

### BULLETIN: VOLUME 66, ISSUE 15 OCTOBER 8TH 2020 PRESIDENT'S MESSAGE



### "Gratitude is an Attitude"

I am sharing some quotes I found that I think are as interesting both because of who said them, as well as the thought expressed.

- "When I started counting my blessings, my whole life turned around" Willie Nelson
- "What if, today, we were grateful for everything?" Charlie Brown
- "Feeling gratitude and not expressing it is like wrapping a present and not giving it" William Arthur Ward
- "We must find the time to stop and thank the people who make a difference in our lives" John F Kennedy
- "As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them" John F Kennedy
- "A thankful heart is not only the greatest virtue, but the parent of all other virtues" Cicero
- "Be thankful for what you have; you'll end up having more. If you concentrate on what you don't have, you will never have enough" Oprah Winfrey
- "We make a living by what we get, but we make a life by what we give" Winston Churchill
- "There is always something to be grateful for" the mug on the shelf of my dresser
- "Be present in all things and be thankful for all things" Maya Angelou
- "Reflect upon present blessings, of which every man has plenty; not on your past misfortunes, of which all men have some" Charles Dickens
- "Now is no time to think of what you have. Think of what you can do with what there is" Ernest Hemingway
- "I come from a family where gravy is considered a beverage" Erma Bombeck
- "May your stuffing be tasty, may your turkey be plump. May your potatoes and gravy have nary a lump. May your yams be delicious and your pies take the prize. And may your Thanksgiving dinner stay off of your thighs" Grandpa Jones of HeeHaw
- "You can tell you ate too much for Thanksgiving when you have to let your bathrobe out" Jay Leno

Darren's and my mixed/combined family will be sharing Thanksgiving with other family members, so we gathered for Sunday dinner at our condo in Sylvan Lake. We didn't have turkey. We had ham and scalloped potatoes. There was lots of laughter and lots of gratitude for being able to gather together. I have included a picture of us. We are very blessed. I hope you and whoever you are with this weekend enjoy your time together as much as we enjoyed our Sunday dinner. It was special... and so is everyone reading this Bulletin.

Thank you for all you do for me and for our Rotary Club to keep it thriving.

Penny Leckie, President







### BULLETIN: VOLUME 66, ISSUE 15 OCTOBER 8TH 2020 CATHERINE RUSSELL, GM: AMICA



#### **CATHERINE RUSSELL, GM: AMICA**







**Dick Shaw** via Zoom introduced **Catherine Russell**, the General Manager of Amica in Aspen Woods (a Senior's Living Facility). Catherine Russell is here today to talk to us about the precautions they took to protect the residents of this facility.

Catherine Russell began today by saying that In the early stages it was important to develop plans to prevent the disease from gaining a foothold in the facility. They chose to develop anacronyms to achieve this. The first was STOP, TAKE, ISOLATE and MASK.

Leadership jumped to the forefront as one of the biggest issues. Few could have predicted what was to come and they found they had continually develop plans to face "uncertainty". How do we "hedge the risk". The early days felt like they were in a "video game" They were in the front lines facing a survival crisis with the covid numbers surging. It was like running a race. They were forced to solve problems quickly, be aware of limits and most importantly survive! In addition it was important to develop strategies that would survive in the future.

It was important to look at "worst case" scenarios. Amica had one of the best records for seniors facilities not only in Calgary but also at the rest of their facilities across the nation. There are over 50 senior facilities in Alberta and things could go wrong easily and quickly. Amica had a remarkable record in this regard.

Currently they are working on ways to combat the disease. They are involved in several clinical trials, one of which is plasma testing all working to continue to keep people safe.

Catherine took the time to show us pictures of the facility, describing the various rooms, meeting spaces, recreations areas including the home theatre and spa. They have 24/7 nursing capability and a gardeners area and craft kitchens for their residents to use. They provide both independent and assisted living, convalescent care and offer trail stays to prospective residents.



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#### **CATHERINE RUSSELL, GM: AMICA**



We were shown a video that the Calgary Herald had prepared of their residents, many of whom belonged to the Amica Singers, singing from the balconies of the facility.

The video was shown on several local newscasts and was a real "spiritual uplift" for the residents during the lockdown period. A real inspirational time.

Here is the Video Link: https://youtu.be/2zg2G3nBHzo



**Luanne Whitmarsh** thanked Catherine Russell: Thank you for that wonderful presentation!

Amica has been providing excellent service since 1996 for older adults. They are Canada owned and operated. They develop personal lifestyles and are leaders in the community. There are 2 Amica communities (Aspen Woods and Britannia).

As the previous CEO of Kerby Centre, I was able to experience first hand the wonderful services and communities they provide PLUS their Helping Hands Charity, where they provide beautiful gift

baskets to low income older adults, is appreciated!

Congratulations on your response to COVID. The safety for residents is admirable and we thank you for keeping our Dick Shaw and all residents free from COVID. You have handled Plan A, B, C and we sure hope that you don't have to go through the alphabet!

Amica's determination is our admiration. Thanks for keeping the long aim of safety for residents and the team the focus and ensuring quality of life. You are right - we ARE in this together! On behalf of our Club - thank you so much!

**President Penny:** Catherine thank you for speaking to our Club today and for sharing how Amica is providing both a safe and pleasant environment for its residents. I used to work for Dick, and I know if you weren't doing a fabulous job, he wouldn't have invited you to speak to us.

To express our gratitude for your participation in our meeting today, our Rotary Club has donated \$100 to the Calgary Rotary Clubs Foundation. These funds will be invested in an endowment fund to generate income that will be used to make an impact in our community. Thank you.

#### **MEETING LINK:**

https://www.youtube.com/watch?v=PeZrAy-KfFU&feature=youtu.be

#### PRESENTATION LINK:

Presentation: Amica - Finding Opportunity in COVID Times









Good afternoon Rotarians and Guests. Welcome to the October 8th meeting of The Rotary Club of Calgary at Stampede Park. I am Penny Leckie, the Club President for 2020/2021

Before we go any further, I want to recognize the passing of long time Club Member, **Rod Bower**. I visited Rod this summer and am most grateful for the visit we had. Please join me in a moment of silence to honour Rod.

Because of the unique circumstances in 2020, we haven't been able to attend services to properly say goodbye to Members we have lost this year. In December, we will spend a portion of each meeting looking back and remembering these individuals.



The Health and Wellness Committee, under **Dorothea Schaab's** leadership are working on gathering memories and organizing someone to speak for each of the Members who have passed this year. If you would like to assist with this please call Dorothea.

We have a full program today, so I am going to move right away into Oh Canada.

Please RISE and join Lisa Fernandes with the singing of O Canada.

Thanksgiving is this weekend, so the theme for today's meeting is "Gratitude is an Attitude".

**Virtual Head Table:** Our guest speaker, Catherine Russell of Amica, who will be more formally introduced later and anyone and Everyone who will be making gravy for Thanksgiving.

It takes a special person to master the science of gravy. If you want to talk about gratitude, as Erma Bombeck once said, "My family thinks gravy is a beverage." For those of you who cook with wine, a small tip, put less in your glass and more in the gravy...

All kidding aside, thank you to all the gravy cooks and the gravy stirrers, because it's the meals with gravy that make the memories...

Bulletin Editor: Glenn Potter Photographers: Paul Brick and John Shield























### Health and Wellness:

- Tommy Low: is hospitalized again at the Peter Lougheed. It is expected he will be there for another two months. Due to COVID-19, there is no visitation permitted, but he is able to receive phone calls. Although Tommy isn't a member now you may wish to reach out to him.
- Roger Jarvis: is still in the mix of his meds, that is. Marie says that the doctors continue to mix and balance the drugs. Roger, on the other hand, is just plain BORED. He called Dave Read today to catch him off-guard with a practical joke. Dave fell for it! He's known Roger for years, and still wasn't ready for him.
- Gui Salazar: is home, and coming along. I talked to him this afternoon, and he says he will be back as soon as he can do it safely.

I have had a few members of the Club tell me they don't really feel connected. I can tell you that as President of the Club, I don't really feel connected, either. Please reach out to fellow Rotarians. We need to observe social distancing, but let's not let anyone be alone over Thanksgiving.

### Election Update: Chas Filipski

Fellow Rotarians and Guests:

Per the Rotary Club of Calgary at Stampede Park Bylaws I continue to update everyone as to the Nominating Process regarding Rotary Lub of Calgary at Stampede Park Elections.

I will be here next week for another update and then the following week. At Thursday's meeting (October 22<sup>nd</sup> 2020) the Nominations will officially be closed and the results tabulated and announced. I remind you:

The Past President's Nominee for President-Elect for the 2023 / 2024 Rotary year is: Jim Fitzowich

President-Elect Craig Stokke's Nominees are: Club Treasurer: **Don Mintz**, Club Secretary: Luanne Whitmarsh and Directors: Stan Cichon, Walter Flores, Don Taylor and Myrna Dube Thompson

As of this presentation we have received no new nominations. The process will remain open until noon on October 22nd. Thanks very much and early Happy Thanksgiving to everyone.













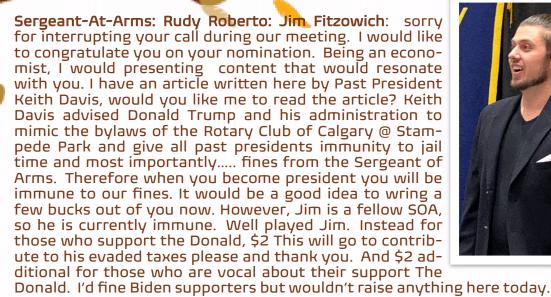








#### **CLUB NEWS**



I've been looking for an environmental group to join and I thought about Ducks Unlimited. For those of you who have been duck hunting this year, \$1 per duck please **Bryan Walton**. For those of you who will miss a committee

meeting because of hunting this year \$2 Greg Martin.

To Committee Chairs bombarding me with emails this week, thanks for your hard work. For the Chairs that haven't \$2

Lastly Glen Richardson (GR). R. I was at your dealership yesterday and saw Jeanette, I met your daughter-in-law Natasha, not only were you not around, what do you say we fine you only

\$5 for playing hooky.



Jim Fitzowich provided us with a "did you know moment" about CRCF

A gift to the fund lives in



The fund currently sits at 56 million and this spring distributed 2.4 million to the various clubs.















Richard Vitug: Executive Sous Chef at Calgary Stampede ...

Chef Richard thanked the members for allowing him to share the mic. He explained that he and his staff have really enjoyed working with the club to produce the meals we are sharing.

The staff is working hard a being "creative" with food, not only in the visual presentation but also appealing to our other senses as well.

There are stories being created in the Kitchen, they would like to be able to "win awards". They are working on developing seasonal menus and establishing local relationship to facilitate the using of locally grown products.

He listed several award categories and stress how important it is for his team members to get recognition for what they do.

resident Penny thanked Richard for all the hard work he and his staff have done, not only to prepare great meals but to also keep us safe.







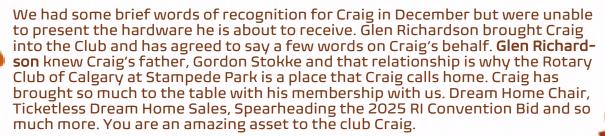








Our recipients from 2019 were **Earl Huson and Craig Stokke**. When Craig heard the news he left town. Actually: Craig goes every year to run a marathon in Hawaii.



Here is a memento for you to display in a prominent place in your home or office.

Craig thanked the Club for this honour stating that this Club and Rotary have given more to him than he can ever repay. He mentioned a number of items that he is grateful for including the exchanges that his daughters have been on.

Today the Nominations for the 2020 Cleven Award are open until November 12. Nomination forms are on tables and available on the website and in the Bulletin. A supporting letter must accompany nomination form which are to be sent to Bryan Walton. The committee will select up to three recipients













Bryan asked us to reserve the following dates **next September 17-19, 2021.** When the Rotary Clubs hope to meet in Waterton.

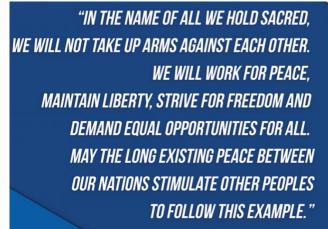
### Mission Statement:

The Waterton-Glacier International Peace Park Association membership is open to Rotarians from Rotary Districts 5080 (Wash, ID and BC), 5360 (AB and SK), 5370 (AB, BC, SK, NWT and Yukon), and 5390 (Montana) who have an interest in "supporting and maintaining the development and promotion of Waterton Lakes National Park and Glacier National Park as a symbol of friendship, cooperation and a commitment to building peace initiatives whenever possible"

At every Assembly, on the Sunday we gather at the border to a very powerful ceremony called "Hands Across the Border" with our US counterparts where we shake hands and recite the Rotary Pledge of Peace

Our new WGIPPA President Ed Handl would like us to spread the message of Peace.

Bryan asked everyone here and at home to rise and recite with him the Pledge:



















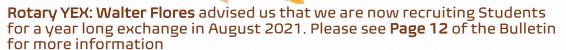












Stampede Foundation: Sherry Austin provided us with information regarding the Rotary Accessibility Fund as part of our Legacy Project with the Stampede Foundation. See Page 13 of the Bulletin for more information



Please note we are not filling the Palomino Room. We seem to have quite a bit of space each week. If you are holding back on attending because you are concerned about capacity, please come.

Also, if you have someone you would like to bring as a guest and introduce to our Club, please feel free to invite them. But remember, you need to be registered by 4 pm every Thursday a week in advance of a meeting to be able to attend the following week.

Once you are at the meeting you can register by credit card at the meeting a week in advance by providing your information to the Registration Committee.

We had a special program today. Thank you everyone for participating, and for all the work going on behind the scenes to keep our club thriving.

Today, we talked about gratitude and we talked about gravy.

Remember, as you go through life, if you have an attitude of gratitude, the rest is gravy.

I hope everyone has a safe and wonderful Thanksgiving with family and friends.

Have a great week everyone.





































### Roderick (Rod) Campbell BOWER

April 28, 1937 – Winnipeg, Manitoba October 2, 2020 – Calgary, Alberta

Roderick (Rod) Campbell Bower, beloved husband of Penelope Bower (nee Owen), and father of Christopher and Nicholas, passed away on Friday, October 2, 2020 at the age of 83 years after a brief battle with cancer.

Dad had interests in sports his entire life, and not only played college football and basketball and had tryouts for the Edmonton Eskimos as an Offensive Lineman, but also coached both sports in St. Albert, Alberta. Earning a Master of Science in Water

Resources and his BSc in Civil Engineering from The University of Manitoba, Rod's career in Engineering spanned forty years, twenty-five of which were with the UMA Group.

A lifelong wanderlust brought Rod to contracted work in Sri Lanka, where he met and fell in love with Penelope, and they were married on December 28, 1967, returning to Canada in 1974 with two very young boys. His career allowed for extensive travel to places like Ecuador, Uzbekistan, India, and Africa where his two sons, Christopher and Nicholas were born.

Rod was also a dedicated Rotarian, and coupled with Penny's work with The Samaritan club had a hand in the betterment of communities in St. Albert, Regina, and of course Calgary.

Rod is survived by his sons, Nicholas Michael, Christopher Roderick and wife Shelley, and by his grandson James Huxley. Rod did not have siblings, and was predeceased by his loving wife Penelope, father Frank and mother Blanche.

As per Dad's wishes, there will not be a service, and we will be creating a memorial family plaque here in Calgary in the future.

If friends so desire, in lieu of flowers, memorial tributes may be made directly to the Rotary Club of Calgary Stampede Park: <a href="https://www.canadahelps.org/en/charities/south-calgary-rotary-club-community-service-fund/">https://www.canadahelps.org/en/charities/south-calgary-rotary-club-community-service-fund/</a>. Condolences, memories and photos may be shared and viewed on Rod's obituary at www.McInnisandHolloway.com.

The Bower family would like to thank St. Marguerite Manor for doing what they could to make Dad comfortable prior to his passing.

In living memory of Roderick Bower, a tree will be planted in the Ann & Sandy Cross Conservation Area by McINNIS & HOLLOWAY FUNERAL HOMES, Crowfoot, 82 CROWFOOT CIRCLE NW, CALGARY, AB T3G 2T3, Telephone: 403-241-0044.





### **ROTARY YEX STUDENTS NEEDED: 2021-22**



#### **LOOKING FOR ROTARY YOUTH EXCHANGE STUDENTS FOR 2021-22**

Rotary clubs in the Calgary area are working together to find the best Long-Term Youth exchange students from Calgary and you can help us. Do you know Youth between the ages of 15 and 18 that are interested in exploring other countries and cultures? Or do you know someone with children that may be interested?

# We're now recruiting for students who would head out on a year long exchange in August 2021.

The Calgary clubs that committed to the program for the coming year are sponsoring 5 students and we are asking all Rotarians from Calgary to look around and promote this opportunity to friends, family and neighbours.

If you want to learn more about the program you can check out our website at: <a href="https://www.yex5360.org">www.yex5360.org</a> or google "Rotary Youth Exchange" to see some of the websites of other districts around the world.



You can also contact us directly with your questions: Nicole Lavigne is a former exchange student and can answer many of your questions.

She can be contacted at 403-968-5699 or by e-mail at <a href="mailto:nalavigne@gmail.com">nalavigne@gmail.com</a>.

Rotary Youth Exchange has been an official program of Rotary International since 1972, and thousands of students have had life changing experiences every year in the care and leadership of Rotarians around the world.

Maybe you can be the one who helps find that next lucky student.

There is an informative brochure about the program that is attached to the email that you received with this Bulletin.

Please have interested parties contact Walter Flores 403-471-9604 or <a href="mailto:walter.flores@scotiawealth.com">walter.flores@scotiawealth.com</a>



### STAMPEDE FOUNDATION



### STAMPEDE FOUNDATION NEWS

### ROTARY ACCESSIBILITY FUND

We couldn't be more proud to have a partner like you. Because of the generosity of your members, this year more than ever your donation has made an impact on our youth.

Many youth were struggling to cover their entry fees and instruments costs and we're pleased to say that as a result of the Rotary Accessibility Fund every student who registered for our programs is able to participate.

On October 13 and 14, we are planning to have supporters onsite to cheer-on the youth as they return to campus.

Seeing you cheer them on is going to mean the world to these youth. Each event will be approximately ½ an hour.

If you would like to join us, please let me know your date and time preference (you can attend as many as you like) and Karen Thompson will send you confirmation details.

**Dates: October 13 and October 14** 

Times: 4:00pm and 6:00pm Location: Stampede Park

**Dress: Best Western** 

Please send your rsvp to Karen Thompson <u>kthompson@calgarystampede.com</u>.

If you would like to donate to our Youth Programs please visit: <a href="https://www.canadahelps.org/en/dn/m/4426/donation">https://www.canadahelps.org/en/dn/m/4426/donation</a>



### **CLUB ANNOUNCEMENTS**



# We need

# TECH SUPPORT

### LOOKING FOR:

- SOCIAL MEDIA
   DEVELOPMENT
- ZOOM MEETING ASSISTANCE
- •LIVE MEETING
  ASSISTANCE
- •TECHNOLOGY COMMITTEE MEMBERS

THE ROTARY CLUB OF CALGARY AT STAMPEDE PARK REQUIRES VOLUNTEERS FOR LIVE MEETINGS, ZOOM MEETINGS AND TECHNOLOGY COMMITTEE MEMBERS

2020 has been a year with a lot of technology changes and our Club has accepted that challenge. We are having to find innovative ways to continue to stay connected and that involves social media, zoom meetings, links, videos and recordings.

The Communications Committee and the Technology Committee are looking to try to find some simple solutions to some communication and technology gaps.

By agreeing to be trained and to take on simple tasks we can lighten the workload for a few and share it with many.

Please contact Kathyann Reginato at: <a href="mailto:kathyann@rotarycs.org">kathyann@rotarycs.org</a> if you would be willing to take on a few technology tasks or to consider joining the Technology Committee.

Hands on training will be offered.





### **ROTARY REMEMBERS**



### REMINDER OF AN UPCOMING REMEMBRANCE DAY EVENT. YOU CAN'T REGISTER YET BUT WE WILL BE SENDING OUT DETAILS AS THEY BECOME AVAILABLE





Honouring the 75<sup>th</sup> Anniversary of The Liberation of the Netherlands

Wednesday, November 11, 2020
Join virtually with your fellow Rotarians
10:30 a.m. – Noon
Guest Speaker

Dr. Stéphane Guevremont

\*\*\*\*\*

Details to follow

Donations in support of our Veterans

will be accepted



### **PARTNERS IN PRINT**





### Rotary Partners Book Club October 19th 2020

We will be having our second Book Club Meeting at the Calgary Golf and Country Club.

The Club is following all the Covid rules for your safety

- Please be ready to start at 9:30.
- The meeting will be held in the large dining room to effectively social distance.
- Our breakfast will be served individually.
- Please sanitize your hands upon arrival.

The cost is \$16.00. Please email: Jane Topp at: <u>janetopp@shaw.ca</u> by Thursday October 15<sup>th</sup> if you plan to come.

We will be discussing "Secret of Stars" by Jojo Moyes in December as a group book.

We thank Betty Stein for sponsoring the Book Club again this year.

Submitted by: Jane Topp and Maureen Hutchens



# Rotary Partners Fundraising Committee Winter Jacket & Snow Pants Clothing Drive

Date: Saturday, October 17, 2020 Time: 10:00am - 2:00pm Location: 1212 - 58<sup>th</sup> Avenue SE

(MacLeod business location)

The Fundraising Committee is holding a Winter Jacket and Snow Pants Clothing Drive to donate items to *Inn From the Cold*.

Please be advised that Inn From the Cold has a NEW item only policy regarding clothing

They are in need of these items in sizes:

 $\Rightarrow$  Toddlers: size 5 to 10 (ages 1 to 3 years old)

 $\Rightarrow$  Kids: size 11 to 13 and 1-5 (ages 4 to 12 years old)

⇒ Teens: size 6 to 11 (ages 13-19)⇒ Adults: size Medium & Large



We will be collecting all the items on this day but if you wish to donate before October 17<sup>th</sup>, please contact Denise MacLeod at 403-771-1913.

We appreciate any and all donations.

We are hoping to make a "Rotary" difference for this charity



### **HIKING CLUB**



October 7th was the "official end" of our Hiking Season. Thanks to a new bridge over the Sheep River fourteen hikers, were able to get to Hoffman Humps. Under that bridge was the awesome Tiger Jaw Falls, which we were able to view from above. After a lovely stroll down the trail we climbed to the rock face called Hoffman Humps. If you look carefully you will find faces in the rock like this one of "Frankenstein". At the top we celebrated the last hike with champagne brought up the hill by Brent. The celebration continued with a wind up lunch in Longview at Little New York Bistro. Here is a picture of the impossibly high hamburger called the Cowboy. It was wonderful to be able to eat on the patio in the sunshine. SUBMITTED BY PAT FARN













### **OCTOBER BIRTHDAYS**

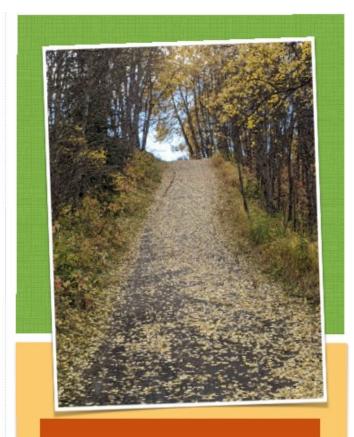


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Hi everyone,	9
On Friday, October 2, Garth Nicholl celebrated his birthday.	
I emailed him a virtual birthday card and a rousing rendition of Happy Birthday. While I do not know the Nicholl's as I was not yet a member of the RCCSP, Mary did send me a lovely email back that I wanted to share with those of you who do know them. This is from Mary:	rana a
How special. Garth had a big Smile on his face. Rotary is the love of his life. Only wish he was able to enjoy it still. He sends his very best to all of his wonderful Rotary friends.	non
Warmest regards, Mary Nicholl	
Submitted by Corinne Wilkinson	8
For anyone who might like to email Garth and Mary, their address is garthandmary@shaw.ca	ooo
<u> </u>	

## Happy Birthday Rotarians!

Garth Nicholl Oct 2 Glen Godlonton Oct 3 Bruce MacDonald Oct 3 Ernie Yaskowich Oct 3 Jim Bladon Oct 13 Oct 19 Azeem Virjee Darlene Whitmore Oct 19 Kendall Bocking Oct 21 Jack Black Oct 23

Celebrating our amazing Autumn
Photo taken by Corinne



Happy October Birthdays!



# CALENDAR OF MEETINGS AND EVENTS



Oct 15th Gary Mar, CEO: Canada West Foundation (Live/Zoom)

Oct 22nd Tom Leppard: 75th Anniversary of WWII

Oct 29th Rotary Foundation Campaign Kick off

Nov 5th Chief Neufeld: CPS Presentation

Nov 11th Rotary Remembers (Virtual District Event)

Nov 19th Jack Mintz: U of C School of Public Policy

Nov 26th Jack Thompson: Rotary Profile

Dec 3rd Hanukkah Celebration

Dec 10th Annual Christmas Luncheon with Partners

Dec 17th Cleven Awards

Dec 24th Christmas Social at Stampede Park?

Dec 31st New Year's Eve Celebration at Stampede Park?

Jan 7th President's State of the Union Address

Jan 14th Judge John Reilley: "Bad Law"

Jan 21st Minister of Health: Rt. Hon. Tyler Shandro

Jan 28th Burns Day Celebration

Feb 4th Dr. Ted Morton

Feb 11th Annual Valentines Day Luncheon with Partners

Feb 18th TBA

Feb 25th Rotary Profiles: Hugh Delaney



### 2020/21 CLUB INFO / DIRECTORS





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Email: kathyann@rotarycs.org (403) 244 9788

**President** 

**Past President** 

**President-Elect** 

**Club Secretary** 

**Treasurer** 

**Partners President** 

**Club Service Operations** 

**Club Service Membership and Social** 

**Club Service Ways & Means** 

**Community Service Local** 

**Community Service: Ways and Means** 

**International and Vocational Service** 

**Youth Service** 

**Penny Leckie** 

**Chas Filipski** 

**Craig Stokke** 

**Larry Stein** 

**Don Mintz** 

**Denise MacLeod** 

**Gena Rotstein** 

**Tony Fisher** 

**Ted Stack** 

**Jamie Moorhouse** 

**Mark Ambrose** 

Mike Ruttan

**Wendy Giuffre**