

BULLETIN: VOLUME 66, ISSUE 14 OCTOBER 1ST, 2020 PRESIDENT'S MESSAGE



The Calgary Rotary Clubs FOUNDATION

IN CELEBRATION OF OUR CLUB'S 65TH ANNIVERSARY, WE HAVE A GOAL OF 65 NEW DONORS TO Calgary Rotary Clubs Foundation (CRCF)

Donate to CRCF

www.calgaryrotaryclubsfoundation.ca

- ⇒ Click on "How to Contribute"
- ⇒ Click "Contribute online via Canada Helps"
- ⇒ Be sure to note 'Calgary at Stampede Park'

Do You Have a Giving Goal?

As a rule, Rotarians are very generous individuals, but how many Rotarians actually establish formal goals for giving? We set goals in every area of our lives. Career goals, financial goals, weight loss goals, fitness goals, etc. We live in a society of goal setting, but there is very little discussion about setting goals for giving.

The actual amount and how the amount is determined are only important to the individual setting the goal. It is not for others to judge. It may be a certain amount each month, it may be a percentage of net income, it may be an allocation based on personal beliefs or it may be a strategy to achieve a particular objective established by a charity. The approach should be personal, but the person should be willing to commit to it. The goal should be a challenge and a stretch to meet. Just like any other challenging goal, if you need to stretch to reach it, it will provide greater satisfaction when it is achieved.

Once the giving goal is established, a plan needs to be made to achieve the goal. Is it an automatic bank transfer or an accounting to another person, perhaps a family member?

When I started business 16 years ago, I committed to donating a certain amount, each year, multiplied by the number of years I have been in business. I have stayed with that goal, year after year. Some years, I wasn't sure where the funds would come from to meet the goal, but it gave me something to hustle for, and at the end of the day, it was the most satisfying goal, out of all the business goals I set.

This is something families can work on together. It creates an opportunity for children and adults to have discussions about their unique individual giving goals. The goal can be different for each family member. The measurement and accountability can be different for each family member. Then, the conversation can evolve to which organizations to choose for the gifts. Family relationships are often built and strengthened through conversations about giving goals and charity choices. We can all learn from each other and about each other through this exercise.

As someone once said to me, "Giving is the Most Selfish Thing You Can Do, Because of How Good It Makes You Feel."

Not all gifts are financial, but if you do choose to make a financial gift, please consider the Calgary Rotary Clubs' Foundation.





BULLETIN: VOLUME 66, ISSUE 14 OCTOBER 1ST 2020 RAKSHA ASCENT



JESSE BREFFLE: RAKSHA ASCENT

Nancy Spence introduced our speaking guests today: I am happy today to have the opportunity to introduce to you Jesse Breffle, Olivia Amstrong and Nathalie Spence from Raksha Ascent, an organization which works with underprivileged and exploited young women in Nepal conducting trekking expeditions to instill leadership, self development and personal resilience.

Jesse Breffle has a BA in International Studies from BYU-Idaho, an MA in Global Management from Thunderbird School of Global Management, and 2+ years in international development with experience in business consulting and entrepreneurship. He is passionate about developing leaders and helping young people harness the agency in their lives to carve out success for themselves. He is a lover of adventures, rock climbing, cacao, and coconuts!

Olivia Armstrong has a bachelor's degree in Psychology, and currently lives in British Columbia, Canada. She is passionate about giving others the opportunity to experience the therapeutic benefits of nature. She hopes that Raksha Ascent will empower women through challenging outdoor adventures.

Nathalie Spence is a Pediatric registered nurse in British Columbia, Canada. She currently works with vulnerable youth who struggle with mental health challenges and who require hospitalization for stabilization and recovery. Nathalie is extremely passionate about the outdoors and acts as the health care provider for Raksha Ascent. So with that, please join me in welcoming them to Rotary!

Our presentation featured Jesse Breffle, Olivia Armstrong and Nathalie Spence who took fifteen young women trekking through Nepal.

Our Mission

• MISSION: We aim to cultivate leadership through adventure. We prepare young women to design their life and career through self leadership. As well as to build the confidence and resilience they'll need to take leadership roles in the industries and capacities they choose.

The purpose of the organization is to help young girls in Nepal build their lives.

Fifteen young women had so many "firsts". The first time wearing hiking boots, the first time seeing SNOW.

Olivia Armstrong spoke about how the trek helped the young women grow - one girl expressed the fact that she really had a "sense of being free" while on the trek and the experience was an empowering time for her. Hiking and trekking is not something that women in Nepal do – it's a "male thing".

Nathalie talked about how the girls had to cope with many "new experiences" from snow to pain and they learned to rely on others.

Each night on the trek they held discussions with the group which focused on:

- ⇒ Identity
- ⇒ Defining values
- ⇒ Giving their personal responses.
- ⇒ Developing Relationships and leading others
- ⇒ Embracing Change



BULLETIN: VOLUME 66, ISSUE 14 OCTOBER 1ST 2020 RAKSHA ASCENT



RAKSHA ASCENT

OUR GOALS GOING FORWARD

- Seeking 501(c)(3) status or Fiscal Sponsorship as we grow
- Raksha Ascent 2021 will welcome a Nepali Instructor who specializes in youth empowerment and professional development
- Include a more comprehensive professional development element to the curriculum



Funds went towards:

Gear: Boots, warm jackets, rain and wind shells, pants, gloves, thermals, hats, socks, and sunglasses for 18 women (15 participants, 3 org leaders)

ጸ

Trekking expenses:
Teahouse and hotel lodging,
transportation, meals, water, hot
chocolate, first aid and medical supplies

THANK YOU

Raksha Ascent has three goals moving forward and the funding received from us is listed above.

Jamie Moorhouse explained how Nancy Spence came to the committee in November with a project that seemed a "perfect fit" with the committees objectives for a project, to be able to impact the lives of young women in an underdeveloped country. Jamie thanked Jessie, Olivia and Nathalie and hope that we'll be able to help with another of their projects in the future.

President Penny also thanked Jessie: Thank you for speaking to our Club today and for sharing with our Members the amazing work you do at Raksha Ascent. In appreciation of your participation in our meeting today, our Rotary Club has donated \$100 to the Calgary Rotary Clubs Foundation. These funds will be invested in an endowment fund and the growth on these funds help us support organizations like yours. Thank you.

Jesse played a video which showed highlights from their recent trek to Poon Hill, Nepal. https://www.rakshaascent.org/newpage

Here is the meeting link to enjoy this great presentation: Oct 1 2020 - Zoom and Live Meeting: Raksha Ascent

A SPECIAL THANK YOU FROM OUR







BULLETIN: VOLUME 66, ISSUE 14 OCTOBER 1ST 2020 RAKSHA ASCENT



RAKSHA ASCENT



JESSE BREFFLE OLIVIA ARMSTRONG







JAMIE MOORHOUSE





CLUB NEWS

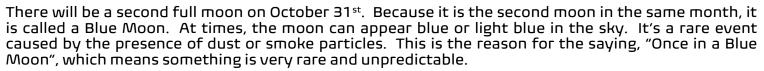
Good afternoon Rotarians and Guests. Welcome to the October 1st meeting of The Rotary Club of Calgary at Stampede Park. I am **Penny Leckie**, the Club President for 2020/2021

Here we are, the first of October, and hasn't the weather been incredible? There will be a full moon this evening, and it will be this year's Harvest Moon. A Harvest Moon is the full moon closest to the autumnal equinox.

Did you know that in ancient times, on the night of the harvest moon, people gathered and tossed bones into the

"Bone Fire" and asked the yellow moon to shine its protection over them. Today we

call it a "Bonfire".



Two moons in a month is not so rare. It happens every two to three years. The second moon in a month doesn't mean the moon will be blue. The second moon in October will be a full moon on Halloween. The next time there will be a full moon on Halloween is 2039.

And yes, there will be a Halloween this year... . So, we need to howl at the moon this Halloween. Start thinking about what Halloween costume you will wear to our meeting on Thursday, October 29th.



Please RISE and join Lisa Fernandes with the singing of O Canada.

President Penny announced that **Glen Godlonton** was celebrating his 60th birthday today. Have a Happy Birthday Glen!

Virtual Head Table: Our guest speaker, Jesse Breffle, President of Raksha Ascent, who will be more formally introduced later, Co Chairs of our Club's World Community Service Committee – Bob Wiens and Christine Kyte, All the members of our World Community Service Committee – Richard Scott, Myrna Dube-Thompson, Larry Kennedy, Corinne Wilkinson, Brenda McKinley, Janet Matthews, Lynn Topp, Imma Dike-Shittu and Marilyn Balfour.

Although we have limited funds this year, I know this committee is actively looking for future projects and wrapping up projects from prior years that straddled the Rotary year. We are grateful for the tremendous work your Committee is doing on behalf of our Club.



Bulletin Editor: Glenn Potter Photographers: Paul Brick and John Shield

Health and Wellness: I haven't received an update this week. Please continue to reach out to fellow Rotarians and stay connected.







CLUB NEWS

I want to provide a brief update on my request that the Club focus on Mental Wellness.

In January this year, I met with the Strategic Planning Committee and requested the Strategic Planning Committee recommend to the Board that the Focus of our Club's granting for the next five to seven years be Mental Health and Wellness. I summarized my thoughts in a letter which is attached to the email of this bulletin.

Then the world changed ... And with the focus today on moons, I can honestly say that once in a Blue Moon, life give us opportunities. The challenges our Club currently face is one of those opportunities, and my year as President is one of those opportunities. Given the changes this spring, I had to do some fast thinking about how I would lead our Club.

In my Inaugural Speech, I stated that my "big hairy audacious goal" was to have our Club create a designated fund that over the next five years would generate \$10 million for Mental Health and Wellness.





The Blue Moon opportunity we have been given is to create something substantial from nothing, and to find new ways of making impact in our community.

I proceeded on the assumption that if fellow Rotarians had creative ideas and could formulate plans around them, they would come forward. Perhaps this assumption was not correct, but with nothing else on the table, I leaned in with my vision.

It is fair to say I never asked for ideas from the membership at large.

I want all of our members to know that the Committee I created to implement my big hairy audacious goal has had a couple of meetings, has some ideas, and is moving forward. We don't have anything concrete to bring to the members or the Board at this time, but things are happening.

Also, the Strategic Planning Committee is meeting and moving forward with updates to our Club's strategic plan.

At this point, I am making up for the mis-step in the process I adopted and am formally asking the Membership At Large that if anyone has any creative ideas or vision regarding where our Club should focus for the next few years, and is able and willing to formulate plans for implementation of their vision, please contact **Bill LeClair** as Chair of the Big Hairy Audacious Goal committee or **Len Hamm** of the Strategic Planning Committee.

It may not be obvious but our Club is moving forward, and is taking action now to make long term impact in our community, so now is the time to speak to these two men if you want to bring something forward.



Otherwise, Buckle Up







CLUB NEWS

Sergeant at Arms: Joe Connelly

- ⇒ FINED **Bill LeClair** \$2.00 for being a member of the "Riff Raff" Zoom Group because he tried to get into the meeting today after the deadline
- ⇒ FINED Anyone who has NOT forgotten their mask when entering a building PAY 2.00
- ⇒ FINED **Stacey Johnson** for driving while on Zoom−please pay \$2.00

BEING A CALGARIAN - pay \$2.00

- ⇒ If you've ever floated down the Bow River
- \Rightarrow If you've ever had to swim in the Bow pay \$5.00
- ⇒ If you've every purchased a LARGE Halloween Costume to fit over a parka.
- ⇒ If you've ever driven around the FRONT side of Chinook Centre looking for a parking space.
- ⇒ If you've ever been photographed on Scotsman Hill.
- ⇒ If you've ever been photographed on the Peace Bridge PAY \$5.00
- ⇒ If you've ever gone in the VIP lineup in Cowboys or Ranchman's!
- ⇒ Finally **John Fitzsimmons** Is a GRANDFATHER to Lily Belle and he's donating \$20.



Election Announcement: Past President Chas Filipski (see page 9 and 10)

CRCF: Craig Stokke (see page 11)

Next week, we will hear from Catherine Russell, General Manager at Amica Senior Lifestyles Inc. Dick Shaw personally observed all the efforts being done by Catherine and Amica to provide a safe and pleasant environment for the residents of Amica in Aspen Woods. I hope you will join us and learn from Catherine.



A quick little story:

Two drunks were walking home from the pub. One said to the other "what a beautiful moon." The second drunk said, "that's not the moon, that's the sun." They argued for a while until they came across another drunk. They said, "excuse us, could you please help us settle an argument. Is that the moon or the sun shining in the sky?" The third drunk looked up and said, "Sorry, I don't live around here." Remember, no matter what our differences are, we all look at the same moon.

Get out and howl at the harvest moon.

Have a great week everyone.























BULLETIN: VOLUME 66, ISSUE 14 OCTOBER 1ST 2020 RCCSP ELECTION GUIDELINES (1 OF 2)



According to the bylaws of the Rotary Club of Calgary at Stampede Park the Election Process for President-Elect Nominee, Secretary, Treasurer and Directors is declared open this first day of October 2020. The nomination process will remain open for additional candidates from the club membership through to 1:00 pm on October 22, 2020 for a three (3) week period. Thereupon, acceptance of additional nominations will cease.

Nominations from Rotary Club of Calgary at Stampede Park Members can be submitted for each of the following positions: President-Elect Nominee, Secretary, Treasurer and four (4) Director positions.

Nomination forms for all positions will be sent out by a separate email and will posted on our Club Website. Members are requested to prepare a nomination form for each of the candidates, to be signed by the nominee showing their willingness to serve if elected and finally, signed by the first and second sponsors which are known as nominator and seconder. Again, these must be dated and submitted to the Club Secretary, Larry Stein no later than 1:00 pm on October 22, 2020.

In the event we have more nominations submitted than there are vacancies to fill, we will then have an election. Ballots will be electronically mailed to Members of the Club with a response requested within two (2) days to the attention of the Chair of the Nominating Committee.

All candidates involved in that process will have a short profile published in the bulletin prior to the election and members will be asked to return their voting ballot within two weeks of the mailing date.

President-Elect Nominee:

- Has been a member in good standing for at least five years.
- Has previously served on the board of directors for at least one year.
- Has not previously held the office of President of our club.
- Has been a member in good standing of our club having maintained 70% or higher attendance in the most recent two years prior to this nomination.
- Has demonstrated a strong commitment to club activities such as committee work and fundraising activities and the completion of Dream Home shifts as expected by the club.

Director:

- Has been an active member in good standing and has been so for a recommended period of at least 3 full years.
- Has demonstrated a strong commitment to the objectives of Rotary throughout their tenure with the club.
- Has maintained a 70% attendance in the previous two years prior denomination.
- Has demonstrated strong commitment to all club expectations for involvement in club activities such as committee work fundraising activities and completion of Dream Home shifts as required by the club.

Secretary:

- Has been a member of this club for at least five years.
- Has demonstrated a strong commitment to the objects of Rotary throughout their tenure in the club.
- Has been a member in good standing in the club having maintain 70% attendance in the previous two years prior to their nomination.
- Has demonstrated strong commitment to all club expectations for involvement in club activities such as committee work fundraising activities and completion of Dream Home shifts as required by the club.
- Additionally; should have an understanding of board governance.

Treasurer:

- Has been a member of the club for at least five years.
- Has an accounting or financial background.
- Has demonstrated a strong commitment to the objects of Rotary throughout their tenure in the club.
- Has been a member in good standing in the club having maintained 70% attendance in the previous two years prior to nomination.
- Has demonstrated a strong commitment to all club expectations for involvement in the club activities such as committee work and fundraising activities and completion of Dream Home shifts as required by the club.



BULLETIN: VOLUME 66, ISSUE 14 OCTOBER 1ST 2020 RCCSP ELECTION GUIDELINES (2 OF 2)



The current Vacancies are as follows:

- President-Elect Nominee
- Treasurer
- Club Secretary
- Directors (4)

The Treasurer, Club Secretary and 4(four) Directors will serve for two years commencing on July 1, 2021 until June 30, 2023

The President-Elect Nominee will serve in that capacity for a period of one year commencing July 1, 2021 until June 30, 2022. At that time; they will assume the role of President-Elect and serve for one year from July 1st 2022 to June 30, 2023. On July 1, 2023 until June 30, 2024 they will serve their term as President of our club.

Following our club's bylaws, I convened a meeting of the Past Presidents of our club that took place on Tuesday, September 29th. The Past Presidents made their selection for President-Elect Nominee in that meeting. On behalf of my fellow Past Presidents I am very pleased to announce to all of you our nominee for President-Elect of the Rotary 2023 to 2024 is **Jim Fitzowich**.

Congratulations Jim. We are fortunate that **Jim Fitzowich** has allowed his name to stand. Our clubs blessed with continued good stewardship for years to come.

Our current President-Elect **Craig Stokke** has submitted his nominees for the vacancies of Directorship, Club Secretary and Treasurer:

Club Treasurer: Don Mintz

Club Secretary: Luanne Whitmarsh

Director: Stan Cichon
Director: Walter Flores
Director: Don Taylor

Director: Myrna Dube-Thompson

President-Elect Craig Stokke has chosen well and on behalf of the club I thank all of the nominees for stepping forward.

Now, the nominees that have been announced today are not intended to exclude any nominations from the general membership. Our club bylaws provide for an open election wherever there are more nominations than vacancies to fill. Each week until October 22nd I will announce the names of any additional nominees that are put forward from the general membership.

I know this is a lot to take in today. I remind you that of this incredibly fascinating information is outlined in our new bylaws. The architects of that compilation, **Sherry Austin, Terry Allen and Larry Stein** urge you to review them, specifically; Sections 4 and 5 that outline the procedures that I have just run through.

However, reading all 20 Articles or 26 pages of the Bylaws make for true family fun!! And I haven't even mentioned our Rotary Constitution!

Lastly, may I offer the Clubs' thanks to those members for allowing their names to be put forward and thank you all for your attention today.

ANNOUNCEMENT MADE TODAY BY PAST PRESIDENT CHAS FILIPSKI





BULLETIN: VOLUME 66, ISSUE 14 OCTOBER 1ST 2020 CRCF: HOW TO DONATE ONLINE



Over the next few weeks you will be hearing a lot about the Calgary Rotary The Calgary Rotary Clubs Clubs Foundation. The CRCF is the gift that keeps on giving.



Your contribution to the Calgary Rotary Clubs Foundation assists the Rotary Club of Calgary at Stampede Park with the creation of a long term, stable funding source that assists us in supporting our community. As a matter of fact; due to the cancellation of the Stampede Dream Home lottery and our Stay in School Golf Tournament, the CRCF is our club's single source of charitable income this year.

So, how do you make a donation to the CRCF? It's easy. You can provide a cheque to a member of the committee - the chair is Sherry Austin she will be happy to put you in touch with the right people or you can make a donation online through our Club's website.

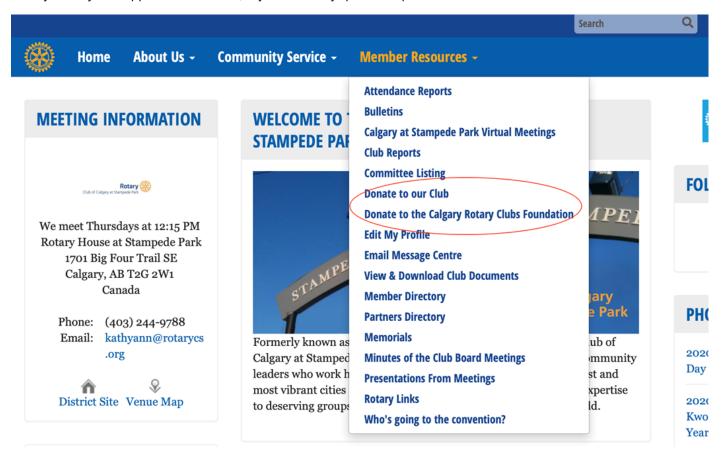
If you go to our club's website - www.rotarycs.org - you can make a donation directly from the site. Under the Member Resources menu, there are two menu options for donations 1) Donate to our Club, and 2) Donate to the Calgary Rotary Clubs Foundation. Alternatively, on the site's main page, just under "Home Page Stories" there is a heading that says "Donate to the Rotary Club of Calgary at Stampede Park". There are two links - you can make a donation to the Club directly or you can make a donation to the CRCF. If you click the link to donate to the CRCF you will be directed to the Canada Helps website.

At the Canada Helps website you will have a few options; make a one time donation, a monthly contribution, or donate securities. Sherry and her committee will be happy to answer any questions you may have about your various options. Make a selection and complete the online form. It's that easy.

It's important to note that all funds pooled within the Foundation are associated with a specific Rotary Club. So, your donation goes directly to the great work we do at the Rotary Club of Calgary at Stampede Park.

Personally, I make monthly contributions. It took about five minutes to set up. My credit card gets charged every month, and I get a tax receipt. I never have to worry about it. It is really that simple!!!

Thank you for your support of the CRCF, If you have any questions please reach out to a member of the committee.





CLUB ANNOUNCEMENTS



Membership Transfer: Joseph Matloob

Sponsored by **President Elect Craig Stokke** and **President Penny Leckie** with a proposed classification of **Financial Advisor**.

Motion: The Board of Directors of the Rotary Club of Calgary at Stampede Park approve the transfer of membership for Joseph Matloob from the Rotary Club of Jasper, Alberta to the Rotary Club of Calgary at Stampede Park with a classification of Financial Advisor.

If any Member objects to **Joseph Matloob** transferring to the Rotary Club of Calgary at Stampede Park or the proposed classification an objection must be filed in writing and emailed to the Club Secretary at: larrystein@shaw.ca by October 8 2020

COMMITTEE MEETING MAKEUPS

We are still recording Committee Meeting Makeups.

If you think that your Committee has had a meeting and you didn't request a makeup please contact Kathyann Reginato at: kathyann@rotarycs.org

- **\lambda** List the Committee
- **⋄** List the Date
- List the Attendees

Makeups are valid for one year going back or for future use. We have not been recording Attendance after March 12th 2020 but makeups can still be recorded and used for those that need them.



Thanks

PHOTOGRAPHY

We are living a new world where we are together but also apart.

The Photography Committee which Paul Brick chairs would like to ask that anyone that if you happen to take some photos either at meetings, Rotary related events or while vacationing and visiting with fellow Rotarians be forwarded to Kathyann by email: kathyann@rotarycs.org either during the



event or immediately after so that we can remain connected to each other visually.

There are some members on the Photography committee that cannot attend live meetings and we are relying solely on John Shield right now to provide photos so if you would like to take part please let Paul Brick know.



CLUB ANNOUNCEMENTS



We need

TECH SUPPORT

LOOKING FOR:

- SOCIAL MEDIA
 DEVELOPMENT
- ZOOM MEETING ASSISTANCE
- •LIVE MEETING
 ASSISTANCE
- •TECHNOLOGY COMMITTEE MEMBERS

THE ROTARY CLUB OF CALGARY AT STAMPEDE PARK REQUIRES VOLUNTEERS FOR LIVE MEETINGS, ZOOM MEETINGS AND TECHNOLOGY COMMITTEE MEMBERS

2020 has been a year with a lot of technology changes and our Club has accepted that challenge. We are having to find innovative ways to continue to stay connected and that involves social media, zoom meetings, links, videos and recordings.

The Communications Committee and the Technology Committee are looking to try to find some simple solutions to some communication and technology gaps.

By agreeing to be trained and to take on simple tasks we can lighten the workload for a few and share it with many.

Please contact Kathyann Reginato at: kathyann@rotarycs.org if you would be willing to take on a few technology tasks or to consider joining the Technology Committee.

Hands on training will be offered.





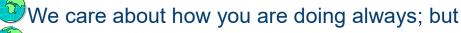
HEALTH AND WELLNESS STAYING CONNECTED ...







TO ALL OF OUR ROTARIAN FAMILY...



especially now that we are reaching the **6-month**



💖 Isolation is a concern every day and is especially an issue when we

are cooped up for an extended time.

We wanted to open up the conversation. If you are looking for any

support you can review these websites AND / OR you can call any of

🚱us to talk, to ask for help and share how you are doing and say hello.



Resources for Individuals, Business and Community:

https://www.calgary.ca/csps/cema/covid19/support/support.



Resources for Income and Provincial/Federal Pensions:

https://www.calgary.ca/citycouncil/ward-11/news/resources-covid-19.html

We are here for you! Remember to

reach out to one of us!!

Dorothea Schaab: 403-660-6232

Carol Graham: 403-277-4638

Solution Luanne Whitmarsh: 403-243-7587









ROTARY REMEMBERS



REMINDER OF AN UPCOMING REMEMBRANCE DAY EVENT. YOU CAN'T REGISTER YET BUT WE WILL BE SENDING OUT DETAILS AS THEY BECOME AVAILABLE





Honouring the 75th Anniversary of The Liberation of the Netherlands

Wednesday, November 11, 2020
Join virtually with your fellow Rotarians
10:30 a.m. – Noon
Guest Speaker

Dr. Stéphane Guevremont

Details to follow

Donations in support of our Veterans

will be accepted



PARTNERS IN PRINT





Rotary Partners Fundraising Committee

Winter Jacket & Snow Pants Clothing Drive

Date: Saturday, October 17, 2020

Time: 10:00am - 2:00pm Location: 1212 - 58th Avenue SE

(MacLeod business location)

The Fundraising Committee is holding a Winter Jacket and Snow Pants Clothing Drive to donate items to *Inn From the Cold.*



Please be advised that Inn From the Cold has a NEW item only policy regarding clothing

They are in need of these items in sizes:

 \Rightarrow Toddlers: size 5 to 10 (ages 1 to 3 years old)

 \Rightarrow Kids: size 11 to 13 and 1-5 (ages 4 to 12 years old)

⇒ Teens: size 6 to 11 (ages 13-19)
 ⇒ Adults: size Medium & Large

We will be collecting all the items on this day but if you wish to donate before October 17th, please contact Denise MacLeod at 403-771-1913.

We appreciate any and all donations.

We are hoping to make a "Rotary" difference for this charity





HIKING CLUB



It was a chilly 7 C when eleven of us set out on Sept. 30th for a hike to Chester Lake. As we climbed up the trail we saw this female Spruce Grouse which is very camouflaged in the grasses. The larches were in full colour as we got higher. We couldn't get enough shots of the beautiful reflections in Chester Lake, which was our lunch spot. Here, we again were treated to Glenda's cookies. The sun came out and the warmth was palpable. After lunch seven of us climbed further to reach the Elephant Rocks. These great grey "elephants" were great for practicing your rock climbing skills. As we descended the temperature was warm and the sky was sunny - a perfect ending to the day.



SUBMITTED BY PAT FARN







CALENDAR OF MEETINGS AND EVENTS



Oct 8th: Catherine Russell, GM: Amica: COVID 19 Response (Live and on Zoom)

Oct 15th Gary Mar, CEO: Canada West Foundation

Oct 22nd Tom Leppard: 75th Anniversary of WWII

Oct 29th Rotary Foundation Campaign Kick off

Nov 5th Chief Neufeld: CPS Presentation

Nov 11th Rotary Remembers

Nov 13th Sadie Hawkins Dance: Tentatively at Stampede Park

Nov 19th Jack Mintz: U of C School of Public Policy

Nov 26th Jack Thompson: Rotary Profile

Dec 3rd Hanukah Celebration

Dec 10th Annual Christmas Luncheon with Partners

Dec 17th Cleven Awards

Dec 24th Christmas Social at Stampede Park?

Dec 31st New Year's Eve Celebration at Stampede Park?

Jan 7th President's State of the Union Address

Jan 14th Judge John Reilley: "Bad Law"

Jan 21st Burns Day Celebration

Jan 28th TBA

Feb 4th Dr. Ted Morton

Feb 11th Annual Valentines Day Luncheon with Partners



2020/21 CLUB INFO / DIRECTORS





Suite 120, 200 Rivercrest Drive SE Calgary AB T2C 2X5

Email: kathyann@rotarycs.org (403) 244 9788

President

Past President

President-Elect

Club Secretary

Treasurer

Partners President

Club Service Operations

Club Service Membership and Social

Club Service Ways & Means

Community Service Local

Community Service: Ways and Means

International and Vocational Service

Youth Service

Penny Leckie

Chas Filipski

Craig Stokke

Larry Stein

Don Mintz

Denise MacLeod

Gena Rotstein

Tony Fisher

Ted Stack

Jamie Moorhouse

Mark Ambrose

Mike Ruttan

Wendy Giuffre