



Club of Calgary
at Stampede Park

BULLETIN FOR MAY 28TH, 2020 VOLUME 65, ISSUE 44

MESSAGE FROM PRESIDENT CHAS



My Fellow Rotarians and Friends:

I hope everyone had a good week in spite of the weather. I am told that it will improve. How much remains to be seen.

Further, I pray all of you and your loved ones continue to avoid this invisible villain of COVID that has so rudely disrupted our lives.

Today I want to recognize and thank all of you for your efforts and patience with the changes to our Club meetings. While I remain hopeful that restrictions will be lifted sooner than the inane end of August mandate, my faith in the collective intellect of those in position to do it remains tenuous at best.

Kathyann Reginato, Lisa Fernandes, Jamie Moorhouse and Steve Mason readily come to mind in that they have had a large hand in coordinating Zoom meetings we can all enjoy.

Thankyou also to **Jim Fitzowich and his crew** for the stickhandling of the booking of guests over this time period. Not an easy task but they have been infallible. Of course, I include the members who sponsor those speakers for their efforts to bring us interesting guests.

Johnny Fitz gets a big nod for initiating the launch of a special business meeting on Wednesdays. There is always a good discussion and veritable plethora of ideas that come out of those "Zoomcasts"

Lastly, it is you our membership and your continued interest and participation in these Zoom meetings I want to thank. Your patience with my gaffes has truly been "Job-like" and we maintain a healthy audience every week. I am cognizant it is not me you tune in for but rather the program and "checking up" on colleagues and friends - which is entirely appropriate and the right thing to do!

As you could see today, I got my hair cut. While out, I was pleased to see almost every store and venue open and people supporting them! I was even happy to be stuck in the middle of excess traffic! Means we are getting there! Can't wait!

Enjoy your week!

Be well, all.

E. Chas. Filipski, Jr.
President

Rotary
Club of Calgary at Stampede Park





District 5360 Virtual Conference: Saturday, June 6, 2020 1pm to 5pm
Be there, and wear your Cowboy Hat for Happy Hour

I don't know about you, but I believe **DG Christine Rendell** has done a great job. She put her whole heart and a ton of energy into her role over the last year. To cap off her year, she had planned a tremendous District Conference, with great keynote speakers, and as per her Newfoundland roots, a downhome kitchen party.

To promote the name change of the **Rotary Club of Calgary at Stampede Park** our Board had agreed to sponsor the Saturday lunch keynote speaker, World and Olympic Curling Champion Brad Gushue. I was looking forward to it, and we were hoping members of our Club would turn up in spades.

Of course, everything has changed. District Conference, like everything else, has gone virtual.

For the little bit I know, DG Christine attended Ron's President Party last May. I am pretty sure it was her who got the band playing "Sweet Caroline" and everyone hit the dance floor, whether they had a partner or not. She participated in our Stay in School Golf Tournament last July. DG Christine leaned in with Rotary International when there were challenges regarding our name change. She recognized the efforts of Past President Sherry Austin, with the name change approval, by presenting her a "Women in Rotary" pin. I am paraphrasing what I said at the podium the day she spoke to our Club, but it was one of the first times I actually paid attention when a DG spoke to our Club...She shared her personal journey in Rotary.

Just wanted to remind you of the numerous times DG Christine has supported our Rotary Club, and now, I believe, it is time to support her.

The District Conference will be **Saturday, June 6, 2020 from 1 pm to 5 pm**. You need to register at the link below to participate. There is no cost to register, but DG Christine is asking for a charitable donation for charities assisting women and children in violent situations.

To support DG Christine, as one of the largest Rotary Clubs in the District, and to promote our name change, our Board has approved sponsorship of the Happy Hour. Jamie Moorhouse is arranging to "run a banner" at the top of the screen during the Happy Hour, indicating

"Happy Hour is sponsored by The Rotary Club of Calgary at Stampede Park."

So, here is what I am asking. Please register for the conference, enjoy the virtual keynote speakers, and stay for the Happy Hour. Take the opportunity to show your pride in our Rotary Club by wearing a cowboy hat during the Happy Hour. Everyone will know how passionate we are about our Club, and about our name change. Let's toast DG Christine for the end of her term with a great show of support... She deserves it, and has earned it.

Finally, if you think this is an effort, if I was your mother, I would be saying, "put on our cowboy hat, show up, and just be grateful you aren't having to kiss any cods, or drink any Screech..."

See conference and registration details on the next page.

**Penny Leckie,
President Elect**

Rotary
Club of Calgary at Stampede Park



Rotary Opens Opportunities

District 5360 Virtual Conference 2020

Join **District Governor Christine Rendell** as we chart new territory with our first ever Virtual Conference.

We are excited to present this informative and fun afternoon

Panel 1- "COVID-19 Facts and Fiction"

Moderator: **Kathy Le**, Video Journalist and Anchor at CTV News
Panellists:

Dr. Tyler Williamson

Associate Professor, Cumming School of Medicine
Assistant Professor of Biostatistics in the Department of Community Health Sciences at the University of Calgary and a member of the O'Brien Institute of Public Health and the Alberta Children's Hospital Research Institute

Dr. Raj Bhardwaj, CCFP FCFP

Staff Physician - Alberta Health Services - Urgent Care
Clinical Assistant Professor - University of Calgary
Medical Columnist - CBC Radio / TV
Host - DDx podcast

Lynora M. Saxinger MD, FRCPC, CTropMed

Medical Lead AHS Antimicrobial Stewardship Northern Alberta
Physician Learning Program - Stewardship Pillar Liaison
Associate Professor, Division of Infectious Diseases

Panel 2- "People of Action Crushing the Curve"

Moderator: **Drew Kessler**, PDG Rotary District 7210

Panellists:

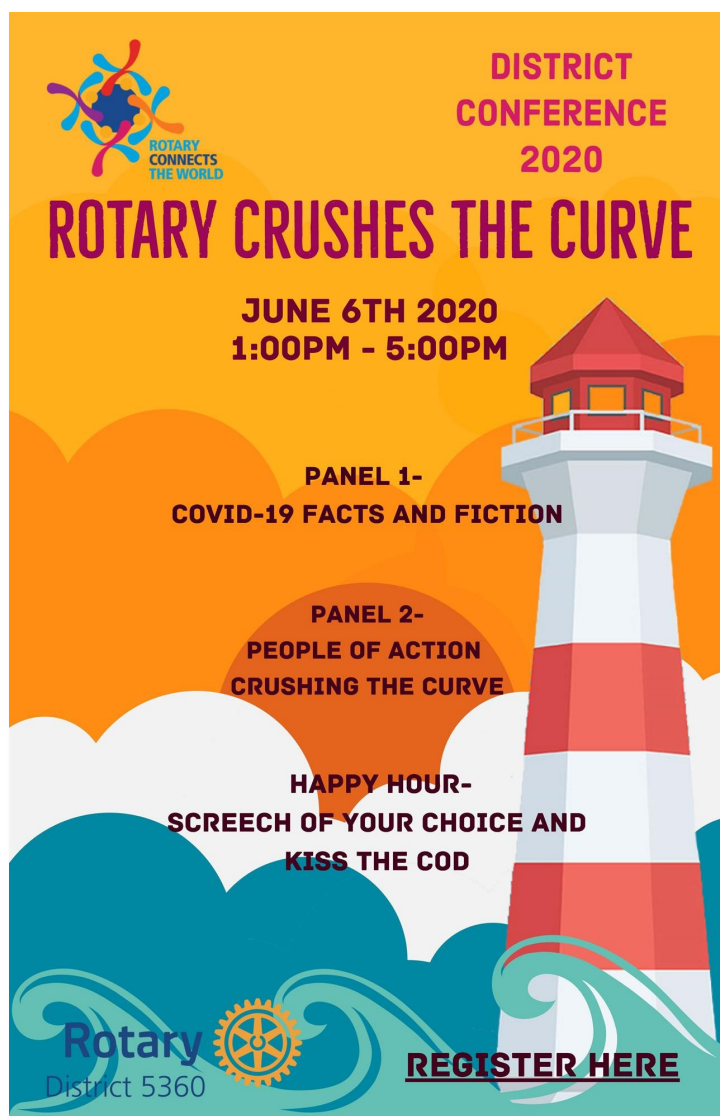
Gerry Darichuk, (Rotary Club of Calgary North): Rotary and Breathe Safe Alberta Partnership Read More

Jamie Lesueur, Roving Emergency Operations Manager - Africa Region at IFRC

Happy Hour

Join us for a Virtual version of the Screech and Kissing the Cod (Kissen' d'Cawd) !!

REGISTRATION LINK: <https://rotary5360.ca/>



es

Walter Flores introduced our guest Speaker today, **Carlota Figueres**. It is with great pleasure that I introduce our speaker today. Carlota came to our club as our latest inbound student from Spain. I should have known that we were in for a treat when we had to wait over 3 hours at Calgary International for her to clear customs in August of last year.

As they say, good things take time, like a good wine. Unfortunately, like many other things these days, the exchange program was cancelled ahead of schedule and Carlota had to go home early. Although she wasn't in Calgary for her full year, Carlota had a chance to experience Canadian life to the fullest thanks to many members who took the opportunity to spend time with her and show her around.

To you, I thank you as it makes a world of difference in the lives and experiences of the students. Carlota stayed with my family upon her arrival and then was gracefully hosted by Claudia Brews, David and Andrea Whiteley and was scheduled to stay with Jan and Lossie Alston but unfortunately had to go home just before her move.

To the families that hosted Carlota, I also thank you for being part of this great program. Lastly, I want to thank Carlota's parents, Eva and Jose Luis who allowed us to meet and host their wonderful girl and in the process become a part of her life. With no further delay, I leave you with Carlota who joins us from beautiful Barcelona today.

Carlotta took us through her presentation from her home in Barcelona. It was 46 slides and we are unable to publish them all. They really told a story of her exchange visit to Canada

Here is the link to Carlota's Photos: [Carlota's Photo Presentation](#)

Here is the link to the Meeting: May 28 2020 - [Zoom Meeting: YEX Student: Carlota Figueres](#)

"Thank you all for making this the best experience possible".

Carlota answered some questions and told us about the current situation with the lockdown in Spain. They are now in Stage 1 and she is nervous that not all are following the rules. Her mother Eve (in Spanish) expressed her thanks for looking after Carlota and saying how sorry she was to miss her planned trip to Calgary. Carlotta will be having surgery on her knee when the hospital crisis is over later this year.

Carlota took a moment to thank **Ron Prokosch** for his guidance and mentorship and was proud of the renaming of the YEX Scholarship in his name. **Ron Prokosch** thanked Carlota for her kind words and for her participation in the Video greetings from all the Students. It was too bad that she was not able to make this presentation in our Cool Rotary House with her family. Notwithstanding the shortened visit and her knee injury she was able to pack lots into her Canadian Exchange.

President Chas echoed those comments and again thanked Carlota for her presentation today. "We hope to see you back in Calgary in the future and if any of us are in Spain we should try to make contact."



John Shield introduced Spencer Tonkinson:

I have known Spencer for 5 years now and he is just a stand up kind of guy. His parents Anthony and Beverly have been long time members of the Chinook Rotary Club. When Spencer expressed interest in joining Rotary they suggested that he check out a few different Clubs in the city.

He knew that I was a member of the Rotary Club of Calgary at Stampede Park and asked to join me for lunch. I believe he will be a valuable member and will help our Club grow and prosper.

Spencer began his classification talk today by saying that I feel like I am either creating a life resume or an obituary, so buckle up, as this is the good and the bad.

My family, whom I am very close with consists of my wife, my parents and my two sisters who are both married with children. I grew up around Rotary with a father who is a 34-year member and my mother a 10-year member of the Chinook Rotary club.

Graduating from the National Sport School, I grew up ski racing which has in many ways created the person I am today. When hitting speeds upwards of 140km/h while only wearing long underwear and a plastic bucket on my head I learned how to have: Quick Thinking and Confidence, Learning to deal with ever changing variables (weather & equipment) and A lot of training both physical and even more mental

-Luck does not exist, it is the combination of preparation and opportunity. And my favorite, the harder you work the more 'luck' you receive. But most importantly that you do not win all the time, no matter who you are.

I am constantly reminded of these things in my life. Especially the last one, as without it, I most likely would still be in my parent's basement.

After having one too many surgeries I had no choice but to walk away 'luckily' from ski racing. Being extremely competitive I set out to create a 'new' future for myself. For almost 15 years I thought about skiing every waking second. So, when it ended so quickly, I began working as a ranch hand with 6000 head and bartending/managing cowboys' nightclub.

Just shy of two years later I decided to attend school in Edmonton while continuing to work at Cowboys. Finding out school was not for me and eager to start my own business I left and moved to Penticton BC to open my first business. A nightclub, which I quickly grew to the largest permanent liquor license in BC with just over 1000 patrons. I also did golf tournaments (one was the Coors Light Golf Tournament), pub crawls and wine events. I was known to bring some of the best talent to the Okanagan as my venue was well set up for concerts and shows. I even helped bring Rihanna to the SOEC for one of her smallest shows on her 2010 summer tour.



As I said, you do not win all the time, no matter who you are. After 5 years of pouring my blood, sweat and tears into Club 535 I unfortunately had to walk away. I only have 3 minutes so I will spare the details. Moving back to Calgary, I met my now future wife Kourtney. Having lost everything, she soon became my support system to getting back on track.

Growing up around Real Estate, with my mother being a solo agent since 1996 I got my license and entered the market as a licensed agent in 2012. Since then I created the Tonkinson Real Estate Team which I rebranded to the Western Elite Real Estate Group Jan 1st, 2019 with 5 full time agents, 2 new agents and a fantastic team manager/admin.

I have since won the RE/MAX Hall of Fame award, RE/MAX Platinum Club Award, and my most proud award. The RE/MAX Top 100 Western Canada. Whereas of April 1st, 2020, I was 62nd year to date, putting me 5th in Calgary with almost 900 RE/MAX agents in Calgary alone. Oddly enough, I sold the 2011 Rotary Dream home. Representing the buyer and seller.

As ski racing taught me, luck favors those who work hard. So, knowing that, I am proud of my team for never letting off the gas and to continue fighting the good fight as the market has been relentless and unforgiving since 2014. Western Elite Real Estate group has become known for our concierge level real estate services while collaborating rather than competing with one another.

Oh ya! I got married in 2019. TWICE! Legally on October 18 skydiving with only family and the actual wedding at the top of Sunshine Village Mountain on November 16th with a small group of 100 of our closest friends and family.

When I am not working you can find me hiking, golfing, skydiving, at the gym (being harassed by John) and of course skiing.





President Chas, sporting a new haircut, welcomed us all to the Zoom Meeting of May 28th. In particular he welcomed our special guest **Carlota Figueres**. Good Spanish Chas. He also said that he was taking the Flames over Jets in three!

Lisa Fernandes led us all virtually in the National Anthem.

Bulletin Editor - Sandy Dougall: Before the meeting Sandy had a good chat in the Breakout Room. "I was fortunate to meet with **Roselyn, Corinne, Spencer, Ron, and Carol** and use the time to sort out some technical points of Zoom. Then when talking about all our haircuts and lack thereof, Kathyann interrupted us with her timer"!

Quarantini- John Fitz, doing a bumpy landing at Calgary Airport on this his Birthday, reminded us of the fun event coming up tonight at 6pm. A Quarantini a new Covid word. John we hope you landed safely and we will hear from you tonight.

President Chas highly recommended the Meals with **Christine Kyte** and also suggested participating in her delivery route to see fellow Rotarians.

We were reminded about **Past DG Dan Doherty** survey. Take some time and respond.

Remember DISCON registration by June 6th for the AGM June 8 (More info in the bulletin).

Health and Wellness

- ⇒ **Tommy Low** still in the hospital probably for another few weeks- doing ok
- ⇒ **Rod Bower** in good spirits, phone calls appreciated
- ⇒ **Paul and Susan Brick** spirits high
- ⇒ **Murray Flegel** MRI the other day and is well.
- ⇒ **Gui Salazar** is having a second eye surgery today

Spencer Tonkinson did double duty today with his Classification speech and Sergeant at Arms. He did a great job of cleaning some change out of pockets and we expect those jars to be full when we return to Rotary House

ATTENDANCE DURING COVID: All Rotary Club of Calgary at Stampede Park Members will be considered present and accounted for from the last regular meeting of March 12th, 2020 to the date that we return to Rotary House at which time the Attendance Policy will be reviewed and updated accordingly. Please still connect on Zoom but if someone cannot get onto the platform we do not want to see them penalized



HOME COOKED COMFORT FOOD

**NO-CONTACT
DELIVERY
FOR
FRIDAY, JUNE 5**

THIS WEEK'S MENU:

**1L TUSCAN BEAN SOUP (4 PORTIONS)
COQ AU VIN (Chicken in red wine sauce)
(2-3 PORTIONS)
BUTTER BISCUITS**

\$30 PER ORDER

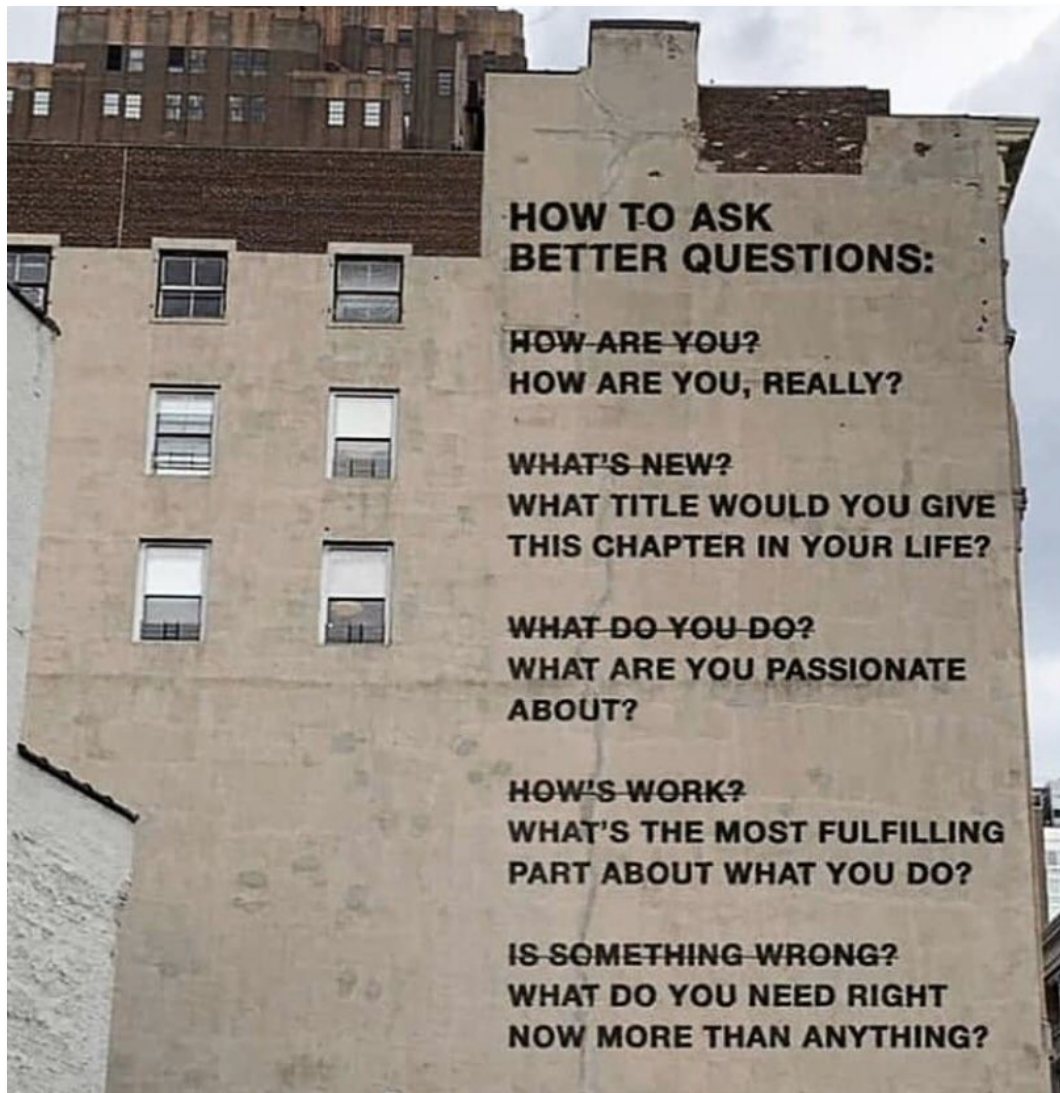
**Please place orders by email
or phone before
Tuesday, June 2**

Email: info@reflectivecatering.com

Phone: 403-831-4498



STAYING CONNECTED ... WITH JOHN SHIELD





Life is short, live it. Love is rare,
grab it. Anger is bad, dump it.
Fear is awful, face it. Memories
are sweet, cherish it.

Covid19 Facts :

The virus can travel 6' it can not travel
6'1 or greater, it can live on all
surfaces except anything that comes
in the mail from Amazon, it does not
live in Target, Walmart, Home Depot,
Lowe's or any grocery store, it is only
deadly in bars, restaurants, small
businesses, hair salons and
especially churches, and It can not
live on your food as long as you get it
to go.

January- Australia is on fire
February- Kobe dies
March- Covid19 is coming to kill us
April- Economy tanks; UFOs are real
May- Giant Murder Hornets <- you are here
June- Underground crab people are discovered
and they eat humans
July- Apes with guns on horse back come for the
human race
August- Godzilla comes out of the ocean and he's
pissed
September- Zombie outbreak as a result of the
Covid19 vaccine testing
October- My Little Pony turns out to be real and
they eat humans also
November- Second wave of crab people
December- Cthulhu comes out of the ocean and
he's pissed
January 2021- Aliens invade planet earth
February 2021- Cleveland Browns win the Super
Bowl
March 2021- Rapture
April 2021- Avengers 5 comes out

**I say, phase 2 we
close Walmart,
Costco and other
big names and let
all the small
businesses have a
turn at making
money.**

Before he died, a father said to his son; "Here is a watch that
your grandfather gave me. It is almost 200 years old. Before I
give it to you, go to the jewelry store downtown. Tell them
that I want to sell it, and see how much they offer you."

The son went to the jewelry store, came back to his father, and
said; "They offered \$150.00 because it's so old."

The father said; "Go to the pawn shop."

The son went to the pawn shop, came back to his father, and
said; "The pawn shop offered \$10.00 because it looks so worn."

The father asked his son to go to the museum and show them
the watch.

He went to the museum, came back, and said to his father;
"The curator offered \$500,000.00 for this very rare piece to
be included in their precious antique collections."

The father said; "I wanted to let you know that the right place
values you in the right way. Don't find yourself in the wrong
place and get angry if you are not valued. Those that know
your value are those who appreciate you, don't stay in a place
where nobody sees your value."

Know your worth.



President Chas asked for quotes, music and thoughts. We have created a music playlist for the RCCSP Club: [Quarantina With Friends Playlist](#)

Janet Matthews provided the following information listed below from the Calgary Philharmonic Orchestra.



Music to My Ears Online Series

Finding strength and resilience through beautiful music.

Join us tonight at 7:30PM for a special music presentation with Karl Hirzer,

Associate Conductor, as he takes you through Beethoven's Symphony No. 6. This beautiful work, known as the Pastoral Symphony, is scheduled for the 2020/2021 Season as we continue to celebrate the Year of Beethoven in honour of the game-changing composer's 250th birthday.

Our online Music to My Ears series is a chance to explore how composers reached milestones in the history of music thanks to their resilience in difficult times. Prepare your tea or coffee, connect on our website, and join Karl for this friendly and educational evening. This video will also be posted on our [All Access page](#), where you can enjoy it at your convenience.

Music to My Ears with Karl Hirzer

Tuesday 26 May / 7:30PM

calgaryphil.com



[LEARN MORE](#)

Coming Up: Sensational Strings

Join the Calgary Philharmonic and Associate Conductor Karl Hirzer for a tour of the Orchestra! An Orchestra Adventure (with Maestro Karl and friends) is a free four-part series that takes kids on an online musical journey through the four sections that make up a symphony orchestra: woodwinds, strings, brass, and percussion.



The first webisode, Wondrous Woodwinds, debuted last week and you can find it [here](#). The second instalment, Sensational Strings, goes live on Tuesday 2 June at 2PM. This time, Maestro Karl discovers interesting facts about the instruments of the biggest section of the Orchestra — violin, viola, cello, and double bass — and takes a trip back in time to learn more about composer Johann Sebastian Bach. Sensational Strings will be followed by Brilliant Brass on 16 June, and Playful Percussion on 30 June. The webisodes will stay up on our website after they're released, providing a free and accessible resource you can enjoy at any time.

[DISCOVER](#)



The hikers are back! As the convoy of 15 hikers met at the Sugar Shake we got to watch four deer that were quit bold, greeting the shop owner at Bragg Creek Korner Kitchen. There is a pic of us at the trail head of Fullerton Loop, practicing social distancing (except for family groups).

It was great to see a few early flowers: Early Blue Violets, Shooting Stars, Strawberry, Common Bearberry (Kinnikinnick) and a lone Venus' Slipper.

We social distanced at lunch overlooking a view point. The sun, new leaves on the trees, the mountains and the view were all bonuses after months of social isolation. This hike has lots of rushing streams and lots of bridges that add interest to a hike. We missed our ice cream treat!





As we pass through May, I reflect on how my life has looked over the last few months. Due to self-isolation and social distancing, I was able to complete a few projects that have been on my "to-do" list since we moved in over a year ago and spend invaluable time with our daughters, son-in-law and our sweet granddaughter who self-isolated with us. Even though I miss my quiet days, I am thankful that we were able to have family with us.

My current Executive is getting ready to wind-up and I am going to miss very much having a final dinner to celebrate a successful year and thank them for their amazing support. We instead will hold a zoom meeting, raise a glass and look forward to the upcoming year.

I am looking forward to warm weather, green grass and the beautiful gardens that will start popping up. May you all stay happy, healthy and safe until we can all meet in person again.

Virtual hugs to you all!

Denise MacLeod
Rotary Partners President



Rotary Partners' Book Club News

Our Book Club has continued with zest despite the COVID-19. We have had two meetings on Zoom so far. The first held on April 27th with Lorna Hamm presenting the book, "Where the Crawdads Sing". We had a lively discussion led by Lorna and we agreed it was a very interesting book. Fourteen members joined in on the Zoom meeting.

Our second Zoom meeting was on May 11th. Twelve members joined us for the second meeting and we all talked about books we had read. I sent out the list of recommended books to all members. We are going to have our third Zoom meeting on June 15th at 9:30 am. Everyone is welcome.

Denise sets up the meetings so if you'd like to join us email her at: denisemacleod67@gmail.com

Jane Topp



DATE	EVENT	LOCATION
WE WILL CONTINUE TO UPDATE YOU AS THINGS EVOLVE		
June 4	ZOOM MEETING: Kaylee Quinney: YEX Presentation	ONLINE MEETING
June 11	ZOOM MEETING: Bob Brawn: Rotary Profile	ONLINE MEETING
June 18	ZOOM MEETING: Annual Charity Day Presentations	ONLINE MEETING
June 25	ZOOM MEETING: Changing of the Guard & WCS Presentation	ONLINE MEETING
July 2	ZOOM MEETING: Dominion Day Celebration	ONLINE MEETING
July 9	ZOOM MEETING: Stampede Spirit: Celebration of Cowgirls	ONLINE MEETING
July 16	ZOOM MEETING: President's Inaugural Address	ONLINE MEETING
July 23	ZOOM MEETING: James McAraFoodbank Update	ONLINE MEETING
July 30	ZOOM MEETING: Alice Reimer: Creative Destruction Lab	ONLINE MEETING
Aug 6	TBA	
Aug 13	TBA	
Aug 20	TBA	

RCCSP 2019 2020 Officers and Directors

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