



May 7, 2019

Editor: Bryan Tastad

**May 2019**  
**Theme: New Generations**

**Program Chair:**  
**Asit Sarkar**

Date	Desk	Greeter	Rotana Editor	Cheer Captain	Speaker/Topic	Intro	Club Thanks
<b>May 13</b>	<i>Five club Citizenship Ceremony. Begins at 5:15 p.m. at the Travelodge Hotel. Dinner to follow at 6:30 p.m. Let Asit Sarkar know if you plan to attend.</i>						
<b>May 14</b>	<i>Meeting cancelled due to Citizenship Ceremony on May 13 (see above).</i>						
<b>May 21</b>	Norm Woodcock	Betty Ann Arscott	Bryan Tastad	Jim Blackburn	Anahit Falahi <i>Building Community Connections for Newcomers</i>	TBA	TBA
<b>May 28</b>	Lorne Braithwaite	Kent Creelman	Bryan Tastad	Peggy Clark	April Sora <i>Promoting Diversity &amp; Inclusion in Saskatoon</i>	TBA	TBA

**Announcements**

- **Meewasin Cleanup Cancelled - Brenda Banbury reports that she could find no garbage in Rotary Park so has cancelled the cleanup scheduled for May 11.**
- Exchange Student Ludovica's fundraiser *A Taste of Italy* will be held on May 11 from 5-7:30 p.m. at Evangelical Orthodox Church, 1426 Alexandra Avenue. There will be live music and good food, with proceeds going to Shelterbox. Please see the poster at the end of the newsletter. If you cannot attend, please consider making a donation, which you can give to Candace Odishaw.
- Asit Sarkar circulated a signup sheet for the 5 Club Citizenship Ceremony to be held at the Travelodge on May 13. The ceremony will start at 5:15 p.m. (you cannot enter once the ceremony has begun), with dinner to follow at 6:30. Cost will be \$25 per person. Potentially 75 new citizens will be sworn on that date. Presiding will be Rotarians Bryan Harvey and Peter Zakreski. There will be no regular club meeting on May 14 to encourage attendance at the May 13 event.
- Rotarians have the opportunity to volunteer in support of Hope Air at Top of the Hops, to be held May 25-26 at Prairieland Park in Saskatoon. Please see the letter from Brenda Banbury at the end of this newsletter.
- Rob Jaspar invited us to attend the Rotary Club of Saskatoon Meewasin's annual Lobsterfest, to be held on June 1 at the SaskTel Soccer Centre. Tickets are \$75 and include a \$45 charitable donation. You are also asked to consider taking a work shift during the event.
- Bob Anderson reported that the 4 Way Test Song was very warmly received at the District Conference in Winnipeg.
- Our name tag holder has suffered some accidents. If your name tag is missing or broken, please let Betty Ann Arscott know.
- Jack Scott circulated an order form for new Rotary golf shirts and vests. Please let him know if you are interested in buying one or more.
- Candace Odishaw has complimentary meal cards available for those who want to bring a prospective member to a meeting. Every member is asked to bring one prospect to a meeting

in the next month.

- Please approach prospective businesses for RibFest sponsorships. The sponsorship package is sent out with this newsletter. Please forward it to prospective sponsors. Please let Bryan Tastad know of any contacts you make so that we don't approach the same groups twice.
- Candace Odishaw prepared a new duty roster for January 1 - June 30, 2019 that is delivered with this newsletter. Please check your spots and arrange a replacement if you can't attend that day.

### **This Week's Program Highlights**

**Prelude** - Larry Neely

**Chair** - Stan Garchinski

**Desk** - Dorothy Hudson

**Make Ups** - Norm Woodcock

**O Canada and Rotary Grace** - Betty Ann Arscott plus *Rocking Robin*

**Greeter** - Norm Woodcock welcomed:

- Guest speaker Peter Hedley;
- Visiting Rotarian Rob Jaspar of the Rotary Club of Saskatoon Meewasin;
- Christian Potts.

**4 Way Test Song** - Jim Gillis and Betty Ann Arscott

**Program - Peter Hedley - Student Wellness at the U of S**



Asit Sarkar introduced Peter Hedley, Director of Student Affairs and Services at the University of Saskatchewan. As this is Mental Health Awareness Week, Peter focused his comments on efforts by the U of S to support students with mental health issues. U of S students are experiencing record levels of anxiety, depression and stress. Nearly 10% of students register with some form of disability - mostly of the hidden variety that includes mental health issues. Although the 10% disability rate may seem high, it is actually only half that of the general population, which may indicate that there remains a stigma attached to mental health issues. Peter heads a team that includes some 60 clinicians who support students. There were some 5,000 counselling appointments in the past year. While support for students is improving, Peter thinks that the next step may be to examine methods for teaching and evaluating students, which haven't changed much over the years. Walt Pawlovich expressed the club's thanks.

**50:50 Draw** - Lorne Braithwaite coordinated the 50:50 draw. Betty Ann Arscott won the pot of \$21.

**Cheer Captain Will Grant** - Will asked us each to make a contribution in support of mental health

and thanked members for the coffee mugs we donated to the Saskatoon Indian and Métis Friendship Centre. Happy/Sad: Betty Ann Arscott for her birthday and 10 years as a Rotarian; Walt Pawlovich for the start of fishing season; Lorne Braithwaite for attending the celebration of the life of Joe Fafard; Dorothy Hudson for being back at club; and John Hanlin and Eileen Harvey for Peter's presentation.

## **Board and Executive**

### **Officers**

President - Stan Garchinski  
President-Elect - Candace Odishaw  
Past President - Walt Pawlovich  
Secretary - Jack Scott  
Treasurer - Bob MacGillivray

### **Board members**

Administration- Candace Odishaw  
Membership - Candace Odishaw, Betty Ann Arscott  
Projects- Randy Kutcher  
Rotary Foundation- Asit Sarkar  
Community Grants - Lorne Braithwaite, Peggy Clark  
New Generations - Michael Gramiak

### **Rotary International**

RI President - Barry Rassin  
District Governor - Elaine Thompson  
Assistant Governor - Colin Taylor

## **Contact Information**

Rotary Club of Saskatoon Nutana  
Club No. 1380  
Founded May 31, 1961  
P. O. Box 441, Saskatoon, SK S7K 3L6  
[www.rotarynutana.org](http://www.rotarynutana.org)

### **Links**

District 5550 <http://www.clubrunner.ca/portal/home.aspx?did=5550>  
Rotary International [www.rotary.org](http://www.rotary.org)

## **Other News**

Rotarians,

This opportunity came to us back in February. Here are the details which you can pass on to your club members.

Hope Air is a registered charity who provides Canadians in financial need with free travel to medical care far from home. Hope Air will have a booth at "Top of the Hops" (a Kinsmen sponsored event) at Prairieland Park Hall B on Friday and Saturday May 25 and 26. This is a fundraiser for Hope Air and a great opportunity for Rotarians to wear Rotary and be seen at a community event. 2,000 to 5,000 people are expected over the 2 evenings.

What will we be doing????? Hope Air will have a table and 2 chairs from which to share information about the charity and to sell balloons. A raffle box will be at the table for ballots. Some balloons will include ballots and others have 'please try again' messages. We will staff this table. Minimum of 2

volunteers. Other volunteers will circulate throughout the crowd selling balloons and sharing information about Hope Air. 500 balloons will be available for sale each evening.

Hope Air volunteer schedule is divided into 2 shifts each evening – 5:00 to 7:30 AND 7:00 to 9:30. Hope Air volunteers are to arrive at 5:00 to set up table, blow up balloons, insert ballots/try again messages. Doors open at 6:30, drink token sales end at 9:30, and vendors stop selling alcohol at 10:00.

Hope Air can provide t-shirt and hats or we are welcome to fly our Rotary colors. I can provide some Extra-large florescent green Rotary End Polio T-shirts if anyone is interested. In these t-shirts you WILL be noticed.

Here is the link to sign up <https://docs.google.com/spreadsheets/d/1PAJPPq1Jo-FJtbC06dYs37VxH40-s4AHjDyEYBeHArk/edit#gid=0>

This is a great opportunity to be noticed in our community and answer the question – What is Rotary??????

**BE THE INSPIRATION**

Brenda Banbury, President  
RC of Saskatoon North, D5550  
306-260-0768

# A taste of Italy



A supper to travel and a night to make a difference. Someone really far away needs our help, someone we don't know but who is dying. Many people in third world countries are in serious danger. Families that survived to catastrophes and now don't have anything are calling us, crying in the night and shouting for help. Let them know that we are listening.

Come to the Evangelical Orthodox Church (1426 Alexandra Ave, Saskatoon) on May the 11<sup>th</sup> from 5:30 to 7:30 pm for an original home-made Italian supper with live music and lots of nice people to support our Shelter Box Project.

\$25 to travel to Sicily, Milan, Tuscany, Turin, Rome and more, all this just through a fork. With auctioned desserts.

Please RSVP by May the 6<sup>th</sup> to [ludovica.mazzotto@email.it](mailto:ludovica.mazzotto@email.it)  
Tickets only sold in advance.