



SHIRLEY PURVES: ASPEN FAMILY HOMES

**Luke DaSilva, Shirley Purves
and President Murray**



INSIDE THIS BULLETIN

1. SHIRLEY PURVES: ASPEN FAMILY HOMES
2. SHIRLEY PURVES: ASPEN FAMILY HOMES
3. RCCS: CLUB NEWS
4. RCCS: CLUB NEWS
5. CLASSIFICATION TALK: AMY GIANG
6. NEW MEMBER PROPOSALS
7. CALENDAR & TRANSPORTATION
8. POP UP EVENT: ILLUMINASIA
9. HEALTH OF THE CLUB/RCCS: ANNOUNCEMENTS
10. RCCS: ANNOUNCEMENTS
11. ELECTION PROCEDURES
12. ELECTION CLUB NOMINATION REQUIREMENTS
13. ROTARY REMEMBERS & CONTACT INFO

**Bulletin Chair: Bev Ostermann
Editor: Corinne Wilkinson
Photographer: Clive Pringle**

Luke DaSilva introduced our guest speaker, Shirley Purves. Shirley is the CEO of Aspen Family Services which is a valuable community asset that builds strategic community partnerships. Shirley guides leadership in collaboration process to ensure Aspen continues to make positive social impact. With more than 40 years experience in the service field, Shirley managed programs in a variety of services. She joined in 1997 when the organization was going thru significant upheaval. Today it is well-organized, non-profit and highly reputable, with 130 staff, budget of over \$12M. They are aligned to Calgary's 10-year plan to end homelessness. Active volunteer in community, background in nursing.

Shirley opened with how impressed she was with how much we care and how much we contribute without ever seeing people at the other end of our contributions.

Aspen is a community driven social service agency: meaning they have been helping Calgarians since 1984. 130 compassionate staff, partners with funders, government sponsors, donors, Rotarians, communities.

They offer over 20 programs across Calgary. Staff ensure appropriate service ensuring no gaps. Work with youth, families and community development. Use Sustainable Livelihoods Frameworks. Staff know it's important to develop assets for every area in their lives.

They have developed innovative partnerships with organizations such as Horizon Housing, Distress Centre, community, and corporations such as Enmax and Enbridge. They are currently doing a study around energy poverty. Those living in poverty pay 70 - 80% of their income to cover the utilities of the home they live in, leaving 20% of disposable income to feed and clothe their families.

Client quote: "Aspen gave me the confidence to get the help I needed."



SHIRLEY PURVES: ASPEN FAMILY HOMES

1 in 10 Calgarians live in poverty and some with children. 1 in 5 Calgarians are concerned with having enough money for food. 35,000 Calgary families face difficulty affording adequate housing. Every Calgarian deserves to enjoy a vibrant inclusive community.

Impact of Aspen: more than 22,000 interactions per year connecting with community. 3,050 individual families have received clinical services. They have a presence in 236 Calgary communities and 90% success rate in vulnerable Calgarians achieving more sustainable lives. Largest case management program comes out of homelessness. Aspen is able to move a family on average in 239 days from homelessness to a home.

Aspen's Goals: From vulnerability to stability. From poverty to economic and social resilience. People to neighbourhood and community engagement.

Ultimate change: Sustainable futures and well-being. Continually there to help them keep moving even though there may be small set backs.

Aspen's 2015 18 Strategy

Increase communication and impact reporting

Build program and community awareness

Sustainability and growth opportunities

Operational effectiveness

High performance leadership team

Aspen Can't Do it Alone

Areas to invest in over foreseeable future include: marketing so people know Aspen's impact, inspiring youth, making a home a home, research and partnerships, community, and sustainability.

She thanked Rotary for our continued investment, our support in past years, and for building vibrant and inclusive communities.

Jim Fitzowich thanked Shirley and said he was glad to hear of the good work Aspen is doing and wished them well in future endeavours.

www.aspenfamily.org





RCCS: CLUB NEWS

President Murray opened the meeting with his usual Day in History:

- ⇒ **1945 Calgary Stampeders play first game against Roughriders win 12-0**
- ⇒ **1966 Bobby Orr scores first career goal vs the Canadiens**
- ⇒ **National Nut Day**

President Murray then asked us to join **Lisa Fernandes** and himself in the singing of O' Canada and Rotary Grace

Guests: **Jack Haman** shared a joke before introducing our guests. God and Adam were having a conversation. God told Adam go in the valley, Adam asked what a valley was. God said to go over the hill, into the valley and find a cave. Adam asked what a cave was. God explained it to him. God said to go in to the cave and there he would find a woman. Adam asked what a woman was. God explained, and then asked him to go forth and procreate. Adam asked what that was and how to do it. An exasperated God finally told Adam all he needed to know, now go do it. Adam went into the valley, into the cave, met the woman, and came back and asked God and asked one more question: "God, what is a headache?" **Guests:** Brenda McKinley guest of Charlie Goldsborough, Sean Chu (Guest of Tommy Low), Jeremy McNeill (Guest of Jim McNeill), Ted Stack (guest of Gordon Weicker), John Labun (Guest of Craig Stokke), Cam Prefontaine (Guest of Doug Howard), Our Guest Speaker Shirley Purvis, Brad Ellingwood (Guest of Kevin McLeod) and our Exchange Student, Anni Arvo.



Anni's Fundraiser: **Paul Brick** on behalf of Anni advised us that Anni is an avid and competitive ringette player. They have team fundraisers and last week was a bottle collection. A new fundraiser is called Ultimatesportsfundraiser.com where you pick the losers instead of the winners. Cost is \$20. Last person out wins \$800, second last wins \$200. Anni will pass around a list to club members to buy-in and to support her team. For those who may not know, ringette is like hockey except without the testosterone and players use a ring and a stick without the blade, instead of a puck.



Elections: **Allan Johnson** advised us that this is the last week of our election to elect 3 directors to the board. President elect becomes President in July 2016. There is a Treasurer position available for 2017 18. Nominations close at 12 noon on Thursday, Oct 29, 2015. At that time the decision will be made if slate is elected or if an election is required. President Ken nominated three directors and a treasurer. He nominated Larry Kennedy for Treasurer, Stacey Johnson, Jack Haman and Steve Mason as the three directors. Past presidents have nominated Bill LeClair to be President in 2017 18.



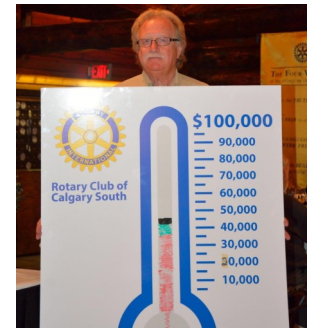
Rotary Remembers: President Murray reminded the Club that Remembrance Day celebrations will be at the Carriage House with an early start of **10:00 am**. Register **as soon as possible**. Our November 12th meeting is cancelled due to this event



RCCS: CLUB NEWS



CRCF: Sherry Austin: Rotary is continuing to collect contributions for CRCF. Norm (aka Vanna) showed rising thermometer of where we are at – approximately \$46,000. Yes, you can give through Christmas and into the holidays and 2016. Sherry expressed thanks for giving to those we have never met, and for families who can't make it on their own. On behalf of President Murray and CRCF Sherry said thank you for caring for those who can't care for themselves right now.

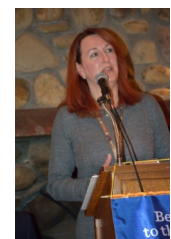


Social Committee: Toby Oswald-Felker The committee is beaming with enthusiasm and the goal is to create a year that you won't forget from a social perspective. She brings the enthusiasm of the people on the Social Committee who have begged her for monthly meetings. Toby asked the Social Committee to stand – so anyone with ideas could approach any committee member. Our mantra this year is more fun, less cost. Costs will be kept steady. First one is Christmas luncheon, Dec 10, Canyon Meadows Golf course, \$50 per person, lots of entertainment, but only room for 180 so tickets must be purchased early. To further encourage early ticket sales, the Social Committee has an early bird prize – a turkey dinner for 6 people! Tickets go on sale Nov 5 with the draw on Nov 26. New this year, pop up social events. A pop up is an event that does not have a lot of planning, does not have a lot of cost,

and simply lets you know something is happening. Whether its 6 or 60 people who come, all are welcome and there is no "marker of success" judged by attendance. The first one was Oct 19 for the Blue Jays game. The second one is IlluminAsia – the Chinese lantern festival at the Calgary Zoo, for Oct 29. Cost is \$25 for adults, \$20 for children. Corinne has arranged a separate private room where Rotarians can gather for a glass of wine (cash bar) before heading out to see the lanterns. Please email Corinne@whitehathospitality.com to order your tickets by next Thursday. She will pre-buy tickets and distribute at Rotary on Oct 29, as well as collect payment. Watch for many more fun pop-ups to happen throughout the year – all in the name of friendship and fellowship.

New Happenings: Pres. Murray advised us that **Don Mintz** has worked diligently on a country music concert in Calgary. Country Thunder will now have a jamboree in Calgary every year in August – 3 days in Calgary. What does it mean for our club? We will raise \$30 - \$50k for club service, and will also have \$50,000 - \$150,000 raised through a 50/50 draw that goes back into the community. New member auction is being redesigned, and this offers the NMA Committee the opportunity to continue planning an event without the pressures of raising operating dollars for the club.

50/50 Draw: Jim Gorman announced the 50/50 Winner. Larry Koper at \$150.00 (Lucky Larry strikes again).



Sergeant At Arms: Dana Hunter: Dana noticed that the table at the back was seen to be hosting all the guests – all asked to contribute a couple dollars each for that honour. Why is tomorrow important for Rotary? Mel Gray said because it was his first day coming back. Answer: Polio Day. Ben: who are Rotary partners with eradication of polio? Bill Gates and his wife. For that answer Ben's table was asked to pay \$2 each. Bob Brawn: when is the event taking place tomorrow? Bob contributed \$5 for not knowing – The Walk to end Polio is tomorrow morning walking down Stephen Avenue to City Hall.



President Murray ended the meeting reminding everyone to "Be A Gift To The World"





CLASSIFICATION TALK: AMY GIANG

Classification Talk: Amy Giang: Amy thanked President Murray for introducing her to Rotary Calgary South. Amy expressed that it is an honour to be amongst Calgary's most brilliant, generous and kind people. Her opening joke had Bill Gates hanging out with the Chair of General Motors. Bill expressed that if the car industry was run by the IT industry, the Chair of GM would have been driving at V32 instead of a V8, would be half the size and weight of today's cars, would be much more efficient and use no gas, and would cost about \$50. To which the Chair of GM replied "yes, if I wanted to drive a vehicle that crashes 4 times a day, that would have been fine."

After owning a mechanic shop for five years, in 2008 Amy founded the Lube Town Express chain. She expressed that most thought she had five children – 2 kids of her own and 3 stores. She was 8 months pregnant when she opened her first store in Okotoks. While some thought that was crazy, she believes passion loves hard work.



She didn't want it to become a franchise so she combined her IT and military backgrounds, and created a store with first-class customer service.

Lube Town gives back to the community with its 5 + 5 event. Customers get \$5 off their oil change, plus Lube Town gives \$5 to a community initiative such as the one to support soccer clothing.

In 2012, the business was nominated by Okotoks Chamber for Business of the Year, and also won a service excellence award. This year they were the recipients of another award. No appointments are needed. Their house oil is the best oil – President Murray's Canadian made Boss Oil. Services are warranty approved and every change includes a 21-point inspection. Average time for an oil change is 12 minutes. Their key to speed is efficiency because they are prepared and have 2 – 4 people working on car at one time.

Accuracy is also important with each vehicle triple checked. Every store has over \$100,000 in inventory covering every oil, filter, make and model.

They offer fleet management services – saving businesses thousands of dollars by customizing to your needs. For Rotary members, Amy is offering special rates for fleets.

Amy joined Calgary South Rotary for two reasons:

1. to be inspired
2. and to help others.

She is thankful to have found both.



NEW MEMBER PROPOSALS: JOHN LABUN, BRENDA MCKINLEY AND TED STACK

The following proposed new member has been approved by the Board of Directors.

If any Member objects to him joining our Club or to the assigned classification, an objection must be filed in writing and delivered to the Club Secretary by: **October 30th, 2015**

Name: **John Labun** Classification: **Land Acquisition/Sales/Development**

Proposed by: **Craig Stokke**

Seconded by: **Gena Rotstein**



The following proposed new member has been approved by the Board of Directors.

If any Member objects to her joining our Club or to the assigned classification, an objection must be filed in writing and delivered to the Club Secretary by: **October 30th, 2015**

Name: **Brenda McKinley** Classification: **Digital Marketing / Media**

Proposed by: **Charlie Gouldsbrough**

Seconded by: **Earl Huson**



The following proposed new member has been approved by the Board of Directors.

If any Member objects to her joining our Club or to the assigned classification, an objection must be filed in writing and delivered to the Club Secretary by: **November 5th, 2015**

Name: **Ted Stack** Classification: **Land Development / Residential**

Proposed by: **Gord Weicker**

Seconded by:





2015 RCCS: CALENDAR, HEALTH AND TRANSPORTATION

OCTOBER 2015

Oct 29 Patty Kilgallon: Children's Cottage

NOVEMBER 2015

Nov 5 Peggy Schroeder: Rotary In Panama

Nov 11 Rotary Remembers at the Carriage House at 10:00 am Sharp

Nov 11 Board Meeting (Club Directors)

Nov 12 NO MEETING DUE TO ROTARY REMEMBERS NOV 1

Nov 19 Cleven Awards Luncheon

Nov 26 Drop Inn Centre Workshop Plant Tour



DECEMBER 2015

Dec 3 Karen Olivier: Closer To Home Family Services

Dec 9 Board Meeting (Club Directors)

Dec 10 Christmas Luncheon: Canyon Meadows Golf & Country Club

Dec 17 Christmas Social

Dec 24 NO MEETING DUE TO CHRISTMAS

Dec 31 NO MEETING DUE TO NEW YEAR'S EVE



JANUARY 2016

Jan 7 Mid Year State of the Union Address

Jan 13 Board Meeting (Club Directors)

Jan 14 To be announced

Jan 21 Robbie Burns Day

Jan 28 To be announced

FEBRUARY 2016

Feb 4 Honorable Brian Jean: Leader of the Opposition

Feb 10 Board Meeting (Club Directors)

Feb 11 Valentine's Day Luncheon: Willow Park Golf & Country Club

Feb 18 To be announced

Feb 25 To be announced



TRANSPORTATION: Contact Gui Salazar at: (403) 875 5146 (Cell) or (403) 281 9719 (Home) if you know of anyone that may need a ride to meetings



RCCS: ANNOUNCEMENTS

ROTARY POP UP SOCIAL EVENT

ROTARIANS, PARTNERS, FRIENDS
AND FAMILY,

Here we go again, a Pop Up Event
you won't want to miss.

ILLUMINASIA

LANTERN & GARDEN FESTIVAL PRESENTED BY THE CALGARY ZOO



An Experience Unlike any other. 366 Authentic hand crafted Chinese lanterns light up the zoo and set the stage for an experience like no other in Calgary. The festival lanterns highlight some of the zoo's animals as well as showcasing culturally symbolic animals such as the crane and iconic Chinese symbols like the Phoenix. You will also experience Chinese, Japanese and Indian entertainment and programs that spotlight food, garden art and culture

To get a sense of and learn more about the event go to:

<http://www.calgaryzoo.com/keep-it-wild/illuminasia-festival-guide>

Date: Thursday, October 29

Time: 7-10 p.m.

Venue: Calgary Zoo

Tickets:

Adults \$25

Children \$18

Email Corinne for tickets : Corinne Wilkinson
corinne@whitehathospitality.com

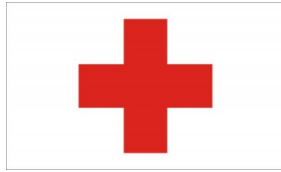
They will be available for pick up and payment, October 29th at Club

We will all meet at Kitamba Café (Special room with cash bar for our guests) at 7 p.m.





CLUB HEALTH ANNOUNCEMENTS



OCTOBER, 2015

Several of our members are dealing with some health issues and are currently on the mend.

BEV OSTERMANN - Eight years ago, Bev had a stent installed and it has held him in good stead and still working just fine. Recently, Bev endured some conditions that made him feel less than normal. Upon diagnosis he was found to have a 90% blockage in another area which called for by-pass surgery. He is now recovering at home after a successful procedure.

DOROTHEA SCHAAB - Two weeks ago was taken to the South Campus Hospital after feeling not quite right. She was diagnosed with Arterial Fibrillation and subsequently was treated and brought under control. She is currently resting at home and should be back at full strength before long.

MANFRED JOST - Manfred is still in the Foothills hospital recovering from an operation to remove a lump from his neck. He is hoping to return home once the site has healed and he regains strength and mobility.

Submitted by Dave Marchant

HEALTH AND WELLNESS: Contact Dave Marchant at: (403) 251-1674 / (403) 305-6295 or email him at: marchantd@telus.net If you know of anyone that is not well or is there anyone you know that could use a visit.



RCCS: ANNOUNCEMENTS



FEED THE HUNGRY

Sunday Dec 6 we will prepare and serve the evening meal for Feed the Hungry
Please contact Harry at: (403) 244 9140 (Home), (403) 585-2625 Cell or you can email Harry at:
harrypelton@gmail.com

Small Grants Committee Question

We are looking for some new applicants to engage with the Small Grants Committee.
The LAST day for submissions is: **November 15 2015**.

Are any of our members aware of a worthy organization that could possibly use some assistance from us?



Contact Bill LeClair at: leclair@calgarylaw.com and he will walk you through the process.

Recruiting Youth Exchange Students For 2016-2017

Rotary Club of Calgary South is currently recruiting students for both the Long term (full year) and the Short term exchange program.

Children and relatives of Rotarians are eligible to apply. Students must be between the ages of 15 and 17.5 at the time of departure.

For more information go to: www.yex5360.org and download the "Preliminary Application" under either Long Term Exchange or Short Term exchange.

Deadline for Long Term applications is October 30th, 2015

Deadline for Short Term applications is
January 31, 2016

For more information or submit your application please contact:

Kevin Hayes
kevin@kevinhayes.ca
Phone: 403-771-5229

Or

Ron Prokosch
rprokosch@prokoschgroup.com
403-651-1722





RCCS: ELECTION PROCEDURES

2015 ELECTION PROCESS

On October 8th, 2015 the nomination period will open for all positions to be elected this year. These positions are:

- Three (3) Directors for the 2016/2018 Term
- President-Elect Nominee, will become President-Elect on July 1, 2016 and will be President for 2017/2018 Term
- Treasurer for the 2016/2018 Term

The timeline for the election process is as follows:

1. **October 1st, 2015:** The Chair of the Nominating Committee will announce to the club that nominations will open on October 8th, and will outline the nomination process. The Chair (or his designate) will repeat this notification at each of the meetings up to and including October 22nd. That notification will also be published in the club Bulletin newsletter in those dates.
2. **October 8th, 2015:** Nominations will open for all positions to be elected.
The October 8th *Bulletin* newsletter will publish nomination forms. Kathyann will send an email to all Members in good standing containing names of all members eligible for election to position of Director, and a second list of Members in good standing who are eligible for election to position of President-Elect Nominee.
Printed copies of nomination forms in standard format will be available from Ted Rowsell, Club Secretary at each of the meetings up to and including October 22nd.
3. All completed Nomination Forms must be in the hands of Ted Rowsell, Club Secretary no later than **12:00 Noon on October 29th 2015**. Nominations MUST be received in standard format, stating:
 - Position being sought by Nominee
 - Name of Nominee, including a signed declaration by Nominee of willingness to serve if elected
 - Nominating signatures of two Members in Good Standing of the club who are eligible to vote.
4. ***Nominations will close at 12:00 Noon on October 29th, 2015. If a sufficient, or fewer, number of candidates are nominated by the deadline for nominations, then the slate of candidates will be declared elected by acclamation, and Nominating Committee will be directed to appoint sufficient Directors to meet requirements.***
5. If more candidates are nominated than positions to be filled, an election will ensue in order to collect secret ballots from all Members in good standing. The process will be as follows:
 - **On November 5th, 2015** a brief profile of each eligible candidate will be published in the club *Bulletin*. It is the responsibility of each candidate to prepare an abbreviated profile in standard format, and to submit that profile to Past President Al Johnson 2015 Chair: Nomination Committee. This must be done before the November 5th regular meeting of the Club, in order that they can be published in the November 5th *Bulletin*.
 - **On November 9th, 2015** ballots, showing names of all nominees, will be sent to all Members in good standing of the club. Ballots will include name of the candidate, position they are seeking, name of person who nominated them, and name of the person who seconded that nomination.
 - **All ballots must be received by Ted Rowsell, Club Secretary no later than 12:00 Noon on November 19th, 2015 in order to be counted.**
 - Nominating Committee, as set out by Club bylaws, will be a committee made up of Past Presidents of our club.
This committee will meet on **October 6th, 2015** to identify a candidate for the position of President-Elect Nominee and, upon the consent of that candidate, his/her name will be made known to members of the Club by myself, 2015 Chair: Nominations Committee. His/her name will also be included on ballot as a nominee for that position. All Members in good standing of the club will be encouraged to submit nominations for the position of President-Elect Nominee, in addition to the name put forward by the Past Presidents.

Any questions regarding this election process should be directed to myself, Allan Johnson

Allan Johnson, Past-President and Chair: 2015 Nominating Committee



RCCS: ELECTION PROCEDURES



2015 MINIMUM QUALIFICATIONS FOR NOMINATION

President-Elect Nominee

- Must be a member of our club for at least five (5) years
- Must have served on the Board of Directors for at least one (1) year
- Must not have previously held the office of President of our club
- Is a member in good standing of our club, having maintained 70% attendance in the two years prior to nomination
- Has demonstrated a strong commitment to all club expectations for involvement in club activities, such as committee work and fund-raising activities and, in particular, completion of Dream Home shifts as expected by the club

Director

- Must have been a member in good standing of our club for at least three (3) years
- Must not have served in any position on the Board of Directors for the preceding three-year (3 years) period
- Must have demonstrated a strong commitment to the objects of Rotary throughout their tenure in the club.
- Is a member in good standing of the club, having maintained a 70% attendance in the previous two (2) years prior to nomination
- Has demonstrated a strong commitment to all club expectations for involvement in club activities, such as committee work and fund-raising activities and, in particular, completion of Dream Home shifts as expected by the club

Treasurer

- Must have been a member of our Club for at least three (3) years
- Has demonstrated a strong commitment to the Rotary Club of Calgary South to the objects of Rotary throughout their tenure in the club



ROTARY REMEMBERS AND CONTACT INFO

Rotary Remembers Agenda

Please remember ...

An invitation has been sent to you through Club Runner. Please click **Attend or Decline** to confirm your attendance to assist the organizers of Rotary Remembers



Date: Wednesday, Nov 11, 2015

Place: Carriage House Hotel

Time: 10:00am Sharp

Welcome: Lt. (Ret) Roger Frayne: Centennial

O' Canada: Ruth Wylie on Piano: Chinook

Blessing: Vic Cable

Meaning of Remembrance Day

DG Martin Harvey: Heritage Park

In Flanders Fields: Capt. (Ret) Stephen Cobb: South

Last Post: (Bugler) Gene Edworthy: Calgary

Two Minutes of Silence

Reveille: (Bugler): Gene Edworthy: Calgary

They shall not grow old:

Capt. (Ret) Stephen Cobb: South

Rotary Honour Roll presentation

Introduction of Speaker: L.Col (Ret) James Hennessy

Guest Speaker:

Major Chris Hunt, Kings Own Calgary Regiment

Thank the speaker: Jeff Dworkin - Centennial

God Save the Queen: Ruth Wylie on Piano

12:15: Adjournment - Lunch Served



Contact Us

Administrator: Kathyann Reginato
Rotary Club of Calgary South
L103C, 9705 Horton Road SW
Calgary AB T2V 2X5
(403) 244-9788

kathyann@rotarycs.org

Visit us at: www.rotarycs.org

2015-2016 Club Officers

President: Murray Flegel

President-Elect: Ken Farn

Past President: Allan Johnson

Secretary: Ted Rowsell

Treasurer: Larry Kennedy

Partners President: Maureen Watson

2015-2016 Directors

Club Membership & Foundations

Luanne Whitmarsh

Email: luannew@kerbycentre.com

Club Service: Operations

Glenn Potter

Email: agpotter@telusplanet.net

Club Service: Ways & Means

Bryan Walton

Email: bwalton@cattlefeeders.ca

Community Service

Gail McDougall

Email: gailmcdougall@comcast.net

Community Service (Ways & Means)

Charlie Gouldsborough

Email: charlie@albertasleepcentre.com

International Foundation & Vocational Service

Neill Magee

Email: nmagee@arrow.ca

Youth Service

Craig Stokke

Email: craig@sellerdirect.com