



Club of Calgary  
at Stampede Park



## RCCSP Weekly Bulletin September 29th, 2022

Volume Number 68, Issue Number 10

Bulletin Editor: Glenn Potter

Photography: Keith Davis

Videography: Steve Mason and Jamie Moorhouse

Administrator: Sarah Brown

**Welcome to the September 29th meeting of the Rotary Club of Calgary at Stampede Park.  
It is my pleasure and honour to be the Club's President, Jim Fitzowich.**

**Head Table:** from left to right; **Mike Ruttan**, **Bill LeClair**, **Keith Davis** (missing Keith as he was Photographer), **President Jim Fitzowich**, Dr. Sinda Vanderpool and **Stan Cichon**, complete with Alumni Tie and St. Mary's jacket.



### **Announcements: President Jim Fitzowich**



Some quick facts on Calgary's newest University:

1985 – St. Mary's College Act was passed by the Alberta Legislature.

2014 – Minister of Education approves St. Mary's status as a University.

2022 – on July 1<sup>st</sup> Dr. Sinda Vanderpol becomes St. Mary's 4<sup>th</sup> President  
(coincident with yours truly as 68<sup>th</sup> Rotary President)

Please join **Glenn Potter** for the singing of O Canada followed by Rotary Grace.



**50/50:** the \$160 pot was presented by **Michael Zacharki** and won by **Glenn Potter**. Glenn donated the envelope to the Ukraine fund.

**Guests:** **Blake Pelham** welcomed one of the largest groups of visitors and guests we've had in a long time! Thanks to the Millennium Club for having 5 Members join us today as well as so many representatives from St. Mary's University and Brandon Frise who was a Rotarian from Estonia who is out there gaining international experience but is a Calgarian, doing great work for Ukrainian Evacuees in Estonia. As always we welcomed them all with our beloved Welcome Song.



## Announcements Continued:

**Sergeant at Arms: Keith Davis** announced that **Len Hamm's** wife had retired as President of the Calgary Real Estate Board. He requested that all realtors in the crowd donate \$5.00!

He then asked for a similar donation from all the money lenders!

He announced that today is Nation Heart Day and requested that all individuals who have Cardio ailments or whom lost a loved one to a heart condition to also donate \$5.00 and these funds would be gathered and sent to the Heart Foundation where they would be matched.



## Minute Speakers:



**Announcement:** Rotary Foundations Chair, **Mike Ruttan** presented RI pins to:

<b>Darlene Swizer-Foster</b> – PHF	<b>Rudy Ruberto</b> – PHF
<b>Spencer Tonkinson</b> – PHF+1	<b>Glen Godlonton</b> – PHF+5
<b>Bob Wiens</b> – PHF+6	<b>Larry Stein</b> – PHF+7
<b>Bryan Walton</b> – PHF+7	<b>Ted Rowsell</b> – PHF+7



**Announcement: Len Hamm** on Ribbons for Peace reported that 109 ribbons have been sold, 265 people are booked for dinner and over \$78,000 has been donated in sponsorships. He requested that more auction items are needed. Please consider donating suitable items. (see page 6)

Please check your email for a template, created by **Bill LeClair**, for Members to use by sending or posting amongst their networks to encourage more exposure!

**Announcement: Melanie Todd** thanked **Murray Flegel** for hosting last night's Business Meeting. Over 40 attendees were treated to appetizers and refreshments and received a tour of the facility at Boss Lubricants. Thanks Murray!! (see page 7 and link to all of the photos will be sent in the body of the email)

**Keith Davis**, then interrupted and tried to fine **Glenn Potter** \$20 from his 50/50 winnings only to be informed that Glenn had already donated the total amount. **President Jim** then fined Keith \$5.00 for "being slow on the uptake!"

**Reminder Announcement: John Fitzsimmons** is still requesting more young helpers to assist in the "lifting" of items for the Ukraine Relief program. He requested that member ask their sons and friends to help out with this as both **he, GR and Chas** are really developing "sore backs" from all the lifting required. Man-handling mattresses and furniture are wearing them out! If you can help give John a call. (see page 7)



## Speaker Introduction: Stan Cichon

President Jim, Rotarians and guests,

Today, it is my distinct pleasure to introduce our guest speaker, a Texan who has just arrived from the Lone Star State. Sinda let me be the first to welcome you to Rotary District 5360 and specifically to the Rotary Club at Stampede Park.

However I will focus on your academic journey from Davidson College to Calgary and St. Mary's University. Dr. Vanderpool fell in love with liberal arts learning, and French language & literature in particular, when she attended Davidson College in North Carolina as an undergraduate student. After a year abroad in Montpellier in France she graduated with her Bachelor's Degree in French from Davidson College on to Princeton University in New Jersey where she focused on 16th Century French poetry through the lens of female identity, completing her PhD in 2005.

Dr. Vanderpool began her career after graduate school as a French Professor at Baylor and she spent two years dipping her toes in administrative waters by establishing the professional advisement team for the Dean of the College of Arts & Sciences. As a side note Baylor was chartered in 1845 by the last Congress of the Republic of Texas. Baylor is the oldest continuously operating university in Texas and one of the first educational institutions west of the Mississippi River in the United States.

She then moved up the ranks to become the Associate Vice Provost for enrollment management. Over the years, she worked collaboratively with the deans of the nine academic colleges and schools across campus to enhance enrollment strategy and processes. Under her tenure, the population of undergraduate students increased by 2,100 students while the academic quality, ethnic diversity, and geographical diversity of the undergraduate population all increased simultaneously.

In 2012 when she began providing leadership directly to a team of professional staff, faculty, and peer mentors all aimed at helping students throughout their college experience she gained the title chief student success officer at Baylor University.

Dr. Vanderpool has been called upon to speak nationally on change management, leveraging technology to support institutional goals, strategic planning, and theological perspectives on higher education.

Dr. Vanderpool is married to Terry who is an attorney and practices business law. They have three children. The two eldest, Jordon and Nathan are at university at Baylor while daughter Kalin is here at school with them in Calgary.

Dr. Vanderpool is known to people she works with as an open minded, highly collaborative, and visionary leader. Ladies and Gentlemen, Calgary is most fortunate to have Dr. Sinda Vanderpool as the 4<sup>th</sup> president and the first woman president of St. Mary's University. Please join with me in extending her a warm Rotary at Stampede Park welcome to Dr. Sinda Vanderpool.

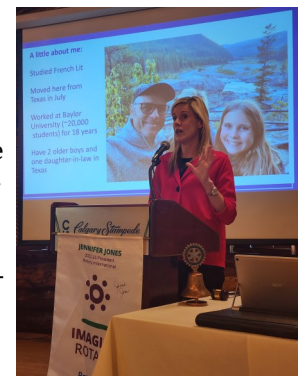


## Main Speaker: Dr. Sinda Vanderpool

Dr. Vanderhof indicated she was grateful to be here and was impressed with the work of our club in the community and especially with projects which help the people from Ukraine and the Rotary program of eradicating polio.

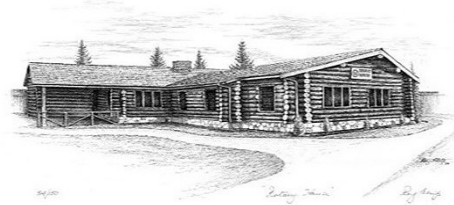
She wanted to tell us a little of her personal journey and how she came to Calgary. She and her family arrived in Calgary from Waco, Texas and Baylor University just in time for the Stampede.

She was really impressed with the Stampede and agreed that it was the Best Outdoor Show in the World. From her first visit in May to now, she's excited to be here. The decision to come involved her whole family and she's found many business parallels between here and Waco. They've been really impressed with, "the beauty of creation" in Canmore and Banff and have been hiking almost every weekend. They have been told to be sure to get involved and endorse "the winter sports!" to be able to handle our cold winters, and asked to just send her the necessary cold weather jackets.



Continued on next page....





## Main Speaker Continued:

### About St. Mary's:

There are six post secondary institutions in Calgary. St. Mary's is open to all and focuses on "whole person development". They follow the Catholic Intellectual program that values "service above self" and the cherishing of wisdom. They offer eight different degree programs and the latest is a focus on developing entrepreneurial abilities. She came due this focus on a people first concept – developing the mind and body with a spiritual emphasis.

### The Mission:

- To be a liberal arts institution
- Follow the Catholic Intellectual Tradition
- To create a more just society in a flourishing world



St. Mary's develops a positive restlessness to serve and she felt this ties in well with her own basic belief system.

St. Mary's is a smaller institution with just over 1000 students. The challenge is to produce more graduates. They wish to have an environment where the individual can grow their minds and develop their sense of curiosity. They would like their graduates to serve in the many boardrooms across the land. They hope their students will learn about the complexities of our society and how to function in that space. They currently graduate a large number of educators and provide many teachers to not only CBE but also the Calgary Catholic system. They are also developing programs which will provide laymen with religious leadership skills.

### Basic Roadmap:

- There first emphasis is growing the enrolment. They will need to build on academic traditions and standards.
- They are short on space. Many of their sports teams must practise at other facilities.
- A Campus Facilities plan is being developed on the land they have overlooking Fish Creek Park.
- They will be developing a Comprehensive Fundraising Campaign.
- Develop strategic partnerships with the Calgary community.

### Become a Residential Learning Community:

St. Mary's needs to become a destination campus. At the moment ALL their students live off-campus. They need a recreation and residence hall. This will enable them to attract more students from outside the city. Students are more likely to choose a campus where they have the protection of a residence rather than live out in rental housing. In addition it would enable the development of a faculty residential concept where members of the teaching staff and within the confines of the residence.

### Enrollment Management:

- They will be looking beyond the traditional academic programs. As mention the deaconate program open to laypeople.
- Form a council to assist in the recruiting process.
- Be a part of "the rising tide" an interesting metaphor that means they wish to grow with Calgary and Alberta.

### Envision:

- To sum up they need a stunning residential campus to become a destination institution enabling them to double their numbers.
- To expand their education, liberal arts and science faculties.
- A larger campus and numbers means they will be able to offer more to the Calgary community.

## Thank the Speaker: Bill LeClair



**Past President Bill** thanked Dr. Vanderpool and was happy that a Texan with a doctorate in French Poetry has arrived in Calgary. He was excited to hear that the institution was focused on the student and their well being. He appreciated the fact that it was about "the little guy!" He further appreciated her outline of how she wants to see the institution develop over time and wished her well.

President Jim also thanked our speaker and indicated that on behalf the of Club we would make a \$100 donation in her honour to the CRCF, which supports Calgary area Rotary Clubs in doing their good works.

**President Jim:** On behalf the of Club we make a \$100 donation in your honour to the CRCF, which supports Calgary area Rotary Clubs do their good works.



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If you would like to view St. Mary's University's Media kit click [here](#)  
\*\* please review the recording of the meeting for the complete presentation!\*\*

## THIS WEEK'S MEETING LINK:

<https://youtu.be/B9RG5opjlmk>

### In Closing:

**Next Week's meeting:** Will be Manon Mitchell on the Calgary Civic Symphony.

Guests and prospective members are always welcome at Rotary for lunch and the 6<sup>th</sup> would be a good meeting for you and your guests to learn more about the music community in Calgary..

Looking forward in seeing you all on October 6<sup>th</sup>.

**Thought for the week:** *"Knowledge speaks, and wisdom listens."* -Jimi Henriks

And with that, our meeting is adjourned

Thank you for coming. Have a great Rotary week!

## Final Reminder to Register for Next Week's Meeting



[www.rotarystampedepark.com](http://www.rotarystampedepark.com)



COMMUNITY  
KITCHEN

### VOLUNTEERING OPPORTUNITY !!!

Volunteers are required to build Good Food Boxes. Click on [Sign Up](#) to view available slots and book yourself directly online

**Tuesday October 18th:**

Monday November 21st:

Tuesday December 6th:

**1:00 pm to 4:00 pm**

5:00 pm to 8:00 pm

1:00 pm to 4:00 pm

Earl Huson (403) 686-0828/ [ehuslink@telusplanet.net](mailto:ehuslink@telusplanet.net)

Ken Farn: (403) 560-6770/ [kgfarn@telusplant.net](mailto:kgfarn@telusplant.net)

**EARL AND KEN REALLY NEED YOUR HELP!!**

**THANKS FOR VOLUNTEERING !!!**



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## ROTARY RIBBONS FOR PEACE FUNDRAISER

## SPONSORSHIP PACKAGES

### SUPPORT FOR UKRAINIAN EVACUEES TO ALBERTA!

Join the ROTARY CLUB OF CALGARY AT STAMPEDE PARK in raising funds to assist Ukrainian evacuees relocating to Alberta.

**OCTOBER 12, 2022, 6 PM - 10 PM**  
**POLISH CANADIAN CULTURAL CENTRE, 3015 15<sup>TH</sup> STREET NE**

**Master of Ceremonies/Auctioneer:** Danny Hooper, Danny Hooper Productions

**Guests of Honour:** Hon Ed and Marie Stelmach

**Remarks:** Oleksandr Danyleiko, Consul General of Ukraine, Edmonton

**Special Entertainment** by Vykrutas Ukrainian Dance Society, followed by live Auction.

**Tickets for the Evening** are **ONLY \$175** and include dinner, entertainment, live auction and special guests.

To show your further support, custom designed **Blue and Yellow Ribbons for Peace** will be available for a donation of \$100.00.

*All donations tax deductible according to CRA guidelines.*

[rotarystampedepark.com/ribbons-for-peace/](http://rotarystampedepark.com/ribbons-for-peace/)

**Slava Ukraini**

### \$10,000+ Blue Sponsor

- Centre Front table for 10
- \*Program front page advertisement
- \*Showcased on monitor with video message from sponsor
- Advertising on social media platforms, posters and website
- Advertising with media sponsors, eg. newspapers, TV, radio

### \$5000 Yellow Sponsors

- Table at front for 10
- Advertising space in program (1/2 page)
- Advertising on social media platforms, posters and website
- Advertising with media sponsors, eg. newspapers, TV, radio

### \$1000 Friends of Ukraine Sponsors

- Program listing
- Listing on social media
- Listing in media eg. newspapers, TV, radio

[rotarystampedepark.com/ribbons-for-peace/](http://rotarystampedepark.com/ribbons-for-peace/)



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#### Sponsorship contacts:

Len Hamm      len@thomasjeffrey.ca  
Murray Flegel      mjf@bosslubricants.com  
Larry Kennedy      lkennedy@ceadvisors.com



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Several of us will be at the Meetings early and staying afterwards to help people register for Tickets, Tables, Ribbons, Donations and Sponsorship, if you need help registering please catch us before or after the Meetings. Alternatively please go to,

<https://rotarystampedepark.com/ribbons-for-peace/>

Sponsors to date: Thanks to **Todd Richardson** and Lexus of Royal Oak for the \$10,000 sponsorship, **Gail and Alec McDougal** from Ecco, **Murray and Arlene Flegel** from Boss Lubricants and **Penny Leckie** who each sponsored a \$5000 sponsorship and "Friends of Ukraine" sponsorship of \$1000 by **Lynn and Jane Topp**.

"Approximately 109 ribbons have been sold, 265 people are booked for dinner and over \$78,000 has been donated in sponsorships." **Len Hamm** He requested that more auction items are needed. Please consider donating suitable items.







## Ukrainian Donation Center Needs Help

John (Fitz) Fitzsimmons is requesting some muscle to be able to help with moving furniture donations. He has trucks available but needs some strong backs to help with the heavy lifting. Please recruit your children or friends if they are able to help. We have furniture donations set up, waiting for pickup, that we may lose if we are not able to grab them soon!! Please contact Fitz [johnfitzsimmons9@gmail.com](mailto:johnfitzsimmons9@gmail.com) if you are able to help or know of someone you can volunteer.

## Clubrunner Update Reminder

Some of you may have noticed that the Member Directory was down last week.... Clubrunner made some changes to Directories for privacy reasons and went under Maintenance last week to reset the changes they have made. Good news is that Members have access to the Club Directory again, only that it is slightly changed. I have added a big yellow button on the main (public site) [www.rotarycs.org](http://www.rotarycs.org) that says Member Directory. You can click that button and you will be redirected to login and then brought to the Member Area, where they have moved Directories under the 'My Clubrunner' tab. There is a List option (default) as well as Card option (with photos) that you can toggle between on the far right hand side. Should you have any questions or problems please don't hesitate to reach out to me, or check this [link](#) for a step-by-step instructions

-Sarah Brown

## Business Club Meeting

We want to send a BIG thank you to the Flegel's, Murray, Arlene, and Sons for hosting us at Boss Lubricants last night. We got split into groups and 2 of Murray's Sons took each group on a tour around their massive operation. We got to learn so much! I learned that there is even a lubricant for cattle, that is poured onto their hides to keep them moist and cool as well as keep bugs off of them! So fascinating! We sure learned a lot and it was amazing to hear what 30 years of hard work can create and how special it was for it to be a family Business that they have now passed onto their Sons! We then enjoyed a wonderful appetizer spread and beverages while we got serenaded by Bailey & The Boys (Murray's band). An amazing night with great fellowship. Also want to send a congrats and thank you to Sharyl, Wendy and Melanie, the Business Club Committee, for another incredible Business Club Meeting!! Our 3rd Business Club Meeting was the best one yet and we expect the next 3 for the remainder of the Rotary year to keep getting better! Stay tuned for when they announce the next one probably end of November early December. We were asked not to share everything from the tour to the Public so I am attaching a couple photos here and the rest can be viewed by the link in the body of the email as per Murray's request.





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## Catering Update

On behalf of **Myrna Dube-Thompson, Craig Stokke, Sarah Brown** and I (**Luanne Whitmarsh**), I am pleased to advise that we have met with the Stampede catering folks and have come up with a new menu rotation.

**October 13<sup>th</sup> changes will occur.** The ordering site will be updated as soon as we can. You will note there is not a sandwich option. We will work with those whom have already registered for the 13<sup>th</sup> and onward, please email Sarah [admin@rotarycs.org](mailto:admin@rotarycs.org)

**First: Coffee remains at \$10.00** and now it will include a salad in the middle of the table, a bun and a dessert. Extras included only for those who have registered. If you just show up and expect Coffee that is all you will get for \$10 as Stampede needs to know numbers for Desserts ahead of time.

**Second:** the options have changed quite a bit – BUT will remain **\$30.00 per meal**.

**Option 1** – will be Selection of Canadian Style Cheese with fruit chutney and crackers  
Strawberries, melons, grapes, pineapple (Vegan)

**Option 2** – will be a salad. Weekly it will rotate between:

**Asian Noodle Salad Bowl with Salmon OR Traditional Cobb Salad with Roasted Turkey**

Glass noodles, shredded carrot, green Chopped romaine lettuce, tomato, sliced egg,  
onion, ginger, peppers with glazed salmon bacon, blue cheese, Dijon dressing

**Option 3** – will be the meal and will rotate through a 5-week rotation:

### **Menu #1**

Roasted vegetable salad, vinaigrette  
Grilled bbq chicken with basmati rice  
Mango and mint mousse

### **Menu #2**

Traditional Caesar Salad (Family Style)  
Individual Lasagna and garlic toast  
House Crafted granola bar and fruit

### **Menu #3 (soup and sandwich on 1 plate)**

Yellow Split Pea Chowder, Smoked Ham  
Chicken salad sandwich on croissant  
Double chocolate brownie and cream

### **Menu #4**

Orzo Pasta Salad, “Mediterranean”  
“Crustless” Smoked salmon quiche, veggies  
Berry cheesecake

### **Menu #5**

Local Tomato Salad with basil vinaigrette  
Salisbury Steak, mushroom gravy  
Apple crisp

We hope that this will make a more pleasant eating experiences at our meetings. Please consider exercising patience as we implement these changes. If you have any questions, please reach out to Myrna, Craig, Sarah or I. Thanks, **Luanne - Secretary**.



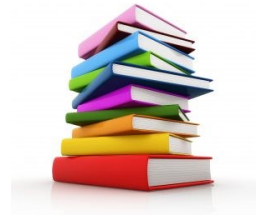


## PARTNERS in PRINT

**A big THANK YOU to all who attended our Fall Breakfast and Book Sale.**

From all reports and comments it was a huge success!!! All funds raised from the Book Sale will be donated to "It is a Crime Not To Read". Thank you as well to all of the Partners executive and our Book Club chairs Maureen Hutchens & Jane Topp! Great job everyone. Stay tuned for more fun events.

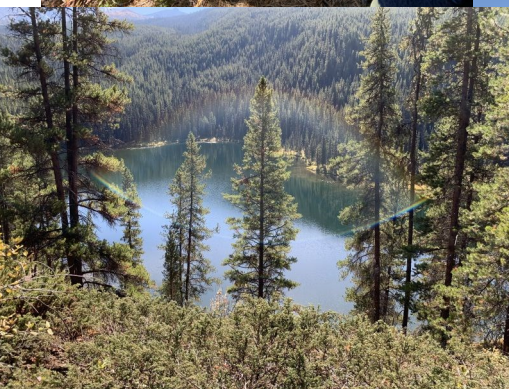
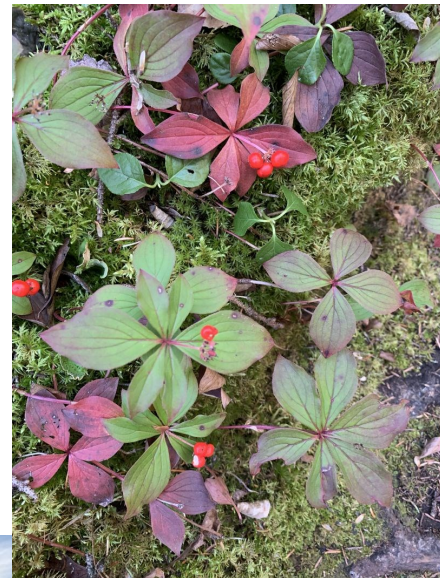
—**Rhonda Yaskowich**, President RPCSP.



### HIKING CLUB

Five hikers experienced a glorious, sunny, warm day (23 C) to explore Silverton Falls, Copper Lake and Smith Lake. After a short climb we saw the magnificent Silverton Falls cascading from 50 meters. After a wrong direction from Google earth, we did a U turn on #1 to get back to Copper Lake. Next, we had an easy trail to Copper Lake, where we ate lunch with a view of the lake. The lake is very green in colour. Fall colours were everywhere and seen in the smallest changes in the plants. Shooting a picture into the sun made our hikers look heaven lit. After a rather arduous climb we arrived high above Smith Lake. Only the two younger ones went down to the lakeshore. We took pictures of them with a telephoto lens. Lucky weather for Sept. 28th!

—**Submitted by Pat Farn**





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SUN	MON	TUE	WED	THUR	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

# Calendar of Events

**October 6: Manon Mitchell - Calgary Civic Symphony**



**October 12: Ribbons for Peace Fundraiser**



**October 13: Oleksandr Danyleiko Consul General of Ukraine - War in Ukraine**



**October 20: Nicholas Bell - Glenbow Museum**



**October 27: Ted Stack - Kid's at Heart Golf Recap**



**November 3: Michael Ruttan - Foundation Month**



**November 10: Rotary Remembers - Remembrance Day Event**



**November 17: Rotary Profile - Neil Fraser**

