

JIM GRAY: WELLNESS



INSIDE THIS BULLETIN

1. JIM GRAY: WELLNESS
2. JIM GRAY: WELLNESS
3. CLUB NEWS
4. CLUB NEWS
5. MARMIE HESS: OBITUARY
6. ROTARY CLUB "STUFF"
7. ROTARY YEX APPLICATIONS
8. ROTARY POLO FOR POLIO
9. WATERTON PEACE PARK
10. HIKING CLUB
11. PARTNERS IN PRINT
12. FINANCIAL LITERACY FOR SENIORS
13. CLUB CALENDAR ETC ...
14. CLUB RUNNER AND CONTACT INFO

Bulletin Chair: Bev Ostermann
Editor: Luanne Whitmarsh
Photographer: John Shield

NOTE FROM BEV OSTERMANN (BULLETIN CHAIR)

Please ensure that all addresses, phone numbers and emails are up to date on Club Runner. We are preparing to update our Roster information and want everyone's information to be as accurate as possible

THANK YOU!

Carol Graham introduced our guest speaker Jim Gray. Mr. Gray is an exploration geologist who, for over 50 years, was engaged in the oil & natural gas exploration business in Western Canada. He arrived in Calgary in the early 50's as a summer student while studying geology at the University of BC. Jim found his way back to Calgary in 1956, married his wife Josie in 1961 and co-founded Canadian Hunter Exploration with John Masters in 1973.

Over the 28 years of his involvement with Canadian Hunter, he served in the positions of Executive Vice President, President and CEO, and Chairman until the company was purchased by Burlington Resources in December 2001.

Throughout his career in the oil patch and after he has been involved in a number of initiatives that have served the community at large such as: chairing the first Petroleum Show in 1966 to connect Albertans to the energy sector, chairing the committee that bought the land for Camp Chief Hector in 1972 and creating a co-educational camp in 1973 (he signed up his twin daughters as the first girls enrolled at the camp), serving as chairman of the Canada West Foundation, a director of the Calgary Stampede, or as the driving force behind numerous local organizations, including the Y, Momentum, the Calgary Homeless Foundation, the Calgary Women's Emergency Shelter, Science Alberta and Calgary Native Friendship Centre.

He & three friends saw the need for a school focused on children with learning differences and founded Calgary Academy in 1981. It now has 550 students and is considered a leader in education in North America.

Jim was appointed an Officer of the Order of Canada in 1995; inducted into the Canadian Petroleum Hall of Fame in 2001 and invested as a member of the Alberta Order of Excellence in 2002.

Along with being a legendary oilman and philanthropist Jim has become a tireless advocate of the importance of health and wellness in society.

If I might make a suggestion for wellness-try swimming Jim-I hear doing laps is a good way to get and keep in shape-check it out! (Note: In 2015 Jim completed the equivalent of an across Canada swim by doing laps at the Y-he swims daily!)

A wise man once said "Be the change you wish to see in the world"

Let us now hear from a man who has created and inspired change throughout his life.
Please give a warm Calgary South welcome to Jim Gray

JIM GRAY: WELLNESS

The first time Jim Gray was at Rotary House was 50 years ago July when he arranged the first Petroleum show! He and others have started an organization called Wellness Alberta. They have met with the Minister of Health and discussed how health care costs for operating and capital is consuming almost 50% of revenue and is things continue the way we are doing it now it will go to 70% by 2030. We can't allow this - we need to act in advance or wait for a crisis. This is not what Alberta or Calgarians do - we do not wait, we act. So far the traditional efforts have not been successful. Acute care trumps wellness 100% of the time - we need to change the culture. Wellness in an acute budget is not working and doing the same over and over and expecting different results just does not make sense. We need to leave a greater legacy of HEALTH.



Alberta Wellness Foundation needs public support to move forward. They already have most of Alberta's large cities, unions, school boards, and 130 agencies. We want to collaborate on wellness programs with all Albertans. We need government WITH us if we want change.

There have been so many reports over the years and they have very similar recommendations - but there has not been any resources to make a change. The government is still focused on disease management. To create a culture of wellness we need to have activity and nutrition be the focus. We have a great dedicated group of medical, business and community people working hard on this project. Jim was very influential in having the Calgary South Health Campus be a 'wellness centre' and is very proud to say that the capacity is enormous. The 5 focus areas are; activity, nutrition, early childhood intervention, addiction and mental health and accident prevention. A prominent doctor from Australia is coming to Calgary to show how well they have been in changing their culture. Health care in Alberta currently costs \$20 billion annually and only 1% is focused on wellness. We want to move that marker up and separate the budget away from acute care. 32% of children are overweight or obese - technology can be blame for a large part of it. We now have kidney and heart issues for those in their 20's - this was unheard of only a decade ago.

I am in my mid 80's. I swim every day. We were not made to be sedentary. We start with ourselves, then our families and then our communities. Get off our butts! WE CAN DO THIS! We are asking you (not for money) for but you to go to our website and show your support and to write your MLA and the Minister of Health. No other province has pulled this off - but we can. We are leaders and we can mobilize the people!

The universities are now including wellness in the curriculum. The current government is interested - but the downturn in the economy is troubling. Employers and schools can champion this movement! Keep people out of critical care, walk, move!

The website is <http://makealbertabetter.ca/>

Sherry Austin said that it was a pleasure it is to listen to you Jim! As I own a business in the oil and gas industry I would be delighted to hear you speak on that as well. 5 years ago our club led 15 other clubs to build 138 kilometers of pathway that encourages all Calgarians to get out and enjoy their lives. Thanks for inspiring us today!

President Ken: Thanks Jim! On behalf of the Club, I would like to add our Club's gratitude for the time you have spent with ups today by offering you a copy of the recently published book entitled 'A Time to Be Born' written by one of our Rotary members, **Peter Penner** who is a Professor Emeritus and a prolific writer of history.

CLUB NEWS

President Ken Farn welcomed everyone to the Rotary Club of Calgary South. He then asked us to join Lisa Fernandes and the Head Table in the singing of O Canada followed by Rotary Grace.

Head Table: Carol Graham, Jim Grey, Sherry Austin, Jack Thompson and Jim Fitzowich,

Bulletin Editor: Luanne Whitmarsh **Photographer:** John Shield

Guests: Stan Cichon read out the list of visiting Rotarians and guests. Welcome back to **Rob Harlem!** And, Lynda and Tom Shields from Northern Ireland (who exchanged banners with **President Ken**).

President Ken announced that Marmie Hess has passed away

There was sure something interesting going on... both **Glen Richardson** and **Earl Huson** missed sitting on their chairs and sent them flying and people jumping!

Health and Wellness: Bonar Irving announced that **Jim Gorman** had his surgery (triple by-pass) and went through the surgery well. He hopes to be home early next week and will let us know when he is ready for visitors.

Polo for Polio: **Stephen Cobb** announced that the weather was wonderful for the day and he was happy to see a couple of Rotarians attend. So for there is \$421.00 and that is match by the federal government. See him to donate!

President Ken paid tribute to Norman Kwong. No doubt everyone has heard of the recent passing of former Lieutenant Governor, Norman Kwong on Saturday September 3rd at the age of 86 years. What you may not know or have forgotten, is that he was also an **Honorary Member of The Rotary Club of Calgary South**. He was sponsored in 2009 by then - President Frank King. "Normie" as he was called, lived a remarkable life. Born in Calgary in 1930, he rose above prejudice and economic challenges, to become the first person of Asian heritage to play in the CFL... At 18 years of age, he became the youngest player to win the Grey Cup and over his career in both Calgary and Edmonton, won a total of four (4) Grey Cups. By the time he retired from football, he had won the "All Canadian Fullback Award" ... five (5) times; The "Schenley Award" for most outstanding Canadian twice and was the holder of 30 CFL records. He was a member of the Canadian Sports Hall of Fame, the CFL Hall of Fame and the Alberta Hall of Fame. He also received the Order of Canada in 1998.

He was a sports icon & advocate for human rights and multiculturalism and spokesman for several charitable organizations. He served as President and GM of the Calgary Stampeders, during the time they were in financial trouble and helped steer them away from bankruptcy. He was part of the original Calgary Flames ownership for 14 years during which time the Flames won their only Stanley Cup in 1989.

In 2005, became Alberta's 16th Lieutenant Governor and humbly served with great distinction. Regardless of his many achievements he was a family man first and foremost. Married in 1960 he and his wife Mary, have four sons and ten grandchildren.

Normie is warmly remembered as one of the few Calgarians who was loved equally in both Calgary AND Edmonton. The Honorable Norman Kwong, a wonderful example of a life well lived!



Rotarians Lynda and Tom Shields from Northern Island visited today



CLUB NEWS



CRCF: Sherry Austin: October is CRCF month. There are 3 Foundations in our club (Rotary International, Stay in School and CRCF). There will be more information to come out but remember that your help is needed and we know that your businesses have been also hit hard in this economy. YOU help feed and house all kinds of people, young, disabled, seniors and abused. YOU do all that – thank YOU!!

Rotary International and Polio Plus: Jack Thompson

talked about us going into the 100th anniversary of the RI Foundation. The first donation was \$26.50 and is now in the millions. Polio Plus is doing a campaign this year (online or Jack will help you) that EVERY member would donate at least \$26.50. We would like to have **President Ken** have that to be proud of! Remember that your donations count towards your points and there will be more information to come!



Conventions: Earl Huson excitedly reminded us that the RI convention is in Atlanta June 10 – 14 next year. The advance sales price is on right now – so get booked in!!!

Sergeant at Arms: Jim Fitzowich lightened many of the pocket of almost everyone ... he got **Murray Flegel** with a 'this day in history fact'! He told a tall tale... and made everyone pay!

50/50: Terry Allen said that the pot is \$161.00 **Al King** was the lucky winner!!



Myrna Dube: Announced she is stepping down from her fulltime responsibilities to part time at the Park Foundation effective Dec 31. She will continue working on the Rotary Mattamy Greenway and David Richardson Disc Golf Park – just in a part time capacity. She is looking forward to spending more time with Jack and their large blended family!

President Ken ended today's meeting with the following thought:

... As you leave today may you remember that Rotary Supports Humanity throughout the world, 24 hours a day because of individual Rotarians like you! Have a great Rotary week everyone ...



**Dr. Margaret (Marmie) Perkins Hess,
O.C., A.O.E., LL.D (Hon.), B.A., D.F.A. (Hon.), F.R.C.G.S., U.E.
May 3, 1916 - September 2, 2016**

Community leader, internationally recognized art historian and lecturer, businesswoman and rancher Dr. Margaret (Marmie) Perkins Hess passed away peacefully on Friday, September 2, 2016 leaving a remarkable legacy of contributions to the quality and fabric of life in Calgary, Alberta and Canada.

Earlier this year Marmie celebrated her 100th birthday with friends, colleagues and associates at the Rotary Club. She will be dearly missed by the many people and organizations impacted by her incredible contributions as a friend, mentor, advocate, volunteer and philanthropist. Throughout her lifetime, Marmie was described as the quintessential 'western' Canadian who was a proud champion of her heritage and culture.

Born and raised in Calgary, Marmie had a lifelong love for education. In her formative years, she attended Earl Grey School, Western Canada High School and St. Hilda's School for Girls. In 1934 she began her post-secondary studies at the University of Alberta and graduated from the University of Toronto in 1938 with a Bachelor of Arts. In Toronto Marmie met several members of the Group of Seven who encouraged her love for art and her strong interest in the Canadian wilderness.

She began her teaching career during World War II at the Southern Alberta Institute of Technology (now the Alberta College of Art and Design) as well as the Banff School of Fine Arts. She completed her post-graduate studies at the University of Iowa in 1947.

Through her subsequent careers as a businesswoman and community leader Marmie continued to research, write and lecture at various universities, museums and art galleries throughout North America, Israel, Japan and China. An interest in indigenous peoples, along with her pioneering spirit, led her to Canada's West Coast and the North, where she developed a close relationship with the Inuit. She was honoured to receive her Inuit name 'Angauka Nu Natsiut.'

Marmie introduced Calgarians and Canadians to Inuit art by establishing Calgary Galleries Ltd. in 1970. She also helped establish the Arctic Institute of North America at the University of Calgary. In 1988, the Government of Canada recognized her contributions to the Inuit by naming the archeological site on Ekkalluk River 'Hess Site.'

Marmie was regarded as a world authority on Northern Inuit and First Nations art and crafts and generously shared her extensive knowledge with students and scholars alike.

In addition to her love for education and art, Marmie was passionate about Alberta and its environment. In 1952 she acquired Spencer Creek Ranch and went on to build its reputation as a successful horse breeding and cattle operation.

Marmie received numerous awards and honours for her many accomplishments and community service. She was made a member of the Order of Canada in 1981 and an officer in 1993. She received the Alberta Order of Excellence, the Alberta Centennial Medal, the Confederation Medal, the Queen Elizabeth Golden Jubilee Medal, the Queen Elizabeth II Diamond Jubilee Medal, the Northern Territories Commissioner's Award, the National Museum of Man Appreciation Award and the Pioneer Woman Na'Amat of Canada Award. She also received the Grant MacEwan Lifetime Achievement Award from the City of Calgary, the Paul Harris Rotary Award and in 1999 was the YWCA Woman of Distinction.

She received honorary doctorates from the University of Calgary where she was an adjunct professor in the Department of Geography and the University of Alberta where she was an adjunct professor in the Faculty of Education. She also received a Doctor of Fine Arts from the University of Lethbridge. She was an honorary member of the College of Fellows of the Royal Canadian Geographical Society and served on the senates of both the University of Calgary and the University of Lethbridge.

Over the years Marmie gave selflessly of her time and expertise. Through her love of learning, she inspired students across Canada by supporting scholarship and endowment funds and donating numerous pieces of her collections. The University of Calgary houses the Dr. Margaret P. Hess Collection, a nationally significant resource of historical books, journals and pamphlets.

Marmie's board and volunteer activities crossed a wide spectrum including the Calgary Zoo, the Canadian National Museum, Fort Calgary, the Glenbow Museum, Rotary International, the Royal Canadian Geographical Society, the Calgary Red Cross, Theatre Calgary, the United Way and the United Empire Loyalists' Association of Canada.

Marmie was particularly proud of her long-standing involvement as a volunteer with the Calgary Exhibition and Stampede. She was a lifetime member and one of the first women to be recognized with the Calgary Stampede's Western Legacy Award for Sustained Contribution.

Marmie was a member of many clubs including Probus Club, Calgary Golf and Country Club, Glencoe Club and Ranchmen's Club. She was a long time, valued member of the Calgary Chamber of Commerce. She served with the Calgary Regional Arts Foundation and the RCMP Committee for the Drug Abuse Resistance Education (DARE) program. During her time as President of the Calgary Zoo, Marmie was instrumental in bringing the famous pandas to Calgary, a project that forged important ties between Calgary and the Chinese people.

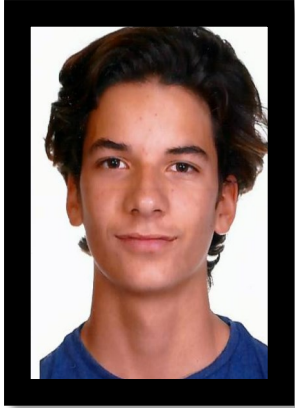
Marmie was a true pioneer. She received a Certificate of Merit from the World Who's Who of Women as a testament to her role as a champion of women. She was honored by Premier Peter Lougheed who appointed her to the Kananaskis Citizens Advisory Committee to spearhead the development of a provincial park in preparation for the 1988 Winter Olympics.

One of her favorite sayings was: "Life is a long ride and when we come to the end of it, if we look back and can truthfully say - thank God I rode straight, with my hands and heels down, and my head and heart up - it matters not how tough the going or how stiff the jump, you will come out on top and realize you are a horsewoman of the highest standards."

Marmie lived her whole life at the highest standards. She will be greatly missed by family, friends and her community, but her legacy will live on.

She was very grateful for the exceptional and compassionate care she received from Dr. Romuald Zapasnik, especially during the last few years of her life. A Funeral Service and reception will be held on Friday, September 16, 2016 starting at 11:00 am at Christ Church, 3602 - 8 Street S.W., Calgary, Alberta. A burial service will take place immediately after at Union Cemetery. Condolences may be forwarded through www.mcinnisandholloway.com. In living memory of Margaret Hess, a tree will be planted at Fish Creek Provincial Park.

MORE CLUB NEWS ...



PABLO RUIZ NEEDS YOU ...

Pablo is currently staying at the home of Ron Prokosch. We are looking for a host family for the period of November to mid-January. If you are interested please contact Chas Filipski at 403-244-5450 at by email at

chas.filipski@gmail.com .

Anyone looking to include Pablo in their plans and activities can contact Pablo at (403) 869-7738.

You can also check out his calendar of activities on google calendar and his email at pabloruizbe@gmail.com .

MUSTARD SEED AND RONALD MacDONALD HOUSE UPCOMING DINNERS

Dinner at the Mustard Seed: November 14

Dinner at Ronald McDonald House: November 25

Please contact Harry Pelton



NORM AND DOREEN DEVITT ESTATE SALE: SEPTEMBER 16 17 AND 18 24143 TOWNSHIP ROAD CALGARY AB T3Z 2Y7

FOR MORE INFORMATION CONTACT NORM OR DOREEN DEVITT AT:
403 242 9088 OR NORM LEGARE AT: 403 540 3362

THERE ARE LOADS OF ITEMS: Automobile Memorabilia, Peddle Cars, Peddle Tractors

* Toys that we haven't seen since our childhood

* Rare Antique Bicycles and much more



Presentation of RCCS banner to
the President Dave Stewart of
Rotary Club of Kilsyth in Scot-
land.

He sends warmest greetings to
Rotary Club of Calgary South

Jim Hutchens





NOW IS THE TIME TO APPLY FOR ROTARY YOUTH EXCHANGE

Rotary Club of Calgary South is currently recruiting for Short Term and Long Term Exchange students for the year 2017-2018.

Children, Grandchildren, Nieces, Nephews and friends who have children between the ages of 15 and 17 are eligible and invited to apply.

Short Term

This is a family to family exchange coordinated by Rotary. Exchanges are usually 4 weeks in length for northern hemisphere and can be up to 8 weeks for exchanges for the southern hemisphere. All costs are the responsibility of the family, including airfare, insurance and allowance. Families are expected to reciprocate by hosting a student in your home.

For more information see <http://www.yex5360.org/short-term-exchange/>

To apply, download the application, print, complete and forward it to kevin@kevinhayes.ca

Long Term

This exchange is from August to July of the following year (2017-2018), starting September 2017. You will live with several host families and attend school. You will be able to learn another language and experience another culture.

The cost of the exchange is \$6,500. Some Rotary clubs will pay all or a portion of the fee. The fee includes airfare and accommodation & meals at orientations. Additional costs include trips and tours while on exchange as well as medical insurance. Students are not required to pay room and board or schooling while abroad.

Students will attend three orientation sessions (January, March and May) to prepare them for their exchange. Parents attend the March orientation to prepare them for the exchange and provides an opportunity for them to better understand the program

To learn more see <http://www.yex5360.org/become-an-exchange-student/>

To apply, complete the "Preliminary Application" and forward to: kevin@kevinhayes.ca



POLO FOR POLIO

Here are a couple of photos
from last Saturday's Polo
Match held in Millarville





Waterton-Glacier
International Peace Park Association
Established June 18, 1932 | www.watertonglacierpeacepark.org



Waterton-Glacier International Peace Park Assembly
September 16th – 18th, 2016
Glacier Park Lodge, East Glacier, MT. USA

Rotarians from Districts 5360, 5390, 5370 and 5080 are invited to participate in the annual Waterton-Glacier International Peace Park Assembly at Glacier Park Lodge in East Glacier, Montana. The annual assembly will follow a major conference on important world transboundary conservation and peace initiatives and also celebrate the 100th Anniversary of the National Park Services in the United States.

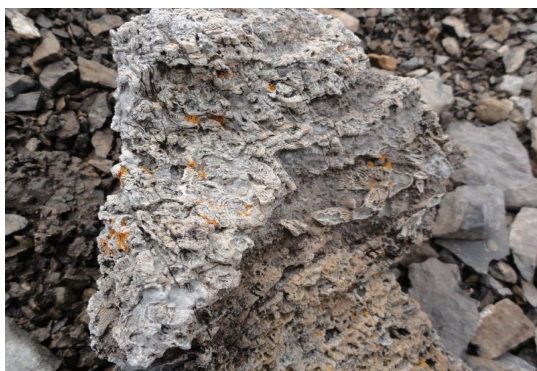
Registration and program information is available on the Waterton-Glacier International Peace Park Website at www.watertonglacierpeacepark.org. Hotel reservations must be made directly with the hotel by phoning 1-406- 892-2525 The block of rooms assigned for the conference will be held until July 1st. **Ask for Group Booking Code E16.**

Golfers who wish to participate in the Can/Am WGIPPA golf tourney may register at: www.montanarotary.org There is no payment required at this time, as payment will be collected at the course. Golfing starts on Friday, September 16th at 9:00 am - 5 tee times are reserved but more may be available depending on demand. Since the course is 9 holes, the options will be as follows: You can play just 9 or 18 and whichever 9 hole side is the best score will determine winners. There is a special rate for players staying in the lodge of: 2 players with cart for 9 holes = \$85 and 2 players with cart for 18 holes = \$130. All players will receive a special tee prizes to remember the tourney, IE: balls, tees, cozies, etc.

Play the course Bobby Jones played in the 1930's. Remember - "When this course was built, carts were things pulled by horses!"

SPONSORED BY ROTARY DISTRICTS:
#5080 South-Eastern British Columbia, Eastern Washington and Northern Idaho
#5360 Southern Alberta and South-Western Saskatchewan
#5370 Northern Alberta, North-Eastern British Columbia, Northwest Territories and North-Western Saskatchewan
#5390 Montana

HIKING CLUB: ARETHUSA CIRQUE: SEPTEMBER 7TH



This interesting rock was full of fossils. Where is our geologist when we need him?



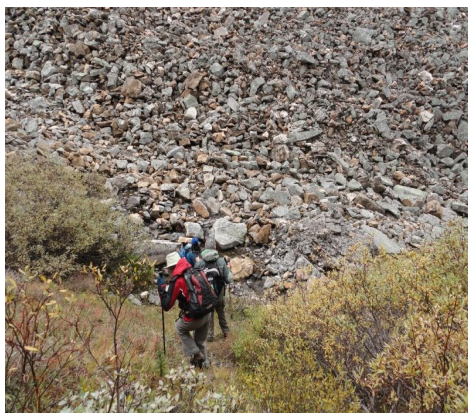
You could see the tremendous upward force that formed the mountain with glacier ice below



It is always nice to see a stream with waterfalls cascading down.



The scree that surrounded us at lunch was difficult to navigate.



This picture shows the steep slope as we made our way down.



Several creek crossings necessitated that we walk on water



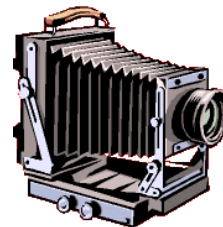
As the air got chilly and the clouds changed we could see that we needed to get off the mountain and sure enough when we got in the car, it rained. Not enough to stop us from stopping in Black Diamond for ice cream.

PARTNERS IN PRINT

PARTNERS DIRECTORY:

If you have not sent your photo for inclusion in the new directory to Pat Farn, pat-farn@telus.net, please do so. We will have one last opportunity to take photos at the September 15th meeting. All pictures must be received by Pat by September 30 as the directory will be sent to the printers in October.

SUBMITTED BY TRISH TERRILL



PARTNERS BOOK CLUB: It's that time of year again, our Fall Coffee Party (September 15th) and annual Book Club Sale. Please bring current books that will be of interest. Hardcover books are \$3.00 and soft cover books are \$2.00. All proceeds from book sales will be donated to "It's A Crime Not To Read" through the Calgary Library Foundation.

Our first Book Club meeting is **Monday September 19th** at the Calgary Golf and Country Club. We will start the meeting at **9:30 sharp**, please arrive with enough time to get settled.

You must confirm attendance no later than noon on Thursday September 15th.

Cheers and Happy Reading!



Kelly Brittain Book Club Chair 2016/17 403-256-1379 OR: reikiangel444@shaw.ca

Calgary South Rotary Partners' Annual Membership Coffee Party

Thursday, September 15th at 9:30 A.M.

Gunn's Dairy Barn, Heritage Park

Tickets: \$20.00 (breakfast)

Guests Welcome

Membership Fees: \$35.00

Please RSVP by September 6 to Pat Cuthbert

403-252-0156 or bill.cuthbert@shaw.ca

Send payment to: Donna Kennedy

37 Mahogany Manor SE, Calgary AB T3M 0Y3

payable to "Calgary South Rotary Partners"

Guest Speaker: Diana Krecsy

Calgary Homeless Foundation

Book Sale: You may donate up to 10 Books for the sale. Books will be sold for \$3.00 (hardcover) and \$2.00 (paperback). Bring change please. Proceeds to go to "It's a Crime Not to Read".

Do you require a ride?

Contact Karen Grant 403-239-8987



Financial Literacy *for Seniors*

A three-part series exploring the challenges & opportunities facing seniors and their family members around financial management and legacy planning.

9:00 AM - Noon

Kerby Centre

\$40 + GST/session or \$105 + GST/series



- **Friday, September 16, 2016**

"Are you Listening?"

Navigating the tricky conversations of money, lifechoices, and legacy

Presenter: Trudy Pelletier - Family Dynamics Coach

- **Wednesday, October 12, 2016**

"Money Matters and the Sandwich Generation"

Ensuring customized and risk-free investments for individuals

Presenter: Gwen Becker - Wealth Advisor

- **Friday, November 25, 2016**

"Passing on Family Treasures & Values"

The legacy and social capital conversations

Presenter: Gena Rotstein - Advisor in Philanthropy

For more info, call Luanne Whitmarsh at 403-705-3251

To purchase tickets, go to www.dexterityevents.com

2016 ROTARY CLUB OF CALGARY SOUTH CALENDAR OF MEETINGS AND EVENTS

SEPTEMBER 2016

Sept 13 Director's Board Meeting: Boss Lubricants

Sept 15 Michelle Sterling: Friends of Science

Sept 16-18 Waterton Peace Park

Sept 16-18 Devitt Estate Sale

Sept 22 Jody Mosely: Calgary Airport Authority

Sept 29 Laverne Bissky: 3 Things You Need to Know to Change The World

OCTOBER 2016

Oct 6 Cambodian Dancers: Place of Rescue: Cardel Theater

Oct 13 Visit from District Governor Neil Berg

Oct 20 Dr. Jeff Keshen: Mount Royal University: Shaw Scholarship

Oct 27 Erin O'Conner: Calgary Film Studio

NOVEMBER 2016

Nov 3 Katie Von Hansen: Parkinson Alberta

Nov 10 NO MEETING DUE TO ROTARY REMEMBERS AT CARRIAGE HOUSE

Nov 11 Rotary Remembers: Carriage House Inn

Nov 14 Mustard Seed Dinner (Contact Harry Pelton)

Nov 17 Cleven Awards

Nov 24 STARS Tour: At the STARS Hangar

Nov 25 Ronald MacDonald House Dinner (Contact Harry Pelton)

DECEMBER 2016

Dec 1 Todd Hirsch: Chief Economist (ATB)

Dec 8 Bob Dubask: Myths about Reverse Mortgages

Dec 15 Christmas Luncheon: Canyon Meadows Golf Club

Dec 22 Christmas Social

Dec 29 NO MEETING DUE TO CHRISTMAS HOLIDAYS

- ⇒ MEANS MEETING AT ROTARY HOUSE
- ⇒ MEANS OFFSITE MEETING OR EVENT
- ⇒ MEANS NO MEETING
- ⇒ MEANS OTHER ROTARY INFORMATION



HEALTH AND WELLNESS: Contact Dick Shaw at: atlanticclipper@gmail.com if you know of anyone that is not well or is there anyone you know that could use a visit.



TRANSPORTATION: Contact Bonar Irving at: bonar@shaw.ca or: 403 254 8476 if you know of anyone that may need a ride to meetings

CLUB CONTACT INFORMATION

ClubRunner™
Connect. Collaborate. Communicate.

I would like to offer you

CLUB RUNNER TRAINING

one on one Training and also
Group Training for those of you
that are interested.

Please contact me at:

kathyann@rotarycs.org

(just click this link)

or call: (403) 244 9788

to arrange this

Thanks,

Contact Us

Administrator: Kathyann Reginato
Rotary Club of Calgary South
L103C, 9705 Horton Road SW
Calgary AB T2V 2X5
(403) 244-9788
kathyann@rotarycs.org

Visit us at: www.rotarycs.org

2016 2017 Club Officers

President: Ken Farn: kgfarn@telusplanet.net
President-Elect: Bill LeClair: leclair@calgarylaw.com
Past President: Murray Flegel: mjf@bosslubricants.com
Secretary: Ted Rowsell: rowselle@telus.net
Treasurer: Larry Kennedy: treasurer@rotarycs.org
Partners President: Pat Farn: patfarn@telus.net

2016 2017 Directors

Club Service: Operations

Steve Mason
Email: steve@talkinglightmedia.com

Club Service: Memberships and Social

Glenn Potter
Email: agpotter@telusplanet.net

Club Service: Ways & Means

Jack Haman
Email: hamanj@telus.net

Community Service:

Luanne Whitmarsh
Email: luannew@kerbycentre.com

Community Service: Ways & Means:

Charlie Gouldsborough
Email: charlie@albertasleepcentre.com

International & Vocational Service

Bryan Walton
Email: bwalton@cattlefeeders.ca

Youth Service

Stacey Johnson
Email: sjohnson@printthree.ab.ca