



RCCSP Weekly Bulletin May 5th 2022 Volume Number 67, Issue Number 39

Editor: Carol Graham

Photography: Melanie Todd / Sarah Brown

Videography: Steve Mason / Jamie Moorhouse

Welcome to the May 5th, meeting of the Rotary Club of Calgary at Stampede Park. I am the Club's President, Craig Stokke

Today is **Cinco de Mayo**. Cinco de Mayo is celebrated on May 5, because today is the anniversary of Mexico's victory over the French Empire in 1862. This win was a huge morale boost for Mexico because 4000 Mexican soldiers were victorious over 8000 better-equipped French soldiers. Regrettably, several months later, an even larger French force came back and defeated the Mexican army to occupy Mexico City... but apparently we don't talk about that.

Cinco de Mayo is more popular in the United States than it is in Mexico. In the US, the day has become associated as a celebration of Mexican-American culture, and, although it has been celebrated since 1863, the day gained continent-wide popularity in the 1980s due to advertising campaigns by beer, wine, and tequila companies. Today, Cinco de Mayo generates beer sales on par with the Super Bowl.

At my house we are huge fans of Cinco de Mayo because we are huge fans of Mexican food. As a matter of fact, in the Stokke household Mondays are referred to as "Taco Tuesday Eve".



Please join me for the singing of O Canada followed by Rotary Grace.

HEAD TABLE: Michael Vandezande (joined our Club 2019), Raquel Alonso (VP St Mary's), Stan Cichon (joined Rotary 1988, our Club 2016), Ted Stack (2015), Bill Sumner (1997), President Craig Stokke (2008)

GUESTS: Bill Sumner introduced our guests. **President Craig:** I would like to welcome everyone both in person and on Zoom!

Stay In School Luncheon: Bill Sumner advised that the luncheon would be held at Rotary House on May 19 not at the Carriage House which has been the traditional venue. To cut back on expenses, only the 3 new recipients and their mentors will be invited. All other students are not invited this year.

Please register at: www.rotarystampedepark.com as soon as possible

BUSINESS CLUB: Just a reminder our next Business Club meeting will be held on May 19th at Charlesglen Toyota. If you have not already signed up, please register using the same platform we use to register for meetings. We are anticipating a great turn out and it will be a lot of fun (More information in Bulletin).

www.rotarystampedepark.com



BIRD WATCHING: Keith Davis is reaching out to members who are interested in the newly formed Bird Watching Club. Bird watching is the fastest growing pastime in North America and Europe and a great way to spend some time outdoors, get some exercise, enjoy fellowship with other members. Reach out to Keith for more information (More information in Bulletin).

Both of these activities are open to non-members as well as members. So if you have a friend or family member who may be interested please bring them along. Information on both events can be found in the bulletin.

50/50 DRAW: George Deegan announced a pot worth \$120.00 and asked the Vice Principal Raquel Alonso to pick the winning ticket. Deb Sands was the lucky recipient. Congratulations Deb!

Also: DG Parnell posted this: Huge congratulations to **Deb Sands of the Rotary Club of Calgary at Stampede Park!** Deb was the WINNER of the DisCon 2022 May 1st draw of 2 seasons tickets for the Calgary Civic Symphony and \$200 for dinner.

Go to www.discon5360.ca and register for the 5360 District Conference, to be held on Saturday May 14th 2022.





OFFSITE MEETING ON MAY 26TH: We are hosting our first off-site in a long time and it will be a good one! We will be meeting at the U of C School of Veterinary Medicine at their Spy hill campus. Our featured speaker will be Dr. Renate Weller, Dean of the U of C Veterinary Medicine School. Dr Weller is excited about hosting our Club. There will also be tours of the campus after lunch.



For planning purposes there will have a sign-up sheet at the registration desk over the next two weeks to get a rough idea of attendance and to see if you would be interested in taking a bus from Chinook Mall. So please help by letting us know one way for another if you will be attending and if you require a ride.

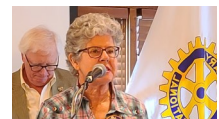
***** Note: you will still need to confirm your attendance with a meal order on the website at: www.rotarystampedepark.com. The cost will be \$30. So please sign-up for this event. Contact Bryan Walton if you have any questions.**

DREAM HOME: Janet Matthews reminded everyone that Stampede is 2 months away and there will be information provided on **May 12th on how to use Homebase scheduling system to sign up for the Stampede shifts**. Volunteers will be available for those needing assistance in signing up. Please contact **Brenda McKinley or Kendall Bocking** to set up your volunteers in Homebase and remember to place your order for a Rotary Themed Stampede Shirt with Stacey Johnson as well.

HEALTH AND WELLNESS: Contact for May is **Brenda McKinley**. Brenda McKinley reports that **Dorothea Schaab** is still feeling the effects of Covid and is at home isolating. Dorothea has always done such a great job staying on top of the Club's health so now it is our turn to send our good vibes and well wishes to her. **Larry Stein** is waiting to have surgery next month. Larry is still doing physio and will require at least two months of recovery after his surgery. It has been a long haul for Larry and we are wishing him and Dorothea a speedy recovery. **Roger Jarvis** is feeling better and he might be at the meeting today. Is Roger Here?

KIDS AT HEART: Ted Stack As Chairman of the Golf Tournament, Ted asked for our support of the tournament so our Club could support the 3 charities the Committee has selected for this year's proceeds: Safe Haven, Dare to Care and the Prep Society. The one way to support the tourney is to play in it.

Spencer Tonkinson is in charge of registration and advised that you have to pay with your credit card to register. If wanting to play with specific people, it would be easier if you arranged to pay as one for the people you want to play with. Contact Spencer if you have any questions. **Janet Matthews** is in charge of the auctions and asked for any donations of items, restaurant cards, and also cash is welcome. You will get a tax receipt for the fair market value of the contribution. Please re-new your sponsorship or become a new sponsor. The website is up: kid-satheart.ca (see bulletin for more information)



SERGEANT-AT-ARMS: Rudy Ruberto: Rudy first thanked President Craig for taking all of his material with his introductory remarks about Cinco de Mayo. However, he was able to quickly pivot to the Hockey playoffs, past and present and empty the pockets of Bill Sumner, Bruce MacDonald and the table mates of Allan Johnson. Good job Rudy!



UKRAINE CRISIS DONATIONS: President Craig noted that Rotary is still accepting donations to support Ukraine in the war that will be going on for some time

INVERMERE WEEKEND: See Bulletin



LUNCH AT ROTARY HOUSE ON MAY 12TH: Tommy Wheeldon, Coach and GM, Cavalry FC

www.rotarystampedepark.com

We are back at Rotary House for the opportunity to hear Tommy Wheeldon, Coach and GM of Cavalry FC. This is one of the highlights of the calendar so if you have a friend or Rotarian from another club who may be interested please consider inviting them to our meeting.



Please remember to register online for a meal by **tomorrow at 9:00 am**. We will have sandwiches available until they are sold out. Thank you. Contact Kathyann Reginato if you would like a username and password to do so

Final words: As always, I finish by encouraging you to ask yourself:

What do you need from our Rotary Club this Week?

What does our Club and Community need from you this week?

But before we go I leave you with one final thing; the three hardest things to say are:

- ⇒ I was wrong
- ⇒ I need help
- ⇒ Worcestershire Sauce

And with that, our meeting is adjourned Thank you for coming. Have a great week!

MEETING LINK: <https://youtu.be/VjFqv7rls78>



MEMBER PROPOSAL

GAIL URQUHART has been proposed for active membership in the Rotary Club of Calgary at Stampede Park as Sponsored by Ken Farn and Seconded by Stan Cichon with a proposed Classification of **Management: Not For Profit**.

GAIL URQUHART'S membership has been approved by the Board of Directors on the basis of the recommendation of the Membership Qualification Committee subject to completion of a formal application, communication of her name and proposed classification to the membership.

If any Member objects to **GAIL URQUHART** joining our Club or to her proposed classification an objection must be filed in writing with the Club Secretary, **Luanne Whitmarsh**: secretary@rotarycs.org Prior to May 10th, 2022.



ST. MARY'S HIGH SCHOOL: ANNUAL 4 WAY SPEECH CONTEST

Speaker Introduction: Michael Vandezande: Thank you to the Rotarians that gave their time to help with judging the 4 Way Test Speeches earlier this week and last week. Thank you to: **Kathy Demorest, Bill Sumner, Rudy Ruberto and Stan Cichon.**

I would also like to extend my gratitude to Stan for the guidance he provided to me during the year. I did not know this, but our club partnership with St Mary's High School dates to 1993. Each year we our club helps students with scholarships, funding the band, field trips and student enrichment. Michael reviewed the history of the Four way test: created in 1932 and used to help a failing company succeed and adopted in 1943 by Rotary. He then went on to test the Club by asking us to repeat the 4 tests. Thank goodness we did well in front of the students!

Today we have the privilege to listen to three confident students deliver their speeches. I would like to introduce **Raquel Alonso**, the vice principal of St Mary's to introduce our speakers today.

Vice Principal Raquel Alonso first gave a heartfelt thanks to our Club for supporting St Mary's over many years. She then introduced the 3 Grade 11 students who were the winners in the Rotary Four Way Test Speech Contest: Meghana Jijo, Monserat Casas Willars and Ghazal Panahi.

Editor's Note: Please watch the video of the three presentations for a more satisfying and complete experience. I have identified the topic and whether it satisfied the 4 way test.

MEETING LINK: <https://youtu.be/VjFqv7rls78>



The Rotary Four Way Test

1. Is It Truth?
2. Is It Fair To All Concerned?
3. Will It Build Goodwill And Better Friendships?
4. Will It Be Beneficial To All Concerned?





Meghana Jijo: FIRST PRIZE: \$300

Meghana's topic was Social Media Addiction. She eloquently made the case that from an ethical analysis, our current addiction to social media does not meet any of the tests. Teenagers spend an average of 7 hours and 22 minutes on social media a day. The concern was the lack of emotional connection to others and unwanted exposure to inappropriate content. Education and awareness of this growing concern is the way to combat the negative impact on developing brains.



Ghazal Panahi: SECOND PRIZE: \$200

Ghazal's topic was Women's Rights. She described the need for feminism in the world as a social and political movement that benefitted all. She reminded us that feminism is not synonymous with man hating. There is a need for feminism to ensure equality for all. This goal of women's rights met all four of the tests.



Monserat Casas Willars: THIRD PRIZE: \$100

Monserat's topic was Fear as a Motivator. She reviewed the 4 way test and concluded that you can choose to change your mindset about things that make you fearful and use it positively as a motivator. She advised that the right balance in reacting to fearful things in your life was critical. Always check the road before crossing as an example of a reasonable fear of death if you don't do that! The right balance in reacting to fearful things does meet the 4 way test.



Thank the Speaker: Stan Cichon: We have just been treated to some wonderful thoughts and ideas by three very brave and amazing young women. Thank you ladies! At this time I would also like to express the gratitude of the club to our own **Michael Vandezande** who is the chair of our St. Mary's Partnership and who has championed our relationship with the school this past year. Also in particular I want to recognize the efforts of **Kathy Demorest , Bill Sumner and Rudy Roberto** for their work in judging our annual 4 way speech competition.

The other day I was reading an article by a famous author and I would like to share part of it: "The children of today are too much in love with luxury. They have execrable manners, flaunt authority, and have no respect for their elders. They no longer rise when their parents or teachers enter the room. I can only fear what kind of awful creatures they will be when they grow up".

Folks that was written by Socrates and he wrote it in 399 BC. Well professor Socrates in 2022 AD and after listening to our three presenters, rest assured this generation will serve us very well. So now let me call to the podium our three winners. Ladies and gentlemen please join with me in thanking all who have made this program so enjoyable

In Closing: thank you all for taking the time to visit us today. In a world of Tide Pod challenges, aerosol deodorant challenges, and all the other stupid challenges that go viral though social media, you have given us hope. You are all amazing and I have no doubt each one of you will achieve amazing things in your lives. I invite you all to come back and visit us again with an update of your successes.



KIDS AT HEART GOLF CLASSIC

PRESENTED BY
CHARLESGLLEN TOYOTA



REGISTRATION IS NOW OPEN AND WAITING FOR YOU!!!!

The Rotary “Kids at Heart” Golf Classic to be held July 21st at the Cottonwood Golf and Country Club is now

OPEN FOR GOLFER REGISTRATION

We are looking forward to an amazing day of golf and a celebration in support of our three “Kids at Heart” Charities.

We believe that our event will sell out quickly, so the sooner you register yourself, individually or as a team and pay for each player, the sooner you secure your spot in the tournament.

Don't miss out one of the best tournaments in the area, ***“the most fun you can have with your Golf shoes on!!”***



Sponsors with player spots included in their Sponsorship will not be required to pay. When you are ready to register your team, please contact **Spencer Tonkinson at: 403-991-0177 or <mailto:stonkinson86@gmail.com>**

rotarykidsatheart.ca

While on the **rotarykidsatheart.ca** Website, check out the auction items on the Auction tab (upper right) to see the Online auction, Live auction and Make Rotary an Offer items.

Keep checking back as new items are added to the list all the time.

If you have an item to donate, know someone who has an item to donate or would like to donate cash for us to buy an item contact Janet Matthews at janrickmatthews@gmail.com.

Both item and cash donations get a tax receipt.





Spare Time is For the Birds!



Recent studies have revealed that the fastest-growing recreational activity in North America and Europe – and one of the oldest – is bird watching. Tens of millions of people are active bird watchers, ranging from dedicated ‘professional-level’ bird watchers who travel widely in pursuit of their avian friends, to the occasional ‘back yard’ bird watchers who watch birds visiting their back yards and gardens and wonder what kind of bird they are.

Past President Keith Davis, a life-long bird watcher who as a child had a pet crow, a pet red-tailed hawk, six ‘pet’ chickens and a flock of pigeons, is reaching out to those in our club (and their families/friends) to participate in a Rotary bird watchers fellowship (club).

This new group will have the initial name of “Wild Wings Bird Watchers” and you can participate at any level of frequency or commitment that you wish. Keith, who is currently studying Ornithology (the study of birds) at the Cornell University’s Academy of Ornithology, will be very well assisted in this effort by Bryan Walton, who has a MSc in Zoology and who has, in past, worked as a wildlife biologist. The Wild Bird Store has also agreed to participate and will assist in a number of ways.

We will provide tips and tactics on how to identify birds; understanding how/why birds do what they do; where they hang out; etc. We will take short field trips in nearby parks for a leisurely walk to spot, identify and photograph birds, and will study/watch everything from songbirds to waterfowl and raptors (hawks, eagles, falcons, etc.). All of these are common within Calgary’s city limits.

Get involved in the entertaining, fascinating and amazing world of birds. **Please contact Keith by email or telephone and we will follow up with you soon.**
Happy birding!

BUSINESS CLUB MEETING

REGISTER AT:

www.rotarystampedepark.com

May 19th

**Hosted by Glen & Todd Richardson
at Charlesglen Toyota**

When: May 19th from 6:30 to 8:30 pm

Where: Charlesglen Toyota
7687 110 Ave NW
(up the stairs to the left to boardroom)

Cost: \$20.00-includes food & drink

Focus for each meeting:

A narrative of their success & failures, key learnings.
To promote Rotary Motto “**SERVICE ABOVE SELF**”
and mentorship to other members.

ROTARY CLUB OF CALGARY AT STAMPEDE PARK BUSINESS CLUB MEETING



Learn how the business was built.
Networking & Refreshments to follow.

Listen to Glen, Todd and Tim talk about
successes, failures and key learnings

🕒 6:30 to 8:30 pm

Join us at: Charlesglen Toyota
7687-110 Ave NW

**19
MAY**

CHARLESGLEN



tickets by May 17th at:
rotarystampedepark.com



STAMPEDE SHIRTS are AVAILABLE

CONTACT Stacey Johnson if you are interested in a shirt and the order has to be in before May 15th

Stampede Shirts



[1] Men's Long Sleeve Plaid

Men's Long Sleeve Plaid. 55% cotton, 45% polyester. 5 oz. 2 chest pockets, button flaps. 2-piece back yoke. Pearlized buttons. Adjustable button cuffs.

Quantity	1
Price	\$45.00
Additional Information and Options Available	
Colors:	Navy; Red; White-Black; Red-Black
Sizes:	S; M; L; XL; 2XL; 3XL
Decorating:	Embroidered above left pocket
Production Time:	15 Business Days.



[2] Ladies Long Sleeve Plaid

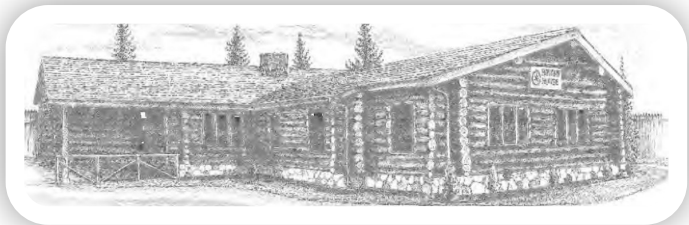
Ladies Long Sleeve Plaid. 55% cotton, 45% polyester. 5 oz. Roll up sleeves. 2 chest pockets with button down flaps. Half back yoke. Button cuffs. Hem bottom. Pearlized buttons.

Quantity	1
Price	\$45.00
Additional Information and Options Available	
Colors:	Navy; Red; White-Black
Sizes:	S; M; L; XL; 2XL; 3XL
Decorating:	Embroidered Left Chest above the pocket
Production Time:	15 Business days.

Volunteer Shift Scheduling Opens Thursday, May 12 @ 1:30PM
Sneak-A-Peak is two months away!!!

Rotary uses an on-line scheduling app called "homebase". You can access it though any web browser or you can download the "homebase" app for Apple IOS or Android. Dream Home Volunteer shifts will be available to select starting May 12 at 1:30 PM.

Click [HERE](#) to download a Basic Rotary Homebase Instructions PDF.



RCCSP INVERMERE GOLF/FELLOWSHIP WEEKEND (June 3rd to 5th 2022)
Registration will open next week—here is a preview for everyone ...

FRIDAY JUNE 3RD SOCIAL

CopperPoint Clubhouse at a private lower indoor patio

5:30 pm with a No Host Bar.

Dinner Options: Beef burger and fries or Salad OR Chicken Burger and Fries or Salad

Cost: \$25.00

SATURDAY JUNE 4TH GOLF

18 holes of golf on the Ridge course

tee times starting at 10:00 am

Cost: \$82.00 Rotary/Senior rate with cart and driving range included

OR

SATURDAY JUNE 4TH WALKABOUT

Invermere social walkabout

Hosted by Pat Burns Saturday afternoon.

If you don't golf this will be a highlight.

SATURDAY JUNE 4TH EVENING DINNER SOCIAL

CopperPoint Clubhouse private lower indoor patio

5:30 pm and Dinner @ 6:30 pm

No host bar

Choice of 3 Course (BBQ beef NY striploin) or (roasted chicken supreme) red wine Demi glacé, roasted potatoes, mixed greens & Bailey's cheesecake w/fresh berry compote. \$40.00 + taxes & 20% gratuities

SUNDAY JUNE 5TH MORNING BRUNCH

At 10:00 am

Thanks kindly to hosts Sherry & Steve Austin who once again have offered their cabin & hospitality in Invermere.

Brunch with ALL fixings hosted by grade Triple A Albertans (Austin's, Ambrose's & Alber's) & of course Roselyn and her Champagne & OJ station.

Thanks to Mel & Wilma Gibson for making arrangements with the event hosts at CopperPoint.

ALL are welcome. Members, Partners, friends and family (Adults only please).

Event registration is on a first come first served basis .

Please email markambrose@shaw.ca with your golfing partner and early/late tee time preferences

Total package pricing including all taxes, fees and gratuities will be \$175.00/person

Dinner packages only (no golf) \$85.00/person

Thanks kindly from your RCCSP Invermere Golf & Social Weekend Committee: Mark Ambrose, Mel Gibson and Brett Albers



PARTNERS in PRINT



Rotary Partners Book Club at CGCC: May 16th at 9:30 am

COST: \$20 for a delightful Breakfast Buffet of Muffins, scones, cheeses and fruit. Please respond to: janetopp@shaw.ca by May12th to book your spot. We will be discussing "Miss Benson's Beetle" by Rachel Joyce. At 11:00 am we will travel by car-pool to the Calgary Reads' "Little Red House" for a special tour. Our hope is for a good turnout as "Calgary Reads" has been our book club charity for a number of years. **Jane and Maureen**



Happy Mother's Day

This weekend is Mother's Day. A lot of people think it is just another reason that the card companies have made to boost business but I believe all mothers should be recognized in a wonderful fashion.

Whether it is brunch, lunch or dinner, a bouquet of flowers or just a big warm hug anything kids do for their Mothers is welcomed.

This Sunday take time and remember your mom in your own special fashion! On behalf of the Partners' Executive, I am wishing all Moms out there a very

HAPPY MOTHERS DAY!

Rhonda Yaskowich, President
Rotary Partners of Calgary at Stampede Park





SUN	MON	TUE	WED	THUR	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Calendar of Events

LUNCH AT ROTARY HOUSE ON MAY 12TH

Tommy Wheeldon, Coach and GM, Cavalry FC

www.rotarystampedepark.com



LUNCH AT ROTARY HOUSE ON MAY 19TH

Stay In School Annual Luncheon

www.rotarystampedepark.com



LUNCH AT ROTARY HOUSE ON MAY 26TH

www.rotarystampedepark.com

OFFSITE Meeting: U of C School of Veterinary Medicine

Dean Renate Weller



LUNCH AT ROTARY HOUSE ON JUNE 2ND

Annual Stampede Board Presentation



JUNE 3RD TO 5TH

INVERMERE GOLF AND FELLOWSHIP WEEKEND



LUNCH AT ROTARY HOUSE ON JUNE 9TH

Jim Smith: Rotary Profile



LUNCH AT ROTARY HOUSE ON JUNE 16TH

Annual Charity Day Presentation



Give Something Back

LUNCH AT ROTARY HOUSE ON JUNE 23RD

To be announced

**TO BE
ANNOUNCED**

LUNCH AT ROTARY HOUSE ON JUNE 30TH

Changing of the Guard, WCS and Large Grants Presentation



JULY 7TH: DREAM HOME KICKOFF

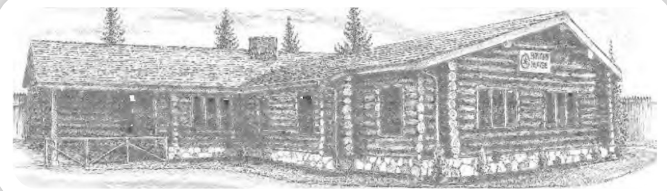
Details to be announced



JULY 14TH: DREAM HOME ON PARK TICKET SALES

No Meeting





There will no longer be a Zoom Meeting Option as of July 1st 2022

Please discuss with President Craig if you wish to discuss this further.

SKIPTHEDEPOT FUNDRAISING: Download the SkipTheDepot App

Download SkipTheDepot from the [App Store](#) or [Google Play](#) or visit our web app. Share your sign-up link with friends, family, and potential donors

You book a pickup time and the depot will come to your home or office and pick up your recycles (including old electronics and clothing) <https://skipthedepot.com/locations/calgary-recycling>



VOLUNTEERING OPPORTUNITY !!!



Volunteers are required. Click on [Sign Up](#) to view available slots and book yourself directly online

Tuesday May 17th:	1:00 pm to 4:00 pm
Monday June 13th:	5:00 pm to 8:00 pm
Tuesday July 12th:	1:00 pm to 4:00 pm
Monday September 12th:	5:00 pm to 8:00 pm
Tuesday October 18th:	1:00 pm to 4:00 pm
Monday November 21st:	5:00 pm to 8:00 pm
Tuesday December 6th:	1:00 pm to 4:00 pm

Earl Huson (403) 686-0828/ ehuslink@telusplanet.net Ken Farn: (403) 560-6770/ kgfarn@telusplant.net

THANKS FOR VOLUNTEERING !!!

2021/2022 BOARD OF DIRECTORS

President
President-Elect
Past President
Club Secretary
Treasurer
Partners President
Community Service Local/Int'l Director
Fundraising Director
Member Experience Director
Meeting and Events Director
Membership and Recruitment Director
Operations Director
Youth Service

Craig Stokke
Jim Fitzowich
Penny Leckie
Luanne Whitmarsh
Don Mintz
Rhonda Yaskowich
Don Taylor
Mark Ambrose
Wendy Giuffre
Myrna Dube-Thompson
Tony Fisher
Stan Cichon
Walter Flores