanley Cup in 5 years
- Today is "NATIONAL BLUEBERRY CHEESE CAKE DAY"

We all joined Lisa Fernandes in signing O Canada and Rotary Grace.

**Head Table: President Murray** introduced the head table to-day: **Luanne Whitmarsh**, Jennifer McCue (Guest Speaker), **Earl Huson**, **Chloe Dusser** and **John Labun**

Our Bulletin Editor is **Sandy Dougall** and our photographer is **Mel Gray**

**Guests: Roselyn Jack** introduced our guests. See photo of **Clive Pringle's** Daughter Dawn (former Stampede Princess)

**New Member Induction: Chloe Dusser**



**Geoff Hughes** as Chloe's sponsor told us about Chloe's background. She was involved in RYLA and comes from a family with a long Rotary history. Chloe has just cut a few years off the average age of the Club!

**Earl Huson** did his usual great job of welcoming Chloe to Rotary. He pointed out the obligations and expectations of being a member. **President Murray** pinned Chloe without hitting her with his elbow!

**WCS: Siegfried Klassen: Rick Scott** introduced his guest, Siegfried Klassen comes from a Club in Montevideo, Uruguay. This Club had received funding through World Community Service. Siegfried who is connected with a Club in Kitchener is a Minister and involved in Montevideo providing Sports Programmes to troubled Youths, helping out with other Social Areas of need and lately providing help for Flood Victims. Our Club along with others provided assistance to fill a SeaCan in Ontario with items such as a Van, Tractors and prefab buildings and shipping the unit to Uruguay. Banners were exchanged.



## CLUB NEWS

**President Murray** called on our guest Francis Kyaluzy from Uganda and banners were exchanged. The writer made contact with Francis and he was very interested in some pictures we had just received from another WCS recipient who rebuilt water wells and filters in Northern Uganda.

**Classification Talk: John Labun:** John gave us his classification talk today. John started with when asked.. "What do you do?" by replying "do you mean when I am working" John's

classification is "Land acquisition/

Real Estate Development" however he considers himself as a Connector. Through his efforts he connects people, capital, solutions and needs and brings it all together through the Development process. He said that he went through the downturn in 2008 when the company he was involved with was unable to continue with its sharing and giving culture. He determined to get back into that by joining a Service Club and here he is at Calgary South. We enjoy seeing John at meetings with the service dog Ogden that he is presently training.



**CRCF: Sherry Austin:** Sherry congratulated the club on its support of the Calgary Rotary Clubs Foundation in this difficult year. We met and far exceeded our \$100,000 goal. It was helped along with a major bequest from Mario Stella's Estate. Sherry presented the following pins:

**Terry Allen +1, Jack Thompson +7, Ed Whitaker +8, Bill LeClair +9 and Sherry Austin +9**





## CLUB NEWS



**Country Thunder: Norm Legare:** Norm filled us in on this important, and lots of fun event where we will be providing Volunteers with the revenue going to the Club. The dates are **August 19<sup>th</sup>, 20<sup>th</sup> and 21<sup>st</sup>** and shifts will be from 12 to 5.30 and 5.30 to 10.30. They have 3 different types of jobs

1. Selling Food and Drink Tickets
2. Bar Service
3. Selling 50/50 tickets

All volunteers have to be 18 and for jobs 1 and 2 they require a **PRO-SERVE certificate from AGLC**. It is obtained by completing an online programme and Norm tells us that a few of

his more able buddies have completed it successfully. So for the rest of us it should not be hard! If you go to [www.aglc.ca](http://www.aglc.ca) then click on **"Tips for Training Serving Staff"** then "ProServe Liquor Staff Training" you will find a description of the programme. Norm will be providing more information as we get closer to the event. This is a great opportunity to get your family members and friends involved ... they get to stay and enjoy the music at the event

To get the process started Charlie Gouldsbrough is starting to roster volunteers. He can be reached at: [charlie@albertasleepcentre.ca](mailto:charlie@albertasleepcentre.ca) or: Work: 403 319-0099, Cell: 403 852-7407 Charlie will need.... Name of your volunteer, Date to work, Shift you want to work, job you want to do, your email and Phone number.

**50/50: Bill Sumner** looked after the draw today and the winner of \$150.00 was **Terry Allen**.

**Charity Day: June 9th:** It is very important that you respond to the Event Invitation that you received by email. Please press Attend or Decline and you can pay online or at the meeting. This gives the organizers time to arrange for catering, etc... Thanks for your assistance with this

**President Murray closed the meeting**  
... HAVE A GREAT WEEK.

## ANN AND GARTH TOOMBS



**BE A GIFT TO THE WORLD**

## DAVID RICHARDSON MEMORIAL DISC GOLF PARK

**Dear Fellow Rotary Mattamy Greenway Alliance members:**

Parks Foundation Calgary is launching a new signature amenity along the Rotary/Mattamy Greenway. To the right is an invite to the **David Richardson Memorial Disc Golf Park Media Launch** taking place **Wednesday June 8<sup>th</sup> from 3:00 pm – 5:00 pm.**

This amenity will be located directly on the Greenway, and we invite you and your fellow Rotarians to join us and learn more about the project.

All 18 holes are available for sponsorship for an investment of \$25,000.00; four holes have been sponsored to-date, as well as other amenities on the course.

Here is a quick overview of the project:  
**Help Us Build The David Richardson Memorial Disc Golf Park**

Parks Foundation Calgary is proud to be launching its premier 2016 project, the David Richardson Memorial Disc Golf Park, a spectacular sport facility that will be accessible to all Calgarians, while drawing competitors from around North America.

The proposed 18-hole disc golf course is to be located on a 32-acre site in Calgary's northwest and will be built in memory of Calgary businessman and avid disc golfer David Richardson (son of Glenn Richardson, a past president of Calgary South). The course will be one of the best facilities in North America, will be low-cost sport and open to participants of all ages and abilities.

It will be the longest disc golf course in the city with the potential to be a professional tournament venue, while at the same time offering an enjoyable outdoor activity for novices, enthusiasts and their families.

The Park will sit on Parks Foundation Calgary's Rotary-Mattamy Greenway, a world-class outdoor recreational playground marked by its inclusiveness of use by all Calgarians, regardless of their abilities and economic backgrounds.

Thank you to all of you!





**David Richardson Memorial Disc Golf Park**

Parks Foundation Calgary is launching a signature amenity on the Rotary/Mattamy Greenway – the David Richardson Memorial Disc Golf Park. A spectacular sport facility that will be accessible to all Calgarians, while drawing competitors from around North America.

Please join Mayor Nenshi and all our partners to learn more about the proposed 18-hole disc golf course located on a 32-acre site in Calgary's northwest. We invite you to a Wine and Cheese Reception following the media launch to learn more about Canada's fastest growing sport. Hope to see you there.

**Media launch and more about the sport of disc golf on**  
**WEDNESDAY, JUNE 8, 2016**

Press Conference at 3:00 pm  
Intersection of Royal Vista Drive NW and Royal Vista Link NW

Reception at 4:00 pm - 6:00 pm  
**Lexus of Royal Oak**  
7677 – 112 Avenue NW

**RSVP BY JUNE 1, 2016**  
email to [info@parksfdn.com](mailto:info@parksfdn.com)








## PRESIDENT'S PARTY

**IT'S A PARTY!!**

**THE PRESIDENT'S PARTY THAT IS.**

JOIN US IN HONOURING  
OUTGOING PRESIDENT

**MURRAY  
FLEGEL**

Only  
**\$35**  
Per Person!

**Rotary**  
Calgary South

**DRESS: HOCKEY SWEATERS, OR CASUAL. • HOCKEY SHOOT-OUT WITH GREAT PRIZES!**



## PARTNERS IN PRINT



*Calgary South Rotary Partners' Annual Meeting with Dinner*

**Canadian Women as Legacy Builders**

June 16, 2016 at 5:30 pm  
Fort Calgary (750—9 Ave SE)

Tickets: \$50.00 Door Prizes  
Museum will be closed to the Public, however, we will have access to the displays.

Please RSVP by June 8 to Pat Cuthbert  
(403.252.0156 or bill.cuthbert@shaw.ca)  
Food allergies ... contact John Paul Potters  
(403.290.1875 or jppotters@fortcalgary.com)

Cheques can be made out to  
"Calgary South Rotary Partners" and sent to  
Donna Kennedy at 37 Mahogany Manor SE  
Calgary, AB T3M 0Y3

If you require a ride,  
contact Pat Farn (403.271.5567  
or patfarn@telus.net)

### ROSTER PHOTOS



Thanks to everyone who e-mailed a picture for the new Partners' directory. We now have 74 pictures. That means there are still 64 Partners who need to send me a head and shoulders, portrait oriented (taller than wide), digital picture of themselves. We would like all the spouses of new members to send a picture to me too. My e-mail address is [patfarn@telus.net](mailto:patfarn@telus.net)

### HIKING WITH THE PARTNERS

**HIKERS:** Here we go again. Please join us and bring a friend. Admission to the National Parks is **FREE** to encourage us to celebrate Canada's 150th birthday.

**JUNE 1ST:** We plan to investigate **Sundance Canyon** and the loop around the marshes. This is near the original Spring in Banff, almost flat, and 10.6km long. Please contact Ted Rowsell at: [rowselle@telus.net](mailto:rowselle@telus.net) or: (403) 281 0895



... Constance Jackson



2016 ROTARY CALGARY SOUTH CALENDAR ETC...

**JUNE 2016**

- June 2 Stay In School Luncheon: The Carriage House Inn
- June 7 Board Meeting
- June 9 Charities Day: The Carriage House Inn (Have you registered?)
- June 10 President's Party: Acadia Rec Center
- June 16 Dr. Dru Marshall: Provost of the U of C: Grandstand Club House)
- June 16 Partners Wind up / Passing of the Gavel Dinner: Fort Calgary
- June 23 Anni Arvo: YEX Student Presentation: Grandstand Club House)
- June 30 Changing of the Guard and WCS Presentation



**JULY 2016**

- July 7 Dream Home Kickoff: Ranchman's Cookhouse and DanceHall
- July 14 **NO MEETING: DREAM HOME**
- July 21 Paul Siska: Outbound YEX Student
- July 28 **NO MEETING: STAY IN SCHOOL GOLF TOURNAMENT**



**AUGUST 2016**

- Aug 4 Inaugural Address
- Aug 11 To be announced
- Aug 18 S.A.L.T.S. Presentation
- Aug 25 Cassidy Pearson: Returning YEX Student from Finland

**SEPTEMBER 2016**

- Sept 1 To be announced
- Sept 8 Jim Gray: Wellness
- Sept 15 Michelle Sterling: Friends of Science
- Sept 16-18 Waterton Peace Park
- Sept 22 Jody Mosely: Calgary Airport Authority
- Sept 29 To be announced

**OCTOBER 2016**

- Oct 6 Cambodian Dancers: Place of Rescue
- Oct 13 To be announced
- Oct 20 Dr. Jeff Keshen: Mount Royal University: Shaw Scholarship
- Oct 27 To be announced

**NOVEMBER 2016**

- Nov 3 To be announced
- Nov 10 To be announced
- Nov 17 To be announced
- Nov 24 To be announced



**HEALTH AND WELLNESS:** Contact Dave Marchant at: (403) 251 1674 or: [marchantd@telus.net](mailto:marchantd@telus.net) if you know of anyone that is not well or is there anyone you know that could use a visit.



**TRANSPORTATION:** Contact Gui Salazar at: (403) 875 5146 (Cell) or (403) 281 9719 (Home) or: [salazars@telus.net](mailto:salazars@telus.net) if you know of anyone that may need a ride to meetings



## CLUB CONTACT INFORMATION

### ClubRunner™

Connect. Collaborate. Communicate.

Did you know you can **Register and pay online** for all Events?

Did you know you can **email any member of the club** without having to find their email?

Did you know that you can **email any or all committee members** without having to have your own distribution list?

Did you know you can **check your Attendance** and **Review past Bulletins**?

Did you know you can **save documents to your committee area** so all committee members can see them?

The Board would like **ALL Directors and Committee Chairs** to contact Kathyann for Training. Anyone else is welcome to participate or can have one-on-one training at the office

Please click this link to email: [kathyann@rotarycs.org](mailto:kathyann@rotarycs.org) to arrange a group training session at your location and convenience

### Contact Us

Administrator: Kathyann Reginato  
Rotary Club of Calgary South  
L103C, 9705 Horton Road SW  
Calgary AB T2V 2X5  
(403) 244-9788  
[kathyann@rotarycs.org](mailto:kathyann@rotarycs.org)

Visit us at: [www.rotarycs.org](http://www.rotarycs.org)

#### 2015-2016 Club Officers

**President:** Murray Flegel  
**President-Elect:** Ken Farn  
**Past President:** Allan Johnson  
**Secretary:** Ted Rowsell  
**Treasurer:** Larry Kennedy  
**Partners President:** Maureen Watson

#### 2015-2016 Directors

**Club Membership & Foundations**  
Luanne Whitmarsh

Email: [luannew@kerbycentre.com](mailto:luannew@kerbycentre.com)

**Club Service: Operations**

Glenn Potter

Email: [agpotter@telusplanet.net](mailto:agpotter@telusplanet.net)

**Club Service: Ways & Means**

Bryan Walton

Email: [bwalton@cattlefeeders.ca](mailto:bwalton@cattlefeeders.ca)

**Community Service**

Gail McDougall

Email: [gailmcdougall@comcast.net](mailto:gailmcdougall@comcast.net)

**Community Service (Ways & Means)**

Charlie Gouldsbrough

Email: [charlie@albertasleepcentre.com](mailto:charlie@albertasleepcentre.com)

**International Foundation & Vocational Service**

Neill Magee

Email: [nmagee@arrow.ca](mailto:nmagee@arrow.ca)

**Youth Service**

Craig Stokke

Email: [craig@sellerdirect.com](mailto:craig@sellerdirect.com)