



April 9, 2019

Editor: Bryan Tastad

**April 2019
Theme: Maternal and Child Health**

**Program Chair:
Peggy Clark**

Date	Desk	Greeter	Rotana Editor	Cheer Captain	Speaker/Topic	Intro	Club Thanks
Apr 16	Eileen Harvey	Michael Gramiak	Bryan Tastad	Boris Kishchuk	Lynne Caldwell <i>Adele House</i>	Peggy Clark	TBA
Apr 23	Randy Kutcher	Bob MacGillivray	Bryan Tastad	Paulina Cholango Martinez	TBA	TBA	TBA
Apr 30	Larry Neely	Candace Odishaw	Bryan Tastad	Walt Pawlovich	<i>Adventures in Technology</i>	TBA	TBA

Announcements



It was overflow seating as the hotel didn't set enough tables to handle the volume. Former member Keith Downey was a special visitor.

- President Stan showed the 4 Way Test Song and Video which will now be released to the rest of the Rotary world. Stan thanked Jim Gillis for writing the song and all those who came out for the video shoot - especially Larry Neely and Bob Anderson who played special roles. Jim Gillis thanked Stan for initiating the project and organizing the recording.
- The Rotary, Badge, Shield & Star Dinner honouring our police, fire and emergency services, will take place on Wednesday, April 17, 2019 from 5-10 p.m. at Prairieland Park. Join the five Rotary Clubs of Saskatoon as we pay tribute to the Saskatoon Police Service, Saskatoon Fire Department and Medavie Health Services West at the 2019 Rotary Badge Shield Star Dinner, presented by Rick & Laurie Hopkinson. Keynote address by Kevin Garinger, former President and Governor for the Humboldt Broncos. To purchase tickets, contact Candace Odishaw by April 10 or visit Eventbrite at: <https://www.eventbrite.ca/e/rotary-badge-shield-star-dinner-2019-tickets-52566169829>
- Adventures in Technology is taking place April 28th to May 3rd. The North Club are the organizers and are in need of drivers. There are two slots for each day. Call 241-8417 or email conalhancherow@gmail.com to advise of your availability ASAP.
- Jack Scott is investigating ordering new Rotary golf shirts. Please let him know if you are interested in buying one or more.
- Candace Odishaw has complimentary meal cards available for those who want to bring a prospective member to a meeting. Every member is asked to bring one prospect to a meeting in the next month.
- Please approach prospective businesses for RibFest sponsorships. The sponsorship package is

sent out with this newsletter. Please forward it to prospective sponsors. Please let Bryan Tastad know of any contacts you make so that we don't approach the same groups twice.

- Candace Odishaw prepared a new duty roster for January 1 - June 30, 2019 that is delivered with this newsletter. Please check your spots and arrange a replacement if you can't attend that day.
- Asit Sarkar announced that there will be a 5 Club Citizenship Ceremony held at the Travelodge on May 13th. Potentially 60 new citizens will be sworn on that date.
- Lorne Braithwaite noted a thank you message received from Read Saskatoon.

This Week's Program Highlights

Prelude - Larry Neely

Chair - Stan Garchinski

Desk - John Hanlin

Make Ups - Bryan Tastad

O Canada and Rotary Grace - Betty Ann Arscott plus *Edelweiss*

Greeter -Bryan Harvey welcomed:

- Guest speaker Faith Bodnar;
- Margot Weiner, Canadian Mental Health Association;
- Visiting Rotarian Bob Anderson from the Rotary Club of Saskatoon North;
- Former member Keith Downey.

4 Way Test Song - Jim Gillis and Betty Ann Arscott

Program - Faith Bodnar - Canadian Mental Health Association Saskatoon Branch



Peggy Clark introduced Faith Bodnar, Executive Director of the Canadian Mental Health Association (CMHA) Saskatoon Branch. One in five Canadians suffer from some sort of mental health issue. Unfortunately, the persistent stigma attached to mental health issues can be an obstacle to treatment. The CMHA offers a wide range of programs to support people in developing tools to lead meaningful, inclusive and productive lives. The Saskatoon branch intends to develop more programs for youth, as 75% of mental health problems are rooted in youth, adolescence or young adulthood. The branch delivers the RISE (resilience, information, support and empathy) program at Bedford Road High School and hopes to eventually make it available to all Saskatoon high schools. Future plans also include improvements to the branch's building at 1301 Avenue P North. For more information, visit the website at <https://saskatoon.cmha.ca/> Walt Pawlovich thanked Faith on behalf of the club.

50:50 Draw - Lorne Braithwaite coordinated the 50:50 draw. Larry Neely won the pot of \$27.

Cheer Captain Kim Horan - After several lucrative housekeeping fines, Captain Kim called for happy and sad dollars.

Happy Sad: Bryan Tastad for a visit to Lethbridge to see his granddaughter; Bryan Harvey for his first round of golf; Walt Pawlovich for having the same birthday as Paul Harris; Jim Gillis, Jack Scott and Stan Garchinski for the 4 Way Test video; Larry Neely for his and Gladys' 53rd anniversary; Eileen Harvey for being back after an illness; Lorne Braithwaite for casino winnings; Grant Devine for being back after an absence; Jack Scott for the 4 Way Test video; and Will Grant for Faith Bodnar's presentation.

Board and Executive

Officers

President - Stan Garchinski
President-Elect - Candace Odishaw
Past President - Walt Pawlovich
Secretary - Jack Scott
Treasurer - Bob MacGillivray

Board members

Administration- Candace Odishaw
Membership - Candace Odishaw, Betty Ann Arscott
Projects- Randy Kutcher
Rotary Foundation- Asit Sarkar
Community Grants - Lorne Braithwaite, Peggy Clark
New Generations - Michael Gramiak

Rotary International

RI President - Barry Rassin
District Governor - Elaine Thompson
Assistant Governor - Colin Taylor

Contact Information

Rotary Club of Saskatoon Nutana
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Links

District 5550 <http://www.clubrunner.ca/portal/home.aspx?did=5550>
Rotary International www.rotary.org

Other News