



Saskatoon Nutana
Rotary
 Club



April 16th, 2024

**April 2024 Theme:
 Maternal and Child
 Health**

**Program
 Chair:
 Hyunjung
 Shin**

Date	Rotana Editor	Greeter	Cheer Captain	Speaker/Topic	Intro	Club Thanks
April 30	Norm Woodcock/ Jim Blackburn	Asit Sarkar	Lorne Braithwaite	Shela Hirani, PhD, MScN, BScN, RN, IBCLC Breastfeeding and Parenting Challenges Encountered By Refugee and Immigrant Mothers	Hjunjung Shin	Jack Scott

OPENING

Co-President Betty Ann welcomed everyone and reminded us that we were meeting on Treaty 6 Territory and Homeland of the Metis.

Our guests today were Nadera Batori; Tamzeek Ahmed, Bornali Choudhury, Kala Bhandari, (These are guests of Dorothy Hudson); Guest Speakers Michelle Monroy-Valle and Johanna Bergerman from Saskatoon Breast Feeding; Fruzsina and Matthew De Cloedt.

Betty Ann thanked those helping out at todays meeting. The group sang O Canada and the 4 -Way Test song.

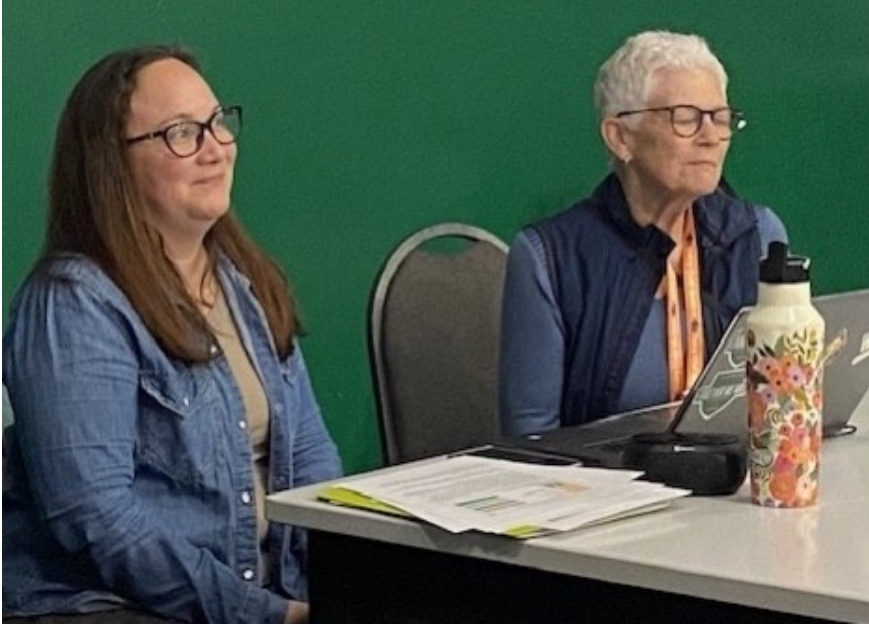
ANNOUNCEMENTS

-The club will be hosting an African Night fundraiser on May 3, Club members are requested to find sponsors for the event and items for the Silent Auction. All the details are on the club web page. All members are asked to purchase their tickets as early as possible to facilitate the catering needs. **A recent blanket email from Candace requested similar info.**

- The District Governor Sonya Susut will be visiting the club April 30th,

PROGRAM

Hyunjung Shin introduced our speakers, Michelle Monroy-Valle and Johanna Bergerman from Saskatoon Breast Feeding



One of the organization's goals is to close the gaps for immigrants, and aboriginals

They are a community based non profit group. Worked together for over 30 years. Michelle has worked with mothers and babies for over 15 years.

Johanna and her family story. She said you tend to be hard on yourself if you can't when you're trying to breastfeed. Lactation consultant would tell you if the baby is fussing they are either hungry or cold. The delivery was 11 days late. A 3rd year student showed her how to

breastfeed. At first the latch was brief. She read a making milk brochure. The baby was agitated in the evening and was not responding, and became almost inconsolable. Her milk came in three days after birth, but could not get her to latch. Number of things tried until she finally got the way of it. At 4 weeks a language pathologist determined there was a tongue tied issue. Once procedure was completed everything started to work normally.

About 95% of the time. 40% of newborns were supplementary fed within first days. Baby friendly initiative to support women to be more successful with breast feeding. Working to get the hospitals to pay for the formula so it isn't as freely given out in the hospital. Giving out the formula in hospital undermined the breastfeeding initiative. Logos for breastfeeding are posted where ever it is safe to feed their baby. Once mothers are good with breastfeeding they want to do their normal things. They are working to make buses become breastfeeding locations. They are working to make breastfeeding more inclusive for people from other countries. The Saskatoon Mother Centre provides support for Indigenous women.

Dorothy thanked our speakers

INDUCTION

Betty Ann and Peggy inducted Nadera Batori into the club as a new member.



CHEER CAPTAIN

Candace was the Captain today.. Those contributing Happy/Sad included Jack, Candace, Asit, Dorothy, Peggy, Kim, Bob, Karol, Joe, Walt and Nuru . The Rotary Foundation thanks you all.

The next meeting is at Sports on Tap on April 30^h at 12 noon.

Officers

President - Betty Ann Arscott and Peggy Clark.

Secretary – Jack Scott

Treasurer – Bob MacGillivray

Board members

Club Administration- Candace Odishaw

Membership – Betty Ann Arscott and Karol Komar

Major Projects- Jim Gillis

Service – Dorothy Hudson

Rotary Foundation- Asit Sarkar, Zibah Salaudeen

Youth – Candace Odishaw, Hannah Enti-Brown

Image Committee/Communication – Candace Odishaw

Rotary International

RI President – Gordon McInally

District Governor – Sonya Susut

Contact Information

Rotary Club of Saskatoon Nutana

Club No. 1380

Founded May 31, 1961

P. O. Box 441, Saskatoon, SK S7K 3L6

Club website: www.rotarynutana.org

Club Facebook Link: [\(11\) Saskatoon Nutana Rotary Club | Facebook](#)

Club email address: nutanarotary@gmail.com

Links

District 5550 <http://www.clubrunner.ca/portal/home.aspx?did=5550>

Rotary International www.rotary.org