

March 14, 2013

Posted by Larry Kanters

President Bryn brought the meeting to some sense of communal focus at about 12:31 pm. Before the meeting, Brenda Reiber was exercising her impromptu role of meeting greeter by giving heart-felt hellos to the arriving members at the Legion entrance. After Gavin Bates said grace, a long list of guests were introduced. Morgan Moe, offspring of Eric Moe, and her business partner Anne-Marie Paquette were introduced as our eagerly-anticipated guest speakers. Innisfail Health Centre attendees including Laurel Bilton, Terry Hawken, Victor Oyejola, Jerby Caballero and Shirley Mills were welcomed as well as the aforementioned greeter Brenda Reiber.

In honour of the upcoming St. Patrick's Day, President Bryn encouraged Brent Spilak to sing a rendition of Danny Boy which was thankfully brief. Also in keeping with the St. Patrick's Day theme President Bryn had a joke about an Irishman gas station attendant seeing Tiger Woods drive up to the gas pumps in his Buick Rendezvous. The Irish gas jockey says "Top 'o the mornin' to ya" and starts filling the tank. While pumping the gas Tiger Woods gets out of his SUV and 2 golf tees fall out of his pocket onto the ground. The Irishman sees the tees on the ground and asks what are those things for? Tiger Woods told him they are called tees and that they are used to rest his balls on when he drives. The Irishman looks at Tiger with a knowing smile and said "Them fellas at Buick sure think of everything don't they now."

After the merriment had subsided John Newsham made an appeal for help with tending the duties at the meeting door since sign ups were sparse. Denise Lester with great alacrity volunteered with other members promptly doing the same. John said he still had need for more volunteers so please check the sheet by the door on a regular basis and see when you can help.

Joe Lehane then mentioned that there were Pennies-for-Polio buckets in the ATB, Scotia Bank, at Palliser Chevrolet, Innisfail Self Storage & RV Parking / I Lock and Key, and at Joe's office and there will be a bucket every week at the meetings to collect your spare change. Joe pointed out that the Rotary campaign to eradicate worldwide polio had been going on for over 20 years and that we were down to only a few countries where polio is endemic.

Our guest speakers Morgan Moe and Anne-Marie Paquette were introduced by Eric Moe. Morgan has her B.Sc. in Kinesiology and is a licensed EMT in Alberta. She has worked in Calgary with brain-injured patients with the Association for the Rehabilitation of the Brain Injured (ARBI), nonprofit organization, that helps provide access to care and rehab plans for their therapy. About one and a half years ago after working with the brain injured, Morgan said she attended an entrepreneurship program in called the Next 36 in Toronto. Then with Anne-Marie she worked on a technology and business model in the health care field and developed a Mobile Therapy Assistant called StrokeLink for stroke survivors. Morgan said there was an identified need for rehabilitation programs for stroke survivors since the incidence of strokes per year is 795,000 in the United States and 50,000 in Canada and 63 % of moderate to severe stroke survivors do not have adequate rehabilitation access. The identifiable problem was that there was lots of information in the form of pamphlets for stroke rehabilitation

therapist care but it was difficult for patients to identify what to do. Morgan and Anne-Marie developed a system with new technologies to assist in making it easier for the stroke survivors to access resources and execute properly the repetitive exercises needed to achieve appropriate post stroke rehabilitative results and to easily monitor progress. Morgan said StrokeLink is a mobile app for an iPad that has the areas titled myGoals, myPrograms, myProgress, and myLibrary. myLibrary has information on stroke prevention, possible stroke signs and symptoms, and health care providers to consult etc. myPrograms has titles such as Grasp1 which shows certain exercises that can be done for certain stroke survivors with photos, text, audio and video of the exercises presented. These programs can be customized with "StrokeLink Capture" to allow modifications to existing programs or the program can be made from scratch. Custom audio and video can also be done by using the features of the iPad. A live demonstration was done by Morgan with Anne-Marie doing the Vanna White modeling thing. Morgan said therapy can be tracked by health care personnel by tracking the logging on and off by the stroke survivor when using the iPad program. Morgan said a pilot program was done at the Hamilton General Hospital with therapy stations set up with iPads where patients could login and be guided through StrokeLink. Morgan said the stakeholders in the rehabilitation programs of the stroke survivors are of course the survivors themselves who have the advantage of some self-management, the family/caregivers who wish to be supportive and understand and engage in the therapy, the health care professionals who need an efficient method of program development, good communication with the patients and the ability to easily monitor the progress, and the health care providers. Morgan said Alberta Health Services has Support Discharge Teams to aid stroke survivors which can employ StrokeLink in their rehabilitation efforts. Morgan said they hope to expand StrokeLink to use with PC laptops, Android and Blackberry devices in the future in the addition to the iPad but every mobile application system needs individual development. President Bryn thanked Morgan and Anne-Marie for an enlightening demonstration and talk on StrokeLink.

For Happy/Sad bucks Eric Moe was happy his daughter and Anne-Marie could be here for the presentation. Sgt-at Arms Mike O'Dwyer said during the meeting he heard a few cell phones go off and warned the members that future such occurrences could result in substantial repercussions. In a different vein, Mike also said that certain jokes were always told about certain identifiable groups especially the Irish and said he thought it was definitely unfair (where there is smoke there is most likely a fire goin' on I'm thinkin'). But Mike said he had not heard many people pick on Canadian so he said he thought he would tell a Canadian joke. Mike said Canada is well known to have four seasons: Winter is coming, winter is here, winter is not over yet and road construction.

Jane Duncalfe had a chance at the Joker but to no avail. President Bryn ended the meeting by reminding people about important upcoming dates such as the April 11th trip to Red Deer College, the April 24<sup>th</sup> Friendship Dinner, the April 30<sup>th</sup> evening Rotary Strategic Plan confab and certainly not the least, April 20<sup>th</sup> Rod Bradshaw's birthday bash.

Next meeting Paul Grigaitis, Editor of Innisfail Province will tell us the "Life and Times of a Weekly Paper Editor". Sounds like a good opportunity for this editor to get some much needed help.