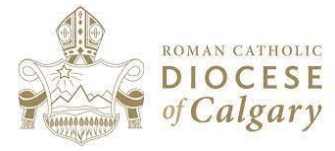




Frequently Asked Questions



What is Feed The Hungry?

Feed The Hungry is a weekly Sunday lunch feeding program that serves a full course meal to homeless and underprivileged individuals and families within our community. Approximately 350 - 500 people enjoy the dine-in and take-out meals each week at Feed The Hungry.

How many volunteers usually serve every Sunday?

Usually, some 72 volunteers are needed to run a Sunday meal.

Where is the lunch served?

The feeding program is held at St. Mary's Hall (221-18th Ave., SW, Calgary) next to the Cathedral. It is one block west of St. Mary's High School or just east of St. Monica's Elementary School.

Who can volunteer?

Everyone can! It is recommended that those under age 12 work together with an adult during the shifts.

What time do volunteers need to be there?

Volunteers assisting in the morning shift (set-up) come at 10:30 am - 12:30 pm while those directly involved in the meal service come at 12:15 - 4:00 pm.

Is there parking for volunteers?

There is parking behind the hall, in the church parking or in the St. Monica School parking lot right next to the hall. Volunteers are asked to leave valuables at home or to lock them in the trunk of their car.

How do volunteers access the Hall?

Volunteers are asked to enter the hall from the east side entrance through the small glass vestibule.

What are some basic expectations from volunteers?

Volunteers are asked to dress comfortably but conservatively. In order to comply with health & safety practices, closed-toed shoes are required. Aprons and serving gloves are provided. Coats can be hung on designated coat racks. Valuables are best left at home or locked in the car. Volunteers are not allowed to eat or drink whatever is served as part of the meal. However, they may bring their own water bottle or snacks but should not consume them in front of the guests.

What should volunteers do upon arrival?

Once allowed to enter the hall, volunteers are asked to sign-in, make their name tags, and then report to the Assistant Coordinator. Area Leads will do the briefing of volunteers assigned in their areas.

Who do I call if I can't make my shift?

Please contact the coordinator or your sponsorship team prior to the event or call St. Mary's Hall on Sunday at (403) 218 5532.



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Volunteer Job Descriptions

Task/Description	Minimum Age	Time Commitment
Set Up Service <ul style="list-style-type: none"> Set up tables & chairs (requires lifting) Set tables (cutlery, serviettes, and condiments) Preparing hospitality bags for distribution 	Under 12yrs with parental supervision	10:30 am - 12:30 pm
Main Entrée Service <ul style="list-style-type: none"> Assist with plating catered main course 	In Kitchen: 16yrs +	12:15 pm – 4:00 pm
Dessert Service <ul style="list-style-type: none"> Cut, plate & tray desserts Serve dessert to guests 	12yrs +	12:15 pm – 4:00 pm
Table Service <ul style="list-style-type: none"> Serve salad and main entrée to guests Assist with clean-up of tables and chairs after meal 	12yrs +	12:15 pm – 4:00 pm
Beverage Service <ul style="list-style-type: none"> Serve beverages to guests 	12yrs +	12:15 pm – 4:00 pm
Replenish Service <ul style="list-style-type: none"> Preparing & dishing salad Assembling kit cups (cutlery, napkin, stir stick, sugar) 	12yrs +	12:15 pm – 4:00 pm
Main Door <ul style="list-style-type: none"> Welcome & seat guests at their table 	16yrs +	12:15 pm – 4:00 pm
Family Door <ul style="list-style-type: none"> Greet families and seat them at their table Distribute hospitality packages to guests as they leave 	16yrs +	12:15 pm – 4:00 pm
Recycling Service <ul style="list-style-type: none"> Maintaining cleanliness in hall, recycling during the dinner Some lifting required 	12yrs +	12:30 pm – 4:00 pm



Sponsorship Program Information

Thank you for your interest in sponsorship of Feed the Hungry Program. Unknown to many, for the impoverished, Sunday can just be another day of trying to find food, shelter, and a sense of community. Fortunately, with the leadership of the Roman Catholic Diocese of Calgary, sponsors like you help ensure nearly 500 such people get a different experience - of food, community and dignity at St. Mary's Hall in the heart of Calgary.



Feed the Hungry has been providing a sit-down meal at St. Mary's Hall since 1993. This full course meal includes salad, a hot entrée, bread, dessert, and an assortment of beverages.

Volunteers are an integral part of this ministry's success. The program equally becomes an opportunity for concerned and loving people to be part of the program to ensure our guests have a warm and welcoming experience each and every week. Sponsors typically commit to invite and bring some of these volunteers.



Sponsorship Details

Time: 10:30 am - 4:00 pm on Sunday

- Meal service starts at 1:30 pm.
- Volunteers arrive prior to the meal service and go on duty at different times throughout the day based on their assignment (see next page).

Talent: Each meal service requires some 72 volunteers. Usually, sponsors recruit and bring up to 50% of the volunteers for their Sunday. Regular Feed the Hungry volunteers fill in the remaining volunteer positions. Volunteer opportunities include:

- Hall Set-up
- Main Door Hospitality
- Table Service
- Beverages, etc.

See details next page

Treasure: A meal sponsorship is \$6,000.00. Individuals and Organizations are more than welcome to partner together to raise that amount. For more information, call 403-218-5532 or scan the QR code below.



e-mail



website