



Saskatoon Nutana
Rotary
Club



April 13, 2021

Editor: Jim Blackburn

April 2021 Theme: Maternal and Child Health

**Program Chair:
Mike Gramiak**

Date	Rotana Editor	Cheer Captain	Speaker/Topic	Intro	Club Thanks
April 20	Jim Blackburn	Robert MacGillivray	Sarah Pannel – "Healthy Mother, Healthy Baby"	Mike Gramiak	Jim Blackburn
April 27	Jim Blackburn	Larry Neely	Lindsay May – District Governor of District 9685 in Australia	Mike Gramiak	Ravi Chibbar

Announcements & Program Highlights

President Lorne called the meeting to order at noon and welcomed all members present as well as guest speaker, Aggie Allen and returning guests, Karol Komar and Ulf & Maj Bergman. Lorne thanked all the members contributing to the meeting today and mentioned that if Ed Larkai is unable to act as Cheer Captain we welcome Mike Gramiak to fill in.

"WE LIVE ON TREATY 6 TERRITORY, HOMELAND OF THE METIS". Betty Arscott played and sang "O Canada" and the Rotary 4-Way Test song.

ANNOUNCEMENTS:

Lorne announced the upcoming district zoom meeting that will feature information on the 4 way test and how society can benefit from its' principles. Fred Wright forwarded out information on Sunday regarding the event. The first session of the event is scheduled for April 22, the second session for May 25th and sessions 3 and 4 will be in the fall. More information and a link will be provided in the near future. Jim Gillis will be one of the co-chairs of this event.

There will be a Board meeting immediately following next week's meeting (April 20).

Jack reported that he had a good meeting with the ribbers and they support a drive-thru Ribfest on the August long weekend. The final Ribfest decisions will be made soon. It is being planned as a three day event running Friday, July 30th through Sunday August 1st, 2021.

Guest Speaker – Aggie Allen

Mike introduced Aggie Allen, the Coordinator of the Saskatoon Tribal Council's Maternal & Child Health Home Visiting Program. Aggie has had extensive experience in this field and has served in her current position since 2011. The Saskatoon Tribal Council is made up of 7 First Nations: Kinistin Salteaux, Muskeg Lake Cree, Mistawasis, Whitecap Dakota, Yellow Quill, Muskoday and One Arrow.

The STC Maternal and Child Care program provides support during pregnancy and for children up to 6 years of age. Home visitors are provided with a training certification program which also is an introductory education program for those who wish to pursue more enhanced positions in this field. Many of the visitors further their education by taking prenatal care classes, traditional teaching, health nutrition, support for community health nurses, breast feeding, fetal alcohol education, postpartum depression, as well as attachment and bonding. The goal is to encourage the family to live a healthy lifestyle so it empowers the parents to become confident and goal orientated to support communities and services. It has been difficult to provide the program during the pandemic. They have the clients put up signs in their windows indicating if they are doing well or not doing so good. They are currently in a 30 day lockdown. They don't have an active fund raising program but they are always looking for books and other donations that will assist the families.

Betty Ann thanked Aggie for an inspirational presentation and indicated we are making a donation to Read Saskatoon on her behalf.

Cheer Captain - Mike noted that during the Covid winter months he replaced his usual activities by playing Sodoku and crosswords with his girlfriend. Peggy indicates she is doing more sewing for her grandchildren; Bob is reading more books and he indicates that Janet beats him at scrabble (the question was does she beat him before he plays or after??); Jack keeps gaining weight around the middle. Asit made us feel bad because he has taken up baking and delivered muffins and cookies to 10 young families; Norm indicated he had a bit of a setback but is now doing OK; Ravi was happy to have his teaching over for the year as well as indicating this is the time of celebration for the Northern India harvest. Kim; Bob; Betty; Lorne; Will (\$4.34 and \$5.66) for the Friendship Centre delivering 158 injections to people living on the street; Candace for Candy Crush and for starting to write a book; Karol for going from being a mechanical engineer to getting into gardening with tulips and roses to now becoming a sheep farmer.

Lorne adjourned the meeting with the quote by Somerset Maugham "You have two good things in life: freedom of thought and freedom of action".
Have a great week!!

Officers

President - Lorne Braithwaite
Vice-President - Michael Gramiak
Past President - Candace Odishaw
Secretary - Jack Scott
Treasurer - Bob MacGillivray

Board members

Administration- Peggy Clark
Membership - Betty Ann Arscott Projects- Randy Kutcher
Rotary Foundation- Asit Sarkar
Community Grants - Lorne Braithwaite, Peggy Clark
New Generations - Michael Gramiak

Rotary International

RI President - Holger Knaack
District Governor - Gail Marie Anderson
Assistant Governor - Asit Sarkar

Contact Information

Rotary Club of Saskatoon Nutana

Club No. 1380

Founded May 31, 1961

P. O. Box 441, Saskatoon, SK S7K 3L6

Club website: www.rotarynutana.org

Club Facebook Link: [\(11\) Saskatoon Nutana Rotary Club | Facebook](#)

Club email address: nutanarotary@gmail.com

Links

District 5550 <http://www.clubrunner.ca/portal/home.aspx?did=5550>

Rotary International www.rotary.org