





April 2024 Theme:

April 2nd, 2024

Maternal and Child Health

<b>Program</b>
Chair:
Hyunjung
Shin

Date	Rotana Editor	Greeter	Cheer Captain	Speaker/Topic	Intro	Club Thanks
April 16	Norm Woodcock	Walt Pawlovich	Candace Odishaw	<b>Dr. Michele Monroy Valle de Trejo</b> Maternal and Child  Nutrition	Hjunjung Shin	Zibah Salaudeen
April 30	Norm Woodcock	Asit Sarkar	Norm Woodcock	Shela Hirani, PhD, MScN, BScN, RN, IBCLC Breastfeeding and Parenting Challenges Encountered By Refugee and Immigrant Mothers	Hjunjung Shin	Jack Scott

## **OPENING**

Co-President Betty Ann welcomed everyone and reminded us that we were meeting on Treaty 6 Territory and Homeland of the Metis. Our guests today were Nadera Batori and Guest Speaker Maryam Masoomi(via Zoom).

Peggy thanked those helping out at todays meeting including John Hanlin, Nuru Nyoni and Karol Komar. Jim Gillis led the group in the singing of O Canada and the 4 -Way Test song.

## **ANNOUNCEMENTS**

- District Conference is in Moose Jaw on May 10 and 11.
- -The club will be hosting an African Night fundraiser on May 3, Club members are requested to find sponsors for the event and items for the Silent Auction. All the details are on the club web page. All members are asked to purchase their tickets as early as possible to facilitate the catering needs.
- The District Governor Sonya Susut will be visiting the club April 30<sup>th</sup>'

- Jack Scott announced that the \$10,000 cheque has been received from the Enchanted Forest. Jack also announced that the Nutana Club will no longer be taking part in the Enchanted Forest event due to lack of member support for the project. The Enchanted Forest organizing group will be so advised. Many thanks to Jack for all of his efforts in shepherding this project.

## **PROGRAM**

Hyunjung Shin introduced our speaker, Maryam Masoori. Maryam arrived in Canada in October 2021 as a refugee from Afghanistan. Maryam grew up in Pakistan and Afghanistan, Maryam was free to explore her interests, including languages, the arts and journalism. She attended Marefat High School, a progressive school that champions education for women. She also learned English and Korean, worked in media and was the leader of an all-female music group called Sound of Afghanistan in Kabul. She sang about education, peace and women's empowerment, and appeared in music videos online.

Maryam works as a Youth Program Facilitator at Saskatoon Open Door Society. She hosts her own radio show on Saskatoon's CFCR community radio and facilitates her singing group, "Sound of Afghanistan".

Maryam made her presentation via Zoom due to illness.

On August 15<sup>th</sup>, 2021 the Taliban seized control of Afghanistan. Taking part in harmless activities like singing is exactly what put her life in danger in August 2021, when the Taliban seized control.

Maryam is the leader of a singing group called the Sound of Afghanistan. She formed and led the group in Afghanistan. When the Taliban gained control they immediately stripped females of all rights. This put these Afghani women and girls in peril. Recognizing they were in peril Maryam organized their escape from Afghanistan and subsequent travel to Saskatoon. Maryam told the story of the many dangers faced on their journey and reformation of the singing group in Saskatoon. Some of the girls had to leave family behind and are currently working towards reunification with their families. The first performance of the Sounds of Afghanistan group in Saskatoon was on Canada Day 2022.

Women's empowerment has five components: women's sense of self-worth; their right to have and to determine choices; their right to have access to opportunities and resources; their right to have power to control their own lives, both within and outside the home; and their ability to influence the direction of social.

Maryam came from a country that there is no rights and respect for women, no gender equality and no education for girls. Maryam works hard to support other girls and women who need help and support from us specially the girls who are struggling to find ways to sponsor their families from a war torn country like Afghanistan.

Maryam hopes that through her presentation about her journey from Afghanistan to Canada other girls would be encouraged to never give up, be strong, and fight for their rights and goals. There is just one of you in this world, so value yourself and live with confidence. Remember that women can achieve whatever they want.

Nuru thanked Maryam on behalf of the club.

## **INDUCTION**

Betty Ann and Peggy inducted Hjunjung Shin into the club as a new member.



## **CHEER CAPTAIN**

Karol Komar related information about important dates in April such as National Grilled Cheese Sandwich Day. Those contributing Happy/Sad included Jim Blackburn, Joe, Jack, Walt, Kim, Peggy, Bob Macgillivray, John, Betty Ann, Candace Asit, and Hjunjung. The Rotary Foundation thanks you all.

The next meeting is at Sports on Tap on April 16th at 12 noon.

#### Officers

President - BettyAnn Arscottand Peggy Clark.
Secretary – Jack Scott
Treasurer – Bob MacGillivray

#### **Board members**

Club Administration- Candace Odishaw

Membership – Betty Ann Arscott and Karol Komar

Major Projects- Jim Gillis

Service – Dorothy Hudson

Rotary Foundation- Asit Sarkar, Zibah Salaudeen

Youth – Candace Odishaw, Hannah Enti-Brown

Image Committee/Communication – Candace Odishaw

**Rotary International** 

# RI President – Gordon McInally District Governor – Sonya Susut District Leadership Team – Ruth Merritt

#### **Contact Information**

Rotary Club of Saskatoon Nutana Club No. 1380 Founded May 31, 1961 P. O. Box 441, Saskatoon, SK S7K 3L6

Club website: www.rotarynutana.org

Club Facebook Link: (11) Saskatoon Nutana Rotary Club | Facebook

Club email address: <a href="mailto:nutanarotary@gmail.com">nutanarotary@gmail.com</a>

Links

District 5550 <a href="http://www.clubrunner.ca/portal/home.aspx?did=5550">http://www.clubrunner.ca/portal/home.aspx?did=5550</a>
Rotary International <a href="http://www.rotary.org">www.rotary.org</a>