

## LAVERNE BISSKY: THREE THINGS WE NEED TO KNOW TO CHANGE THE WORLD



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Bulletin Chair: Bev Ostermann  
Editor: Sandy Dougall  
Photographer: John Shield

#### NOTE FROM BEV OSTERMANN (BULLETIN CHAIR)

Please ensure that all addresses, phone numbers and emails are up to date on Club Runner. We are preparing to update our Roster Information and want everyone's information to be as accurate as possible

THANK YOU!

Steve Mason introduced our Guest Speaker, Laverne Bissky whom he had met on a film shot earlier this year. She is the founder of "No Ordinary Journey Foundation", a registered charity dedicated to revolutionizing the care, treatment, understanding and acceptance of children and youth with Cerebral Palsy in Vietnam and around the globe.

No ordinary Journey has completed 3 major projects in Vietnam with the support of Rotary, including the first ever conference on Cerebral Palsy and two Vocational Training Team Projects.

Laverne is a mother of two children, Devin & Kasenya. Kasenya is 20, has Cerebral Palsy and uses a wheelchair. It has not stopped the family from travelling to six continents and spending 32 weeks backpacking in Asia, Africa & South America.

Laverne's presentation was headed "Three Things we need to Know to Change the World". She started off with picking up on a comment that Sherry Austin had made... "we never get to meet the people we help through the Calgary Rotary Clubs Foundation" and wove this into her presentation that we only have to meet one person who represents the larger group that we help.

As background she told us about the birth of her daughter Kasenya, who has Cerebral Palsy. She was confined to a wheelchair but in 2008 she and her husband took the family, then 13 and 15, out of school for a year and travelled throughout South East Asia. Through a contact in Calgary she was encouraged to visit a small village in Vietnam. It turned out this was a 5 hour drive from the closest airport jammed into a van with nine people and their luggage including the wheelchair.



## LAVERNE BISSKY: THREE THINGS WE NEED TO KNOW TO CHANGE THE WORLD

At the village they had to carry their daughter up the stairs nightly but it was a wonderful experience meeting and interacting with the local villagers. The local teenagers wanted to hang out with their children and brush up on English and marvel at pictures from Canada.

Towards the end of the visit she met a mother who had a son with Cerebral Palsy. She had seen the mother selling in the Market but she had not seen the son before. It struck her that the mother had to work but had no wheelchair to bring the boy with her and he was confined to their small hut. This stuck with her and on returning to Canada she organized the shipment of a wheelchair to Vietnam. Sadly the boy died before he could use the wheel- chair.



This is Number one of "Things to Know" ... This one "**Person**" represented to Laverne Bissky all of the children with Cerebral Palsy in Vietnam.

The second thing to know is "**Purpose**". When the Foundation was started she needed to clearly define its purpose. The following statement from their website ([www.nojfoundation.com](http://www.nojfoundation.com)) says it well. No Ordinary Journey Foundation's (NOJF) founding principle is to bring hope and dignity to children with Cerebral Palsy (CP) in Vietnam and around the world. We accomplish this by educating parents and medical professionals on the management of CP as well as providing specialized equipment to young children with CP. We work closely with local partners such as hospitals and their parent groups. Our strength lies in our volunteer team of professionals which consists of doctors, nurses, therapists and social workers from Canada, Europe and Australia. We also rely heavily on the generosity of incredible local Vietnamese volunteers for translation, interpretation services and general support. Our success to date has largely been attributable to our friends – the Vietnamese volunteers."

The third thing you need is "**Passion**" ...it goes so far. With passion we can: Change a child, Change a Family, Change a Village and Change the World.

Laverne presents her inspirational message with Passion and is certainly well along the road to Changing the World.

Jack Haman thanked Laverne on behalf of the club. Jack said that presentations had to Elucidate, Entertain, Educate, and Inspire the audience. She certainly had met all these requirements.

President Ken thanked Laverne and made a donation of \$100 on her behalf to our Stay in School Scholarship Program.



### No Ordinary Journey Foundation

Laverne Bissky  
Executive Director

Website: [www.NOJFoundation.com](http://www.NOJFoundation.com)

Email: [Laverne@NOJFoundation.com](mailto:Laverne@NOJFoundation.com)

Phone: 403.618.2842

Registered Canadian Charity #813857489  
RR0001

## CLUB NEWS

**President Ken Farn** welcomed everyone to the Rotary Club of Calgary South. He then asked us to join Lisa Fernandes and the Head Table in the singing of O Canada followed by Rotary Grace. Ken took a page from **Past President Murray** reminding us that Oct 1<sup>st</sup> is "National Seniors Day". He then launched into the program forgetting to introduce the Head Table..... Leading to the comment about participating in National Seniors Day.

**Head Table: Steve Mason, Laverne Bissky, our Guest Speaker, Janet Matthews, giving her classification speech, John Shield and Sherry Austin** presenting on behalf of CRCF

**Bulletin Editor: Sandy Dougall      Photographer: John Shield**



**Guests: Neil Fraser** introduced our guests today: Crystall Ball (Guest of Brenda McKinley), Don Balance (Guest of President Ken), Ross McNeil (Guest of Murray Flegel), Rick Matthews (Guest of Janet Matthews), Laverne Bissky (Guest Speaker) and Ogden our four legged mascot. Neil advised us that Ogden turned 10 months old today. Happy Birthday Ogden.

**Health and Wellness Report: Don O'Dwyer** advised us that **Jim Gorman** is on the "mend" and **Earl Huson** visited **Wayne Smith** recently and Wayne turned 95 in September

**Cleven Awards: President Ken** reminded us all about the Cleven Awards. Nominations have to be sent to **Terry Allen (preferably by email)** by next Thursday



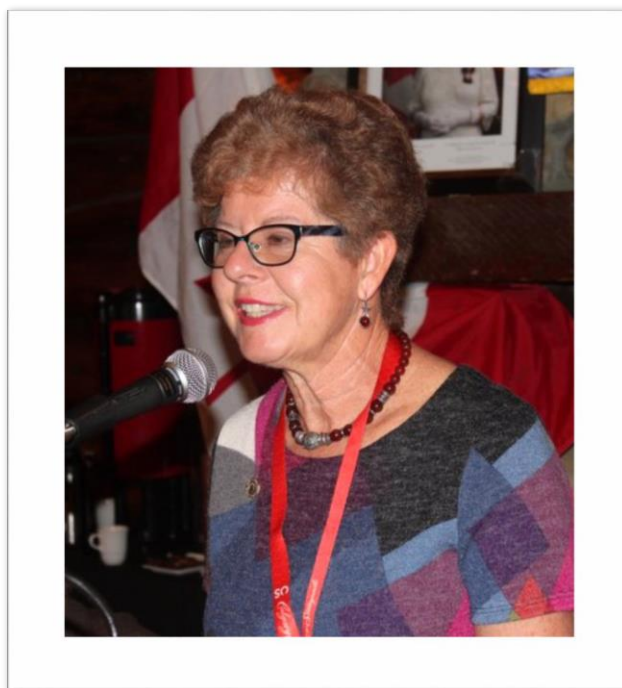
**October 6th Meeting: See Map for location in Bulletin**

**Classification Speech.** Our new member **Janet Matthews** was introduced to give her Classification Speech. **President Ken** welcomed her and congratulated her for getting involved in the Club so quickly that we can tear a stripe off her next week!

Janet reminded us all that we each had a job.... Her job was to talk and we were to listen. The challenge was for her to finish before us!

Janet was born in St Thomas, Ontario, but when she was 5 her father, a teacher, took a position in Peshawar Pakistan. On returning to Canada she was off again at 10 to Kenya. Coming back to Canada at 12 she completed her schooling in Toronto and at Trent University in Peterborough. Started in banking but then the travel bug took over and it was off to see South America which turned into a Travel Agency job back in Toronto.

It was then back to school for an MBA at Dalhousie and then to a job with Energy Mines and Resources. She then worked for BMO, married Rick and moved to BC. Finished her Banking Career with CIBC as General Manager of Retail Banking in Alberta. It was then off to Dubai for a few years before moving back to Canada and retiring in Canmore. Rick and Janet have now moved to Calgary and enjoying retirement with family and grandchildren.





## CLUB NEWS

**Calgary Rotary Clubs Foundation: Sherry Austin** reminded us all that October is CRCF Month and gave us an overview.

- Composed of 12 Clubs in Calgary
- Managed by a Board representing the Clubs
- Approximately 5% of our investment distributed annually
- Goes directly to our Community Service Projects.
- We have \$2.6mm in the Foundation with a goal of \$4.0mm
- This year's goal \$60,000

During the next month members of the Committee will be available to take your donations. Donations are tracked and suitable recognition is given to members at various levels.

"The amazing part of donating to CRCF – you will help people you will never meet; you will improve lives in ways it is difficult to imagine" (see comments by Laverne Bissky)

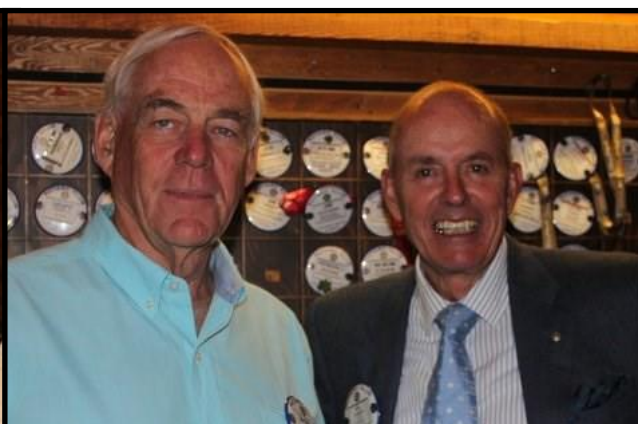


**The 50/50 draw** was last on the Agenda with \$175.00 being won by **Mel Gray**. Mel turned his winnings over to Laverne Bissky **because that is who Mel Gray is ...**

**President Farn** concluded the meeting for today



**A Big THANK YOU** goes out to the people who greet and register us every week  
**We appreciate you!!!**



## Cardel Theatre

180 Quarry Park Blvd SE,  
Calgary

OUR NEXT MEETING IS AT  
CARDEL THEATRE ON OCTO-  
BER 6TH 2016

THE COST IS \$25.00

PLEASE PAY AT THE DOOR

FOR THOSE OF YOU WITH GPS  
JUST TYPE IN:

180 QUARRY PARK BLVD SE



## **OCTOBER IS CALGARY ROTARY CLUBS FOUNDATION (CRCF) Month For Calgary South**

***“Leaving your money in your own community  
to help those in need”***

### **What is the Calgary Rotary Clubs Foundation?**

It is a place where all Calgary Rotary Clubs can invest their charitable funds and is overseen by a Board representing all participating clubs. Each year funds are distributed according to a pre-agreed formula to these clubs. We have about \$2.6 million invested at this time and about 5% is returned to our Club on an annual basis.

### **Why should I donate?**

There are no administrative fees for this Foundation. Every dollar you donate goes directly into the Foundation. You will receive a tax receipt. All funds that you commit will remain in our local community to help those in need. Through your generosity you will help feed those who are hungry, help house those who are homeless, help those living with disabilities, help those who are sick, and help those who just need your support to re-build their lives so they, too, may contribute to their community.

### **How are donations recognized?**

Donor recognition begins at \$1000 and you receive a Calgary South Benefactor pin, a personalized certificate, and your name is included on the Donor Recognition Board. Each successive donation of \$1000 includes crystals on the benefaction pin. All annual donors are listed in the CRCF Annual Report regardless of amount contributed.

### **What are our Club targets?**

Our objective is to build a capital fund that will provide enduring support for our community service activities. We would like to encourage all members to work toward becoming a Calgary South Benefactor. All donations are gratefully received and records will be kept for you.

### **How do I make a donation?**

Donations can be made by credit card, cheque, or cash. Donations may be made by corporations, families and other supporters of the work we do in our own community. You may make a donation for a family member or friend to celebrate an anniversary, birthday, a passing, or a work milestone – whatever memory you would like to acknowledge.

***“We are strongest when we stand together to  
build a vibrant, healthy community where no  
one in need is ever alone”***



MUSTARD SEED AND RONALD MacDONALD HOUSE  
UPCOMING DINNERS

- Dinner at the Mustard Seed: November 14
  - Dinner at Ronald McDonald House: November 25
- Please contact Harry Pelton



Small Grants Applications

Bill LeClair has requested that all Small Grants Applications be submitted by email to:

[kathyann@rotarycs.org](mailto:kathyann@rotarycs.org) by October 31st, 2016



Here is a photo of our own **Wendy Giuffre** in Europe with Peter from the Downtown Club exchanging banners with the Rotary Club of Crete, President Nicolas Spetsidis. They met with us in Heraklion Crete at their meeting place. Wendy said this was such a great evening.



The following proposed new member is Bryan Burt

He has been approved by the Board of Directors. If any Member objects to them joining our Club or to the assigned classification, an objection must be filed in writing and delivered to the Club Secretary by:

October 17 2016

Name: Bryan Burt

Classification: Foundation Repair / Maintenance

Proposed by: Michael Ruttan

Seconded by: Ron Prokosch

ROTARACT: My name is Sarah Khan and I am the International Service Chair for the Rotaract Club of Calgary Metro for 2016-2017. Louise passed along your email to me in the hopes that you could extend an invitation to Calgary South to come meet some Rotaractors and support one of our projects. I would like to extend an invite to you, Calgary South members, and family and friends to join us at Quiz for a Cause (our club's fundraiser for our international health and education project in Ojojona Honduras). We have been collaborating for the past four years with the Rotaract Club of Tegucigalpa Sur to help revitalize a rural elementary school. We have completed two phases and are raising funds for the third phase. The previous two phases included installing a concrete pad with goal posts providing a safe place for the children to play free from dust and mud as well as bathroom and washing facilities. The third phase is to build a computer lab for the school. This would be a huge asset to Mrs. Fernanda who is the only teacher for the thirty students in grades one through six. It would allow her to keep kids learning while she is tailoring her lessons to a specific skill level. The Rotaract Club of Tegucigalpa Sur has identified lack of education as a major cause for the poverty rate (~63%) and crime rate in Honduras. We hope that by improving the conditions of a school we can incentivize the children to keep learning and get good jobs rather than turning to a life of crime. If you would like to learn more about the project please give me a call (587-436-2694) or email as I am happy to chat about the amazing teacher, kids, and our progress to date.

Quiz for a Cause will be held on October 7th from 7-10 pm at Hotel Arts. Tickets can be found here Tickets and will be sold until October 4th at 8:00 am so time is running out! The night will include a trivia competition, games, a raffle, and delicious appetizers from the kitchen of Hotel Arts. The teams for the trivia competition will be tables of six so round up some friends and family, come have some laughs, and support a great cause! Tickets are \$45/ person or \$250/ table of six. If you could share this event with your Rotary Club and notify them that ticket sales will be closing on October 4th at 8:00 am that would be greatly appreciated! Rotaract is very eager to work more closely with Rotary and events like these often serve as a catalyst for more collaboration.

In the event you are not able to make it but would still like to contribute to the cause we accept donations on our ticket site (Tickets) and we are also searching for more raffle items. If you or any contacts you have are able to donate items please send me an email or call (587-436-2694). Additionally, we are searching for a projector and screen to borrow for the night. If your Rotary Club is able to lend us these items please let me know. Thank you for your time and being a member of Rotary. Sincerely,

Sarah Khan  
International Service Chair  
Calgary Rotaract  
[international@calgaryrotaract.com](mailto:international@calgaryrotaract.com)  
[www.calgaryrotaract.com](http://www.calgaryrotaract.com)  
[www.facebook.com/CalgaryRotaract](http://www.facebook.com/CalgaryRotaract)  
[www.meetup.com/CalgaryRotaract](http://www.meetup.com/CalgaryRotaract)





Southern Alberta  
Institute of Technology  
Alumni and Development  
1301 16th Avenue NW  
Calgary, Alberta  
Canada T2M 0L4  
T 403.284.7010  
F 403.284.7171  
sait.ca

September 6, 2016

RECEIVED SEP 14 2016

Mr. Dave Marchant  
Rotary Club of Calgary South  
L-103C-8705 Horton Rd SW  
Calgary, AB T2V 2X5

Dear Mr. Marchant,

Thank you for your invaluable gift of \$3,900.00 to the Rotary Club of Calgary South award at SAIT. Amazing things happen here every day because of you. The power of your gift improves student lives and our communities with grads who are equipped to excel in their passions and shape new worlds as originals, entrepreneurs, and community builders.

This past year, over 4,000 students received more than \$4.6 million in student awards. We often receive letters of thanks from award recipients – they all have a unique story full of trials and triumphs and I'm pleased to share one of our most recent letters:

I am back to SAIT this week after my break with a constant lingering in my head... how am I going to meet my financial needs during my practicum? I was starting to get really worried and depressed as student loans aren't going to be enough. And then I was informed that I was awarded a bursary. I was ecstatic! All the hours of hard work that I had put in studying for the program had been recognized. This is a great encouragement to any student who is studying hard and struggling to make ends meet. Thank you!

– Jenna, Nuclear Medicine Technology program

SAIT's new 'catalyst' logo reflects our groundbreaking spirit, dynamic culture and sense of community. As a donor, you are an important part of our history and will continue to be a key part of who we are and where we're going. As 2016 marks SAIT's centennial, we hope you will stay with us on this amazing journey, and continue to be a catalyst that helps SAIT ignite change – one student at a time.

You are changing lives through your generosity. A tax receipt in the amount of \$3,900.00 is enclosed. On behalf of all SAIT students, I thank you for your commitment to student success and for your investment in applied education.

Yours sincerely,

Thank you!

Sandra Gomez

Acting Associate Director, Alumni and Development

Enclosure: Tax Receipt # R0060085  
Re: Gift Number 0090067  
Donor ID: 000251551

Periodically, donor names are used in publications, our website and other communications materials to recognize and promote giving. If you wish to remain anonymous, or would prefer to be acknowledged under a name other than as shown above, please contact me directly at [sandra.gomez@sait.ca](mailto:sandra.gomez@sait.ca) or 403.210.4258.



## Rotary Remembers



Friday, November 11, 2016

The Carriage House Inn

9030 Macleod Trail South

10:00 a.m. – 1:00 p.m.

Guest Speaker

Lt. Col. (Ret) Ross Wickware



Register online before Friday, November 4

[rotary5360.ca/event/rotary-remembers](http://rotary5360.ca/event/rotary-remembers)

Tickets \$25.00

Credit Card Only

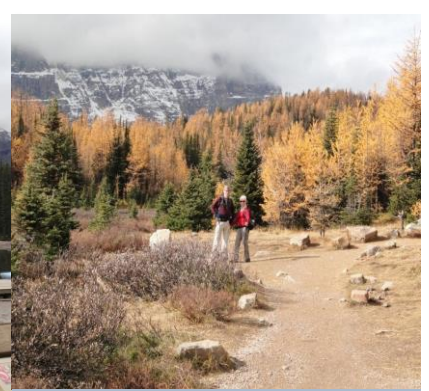




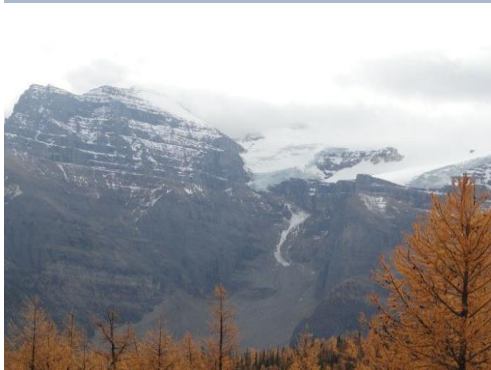
4 Hikers went to Larch Valley (minimum required for visiting grizzly territory)



Early morning shows patterns reflected in Moraine Lake.



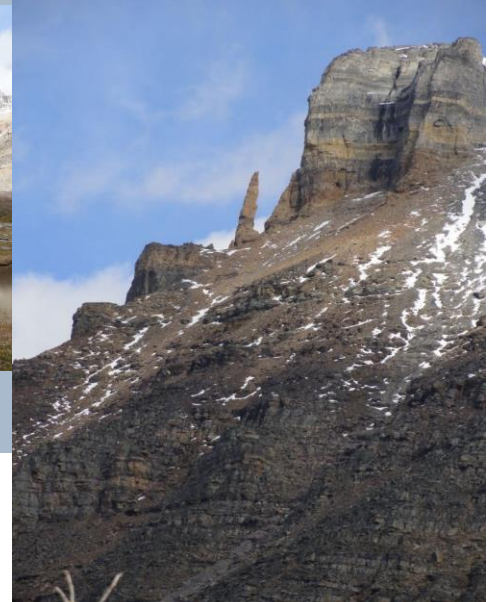
larches were brilliant despite low cloud cover



glaciers could be seen above the larches



there was a small glacial lake with the scree cascading above it.



There was a sharp rock spire that looked sculpted on the top of the mountain.



We stopped for a drink at the end of the hike and this bold, attentive Raven came to visit



In the mountain lakes the blues are sometimes incredible



## PARTNERS IN PRINT

HIKERS: We now head into our final month of our hiking season.

On Wednesday, Oct. 5, we plan to revisit Jura Creek's lower canyon, and walk beyond to the false fault. This is located off Hwy #1A, near Exshaw. The round trip is 7km, with a height gain of 215 m.

Do join us while the weather co-operates! Please contact Constance Jackson at 403-931-4018 for more details.

### Calgary South Rotary Partners' Fall Pot-Luck Supper

Tickets: \$25 per person  
only 70 tickets will be available  
first come ... first served  
Guests Welcome!

Tickets available at  
Oct 13 and Oct 20 Rotary meetings OR  
RSVP to Pat Cuthbert (403.252.0156 or  
billcuthbert@shaw.ca) by Oct 21

Mail cheques payable to  
Calgary South Rotary Partners  
to Donna Kennedy  
(37 Mahogany Manor SE T3M 0Y3)

October 28 at 6:30 pm  
dinner followed by dancing to Joel Spire  
The Sundance Room  
Lake Sundance Community Centre  
63 Suncrest Way SE

Pot-Luck:  
Last Names A-M bring a main dish or salad  
Last Names N-Z bring a dessert

## 2016 RCCS CALENDAR: MEETINGS AND EVENTS

### OCTOBER 2016

- Oct 6** **Cambodian Dancers: Place of Rescue: Cardel Theater**  
Oct 13 Erin O'Conner: Calgary Film Studio  
Oct 20 Dr. Jeff Keshen: Mount Royal University: Shaw Scholarship  
Oct 27 Visit from District Governor Neil Berg

### NOVEMBER 2016

- Nov 3 Katie Von Hansen: Parkinson Alberta  
**Nov 10 NO MEETING DUE TO ROTARY REMEMBERS AT CARRIAGE HOUSE**  
**Nov 11 Rotary Remembers: Carriage House Inn**  
**Nov 14 Mustard Seed Dinner (Contact Harry Pelton)**  
Nov 17 Cleven Awards  
**Nov 24 STARS Tour: At the STARS Hangar**  
**Nov 25 Ronald MacDonald House Dinner (Contact Harry Pelton)**

### DECEMBER 2016

- Dec 1 Todd Hirsch: Chief Economist (ATB)  
Dec 8 Bob Dubask: Myths about Reverse Mortgages  
**Dec 15 Christmas Luncheon: Canyon Meadows Golf Club**  
Dec 22 Christmas Social  
**Dec 29 NO MEETING DUE TO CHRISTMAS HOLIDAYS**

### JANUARY 2017

- Jan 5 Mid Year State of the Union Address  
Jan 12 Garry Lamb: Alberta Transportation: Calg. Ring Road  
Jan 19 Robbie Burns Day  
Jan 26 Legend Series: Re-Classification Talk

- ⇒ **MEANS MEETING AT ROTARY HOUSE**  
⇒ **MEANS OFFSITE MEETING OR EVENT**  
⇒ **MEANS NO MEETING**  
⇒ **MEANS OTHER ROTARY INFORMATION**



**HEALTH AND WELLNESS:** Contact Dick Shaw at: [atlanticclipper@gmail.com](mailto:atlanticclipper@gmail.com) if you know of anyone that is not well or is there anyone you know that could use a visit.



**TRANSPORTATION:** Contact Bonar Irving at: [bonar@shaw.ca](mailto:bonar@shaw.ca) or: 403 254 8476 if you know of anyone that may need a ride to meetings

## CLUB CONTACT INFORMATION

### Contact Us

Administrator: Kathyann Reginato  
Rotary Club of Calgary South  
L103C, 9705 Horton Road SW  
Calgary AB T2V 2X5  
(403) 244-9788  
[kathyann@rotarycs.org](mailto:kathyann@rotarycs.org)

Visit us at: [www.rotarycs.org](http://www.rotarycs.org)

### 2016 2017 Club Officers

**President:** Ken Farn: [kgfarn@telusplanet.net](mailto:kgfarn@telusplanet.net)  
**President-Elect:** Bill LeClair: [leclair@calgarylaw.com](mailto:leclair@calgarylaw.com)  
**Past President:** Murray Flegel: [mjf@bosslubricants.com](mailto:mjf@bosslubricants.com)  
**Secretary:** Ted Rowsell: [rowselle@telus.net](mailto:rowselle@telus.net) **Treasurer:**  
Larry Kennedy: [treasurer@rotarycs.org](mailto:treasurer@rotarycs.org) **Partners**  
**President:** Pat Farn: [patfarn@telus.net](mailto:patfarn@telus.net)

### 2016 2017 Directors

#### **Club Service: Operations**

Steve Mason  
Email: [steve@talkinglightmedia.com](mailto:steve@talkinglightmedia.com)

#### **Club Service: Memberships and Social**

Glenn Potter  
Email: [agpotter@telusplanet.net](mailto:agpotter@telusplanet.net)

#### **Club Service: Ways & Means**

Jack Haman  
Email: [hamanj@telus.net](mailto:hamanj@telus.net)

#### **Community Service:**

Luanne Whitmarsh  
Email: [luannew@kerbycentre.com](mailto:luannew@kerbycentre.com)

#### **Community Service: Ways & Means:**

Charlie Gouldsborough  
Email: [charlie@albertasleepcentre.com](mailto:charlie@albertasleepcentre.com)

#### **International & Vocational Service**

Bryan Walton  
Email: [bwalton@cattlefeeders.ca](mailto:bwalton@cattlefeeders.ca)

#### **Youth Service**

Stacey Johnson  
Email: [sjohnson@printthree.ab.ca](mailto:sjohnson@printthree.ab.ca)



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