

Prevention and Treatment

Date	Desk	Greeter	Rotana Editor	Cheer Captain	Speaker/Topic	Intro	Club Thanks
Dec 1	NA	NA	Norm Woodcock	Bob McGillivray	Lisa White - Caring Through COVID	TBA	Michael Gramiak
Dec 8	NA	NA	Norm Woodcock	Candice Odishaw	Colin Taylor - Canadian Ripple Effect Schools in Guatemala	ТВА	Walt Pawlovich
Dec 15	NA	NA	Norm Woodcock	Jack Scott	Zoom Christmas Party		

Announcements

- Ravi Chibbar was presented virtually with a Paul Harris Fellowship with 2 rubys which means he has met the donation goal three times. Congratulations and thank you Ravi.
- Salvation Army Kettles will not be allowed in the local malls this Christmas season due to COVID 19. Hence the club will not be tending kettles at our traditional location at Market Mall. It was agreed that club members can donate thru our club and the club will send a cheque to Salvation Army in December. Please send to Bob McGillivray.
- Jack Scott has circulated an Enchanted Forest volunteer roster. There are 6 empty spots. Please fill in your dates and return to Jack. Please be generous with your time. This fundraiser began on November 19th and runs daily through to January 6th. An updated roster is attached.
- Candace provided details for the club fund raiser for the Food Bank. An online auction has been arranged with McDougall Auction with items donated for auction by members. You will have received emails from Candace with details. The important things to remember are to email a photo and description of your item to Candace ASAP but no later than Friday; Spread the news of the fund raiser to your friends via the poster Candace will forward and you place the poster on your social media(you know Facebook, Twitter, Instagram, Interweb and Whatchacallit).
- Will Grant noted that SIMFC is doing fund raising for Christmas hampers for families in need. They are hoping to do 100 hampers. This takes \$ as each hamper is \$125. If you wish to help out, funds can be etransferred to <u>smyth4life007@qmail.com</u>. SIMFC is a registered charitable organization.
- Sundog Arts Fair will not be held this year but you can still view the works of the participants on the Sundog Facebook page.

This Week's Program Highlights

Chair – President Lorne Braithwaite opened the meeting by thanking everyone for signing on, thanking the various meeting helpers, giving special recognition to our speaker, Kate Congreves and acknowledging that we are meeting on Treaty 6 land and home of the Metis'.

Music – The 4 Way Test song was led by the world famous video.

Program – Dr. Kate Congreves – A Story About Soil

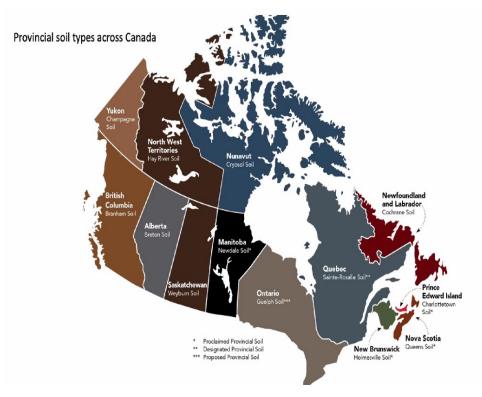


Ravi Chibbar introduced Professor Congreves. Kate has been on the faculty at the U of S fo 2 years. She received her undergraduate degree at Queens and her doctorate at Guelph. She did a Post Doctoral Fellowship at Guelph before coming to the U of S. Her area of interest is soil health and how we take care of our soil for sustainable crop production.

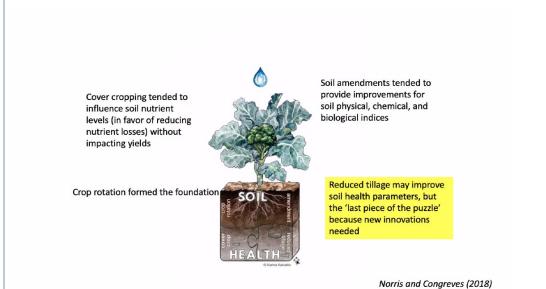
The concept of a healthy soil is not new. The Romans practiced some forms of soil husbandry and a Roman wrote a book about soil health and talked about a "fat" soil. Before the advent of white settlement the Iroquois nation in southern Ontario practiced regenerative agriculture by intercropping with corn, beans and squash. The huge herds

of bison and Indigenous husbandry practices shaped agriculture on the plains of western Canada. Soil is active in the following ways: supports plant growth, moves CO2 from atmosphere into the soil, cycles nutrients, cycles water, acts in erosion control, pest and disease control and supports biodiversity.

Each province has its own soils type.



Our fields are our living laboratories. Different crops require different soil management practices. For vegetable cropping systems one would use this system.



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A blend of conventional and organic soil management practices may produce the best results. If you have questions or observations for Kate she may be reached at <u>kate.congreves@usask.ca</u>

Jim Gillis thanked Kate on behalf of the club.

Cheer Captain –Larry Neely tried to turn the members into singers by reciting the words to a seasonal song and asking members to fill in the blanks. Some songs were familiar, some obscure and some Larry wrote himself. If your answer was incorrect you pay. Nearly everyone got fined due to poor memories and/or poor memories. Some answers were very creative.

Happy/Sad \$: Joe; Larry; Lorne(Harold Haid 95th Birthday) Jack(conversation with Darren Williams); Massey(son arrived home, finished quarantine, nest no longer empty); Dorothy; Ravi; Boris and Candace.

Next Meeting December 1st, Zoom style

Thoughts for the Week:

If the last two weeks has taught us anything it's that stupidity spreads faster than any virus ever could.

Board and Executive

Officers

President - Lorne Braithwaite Vice-President - Michael Gramiak Past President - Candace Odishaw Secretary - Jack Scott Treasurer - Bob MacGillivray **Board members** Administration- Peggy Clark Membership - Betty Ann Arscott Projects- Randy Kutcher Rotary Foundation- Asit Sarkar Community Grants - Jim Gillis, Lorne Braithwaite New Generations - Michael Gramiak **Rotary International** RI President – Holger Knaack District Governor – Gailmarie Anderson Assistant Governor - Asit Sarkar

Contact Information

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Links District 5550 <u>http://www.clubrunner.ca/portal/home.aspx?did=5550</u> Rotary International <u>www.rotary.org</u>

Other News