

The Family Enterprise Advisor (FEA) Designation was created because successful families noted their preference for dealing with advisors who would attempt to preserve family harmony, not just the preservation of financial capital, in the process of planning for wealth transition, between generations.

As a designated FEA, I have attended numerous conferences where experts provide information and knowledge on topics associated with the preservation of wealth and with the preservation of family. One of the challenges many families face, with this matter, is caring for a family member with mental illness.

I am only a lay person, but listening to presentations by scientific experts, I have learned that even though mental illness has existed for many generations, the science surrounding mental illness and approaches to treatment are in the infancy stage. Research is ongoing and new discoveries about the science of the brain, and how it works, are being made all the time.

One comment, in particular, resonated with me. The presenter said that historically, mental illness is treated like a broken arm or leg, ie, intense treatment is applied for six weeks, and then the expectation is the patient is healed. The presenter said that mental illness needs to be treated like a chronic condition, such as diabetes, arthritis and multiple sclerosis, for example. Treatment approaches need to be long term, and in most cases, ongoing.

This concept applies to youth eating disorders. In Alberta, we are not able to provide this form of treatment.

The Alberta Children's Hospital is a hospital. It is designed to heal physical issues of patients with eating disorders and release them. Once the physical issues have been managed, ongoing treatment for mental health concerns is provided on a day patient basis.

The new Centre for Child and Adolescent Mental Health will be an improvement, but it does not appear to be designed for the long term care required for thorough healing. Promotional material refers to a two week intensive program and then a two to four week day patient program.

The teams in our hospitals and treatment centres are doing the best they can in the circumstances they are in, with the mandate they have been given. I do not want to criticize anything about the existing system. However, I want to shed light on an opportunity for improvement.

The current treatment programs do not appear to be designed specifically for the unique needs of youth with eating disorders, nor do they have the capacity to treat patients for the optimal time period to improve chances for complete recovery. As previously noted, there appears to be a cap on age eligibility for treatment, ie youth appears to be capped at age 18, so a 19 year old has to be transitioned to the adult medical system. This can cause disruptions in care at a critical time.

Where do families go to obtain long term treatment having the most potential for their children with eating disorders? **I will provide this information in future Bulletins.**

Buenos Dias Rotarians and Guests. Welcome to the May 6th meeting of the Rotary Club of Calgary at Stampede Park. I am the Club's President for 2020/2021 – **Penny Leckie**.

I would like to start today's meeting by remembering **Anna Zacharki**.

A few days ago, Anna Zacharki, beloved wife of Michael, for almost 56 years, passed away peacefully, with Michael by her side. Gertrude Anna Zink was 17 years old when she met Michael, 22, serving with the Canadian Armed Forces in Hemer, Germany. They had a military wedding service, and Anna returned to Canada to build a life of happiness with Michael.

In addition to her life partnership with Michael, Anna built a successful business partnership at CIR Realtors with **Tony Ng** for 36 years. Anna is also survived by her brother Gerhurt, in Germany, as well as many close friends and relatives.

At Anna's request, no funeral service will be held. Please rise for a moment of silence.

I want to tell you a beautiful story surrounding this. Many years ago, Michael was an Uncle at Large to a young boy. The organization is now called Big Brothers. Anyways, this young man grew up to become a teacher, teaching in Victoria. He is flying in this Friday to spend a week with Michael and to provide support for Michael. Isn't it beautiful how Michael was there for this young man when he needed someone, and now it is coming full circle?



Today is Cinco de Mayo Plus One. Why don't we just officially call it "Tequila Hangover Day"? People keep telling me to drink less tequila, but I can't find that brand anywhere. Paying attention?

When I googled Cinco de Mayo, I was surprised to stumble across the most beautiful song. I want to share a little bit of it with you. <https://music.youtube.com/watch?v=Uhi1aiPONkY>
That was Clarke James from the album People, Places, Piano.



And now, another song. Please rise for O Canada.

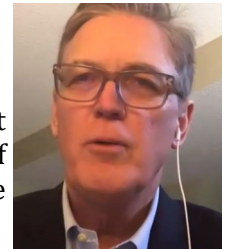
Welcome to all our guests today. I hope you enjoy the meeting.

Bulletin Editor: Bev Ostermann Photographer: Clive Pringle

Health and Wellness Larry Koper would like to stay in touch with Rotary and continue as a member. Larry doesn't have a computer but can be reached at his Cell #: 403 801 9610

Larry Koper c/o AgeCare SkyPointe Tel (587) 619 1900
179 Skyview Circle NE, Calgary T3N 0Y7

By all reports, the District Conference this past weekend was a huge success. I want to ask **Past President Chas Filipski** to share some news from the conference.



My Fellow Rotarians; we often hear the saying that we belong to a great Rotary Club - in fact the best club in the world! Well, hyperbole aside, few could argue that should such a list of world's greatest ever be compiled - that list would include our club. What is indisputable about any great club is what makes them special. That, of course, is the members.

Now, our club is - and has been blessed with extraordinary members over its entire life. Sadly all are not still with us but their legacy lives on in their inspiration of new members to give of their time, or talent or treasure to further strengthen both the bonds of membership and the bedrock on which our club stands.

Today I have been given the privilege to announce the Recipient of the Rotary Foundation Citation for Meritorious Service.

This award recognizes one individual Rotarian from their District (not City or Town) but District. District 5360 is comprised of 76 clubs! This person has demonstrated outstanding active service to the Rotary Foundation. My research tells me that we have only one previous awardee from our club and that was **Past President Jack Thompson** in 2015/2016. Like Jack, this year's recipient is a familiar face in RCCSP. Virtually from his induction, he has lent his time and effort to improve our club and the Rotary ideal to help those in need.

This person is involved with Dream Home, many other committees (including his passion; World Community Service), and along with his Business Partner **Steve Mason** has brought our Rotary Meetings online and created first rate video promotions of members and club activities. Finally and most appreciated by me, someone who agreed to sit on my Board of Directors asked.

Fellow Rotarians I am honored to announce the Rotary Foundation District 5360 Citation for Meritorious Service Recipient - **the Big Bear Jamie Moorhouse**. Congratulations!!

Jamie thanked everybody. "It is a great honour and was a complete surprise. All I ever do is try to keep up with the great work done by all of the Club."

President Penny: Thank you, Chas, and Congratulations, Jamie. As I said to Chas the other day, Jamie is far too humble for all he does for our Club, for District and for communities around the world. It is wonderful to see you receive recognition, Jamie.



From Bryan Walton to Everyone
Congratulations Jamie and very well done Chas.



Citation for Meritorious Service
Recipient 2020-21

JAMIE MOORHOUSE
Rotary Club of Stampede Park

Rotary Rotary Opens Opportunities

Speaking of communities around the world, **Jack Thompson** and **Myrna Dube Thompson** have some comments on the upcoming fundraiser for Rotary International.



Jack Thompson reminded everybody of the Zone 28/32 Rotary Foundation Gala fundraiser on **May 12th** and everyone to buy a ticket in support of this worthy endeavour. To date they have raised \$100,000 of their \$500,000 goal. Tickets are \$116 and a tax receipt is issued. **Jennifer Jones**, incoming R.I. President for 2022/23 is the keynote speaker. **See the notice in the Bulletin.**

Tickets to the virtual event are available by clicking this link: trellis.org/rotary-gala

Past President Murray Flegel reminded us that a ticket to the Gala includes access to a tailgate party after the gala. **Commentator Danielle Smith** will be a featured guest.

Myrna Dube Thompson advised that a donation from our Club of \$4,500 has been matched by a \$7,500 District Grant, for a total of \$12,000 which has been used to buy oxygen concentrator equipment for a children's hospital in India. This equipment will save many lives during their COVID pandemic crisis.

President Penny: As Jack and Myrna mentioned, **Past President Murray Flegel** is one of the organizers of this event. Firstly, we all know that if Murray is involved with something it will be good or great. Secondly, we all know that if we were doing something, Murray would be behind us. I suspect most of you are like me, and think May 12th is a long way away, but it is next Wednesday, so please sign up and join the event. I bought my ticket yesterday, and I am looking forward to it.

I am calling on the female Rotarians. The essence of Pat Mitchell's book, "Becoming a Dangerous Woman", is that any time a woman supports another woman, they become Dangerous to the status quo. Ladies, please take note of the fact that a Canadian Chick, **Jennifer Jones**, is going to be leading the global organization of Rotary International, starting July 1st, 2022. As fellow Canadians, as fellow Canuck Chicks and as Rotarians, we need to lean in and support Jennifer. Jennifer is speaking at the Gala on Tuesday evening. Come on ladies, Get Dangerous. Get a ticket.

Don Bacon was recognized at the District Conference as the latest Major Donor to the Rotary Foundation from our Club.

Carol Rosdobutko was honoured at the District Conference for becoming a Bequest Society Member.

Major Donors

Presented to

Don Bacon

Bill Fric

Allan Friesen

Bryden Horwood

Dave J. Panabaker

Garnet J. Ward

recognizes Rotarians with cumulative donations of \$10,000 or more with four levels of recognition up to \$250,000 for 2020-21

May 1, 2021

Mary Turner District Governor

The Rotary Foundation

BEQUEST SOCIETY MEMBER

2020-21

Carol Rosdobutko

Rotary Club of Calgary at Stampede Park

The Rotary Foundation

DG Mary's charity of choice for the District Conference was the Canadian Mental Health Association. It's my understanding \$11,135 was raised at the District Conference for CMHA.

Canadian Mental Health Association's Mental Health Week is May 3 – 9th. As you all know, this has been a theme during my year. I hope you are checking in and taking care of yourself during these times. The theme for this year is Name It, Don't Numb It, and #GetReal about how you feel.

Of course, what falls during the week of May 3 – 9th is Cinco de Mayo. Let's Taco Bout...Cinco de Mayo. It is Juan Big Fiesta... We received our Cinco de Mayo delivery on Monday evening, and Holy Guacamole, what a treat it was.

Our social committee has done an incredible job of staying connected with our Members this year, keeping spirits up and doing their best to assist us with our mental health. Muchas Gracias Amigos, to everyone connected with this effort. As **Kendall Bocking** suggested in an email this week. Our social committee has become the "Amazon of Rotary" with all their deliveries. **Corinne Wilkinson** is going to chat with us about the Cinco de Mayo project.

Corinne: Thank you Penny and Buenos Tardes everyone! I learned that from Toby and can add it to my only Spanish – una cerveza por favor. Toby was going to join me today but unfortunately could not be on our Zoom call. But she did send me some Mexican history!

I am pleased to briefly explain Cinco de Mayo and share what our recent door step visit is celebrating – yesterday was Cinco de Mayo which means Fifth of May. Cinco de Mayo is a celebration of Mexican heritage. It commemorates the date of the Mexican army's victory over France at the Battle of Puebla in 1862. Mexican troops engaged in a battle near the city of Puebla and Napoleon's forces were defeated and forced to retreat. The French intervention was a consequence of Mexican President's Benito Juarez's imposition of a two year moratorium of loan-interest payments to French, British and Spanish creditors.

It is believed that Cinco de Mayo celebrations originated from Mexicans living in California during that time to celebrate the defeat of the French rule in Mexico. Cinco de Mayo has evolved into a commemoration of Mexican culture and heritage. In normal times, we would have seen some wonderful celebrations at Mexican restaurants in Calgary. Lots of guacamole, fresh salsa, shrimp ceviche, cheesy chicken tostadas, and a whole bunch of hot, gooey, tasty food I can't even pronounce. Cinco de Mayo colors mirror those of the Mexican flag. Green representing hope and independence; white representing unity and purity; and red representing religion and the blood of the national heroes.

I'd now like to recognize and thank everyone who makes these visits possible and share a behind the scenes with you. The word we have all heard through this unusual 14 months, and counting, is pivot. Turn on a dime into something we are not, yet be so excited to test our creative abilities at something completely new. It's human nature – close a door and we will find window. That's what your social committee has done – pivot. Six months ago Kathy and I had a chat. If, as the Social Committee we can't gather people to a party, we'll bring the party to the people. And so, the front doorstep celebrations began.

Our pivot idea took off like wild fire. **Glen Richardson** financed us for the bag of goodies you have received ever since Chinese New Year and continue to receive today – there's no way we could have entertained this idea without GR as we have no money.

In February, **Keith Davis** jumped in and said he would love to support Valentine's Day. In March **Stan Cichon** sponsored our St. Paddy's brew with GR's goodies. In April, **Dan Dunlop** sponsored the beautiful hyacinth with GR's goodies, and this month, **Don Taylor** put his hand up for the Cinco de Mayo Picamas sauce with GR's goodies. Picamas sauce is hugely popular in Mexico – we hope you like it!



So my first HUGE thank you goes to all our sponsor members who have pivoted right along with us and jumped on the idea of taking the party out to doorsteps. Then there are our volunteer drivers. Every month we are so grateful to you. It's the old saying, many hands make light work. In this case, many cars make light work. Thank you to our drivers and if you are interested, just call Kathy or myself.

The doorstep party coordination is now a very well-oiled machine– we have our Zoom brainstorming session led by **Chair Kathy Demorest**, which leads to our shoppers on the hunt to support local in the theme the committee has chosen. The shoppers drop all the collected goodies off to our packers, and our packers make up 125 wonderful and decorated bundles. Those finished bundles go to Kathy's house, Kathy sorts the routes and drivers, the drivers pick up their bundles from Kathy and we drive our front door step party out to you. And the next month, it starts all over.

Thank you to everyone for being so excited to see us on your door step and for taking some time to visit. For now, this is all your Social Committee can do but we will keep doing it until we are back together in Rotary House.

For Cinco de Mayo, I'd like to thank **Old Dutch** who donated the nacho chips and plate. **Toby** who never considers herself a sponsor but she is – baked 250 Mexican Wedding Cakes! **Don Taylor** sponsored the delicious Picamas Sauce and **GR** sponsored the bag of goodies.

In all of our efforts, we are doing our best to support local because we believe it is critical to our community especially as we unravel from COVID. I travelled to three small Mexican grocery shops to buy 125 bottles of Picamas sauce because no locally owned small Mexican business carries inventory of 125..... of anything! At Latino Market, Mom, who appeared to be the owner, didn't speak English so her daughter translated. Their eyes popping out when I shared what I needed.

All 3 stores gave us a discount even though they probably weren't in a position to do so. But they insisted because they loved that we were sharing their culture – so if you are a lover of Mexican food please support them and say you learned about their store from the Rotary gal who bought them out of Picamas sauce.

Thanks everyone – and enjoy! We'll see you on your doorstep next month! Another wonderful surprise in store for you.

HERE IS THE LINK TO THE PICTURES FROM THE CINCO de MAYO FELLOWSHIP CAMPAIGN
<https://rotarycs.org/PhotoAlbums/2021-cinco-de-mayo-photos>

Sergeant at Arms: Spencer Tonkinson, using the 7 Over 70 theme, relieved a number of members of some cash by testing their memories and knowledge of matters that we seniors should know.



Bryan Walton introduced our Speakers today:

Kim McConnell C.M: Kim McConnell is a proud Canadian, and passionate about agriculture, food, youth and the entrepreneurial spirit. He was CEO of AdFarm and led this Canadian-headquartered agency to become one of the largest and most respected agricultural marketing communications firms in North America.

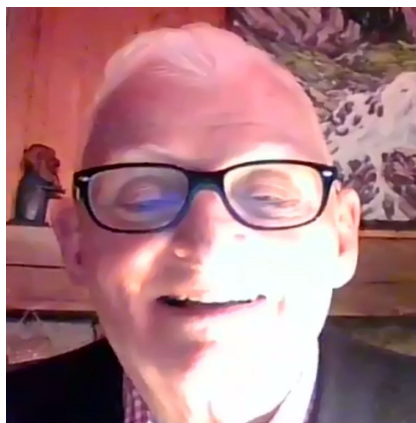


KIM McCONNELL

Over the years, Kim led many national and international brand and marketing assignments and has been the catalyst behind many major industry ventures including an initiative to build greater public trust in food and farming.

Kim is also the recipient of many national business awards including 'Agri-Marketer of the Year' and the Canadian Youth Business Foundation "Mentor of the Year". In 2012 he was inducted into the Canadian Agricultural Hall of Fame. And in 2018 he was appointed a Member of the Order of Canada, Canada's highest civilian award.

Kim is a director on a number of corporate boards throughout North America, and a director on community organizations including Calgary Stampede Foundation, Canadian Agri-Food Policy Institute (CAPI), and the Canadian Centre for Food Integrity.



JIM GRAY

Jim Gray: Jim Gray is an exploration geologist who, for over 60 years, was engaged in the oil and natural gas exploration business in Western Canada. In 1973, Mr. Gray co-founded Canadian Hunter Exploration Ltd., one of Canada's larger natural gas producers. Over the 28 years of his involvement with Canadian Hunter, he served in the positions of Executive Vice President, President and CEO, and Chairman until the company was purchased by Burlington Resources in December 2001 for \$3.4 billion (\$Cdn).

Mr. Gray has participated in a wide range of community activities and projects. Among his current activities, he is Past-Chair of the Calgary Academy, Honorary Chair of the Canada West Foundation and an Honorary Life Director of the Calgary YMCA.

Mr. Gray is Chairman of the Energy Group of Brookfield Asset Management Inc. His previous directorships included Brookfield Asset Management Inc., Cequence Energy Inc., Atlanta Gold Inc., Phoenix Technology Services, Emera Inc., Hudson's Bay Company, and Canadian National Railway of which he is Director Emeritus.

Mr. Gray served as a member of the Alberta Premier's Council for Economic Strategy from 2009 to 2011.

Mr. Gray was awarded an Honourary Doctor of Laws degree in 1991 by the University of Calgary, the YMCA Fellowship of Honour in 1995, and was appointed an Officer of the Order of Canada in 1995. In March of 2001, Mr. Gray received the Energy Person of the Year Award from the Energy Council of Canada. He was inducted into the Canadian Petroleum Hall of Fame in October 2001. In October 2002, Mr. Gray was invested as a Member of the Alberta Order of Excellence. Mr. Gray was inducted into the Calgary Business Hall of Fame in October 2004 and the Canadian Business Hall of Fame in May of 2005.



AN AWARDS PROGRAM CELEBRATING OLDER ADULTS IN CALGARY & AREA

Mr. Gray explained the impetus for forming the **Top 7 Over 70** honours. He noticed that there are many group awards, such as Top 40 under 40, Top 30 under 30, and so on, but no honours for seniors. At the same time, he seemed to be meeting an increasing number of people who were starting new ventures and initiatives even after they reached traditional retirement age.

*The following is extracted from the **Top 7 Over 70** website:*

- The vibrant contributions these people were making to the community seemed to be getting a bit overlooked by society and Jim decided he was going to do something about that. He began dreaming — and talking — about an awards program that would recognize the contributions of community members after age 70.
- “I am struck by the dynamic contributions I see Calgary seniors making in every facet of life, adding to the richness of our community,” says Jim. “That’s why I thought it is time to celebrate the unique achievements of seniors by recognizing the Top 7 Over 70.”
- Jim and fellow philanthropist Brian Felesky began rounding up a coalition of acquaintances and business professionals to help turn this idea into a solid project.
- The result was the formation of a volunteer committee. For the 2021 instalment, Kim McConnell takes over the role of Executive Chair.
- The committee held the first Top 7 Over 70 awards gala in 2017 and the second on Oct. 17, 2019. Seven worthy recipients out of dozens of nominees were honoured at each **(including our own Bob Brawn in 2019)**, with over 800 in attendance.
- Any senior who is over 70 — and lives in Calgary or its surrounding communities — is eligible to be nominated. Ideal nominees are those who have started something different or new, or implemented a new venture or idea, after age 70. The focus of the awards isn’t on past accomplishments or lifetime achievements. Rather, individuals should be nominated for new accomplishments. These achievements may be based or built on previous work or commitments, but they should have a “current” flavour or different twist, or perhaps be occurring in a completely new arena.
- Nominees’ accomplishments can be occurring in fields such as: health and recreation; arts and culture; science; business; volunteerism; environment; overcoming adversity; and making a difference.
- Another goal of the awards is to promote and encourage achievement of others, in addition to the nominees. To that end, the awards raise funds to initiate programming to foster engagement between seniors and younger people. The exchange of ideas, advice, experience and mentoring is key to this venture, called InterGen — a unique talent development program and matching platform. This helps re-energize our economy by partnering transitioning or retiring individuals with young entrepreneurs, thus creating multigenerational teams that can rapidly scale growth. The founders of young companies have already been matched with experienced Calgarians, producing positive results in areas including networking, board leadership, financing direction and strategic planning. Additionally, an InterGen Fund in the amount of over \$8 million has been raised to provide investment support for InterGen enterprises which are scaling up. These young companies have already generated \$50-60 million in new capital. And, this is just the beginning!



AN AWARDS PROGRAM CELEBRATING OLDER ADULTS IN CALGARY & AREA

Experience has shown that inter-generational management teams are generally more successful than single generation teams. This success of this program and approach is getting attention from other cities.

Mr. McConnell spoke to the planning for the third Gala, scheduled for Nov 18, 2021. This will be a hybrid event, with both live and virtual attendance. They may not have 800 in attendance, but will go as big as possible. There will be a special emphasis on broadcasting into senior residences.

Nominations are now open. **Forms are available on the website** (<https://top7over70.com/>) and from **John Fitzsimmons**, who is on the committee. Funding opportunities are available – sponsorships, ticket purchase, or pledges.

Another award has been created – Noble Neighbours.

The Noble Neighbour Citation Program: We live in extraordinarily challenging times and the **Top 7 Over 70** organizers want to recognize some of the people doing extraordinary things to help their communities during this unique period. There are so many seniors stepping up and helping out, wherever and whenever they can. We want to recognize these contributions. Organizations everywhere are pivoting to respond to the pandemic. By quick-starting a new program to recognize Noble Neighbours, we are doing the same thing.

“We have seen so many seniors from all communities and all walks of life go above and beyond during the pandemic to help their neighbours,” said Top 7 Over 70 committee chairman Kim McConnell. “They’re sewing masks, tutoring school children, fixing bikes, delivering groceries, providing relief child care services and much, much more. They are individuals who inspire us, lead by example and galvanize community action. We want to recognize them and recognize that we have much to celebrate, even during a pandemic.”

The number of citations awarded will depend on the quality of applications received. We plan on awarding a number of citations at the start of each month in the new year from January to June. Any senior in Calgary and area who has helped a neighbour or community during the pandemic is eligible to apply. Individuals can either apply for a citation on their own, or someone who knows them can apply for a citation on their behalf. Please apply as soon as possible so that your application can be considered for a citation each month.

A Wall of Recognition is also being developed to display names and profiles of Honorees. This is intended to be a travelling display that will be moved around the City to give as much exposure as possible.

Top 7 Over 70 is a unique Calgary event that is gaining recognition from all over the country. Please get your nominations in.

Jack Thompson thanked the speakers, noting that he had attended to first two galas, and found them exciting, vibrant and truly inspiring.

President Penny: Kim and Jim, thank you for sharing information about the Top 7 Over 70 with our Club today. You have a lot of potential candidates in this crowd... In appreciation of your participation in our meeting today, our Rotary Club has donated \$100 to the Calgary Rotary Clubs Foundation. This gift will be invested in an endowment fund to generate annual income which our Rotary Club will use to make an impact in the community. Thank you.

Next week, our speaker is **Ray Price, President of Sunterra Group**

I don't know the particular topic Ray is going to speak about, but I have no doubt in my mind it will be worth hearing.

In 2015, when I was Chair of Alberta Business Families Institute, the Price Family was recognized as Family of the Year at the annual Signature Event.

It was incredible to hear the story of the Price Family, and how their business has evolved over time, and I know continues to evolve. This is a visionary family business, and you won't want to miss Ray's presentation.



I know I should close on the subject of mental health, but I would rather have some fun, so let's talk about Tequila. Here are some thoughts to ponder

Why tequila?

Because we all know that no great story ever started with a salad...

If the sunrise doesn't make you happy,
add more tequila

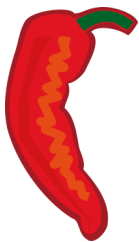
Is it better to say "Oops", or "What If"?

Exercise makes you look and feel good naked...
So does tequila. Your choice.

And, look at this.

Last week it was my Kentucky Derby Hat, this week it is my sombrero.

Finally, my wish for each of you today is this:



May you experience love hotter than your salsa, may you be stronger than the strongest tequila, and may you laugh so hard your sombrero falls off.

Tequila Song Link: <https://youtu.be/n2GR0vmYH0s>

Have a great week everyone.



Correction: The Bulletin last showed a photo that said Jim Burns' Father. This was actually **Clayton Carroll**. Sorry for the confusion

Feliz Cinco de Mayo Amigos!

We appreciated great conversations and smiles this week while at your door. We hope you enjoyed your Cinco de Mayo package and it's contents, as much as we did in getting it together and into your hands! Thank you for continuing to keep our fellowship connected and strong. - Your Social Events Team



CINCO DE MAYO PHOTOS

<https://rotarycs.org/PhotoAlbums/2021-cinco-de-mayo-photos>

If you would like to deliver and have “door to door” visits, please email kathlynnne@shaw.ca

OUR CHARTER MEMBER, GEORGE ADAM IS RECEIVING HIS GIFT PACKAGE FROM SHARON ALLEN



TRF Gala Fundraiser and Tailgate Party

Wed, May 12

TRF Tailgate Party Special Guest Danielle Smith!

Danielle Smith, the former leader of the opposition and leader of the Wildrose Party, will be our special guest for the District 5360 TRF Tailgate Party after the TRF Gala on May 12. Danielle will be available to answer questions and talk about the issues that are affecting Alberta during these challenging times.

Register for the TRF Gala on May 12 for access to the Tailgate Party and to help support the Rotary Foundation. Our help is needed more than ever to do good. This is our Call to Action!

**Wednesday, May 12, 2021, 8:00
pm ET
(6:00pm MT)**

The Rotary Foundation Gala will be a ~60-minute fast-paced virtual Fundraiser designed to fundraise for both the Annual Funds and PolioPlus.



Our Gala evening will feature a "Red Carpet" pre-show that kicks off at 8:00 pm ET *sharp* hosted by Rotary International's first female President, Jennifer Jones! Master of Ceremonies, Past RI Director Jeffry Cadorette, will host the variety show featuring distinguished speakers, entertainers, inspiring stories about service supported by TRF and much more!

Tickets to the virtual event are available by clicking this link trellis.org/rotary-gala and are USD\$110 plus applicable fees, of which **\$100 is a fully credited donation to TRF**. You get a charitable tax receipt and 100 Paul Harris Fellowship points, and your District gets credit towards their Foundation goals.

Your participation allows Rotarians, clubs and Districts to DO MORE GOOD. Donations are directed 75% to the Annual Fund of TRF and 25% to the PolioPlus fund.

From The Archives

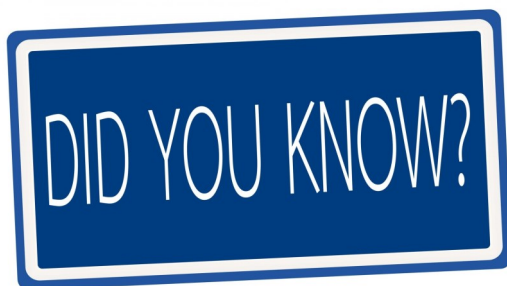


This drawing of Rotary House was done by Roy Alsip who joined the club in 1960 and was the editor of the club bulletin 1973-1974. He liked to draw cartoons and caricatures of club members which often appeared in the bulletins. One of the first renditions of this drawing now appears in our display cabinet at Rotary House.

I would like to offer my sincere thank you to the Members and Partners of the Rotary Club of Calgary at Stampede Park who made my 95th Birthday a happy day. Your kindness was very much appreciated.

Unfortunately Peter and I could not celebrate together since Peter has been diagnosed with covid and so we are both in isolation until this weekend. Peter has no symptoms of covid and is in good spirits.

Submitted by: Justina Penner



- ♦ Turning the music down on your car radio when looking for a street sign, so you can see it better.
- ♦ Am I the only one who calculates how much sleep I can get before going to bed?
- ♦ Nothing makes me feel so old as having to scroll down to find my birth year.
- ♦ Once you lick the icing off a cupcake it becomes a muffin - and muffins are healthy. You're welcome.
- ♦ Every box of raisins is a tragic tale of grapes that could have become wine.

I can relate to these: Submitted by: Bev Ostermann

COMMUNITY KITCHEN VOLUNTEERING

Volunteers are required for Community Kitchens located at: 3751 - 21 Street NE

This is to support the Good Food Box program. Volunteers 18 years and older are eligible to volunteer

Volunteers are required for these upcoming dates:

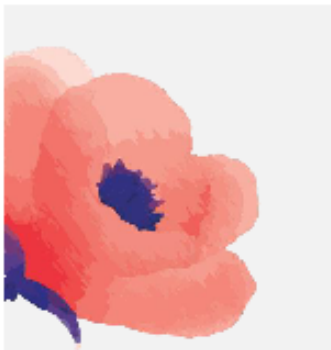
May 12	1 pm	2 volunteers	Packing hampers
May 31	5 pm	2 volunteers	Bagging food for the hampers
June 7	5 pm	2 volunteers	Bagging food for the hampers
July 6		20 Volunteers	
July 13		20 Volunteers	
July 19		16 Volunteers	

Please contact Earl Huson at:

ehuslink@telusplanet.net or call: 403 660 6232



PLEASE DONATE!!



May Fundraiser

**Saturday, May 15th
11:00am-1:00pm
#10, 6020 – 1A Street SW
(Lorna's Office)**

The Executive and Fundraising Committee are hosting a **DROP OFF ONLY** fundraiser.

We are collecting Spring/Summer gently used clothing, shoes and purses for *Making Changes* "Dress for Success" program. Please bring items in secure bags or boxes.

If you are unable to come on this day but wish to donate items, please contact Denise MacLeod to arrange for pickup or delivery.

Hope to see you there!



Community Paper Shredding Event



**** If you can't drop off your shredding on May 16th, you can purchase a secure shredding bag in advance which you can use to delivery your shredding documents directly to Pulp Shred ****

Contact us at info@rotaryolympic.org to purchase - we will delivery the bag(s) to you within the City of Calgary. Payment is cash on delivery or email transfer. Bag sales will end on May 7

Sensitive documents taking over your filing cabinet? Worried about data security and ID theft? Tired of spending hours with a personal shredder only to find paper remnants all over your home office?

Rotary Club of Calgary Olympic has teamed up with PULP SHRED with a solution to provide you peace of mind! ROTARY CLUB of CALGARY OLYMPIC is hosting a community shredding event on **Sunday, May 16** from 10:00AM to 2:00PM at the **Austrian Canadian Club parking lot located at 3112 - 11 Street NE**.

Shredding will be done for a donation to the Rotary Club of Calgary Olympic - Visa/Mastercard/debit/cash will be accepted.

Come join us for the Community Shred Day and make a contribution to support local Calgary charities!

Due to COVID-19 restrictions, this will be a drive through event only. There will be no social gathering. Rotarians and PULP SHRED representatives will all be strictly adhering to Alberta Health Services COVID-19 guidelines.

Here's what you'll need to know:

- Remove metal clips and take documents out of 3-ringed binders and plastic folders (staples and little paper clips are fine);
- File folders are fine as long as there are no metal hangers, metal clips, or non-paper contents (e.g. CDs/DVDs, Hard drives, plastic, et al);
- Place them in a file box (or a bag / tote) and bring them over with a contribution of your choosing at the shred event.
- Please limit to 3 boxes of personal documents per household.

PULP SHRED, a Calgary owned confidential document destruction company, will collect & securitize all documents, transport them in secured storage containers to their Calgary facility and shred your confidential documents securely and in a sustainable manner. No noisy, dusty & fuel inefficient shredding trucks! 100% of your shredded paper is baled, recycled and repurposed into new paper products – committed to zero-landfill paper waste!

Proceeds from this event will go directly to supporting Calgary charities like: Pace Kids, the Boys and Girls Club, I Can For Kids, the CNIB and other worthy causes.

For more information contact info@rotaryolympic.org or info@pulpshred.com



REGISTRATION IS NOW OPEN AND WAITING FOR YOU!!!!

The Supreme Windows \$1,000,000 Amateur Charity Golf Classic in support of The Rotary Club of Calgary at Stampede Park “Stay in School Program” to be held July 22nd at the Cottonwood Golf and Country Club is open for registration.

After last year's cancellation of the tournament, we are back this year stronger than ever. We are looking forward to an amazing day of golf and a celebration of our collective efforts over the last 20 years in reaching our goal of a sustainable program supporting students in their educational dreams for years to come.

Last year, Golf was a “hot” commodity as it was one of the few pastimes that was Covid-19 safe to participate in and tee times were at a premium. We believe that our event will sell out quickly, so the sooner you register, the sooner you secure your spot in the tournament.

For those who register and pay by May 15th, your name will be put into a draw for a chance to win Golf for Four (with carts) at our beautiful host Golf Course, the Cottonwood Golf & Country Club.

Register and pay for your spot by July 1st, 2021 to guarantee you won't miss out one of the best tournaments in the area and “*the most fun you can have with your Golf shoes on!!*”

We ask that Sponsors with player spots included in their Sponsorship register your Team player names (first and last name) email address and index as soon as available, by sending the information to Brett Albers, brett.albers@nbpcd.com

When you are ready to register go to the registration icon on the website:
<https://www.stayinschool.ca>

For more information on Registration call Spencer Tonkinson 403-991-0177.

*And while you are on the website, check out the auction items on the Auction tab (upper right) to see the Online auction, Live auction and Make Rotary an Offer items.

Keep checking back as new items are added to the list!

And remember if you have an item to donate or would! like to donate cash for us to buy an item, please contact Janet Matthews at janrickmatthews@gmail.com. Both item and cash donations get a tax receipt.

NEXT WEEK'S MEETING

**May 13th: Ray Price, CEO
Of Sunterra Group**



May 20th: Sarah Salus: Calgary Centre for Child Mental Health

May 27th: Annual Dream Home Kickoff

June 3rd: World Community Service Presentation

June 10th: Peter Tertzakian: "Energyphile"

June 17th: Stay In School Presentation

June 24th: Changing of the Guard

July 1st: Canada Day—No Meeting

July 8th: Dream Home Kickoff

July 15th: TBA

July 22nd: STAY IN SCHOOL GOLF TOURNAMENT

HEALTH AND WELLNESS CONTACT

For the months of May please contact **Hugh Delaney** at: (403) 255- 0422

MAY BABY

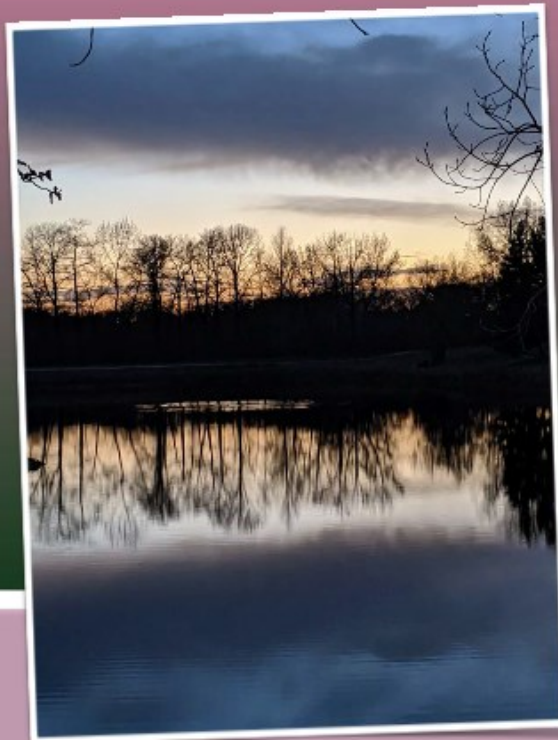
Stubborn and hard-hearted . Strong-willed and highly motivated. Sharp thoughts. Easily angered. Attracts others and loves attention. Deep feelings. Beautiful physically and mentally. Firm Standpoint. Needs no motivation. Shy towards opposite sex. Easily consoled. Systematic (left brain). Loves to dream. Strong clairvoyance. Understanding. Sickness usually in the ear and neck. Good imagination. Good physical. Weak breathing. Loves literature and the arts. Loves travelling. Dislike being at home. Restless. Not having many children. Hardworking. High spirited.

Happy May Birthdays
Rotarians & Partners !

Jim Cairns	May 1
Stacey Johnson	May 3
Bob Wiens	May 4
Freda Fraser	May 6
Brenda McKinley	May 8
Sharyl Madigan	May 9
Caroline Bacon	May 20
Lynn Topp	May 22
Dan Dunlop	May 25
John Fitzsimmons	May 28
Larry Stein	May 28
George Adam	May 31

"Carburn Park Waiting for the Leaves"

Photo taken by Corinne at Carburn Park Pond



Happy May
Birthdays

4420 52 Street NW
Calgary AB T3A 0L1
Email: kathyann@rotarycs.org
(403) 244-9788

President	Penny Leckie
President-Elect	Craig Stokke
Past President	Chas Filipski
Club Secretary	Larry Stein
Treasurer	Don Mintz
Partners President	Denise MacLeod
Club Service Operations	Gena Rotstein
Club Service Membership and Social	Tony Fisher
Club Service Ways & Means	Ted Stack
Community Service Local	Jamie Moorhouse
Community Service: Ways and Means	Mark Ambrose

Mobile App



Your key to connect to your club on the go!

Password protected, just like your website, the ClubRunner Mobile App consists of 3 main modules:

- Member Directory
- Latest Stories Feed
- Rotary Club Locator

WEEKLY ZOOM MEETINGS

- A link will be sent out every Monday or Tuesday
- There is a reminder an hour before the meeting and 10 minutes before the meeting
- You can share the link with friends and Partners
- Save the link and join us at Noon On THURSDAYS