



## UP-COMING EVENTS

ROTARY ZOOM MEETING | 12:15 PM – 1:15 PM

### JANUARY 5, 2022

Speaker will be **Diane Redsky**,  
Executive Director,  
Ma Mawi Wi Chi Itata Centre, Inc.

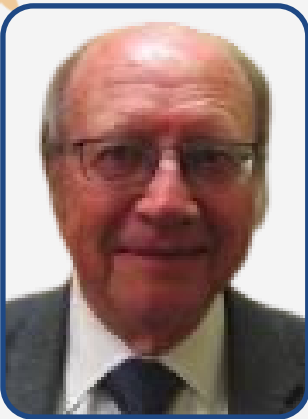
### JANUARY 19, 2022

Speaker will be **John Hindle**  
“Baseball & Community”

### FEBRUARY 2, 2022

Speaker will be **Emily Cadiek**  
“Holding onto Hope”

## HEALTH & WELLNESS



**ERNIE ARMITT**  
**(ROTARY ALUMNI)**

Ernie sent me a note to inform me that he and his wife had moved into an Assisted Living Residence in October. His new address is: 2012 – 905 Shaftesbury Blvd., Winnipeg, MB., R3P 0Y3. His phone numbers are: 204-885-2764 and cell 204-479-9332.

Ernie said that he had missed receiving the Club Newsletter since October and here was his new e-mail address: [armitt126@gmail.com](mailto:armitt126@gmail.com) I promptly sent him the two recent issues.

I think Ernie’s health is quite good, but he is a major caregiver for his wife. I am sure Ernie would enjoy a call or an e-mail.



### HUMBERTO & ISA DANTES

Baby Louise is now 1 year old.  
Happy Birthday to Louise from  
the Rotary Club of Winnipeg.



**DAVID NEWMAN**

**BELOW IS AN UPDATE FROM DAVID CONCERNING HIS RECENT HEALTH EXPERIENCE AND ON-GOING RECOVERY.**

I am a fortunate beneficiary of an effective high quality health care system we have in Manitoba and Canada. Little did I know almost 40 years ago when Rotarians Dave Rothstein and Garth Garside asked me to become Chair of the board of the Manitoba Cardiac Institute Reh-Fit Centre that on September 1, 2021 that I would myself, like they did, require open heart surgery to prevent an imminent stroke or heart attack and to continue to live.

November 18, 2021 after 3 postponed surgeries because of prioritized emergencies bumping me, I had aortic valve replacement surgery and a triple by-pass in an 8 1/2 hour operation by Dr. Raabe and his team. That fixed my cardio plumbing. Next on November 24 my cardio electrical system

needed to be made reliable and sustainable. A pace-maker was then installed in another operation under a sedative while I watched and participated in a lively dialogue for two hours with Dr. Cadman and his team while this amazing machine was inserted under my left collar bone and attached with two separate wires to different parts of my heart's plumbing system. Think of that system like a pump with a distribution system made up of blood vessels.

I was sent home November 26th from the Asper Centre for Cardiac Patients where my recovery took place. My 100 % dependency for survival was from November 18 to November 21 while in Intensive Care Cardiac Unit at the Asper Centre was on our health care professionals and machines. November 21. I moved into semi-private rooms where I shared recovery progress with a rancher from Swan River and a Metis Hydro retiree whose passion was as a musician, bass player and band member. By the time I was discharged I was walking with a walker, negotiated stairs and was trained in physio exercises, diet and self-care management.

Since November 26 I have one small bandage left, all intravenous entry points removed. Healing is taking place. I exercise daily by walking with my walker around my ground floor at home and learn by trial and error to become more independent. I have gone from being in a womb ( intensive Care) to being an adolescent striving to be a self-sufficient adult.

December 6 I was at Reh-Fit Centre to be assessed by a nurse and to sign up for their 16 week Reg-Fit program that I will start January 24, 2022. I will use that facility for the rest of my adult life to be the safe training centre for the rest of my life. My purpose is to optimize my quality of life and continue my unwavering life purposes as lover of the global human family and as a Rotarian -Advocate - Peace Builder enjoying my increased freedom and independence as a retiree effective January 1, 2022.

With much love for all the support and encouragement from my extended family and friends. I have felt the friendship from fellow Rotarians and am so grateful for it. Rotary Club of Winnipeg since 1983 has been and will continue to be my primary local means to help advance understanding, goodwill and positive peace through peace literacy worldwide and truth and reconciliation with Indigenous Peoples and diversity, equity and inclusion local to global."



## NEW MEMBER



### **PETER ANDRE GLOBENSKY (PETER WAS INDUCTED ON DECEMBER 8TH AT OUR FIRST IN-PERSON MEETING)**

Peter is currently a resident of Winnipeg. He has spent a significant part of his professional career working in the field of human rights.

He began his career with the federal government in Thunder Bay and has served in London, Calgary and Ottawa where he was responsible for the delivery of human rights education, Indigenous and cultural communities programming and assumed the same responsibilities when he joined the Minister's office (Secretary of State) as a special assistant.

Tri-lingual, he holds an honors degree in Political Science from Loyola-Universite de Montreal, a Masters Degree in the same field from McMaster University and certifications in Conflict Resolution from the University of Windsor and Alternative Dispute Resolution and Negotiation Theory from the University of Winnipeg.

He is Vice-President and Managing Partner of Beverly Anne Sabourin & Associates Inc. an Indigenous consulting firm working in the field of education, environment, community planning and advocacy. He is married to Beverly Anne Sabourin, former Vice-Provost of Aboriginal Initiatives and a Fellow at Lakehead University and a deer clan Elder of the Netmizaaggamig Nishnaabeg (Pic Mobert).



## PAUL HARRIS RECOGNITION

### **What is a Paul Harris Fellow?**

A Paul Harris Fellow is an individual who contributes \$1,000 or in whose name that amount is contributed to the Rotary Foundation. Every Paul Harris Fellow receives a pin, medallion and a certificate when he or she becomes a Fellow.



### **ELLY HOOGTERP WAS PRESENTED WITH A PAUL HARRIS ON DEC 8TH.**

Jane Markesteyn provided an introduction which explained why Elly was worthy of a Paul Harris.

Elly was born in 1964 in the small Dutch town Hardegarijp in the northern province of Friesland. She is the middle child and has 2 sisters - one is the US and one in the Netherlands. Her parents subsequently moved to the town of Drachten where she resided until she left for university to study Dentistry at Groningen University. As there were too many dentists in The

Netherlands, Elly moved to the UK after qualification in order to relieve the shortage of dentists there.

It was in the UK that Elly became good friends with Houriya who is apparently very good at matchmaking. Houriya managed to get Elly and her future husband Lorne to meet each other in Trinidad. The rest is history - as they say. Lorne and Elly married in The Netherlands and she moved with him to Winnipeg as Lorne had an established medical practice here. Although Elly went through the gruelling process of re-qualifying as a dentist in Manitoba, it was not the right time to start a practice as she and Lorne had started a family. Daughter Kim is now 23 and studying at a post-grad level at Elly's Alma Mater Groningen University. Son Niels is 21 and an under-grad at Western University. Elly works as the manager of Lorne and her's dermatology clinic, doing the bookkeeping and helping with surgeries.

Volunteerism is an important part of Elly's philosophy of life. Her interest in joining an international service club led to her decision to join Rotary in 2002 in the year that then President Maria den Oudsten was our president and committed to have 10 women join Rotary.

Elly immediately joined the MUNA committee and eventually became chair, a position that she held for many years and helped MUNA move into the "electronic age". In fact she is still a member of MUNA enjoying watching students debate their way through interesting resolutions.

For the past 10 years Elly has been Secretary on the Rotary Club of Winnipeg's Board of Directors. Currently she is Chair of the World Community Service Committee. Elly has fond Rotary memories of partaking in a Habitat for Humanity build in 2003 and helping to restore cabins at Camp Manitou.

Over many years Elly & Lorne have hosted Rotary Exchange students from Japan, Sweden and Argentina. In January 2022 they will host Paula, a German doctor whose father is a Rotarian. Paula will be conducting research at Children's Hospital. What a great example of the international reach of Rotary.

Elly's volunteer activities don't stop at Rotary. She has participated for several years in Operation Walk Manitoba; an organization that provides hip and knee replacement in underprivileged countries. Traveling together with about 60 people of various medical related backgrounds and volunteers to give 50 people each year an opportunity to walk again.

Her church community is also part of Elly's many volunteer commitments whether teaching Sunday School or travelling to Guatemala with youth from the church to build schools.

Besides the commitment to her many roles,, Elly finds time to engage in favourite activities like walking, travel, pilates, tennis and working out. Add to that theatre, symphony, Mahjong, bridge, reading and spending time with friends and family all over the world.

Elly's "happy place" is the family cottage in Kenora which has been in Lorne's family for over 100 years. It is a place to find peace and appreciate the beauty of the lake. It is a welcoming place for her children and their friends as well as her Dutch relatives.

Oh, and one more thing - Elly is trying to improve her high school French.





## HONOURING INDIGENOUS PEOPLES (HIP) PROJECTS:

### **MAGAZINES & BOOKS SHIPPED TO MANTO SIPI (GOD'S RIVER) | SUBMITTED BY STRINI READY**

In response to a request from Manto Sipi First Nation our club collected and sent 6 boxes of magazines and dictionaries via Northway Aviation.

The items were collected in Rotarian Dave Johnson's garage where Rotaractors Deepak, Pha and Chadine packed the boxes for shipping.

The boxes were received the next day (Dec 15) and we received a joyful phone call expressing great excitement about the number and quality of materials sent.



### **WINTER CLOTHING SHIPPED TO WASAGAMACK FIRST NATION | SUBMITTED BY STRINI READY**

A week later, Rtn. Dave's garage was the scene of much activity again when more Rotaractors gathered to sort and pack winter clothing for the children and youth in another partner community, Wasagamack. Due to COVID, we have not been able to do our usual clothing drive for the past 2 years. However, we received an urgent request from this community in response to which we collected/purchased a significant amount of clothing which was on its way to Wasagamack, just before Christmas.



Our Club is on social media, please follow us and find out the latest news.  
click on the logos to see our accounts!

facebook



YouTube



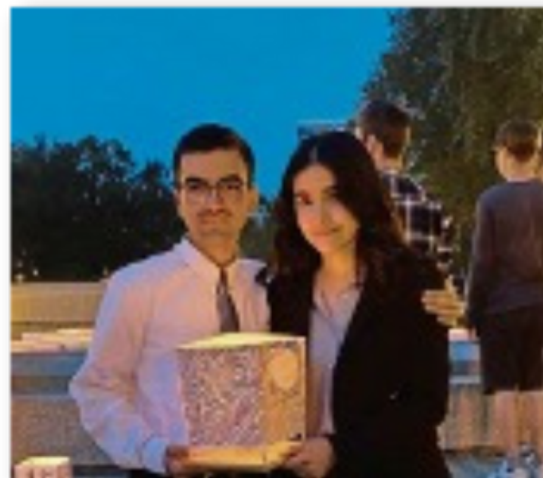
# YOUTH PROGRAMS & ACTIVITIES:

## MUNA PARTICIPANTS NOMINATED FOR ARMS CONTROL ASSOCIATION 2021 AWARD SUBMITTED BY ELLY HOOCTERP

On behalf of the MUNA committee, we are extremely proud of the nomination of **Rooj Ali and Avinash Singh for the Arms Control Association 2021 Persons of the Year Award.**

They are both former participants of our Club's Model UN and Avinash is on the organizing committee this year.

Ali and Singh's inspiration was sparked in 2019 after attending the Nuclear Peace Summit at the Canadian Museum for Human Rights.



The two decided to start the fight for a safer world in their city. This past June, led by Singh and Ali's activism, Winnipeg City Hall unanimously supported the United Nations Treaty on Prohibition of Nuclear Weapons, and now more than a dozen other Canadian municipalities have done the same.

They are the only Canadians on the list of nominees as well as the youngest. They have been chosen alongside scientists, politicians and diplomats from around the world.

You can choose them by casting your vote. They are very deserving of your vote. The polls are now open until January 12th.

[The link to vote is here.](#) Please cast your vote.

Below is a link to an article on the CTV news channel.

<https://winnipeg.ctvnews.ca/winnipeg-youths-recognized-for-their-fight-to-end-the-threat-of-nuclear-weapons-1.5703144>

## Rotary Leadership Circle achieves a Quarter Century Milestone – 25 years.

The Rotary Leadership Circle program celebrated 25 years of providing employability skills, leadership skills, and increasing neighbourhood pride for youth participants this past summer.

We are very proud of the 171 youth who dedicated their summer to making Winnipeg a better place. <https://www.youthagenciesalliance.com/reports>



# INTERNATIONAL PROJECTS:

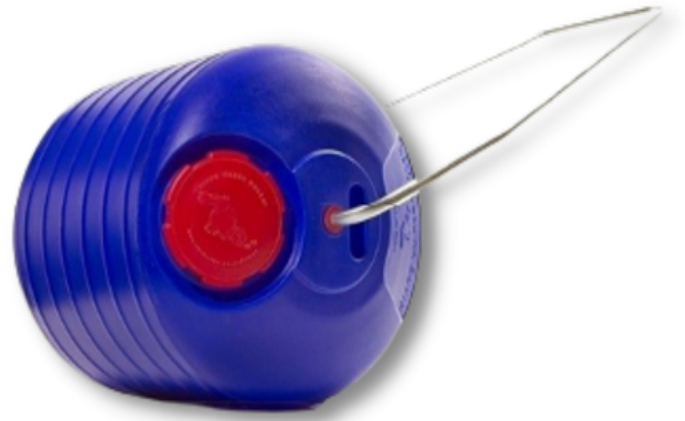
**DONATE \$250 FOR A FULL “SURVIVAL GARDEN KIT” AND YOU COULD WIN ONE OF 15 MINI HIPPO ROLLERS. SUBMITTED BY GARY DAWYDUK**

As you know, a major international project which our Club has been involved for well over the past year has been the 1000 Survival Gardens project. The project aims to empower 1000 women in remote areas of South Africa with the means of growing their own home gardens by way of Survival Garden kits (containing a hippo water roller plus garden seeds and tools), so that they may supply food for their families.

The project has been immensely successful thanks to the support of Winnipeg Rotarians plus many other Clubs in Manitoba, across Canada and in the United States. The attached document summarizes the project, updates where we stand in terms of our goal, and how we see the project developing onward.

As our Club's November Newsletter mentioned, the 1000 Survival Gardens project was the target charity for those wishing to donate on Giving Tuesday. For those that did donate, and those who have supported in the past, we express our sincerest gratitude.

For this Christmas, we are asking for your continued support and have a special gift in return. We have received 15 “mini” hippo rollers from the Roll-A-Hippo Foundation that we would love to see turned into 15 full Survival Garden kits with your donations.



You can display these “mini” Hippo Rollers around your home or office. It is an excellent conversation starter when family, friends or clients say “What is that?”

Each kit costs \$250 dollars and for donating that amount, you will receive a mini hippo roller! You may donate on your own or ask for family and friends to collaborate in raising the funds. The first 15 donors will receive a mini roller!

Please contact Gary Dawyduk (garyd@mymts.net or 204.557.9868) to have a chance to receive this unique gift. Donations will need to be received by the end of December or until the rollers are gone!



# UPCOMING EVENTS



Follow through on your new year's resolution to be more active while supporting the Rotary Foundation

1st Annual Foundation Relay Challenge for Rotary, Rotaract, and Interact members

## WHAT –

Form your own relay team and join Brenda and Eva on their quest to touch every Club in the district in 75 days. Walk, cycle, ski, snowshoe, or pick your own favorite physical activity. Show your community what the Foundation has supported and ask for their sponsorship to be able to continue to do good locally

## WHO –

All District 5550 Rotarians/Rotaractors/Interactors and members of your local community are invited and encouraged to participate.

## WHERE-

Activities can be done in your community, around your block, on your treadmill, or in your local park

**WHEN –** Brenda/Eva – January 1st – March 16th, 2022. Rotarian Relay teams join them for the entire 75 days, 1 week or 1 day

**WHY –** Get fit, carry out your New Year's Resolution to get active. Raise awareness in your community about Rotary and the things we do. Get community members to sponsor your activity. Funds raised will support the Rotary Foundation Annual Fund. This will provide more funds for us to continue to do good in our communities.

**HOW –** Put together a team that will commit to "walk/cycle, etc." a portion of the 4000KM it will take for Brenda and Eva to reach every club in our district. Get your pledge sheet printed and ask community members to sponsor you and your team and start participating.

Report activity progress to Pat Austin at [patricia\\_austin@icloud.com](mailto:patricia_austin@icloud.com)

Pledge sheet and pledges to be in by March 25th, 2022 to your club for credit to the Rotary Foundation Annual Fund.

Tax receipts will be issued for donations of \$25 or greater.



**FOR MORE INFORMATION, CONTACT  
EVA VIDA AT 204-792-2156 OR  
EVA.VIDA@ICLOUD.COM**





# FUNDRAISING PROJECTS

## YEAR-END DONATION OPPORTUNITY FOR 2021

You still have time to make a Donation to one or more of our Rotary Projects of your choice before December 31, 2021. Any donation over \$20 will receive a charitable tax receipt.

**Donations can be made by e-transfer to: [accounting@winnipegrotaryboard.ca](mailto:accounting@winnipegrotaryboard.ca).**

The Security question answer should be "rotary". Thank you for thinking of Rotary.

### THE GLENLEA GREENHOUSES HOLIDAY FUNDRAISER:

Total sales were \$1,078.78

Profits were \$290.64

Thanks to Dan Jonsson for organizing this event. Watch for the Spring plant sale.

### Brenda Newman won the beautiful painting "Suspended in Paradise" by Jim Corbett, a Winnipeg Polio Survivor.

This was part of the End Polio Now Fundraiser in October organized by Jeannette Brigit. Thanks.



## LINKS

### Reconciliation 101:

Here are five courses to expand your understanding of Indigenous history, peoples and perspectives. This link has been vetted with Ingrid Dowan, Elmer Everett and Jim Bear. The link for each individual course can be found in the link below.

<https://broadview.org/indigenous-online-courses/>

### ESRAG – ENVIRONMENTAL SUSTAINABILITY ROTARY ACTION GROUP | [HTTPS://ESRAG.ORG](https://ESRAG.ORG)

The Environment has recently been added as the 7th Area of Focus for Rotary. On December 11, 2021 you may have received an e-mail from Miller Ariel which contained a copy of the December 2021 Newsletter for ESRAG, containing "Tools for Rotary Climate Action". The Newsletter contained a lot of very interesting information on how we individually and together can protect the Environment.

If you have any difficulty opening the attachment, please let me know and I will send you a copy by e-mail.



### Upcoming Events in Rotary Zones 28 & 32:

Google "Rotary Zones 28 & 32" for a list of Upcoming Events  
<https://portal.clubrunner.ca/50077>

