



Saskatoon Nutana
Rotary
 Club



April 30th, 2024

**April 2024 Theme:
 Youth Services**

**Program
 Chair:
 Candace
 Odishaw**

Date	Rotana Editor	Greeter	Cheer Captain	Speaker/Topic	Intro	Club Thanks
May 07	Norm Woodcock	Carm Michalenko	Ashraf Mimonfahal	District Leadership Seminar Nuru Nyoni / Hannah Enti-Brown	Candace Odishaw	Bob Aniagbaoso
May 21	Norm Woodcock	Jim Blackburn	Lorne Braithwaite	Fleeing the Taliban Nadera Batori	Candace Odishaw	Brynn Campbell

OPENING

Co-President Betty Ann welcomed everyone and reminded us that we were meeting on Treaty 6 Territory and Homeland of the Metis.

Our guests today were: Fruzsina and Matthew De Cloedt and our District Governor Sonja Susut from Moose Jaw.

Betty Ann thanked those helping out at today's meeting. Stan Garchinski led the singing of O Canada and the 4 -Way Test song.

ANNOUNCEMENTS

- May meetings will be May 7th and May 21st at Sports on Tap.
- Candace also reminded us of the African Heritage Fundraising Night being held on Friday at Bishop Legatt Hall, Holy Family Cathedral, 123 Nelson Road at 6 PM with doors opening at 5:30 PM. Tickets are \$ 100 with a tax receipt issued for \$ 50.00

PROGRAM

Hyunjung Shin introduced our guest speaker via internet, Dr. Shela Hirani, Associate Professor and Chair, Council Committee on Research, University of Regina. She received her PhD in Nursing from the University of Alberta and was the recipient of numerous scholarships during her graduate studies. She is a Neonatal and Child Health Nursing Professional Researcher and an International Board Certified Lactation Consultant whose research and leadership focuses on marginalized women and the underprivileged emphasizing breast-feeding in diverse care settings.



University
of Regina

Breastfeeding and Parenting Challenges Encountered by
Refugee and Immigrant Mothers



Presenter and Principal Investigator

Dr Shela Hirani, PhD, MScN, RN, BScN, IBCLC

Associate Professor

University of Regina, Faculty of Nursing, Canada

shela.hirani@uregina.ca

She described the breastfeeding and parenting challenges encountered by refugees and immigrant mothers in coming to a new country. The issues include family separation, forced migration, language issues, lack of health care services & health insurance. Her research has examined the challenges and constraints encountered and funding was received from the James Paterson Children's Hospital and the Sask. Health Research Foundation.

Recommendations

Breastfeeding practices of immigrant, newcomer, and refugee mothers can be promoted through **healthcare support, culturally appropriate services, interpretation services** in healthcare settings, **implementation of BFI**, hospital and community-based **breastfeeding campaigns**, and **follow-up services**.

Jack Scott expressed the Club's appreciation for her excellent presentation.

DISTRICT GOVERNOR

We were also fortunate to have District Governor Sonja Susut update us on district activities including the upcoming District Conference in Moose Jaw with the conference theme of "Hope and Mental Wellness". She indicated that she has been amazed at the most inspiring projects being

undertaken by the Clubs throughout the district.

Sonja also reminded us that the 2025 Rotary International Convention will be held June 21 – 25 in Calgary next year. We had a great turnout from our Club last time it was held in Calgary 20 years ago so we need to put that on our Calendar!

CHEER CAPTAIN

Lorne was our Cheer Captain and reminded us that it is World Immunization Week. He did not locate any April birthdays but Joe Dierker is celebrating on May 1st! Donations were made by Peggy, Betty, Jack, Kim, Joe and Stan.

The next meeting is at Sports on Tap on May 7th at 12 noon.

Officers

President - Betty Ann Arscott and Peggy Clark

Secretary – Jack Scott

Treasurer – Bob MacGillivray

Board members

Club Administration- Candace Odishaw

Membership – Betty Ann Arscott and Karol Komar

Major Projects- Jim Gillis

Service – Dorothy Hudson

Rotary Foundation- Asit Sarkar, Zibah Salaudeen

Youth – Candace Odishaw, Hannah Enti-Brown

Image Committee/Communication – Candace Odishaw

Rotary International

RI President – Gordon McNally

District Governor – Sonya Susut

District Leadership Team – Ruth Merritt

Contact Information

Rotary Club of Saskatoon Nutana

Club No. 1380

Founded May 31, 1961

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Club website: www.rotarynutana.org

Club Facebook Link: [\(11\) Saskatoon Nutana Rotary Club | Facebook](#)

Club email address: nutanarotary@gmail.com

Links

District 5550 <http://www.clubrunner.ca/portal/home.aspx?did=5550>

Rotary International www.rotary.org

