



## TRISH LUND: ALBERTA GUIDE DOGS

President Flegel, Trish Lund and Ivy



Our Guest Speaker today was Trish Lund of Alberta Guide Dogs. She was introduced by **Bill LeClair**.

Trish has been with Guide Dogs since January 2015 and was previously at the Calgary Zoo. She has over 15 years of experience in environmental education management. She is passionate about people, animals, travel and contributing to the community.



Trish gave us an overview of the history of this organization. Started in BC in 1996 they expanded to Alberta in 2002. They operate as a Service Dog School and are one of 9 across the Country. They train service dogs and provide them to visually impaired individuals along with supporting children with autism. They try to get dogs to those requiring assistance while they are still teenagers and work with Autistic children from 4 to 10 years old. The dogs give the owners mobility they never had; they keep them safe while being involved in many day to day tasks and activities.

The Autism Support Dogs are filling a different need. They keep the children safe day and night and protect those kids who have a tendency to bolt or run away. This eases the stress on Parents while out of the house. They are also beneficial at night when sleeping in the child's room and enabling parents to get a good night's sleep and everyone benefits.

The dogs, mainly Golden Labs, cost about \$35,000 to raise. Training takes all of 2 years and volunteer Puppy Raisers take on the task. Following 16 months with the Raisers they are sent to "College" in Vancouver for 4 to 6 months. There they receive more intensive training and assessment.

Only half of them graduate for placement. The remainder are still well trained dogs and can serve a useful function as Companion Dogs for children with less severe Autism.

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**Bulletin Chair: Bev Ostermann**  
**Editor: Sandy Dougall**  
**Photographer: Clive Pringle**



## TRISH LUND: ALBERTA GUIDE DOGS



Trish had her dog “Ivy” with her and gave us a demonstration of how well it is trained particularly to hand signals. She explained the need to train dogs to respond to signals such as whistles and also to signal their own needs in different ways. For example if a dog needs to go out it is taught to ring a bell beside the door to alert its owner.

Recipients of dogs also go through a thorough assessment process to get the best match and they have 2 to 4 weeks training and are then



monitored to ensure that things are going well. The dogs know that they are working when they have their jacket on but when it is off they enjoy time to run around and play. Dogs retire at about 10 having worked for 8 years.

For further information on this organisation they have an informative website.... BC & Alberta Guide Dogs.

Trish closed commenting that they have some 1200 dogs in Canada and while they are not for everyone the demand is high and they have a long waiting list.

**Ken Farn** thanked Trish and Ivy for the interesting presentation and **President Murray** made a contribution to our Stay in School program on her behalf.

## RCCS: CLUB NEWS

**President Murray** opened the meeting with his usual Day in History

- 1869: The first Post Cards are Issued (Vienna, Austria)
- 1888: National Geographic Magazine published for 1<sup>st</sup> time
- 1971: Walt Disney World opens in Florida
- 1972: First games of World Hockey Association

President Murray also mentioned that this week saw the completion of his 90 day Probation!

**President Murray Flegel** then opened the meeting by asking **Lisa Fernandes** to accompany us in the singing of O’Canada and Rotary Grace



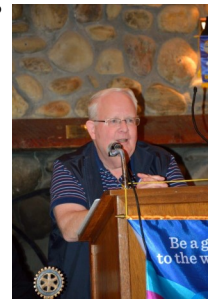
## RCCS: CLUB NEWS

**Head Table: President Murray** introduced, Bill Sumner, Kevin Hayes, Sherry Austin, Kevin Hayes, Bill LeClair and our guest Trish Lund and her dog Ivy.

Our Bulletin Editor today is **Sandy Dougall** and our Photographer is **Clive Pringle**

**Visitors: Brian Orgnero** introduced our guests today: Trish Lund (our speaker today), her Guide Dog Ivy, Rob Branson (Alberta Guide Dogs), Our Exchange Student Anni Arvo, Donna Mintz and Lorraine MacDonald (Partners), Greg Wudel (Guest of Ken Farn), Wayne Robinson (previous member), Brad Wilson (Guest of Glen Godlonton), John Labun (Guest of Craig Stokke) and Ted Stack (Guest of Gord Weicker).

**Dinner Club: Paul Brick: Paul Brick** has finalized the schedule and has sent notes out to all the participants. If you think you signed up and did not get an email from him please contact him



### Sherry Austin: CRCF Month



Sherry reminded us all that this was Calgary Rotary Charities Foundation Month and donations were being collected at the meeting today. She gave us the news that they have just received a significant bequest from the Estate of Mario Stella. Mario who passed away a couple of years ago was a long-time member of Calgary South.

They have received \$500,000 and expect additional funds in the future. The Foundation disburses 5% per year income from the funds donated by our Club.

**Allan Johnson: Election.** Past President Allan is responsible for the important job of ensuring that our Election of Officers is properly conducted. He ran through the lengthy rules and reminded us all that they would be in next week's bulletin.

Nominations close on October 29<sup>th</sup> for the various positions.

Please see a copy of the Election Process within this bulletin on Pages 6 and 7. If you have any concerns or questions as to how the process goes.





## RCCS: CLUB NEWS

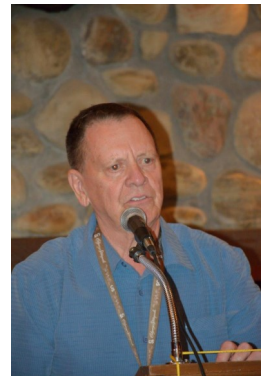


**Donna Mintz: Oktoberfest.** Donna and her friend .....Frau "Gertrude" Lorraine MacDonald reminded us all of the Partners Oktoberfest at Pinebrook on October 23<sup>rd</sup>.

You can purchase tickets at next week's meeting.

**Bill Sumner: Casino.** Bill has the schedule for next week filled up but is looking for anyone who can volunteer at the last minute in case of need.

It is at Cowboys on Oct 12<sup>th</sup> and 13<sup>th</sup>.



**Craig Stokke: Youth Exchange** Craig reminded members that if they were volunteering for any activity involving hosting or entertaining our Student that they had to have a current Police Check (or Nexus Card) on file.

**Sergeant at Arms: John Fitzsimmons.** John in his usual manner assessed very timely and appropriate fines. John even fined himself for getting a Baseball answer wrong. He assessed those members noted either texting or sleeping during Allan's explanation of the Election Rules



**President Murray** closed the meeting and reminded everyone to **Be A Gift to the World**





## 2015 RCCS: CALENDAR, HEALTH AND TRANSPORTATION

### OCTOBER 2015

- Oct 8 Senator Scott Tannas
- Oct 12 & 13 **Cowboys Casino: Contact Bill Sumner to volunteer**
- Oct 14 Board Meeting (Club Directors)
- Oct 15 Nareesa Karmali: Adventures in Citizenship
- Oct 22 Erin Hutchinson: Aspen Family Homes
- Oct 23 **Partners Oktoberfest: 6:00 pm: Pinebrook Golf & Country Club**
- Oct 29 Patty Kilgallon: Children's Cottage

### NOVEMBER 2015

- Nov 5 Peggy Schroder: Rotary In Panama
- Nov 11 **Rotary Remembers at the Carriage House**
- Nov 11 Board Meeting (Club Directors)
- Nov 12 **NO MEETING DUE TO ROTARY REMEMBERS NOV 11**
- Nov 19 Cleven Awards Luncheon
- Nov 26 Drop Inn Centre Workshop Plant Tour



### DECEMBER 2015

- Dec 3 Karen Olivier: Closer To Home Family Services
- Dec 9 Board Meeting (Club Directors)
- Dec 10 **Christmas Luncheon: Canyon Meadows Golf & Country Club**
- Dec 17 Christmas Social
- Dec 24 **NO MEETING DUE TO CHRISTMAS**
- Dec 31 **NO MEETING DUE TO NEW YEAR'S EVE**



### JANUARY 2016

- Jan 7 Mid Year State of the Union Address
- Jan 13 Board Meeting (Club Directors)
- Jan 14 To be announced
- Jan 21 Robbie Burns Day
- Jan 28 To be announced

### JANUARY 2016

- Feb 4 Honorable Brian Jean: Leader of the Opposition
- Feb 10 Board Meeting (Club Directors)
- Feb 11 **Valentine's Day Luncheon: Willow Park Golf & Country Club**
- Feb 18 To be announced
- Feb 25 To be announced



**HEALTH AND WELLNESS:** Contact Dave Marchant at: (403) 251-1674 / (403) 305-6295 or email him at: [marchantd@telus.net](mailto:marchantd@telus.net) If you know of anyone that is not well or is there anyone you know that could use a visit.



**TRANSPORTATION:** Contact Gui Salazar at: (403) 875 5146 (Cell) or (403) 281 9719 (Home) if you know of anyone that may need a ride to meetings



## RCCS: ELECTION PROCEDURES

### Rotary Calgary South **2015 ELECTION PROCESS**

On October 8<sup>th</sup>, 2015 the nomination period will open for all positions to be elected this year. These positions are:

- Three (3) Directors for the 2016/2018 Term
- President-Elect Nominee, will become President-Elect on July 1, 2016 and will be President for 2017/2018 Term
- Treasurer for the 2016/2018 Term

The timeline for the election process is as follows:

1. **October 1<sup>st</sup>, 2015:** The Chair of the Nominating Committee will announce to the club that nominations will open on October 8<sup>th</sup>, and will outline the nomination process. The Chair (or his designate) will repeat this notification at each of the meetings up to and including October 22<sup>nd</sup>. That notification will also be published in the club Bulletin newsletter in those dates.
2. **October 8<sup>th</sup>, 2015:** Nominations will open for all positions to be elected. The October 8<sup>th</sup> *Bulletin* newsletter will publish nomination forms. Kathyann will send an email to all Members in good standing containing names of all members eligible for election to position of Director, and a second list of Members in good standing who are eligible for election to position of President-Elect Nominee.  
Printed copies of nomination forms in standard format will be available from Ted Rowsell, Club Secretary at each of the meetings up to and including October 22<sup>nd</sup>.
3. All completed Nomination Forms must be in the hands of Ted Rowsell, Club Secretary no later than **12:00 Noon on October 29<sup>th</sup> 2015**. Nominations MUST be received in standard format, stating:
  - Position being sought by Nominee
  - Name of Nominee, including a signed declaration by Nominee of willingness to serve if elected
  - Nominating signatures of two Members in Good Standing of the club who are eligible to vote.
4. **Nominations will close at 12:00 Noon on October 29<sup>th</sup>, 2015. If a sufficient, or fewer, number of candidates are nominated by the deadline for nominations, then the slate of candidates will be declared elected by acclamation, and Nominating Committee will be directed to appoint sufficient Directors to meet requirements.**
5. If more candidates are nominated than positions to be filled, an election will ensue in order to collect secret ballots from all Members in good standing. The process will be as follows:
  - **On November 5<sup>th</sup>, 2015** a brief profile of each eligible candidate will be published in the club *Bulletin*. It is the responsibility of each candidate to prepare an abbreviated profile in standard format, and to submit that profile to Past President Al Johnson 2015 Chair: Nomination Committee. This must be done before the November 5<sup>th</sup> regular meeting of the Club, in order that they can be published in the November 5<sup>th</sup> *Bulletin*.
  - **On November 9<sup>th</sup>, 2015** ballots, showing names of all nominees, will be sent to all Members in good standing of the club. Ballots will include name of the candidate, position they are seeking, name of person who nominated them, and name of the person who seconded that nomination.
  - **All ballots must be received by Ted Rowsell, Club Secretary no later than 12:00 Noon on November 19<sup>th</sup>, 2015 in order to be counted.**
  - Nominating Committee, as set out by Club bylaws, will be a committee made up of Past Presidents of our club.  
This committee will meet on **October 6<sup>th</sup>, 2015** to identify a candidate for the position of President-Elect Nominee and, upon the consent of that candidate, his/her name will be made known to members of the Club by myself, 2015 Chair: Nominations Committee. His/her name will also be included on ballot as a nominee for that position. All Members in good standing of the club will be encouraged to submit nominations for the position of President-Elect Nominee, in addition to the name put forward by the Past Presidents.

Any questions regarding this election process should be directed to myself, Allan Johnson

*Allan Johnson, Past-President and Chair: 2015 Nominating Committee*



## RCCS: ELECTION PROCEDURES



### 2015 MINIMUM QUALIFICATIONS FOR NOMINATION

#### President-Elect Nominee

- Must be a member of our club for at least five (5) years
- Must have served on the Board of Directors for at least one (1) year
- Must not have previously held the office of President of our club
- Is a member in good standing of our club, having maintained 70% attendance in the two years prior to nomination
- Has demonstrated a strong commitment to all club expectations for involvement in club activities, such as committee work and fund-raising activities and, in particular, completion of Dream Home shifts as expected by the club

#### Director

- Must have been a member in good standing of our club for at least three (3) years
- Must not have served in any position on the Board of Directors for the preceding three-year (3 years) period
- Must have demonstrated a strong commitment to the objects of Rotary throughout their tenure in the club.
- Is a member in good standing of the club, having maintained a 70% attendance in the previous two (2) years prior to nomination
- Has demonstrated a strong commitment to all club expectations for involvement in club activities, such as committee work and fund-raising activities and, in particular, completion of Dream Home shifts as expected by the club

#### Treasurer

- Must have been a member of our Club for at least three (3) years
- Has demonstrated a strong commitment to the Rotary Club of Calgary South to the objects of Rotary throughout their tenure in the club



**RCCS: ANNOUNCEMENTS**



**FEED THE HUNGRY**

Friday October 9th we will prepare and serve the evening meal at Ronald McDonald house. Harry Pelton needs about 6 volunteers

Sunday Dec 6 we will prepare and serve the evening meal for Feed the Hungry

Please contact Harry at: (403) 244 9140 (Home), (403) 585-2625 Cell or you can email Harry at: [harrypelton@gmail.com](mailto:harrypelton@gmail.com)

\*\*\*\*\*  
 \* The Calgary Rotary Clubs  
 \* **FOUNDATION**  
 \* **OCTOBER IS CALGARY ROTARY CLUBS FOUNDATION (CRCF) Month For Calgary South**  
 \* *“Leaving your money in your own community to help those in need.”*  
 \* **What is the Calgary Rotary Clubs Foundation?**  
 \* It is a place where all Calgary Rotary Clubs can invest their charitable funds and is overseen by a Board representing all participating clubs. Each year funds are distributed according to a pre-agreed formula to these clubs. We have about \$2.6 million invested at this time and about 5% is returned to our Club on an annual basis.  
 \* **Why should I donate?**  
 \* There are no administrative fees for this Foundation. Every dollar you donate goes directly into the Foundation. You will receive a tax receipt. All funds that you commit will remain in our local community to help those in need. Through your generosity you will help feed those who are hungry, help house those who are homeless, help those living with disabilities, help those who are sick, and help those who just need your support to re-build their lives so they, too, may contribute to their community.  
 \* **How are donations recognized?**  
 \* Donor recognition begins at \$1000 and you receive a Calgary South Benefactor pin, a personalized certificate, and your name is included on the Donor Recognition Board. Each successive donation of \$1000 includes crystals on the benefaction pin.  
 \* **What are our Club targets?**  
 \* Our objective is to build a capital fund that will provide enduring support for our community service activities. We would like to encourage all members to work toward becoming a Calgary South Benefactor. All donations are gratefully received and records will be kept for you.  
 \* **How do I make a donation?**  
 \* Donations can be made by credit card, cheque, or cash. Donations may be made by corporations, families and other supporters of the work we do in our own community.  
 \* *“We are strongest when we stand together to build a vibrant, healthy community where no one in need is ever alone.”*  
 \* \*\*\*\*\*





### RCCS: ANNOUNCEMENTS

## SALVATION ARMY KETTLES

Rotary Club of Calgary South has agreed to do Salvation Army Kettle shifts. They all will be at Chinook Centre, Dec 5th and Dec 12th. The shifts are only 2 hours in duration and begin at 10am for both Saturdays. Please call or email me if you can do one or more shifts. I like to have all shifts filled by Nov 21st. Thanks for your continued support.

Dave Read [nread@telusplanet.net](mailto:nread@telusplanet.net) or 403 271 5856



## Small Grants Committee Question

We are looking for some new applicants to engage with the Small Grants Committee. Are any of our members aware of a worthy organization that could possibly use some assistance from us?

Contact Bill LeClair at: [leclair@calgarylaw.com](mailto:leclair@calgarylaw.com) and he will walk you through the process.



## ROTARY MATTAMY GREENWAY

**138. 60. 50. 20**

No, they're not the winning numbers in your favorite lottery. They ARE, however, just some of the winning numbers that make up the Parks Foundation Calgary-led project that Calgary area Rotary Clubs chose as their centennial year project.

The Rotary Mattamy/Greenway, when completed in 2017, (in time for Canada's own birthday celebration) will extend 138 kilometers around the whole city of Calgary. At a total cost of \$60 million (\$50 million already raised), it will include 20 specialty parks and interpretive wetlands.

Rotary is a title sponsor of the massive project — to be the largest urban pathway system in the world, as it links into the 1,000 kilometers already stretching across Calgary — with Canada's largest homebuilder Mattamy Homes.

Just last month, the third and final phase of the Greenway was launched with a party and media event in the new Mattamy neighborhood of Cityscape, in northeast Calgary. Rotary members were out in force, providing BBQ lunch for hundreds of attendees, and helping ferry guests by golf cart along the Greenway.

Rotary has been joined on this iconic project by other major corporate, government and individual donors. The Greenway will provide every Calgarian, no matter where he or she lives, and no matter their age or activity level, to join their neighbors outdoors.

Rotary's investment is in a project that is open 365 days a year, free, to everyone to bike, run, walk, relax in rest nodes along the wetlands, or play with their dog (in one of three dog parks). The countdown to the opening in 2017 has officially begun!

Submitted by Myrna Dube



## ANNI'S ADVENTURES

Hi!

So this week I had my 17<sup>th</sup> Birthday!! It was on Friday, October 2<sup>nd</sup>. I had so much fun on this weekend! My really good exchange student friends and Susan and Paul threw me a surprise party! I thought that only couple of my friends would come over on my birthday but instead of that almost my all really good friends came over and I was totally surprised and very, very happy. We ate and laughed and talked and ate and laughed again. I'm so grateful to them and just love them all so much. On the next day we went to downtown and just walked around and shopped a little.

The other things that I have done on this week and last week is that I was with Tony Ng and his wife Alice! We went eating to a really good Chinese restaurant and after that they showed me parts of China town and bought me chopsticks! We also went to a farmer's market and ate again. After the day I was pretty full... and I had practise right after so it wasn't so much fun to go on the ice with such a full stomach. On the other hand, the food was so good that it was totally worth it! I had a great day with them so if Tony ever asks you to go somewhere I totally recommend to go!

In my last post I forgot to tell you that I saw my very first NHL-game!! Len took me there and It was a pre-season game and on Wednesday I'm going to the season opener game and I just can't wait for it. Now I can go there with my new Calgary Flames jersey that I got from Len and Susan for my birthday! Go Calgary Flames! (Never mind the fact that I actually kind liked Pittsburgh Penguins before I came here, now that can't be and isn't so much a fact anymore though. I am a total Flames fan now so don't worry.)

In school we had a pep rally! It was so exciting because we don't have that in Finland. Students were pretty crazy and loud though but it was fun! They introduced the sport teams and people played against each other in different games and we had dance shows and singing. So "Go Saints Go!" Oh and I have a game on Sunday 18<sup>th</sup> at 11 a.m. So if you are not busy and are interested of coming to see a ringette game, you are very welcome! It is in Rose Kohn Arena.

-Annina





## PARTNERS IN PRINT



We have enjoyed the pictures of the amazing season that our hiking club has enjoyed. It truly feels that Fall has arrived and we look forward to some sunny days, warm but crisp. Please join together after Thanksgiving for our **OCTOBERFEST ON OCT.23RD**. It is time to enjoy a classic German buffet , friendship and dancing enlivened by our own DJ: Hurricane Hollywood

**Maureen Watson,**  
**Partners President**

Calgary South Rotary Partners  
present ...



October 23, 2015  
Cocktails at 6:00 pm  
German Buffet at 7:00 pm  
Guests are Welcome

Tickets are \$65/person

RSVP to Pat Cuthbert (403.252.0156  
or [bill.cuthbert@shaw.ca](mailto:bill.cuthbert@shaw.ca)) by Oct 14

Pinebrook Golf & Country Club  
166 Pinebrook Way SW

Dinner followed by dancing to  
DJ "Hurricane Hollywood"

Make cheques payable to  
"Calgary South Rotary Partners"  
and mail to:  
Donna Kennedy  
37 Mahogany Manor SE T3M 0Y3

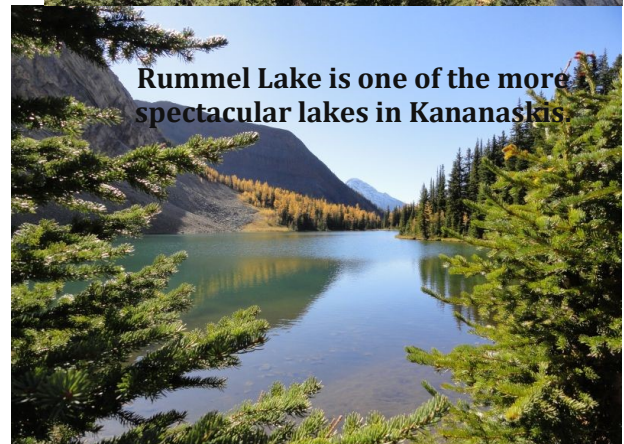
## HIKING CLUB

Under sunny skies a hiking group of 5 loved the hike to Rummel Lake on September 30th. The forces that moved the mountains are evident in the ridges and bends where the snow is captured.

The feature of the hike was the beautiful Larch trees contrasted by green Spruce



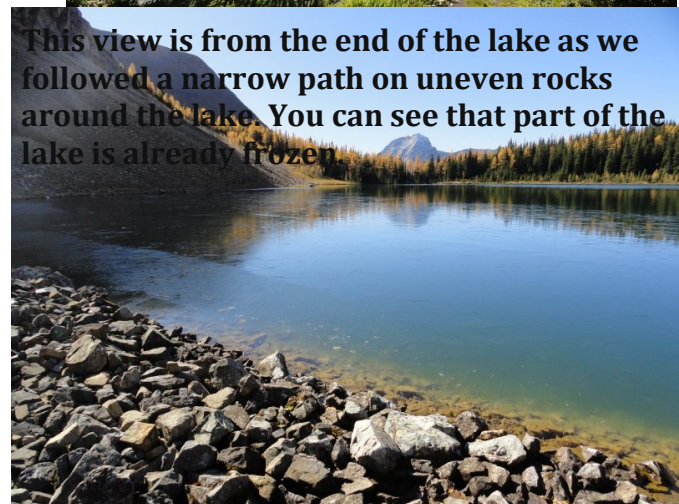
Rummel Lake is one of the more spectacular lakes in Kananaskis.



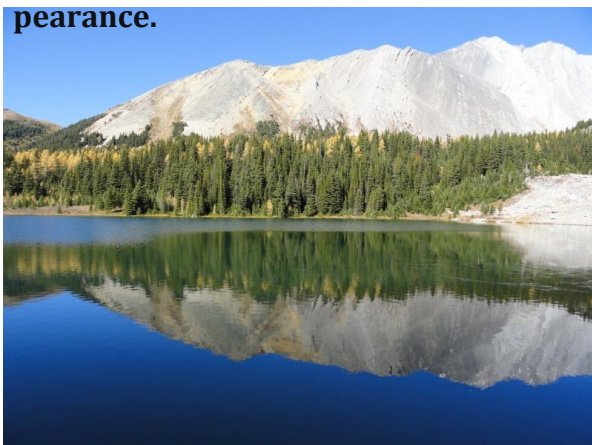
Climbing on the shoreline rocks is fun



This view is from the end of the lake as we followed a narrow path on uneven rocks around the lake. You can see that part of the lake is already frozen.



The reflections made the scenes all the more intriguing. Some kaleidoscope-like reflections were almost eerie in their appearance.



There were challenges too, such as where to find the most stable rocks to cross the water. We finished the day at Mount Engadine Lodge for well-deserved refreshments





## CONTACT INFO

### YEX DISTRICT INFO

Fellow Rotarians:

I wish to advise that the District 5360 Board and Rotary International has approved the following change in District 5360 Youth Exchange leadership.

Effective October 1, 2015 Bob Jones (RC of Lethbridge East) will take over as Chair of the District's Youth Exchange Committee. Rick Istead (RC of Calgary Fish Creek) will assume the position of Vice-Chair.

During the remaining months of this current Rotary year, Rick will focus his attention on

- 1) supporting Bob in his new role as YEX Chair
- 2) launching the YEAH database
- 3) supporting Fran Leggett in her role as the Chair of the NAYEN 2017 Host Organizing Committee
- 4) identifying and mentoring a successor for the Youth Exchange Vice-Chair position.

Please join me in welcoming Bob as our new District 5360 Youth Exchange Chair and I kindly ask that you support him in his leadership role.

Please forward this email on to your membership.

Yours in Rotary,

Rick Istead  
District 5360 Youth Service Chair

### Contact Us

**Administrator:** Kathyann Reginato  
Rotary Club of Calgary South  
L103C, 9705 Horton Road SW  
Calgary AB T2V 2X5  
(403) 244-9788

[kathyann@rotarycs.org](mailto:kathyann@rotarycs.org)

Visit us at: [www.rotarycs.org](http://www.rotarycs.org)

#### 2015-2016 Club Officers

**President:** Murray Flegel  
**President-Elect:** Ken Farn  
**Past President:** Allan Johnson  
**Secretary:** Ted Rowsell  
**Treasurer:** Larry Kennedy  
**Partners President:** Maureen Watson

#### 2015-2016 Directors

##### **Club Membership & Foundations**

Luanne Whitmarsh

Email: [luannew@kerbycentre.com](mailto:luannew@kerbycentre.com)

##### **Club Service: Operations**

Glenn Potter

Email: [agpotter@telusplanet.net](mailto:agpotter@telusplanet.net)

##### **Club Service: Ways & Means**

Bryan Walton

Email: [bwalton@cattlefeeders.ca](mailto:bwalton@cattlefeeders.ca)

##### **Community Service**

Gail McDougall

Email: [gailmcdougall@comcast.net](mailto:gailmcdougall@comcast.net)

##### **Community Service (Ways & Means)**

Charlie Gouldsbrough

Email: [charlie@albertasleepcentre.com](mailto:charlie@albertasleepcentre.com)

##### **International Foundation & Vocational Service**

Neill Magee

Email: [nmagee@arrow.ca](mailto:nmagee@arrow.ca)

##### **Youth Service**

Craig Stokke

Email: [craig@sellerdirect.com](mailto:craig@sellerdirect.com)