



NAREESA KARMALI: ADVENTURES IN CITIZENSHIP

Shellie Marshall, President Murray Flegel and Nareesa Karmali



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Bulletin Chair: Bev Ostermann

Editor: Carol Graham

Photographer: Clive Pringle

Shellie Marshall introduced our Speaker, Nareesa Karmali.

It is my honor to introduce our guest speaker to you. Nareesa Karmali is a West Canada High School Grade 12 student. She is a part of their IB program there, allowing her to select any University Internally. She is here to tell us about her trip to Ottawa that our club sponsored called Adventures in Citizenship.

Nareesa has a passion for Politics, Youth, Getting the Youth Voice out, Science and Medicine. She is very active in our Community, through Rotary and other Youth Volunteer clubs and activities. She is even on Mayor Nenshi's Community Youth Program. (Mayor's Youth council).

Her awards include: Cecil Brownlee Bursary for Exceptional Academics and Community Service, Rotary Youth Leadership Awards participant, Duke of Edinburgh Bronze and Silver standard, -Citizenship Excellence from Western's School Awards for 2 years, ISTAR National Award Winner and numerous other awards as well as many volunteer experiences.

The Adventures in citizenship program is a 4 day trip to Ottawa meeting the Govern General, learning about politics, Canadian government and citizenship. Mr. Saadat Keshavjee from Rotary West Club brought Miss Karmali to my attention. That is how she was selected to go to Ottawa for the Adventures in Citizenship trip. Nareesa has promised me she would stay associated with Rotary and would become a Rotarian one day.

Please welcome Nareesa Karmali.





NAREESA KARMALI: ADVENTURES IN CITIZENSHIP



The "Adventures in Citizenship" is a 4 day trip to Ottawa to understand what it means to be a Canadian citizen and it changed Nareesa's life for the better. This program has been in place for 65 years and links up students from all across Canada to learn about the country, each other and themselves. The students are assigned to host families for the 4 days. They met and learned from a number of speakers over the 4 days, including a Canadian soldier who was a sniper leader and lost part of his legs by stepping on a land mine, Pages from Parliament who spoke of the House of Commons, the Speaker of the House of Commons who spoke of his role, speakers from the Human Rights Commission, a globetrotter, and foreign diplomat, among others .Nareesa also had an opportunity to meet Governor General David Johnson when she visited Rideau Hall on her last day. The students learned about foreign aid, conflict resolution, the residential schools and global health problems. They toured the Parliament Buildings, sat in the House of Commons and visited the Red Chamber. They learned about the election process through Elections Canada and had their own mock election where students represented different parties and spoke to their "constituents" (the other students) about what they wanted for Canada if they were elected. After the vote by the 201 students, the new "Prime Minister" spoke to the assembly. One of the last things they experienced was a citizenship ceremony where they also had an opportunity to reaffirm their own citizenship.

The students also had an opportunity for some fun and relaxation with dinners, music, dancing and a talent show. Nareesa was hesitant but decided to write a poem about her experience in Ottawa, which received a standing ovation by her peers. The last day was hard for her as well as the other students. Nareesa said goodbye to her host family, her bed and bagged milk. She was thankful for all of the speakers and getting to know the other students who were talented, intelligent and having strong wills. She also expressed thanks to the Rotary Club of Calgary South for giving her this opportunity. She concluded by saying "How lucky I am to have something that makes it so hard to say goodbye".

Larry Kennedy thanked Nareesa for coming today and telling us about the program. Larry commented that with young people like Nareesa we are in good hands in this country. He went on to say that the day she and the 200 other students participating in the program occupied the chairs in the House of Commons was the best day in the House of Commons in a very long time!

President Murray then added his gratitude for the time Nareesa spent with us today by donating \$100 in her name to the Stay in School program.





RCCS: CLUB NEWS

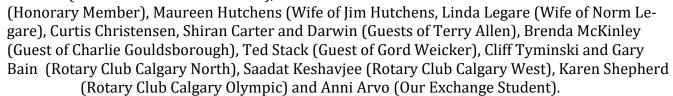
President Murray opened the meeting with his usual Day in History:

- 1951: "I Love Lucy" debuts on CBS
- 1985: Shuttle Columbia carries space lab into orbit
- 1989 : Gretzky passes Howe in NHL all-time top scorer

President Murray then asked us to join **Lisa Fernandes** and himself in the singing of O' Canada and Rotary Grace

Head Table: Nareesa Karmali (Speaker), Shellie Marshall, Lydia Lytwyn, Kathy Demorest and Larry Kennedy

Guests: Amy Giang introduced our guests: Charlene Bearden (District 5360 Administrator), Garth Nicholls



Constant

Rotary Remembers: President Murray reminded the Club that Remembrance Day celebrations will be at the Carriage House with an early start of **10:00 am** (this was incorrect on the invite). Please register **as soon as possible**.



Oktoberfest: President Murray on behalf of Maureen Hutchens and Linda Legare advised that tickets to the Partners Oktoberfest on October 23rd 2015are still available. Contact Maureen if you are interested



Elections: Al Johnson identified the positions requiring filling: President-Elect (2017/18); Treasurer (2017/18); and 3 Directors. Nomination forms will be in the Bulletin as well as the position qualifications. Nominations close on October 29, 2015. If there are more nominees than positions there will be an election. It is tradition for the President Elect to nominate 3 Directors. Ken Farn has done so with Ben Steblecki seconding his nominations. His nominees for Director are: Stacey Johnson, Jack Haman and Steve Mason, as well as Larry Kennedy as Treasurer with Ben Steblecki seconding his nominations.

It is also tradition for the Past Presidents to nominate a President-Elect. They have nominated **Bill LeClair**.







RCCS: CLUB NEWS



CRCF: Sherry Austin reminded us that October is CRCF Month. The goal is to raise \$100,000. **Norm Legare** did his best "Vanna" imitation by holding up the thermometer to show how much we have raised towards that goal. Sherry answered a number of questions. Can you name CRCF as the beneficiary for your insurance policy? Yes. Can you name CRCF as the beneficiary for your stocks? Yes. You can donate year round, you can donate on behalf of a friend, spouse, family. You can be a "Benefactor" by contributing \$1,000 or donate towards that goal. There are no administrative fees and all of the money is securely managed. Sherry also detailed where this money goes. Support CRCF!

Cowboys Casino: Bill Sumner wanted to thank all the volunteers who helped at the casino and a special thanks to those who did the evening shift. Bill estimates our take will be between \$60-\$80,000 and this will be confirmed by the end of December. Good work and thanks to all!



Cleven Awards: **Don O'Dwyer** asked for help in securing nominees for The Annual Cleven Award and noted there are outstanding Rotarians that should be recognized. Nomination forms are available in hard copy on the table and have also been included with the bulletin. Nominations close next Thursday.

Polio End Walk: Friday October 23rd at 11:30 am: There will be a walk from Bankers Hall to City Hall in support of the "Polio End" program. Dana Hunter will be among the walkers

in support of her father who contracted polio at age 10. Join Dana and the others for this important issue. There are ponchos available to add visual impact.

50/50 Draw: **Jim Gorman** asked the guest speaker to pull the winning ticket worth \$175. A visiting Rotarian (Gary Bain from Calgary North) was the lucky winner!



Visitation Report: **Dave Marchant** reported that **Manfred Joust** is not out of intensive care and is currently undergoing 12 weeks of radiation after his surgery. Also, **Bev Ostermann** is in hospital after experiencing a mild heart attack.



We are all sending you both our good thoughts and prayers for a speedy recovery.





RCCS: CLUB NEWS



Sergeant at Arms/ Songs and Stunts: **Jim Fitzowich** was the game show host and recalled a line from the Monty Python show: "And now for something completely different" and it was!

First Jim introduced the musicians: Master Accordian Player **Jim Burns**, Piano Man, **Professor Glen Potter**, Drum Master Paul **Diemert** and our **President Murray** as a "mean" guitar player.

Our student Annie also helped on the piano. With this assembly of talent, Jim introduced the game" Name that Tune". We heard many tunes, some familiar such as "Roll Out the Barrel, Puff the Magic Dragon, Folsom Prison Blues and Pretty Woman and some less familiar, most notably the Finnish National Anthem. Jim successfully picked a number of pockets, including mine!



But the fun was not over-we had the "stunt" and now we got the "song" portion of the combined program. Dave Marchant took over the mike and with the help of some of his friends sang a rousing rendition of the Four Way Test song with the rest of the Club providing the chorus. Good entertainment and lots of laughs. Thanks Jim, the musicians and Dave for brightening our day (and lightening our pockets at the same time!)

President Murray adjourned the Meeting today reminding us to







CLASSIFICATION TALKS: LYDIA LYTWIN AND KATHY DEMOREST

Lydia Lytwyn



Lydia first thanked Rick Scott and Norm Legare for introducing her to this Club. On Jack Haman's advice to start her speech with a joke, she announced she was a lawyer which resulted in many chuckles. When told she had 3 minutes to do the speech she wasn't sure if it was a lawyer's billable time or the regular 3 minutes.

Lydia has been married for 30 years (her anniversary was this past Monday) and she has two children, ages 21 and 22. In her life being a mom and having a family is the most important thing.

Her job as a corporate/commercial lawyer involves business and preparing the paper work whenever money changes hands. It is not how much tax you pay that matters but rather how much money that you keep. She analyzes documents and determines when it is a business or legal decision. She has been a partner in a large law firm but is now practicing on

her own. She has a good group of clients who she has been involved with for a long time-first helping them with acquisitions and now with dispositions as they retire. She also does wills and estates.

Lydia also noted her volunteer work with Horizon Housing Society. She believes if just three problems could be solved, the world would be a better place. The three problems are: alcoholism, mental illness and tribalism.

Lydia concluded her classification speech by offering to notarize documents for free every $4^{\rm th}$ Thursday. What a deal!





Kathy has spoken to many groups before as part of her business but noted that she was intimidated by the Rotary crowd as the "cream of the crop professionals". She thanked the Club for accepting her into Rotary. She has been familiar with Rotary for some time as her son was selected for a Rotary Exchange a number of years ago and he has since caught the travelling bug!

She also knew Joanne and Greg Martin and through them met Al Johnson. All three have been her mentors.

She and her husband purchased the company "White Ice" in 1995 and expanded the business to include hockey supplies, as well as curling supplies. At the $10^{\rm th}$ anniversary their slogan became "we are more than just ice paint".

It was a busy time over the years, travelling to England, U.S., Russia, Thai-

land, Australia, etc.

She and her husband also enjoyed spending time with their three children.

Tragically in 2008, Kathy lost her husband suddenly in an industrial accident. Not only the loss of her husband but also she experienced the loss of the "business" knowledge of the company. She had been the marketer, leaving the business side to her husband. Through the help and support of Joanne, Greg and Al she has now conquered the business end .

Kathy concluded her classification speech by saying regardless of the economy "ice will go on" and in her 20^{th} years of operation proudly includes the four way test in their business practices.





NEW MEMBER PROPOSALS: JOHN LABUN AND BRENDA MCKINLEY



The following proposed new member has been approved by the Board of Directors.

If any Member objects to him joining our Club or to the assigned classification, an objection must be filed in writing and delivered to the Club Secretary by: **October 30th, 2015**

Name: John Labun Classification: Land Acquisition/Sales/Development

Proposed by: Craig Stokke

Seconded by: Gena Rotstein



The following proposed new member has been approved by the Board of Directors.

If any Member objects to her joining our Club or to the assigned classification, an objection must be filed in writing and delivered to the Club Secretary by: <u>October 30th, 2015</u>

Name: Brenda McKinley Classification: Digital Marketing / Media

Proposed by: Charlie Gouldsborough

Seconded by: Earl Huson





2015 RCCS: CALENDAR, HEALTH AND TRANSPORTATION

OCTOBER 2015

Oct 22 Erin Hutchinson: Aspen Family Homes

Oct 23 Partners Oktoberfest: 6:00 pm: Pinebrook Golf & Country Club

Oct 29 Patty Kilgallon: Children's Cottage

NOVEMBER 2015

Nov 5 Peggy Schroeder: Rotary In Panama

Nov 11 Rotary Remembers at the Carriage House at 10:00 am Sharp

Nov 11 Board Meeting (Club Directors)

Nov 12 NO MEETING DUE TO ROTARY REMEMBERS NOV 11

Nov 19 Cleven Awards Luncheon

Nov 26 Drop Inn Centre Workshop Plant Tour

DECEMBER 2015

Dec 3 Karen Olivier: Closer To Home Family Services

Dec 9 Board Meeting (Club Directors)

Dec 10 Christmas Luncheon: Canyon Meadows Golf & Country Club

Dec 17 Christmas Social

Dec 24 NO MEETING DUE TO CHRISTMAS

Dec 31 NO MEETING DUE TO NEW YEAR'S EVE

JANUARY 2016

Jan 7 Mid Year State of the Union Address
Jan 13 Board Meeting (Club Directors)

Jan 14 To be announced Jan 21 Robbie Burns Day Jan 28 To be announced

FEBRUARY 2016

Feb 4 Honorable Brian Jean: Leader of the Opposition

Feb 10 Board Meeting (Club Directors)

Feb 11 Valentine's Day Luncheon: Willow Park Golf & Country Club

Feb 18 To be announced Feb 25 To be announced





HEALTH AND WELLNESS: Contact Dave Marchant at: (403) 251-1674 / (403) 305-6295 or email him at: marchantd@telus.net If you know of anyone that is not well or is there anyone you know that could use a visit.



TRANSPORTATION: Contact Gui Salazar at: (403) 875 5146 (Cell) or (403) 281 9719 (Home) if you know of anyone that may need a ride to meetings





RCCS: ELECTION PROCEDURES



On October 8th, 2015 the nomination period will open for all positions to be elected this year. These positions are:

- Three (3) Directors for the 2016/2018 Term
- President-Elect Nominee, will become President-Elect on July 1, 2016 and will be President for 2017/2018 Term
- Treasurer for the 2016/2018 Term

The timeline for the election process is as follows:

- 1. October 1st, 2015: The Chair of the Nominating Committee will announce to the club that nominations will open on October 8th, and will outline the nomination process. The Chair (or his designate) will repeat this notification at each of the meetings up to and including October 22nd. That notification will also be published in the club Bulletin newsletter in those dates.
- 2. October 8th, 2015: Nominations will open for all positions to be elected.
 - The October 8th *Bulletin* newsletter will publish nomination forms. Kathyann will send an email to all Members in good standing containing names of all members eligible for election to position of Director, and a second list of Members in good standing who are eligible for election to position of President-Elect Nominee
 - Printed copies of nomination forms in standard format will be available from Ted Rowsell, Club Secretary at each of the meetings up to and including October 22nd
- 3. All completed Nomination Forms must be in the hands of Ted Rowsell, Club Secretary no later than **12:00 Noon on October 29th 2015.** Nominations MUST be received in standard format, stating:
 - Position being sought by Nominee
 - Name of Nominee, including a signed declaration by Nominee of willingness to serve if elected
 - Nominating signatures of two Members in Good Standing of the club who are eligible to vote.
- 4. Nominations will close at 12:00 Noon on October 29th, 2015. If a sufficient, or fewer, number of candidates are nominated by the deadline for nominations, then the slate of candidates will be declared elected by acclamation, and Nominating Committee will be directed to appoint sufficient Directors to meet requirements.
- 5. If more candidates are nominated than positions to be filled, an election will ensue in order to collect secret ballots from all Members in good standing. The process will be as follows:
 - On November 5th, 2015 a brief profile of each eligible candidate will be published in the club *Bulletin*. It is the responsibility of each candidate to prepare an abbreviated profile in standard format, and to submit that profile to Past President Al Johnson 2015 Chair: Nomination Committee. This must be done before the November 5th regular meeting of the Club, in order that they can be published in the November 5th *Bulletin*.
 - On November 9th, 2015 ballots, showing names of all nominees, will be sent to all Members in good standing of the club. Ballots will include name of the candidate, position they are seeking, name of person who nominated them, and name of the person who seconded that nomination.
 - All ballots must be received by Ted Rowsell, Club Secretary no later than 12:00 Noon on November 19th, 2015 in order to be counted.
 - Nominating Committee, as set out by Club bylaws, will be a committee made up of Past Presidents of our club.
 - This committee will meet on **October 6th**, **2015** to identify a candidate for the position of President-Elect Nominee and, upon the consent of that candidate, his/her name will be made known to members of the Club by myself, 2015 Chair: Nominations Committee. His/her name will also be included on ballot as a nominee for that position. All Members in good standing of the club will be encouraged to submit nominations for the position of President-Elect Nominee, in addition to the name put forward by the Past Presidents.

Any questions regarding this election process should be directed to myself, Allan Johnson





RCCS: ELECTION PROCEDURES



President-Elect Nominee

- Must be a member of our club for at least five (5) years
- Must have served on the Board of Directors for at least one (1) year
- Must not have previously held the office of President of our club
- Is a member is good standing of our club, having maintained 70% attendance in the two years prior to nomination
- Has demonstrated a strong commitment to all club expectations for involvement in club activities, such as committee work and fund-raising activities and, in particular, completion of Dream Home shifts as expected by the club

Director

- Must have been a member in good standing of our club for at least three (3) years
- Must not have served in any position on the Board of Directors for the preceding three-year (3 years) period
- Must have demonstrated a strong commitment to the objects of Rotary throughout their tenure in the club.
- Is a member in good standing of the club, having maintained a 70% attendance in the previous two (2) years prior to nomination
- Has demonstrated a strong commitment to all club expectations for involvement in club activities, such as committee work and fund-raising activities and, in particular, completion of Dream Home shifts as expected by the club

Treasurer

- Must have been a member of our Club for at least three (3) years
- Has demonstrated a strong commitment to the Rotary Club of Calgary South to the objects of Rotary throughout their tenure in the club





SOCIAL POP UP EVENT: KILDARE'S ALE HOUSE: OCTOBER 19TH

The 2015-2016 Social Committee has been hard at work on an exciting, fun social program that will see some new and we hope improved social happenings in our club this Rotary year. Our Theme in all our planning this year is "MORE FUN, LESS COST"

In the next few weeks you will receive detailed briefings about upcoming social events and also some new undertakings that will add more fun and fellowship to our year. There will be something for everyone, so stay tuned!

One of our exciting new additions will be "Pop-Up Social Events". These are short-notice, casual and largely unplanned events that simply provide an opportunity for those who are interested in getting together for fun. We may get 10 Rotarians out, or 40. The numbers don't matter - the fun and fellowship does. And what do you know - we have our first opportunity!

As you may be aware that an Eastern Canadian baseball team has been doing rather well lately

(Ok....it's Toronto Blue Jays). Having just disposed of the Texas Rangers in the first playoff round, the Jays are now up against the Kansas City Royals. The third game is Monday evening. We are getting together (after we vote) at:

Kildare's Ale House



#1201 - 19269 Sheriff King Street SW (This is in the Silverado Subdivision, East of Spruce Meadows)

Monday, October 19th at 5:30 pm

Kildare's has kindly reserved tables for 20 people in a prime viewing location for the "Big Screen" and we can have and ale or two, some really great pub food, and watch the game. It is a first come, first served basis for tables. If you are able and willing to attend, please notify **Keith Davis via email at daviscomm@shaw.ca**

ASAP. We can then give the Ale House an accurate count. Needless to say, this is a VERY casual event.

I hope to see you there!

Toby

Chair, 2015-2016 Social Committee





RCCS: ANNOUNCEMENTS



FEED THE HUNGRY

Sunday Dec 6 we will prepare and serve the evening meal for Feed the Hungry Please contact Harry at: (403) 244 9140 (Home), (403) 585-2625 Cell or you can email Harry at: harrypelton@gmail.com

Small Grants Committee Question



We are looking for some new applicants to engage with the Small Grants Committee. Are any of our members aware of a worthy organization that could possibly use some assistance from us?

Contact Bill LeClair at: leclair@calgarylaw.com and he will walk you through the process.

Recruiting Youth Exchange Students For 2016-2017

Rotary Club of Calgary South is currently recruiting students for both the Long term (full year) and the Short term exchange program.

Children and relatives of Rotarians <u>are</u> eligible to apply. Students must be between the ages of 15 and 17.5 at the time of departure.

For more information go to: www.yex5360.org and download the "Preliminary Application" under either Long Term Exchange or Short Term exchange.

Deadline for Long Term applications is October 30th, 2015

Deadline for Short Term applications is January 31, 2016

For more information or submit your application please contact:

Kevin Hayes

kevin@kevinhayes.ca Phone: 403-771-5229

Or

Ron Prokosch <u>rprokosch@prokoschgroup.com</u> 403-651-1722





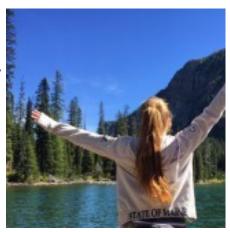


ANNI'S ADVENTURES



Hi everyone!

I think the theme of my week has pretty much been my hobbies. I was in a piano concert in Red Deer United



Church on Friday with Glenn, his wife Orma and Ron and I also saw many other familiar and new faces!

The piano players were really good!

And about my most favourite hobby, ringette... We won our first official game!! And I did a goal too. That was a good day except that one of the players from the other team got hurt pretty badly I guess, but hopefully she is okay and at least

better now. On Saturday I had my first bottle drive! It was actually kind of fun, maybe I would not to do that for the whole day but still. And about the other things what has happened on this week, I sent couple postcards to Finland and what else.... I hanged out with my couple really good exchange student friends. I had pretty easy going week so...Looking forward the Octoberfest and Screamfest on next weekend!

Have a great day people!

-Annina







PARTNERS IN PRINT



Pinebrook Golf & Country Club 166 Pinebrook Way SW

Dinner followed by dancing to DJ "Hurricane Hollywood"

Make cheques payable to "Calgary South Rotary Partners" and mail to: Donna Kennedy 37 Mahogany Manor SE T3M 0Y3

HIKERS: Today was our final scheduled hike for this season. We walked in the Cross Conservation area, and chatted over lunch at INFU-SION. Watch for us again next Spring, and consider joining us. Happy trails, Constance Jackson





ROTARY REMEMBERS AND CONTACT INFO

Rotary Remembers Agenda

Please remember ...

An invitation has been sent to you through Club Runner. Please click Attend or Decline to confirm your attendance to assist the organizers of Rotary Remembers

Date: Wednesday, Nov 11, 2015 **Place:** Carriage House Hotel

Time: 10:00am Sharp

Welcome: Lt. (Ret) Roger Frayne: Centennial

O' Canada: Ruth Wylie on Piano: Chinook

Blessing: Vic Cable

Meaning of Remembrance Day
DG Martin Harvey: Heritage Park

In Flanders Fields: Capt. (Ret) Stephen Cobb: South

Last Post: (Bugler) Gene Edworthy: Calgary

Two Minutes of Silence

Reveille: (Bugler): Gene Edworthy: Calgary

They shall not grow old:

Capt. (Ret) Stephen Cobb: South

Rotary Honour Roll presentation

Introduction of Speaker: L.Col (Ret) James Hennessy

Guest Speaker:

Major Chris Hunt, Kings Own Calgary Regiment

Thank the speaker: Jeff Dworkin - Centennial

God Save the Queen: Ruth Wylie on Pi-

ano

12:15: Adjournment - Lunch Served

Contact Us

Administrator: Kathyann Reginato Rotary Club of Calgary South L103C, 9705 Horton Road SW Calgary AB T2V 2X5 (403) 244-9788

kathyann@rotarycs.org

Visit us at: <u>www.rotarycs.org</u>

2015-2016 Club Officers

President: Murray Flegel
President-Elect: Ken Farn
Past President: Allan Johnson

Secretary: Ted Rowsell **Treasurer**: Larry Kennedy

Partners President: Maureen Watson

2015-2016 Directors

Club Membership & Foundations

Luanne Whitmarsh

Email: <u>luannew@kerbycentre.com</u>

Club Service: Operations

Glenn Potter

Email: agpotter@telusplanet.net Club Service: Ways & Means

Bryan Walton

Email: bwalton@cattlefeeders.ca

Community Service
Gail McDougall

Email: gailmcdougall@comcast.net

Community Service (Ways & Means)

Charlie Gouldsborough

Email: charlie@albertasleepcentre.com

International Foundation & Vocational Service

Neill Magee

Email: nmagee@arrow.ca

Youth Service Craig Stokke

Email: craig@sellerdirect.com